JWU CELEBRATES CENTENNIAL WITH FIREWORKS

To kick off the new school year, Student Involvement & Leadership hosted the Centennial Fireworks Celebration on Sept. 28. Students sat along the bay on the Harborside Campus to watch the show, which started at 9:30 p.m. SGA and UIB handed out free hot chocolate on a table on the Scotts Miracle-Gro Athletic Complex. UIB’s Graphics and Marketing Coordinator Jake Kotke, said, “I liked that we got to see all of the student’s excitement about getting free hot chocolate and the fireworks they were all anxiously awaiting.”

Kennedy Plaza renovations underway

Hear the roar: JWU’s new radio station soon to launch

Bradly J. VanDerStad
H&O and A&E Editor

Dec. 5, 2014 is the day that JWU Live, the university’s new radio station, will be on the web. That’s justis Amanal’s vision, anyway. Administration has told Amanal that this is optimistic and is shooting for spring term.

Amanal is the current president of the Broadcasting Club and the station manager. "After 100 years and four campuses, it’s a long time coming," he said. He, Arden Antes, the vice president and assistant station manager, and Dr. Christopher Westgate, the faculty advisor, have been working hard to see this new club established and make it prosper.

The radio station will be a completely student-run entity, with little to no assistance from administration. It will also be a non-traditional station because it will exist solely through the internet and its app form. "By tapping into this ever-expanding medium, we believe that JWU Live will be a sure success," Amanal said. There will be an application and audition process for students interested in program ideas. The station will operate out of the first floor of the CRCSS building in the former production room.

When asked about the biggest obstacle to success, Amanal said it was anticipated to be financial, but so far there hasn’t been trouble getting the necessary money.

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H&O and A&E Editor

At the Community Meeting held at the Providence Foundation on Sept. 23, Amy Pettine of the planning department at RIP-TA shed light on the upcoming renovations to Kennedy Plaza, due to be finished in late fall—and there are many.

Pettine said that the changes to the civic space were based partially on the results of a rider survey, which asked how the Kennedy Plaza experience could be better. The results indicated that riders had concerns about limited seating at the station, limited shelter from the elements, general safety, and overcrowding. Other comments included that there were too many lanes of dangerous traffic, the area was dirty, and that smoke from cigarettes was offensive.

Pettine said that the planning department made sure that the City of Providence, who owns the space, took each of these into account. In the new Kennedy Plaza, at every bus berth (stop), there will be three-sided shelters to protect from the wind. There will be 40-foot benches installed in order to address the seating scarcity. There will also be more signage in order to make bus travel less confusing.

There will be a total of 15 berths in the area in total—five on each side of the plaza, two on East Approach (trolley stop area), and three on Exchange Terrace, which in the coming year will be

HAVE A STORY? LET US KNOW! JWUCampusHerald@Gmail.com
Nations prepare for Ebola

Bethany Davis
Staff Writer

Nations around the world are on high alert as the Ebola virus, a disease that has taken over 3,000 lives in West Africa, according to the World Health Organization (WHO).

WHO says that as long as hospitals follow proper protocols the spread of Ebola should not be a problem. There have been strict protocols put in place that all doctors and missionaries that were working in affected countries must have medical exams before they leave Africa and also before they get back to the United States. There has also been an alert sent out to healthcare providers so they are able to recognize the symptoms of Ebola and when to test for it.

According to CIDRAP News, the U.S. doctor that was infected with Ebola virus was brought to Emory University Hospital for receiving treatment at Emory Hospital. The other doctor that was infected arrived in the hospital on Aug. 3 to receive the same treatment. Both the doctors were treated with experimental drugs while in Liberia. The doctors are expected to make a full recovery.

A woman from one of the infected countries collapsed in a London airport and later died after testing, it was confirmed that she did not have Ebola. This incident did cause a health scare in London and the rest of Europe as well. The European Centre for Disease Prevention and Control assures citizens that the risk of Europeans contracting Ebola is very low unless they came in contact with bodily fluids of an infected person. Even so, experts report that this is the largest Ebola outbreak in history and some infec- tion cases have been reported in one month. As many as 20,000 people could be infected. World organizations are coming together to do the only thing they are able to do: contain the Ebola virus.

