Arvad's
Spirits & Fine Food

Lunch Menu

Hours
7 days a week 11:30 - 11:30
Sunday Brunch 10:00 - 2:00
Lunch Menu 11:30 - 5:00
Dinner Menu 5:00 - 10:00
Appetizer Menu 10:00 - Closing

3 South Main Street Waterbury, VT 05676
Mon - Sat 11:30 am - 11:30 pm
244-8973
Take Out always available
### Lite Bites

**Chicken Wings**
- 1/2 lb. - The Little Man’s 4.45
- 1 lb. - The Big Man’s Appetite 6.95
- 1 1/2 lbs. - The Macho Man’s 8.95
The biggest wings in Waterbury. Hot spicy wings served with homemade bleu cheese dressing for the dipping and celery for the crunching. Ask your server if you don’t want them spicy.

**Chips & Salsa** 1.95
**Chips & Guacamole** 3.50
**Spanakopita** A flaky Greek spinach & cheese pie. 2.95

**Tex-Mex Nachos** 4.50
- Beef, bean and cheddar topping served with salsa and sour cream.

**Nachos Grande** 5.95
- Beef, bean, olives, tomato, red onion, jalapenos & cheddar topping served with salsa & sour cream.

**Nachos Pacifico** 4.95
- Seafood & cheddar topping served with salsa and sour cream.

**Veggie Nachos** 5.75
- Tortilla chips topped with refried beans and smothered with a mixture of fresh vegetables, black olives and Vermont cheddar cheese, served with salsa and sour cream.

**Extra Toppings for Nachos** .75

**Bacon Cheddar Potato Skins** 4.50
- Served with sour cream.

**Mexican Potato Skins** 3.95
- Our homemade salsa and cheddar cheese broiled.
- Served with sour cream.

**Basket of Onion Rings** 2.95

**Cajun Popcorn Shrimp** 5.25
- A half pound of baby shrimp fried and dusted with cajun spices.
- Served with cocktail sauce.

**Mozzarella Sticks (Served with marinara sauce)** 4.65

**Tempura Batter Veggies (Served with dill dip)** 3.95

**Jalapeno Poppers** 4.95
- Pop a few of these beauties in your mouth and see how excited you can get! Stuffed with cheddar cheese, lightly battered and fried.

**Basket of Fries** 2.25

**Gravy Fries** 2.95
- Arvid’s homemade gravy topped on steak fries.

**Cabot Fries** 3.25
- Vermont’s blue ribbon cheese makes these fries a winner.

**New Orleans Fries** 2.75
- Cajun spice that will knock your socks off lightly dusted on steak fries.

**Shrimp Poppers** 6.95
- Five sizable shrimp on top of mild red chiles stuffed with a rich cream cheese and dipped lightly in seasoned breading.
- Served with cocktail sauce for dipping.

### Back To The Basics

All are served with mayonnaise, romaine lettuce and tomato and choice of side order.

**Turkey and Cheddar** 5.35
**Ham and Cheddar** 4.95
**Roast Beef** 5.50
**Pastrami & Swiss on Rye** 5.35
- any sandwich grilled or with extra cheese .50¢ more

### And More

**Stir Frys** 6.95

**Vegetarian**
- Crisp vegetables quickly sautéed in our secret sauce, served over fettuccini or rice pilaf.
- **with chicken** 7.95
- **with shrimp** 8.95
- **with sirloin** 8.50

**“Steve’s” Pita** 4.50
- A pita pocket filled with lettuce, tomatoes, cucumbers, carrots, and red cabbage. Served with your choice of dressing.

**“Gary’s” Pita** 5.95
- Steve and Gary teamed up, but Gary adds chicken to make this his own unique sandwich.

**Neptune Pita** 5.25
- Our seafood salad stuffed in a pita pocket.

**Amish Pita** 4.95
- A light and fruity chicken salad with dill dressing, served with romaine lettuce and tomato in pita bread.

