

ALVA'S

Spirits & Light Fare

TM

Lunch Menu



Hours

7 days a week	11:30 - 11:30
Sunday Brunch	10:00 - 2:00
Lunch Menu	11:30 - 5:00
Dinner Menu	5:00 - 10:00
Appetizer Menu	10:00 - Closing

3 South Main Street Waterbury, VT 05676
Mon - Sat 11:30 am - 11:30 pm

244-8973

Take Out always available

Lite Bites

Chicken Wings

1/2 lb. - The Little Man's	4.45
1 lb. - The Big Man's Appetite	6.95
1 1/2 lbs. - The Macho Man's	8.95

The Biggest wings in Waterbury. Hot spicy wings served with homemade bleu cheese dressing for the dipping and celery for the crunching. Ask your server if you don't want them spicy.

Chips & Salsa	1.95
--------------------------	------

Chips & Guacamole	3.50
------------------------------	------

Spanakopita A flaky Greek spinach & cheese pie.	2.95
--	------

Tex-Mex Nachos	4.50
-----------------------	------

Beef, bean and cheddar topping served with salsa and sour cream.

Nachos Grande	5.95
----------------------	------

Beef, bean, olives, tomato, red onion, jalapenos & cheddar topping served with salsa & sour cream.

Nachos Pacifico	4.95
------------------------	------

Seafood & cheddar topping served with salsa and sour cream.

Veggie Nachos	5.75
----------------------	------

Tortilla chips topped with refried beans and smothered with a mixture of fresh vegetables, black olives and Vermont cheddar cheese, served with salsa and sour cream.

Extra Toppings for Nachos	.75
----------------------------------	-----

Bacon Cheddar Potato Skins	4.50
-----------------------------------	------

Served with sour cream.

Mexican Potato Skins	3.95
-----------------------------	------

Our homemade salsa and cheddar cheese broiled. Served with sour cream.

Basket of Onion Rings	2.95
------------------------------	------

Cajun Popcorn Shrimp	5.25
-----------------------------	------

A half pound of baby shrimp fried and dusted with cajun spices. Served with cocktail sauce.

Mozzarella Sticks (Served with marinara sauce)	4.65
---	------

Tempura Battered Veggies (Served with dill dip)	3.95
--	------

Jalapeno Poppers	4.95
-------------------------	------

Pop a few of these beauties in your mouth and see how excited you can get! Stuffed with cheddar cheese, lightly battered and fried.

Basket of Fries	2.25
------------------------	------

Gravy Fries	2.95
--------------------	------

Arvad's homemade gravy topped on steak fries.

Cabot Fries	3.25
--------------------	------

Vermont's blue ribbon cheese makes these fries a winner.

New Orleans Fries	2.75
--------------------------	------

Cajun spice that will knock your socks off lightly dusted on steak fries.

Shrimp Poppers	6.95
-----------------------	------

Five sizable shrimp on top of mild red chiles stuffed with a rich cream cheese and dipped lightly in seasoned breading. Served with cocktail sauce for dipping.

Back To The Basics

All are served with mayonnaise, romaine lettuce and tomato and choice of side order.

Turkey and Cheddar	5.35
---------------------------	------

Ham and Swiss on Rye	4.95
-----------------------------	------

Roast Beef	5.50
-------------------	------

Pastrami & Swiss on Rye	5.35
------------------------------------	------

any sandwich grilled or with extra cheese .50¢ more

And More

Stir Frys	6.95
------------------	------

Vegetarian

Crisp vegetables quickly sautéed in our secret sauce, served over fettuccini or rice pilaf.

with chicken	7.95
---------------------	------

with shrimp	8.95
--------------------	------

with sirloin	8.50
---------------------	------

"Steve's" Pita	4.50
-----------------------	------

A pita pocket filled with lettuce, tomatoes, cucumbers, carrots, and red cabbage. Served with your choice of dressing.

"Gary's" Pita	5.95
----------------------	------

Steve and Gary teamed up, but Gary adds chicken to make this his own unique sandwich.

Neptune Pita	5.25
---------------------	------

Our seafood salad stuffed in a pita pocket.

Amish Pita	4.95
-------------------	------

A light and fruity chicken salad with dill dressing, served with romaine lettuce and tomato in pita bread.

Burritos

A Mexican tortilla served with salsa, cheddar cheese, sour cream, black olives, and your choice of filling.

Refried Beans	4.25
----------------------	------

Chicken	5.75
----------------	------

Spiced Beef	5.25
--------------------	------

Seafood	5.25
----------------	------

Veggie	4.95
---------------	------

Clam Strips in a Basket	4.95
--------------------------------	------

Succulent strips served with coleslaw, steak fries, and tartar sauce.

