



AMERICAN EXPORT LINES

S. S. Independence

CAPT. HUGH L. SWITZER, Commander



C H E F R A C C O M A N D A

Macedonia di Frutta al Liquore

Crema di Gamberi

Pesce Ombrina Fresca al Burro Spumante

Costata di Manzo al Forno con Sugo

Zucchini all'Orientale

Patate al Forno

Insalata Verde con Salsa

Gelato

Formaggio

Frutta Fresca

Caffè

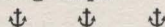
Friday, November 24, 1961

One of the most colorful traditions of the sea was that of decorating the bows of ships with carved wooden likeness of a person, animal, bird or serpent. Known as "figureheads," today these colorful carvings are almost extinct on the seas.

The figurehead custom started in the days of the enterprising Phoenicians, who adorned their galleys with figures of deities, as a means of protecting them from evil spirits. The Egyptians, Greeks, Romans and Norsemen followed suit and carved figures were prominently displayed on their ships. All were linked with the realm of superstition for the carvings were looked upon as guardians of the vessels. These early adventures set the style and, from those early days, few ships put to sea without some decoration on their prows. The subject varied. Some would represent the person or object after whom the ship had been named, or the owner of the vessel might have a figure carved of his wife or daughter and placed on the stem. Mermaids were familiar subjects as were statesmen, stage celebrities, indians, warriors, eagles and animals.

The golden age of ship's figureheads was from 1790 to 1825. There was a decline in the quality of the art after that period and it was not until the clipper ship era that interest was revived in the custom. The graceful bows of these ships presented an opportunity to display them to their greatest advantage.

In the late 19th century, when drawing to a close, the figurehead was replaced by a simpler bow decoration. But, before passing from the scene, figureheads had a brief fling on the stems of the early clipper-bowed steamers. Today they are found only on a few yachts and windjammer training ships.



The Indian Chief figurehead in the first class foyer on the main deck, was modeled from a drawing made by Joshua Humphreys, designer of the original 74-gun ship-of-the-line, Independence. She was built by Hartt and Baker at Charleston, Massachusetts and launched in July 1814.

Dinner Menu

APPETIZERS

Supreme of Fruit au Kirsch	Spanish Shrimp Cocktail	Italian Salami
Chilled V-8 Cocktail	Orange Juice	Hors d'Oeuvres a la Parisienne
Prosciutto di Parma	Iced Giardiniera	Marinated Fish

SOUPS

<u>Cream of Shrimp with Sherry</u>	Consomme en Tasse
Cold: Cream Cyrano	

FISH

Fresh Mediterranean Ombrina, Belle Meuniere
Glazed Cassolette of Seafood

ENTREES

Mustaccioli, Meat Sauce
Poached Chicken with Matzo Ball
Baked Virginia Ham, Glazed Pear, Kirsch Sauce
Fresh Vegetable Plate with Scrambled Eggs

ROAST

Roast Prime Ribs of Beef au Jus, Scraped Horseradish

FROM THE GRILL

Broiled Cornish Hen a la Polonaise, Noisette Butter

VEGETABLES

<u>Zucchini a l'Orientale</u>	<u>String Beans</u>
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POTATOES

O'Brien	<u>Baked Idaho</u>
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COLD DISHES

York Ham, Compote of Pear	Headcheese	Roast Chicken	Roast Lamb
Corned Beef, Dill Pickle	Sliced Smoked Turkey	Assorted Cold Cuts	
Poached Filet of Striped Bass, Sliced Cucumber			

SALADS

<u>Palm Beach</u>	Mixed Green
Dressings: Thousand Island	Roquefort, French, Russian

DESSERTS

Old-Fashioned Strawberry Shortcake	Coupe St. Jacques
Fruit or Pound Cake	Fruit Jello
Pear and Apricot Compote	Coffee or Vanilla Ice Cream
	<u>Chocolate Ice Cream</u>

CHEESE

Tray of Assorted Cheese
Crackers Pumpernickel
Fresh Fruit Basket

BEVERAGES

Coffee	<u>Sanka</u>	Tea	Milk	Buttermilk
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CHARLES REGIS, Chief Steward

HENRI L. DUCLUZEAU, Chef de Cuisine

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One of the most striking figureheads in existence is that of the eagle from the United States steam frigate **LANCASTER**, built at the Philadelphia Navy Yard in 1858. This work of the noted carver John Haley Bellamy was placed on the vessel in 1880.

Original Figurehead at THE MARINERS MUSEUM,
Newport News, Virginia.