Johnson & Wales Merges with Radisson Hotels

by Omar Talib
Staff Writer

Hands-on experience, career opportunities and high academic standards, have been for years the hallmark of achievement for Johnson & Wales University.

Today, more than ever before, Johnson & Wales sets off yet, another display of fireworks for the hospitality industry.

The display portrays the focused and uninhibited efforts of the University to provide only the best, well rounded education possible. This display is the merging of The Johnson & Wales Airport Hotel with the world renowned Radisson Hotels International chain of hotels. The merging became official Sept. 21.

Radisson presently operates over 300 hotels, inns and resorts in 39 countries worldwide. The chain will lend to Johnson & Wales one of the most sophisticated global computer reservations and property management systems in the world.

In addition to this, Radisson will implement and train in the “Yes, I Can” guest satisfaction principles, which are part of the chain’s operating procedures.

With these new introductions, Radisson’s Executive Vice President encourages the computer system and the new training scheme, “will enhance the schools hospitality program by allowing students to gain invaluable experience, utilizing the most current global hospitality concepts and systems.”

As far as franchising is concerned, Radisson Hotels International is providing the financial support for the new hotel.

What does Radisson gain from all of this? Recognition. Recognition for how importantly they perceive the future of the next generation in hospitality.

“Johnson & Wales should be proud to be an affiliate of such a prestigious hotel chain,” says JWU Executive Vice President, John Bowen. Radisson’s owners and managers take pride in not only anticipating the needs of the guests but also continually exceed guest expectations.

Thus, it is evident that the practicum experience at JWU joined with the work and experience gained from the Radisson, will definitely prove to be an asset to all the students attending this University.

Visitors Center open for JWU students

by Omar Talib
Staff Writer

You disembark from the plane at T.F. Green Airport, walk off the jetway, down the escalator and through the glass doors toward baggage collection.

On the way there, you stop at the information booth. There, standing behind the booth counter is someone vaguely familiar—who is she? Have you seen her? You look closer and on her blue badge are the words Johnson & Wales University. Are you surprised? Well get used to it; not only will you see them at the airport, but also downtown in the new full service visitor center in downtown Providence.

Students from the Travel-Tourism program at the University will have new opportunities to engage in hands-on learning experience as of September. The Visitors Center will act as an extension of the greater Providence Convention Bureau staff. In addition, they will be allowed to set up satellite visitor’s bureau booths during special events.

“This partnership furthers an already terrific opportunity for our students. The students have really proven themselves at the airport. It is a great credit to them, as well as to the program we have, to be asked to participate downtown,” says Tracy Tharps, a teaching assistant for the Travel-Tourism program.

In addition to helping the students gain experience, the program is cost effective for the Providence Convention Bureau. So the next time you have a chance, check it out and see how good they really are.

Stars at the Performing Arts Center

by Allyson Burke
Staff Writer

On Sept. 27 at 2 p.m., Joseph W. Walsh, chairman of the Board of Trustees for the Providence Performing Arts Center, held a ceremony in front of the Providence Performing Arts Center to honor those who contributed to the renovation of the theater.

A collection of twenty-nine bronze stars were embedded into the sidewalk on Weybosset street. These stars symbolize the many contributions made by various people and companies in Providence.

Mr. Walsh opened the ceremony by welcoming the public and honored guests. Mayor Vincent A. Cianci was on hand to see his star and say a few words the attendees.

This is the first of four ceremonies that will take place to honor those who made extravagant contributions.

The beautiful ceremony was to help commemorate the importance of the theater and life it has brought to the city.
Wishing Upon A Star

This year has marked a new era in Johnson & Wales history. The opening of the new McNulty Hall, a time capsule and the new Gabe Commons, the School of Technology relocating to the Downtown campus and the University’s participation in the new Visitor’s Center across the street from the Providence Performing Arts Center, who has also begun a new era in its own history.

On Tues, Sept. 27, the Board of Trustees for the FPAC held a ceremony to honor those who have contributed to the continuous growth, popularity and history of the theatre. To commemorate such event, twenty-nine bronze stars were placed into the sidewalk at the entrance of the FPAC.

If any of you stop and take a look, you’ll see the names of many companies, businesses and city officials who have been recognized by the Board of Trustees. But wait a second: where’s the star for Johnson & Wales University?

Many events are sponsored by JWU that are held at FPAC, such as the President’s Welcome, comedy and music concerts, Family Weekend, Graduate School Commencement and the Golden Quill and Silver Key Award ceremonies, just to name a few.

So where’s our star?

Quote of the Week

There’s no such thing as black and white race, we’re all just the human race.

--Billy Hambel, Biohazard

Congress Holds the Line on Financial Aid Programs

by Charles Dervarkos
Special to College Press Service
WASHINGTON—Congressional negotiators approved a first-ever cap Sept. 20 on the number of students who can receive Pell Grants. The decision is part of a larger bill that also freezes funding for many student financial aid programs.

The House/Senate education spending bill for 1995 provides a $40 increase in the maximum Pell Grant to $2,340 next year. However, total spending for new grants would drop by $60 million, and Congress would limit to 3.9 million the number of students receiving aid.

“It means students who apply near the end of the line may not get any money at all,” said Laura McClintock, legislative director of the United States Student Association (USSA).

Supporters of the cap say it is a onetime-only ceiling that students are unlikely to reach. But McClintock said 3.6 million students received Pell Grants last year, and the usage rates are on the rise.

USSA also criticized the small $40 increase in the maximum Pell Grant. The White House recommended a $10 increase to $2,400 to restore cuts enacted two years ago in tight budget times.