KENNEDY PLAZA

turn into a two-way street. Both directions of the R-Line will be closest to the Kennedy Plaza Inter- terminal Transportation Center, and city routes will be close to the Plaza to maintain traffic flow.

There are also plans to build a new, accessible, well-lit path from the corner on Burnside Park (where Exchange street and Ex- change Terrace meet) to Kenne- dy Plaza, in an attempt to make the space safer and to incorpo- rate the park into the space more effectively.

While there are fewer bus berths in the Plaza, the same amount of bus service; RPTA will simply operate more effi- ciently with its new layout.

Petitt also announced that there will be a Fitness Area in the Plaza, including disabled marked berth marks and signs that countdown to when the next bus is arriving us- ing GPS tracking. There will also be a larger effort to make "no smoking" signs more visible, as it is illegal to have smoking sections.

RPTA is also pushing for an on-street parking garage from public, parks, which will in- clude Kennedy Plaza.

RPTA’s new Master Plan is a looking to have self-service ter- minals in the plaza, and to im- prove a redundant ticketing sys- tem, much like Boston’s Charlie Card system.

The name Greyhound, Bon- nanza, and Peter Pan bus lines, they will most likely be relocated to the Providence Amtrak Sta- tion, but nothing has been offi- cially established.

RPTA carried 20 million rides last year and is still struggling, including having to move more central bus stops out- side of downtown Providence, but the scope of those is yet to be de- termined.

JWU LIVE

sary funding. “Equipment will need to be purchased along with various music delivery services,” he said, “but while the initial inv- estment may prove a significant investment, it is larger than our projected annual overhead costs following startup, so we have worked with every level of administration to ensure that, while providing quality program- ming, we remain cost effec- tive for the university. With the help of Scott Lyons and Jesus Grady, we have essentially bro- ken through any wall that would hold us back.”

Amural has some experience in this field. At the age of 16, he assisted in founding Troy City Radio in New York. “I was looking for a way to get into the station and I was convinced that I was going to get it all off my experience with them,” he said.

“JWU Radio is your radio sta- tion,” Amural said. “It is exactly what you make it. We are always looking for members to help be- cause it’s a massive step forward for this station, but we need you, members.”

Crime Log

Abby Bora
Editor in-Chief

On Sept. 23, SGA was joined by the Providence Police Depart- ment and guests from the JWU community. According to SGA’s receiving a note, provided by Sec- retary Karly Uscategui, Major Mi- chael of the Department of Campus Safety & Security opened the floor. He introduced the Providence Po- lice Department, represented by Major Thomas Verdi.

Verdi, along with members of JWU administration, addressed concerns about the Providence College area. Large social gath- erings, noise disturbances, and poor interactions with neighbors are among issues in the area in recent years. Verdi said that out of 26 recent disturbances, seven were houses that JWU students lived in. Two arrests out of 22 were.

JWU students have been the focus of much police attention. Police said that they have seen a rise in traffic and that they have been forced to increase the amount of officers on campus.

Major Thomas Verdi addresses concerns with Providence College area at SGA meeting.

WHAT IS NEXT?

JWU Live radio station will begin on the 24th of this month, according to Verdi. "It’s a large step forward and it’s going to be a great addition to the JWU community," he said.

JWU’s police department is looking to start a new radio station this fall, according to SGA’s receiving a note. It is a large addition, according to Secretary Karly Uscategui, Major Michael, and the Department of Campus Safety & Security.

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Oscar Pistorius: An unmistakable murder

Jasmine Turner
Staff Writer

Two years ago, the world looked to Oscar Pistorius as a symbol of hope. He broke through barriers for amputee athletes to compete in the Olympics. Today, Oscar is being questioned on whether he murdered his girlfriend's five-month-old son.

On Nov. 22, 1986, the Johnnie Walker black label was born to Sheila and Henk Pistorius. His experiences as a child were wrought with pain and tragedy. Living without ibuloba, his parents made the difficult decision to amputate his legs below the knee when Pistorius was just 11 months old. Refusing to succumb to the restrictions his prosthetic legs allowed him, Oscar was walking within six months, foreshadowing a successful career in sports. 26 years later, he's facing the next biggest race of his life. So what really happened the night Reeva Steenkamp was murdered in her own home?