**Burritos**
- A Mexican tortilla served with salsa, cheddar cheese, sour cream, black olives, and your choice of filling.
  - **Refried Beans** 4.25
  - **Chicken** 5.75
  - **Spiced Beef** 5.25
  - **Seafood** 5.25
  - **Veggie** 4.95

**Clam Strips in a Basket** 4.95
- Succulent strips served with coleslaw, steak fries, and tartar sauce.

**Fish and Chips in a Basket** 5.95
- Flaky white fish deep fried. Served with coleslaw, steak fries, and tartar sauce.

**Spaghetti with Marinara Sauce** 5.95
- Spaghetti topped with homemade tomato sauce, and Parmesan cheese. Served with small house salad and roll.

**Hot Dog**
- The all American choice
  - With cheddar and sauerkraut
Lunch

This menu available from 11:30 AM through 5:00 PM - Children's menu available

Sandwiches & More

Grilled Chicken Sandwich 4.95
Marinated skinless chicken breast served on a Kaiser roll topped with romaine lettuce and tomato. *With Cajun Spices 3.95

Bacon Cheddar Chicken Sandwich 5.95
Marinara Cheddar Chicken Sandwich 5.95
Skinless chicken breast topped with marinara sauce and cheddar cheese served on a Kaiser roll.

BLT 4.25
Verona bacon with fresh romaine & tomato served on toasted oatmeal.

Burger 4.25
Charbroiled in your liking and served on a Kaiser roll with romaine lettuce and tomato.

Cajun Burger 4.75

Cheddar, Swiss or American Burger 4.95
Cheddar, Swiss or American Bacon Burger 5.90

Bacon Bleu Cheese Burger 5.50

All American "Vege" Burger 4.95
A low fat meal with all the flavor you remember as when you were a kid! (with cheese 5.00)

Amish Chicken 4.50
A light and fruity chicken salad with dill dressing, served with romaine lettuce and tomato on oatmeal bread.

California Chicken 5.95
Marinated chicken breast grilled and topped with guacamole and cheddar cheese served on a Kaiser roll.

Philly Cheese Steak 6.95
Served Arland's style, thinly sliced roast beef piled high on an Italian roll topped with sweet onions, peppers, and cheddar cheese. Served warm.

Reuben 5.95
Pastrami and Swiss cheese served on rye, topped with sauerkraut and Russian dressing, heated to perfection.

Turkey Reuben 5.95
Turkey and Swiss cheese served on rye, topped with sauerkraut and Russian dressing, served warm.

Veggie Melt 4.25
A meatless marvel of fresh broccoli, tomatoes, green peppers, mushrooms, red onion, and cheddar cheese. Served on rye.

Grilled American Cheese Every kids favorite 3.50
Seafood Melt 4.95
Our seafood salad on an Italian roll served with melted cheddar. Served open faced.

Seafood Roll 4.65
Our seafood salad served cold on an Italian roll with romaine lettuce and tomato.

Turkey & Ham Club 6.25
Served on toasted oatmeal bread with bacon, romaine lettuce & tomato.

Back To The Basics

All are served with mayonnaise, romaine lettuce and tomato and choice of side order.

Turkey and Cheddar 5.35
Ham and Swiss on Rye 4.95
Roast Beef 5.50
Pastrami & Swiss on Rye 5.35

And More

Stir Frys 6.95
Vegetarian 7.95

Vegetarian 8.95
with chicken 8.95

with shrimp 8.95

with sirloin 8.95

"Styro" Pita 4.50
A pita pocket filled with lettuce, tomatoes, cucumbers, carrots, and red cabbage. Served with your choice of dressing.

"Gary" Pita 5.95
Stew and Gary teamwork up, but Gary adds chicken to make his own unique mondaki.

Neptune Pita 5.25
Our seafood salad stuffed in a pita pocket.

Amish Pita 4.95
A light and fruity chicken salad with dill dressing, served with romaine lettuce and tomato in pita bread.

Burritos 4.95
Mexican tortilla served with salad, cheddar cheese, sour cream, black olives, and your choice of filling.