“We’re very disappointed,” McClintock said. The maximum grant “is not even back to the $2,400 level it was under the Bush administration.”

Congressional aides say lawmakers still support Pell and other financial aid programs. Yet they note Congress faces budget pressures from 1990 agreement that imposes tight spending caps within specific categories of programs, including most domestic spending.

“Unfortunately, there’s a lot of competition out there for limited dollars,” McClintock said.

Spending restrictions also were evident in Congress’ recommendations for other financial aid programs, most of which received cuts or freezes. Work/study funds would remain unchanged at $616 million, despite a $100 million increase proposed by the White House for next year.

Congress also would maintain Supplemental Educational Opportunity Grants at the present $683 million.

The largest cut came in State Student Incentive Grants, another program used primarily by low-income students. Congress reduced funding by 12 percent to $63 million, a figure that itself was compromise. The House offered $94 million and the Senate sought a freeze at $72 million.

Congress did manage to preserve the Perkins Loan program at $176 million, $3 million more than current funding. The White House had proposed cutting all new funding—about $158 million. Other higher education programs garnered only mixed successes as well. Federal support for graduate fellowships declined $6 million under the compromise agreement, mostly through elimination of a small program aimed at helping women and minorities pursue graduate education.

Advocates of the move said the program duplicated other federal education efforts.

Congress also earmarked no money at all toward the Pell Grant shortfall, which was caused by heavier-than-expected use of the programs during the last recession.

A few programs managed small-to-modest increase, however. Aid for black colleges increased $12 million, or about 9 percent. Colleges serving a large proportion of Latino students also received first-ever funding of $12 million through a new line item in the education budget.

Many elementary and secondary programs also received small increases, including Goals 2000, the Clinton administration’s elementary and secondary reform program.

The House/Senate negotiations followed passage of separate education spending bills in each chamber. The government’s new fiscal year begins Oct. 1.

With Congress set for final action, USSA said it hopes to make limited support of financial aid a major issue for college students in the Congressional mid-term elections this November. The group is sponsoring a Students Are Voting Everywhere (SAVE) campaign on many campuses to drum up support for financial aid programs.

For more information about the SAVE campaign, contact USSA at (202) 347-8772.
HAVE A HAPPY COLUMBUS DAY WEEKEND!
OCTOBER 7 - 10, 1994

FROM THE STAFF AT THE CAMPUS HERALD

DINING SERVICES
THERE IS NO FRIDAY NIGHT BUFFET ON OCTOBER 7, DUE TO THE UNIVERSITY HOLIDAY. ALSO, THERE WILL BE NO BUFFET ON OCTOBER 14, 1994, DUE FRIDAY CLASSES. THE UNIVERSITY CLUB FRIDAY NIGHT BUFFET WILL REOPEN ON OCTOBER 21, FOR ALL FACULTY, STAFF AND ALUMNI. WE HOPE TO SEE YOU THERE!!!

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Grilled Eggplant with Prosciutto and Provolone
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University Club Prime Rib
Delicate Chicken Piccata
Tender Veal Marsala Shrimp and Scallop Stuffed Sole with a Buerre Blanc Sauce
Penne Pasta w/Grilled Veggie Tiramisu Cannoli Chocolate Raspberry Torte
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Workshops offered by the Student Success Department

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Safety and Security Log

ROBBERY - At 9:52 p.m. on September 20, 1994, Safety & Security officers responded to East Hall to meet with a student who had been robbed in Columbia Park (across from the David Friedman Center). The student was robbed by two males who fled the area with a female driving a red, 4-door Toyota Camry. Providence Police were notified and responded.

DRUG VIOLATION - On September 19, 1994, Safety & Security received information that drugs were present in a room at Xavier Hall. Security Officers conducted a room search and confiscated marijuana until the Providence Police arrived. Security officers also responded to Hospitality on September 22, 1994 for a report of drugs at that location. A room search was conducted by Security Officers and the Residence Director. Confiscated items included marijuana and drug paraphernalia. Cranston police were notified and responded. One student was arrested for possession of marijuana.

High School recipe contest

Teenagers from across the nation will have the chance to win full-tuition scholarships—worth more than $39,000 each—to Johnson & Wales University in the culinary school's sixth annual National High School Recipe Contest to be held April 7, 8 and 9 in cooperation with the American Cancer Society. Last year, more than $350,000 in Johnson & Wales scholarships was awarded at the conclusion of the three day cook off. From a field of more than 400 applicants, 20 finalists were flown to Providence for the competition.

And when the results were tallied, Randal L. Shirel of Baltimore, Maryland, with his Cornish Game Hens with Dried Fruit Stuffing, was the runaway winner in the healthy dinner category, and Laura L. McLaughlin of Gainesville, Florida, with her Glazed Raspberry Treacle Muffins and Lemon Swirl Roll with Strawberry kis.

Environmental challenge

New York, NY—Cash, recognition and a chance to be published are just a few of the opportunities available to undergraduate students across North America in the 1994-1995 Plastics Recycling Competition. The Competition is co-sponsored by the American Plastics Council (APC) and the American Institute of Chemical Engineers (AIChE). All submitted papers will be reviewed by leaders from both organizations in academia, industry and government. Students are asked to write a comprehensive technical report that outlines basic Competition ground rules and current technological research will be mailed to each participant. Students and professors may request an application or further information by calling Tricia Stevenson at (212) 705-7840. Applications are due on December 30, 1994. Final papers are due on April 28, 1995.