On Valentine's Day, around 3 a.m., Pistorius was sleeping in bed next to Steenkamp preceding the gruesome killing. According to Oscar's affidavit published on Slate.com, the events of that tragic night are as follows: "I heard a noise in the bathroom and realized that someone was in the bathroom... I was too scared to switch a light on. I grabbed my 9mm pistol from underneath my bed..." "I grabbed my 9mm pistol from underneath my bed." Really? So that means he crawled around his bed where a sleeping Reeva would have been positioned in open view, if an intruder actually broke in. Along with the fact that Pistorius lives in a hyper-secure neighborhood that utilizes laser sensors and biometric locks, at last week's bail hearing, a police officer testified that there were two dogs outside the window that Pistorius believed an intruder entered through. With this much fear of an intruder, it gave the prosecutor pause that Oscar would sleep with his balcony doors wide open. Oscar continued: "On my way to the bathroom I screamed words to the effect for him/them to get out of my house and for Reeva to phone the police. It was pitch dark in the bedroom and I thought Reeva was in bed." He noticed that the bathroom window was open and that the intruder was in the toilet. "I fired shots at the toilet door and shouted to Reeva to phone the police!" The real bewilderment enters the equation when Pistorius travels 35 feet down the hall and asks a neighbor with (prosthetics) towards the loud noises that scared him enough to make these turns any lights. According to the Slate.com, Pistorius' bedroom is "16 wide, 16 full side of the bed... Imagine trying to maneuver around that bed in dark, rapidly and on stumps, without bumping into it or waking Steenkamp."

The obvious assumption of any loving partner is that if noises are originating from the bathroom in the early morning, it's your mate relieving herself and if that's not common sense, going to the bed to confirm the suspicion rather than reaching for a gun is a sense only continuous to the same.

The prosecution, Cerrie Nel, proved only enough for the jury to find Oscar Pistorius guilty of culpable homicide over the rejected and well-deserved sentence of murder; "culpable" representing his responsibility, but not motive to kill. "As he stands right now, he's free [to compete]," South African Sports Confederations and Olympics Committee Chief Executive Tubby Reddy told the Associated Press on Monday, Sept. 15, according to CBSSports.com. Pistorius potentially faces years in jail, however there is no minimum sentence for this conviction in South African law, and Pistorius could receive a suspended sentence resulting in no jail time at all (CBSSports.com).

Unfortunately, the man who broke barriers for athletes around the world has also turned out to be the "culpable" killer in one of the most controversial cases of the century. Since diving into the mind of Oscar is not a possibility, the night of the murder can only speculated and gossiped about. Nevertheless, the former hero shushed his own reputation when firing those three shots into the door. Presently, the facts of the case, the trial has gone sour, adding to the curdling concoction of murderers being released back into society deemed 'not guilty.' We can only hope that in future trials, a defendant is not discharged on the basis of misconception, and is found guilty when he murders an innocent victim.

THE STREET FEED

Will you at all be tuning into JWU Live?

Probably. It will be something to listen to while I'm in my dorm.

Breden Leary
Fashion Merchandising

How frequently will you be tuning into JWU Live?

A lot, while doing homework and studying.

Joao Vincente
Sophomore
Management

Do you think that JWU Live will become a hit on campus?

I think so. It's a good idea to keep radio alive and well.

Mae Mccenara
Sophomore
Management

What is one thing that you hope JWU Live will provide for students?

Two actually: More diversity of music and bringing more spirit to the university.

Kate Lagow
Junior
Culinary Arts and Food Service Management

What kind of music will you be hoping to hear on JWU Live?

A variety... Some Wu Tang, Mob Deep, Ice Cube, and Pink Floyd for starters.

Eric Smith
Freshman
Entrepreneurship

What kind of programs would you be interested in hearing?

I like the news, I would like a "what's going on in Providence" radio station.

Andrew Luciano
Travel, Tourism, and Hospitality Management Junior

ISIS America's greatest threat

Nicor Terrett
Staff Writer

Decapitations, mass murder, rape, kidnapping, extortion, and robbery are a few criminal acts committed by the Islamic State of Iraq and Syria (ISIS). ISIS is a recently emerging but long-time terrorist group operating out of the Middle East. Originally part of Al Qaeda, this group splintered off into something so extreme that Al Qaeda no longer affiliates with them. The group now stands at 31,000 hundred fighters strong, is made up of 74 different countries and includes 2,000 Westerners. 100 of which are from America, according to CNN. This terrorist organization is currently in control of 35,000 square miles stretching from Syria to the outskirts of Baghdad, Iraq.