Refried Beans 4.25
Chickpeas 5.75
Spiced Beef 5.25
Seafood 5.35
Veggie 4.95

Clam Strips in a Basket 4.95
Smoked strips served with coleuslaw, steak fries, and tartar sauce.

Fish and Chips in a Basket 5.95
Fishy white fish deep fried. Served with coleuslaw, steak fries, and tartar sauce.

Spaghetti with Marinara Sauce 5.95
Spaghetti topped with homemade tomato sauce, and Parmesan cheese. Served with homemade sauce and roll.

Hot Dog 2.50
The all american choice 2.95
With cheddar and sauerkraut 2.95
**Specials**

MOLSON Light

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**Soups**

- Cream of Mushroom $2.25/3.25
- Seafood Lasagna $6.95
- Ham Steak $5.95
- Strawberry Almond Cheesecake $3.50
- Snickerdoodle Pie $3.50
- Tollhouse Pie $3.50
- Cappuccino Ice Cream $3.50
- Chocolate Silk Pie $3.50

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**Arvad’s Homemade Dressing Choices**

- Oil & Vinaigrette
- Russian
- Russian with Honey Dijon
- Blue Cheese
- Creamy Dill (Our Favorite)

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**A Little On the Side**

- Broccoli Salad 1.50
- Potato Salad 1.25
- Basket of Rolls 1.50
- Basket of Steak Fries 1.95
- Basket of Potato Chips 1.00
- Cole slaw 1.00
- Sour Cream .75
- Side of Dressing .50
- Side of Gravy .75

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**Daily Specials**

- Homemade Soup of the Day 2.25/3.25
- 1/2 Sandwich & a Cup or Bowl of Soup 4.50/5.50
- Garden Salad & 1/2 Sandwich 4.25
- Salad, Soup & Bread 4.50

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**Beverages**

- Coffee
- Tea
- Espresso
- Cappuccino
- Clearly Canadian
- Mineral Water
- Mud River Soda
- Juices
- Milk
- Soda
- Iced Tea
- Hot Chocolate
- Virgin Bloody Mary
- Virgin Frozen Strawberry Daiquiri

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**Arvad’s**

- In our kitchen we bake our delectable bread and desserts. Also, we make a variety of tasty salads and dressings, cream sauces, and marinades.
- We use many Vermont made products.
- (Green Mountain cereal, Mmmm! tortilla chips, Cabot Dairy Products, The MỨL’s bread, Roundberry Ice Cream, VT Dairy Farm, Catamount Breads, Mountain Brewers & Vermont Products & Co. in season)
- We are happy to make substitutions but there may be an additional charge.
- 15% tip included for parties of six or more, or if separate checks are requested.
- Please ask your waitstaff about our Frequent Hangout Club Card.
- We RECYCLE all glass, plastic and metal, you can help by recycling our take-out containers.
Beverages

Coffee
Espresso
Clearly Canadian
Mad River Soda
Milk
Iced Tea
Hot Chocolate
Virgin Frozen Strawberry Daiquiri

Tea
Cappuccino
Mineral Water
Juices
Soda
Hot Cider
Virgin Bloody Mary

In our kitchen we bake our delectable breads and desserts. Also, we make a variety of tasty salads and dressings, salsa, sauces, and marinades. We use many Vermont made products.

(Green Mountain Coffee Roasters, Miguel's Tortilla Chips, Cabot Dairy Products, The Manger's Bread, Ben & Jerry's Ice Cream, VT Distillers, Catamount Brewers, Mountain Brewers & Vermont Produce when in season.)

We are happy to make substitutions, but there may be an additional charge.

15% tip included for parties of six or more, or if separate checks are requested.

Please ask your waitperson about our Frequent Hangout Club Card.

We RECYCLE all glass, plastic and metal, you can help by recycling our take out containers.

To our Canadian and European friends: Please note tipping is NOT included in the price. If service was not satisfactory, we'd like to know, otherwise a 15% gratuity is considered fair and reasonable for our very appreciative waitstaff.