Fish and Chips in a Basket	5.95
-----------------------------------	------

Flaky white fish deep fried. Served with coleslaw, steak fries, and tartar sauce.

Spaghetti with Marinara Sauce	5.95
--------------------------------------	------

Spaghetti topped with homemade tomato sauce, and Parmesan cheese. Served with small house salad and roll.

Hot Dog

The all American choice	2.50
-------------------------	------

With cheddar and sauerkraut	2.95
-----------------------------	------

Lite Bites

Chicken Wings	
1/2 lb. - The Little Man's	4.45
1 lb. - The Big Man's Appetite	6.95
1 1/2 lbs. - The Macho Man's	8.95
The Biggest wings in Waterbury. Hot spicy wings served with homemade bleu cheese dressing for the dipping and celery for the crunching. Ask your server if you don't want them spicy.	
Chips & Salsa	1.95
Chips & Guacamole	3.50
Spanakopita A flaky Greek spinach & cheese pie.	2.95
Tex-Mex Nachos	4.50
Beef, bean and cheddar topping served with salsa and sour cream.	
Nachos Grande	5.95
Beef, bean, olives, tomato, red onion, jalapenos & cheddar topping served with salsa & sour cream.	
Nachos Pacifico	4.95
Seafood & cheddar topping served with salsa and sour cream.	
Veggie Nachos	5.75
Tortilla chips topped with refried beans and smothered with a mixture of fresh vegetables, black olives and Vermont cheddar cheese, served with salsa and sour cream.	
Extra Toppings for Nachos	.75
Bacon Cheddar Potato Skins	4.50
Served with sour cream.	
Mexican Potato Skins	3.95
Our homemade salsa and cheddar cheese broiled.	
Served with sour cream.	
Basket of Onion Rings	2.95
Cajun Popcorn Shrimp	5.25
A half pound of baby shrimp fried and dusted with cajun spices. Served with cocktail sauce.	
Mozzarella Sticks (Served with marinara sauce)	4.65
Tempura Battered Veggies (Served with dill dip)	3.95
Jalapeno Poppers	4.95
Pop a few of these beauties in your mouth and see how excited you can get! Stuffed with cheddar cheese, lightly battered and fried.	
Basket of Fries	2.25
Gravy Fries	2.95
Arvad's homemade gravy topped on steak fries.	
Cabot Fries	3.25
Vermont's blue ribbon cheese makes these fries a winner.	
New Orleans Fries	2.75
Cajun spice that will knock your socks off lightly dusted on steak fries.	
Shrimp Poppers	6.95
Five sizable shrimp on top of mild red chiles stuffed with a rich cream cheese and dipped lightly in seasoned breading. Served with cocktail sauce for dipping.	

Lunch

This menu available from 11:30 AM through 5:00 PM • Childrens menu available

Sandwiches & More

All Sandwiches have a choice of a side order. Steak fries, potato chips, broccoli salad, or potato salad.

Grilled Chicken Sandwich	4.95	Philly Cheese Steak	5.65
Marinated skinless chicken breast served on Kaiser roll topped with romaine lettuce and tomato.		Served Arvad's style, thinly sliced roast beef piled high on an Italian roll topped with sweet onions, peppers, and cheddar cheese. Served warm.	
* With Cajun Spices	add .50		
Bacon Cheddar Chicken Sandwich	5.95	Reuben	5.95
Marinara Cheddar Chicken Sandwich	5.95	Pastrami and Swiss cheese served on rye, topped with sauerkraut and Russian dressing, heated to perfection.	
Skinless chicken breast topped with marinara sauce and cheddar served on a Kaiser roll.			
BLT	4.25	Turkey Reuben	5.95
Vermont bacon with fresh romaine & tomato served on toasted oatmeal.		Turkey and Swiss cheese served on rye, topped with sauerkraut and Russian dressing, served warm.	
Burger	4.25	Veggie Melt	4.25
Charbroiled to your liking and served on a Kaiser roll with romaine lettuce and tomato.		A meatless marvel of fresh broccoli, tomatoes, green peppers, mushrooms, red onion, and cheddar cheese. Served open faced.	
Cajun Burger	4.75	Grilled American Cheese Every kids favorite	3.50
Cheddar, Swiss or American Burger	4.95	Seafood Melt	4.95
Cheddar, Swiss or American Bacon Burger	5.50	Our seafood salad on an Italian roll served with melted cheddar. Served open faced.	
Bacon Bleu Cheese Burger	5.50	Seafood Roll	4.65
All American "Veggie" Burger	4.95	Our seafood salad served cold on a Italian roll with romaine lettuce and tomato.	
A low fat meal with all the flavor you remember as when you were a kid! (with cheese 5.50)		Turkey & Ham Club	6.25
Amish Chicken	4.50	Served on toasted oatmeal bread with bacon, romaine lettuce & tomato.	
A light and fruity chicken salad with dill dressing, served with romaine lettuce and tomato on oatmeal bread.			
California Chicken	5.95		
Marinated chicken breast grilled and topped with guacamole and cheddar cheese served on a kaiser roll.			

