BREAKFAST

AMERICAN EXPORT LINES
## Breakfast

### Fruits and Juices

<table>
<thead>
<tr>
<th>JUICES</th>
<th>Orange</th>
<th>Tomato</th>
<th>Grapefruit</th>
<th>Apricot Nectar</th>
<th>Purple Plums</th>
<th>Stewed Prunes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blackberries</td>
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<tr>
<td>Bartlett Peers</td>
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<tr>
<td>Baked Apple</td>
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<tr>
<td>Sliced Peaches</td>
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</tr>
<tr>
<td>Sliced Bananas with Cream</td>
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</tbody>
</table>

### Cereals

<table>
<thead>
<tr>
<th>Cereals</th>
<th>White Cornmeal Mush with Milk</th>
<th>Rice Krispies</th>
<th>Puffed Rice</th>
<th>Wheaties</th>
<th>Grape Nuts</th>
<th>Puffed Wheat</th>
<th>Shredded Wheat</th>
<th>Bran Flakes</th>
<th>Ice Krispies</th>
<th>Puffed Rice</th>
<th>Wheaties</th>
<th>All Bran</th>
<th>Post Toasties</th>
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</thead>
<tbody>
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</tbody>
</table>

### Fish

- Broiled Salt Mackerel, Parsley Butter

### Eggs

<table>
<thead>
<tr>
<th>Eggs</th>
<th>Omelettes</th>
<th>Cheese</th>
<th>Confiture</th>
<th>Plain</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Boiled</td>
<td>Fried</td>
<td>Shredded</td>
<td>Poached</td>
<td></td>
</tr>
</tbody>
</table>

### Meat

- Creamed Ham Hash on Toast

### From the Grill

- Pork Sausages
- Yorkshire Ham

### Potatoes

<table>
<thead>
<tr>
<th>Potatoes</th>
<th>Minute</th>
<th>Steamed</th>
</tr>
</thead>
<tbody>
<tr>
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</tbody>
</table>

### Cold Dishes

- Various Kinds of Fresh and Smoked Sausages
- American or Swiss Cheese

### Rolls – Muffins – Toast

<table>
<thead>
<tr>
<th>Rolls – Muffins – Toast</th>
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</thead>
<tbody>
<tr>
<td>Assorted Buns</td>
</tr>
<tr>
<td>French, Buttered</td>
</tr>
<tr>
<td>English Breakfast, Orange Pekoe, Green, Ceylon or Oolong Tea</td>
</tr>
</tbody>
</table>
BREAKFAST

AMERICAN EXPORT LINES
**Breakfast**

**FRUITS and JUICES**
- Baked Apple
- Sliced Peaches
- Boiled Semolina with Milk
- Rice Krispies
- Puffed Rice
- Corn Flakes

**CEREALS**
- Puffed Wheat
- All Bran
- Post Toasties

**FISH**
- Broiled Striped Bass, Butter Sauce

**EGGS**
- Scrambled with Chopped Ham, Stewed Tomatoes or Plain

**MEAT**
- Roast Beef Hash with Poached Egg
- Yorkshire Ham

**FROM THE GRILL**
- Farm Sausages
- Canadian Bacon

**POTATOES**
- Saute
- Parsley

**COLD DISHES**
- Various Kinds of Fresh and Smoked Sausages
- American or Swiss Cheese

**ROLLS - MUFFINS - TOAST**
- Assorted Buns
- Griddle Cakes with Maple Syrup or Honey

**JAMS - PRESERVES**
- Raspberry
- Guava Jelly
- Blackberry
- Grape
- Red Currant Jelly
- Bar-le-Duc
- Sweet Marmalade
- Strawberry
- Pineapple
- Cherry

**BEVERAGES**
- Coffee
- Milk
- Cocoa
- Chocolate
- Postum
- Ovaltine
- English Breakfast, Orange Pekoe, Green, Ceylon or Oolong Tea

**S.S. INDEPENDENCE**
Monday, November 27, 1961