According to Breitbart News, the organization has a net worth of two billion dollars and is in control of enough oil fields to produce over 75,000 barrels of oil a day. This is an organization that is responsible for multiple mass executions and mass rapes across the territory they control. They claim to have no borders and want to be one nation under Sharia law. Its recent acts of violence have been directed towards the United States and the United Kingdom, through the beepings of two American journalists, James Foley, and Steven Sotloff, and most recently a British aid worker in the Middle East, David Haines, according to CNN. It is time for the United States and its allies to stand up and counter the danger that is ISIS. It is the best funded, most organized, and most brutal terrorist organization in history. I disagree with President Obama's three-pronged plan of handling this threat—in short, he is enlisting other countries around the world and the Middle East to stand and fight against ISIS, with support from the United States via equipment and air strikes, CNN reported. What the United States needs to do is bring back an invading force in Iraq and begin fighting ISIS on the ground, alongside the help of other countries and with heavy utilization of weapons such as drone attacks and air strikes. Unlike the current fight against terror we have been fighting for 13 years, we are dealing with an enemy that is organized—a fight that the United States should be able to handle. Every day that ISIS is left to plot is another day closer to events like those on 9/11, thirteen years ago. Unlike then, we now have a clear and present danger we are facing, with the means to handle it.
Secret menu craze makes its way to Starbucks

3. Prized by the characters in the Harry Potter series, Butterbeer is said to have a smooth, creamy, and sweet flavor, similar to the inside of a Heath candy bar. This recipe for a Hot Butterbeer Latte gives you a classic latte flavor with a twist of Hogmeade richness.

What to order: A whole milk steamer
- Add caramel syrup (2 pumps for tall, 3 for grande, 4 for venti)
- Add toffee nut syrup (2 pumps for tall, 3 for grande, 4 for venti)
- Add caramel dolce syrup (2 pumps for tall, 3 for grande, 4 for venti)
- Whipped cream and salted caramel bits on top (or crème brûlée topping if you prefer).

4. Pixie Stix are a relic of 90’s candy aisles and this refresher will be sure to bring you back to that paper tube with colorful sugar inside. The Pixie Stix Refresher is sugary and tart and is great for customers wanting a blast of sweetness.

What to order: half Passion Tea and half Valencia Orange Refresher
- No water
- No orange slices
- Add classic syrup (2 pumps for a tall, 2 for grande, 3 for venti)
- Add raspberry syrup (1 pump for a tall, 2 for grande, 3 for venti)

Many more recipes from the Starbucks secret menu can be found on websites like Pinterest. You can even check out the unofficial Starbucks secret menu website, StarbucksSecretMenu.net. Out of these four concoctions, I would most likely recommend the Mexican Hot Chocolate. It was so rich and full of chocolate flavor, while also having a spicy twist. It will be perfect to warm you up on a cold day walking around campus.

Danielle DuPont
Staff Writer

The internet is buzzing with talks of some of America’s favorite restaurants having “secret menus.” Restaurants like McDonald’s, In N’ Out, and Chipotle Mexican Grill are known to make special request menu items that have been cooked up mostly by frequent customers to these eateries. One restaurant frequented by Johnson & Wales University students that has a secret menu is Starbucks. Many JWU students use their real world experiences at this famous coffee shop located in the Harborside Academic Center and Johnson Hall. But having the same vanilla skinny latte every day can get a little boring after a while. Listed below are four secret menu recipes that every JWU student can use when they want to spice up their Starbucks drink order.

1. To achieve a rich, chocolatey drink perfect for the upcoming season, try this sweet and spicy recipe for Mexican Hot Chocolate.

What to order: A hot chocolate made w/ soy milk (no water)
- Add mocha syrup (1 pump tall, 1.5 grande, 2 venti)
- Add white mocha syrup (1 pump tall, 1.5 grande, 2 venti)
- Add caramel dolce syrup (2 pumps tall, 3 grande, 4 venti)
- Ask for cinnamon powder to be added to milk while it’s steamed

2. Modeled after a fall staple, this cool and refreshing recipe for a Pumpkin Pie Frappucino is creamy and sweet. It is sure to get you in the mood for Thanksgiving.