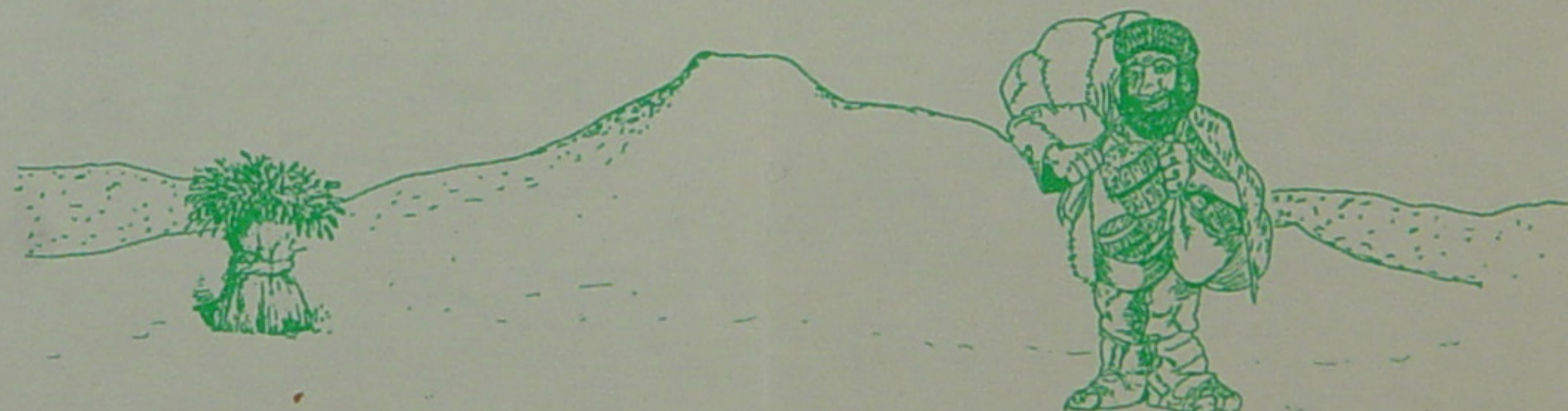
Back To The Basics

All are served with mayonnaise, romaine lettuce and tomato and choice of side order.

Turkey and Cheddar	5.35
Ham and Swiss on Rye	4.95
Roast Beef	5.50
Pastrami & Swiss on Rye	5.35
any sandwich grilled or with extra cheese .50¢ more	

And More

Stir Frys	6.95
Vegetarian	
Crisp vegetables quickly sautéed in our secret sauce, served over fettuccini or rice pilaf.	
with chicken	7.95
with shrimp	8.95
with sirloin	8.50
"Steve's" Pita	4.50
A pita pocket filled with lettuce, tomatoes, cucumbers, carrots, and red cabbage. Served with your choice of dressing.	
"Gary's" Pita	5.95
Steve and Gary teamed up, but Gary adds chicken to make this his own unique sandwich.	
Neptune Pita	5.25
Our seafood salad stuffed in a pita pocket.	
Amish Pita	4.95
A light and fruity chicken salad with dill dressing, served with romaine lettuce and tomato in pita bread.	
Burritos	
A Mexican tortilla served with salsa, cheddar cheese, sour cream, black olives, and your choice of filling.	
Refried Beans	4.25
Chicken	5.75
Spiced Beef	5.25
Seafood	5.25
Veggie	4.95
Clam Strips in a Basket	4.95
Succulent strips served with coleslaw, steak fries, and tartar sauce.	
Fish and Chips in a Basket	5.95
Flaky white fish deep fried. Served with coleslaw, steak fries, and tartar sauce.	
Spaghetti with Marinara Sauce	5.95
Spaghetti topped with homemade tomato sauce, and Parmesan cheese. Served with small house salad and roll.	
Hot Dog	
The all American choice	2.50
With cheddar and sauerkraut	2.95