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Horace Pinker rocks the Living Room

by Sally Ross
Staff Writer

What's the first thing you think of when you hear Arizona? Probably not hard core, funk-a-delic music, right? Well, even the most way-out music can be brought from that nowhere town to Providence. If you happened to run into the Living Room last Tuesday, you would have run into Horace Pinker, a new hard-core punk band. These three unique guys started in 1990 by Scott Eastman (vocals, guitar) and Bill Ramsey (drums). Shortly after a two week tour of "Big Ugly", Brian Jones (bassist) joined them for their next one. For the next five weeks, they'd tour the U.S. The rest of 1992 consisted of touring mainly the southwest and recording "Knives, Guns and Ammunition". In 1993, the band headed out on a seven month tour of North America with the new seven inch and a new compilation "Loud Ugly Pop". During the tour they managed to stop in Phoenix to record their first album Power Tools.

Which brings us again to Tuesday night. Most of the songs heard were from their new CD, and the crowd ate it all up. Moaning, screaming, dancing in their own corner and even dragging people across the floor by their leg was what you could have found.

But to be honest, I didn't know if I was going to like them. This being my first Punk concert, I did enjoy myself. The music was great! They really have talent and great attitudes about their future. I recommend going to see them any chance you get. Next stop is Brownies in NYC.

For your information

by Adam Simon
Staff Writer

WordPerfect, the Novell Applications Group, now offers students a specialized Macintosh software solution for a limited time that can help them "get the grade." Priced at $99, Macintosh Student Essentials contains WordPerfect, Document Experts with MLA, ALA, and Turabian style guidelines; Random House Webster's College Dictionary Thesaurus; French, German and Spanish language modules; a Bitstream Macintosh Font pack; and Links Pro Golf.

WordPerfect 3.0, the word-processing system contained in this Macintosh software, includes an integrated grammar checker, spelling and thesaurus. A built in drawing package can be used to create original graphics, edit graphics, and clip art from other applications. Features such as columns, tables, styles, find/change, zoom editing, automatic footnotes/end notes, indexes, and concordance are also included.

Document Experts are a collection of pre-structured templates for term papers and reports, layouts for class schedules, and automatic calendars. The built in macros check for MLA, ALA, and Turabian styles.

Random House Webster's College Dictionary and thesaurus contain 180,000 words and 375,000 synonyms. It includes words and phrases reflecting current technological and cultural conditions, foreign terms, archaic words, colloquial usage, business, technical, and scientific terms. It includes pronunciation, guidelines, stylistic breaks, parts of speech, etymologies, illustrative examples in context, and helpful tips on usage.

French, German, and Spanish Language Modules write, spell check, hyphenate, and access a thesaurus in each language. The student can write in many different languages on one page.

The Bitstream Macintosh font pack comes with 100 True Type fonts to create stylized, professional looking documents. Links Pro golf is an added feature for the student through-out break time. The Mac Home Journal says it is the "best golf game on the planet." It comes with the harbor town professional course; other courses are available for purchase separately.

Student Essentials applications run on any Macintosh Plus or higher. WordPerfect and Links Pro golf run on any Macintosh Plus or higher. WordPerfect and Links Pro golf run on any Power Macintosh, while other student Essentials applications will run in emulation on a Power Macintosh.

For Macintosh, a minimum configuration System 6.0.7, 2MB of available RAM and a hard drive with at least 9MB of free space is needed.

To run native on a Power Macintosh, WordPerfect and Links Pro require 4.5MB for all Power Macintosh systems. System 7.1.2 or later on a hard drive with at least 11MB of free space.

Macintosh Student Essentials is available wherever word perfect products are sold. For more information call (400) 451-5151.

Happenings

If going to clubs, or if the city life has just got you burnt out, there are some alternatives for you if your willing to broaden your horizons:

"Merriment, Mayhem, Magic. " That is the concept behind King Richard's Faire. Located less than an hour away from Boston, the faire entertains you with jests, music, games, exotic animals, magic shows and a fire breathing dragon. It is open 11a.m.-6p.m. weekends, Sep.3-Oct.23 plus Columbus Day. Take Rte.128 to Rte.24 south to Rte.495 south to exit 2.

The 1994 Whaling City Jazz Festival-a tribute to Eddie "Stack" Aines will be starting Oct.7 and will continue until Oct.10. The dates and events are as follows:

Fri. Oct. 7 - 6p.m. to 9p.m. The Visual Arts Competition at the Gallery X Annex. Free of charge. 6:30 p.m. to 8 p.m. The Rick Britto Quartet at Spring Street on a Street. 6:30 p.m. to 8 p.m. The Greg Abate Quartet in the Whaling Museum Auditorium. $10 limited seating.

Sun. Oct. 9 - 6p.m. to 1a.m. The Ricky Ford Quartet, the John Allmark Jazz Orchestra and the Shawn Monteiro Quintet, at the United Fisherman Club. $20 limited seating.

Mon. Oct. 10-11a.m. to 2p.m. Dick Haddocks and Friends at the Roche-Duff House and Gardens. $15 limited seating.

ART GALLERIES:

AS220 : 115 Empire St. - Through Oct. 4: "The 5 Show", a presentation by the RI Ad Club of work from the communications industry.


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Wednesday, October 5, 1994 • The Campus Herald • 5
AT&T collegiate investment challenge

by Omar Tallib
Staff Writer

For the seventh straight year, AT&T is offering to thousands of retuning college students the opportunity to spend millions of dollars on Wall Street, vie for over $50,000 in cash and prizes, national recognition and to use credit responsibly.

The AT&T Collegiate Investment Challenge allows students this opportunity beginning Oct. 10 and ending Dec. 9.