What to order: A crème based Pumpkin Spice Frappucino
- Add cinnamon dolce syrup (1 pump for a tall, 2 for grande, 3 for venti)
- Ask for cinnamon dolce sprinkles
- Whipped cream blended in
Top spots in RI this October

Katherine Cook
Staff Writer

It's the time of year again when the leaves are starting to change colors, the air is getting crispier, and pumpkin spice is everywhere. Get the most out of Providence and surrounding areas this October with our list of activities.

Jack-O-Lantern Spectacular:
Running from Oct. 2 to Nov. 2, check out all the work from talented artists with a passion for pumpkins right in Providence. With over 5,000 illuminated jack-o-lanterns, this event is an experience you will not want to miss. Located at Roger Williams Park Zoo, shows run nightly, $12-$16.

Adrianna Harris
Staff Writer

A couple of weeks ago, I found myself down what I call "the Internet Rabbit Hole." It's a dark place in the late night hours when you realize you have fallen into a continuous cycle of Youtube videos after Youtube videos. The suggestion column ensnare you into yet another 3 minutes of mindless watching until you completely forget where you started and the pile of unfinished homework goes completely untouched.

On that night's edition of "Internet Rabbit Hole," near 2 a.m., I found myself at a channel called "In Bed with Joan." It's a web talk show starring Joan Rivers and a guest lounging in bed, just chatting about life. I viewed a handful of videos and listened as she interviewed singers, TV personas and stand-up comics. I thought to myself how this Joan Rivers on my computer screen was much different than the one that I thought I knew. I had always perceived Joan as a mean, mercurial woman with an excessive amount of plastic surgery, but here, she was thoughtful, subtly funny, and genuinely interested in what the other person had to say. Over the next couple of days, I laughed along to about 50 episodes of her show, I was suddenly infatuated with 83-year-old Joan Rivers.

Weeks later, it was reported that Joan had had another surgery after a routine throat surgery went awry and left her unable to breathe. One week after, on Sept. 4, she died. Celebrities were left heartbroken and grieving over social media. Lena Dunham, who was often the punch line of some of Joan's funniest jokes, posted to twitter, "All love and healing wishes to Her Majesty Joan Rivers; being ripped out of the circle by one you is an honor to be treasured." Joan Rivers was more than just ripping celebrities now; ones based on what they wore to award shows; her career was more than just that.

As a young woman, Joan wanted desperately to be an actress, yet found she was much better at stand-up comedy. She got her big break in 1965 on The Tonight Show with Johnny Carson. That first show, Johnny told her on the air that he predicted that she would become "a big star." She and Johnny became close friends. Joan would come to his show many times, and guest hosted for him as well.

She had no boundaries. She was fearless. Her act featured many jokes centered on her manhood and the difficulties of being a lady of the 60s. In her 2010 documentary Joan Rivers: A Piece of Work, I watched clips of her old acts, including a joke about a woman who had a large number of abortions prior to finding a husband and settling down. Abortion! A woman who had abortions! Back then it was completely unheard of. Joan remembered her manner calling her and telling her you're going into places you shouldn't go. It's not right. Women should talk about that. She responded, "You are so wrong. This is exactly what we should be talking about!"

Joan brought feminist issues to light through jokes on primetime television, and that raw truthfulness to her comedy made her unique. Later, on Fox, Network offered her her own late night talk show, and she jumped at her opportunity. When she called to tell the good news to Johnny Carson, he hung up on her. He had just been appointed by Kennedy, and she had betrayed him. Johnny and Joan were in competition with each other, and as a punishment, Johnny had Joan blacklisted from NBC. She did not appear on NBC again until recent years. Unfortunately for Joan, the LateNight show with Joan Rivers was unsuccessful and cancelled after one year.