Greens

Fresh romaine lettuce & our homemade croutons included in every garden delight

Garden Salad	Small 2.15	Large 3.95
Red cabbage, carrots, cucumbers, & tomato.		
Caesar		4.95
Romaine, homemade croutons and freshly grated Parmesan tossed with Arvad's Caesar dressing. If you like we'll add anchovies.		
Grilled Chicken Caesar		6.95
Delicious, marinated chicken breast served with the above Caesar salad.		
Greek		4.50
A tasty blend of greens topped with feta cheese & black olives.		
Chef		6.25
An American favorite served with roast beef, pastrami, ham, turkey, cheddar & Swiss cheese.		
Taco		5.75
A Tex-Mex specialty served in a flour tortilla with chicken, beef, beans, tomatoes, cheddar & salsa.		
Cobb		5.95
Our grilled marinated chicken sliced thin & served with cheddar on a bed of greens.		

Arvad's Homemade Dressing Choices (served on the side)

Oil & Vinegar	Caesar	Blue Cheese
Russian	Honey Dijon	Creamy Dill
Light Vinaigrette		(Our Favorite)

A Little On The Side

Broccoli Salad	1.50
Potato Salad	1.25
Basket of Rolls	1.50
Basket of Steak Fries	1.95
Basket of Potato Chips	1.00
Coleslaw	1.00
Sour Cream	.75
Side of Dressing	.50
Side of Gravy	.75

Daily Specials

Homemade Soup of the Day	2.25 / 3.25
1/2 Sandwich & a Cup or Bowl of Soup	4.50 / 5.50
Garden Salad & 1/2 Sandwich	4.25
Salad, Soup & Bread	4.50

1/2 Sandwich options are: Turkey Cheddar, Pastrami, Roast Beef, Ham & Swiss, Amish, Seafood Roll.

Specials MOLSON Light

SOUP

Cream of Mushroom
\$2.25/\$3.25

ENTREES

Seafood Lasagna
Layers of seafood and cheese in a white sauce. Baked till golden brown. Served with a small house salad.
\$6.95

Ham Steak
A juicy ham steak grilled and topped with a pineapple maple syrup sauce. Served with a choice of starch.
\$5.95

DESSERTS

Strawberry Almond Cheesecake
\$3.50

Snickers Pie
\$3.50

Chocolate Mousse Cream Puff

Tollhouse Pie
\$3.50

Cappuccino Pie
\$3.50

Chocolate Silk Pie
\$3.50

pleasant taste and relieves the chill in "the bones".

One night while drinking too much spirits he fell asleep and his camel strayed into the mountains. You can still feel the earth shake and hear Arvad's whistle in the air among the pine trees as he searches endlessly for his camel. It is said that his camel can still be seen from a distance laying on the ground. . . waiting for Arvad to return.

Arvad welcomes all of you who have his passion for many different kinds of food and his taste for "the spirits" to sit a while and to enjoy!



Beverages

Coffee	Tea
Espresso	Cappuccino
Clearly Canadian	Mineral Water
Mad River Soda	Juices
Milk	Soda
Iced Tea	Hot Cider
Hot Chocolate	Virgin Bloody Mary
Virgin Frozen Strawberry Daiquiri	

In our kitchen we bake our delectable breads and desserts. Also, we make a variety of tasty salads and dressings, salsa, sauces, and marinades. We use many Vermont made products. (Green Mountain Coffee Roasters, Miguels Tortilla Chips, Cabot Dairy Products, The Manghi's Bread, Ben & Jerry's Ice Cream, VT Distillers, Catamount Brewers, Mountain Brewers & Vermont Produce when in season.)