The AT&T Collegiate Investment Challenge is an educational investment competition offered to high school and college students from the United States, Canada and Puerto Rico. Students are awarded an investment portfolio worth $1 million in buying power and they can invest this money in the New York Stock Exchange, American Stock Exchange, NASDAQ and NASDAQ-Market. Participants also receive basic investment instruction and strategies, stock listing guides of over 800 stocks and companies traded on the major markets and transaction folders to aid them in tracking the progress of their investments.

Students can also receive up-to-the-minute stock quotes through toll-free AT&T 800 lines. The goal is to buy and sell stocks in an effort to increase the portfolio value before Dec. 9.

The entry fee is $50, and a 20 percent discount is available for collegiate AT&T Universal card users.

It also helps student card members establish a solid credit history and to use credit responsibly.

"Between the investment experience students receive from the AT&T Collegiate Investment Challenge and the information on responsible credit usage from AT&T Universal Card Services, AT&T is working to provide students with real life financial skills," says Jennifer Lewis, AT&T Universal Card college marketing manager.

Over $50,000 in cash and prizes are awarded, the grand prize being $10,000 and a trip for two to the Bahamas, courtesy of the Radisson Hotel at Lago Mar Beach, Grand Bahama Island, The Bahamas. Other competitors receive cash, trips, t-shirts and Texas Instruments calculators.

AT&T and AT&T Universal Card Services are sponsors for this competition, and includes co-sponsors such as the Radisson Resort on Lago Mar Beach, Bahamas Air and Texas Instruments.

Representing Johnson & Wales University, John Thistle Jr. finished the Fall 93 competition with an account valued at $830,210.84. Interested students, parents, teachers and others seeking additional information or entry forms should call 1-800-545-1975, ext. 6315.

Hole-ly Cow

by Renee Ruk
Staff Writer

"All I want to do is have a little fun before I die!" No Sheryl Crow, you're not the only one. WBRU proved that last weekend when they presented two sold-out shows for their 25th birthday celebration. I don't know about you, but I wish Sheryl Crow and Courtney Love would come to my birthday bash! Now, I'm not a musical genius, nor am I a genius at all for that matter. But I do know music is a source. Music lovers gathered like a tribe to dance, celebrate. It was an explosion, and I am happy to say I was there.

The Strand ignited the fuse Thursday night with The Figgis, Joan Jett, Sheryl Crow and Weezer. Sheryl seemed to be the name of fame on most people's minds. However, as one Johnson & Wales student put it, "Joan Jett can still rock!" So Joan rocked the crowd with her raw, thumping guitar chords and raspy vocals. She jammed through all her hits and the crowd roared along to her "I Love Rock-N-Roll!" which was definitely the theme of the night, and Sheryl dazzled in her silver shorts, energetic performance and mellow yet exciting vocals.

However, there was a feeling of energy surrounding Lupo's Friday night as Stabbing Westward opened the second show that would feature the politically correct opinions of Consolidated, the jazz-beat box style of MC 900 FT. Jesus and ending with a hard-core and much awaited performance by Hole.

After sitting through sound check, it became apparent to me that the bands are not much different than we

Hot, sexy and safer

by David Morra
Staff Writer

Hot, Sexy & Safer, these three words that definitely describe Ms. Suzi Landolph, sex educator, entertainer, author, mother, and all around adult. Last Wednesday, Ms. Landolph came to Johnson & Wales University's Xavier Auditorium to share with us her personal experiences and knowledge.

Ms. Landolph put on a energetic and informative presentation, taking about sexual situations and the importance of safe, yet satisfying sexual pleasures.

She started off the show by explaining that there are two types kinds of sex: Safe sex and Safer sex. "Safe sex is sexually satisfying yourself, while safer sex is a sexual experience with another human being that is drug and alcohol free."

She also cleared up the difference between sex and sexual intercourse. Sex is anything having to do with pleasure, emotional or otherwise, but does not necessarily mean sexual intercourse. Sexual intercourse just that.

Heart rates increased as did the room's temperature, while both student and faculty faces turned red during. Suzi's description of how to bring about orgasm.

Sexual frank discussion of her desires and limits during a demonstration exercise was both erotic and honest. She explained that there were many places on the body that people could receive pleasure without sexual intercourse. Our bodies are one, and we know what feels good. Landolph says, "If I can't tell you how I feel about something, then I'm not ready to do something about those feelings!"

Safer. The demonstration of how to correctly put on a condom was extremely funny! In order to show the fallacy of the statement that condoms are too small, Suzi and a student stretched an ordinary condom over the head of a volunteer for the audience. He then proceeded to inflate the prophylactic with his nose. The crowd roared, but had learned a lesson with this unusual visual display of latex technology.

Suzi Landolph made the large crowd of over 200 students laugh with relative ease about a subject that traditionally brings only silences and embarrassed giggles. She spoke both with frankness and conviction, yet never seemed to take herself too seriously. Maintaining a light approach, Suzi managed to drive home some important messages about our sexuality. Our bodies belong to us and only we can decide where and how they're going to be touched.

On Thur., Sept. 22 and Fri., Sept. 23, WBRU celebrated its 25th anniversary at Lupo's Heartbreak Hotel. Weezer, who played on Friday night, kept the crowd on line and happy.

photo by Renee Ruk

The Strand, Lupo's and the bands that performed to give Providence the opportunity to mosh, surf, sing and rage to eight really awesome bands.

by Mark Griffin from MC 900 FT. Jesus, he said "If I wasn't doing this (touring), I would be siating around Dallas drinking beer and watching videos."

