TO CELEBRATE YOUR NEW ARRIVAL
NOW that your "bundle of joy" has arrived, it is time to pamper yourself a little and celebrate! In honor of the blessed event, enjoy a distinctive dinner with your husband or guest, courtesy of Mount Carmel East Hospital.

Please make your selections from the menu and return it to your nurse before noon. If you have any questions please feel free to call Nutritional Services at 6640.
To Begin Your Meal

Sparkling Grape Juice
Soup Du Jour
Mixed Green Salad with Assorted Dressing
French Blue Cheese Ranch Italian
Fresh Fruit Cup

Our Specialties

Chicken Cordon Bleu
Tenderloin Steak Garnished with Mushroom Cap
Broiled Orange Roughy Filet with Fresh Lemon

Accompaniments

Twice Baked Potato
Julienne Carrots
Green Peas with Pimiento

From Our Bread Basket

Croissant
White Bread
Whole Wheat Bread
Rye Bread
Crackers

A Special Treat

French Pastry
Hand Dipped Ice Cream
Gourmet Cheese Cake
Foil Wrapped Mint

Beverages & Condiments

Coffee
Brewed Decaf Coffee
Hot Tea
Decaffeinated Tea
Iced Tea
Lemon
Non-Dairy Creamer
Margarine
Jelly
Honey
Ketchup
Mustard
Mayonnaise
2% Milk
Whole Milk
Skim Milk
Buttermilk
Chocolate Milk
Flavored Seltzer Water
### Mom's Order Form

**To Begin Your Meal**
- Sparkling Grape Juice
- Soup DuJour
- Mixed Green Salad with Assorted Dressing
  - French
  - Ranch
  - Blue Cheese
  - Italian
- Fresh Fruit Cup

**Our Specialties**
- Chicken Cordon Bleu
- Tenderloin Steak Garnished with Mushroom Cap
- Broiled Orange Roughy Filet with Fresh Lemon

**Accompaniments**
- Twice Baked Potato
- Julienne Carrots
- Green Peas with Pimiento

**From Our Bread Basket**
- Croissant
- White Bread
- Whole Wheat Bread
- Rye Bread
- Crackers

**Beverages & Condiments**
- Coffee
- Brewed Decaf Coffee
- Hot Tea
- Decaffeinated Tea
- Iced Tea
- Lemon
- Non-Dairy Creamer
- 2% Milk
- Whole Milk
- Skim Milk
- Buttermilk
- Chocolate Milk
- Flavored Seltzer Water
- Margarine
- Jelly
- Honey
- Ketchup
- Mustard
- Mayonnaise

**Name**  
**Room #**

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### Guest's Order Form

**To Begin Your Meal**
- Soup DuJour
- Mixed Green Salad with Assorted Dressing
  - French
  - Ranch
  - Blue Cheese
  - Italian
- Fresh Fruit Cup

**Our Specialties**
- Chicken Cordon Bleu
- Tenderloin Steak Garnished with Mushroom Cap
- Broiled Orange Roughy Filet with Fresh Lemon

**Accompaniments**
- Twice Baked Potato
- Julienne Carrots
- Green Peas with Pimiento

**From Our Bread Basket**
- Croissant
- White Bread
- Whole Wheat Bread
- Rye Bread
- Crackers

**Beverages & Condiments**
- Coffee
- Brewed Decaf Coffee
- Hot Tea
- Decaffeinated Tea
- Iced Tea
- Lemon
- Non-Dairy Creamer
- 2% Milk
- Whole Milk
- Skim Milk
- Buttermilk
- Chocolate Milk
- Flavored Seltzer Water
- Margarine
- Jelly
- Honey
- Ketchup
- Mustard
- Mayonnaise

**Name**  
**Room #**
National Restaurant Association Menu Collection