





Appetizers

Buffalo Wings	\$3.50
Hawaiian Chicken Tenders	\$4.95
French Fries	\$1.50
Southern Fried Onion Rings	\$1.95
Texas Chili	\$3.75
Soup of the Day	\$1.95


Salads

Grilled Steak Salad <i>marinated herb potatoes, farmland greens, roasted onion vinaigrette</i>	\$6.95
Honey Pecan Chicken Salad <i>marinated in honey and lime, sliced orange, carrot curls, assorted lettuce greens, glazed pecans, whole grain mustard dressing.</i>	\$6.95
Cafe Trio Salad <i>sliced sirloin, shrimp salad, and chicken salad, tossed greens, fresh vegetables, ranch dressing</i>	\$7.25
Grilled Fresh Mahi Mahi Salad <i>Lo Mein noodles, julienne vegetables, spinach, oriental dressing</i>	\$7.95

Vegetarian

Sunshine Fruit Plate <i>seasonal fruits, low fat cottage cheese, nut bread</i>	\$6.95
Lo Mein Salad <i>julienne vegetables, spinach, avocado, oriental dressing</i>	\$5.75
Fresh Vegetable Sandwich <i>on multigrain bread with roasted pepper spread, avocado, sprouts, tomato, grilled squash</i>	\$5.50
Vegetable Platter <i>glazed vegetables, grilled squash, crisp fried onions, broiled tomatoes, sauteed spinach, rice pilaf, black eye peas</i>	\$5.95





Sandwiches

served with french fries

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| Philadelphia Cheese Steak
<i>hoagie roll filled with sauteed beef, onions, peppers,
melted provolone cheese</i> | \$5.95 |
| Not Quite a New York Reuben
<i>shaved pastrami, sparkling cider sauerkraut,
white cheddar on kosher marble rye</i> | \$5.95 |
| Key West Shrimp Salad
<i>on a multigrain seeded bun, avocado, sprouts</i> | \$7.95 |
| Blue Ridge Club
<i>roast tom turkey, apple-wood smoked bacon
on sourdough bread, ripe tomato, lettuce</i> | \$5.95 |


Hamburgers

on a multigrain seeded bun with french fries

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| Three Cheese Burger
<i>Oregon cheddar, Wisconsin provolone,
New York white cheddar</i> | \$5.50 |
| Bacon Cheddar Burger
<i>apple-wood smoked bacon , Oregon cheddar</i> | \$5.95 |
| American Burger
<i>the classic</i> | \$5.25 |

Entrees

served with house salad and rolls

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| Blue Ridge Tom Turkey
<i>cornbread dressing, fresh vegetables</i> | \$6.50 |
| Southern Fried Chicken Breast
<i>hopping john, coleslaw</i> | \$6.50 |
| Pennsylvania Dutch Pot Roast
<i>egg noodles, glazed vegetables</i> | \$6.95 |
| Gold Coast Mahi Mahi
<i>rice pilaf, seasonal vegetables</i> | \$8.95 |
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N.A. — A.C.
café

