



SOUPER SALAD

STARTERS & SIDERS

GUACAMOLE	4.59
OUR CHUNKY GUACAMOLE SERVED WITH SOUR CREAM & TORTILLA CHIPS.	
NACHOS FIESTA	5.49
NACHOS IN A BIG WAY! CHEDDAR & MOZZARELLA CHEESES, CHILI, SALSA, SOUR CREAM, TOMATOES AND SCALLIONS.	
CHICKEN NACHOS	6.49
NACHOS FIESTA TOPPED WITH GRILLED CHICKEN.	
FRESH FRUIT CUP	2.50
SIDE CAESAR SALAD	2.25
GRILLED CHICKEN QUESADILLA	5.99
GRILLED CHICKEN BREAST COMBINED WITH BACON, SCALLIONS & CHEDDAR CHEESE IN A FLOUR TORTILLA. SERVED WITH SALSA & SOUR CREAM.	

HOMEMADE SOUPS & SALADS

	REG.	LARGE
SOUP OF THE DAY	1.95	2.50
NEW ENGLAND CLAM CHOWDER	2.50	3.25
FRENCH ONION SOUP	2.50	3.25
HEARTY CHILI	2.50	3.25

LUNCH SPECIALS

SALAD BAR	4.99
SALAD BAR & HOMEMADE SOUP	5.79
WITH CHOWDER, CHILI OR ONION	ADD .50
WITH LARGE ADD AN ADDITIONAL	.50
SALAD BAR COMBINED WITH ANY HOUSE SPECIALTY, SANDWICH, WALKABOUT OR BURGER	3.79
SOUP & 1/2 SANDWICH	3.99
CHOWDER & 1/2 SANDWICH	4.29
FRENCH ONION & 1/2 SANDWICH	4.59
CHILI & 1/2 SANDWICH	4.59
WITH LARGE	ADD .50
FRUIT SALAD PLATE	5.49

LUNCH
NW80394

SOUPER
SALAD

BEER & WINE

BOTTLED BEER			
ROLLING ROCK	2.25	AMSTEL LIGHT	2.95
SAMUEL ADAMS	2.95	BECKS DARK	2.95
HOUSE WINE		GLASS	HALF CARAFE
VENDAGE CHARDONNAY	2.25		4.95
VENDAGE MERLOT	2.25		4.95
VENDAGE WHITE ZINFANDEL	2.25		4.95
SPECIALTY WINES BY THE GLASS			
MONTEREY CHARDONNAY			3.25
RUTHERFORD ESTATE CABERNET SAUVIGNON			3.25

BEVERAGES

POLAND SPRINGS WATER	1.50	ICED TEA w/ FREE REFILL	.99
SNAPPLE PINK LEMONADE	1.50	MILK	.75
STEWART'S ROOT BEER	1.50		
SNAPPLE CHERRY LIME RICKY	1.50	PEPSI, DIET PEPSI, SLICE,	
ORANGE JUICE	.95	w/ FREE REFILL	.99
CRANBERRY JUICE	1.25	ORANGINA	1.50
COFFEE, TEA, DECAF	.85	HERBAL TEA	.85
PLANET COFFEE (FLAVORED)	.85	ICED COFFEE w/ FREE REFILL	.99

DESSERTS

FROZEN YOGURT	REG.	1.50	LARGE	1.95	TOPPINGS-EA.	.48
NON-FAT WITH ONLY 77 CALORIES PER 4 OZ SERVING.						

CHOCOLATE CHIP CHEESECAKE	2.50
CARROT CAKE	2.25
CHOCOLATE CAKE	2.25
CHAOS PIE w/ SNICKERS	2.50
A COMBINATION OF FRESH BAKED BROWNIES, CREAMY CUSTARD, SNICKERS & CARAMEL. SERVED IN A FRESH SHORTBREAD CRUST.	

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CHOWDER & 1/2 SANDWICH	4.29
FRENCH ONION & 1/2 SANDWICH	4.59
CHILI & 1/2 SANDWICH	4.59
WITH LARGE	ADD .50
FRUIT SALAD PLATE	3.49

LUNCH
11:30AM-2:00PM

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HOUSE SPECIALTIES

CHICKEN TAIPEI	7.99
BONELESS BREAST OF CHICKEN SAUTEED WITH FRESH VEGETABLES IN AN ORIENTAL SESAME SAUCE. SERVED OVER ORIENTAL NOODLES WITH A CAESAR SALAD.	
STIR FRY VEGETABLE PLATE	5.99
FRESH VEGETABLES STIR FRIED IN A HOISIN BASED ORIENTAL SAUCE. SERVED OVER ORIENTAL NOODLES.	
WITH CHICKEN.....	6.99
GRILLED CHICKEN CAESAR SALAD	5.99
NEW ORLEANS CAJUN CHICKEN	7.99
BONELESS BREAST OF CHICKEN SEASONED WITH CAJUN SPICES AND PAN BLACKENED. SERVED WITH SAUTEED VEGETABLES AND A CAESAR SALAD.	

