



BREAKFAST



EXPRESS BREAKFAST

Orange Juice

*Fluffy Scrambled Eggs with Bacon, Hash Brown Potatoes
Bran Muffin, Coffee or Tea*

Chilled Juices

Orange
Grapefruit
Cranberry
Apple
Tomato

Fresh Fruit & Yogurt

Sliced Fresh Melons
Half Grapefruit
Stewed Prunes or Apricot
Sliced Banana
Assorted Yogurt

Toasted Bagel and Smoked Salmon

with cream cheese, onion and capers

COLD CEREALS

Product 19 ~ Special K ~ Raisin Bran ~ Shredded Wheat

Frosted Flakes ~ Granola ~ All Bran

Sunshine Parfait

layers of light yogurt, fresh fruit and granola

Swiss Style Muesli

a mixture of low fat yogurt, fresh fruit, milk, oatmeal and honey

HOT CEREALS

Hot Old Fashioned Quaker Oatmeal ~ Cream of Wheat

The above cereals can be served with sliced banana, brown sugar, milk or half and half

EGGS AND MEATS

Corned Beef Patty

topped with fried egg and tomato sauce

Kipperd Herring

scrambled eggs, smothered onions

All American Breakfast

two jumbo eggs, prepared as you like them with hash brown potato,
toast and your choice of breakfast meat

Hickory Smoked Bacon ~ Turkey Bacon ~ Turkey Link ~ Pork Sausage
or Patty Sausage

carved Honey Glazed Ham

Assorted Omelettes

Ham ~ Cheese ~ Mushroom ~ Spanish Fritata

(Please allow 10 minutes additional preparation time

for these items as they are prepared freshly for you)

served with hash brown potatoes or toast.

All omelettes can be made with Egg Beater upon request

HOT OFF THE GRIDDLE

Buttermilk Pancakes or Blueberry Pancakes

with whipped butter and breakfast syrup,

French Toast with Cinnamon Sugar,

Belgian Waffle with Strawberry Compote,

Plain or with Whipped Cream

FROM THE BAKERY

Assorted Croissants ~ Raisin Buns

Assorted Danish ~ Muffins ~ Diabetic Muffins

Toast ~ English Muffin ~ Bagel ~ White Hard Roll

BEVERAGE

Coffee ~ Tea ~ 2% Milk ~ Skim Milk ~ Regular Milk ~ Chocolate Milk

Decaffeinated Tea or Coffee