The entire show was incredible, except for all the gags about moshing and the elbow that was embedded in my back all night. For me, the highlight was when Hole finally glanced the stage, the crowd went insane and the bouncers up front pored water on us to cool us down. Fans have been going wild over Hole during the tour, and even though they had only been on the road two days it was expected to last eight more months. Patty, the drummer of "Hole" said, "We even have to drive to New Jersey tonight" Proving once again that a rock star's job is never done.

So, birthday hats off to WBRU, The Strand, Lupo's and the bands that performed to give Providence the opportunity to mosh, surf, sing and rage to eight really awesome bands.
Jimmy’s at the Italo

Culinary Living

by Kenn Boyle
Staff Writer

Everytime I talk to someone they always have some new "fabulous" restaurant that I "just have to try!" To tell you the truth, I get tired of mediocre food in a place that has some gimmicks and is the "newest hotspot." So when someone mentioned Jimmy’s at the Italo, I was understandably not impressed. Ho-hum, another Italian restaurant on the line that I will big deal is right? Jimmy’s is in the Italian-American club (and you know how picky they have to be about good food and authenticity!) Chef Jimmy Kazounis and his enthusiastic kitchen staffs (thanks, David) knocked my taste buds out! Pulling in dishes from all over Italy and Sicily, Jimmy’s isn’t limited to red sauce and white sauce. And fresh is the word. Fresh pasta, fresh greens, fresh fruits.

The meal started with our waiter, Derrick, making sure we were comfortable and then described the thoroughly mouth-watering specials. My companion and I decided to stick to the menu since we couldn’t guarantee what specials others might get.

How do you describe the food? It was inspired. The plates were presented simply but colorfully. Flavors complimented and resonated each other, rather than clashing and competing. We started the meal with two different appetizers: the "Escarole and White Bean Bruschetta" ($4.99), a classic with Chef Jimmy’s signature all over it and the "Spedinn a la Romanio" which has a pleasant lemon zing that was totally unexpected, but very welcome.

Next, the Caesar Rome, (if you can’t do a great Caesar, you should get out of the business) but I have never had a salad like this! Lemon, garlic, anchovies and olive oil, you could taste every single flavor! It was terrific.

Next up, Pasta! One of the hardest pastas to cook is capellini (angel hair) because it is so thin. Most restaurant’s angel hair ends up as short broken strands of mush. Not Jimmy’s. His was perfectly al dente. He explained, "Everything we do, we do in the pan! All the sauces are made in the pan to order. We don’t make up galloons of sauce and set it on the side. Everything’s fresh!"

I had the "puttanesca" (where’s the pasta) and my companion, Theresa, has the capellini with sage butter and peas. My huge portion had the classic ingredients of fresh plums tomatoes, anchovies, and capers and was superb. Theresa’s sage butter pasta was very flavorful, but not overpowering. Very delicate.

And last but not least...dessert. Tiramisu is a dessert that’s been overdone and mostly poorly. Chef Jimmy’s is firm, and yet tender. Rich in subtle flavorings and gorgeous to look at. Jimmy’s at the Italo is a fabulous place to take a date for a romantic evening for two or to impress your parents without selling your textbooks. The dinners range from $6.95 to $16.95. They have a nice wine list and terrific dessert (if you’re lucky enough to get to try the Goldbalm peaches marinated in Chiantisi, count your blessings!) They have plenty of parking and are just five minutes from the Civic Center at 256 Broadway In Providence. They’re open to the public for Lunch (11-3) Mon. Sat. and dinner Wed-Sun 5-10 pm.

They’ve only been open a couple of weeks and most people think you have to be a member of Italian-American club, (not true, anyone’s invited!) Tell em Ken sent you, but get there soon while they’re becoming the newest hotspot!

Culinary Briefs

The New American Cook

by Linda Beaulieu
Public Relations

Suzanne Vieira is no ordinary mom. Just ask her 15-year-old daughter, Allyson, who will tell you what it’s like to be teenager with a dietitian for a mother. Vieira, who is also the chairperson of academic studies at Johnson & Wales University in Providence, RI, recently asked her daughter what she would like to see offered in her high school cafeteria at lunch time. No burger and fries for Allyson and her friends. Instead, the wish list included large salads with fresh rolls, baked potatoes with plenty of toppings, lower-fat food, low-fat yogurt and fresh fruit such as watermelon, strawberries and grapes.

"Life with a dietitian as you mother is so different." Vieira admits. "Allyson was exposed to different foods early on. She never ate baby food from jars. Instead, I would chop up into fine pieces whatever my husband and I were eating. When she was teething, I gave her a pizza crust to chew on."

When Allyson was a little girl, she and her mother would go into the market and try a different apple every week. At a birthday party, Vieira had Allyson and her guests make fat-free pretzels in the shape of their initials.

"When Allyson was between 9 and 11, she was a little chubby, by we let nature take its course, and she lost that excess weight," Vieira recalls. "This summer she got into vegetarian cooking. She makes a great vegetarian chili."

A bit of a world traveler, Allyson has toured Russia, the Pacific Northwest and Hawaii. Her mother says food often becomes a problem during long vacations. "In the states, so much restaurant food is fried," Vieira says. "When we do find a good restaurant, Allyson will often order pasta primavera, or she’ll be thrilled if the salad contains arugula."

Outside of her food preferences, Allyson is a typical teenager, involved with her high school drama club, jazz band and debating team. When she comes home from school, there is always something good to eat waiting for her in the kitchen. "I always make sure that we have after-school snacks on hand, even if he’s just yogurt with low-fat granola," Vieira says.