WALKABOUTS

"BOSTON'S BEST" RATED BY THE BOSTON GLOBE	
VEGETABLE	3.59
FRESH VEGETABLES, HOMEMADE DRESSINGS, SWISS CHEESE & SPROUTS IN A FRESH PITA.	
W/ FRESH ROASTED TURKEY BREAST	4.29
W/ CHICKEN SALAD	4.29
W/ TUNA SALAD	4.29
W/ ROAST BEEF	4.29
CALIFORNIA BLT	4.79
TURKEY, AVOCADO SPREAD & BACON	
MEDITERRANEAN	4.59
SPINACH, FETA CHEESE, SUNDRIED TOMATO SPREAD	
GREEK	3.99
VEGETABLE WALKABOUT WITH FETA CHEESE & CAESAR DRESSING	
ACAPULCO CLUB	4.29
TURKEY, BACON, CHEDDAR CHEESE & SALSA-MAYONNAISE	
CAESAR SALAD WALKABOUT	3.99
CAESAR W/ GRILLED CHICKEN WALKABOUT	4.79

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SANDWICHES

MEXICAN CLUB	5.49
A FLOUR TORTILLA FILLED WITH LETTUCE, TOMATO, TURKEY AND BACON. BAKED WITH CHEDDAR CHEESE AND SERVED WITH SALSA AND TORTILLA CHIPS.	
GRILLED TURKEY-PESTO MELT	4.99
SERVED WITH DUON POTATO SALAD.	
THE MALIBU	5.29
FRESH ROASTED TURKEY BREAST WITH BACON AND AVOCADO SPREAD. SERVED ON HAND CUT MEDITERRANEAN BREAD.	
GRILLED CHICKEN SANDWICH	5.99
BONELESS BREAST OF CHICKEN GRILLED OVER CHARCOAL AND SERVED WITH HONEY MUSTARD ON FRENCH BREAD. SERVED WITH DUON POTATO SALAD.	
TERIYAKI CHICKEN SANDWICH	5.99
BONELESS BREAST OF CHICKEN GRILLED WITH OUR DELICIOUS MARINADE OVER CHARCOAL AND SERVED ON FRENCH BREAD WITH DUON POTATO SALAD.	
STIR FRY VEGETABLE POCKET	4.29
STIR FRY VEGETABLES WITH A HOISIN BASED ORIENTAL SAUCE. SERVED IN PITA BREAD.	
WITH CHICKEN.....	4.99

FROM THE DELI

TURKEY, HAVARTI, HONEY-MUSTARD	4.99
SAVORY CHICKEN SALAD	4.29
FRESH ROASTED TURKEY BREAST	4.59
TUNA SALAD	4.29
ROAST BEEF	4.79

THE ABOVE SANDWICHES ARE SERVED ON SIX GRAIN, SOFT FRENCH, SYRIAN POUCH, ROLL OR HAND CUT MEDITERRANEAN
ADD .50 FOR HAVARTI, SWISS, PROVOLONE, CHEDDAR CHEESE OR PESTO SPREAD, AVOCADO, SUN DRIED TOMATO SPREAD, OR ROASTED RED PEPPERS

BURGERS

ALL AMERICAN BURGER	4.79
BACON-CHEDDAR BURGER	5.29

ALL BURGERS ARE A FULL HALF POUND OF FRESH GROUND BEEF, SERVED ON A ROLL WITH CAPE COD POTATO CHIPS. ADD ONS.....50 EACH

PLEASE ALLOW 15-20 MINUTES FOR BURGERS

SOUPER
SALAD



BASED ON A FRESH IDEA

In the year of the 200th anniversary of the American Revolution, we had a revolutionary idea. Build a restaurant around two delicious and healthy essentials-soup & salad. Start with carefully prepared-homemade soups. Vary the menu to include over 150 kinds of soup-the classics and the exotic. Present a large, elaborate salad bar featuring only the freshest hand-selected vegetables complimented by unusual relishes, prepared salads, condiments and an ever-changing variety of homemade dressings and breads. Offer a limited number of entrees with unlimited taste. Provide fast friendly service at a very reasonable price.

In it's second decade, Souper Salad has grown and given rise to imitators, but OUR idea is still the same- Freshness...Quality...Value...

WE CATER ASK YOUR SERVER FOR DETAILS

CHILDREN'S MENU AVAILABLE

We accept Mastercard, Visa &
American Express.

Please no personal checks.

Minimum \$10.00 on all charges.

15% gratuity on all parties of 8 or
more.

During peak business hours there is a
\$3.00 minimum charge per person.

Visit our SOUPER SALAD RESTAURANTS:

BOSTON

119 NEWBURY ST. 247-4983
HOURS: 10:30-9:00

BRAINTREE

SOUTH SHORE PLAZA 843-4658
HOURS: MON.-SAT. 11:00-9:30
SUN. 11:00-6:00

NEWTON

241 NEEDHAM ST. 244-7071
MARSHALL'S PLAZA
HOURS: 6:30-9:30

& OUR SOUPER SALAD EXPRESSES

BURLINGTON MALL 270-6604
102 WATER ST. BOSTON 367-2582
103 STATE ST. BOSTON 227-9151
82 SUMMER ST. BOSTON 426-6834
126 HIGH ST. BOSTON 542-3157
209 BERKELEY ST. BOSTON 350-5380
75 FEDERAL ST. BOSTON 357-9393
3 CENTER PLAZA BOSTON 367-6067

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SOUPER SALAD