This did not stop her; she kept writing books, starring in commercials and tv shows, and of course, doing stand-up comedy. Joan Rivers never quit. She was a pioneer for all funny women of the future. Without her tearing down the walls, we would never even have heard of Sarah Silverman or Amy Schumer. We would never see shows like Girls or Broad City. Joan did not like being called a pioneer, though. She says in A Piece of Work, "If one more woman comedian comes up to me and says 'you opened the door for me,' I wanna say, 'Well, if you've never been in the room, you're saying the wrong doors.' Joan never once stopped doing what she loved, and worked hard until the end of her life.

A few months ago, during an interview to promote her book, a CNN anchorwoman started a story about Joan. Joan asked if she was aware that she was a mean and offensive person. It was not the harsh words that offended Joan, but the fact that this woman did not understand her comedic style the slightest. Before storming out, Joan expressed words that have never been heard by the public. She claimed, "Life is very tough and we have to find something easier and funny, do it." Thank you, Joan Rivers, for being the strong, emotional, talented, and funny woman that you were and for being the first to open the doors. Awards season will never be the same without you.

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Giving back never looked and felt so good

Liz Gillis
Staff Writer

Target has been nailing it with their recent collaborations. They have paired up with top fashion and interior designers, as well as some of the web’s most beloved bloggers. So it comes at no surprise that Target and TOMS are collaborating together for the upcoming holiday season.

The TOMS and Target collection is made to hit stores in the U.S. and Canada, as well as online, on November 16, 2014. There has been a lot of buzz about this collaboration, and for good reason. Target’s online magazine, A Bullseye View, describes how the collaboration will work to stay true to TOMS slogan, “One for one.” For every TOMS sold, every TOMS for Target merchandise sold will mean that either one blanket will be donated to the American Red Cross or one week of meals will be donated to Feeding America. In Canada, either one blanket will be donated to the Canadian Red Cross or one week of meals will be donated to Food Banks Canada. While the above applies to TOMS clothing, home and accessory purchases, if a pair of TOMS shoes are bought, then a pair will be donated to a less fortunate child.

For all 50 products this holiday season, with everything in the collection priced under $50. The collection offers a wide variety of products including blankets, t-shirts, scarves, hats, and TOMS shoes. It is coming to stores and online just in time for the holiday gift giving season. According to Blake Mycoskie, TOMS Founder and Chief Shoe Giver, the pieces in the Target and TOMS partnership are functional and great gift ideas.

TOMS

2. Fringe

New York led its famous Mercedes-Benz Fashion Week from Sept. 4 to Sept. 11 this year. Did you miss it? Have no fear. Here is a list of what we should be seeing in stores in the spring of 2015, based on this year’s show:

1. Bell bottom pants

This spring you’re going to want to widen your pant collection. Say goodbye to just owning skinny jeans and yoga pants to make room for a pair of bell bottom pants.

2. Fringe

It was all over the runways this fall. Whether it is subtle fringe trim on a jacket or dress, or a drastic fringe skirt, designers like Tory Burch and Proenza Schouler are loving this trend for spring.

3. Ghingham

According to life and style blogger Elle’s Closet, the print “screams spring.” Usually associated with preppy looks, designers have transformed this print into a beautiful, feminine, and lovely print for you this spring.

4. Large outskirts

The classic floral and print prints will be getting enlarged for a new take. Designers like Michael Kors, Carolina Herrera, and Sano supported this trend down the runway.

5. Unstructured and Oversized

Menswear turned into women’s wear is no surprise on the runways. It doesn’t expect to see unstructured coats and oversized vests hitting stores near you.

SEX HACKS

SEX, GENDER IDENTITY, AND GENDER EXPRESSION

Lucas Hawthorne
Staff Writer

Today, we’re talking about gender, sex, gender identity, gender expression; the whole shebang in a boiled down cup of essentials.

When one begins to look into gender identity, it becomes clear almost immediately that there is an infinite amount of possible labels. This is shown best by explaining that gender falls onto a spectrum. This spectrum doesn’t necessarily mean to “femininity” or “maleness,” but rather two parallel lines. A person is able to be any combination or fall entirely outside these two terms.

Below, you’ll find some key vocabulary in regards to gender identity.