Vieira recommends stocking your pantry and refrigerator with an assortment of low-fat treats: vegetables cut into ready-to-eat chunks, fruit salad, frozen fruit juice bars and occasionally low-fat brownies and cookies. One of her favorite snacks is a fat-free dip that is served with raw sweet potatoes that have been cut into match stick slices. Here is that simple recipe for you to try at home.

**SWEET POTATO DIP**

1 pint fat-free sour cream
1/2 cup brown sugar
Cinnamon and nutmeg, to taste
3 ripe potatoes, raw, cut into match stick slices

Combine the sour cream, sugar and spices and blend well. Pour into serving bowl, surrounded by the sweet potato match sticks.

*The New American Cook* is produced by the Johnson & Wales University Office of Public Relations as a service to food lovers. The author of the column, Linda Beaulieu, is assistant director of public relations. The College of Culinary Arts at the University, based in Providence, RI, with campuses in Charleston, SC, Norfolk, VA, North Miami, FL, and Vail CO, is the world’s largest food service educator.

Attention

All 1995 Graduates

Graduate Photo Shoots

will be held
at Plantations Auditorium
on the following dates:

- **October 3 thru 6** from 10:00 am to 6:00 pm
- **October 7 from 9:00 am - 5:00 pm**
- **October 11 thru 13** from 10:00 am to 6:00 pm
- **October 14 from 9:00 am to 5:00 pm**
College Astrology Student Union

Aries (March 21 - April 19) - Monday doesn't do it for your work perfectly. Don't argue; just put in the effort. Tuesday and Wednesday expect resistance. Unfortunately, the outcome may not be what you had some pretty good ideas. Adopt them. Thursday and Friday could be expensive. To turn it around, find a hidden treasure amongst loans and grants. This weekend investigate the fun and games as far away as a weekend will allow.

Taurus (April 20 - May 20) - If you're going to pass notes in class on Monday, check your spelling! You want to make an excellent first impression. Tuesday and Wednesday work on a paper you have to write, even if it's not due until Friday. Make a decision that will affect your future happiness. Choose the path with the heart, but use your head too. Saturday and Sunday are excellent for filling out a loan or scholarship application.

Gemini (May 21 - June 21) - Take time Monday to put your notes in order. Do that with your living environment, too. The urge to play with a beautiful (or not) may be lurking Tuesday and Wednesday. Discuss a class you share, so the time's not entirely wasted. There's no way by Friday. Someone else will be interested. Thursday and Friday. If you can concentrate, however, you'll get enough done to take the weekend off. That would be marvelous. You should get a fine offer.

Cancer (June 22 - July 22) - Monday you should be able to remember things more easily than usual, so study! There's lots to be said forrote memorization. Tuesday and Wednesday are excellent study days. Soak up and transmit as much information as possible. Thursday and Friday your attention is needed at home. Either a roommate or a boyfriend demands your attention. His or her problem could keep you up past your bedtime. Thursday and Friday are better for romance - the environmental kind. Don't settle for anything less. Saturday and Sunday many of your friends will be out of town. You may choose to stay in instead.

Leo (July 23 - August 22) - Take care of financial matters Monday. You'll want to know how much you have, so you can make plans. Tuesday and Wednesday are excellent on-campus study days. Soak up and transmit as much information as possible. Thursday and Friday your attention is needed at home. Either a roommate or a boyfriend demands your attention. His or her problem could keep you up past your bedtime. Thursday and Friday are better for romance - the environmental kind. Don't settle for anything less. Saturday and Sunday many of your friends will be out of town. You may choose to stay in instead.

Scorpio (October 24 - November 21) - Attend meetings today; you'll learn something you can use later. Tuesday and Wednesday the pressure's on. Finish that paper you've been avoiding. Sorry, you will have to do some research first. The professor will notice if you use someone else's report from last year. Thursday and Friday are the best for everything, including romance. Shop wisely on Saturday and Sunday for sports equipment.

Sagittarius (November 22 - December 21) - Hopefully, you've studied under the time you get to class Monday. There will be a pop quiz Tuesday and Wednesday. The focus is on group activities and social clubs. Make new friends, while you're involved in a subject. It may help your career. Thursday and Friday you're up against deadlines. No more procrastination allowed! The good news is, the moon's in your sign over the weekend. Get out and have a great time!

Capricorn (December 22 - January 19) - Monday is excellent for studying a foreign language. If you're not taking one, pick up a book on the subject. Tuesday and Wednesday you'll need an environment. At least one of your professors may challenge your beliefs Tuesday or Wednesday. If you're going to argue, make sure you have your facts straight first. Club meetings Thursday and Friday could lead to friendships that last, so get involved. Spend the weekend finding up-to-date odds and ends.

Aquarius (January 20 - February 18) - Find a math error Monday and save yourself embarrassment. Tuesday and Wednesday the intellectual stimulation will be exceptional! You may fall in love with somebody's mind. A stubborn professor may be expected to excuse you Tuesday. Don't even bother with reasons why work isn't done. Having it complete will serve you well, actually. You'll want to do more enjoyable things, with a group, this weekend.

Pisces (February 19 - March 20) - A very annoying person could be a big help to you Monday, if you'd listen. Don't be put off by the tone of voice. Tuesday and Wednesday you'll find your paperwork completely. Neatness counts your reward may be a release from financial pressures. Thursday and Friday focus on education. You may fall in love, too. If it's with your professor, hold on to that for a while. Thursday and Friday follow a happy leader.

