Good Morning breakfast

JUICES
Orange  Tomato  Grapefruit  Prune  Pineapple

FRESH FRUITS
✓ Chilled Grapefruit  Sliced Fresh Orange  Pears  Apples
Chilled Melon  Sliced Banana with Cream

COMPOTES
Peaches  Pears
Baked and Stewed Fruits: Apple  Prunes

CEREALS
Corn Flakes  All Bran  Shredded Wheat ✓ Puffed Rice  Rice Krispies
Puffed Wheat  Special "K"
Hot:  Oatmeal  Wheatina  Cream of Wheat

FISH
Smoked Herring
Poached Finnan Haddie, Melted Butter or in Cream

EGGS
Boiled  Poached  ✓ Shirred  Fried with Bacon and Ham
Scrambled: Plain or with Mushrooms or Tomatoes
Omelettes: Plain  Spanish  Cheese  Confiture

FROM THE GRILL
Ham Steak  Chopped Sirloin Steak  Breakfast Sausages
✓ American or Canadian Bacon

ASSORTED COLD CUTS
Cooked Ham  Roastbeef  Assorted Cheese

POTATOES
French Fried  Hashed  Home Style

BREAD
White and Rye Breads  Rolls  Brioches  Waffles
Grilled Cakes with Maple Syrup  Toast  ✓ Assorted Muffins
Croissant  Danish Pastry

PRESERVES
✓ Orange Marmalade
Jams:  Apricot  Strawberry  Cherry

BEVERAGES
Coffee ✓ Sanka  Postum  Tea  Cocoa  Milk  Skimmed Milk  Yoghourt