

Hot Entrees

Served with vegetable of the day and choice of potato

BEEF & VEAL

Broiled Roumanian Tenderloin Steak

Considered by many the most flavorful of steaks, ours are chosen and amply cut by the chef, broiled to your taste and served with sautéed onions 22.99

Rib-Eye Steak

The king of kosher steaks, tender and juicy. May we suggest a glass of Cabernet Sauvignon? It makes the king of kosher steaks a royal experience 22.99

Sliced London Broil

Carved as you like it with our rich mushroom gravy 17.99

Silver Tip Roast Beef

A juicy half-pound portion carved from the tenderest part of the beef. 17.99

Braised Fresh Brisket of Beef

Simmered slowly the old-fashioned way with just the right seasonings and thick sliced (at least one-half pound) (extra lean, add 1.00) 17.99

Two 'Specials'

Hebrew National's big fat quarter pound kosher franks, grilled or boiled, served with baked beans and fresh-cut French fries. . . 12.49

Roast Veal

Slowly roasted and topped with a savory sauce. 22.99

Broiled Chopped Steak

Sixteen lean ounces of juicy beef from our butcher, broiled to your order and smothered with onions (Prefer Chopped Turkey? Add 2.00) 15.99

GRILLED FILET OF SALMON

Always fresh, never frozen. Cut to order from the whole salmon and grilled to your liking. Served with vegetable of the day and choice of potato . . . 19.99

POULTRY

Roast Half Spring Chicken

A tender, barbecue-roasted kosher chicken. The best! 15.99

Breaded Chicken Cutlets

Flavorful boneless chicken breasts lightly breaded and fried until golden. . . 15.99

Grilled Twin Boneless Chicken Breasts

Plump, fresh and tender. Lightly seasoned then grilled to perfection 15.99

Rotelle Primavera with Chicken

Pasta spirals marinara topped with fresh mixed vegetables and grilled chicken. No other sides with this dish, enough is enough, already! 15.99
Vegetarian style without chicken 12.99

Southern Fried Chicken

A half chicken, golden fried 15.99

Marinated Chicken

A half chicken, marinated in our own barbecue sauce 15.99

Hawaiian Chicken

Lightly breaded, boneless white meat chicken served in a tangy sweet and sour sauce. 15.99

Roast Turkey

Moist and delicious off the frame with home-made gravy and cranberry sauce. . . . 17.99

Burgers and steaks are cooked to order. Consuming raw or undercooked meat, fish or fresh shell eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

Wraps

Fresh and delicious. Your choice \$9.99

Caesar salad under wraps. Grilled chicken with shredded romaine lettuce, chopped tomatoes, drizzled with Caesar dressing.

Grilled Chicken Caesar

Oven roasted turkey breast rolled up with herbed stuffing, cranberry sauce, lettuce, and a touch of creamy garlic mayonnaise.

Fresh Roast Turkey

Thinly sliced roast beef, layered with shredded lettuce, diced tomatoes, drizzled with our horseradish sauce.

Roast Beef Lovers

A spin-off of our oriental chicken salad. Teriyaki chicken, salad greens, shredded carrots, water chestnuts, tossed in our Asian dressing.

Oriental Chicken Roll-up

Desserts

We bake all our own desserts on premises.
Please ask your server for today's selections

SPECIALTY COFFEES

Mexican – Tequila and coffee liqueur
DiAmaretto – Almond liqueur
(also great with tea!)
Jamaican – Rum and coffee brandy
Irish – Irish whiskey
Customer's Creation – You name it!
Your choice. 6.99

Today's Scrumptious Cakes and Pies

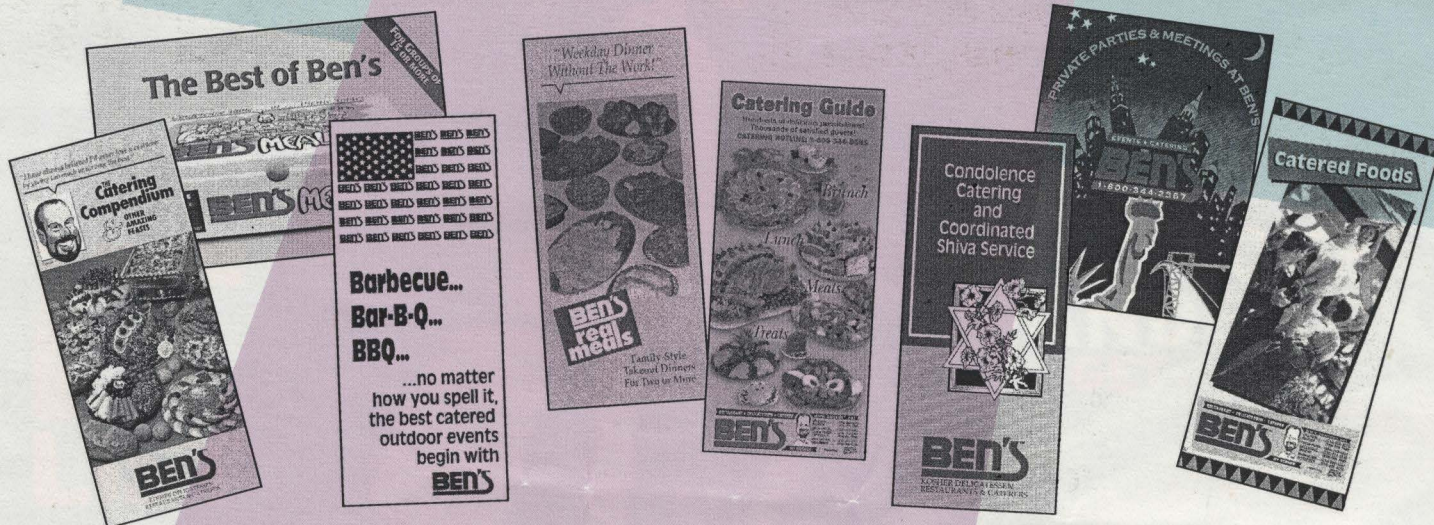
Layer Cakes or Fruit Pies	3.99
Special Layer Cakes	3.99
Apple Bread Pudding	3.49
Low Calorie Baked Apples	3.29
Mini Danish or Rugulach	3.29
Chocolate Babka	3.79
Jumbo Cookie or Linzer Tarte	2.29
Apple Strudel	3.99
Fresh Fruit Salad	3.49
Apple Sauce	2.49
Fruit Jello	2.99
Melon (in season)	3.49
Halvah	4.99

SORBET

Ask for today's flavor selections. 4.29 Top any dessert with sorbet 2.99

Only Life Offers More Variety!

Please Visit Ben's Info Center to Learn More About Our Offerings!!



A WORD FROM OWNER-FOUNDER RONNIE DRAGOON



To some, delicatessen is something you put between two slices of bread. To me, it's a calling. I am committed to preserving the traditional cuisine of my eastern European heritage, amidst all that's required to operate a modern restaurant.

This is our pledge, from the Ben's family to you: Fresh food, freshly prepared and courteously served in a clean, well-maintained restaurant faithfully observing the Kosher dietary laws.

I urge you to bring anything less to my personal attention by e-mailing ronnie@bensdeli.net. Your complete satisfaction is our goal. Any concerns will receive my prompt attention.

Thank you for dining with us at Ben's.

Ronnie