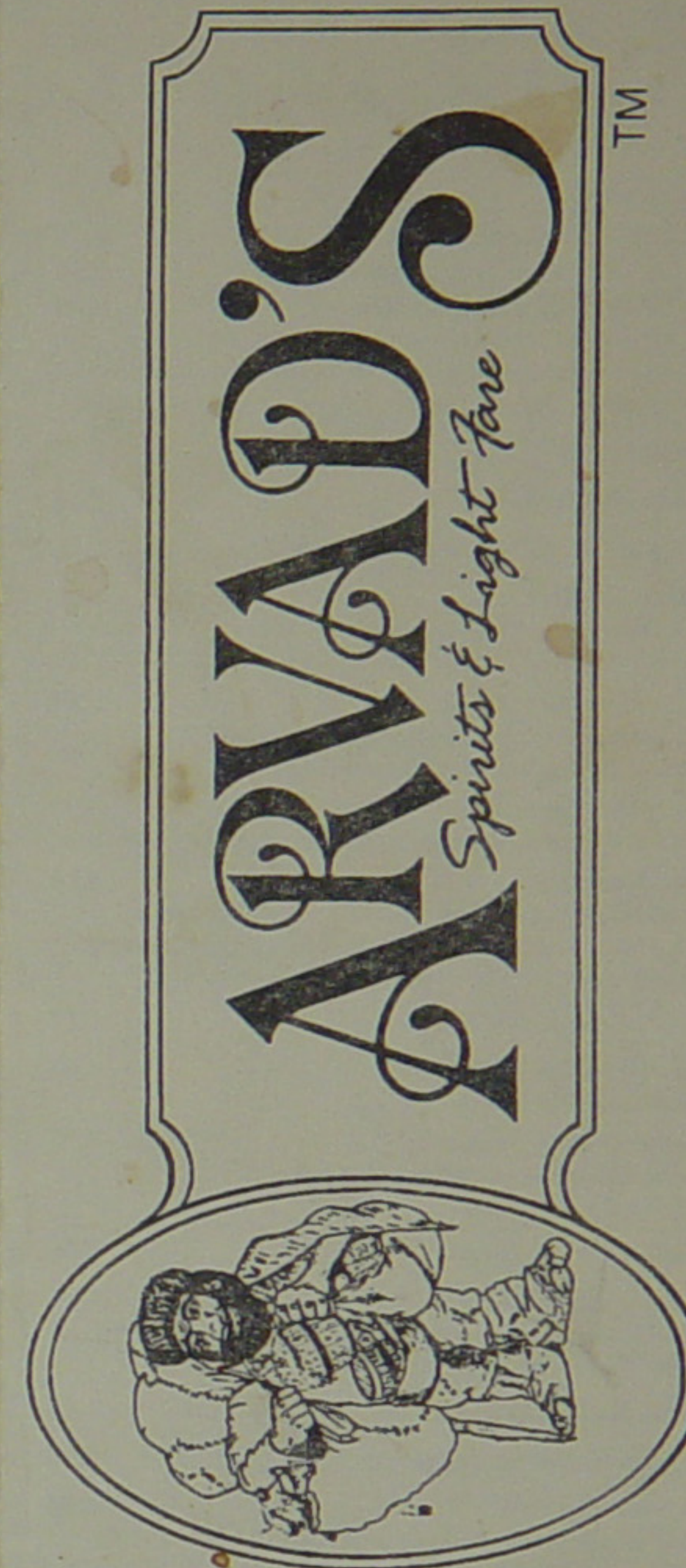
We are happy to make substitutions, but there may be an additional charge.

15% tip included for parties of six or more, or if separate checks are requested.

Please ask your waitperson about our **Frequent Hangout Club Card**.

We RECYCLE all glass, plastic and metal, you can help by recycling our take out containers.

To our Canadian and European friends: Please note tipping is NOT included in the price. If service was not satisfactory, we'd like to know, otherwise a 15% gratuity is considered fair and reasonable for our very appreciative waitstaff.



Hours

7 days a week	11:30 - 11:30
Sunday Brunch	10:00 - 2:00
Lunch Menu	11:30 - 5:00
Dinner Menu	5:00 - 10:00
Appetizer Menu	10:00 - Closing

3 South Main Street Waterbury, VT 05676
Mon - Sat 11:30 am - 11:30 pm

244-8973

Take Out always available



ARVAD'S

Spirits & Light Fare

TM



Beverages

Coffee

Espresso

Clearly Canadian

Mad River Soda

Milk

Iced Tea

Hot Chocolate

Virgin Frozen Strawberry Daiquiri

Tea

Cappuccino

Mineral Water

Juices

Soda

Hot Cider

Virgin Bloody Mary

In our kitchen we bake our delectable breads and desserts. Also, we make a variety of tasty salads and dressings, salsa, sauces, and marinades.

We use many Vermont made products.

(Green Mountain Coffee Roasters, Miguels Tortilla Chips, Cabot Dairy Products, The Manghi's Bread, Ben & Jerry's Ice Cream, VT Distillers, Catamount Brewers, Mountain Brewers & Vermont Produce when in season.)

*We are happy to make substitutions,
but there may be an additional charge.*

**15% tip included for parties of six or more, or if
separate checks are requested.**

Please ask your waitperson about our
Frequent Hangout Club Card.

We RECYCLE all glass, plastic and metal, you can help
by recycling our take out containers.

*To our Canadian and European friends: Please note tipping is
NOT included in the price. If service was not satisfactory, we'd like
to know, otherwise a 15% gratuity is considered fair and reason-
able for our very appreciative waitstaff.*