What a Dee-Lite by Lilliana Cortez Sports Editor Here we have it: Dee-Lite making a huge return to the music scene with its third release, Deedsops in the Garden. After lying New York and traveling around the world for over two years, Lady Kier, DJ Dmitry and Tony Tice have decided to go back to the beats and sounds that got them started back in 1986. On this CD, you'll find how different Deedsops is to even its first release, World Class. Yes, some of the tracks on this CD may sound like "Grove is in the Heart," but Lady Kier's sexy, spontaneous and entrancing vocals add more style and pizzazz to this new release. If anything, it's their best work. Everything from Jazz, Breakbeat, Funk, House, Rave, Techno, Ska and Hip-Hop is merged into this 68 minute CD.

After listening to all 16 tracks, I guarantee you'll want to keep dancing. Imagine you're in a rave or some New York club possessed by the music, beats, rhythms, vocals and the magical spirit of Dee-Lite. The best tracks on this CD have to be "River of Freedom," "Call Me," "Apple Juice Kissing," "Say Ail..." and "Music Selector is the Soul Reflector." But overall, this is one CD you definitely want to have in your possession, you would understand why it wouldn't be something you'd listen to at just any club.

As Lady Kier describes Deedsops: "Trippy, trippy, trance, dance, hiphop, funk on a dub trip, with a dub soul sip, progressive jazz house hip to the bone house, flipped out freak beat, global minded street beat, deep jungle break beat, as long as it makes you move your happy feet."

Society of Hosteans - The Hosteans Tomorrow's leaders in the hospitality industry announce the International Hotel/Motel and Restaurant Show and the Hosteur Magazine Reception on Saturday Nov. 12. Tickets go on sale Oct. 3-6 at Xavier. Prices start at $50 which includes transportation, ticket, and reception to $65 for transportation, ticket, reception, and membership. Limited seats available so now! The next meeting will be held on Wednesday, Oct. 12 at 6 p.m. in Academic room 215, all are welcome.

Athletics - There will be a Weight Management Lecture on Tuesday, Oct. 11 in South Hall beginning at 7:30p.m. For further information on how to monitor your food intake, contact one of the staff members: Aerobics instructor wanted. $10 an hour pay in exchange for varied classes and times. Some aerobics experience needed. Inquire at 938-1178 for Bob.

Delta Phi Epsilon - D Phi E would like to thank everybody who came to Student Activities Night. Thanks to TKE, for once again, a very memorable social. A special thanks to Eileen for planning such a great event and the sisters who helped. Remember to look for upcoming events sponsored by D Phi E.

Sigma Sigma Sigma - The sisters of Tri Sigma would like to congratulate Jennifer Pongson, Moriah Voeg and Susan Flickinger on their initiation Friday, Sept. 23.

On Oct. 2nd, the sisters of Tri Sigma participated in two walkathons. We walked to support the American Cancer Society and the American Diabetes Association. Thirteen sisters walked for each cause. To all the sisters, we did a great job in supporting these two causes plus we had lots of fun doing it.

Oct.4th will start Breast Cancer Awareness week, and we will be wearing and distributing pink ribbons. If you would like a ribbon to show your support please ask a Sigma sister. Also, there will be donations taken and all money will be turned over to the Breast Cancer Research Foundation. On Howell street sisters, it was a perfect way to spend a Friday night.

Sigma Delta Tau - S DT would like to thank TKE for a great social. Keep your eyes open for upcoming rush events and remember: you are never given a dream without also being given the power to make it come true.

Westminster Senior Center - The Westminster Senior center would like to invite all Johnson And Wales students to stop by our new snack bar. The snack bar will have assorted candies, soda, coffee with a free mug, pizza and sandwiches. We will be set outside on Monday, Oct. 3rd. Hope to see you there.

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**Features**

Nuclear rock and hard hop = 311

Music these days is taking on several different styles. I really don't know if it's possible to say that this band is just a metal band or an alternative band. Bands these days are searching for new sounds and techniques to make it easier distinct from one band from another.

One band that has done this with a lot hard work and has come up with a different, but excellent sound. 311, has been together for about four years and this is their first band. Look at them now, first time around and they're playing with the big boys. Some of the bands they have been touring with are: The Grateful Dead, and the Grateful Dead.

311 has put all the stops on... coming here to our school and rockin' the house down. I'm sure we're not going to let them down now are we? Let's get down to the Kitchen Gym on the 16 of Oct. and rock on a 311. It's my office, I realized I had been wrong about this guy all along. I knew then he was the man I was going to marry and I did."

- Melissa: "Greg and I married after two years of dating. I was 22, and he was 30. I conceived on our honey moon. We had a storybook life. We lived in a nice home and waited for the birth of our child. Six weeks before our due date, I went into labor and had to have emergency C-section. By the time I was able to hold my daughter, she had already passed away. She was born with a genetic disorder. Neither of us knew we carried the gene. This could break up any marriage, let alone a new one. But it brought us closer. We felt like we aged 10 years in a week, but we got through it. There has never been a doubt that we were meant to be together. Our second daughter just celebrated her first birthday. We beat the odds and have a beautiful, healthy girl."

- Christina: "I was a divorced mother of two small boys. I was the best and I had to go back to college - even though I felt giving up a secure job - because getting a degree was a dream of mine. But the moment I cherished most happened 10 years ago, around Mother's Day. My ex and I were still ironing out joint custody. Through an argument, I had the boys for the holiday. I was devastated. Matt was sympathetic and sweet. He put his arms around me and said, 'Chris, you're the best mom I know.' Nothing could have made me love him more. We've been married for nine years and my heart still fills with love when I think of that moment."

- We know beauty is only skin deep. Then why are looks so important? Send your reply to Cheryl Lavin, Tales from the Front, Chicago Tribune, 435 N. Michigan Ave., Chicago III, 60611. Please include day and evening phone numbers. Letters may be used in whole or in part for any purpose and become the property of the column.