- Gender/sex/genderless: Not identifying with male, female, or any other gender. Often said to fall outside the gender binary.
- Androgynous/androgyny: The term has been commonly used to describe a fashionable style in which it is difficult to tell whether the individual is any particular gender, or perhaps showing traits of multiple genders combined into one.
- Bigender: Identifying simultaneously as both female and male, perhaps more so than the other, or equally. People using this identity label may describe themselves as fluctuating between two genders.
- Cisgender: Often shortened to “cis,” cisgender individuals are those whose gender identity matches up with their sex ascribed at birth. This word is used as a prefix, as in “cis-female” or “cis-male.”
- Trans: trans-man: Men, who were assigned female at birth, but identity as male.
- Transgender: Often shortened to “trans,” means someone whose gender differs from the one they were given when they were born. Transgender people may identify as male or female, or they may feel that neither label fits them. Occasionally these individuals will take physical steps to align their presentation with an appearance more typical of their gender, though each individual’s approach to this is unique.
- Gender binary: Not a gender identity, but a good phrase to know nonetheless. The gender binary is the belief that gender only comes in two flavors: male and female, with everyone falling on one end or the other.
- Gender Identity: The internal perception of an individual’s gender, and how they label themselves.
- Gender pronouns/PGPs: The pronouns used to refer to a person. Some examples are she/her/hers, he/him/his, they/them/their, ze/zir/zirs, xe/xen/xir, s/he, or whichever fits the person’s PGPs.
- Gender spectrum: The belief that gender is an ever-evolving spectrum with infinite possibilities, as opposed to the gender binary, listed above. Some models have “irrational binary” on one end and “femininity” on the other, drawn out on one curve line. Others have parallel bars with the same trait meters. Diagrams of this is in constant change due to their nature.

The above list can be used as a primer on the most known terminologies, but it must be remembered that this is a mere sampling of the spectrum. Along with there being many, many more labels than the ones written here, it is also important to know that most people have their own unique definitions for their chosen gender identity. Think of this as an outline.

"There are so many labels now, how do I know which gender pronouns to use?" If you find yourself wondering this, there’s a pretty simple solution: Ask! To many people, may who have never needed to ponder over their gender pronouns, it might feel like an odd question. However, to those who do prefer a certain set of pronouns, it can be a bit reassuring. It opens the door for them to give you their pronouns without having to make the potentially awkward opener. You can also make it a habit to give your own pronouns when introducing yourself, even if you think they should be obvious.

To learn more, come to our Genderbread Person Workshop, over at the BRIDGE Center on October 2 from 2:30-3:30. Feel free to contact the Genderbread Person Center and ask us a question.

With pleasure, Lukas Hawthorne, Ask! educator, and my pronouns are he/him/his, and they/them/their.
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Ten things we learned this weekend in college football

Matt Murschel
Orlando Sentinel

(MCT)

No. 1 FSU struggled to win, one college coach lost his job and running backs are bumbling quarterbacks out of the national spotlight.

They headline the list of top 10 things we learned during another action packed college football weekend.

1. This isn't the Florida State of last season. The Seminoles may be undefeated, but they sure don't look unbeatable. The defense is giving up twice as many points and total yards, while turnovers have put FSU on the wrong end of the scoreboard early in games. And yet the 'Noles continue to find ways to survive.

2. The SEC West is about to get real. We're about to find out who the best teams are in the toughest division in college football. Six ranked teams are set to face off against each other next week, including Texas A&M at Mississippi State, Alabama at Ole Miss and LSU at Auburn.

3. Texas A&M is much more than just offense. The knock on Kevin Sumlin's program has been it's all offensive flash and no defensive substance. That's changed this season, with the Aggies stopping teams late, allowing just 27 second-half points in five games.

4. The SEC East is still a mess. The SEC East continues to be anyone's guess right now. Missouri's loss to Indiana last week had everyone writing off the Tigers, but a come-from-behind win over South Carolina on the road makes Mizzou the favorite heading into next week's battle with Georgia.

5. Is this the year of the running back? Quarterbacks have hogged the national spotlight, but that's about to change thanks to Georgia's Todd Gurley, Wisconsin's Melvin Gordon and Nebraska's Ameer Abdullah. The trio rushed for a combined 597 yards and seven touchdowns in big wins during the weekend.

6. The Charlie Weis Era ends with a thud in Kansas. Weis was supposed to be the big name hire who was going to put the Jayhawks back on the map, but instead the program got lost along the way to the tune of a 6-22 overall record. Kansas fired Weis Sunday, with school officials citing "lack of on-field development."

7. Brady Hoke may not be far behind. Michigan's loss to Minnesota may not have sealed his fate, but his decision to allow quarterback Shane Morris to return to the game after being carted off the field with a possible concussion didn't help his cause. The move was immediately criticized by critics and Hoke had no good answers.

8. Michigan State and Ohio State continue to make their case. Week 2 losses by these two powers had many knocking the Big Ten out of the four-team College Football Playoff race. The schools will need to build on big offensive showings they delivered during the weekend to impress playoff selection committee members.

9. Is Notre Dame a playoff contender? The Fighting Irish may be 4-0, but their body of work isn't the most impressive, especially as Michigan continues its downward spiral. Some pundits see this team a legitimate contender, but we'll see if that's the case after showdowns with Stanford and FSU.

10. UCLA is scary when the Bruins are running on all cylinders. For weeks now, we've wondered what is up with UCLA after single-digit wins over Virginia, Memphis and Texas. But Thursday's 62-27 rout over Arizona State was a masterpiece for Jim Mora and company. The Bruins went on an impressive 52-10 run that put the game out of reach for the Sun Devils.

Bethany Davis
Staff Writer

Most of us like to sit down on the couch with a bowl of chips and watch a nice NFL game on Sunday night. Lately though, the NFL has offered more controversy than fun with its suspension policy on domestic violence. According to ProFootballTalk, Commissioner Roger Goodell claimed that he made a mistake by only giving Ray Rice a two-day suspension for the charge of domestic violence. Ray Rice had reportedly struck his fiancée in February, and when the NFL found out about this, they originally suspended him for two days.

However, when a video was leaked, Ray's suspension was extended indefinitely. According to SRC News, over 10 players have domestic violence on their records and some have served their punishments while others have fought back. The NFL is trying to correct the way that they handle the domestic violence, but many are still upset with the way they are handling the situation.

According to YahooSports, the NFL has appointed a board of white women to oversee the new policies on domestic violence. This seems to present some problems among the NFL considering the majority of the teams are black and many think that the white women will not be able to understand the culture of the players. There is still debate on how to go about dealing with the other players' infractions, but soon, with the help of a suspension, Rice indefinitely.

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Apple unveils latest iPhone products

Jennifer Stratton
Staff Writer

At a recent announcement event at their California headquarters, Apple unveiled their latest iPhone products: the iPhone 6 and the iPhone 6 Plus. These new devices offer better display and photo quality, more storage space, and a new payment system called Apple Pay. The iPhone 6 and 6 Plus offer up to 128 GB of storage within the device, while the previous version of the phone, the iPhone 5s, held a significantly less amount of storage space of 32 GB.

The size of the new displays seem to be taking a hint from the makers of the similarly popular Samsung Galaxy phones. While the iPhone 5s is only a mere 4 inches diagonally across the screen, the iPhone 6 extends 4.7 inches and the iPhone 6 plus reaches a grand 5.5 inches from corner to corner.

Samsung released an ad in response to Apple's new products, adding fire to the omnipresent iPhone vs. Android debate. In the one minute ad, Samsung jokes about how they were the first to release a larger phone, which was the size of the iPhone 6 Plus. The commercial was also released in anticipation for the sold out edition of the Samsung Galaxy series, the Samsung Galaxy Note 4.

The iPhone 6 and iPhone 6 Plus, though not much different in appearance (besides size), have some varying qualities between them. The iPhone 6 Plus is said to have better image stabilization and photo quality than the regular iPhone 6, as well as a longer battery life. The iPhone 6 will cost $199 while the iPhone 6 Plus will run at $299.

This is the third iPhone upgrade unveiling since the death of Apple's co-founder, Steve Jobs. The phone has been open for preorder since last Friday and has caused some delay already. According to the CNN, the anticipation for the iPhone 6 and 6 Plus is so intense that the website crashed the day the phone went up for preorder. The iPhone 6 Plus is already sold out completely. According to Apple, the iPhone 6 Plus will not be available online for a few weeks. The phones went on sale in stores Friday, Sept. 19.

Google Student Ambassadors connect campuses with technology

Sarah Lister
Staff Writer

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