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**Les Miserables**

by Allyson Burke

Staff Writer

A tale of love, devotion, war, and courage. It is the musical of Les Miserables. On opening night of all the Providence Performing Arts Center on Wed, Sept 28.

A rainy night, just the perfect weather to see a play. As, I entered the theater with much anticipation, for some reason even I was nervous.

When I heard the first beat of music, I knew that this was going to be a worthwhile musical.

Les Miserables is a story of a man's courageous battle of childhood and another man's courageous battle of finding the man who he has harmed. A very moving play to feel the emotions that the acts were portraying. It was very compelling. One falling in love with another, one dying of the other and two (two) by each other. In the end the truth is known.

An escaped convict, Jean Valjean, has stolen a piece of bread and is put in jail for 19 years. After escaping, he is welcomed into a bishop's home. There Valjean steals two silver candlesticks. He runs in the middle of the night and the police end up catching him. Brought back to the bishop's home, the bishop tells him they have made a horrible mistake. He gave him the silver. Blessing and letting him go, Jean Valjean makes a promise to God to be faithful to death.

Years later, he turns his life around and becomes mayor of his town. He encounters a man named Javert. Javert swore that he would hunt him down until the day he dies. A prostitute on the street is brought to jail when Valjean interim and takes her in. She has a child named Cosette. Fantine is a childhood companion to Valjean to raise her to light.

Cosette grows up as a child in the Thenardier's home. The Thenardiers have a child named Eponine. Later on by the time of Javert, Cosette has fallen in love with a student named Marius. Jean Valjean realizes that Javert is on his trail and must leave with Cosette. Cosette and Marius have met and fall in love. They go to battle, Marius sends a note to Eponine to bring back to Cosette before she leaves. In battle Eponine gets shot and declares her love for Marius, he can not love her back.

Jean Valjean saves Javert in battle. He can not accept the fact that he has lost his battle. Jean Valjean prays for Marius's safety in battle so he can be with Cosette. The battle is over and Marius comes home to Cosette. Jean Valjean can not let his past be revealed to his daughter. After the wedding Cosette and Marius find each other. Marius gives a letter to Cosette about his past which tells the sacrificers his mother made for her.

If you love the plays and music you will love Les Miserables. Playing at the Providence Performing Arts Center Sept 27-Oct 8.

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**Special moments that strengthen those ties that bind**

by Cheryl Lavin

College Press Wire

It's not engagement ring that bonds a couple or even a walk up an aisle. It's not always children or a wedding anniversary. Here are some of the things that acted as the emotional Crazy glue in your relationship.

- Gia: "In spring, 1993 I had my second miscarriage in four years. I was very depressed. I told Johnny I knew how much children meant to him, so if he wanted to divorce me, to find someone who could complete the job with fewer complications, I would understand. He said, 'You won't get rid of me that easily. I signed up for extended duty.' I thought he was just being nice. Two months later, on our fifth wedding anniversary, he presented me with a five carat diamond tennis bracelet which he said represented the five best years of his life."

- Marla: "I knew Bill for five years before we finally started dating in January 1991. I had contracted a sexually transmitted disease from an ex-boyfriend. After our third date, I felt close enough to tell him about the STD and that it would be some time before we could be intimate. I told him he could leave and I would understand. The next day, he bought me a book on women's health with a chapter on STDs. We read and learned together. He took me to my appointments, paid for the treatments, and listened patiently for romantic contact. I will always remember how loving he was from the start. We were married the following October and I have never been happier."

- Jennifer: "Kevin and I worked next door to each other. I knew he wanted to ask me out, but I didn't want to go because he seemed so arrogant. Finally, after two years we went to lunch. He took me to a nice restaurant and was in the middle of telling me a story when our waiter dropped a bowl of rice all over him. I thought he would make a scene, insist they move us to a new table and clean his suit. I was getting angry just thinking about it. Imagine my surprise when he just brushed off the rice and continued with the story. After I got back to..."
Abstracts

Now hear this

by The Campus Herald

Public Enemy, Music Sick-n-One-Hour Mess Age. Three boots.

From the get-go, Public Enemy's music, Music Sick-n-One-Hour Mess Age, slams attitude with mad rhymes. Enemy's confrontational, in-your-face tracks rip them off the pack and step up with a message. With hits such as "What kind of power we got?" and "White heaven/black hell, I stand accused," Enemy punishes racism, genital talk, and drugs. Rockin' the house with sheer strength, this new collection of heat is a definite smash. Enemy gives no play this time around. Check it out and give it up.

Wig, Deliverance. One boot.

Pulsating, psychedelic and punkish are the different ranges this band goes through. With abrasive vocals and dark, moody guitar riffs, Wig is making a name for themselves, and it's not fake like the hair piece. Wig still has a lot of maturity but not too far from now they will achieve this status.

Fortishead, Dummy.

Get the boot.

My name is Bond, James Bond.

Then some wild, unbelievably spectacular action scene takes place. The scene is always interrupted by some really lousy or extremely mellow songs that you would only listen to in a seriously depressed state of mind or if you really lost it. This is about what Dummy reminded us of, they really didn't get us worked up. Sometimes it became a bit annoying. The constant shrill and whine of the vocals, kept us wondering if this was going to improve into maybe some good pop rock or anything, but what we were hearing would have been nice at this point. The actual music was so melodic that you started to question your own happiness. Dummy really isn't worth much.

Deus, Worst Case Scenario.

Three boots.

Serve this band up and it will be Deuce, but definitely to your advantage. Deus has happy guitar sound on some tracks like Sals and Soda. Other tracks start off rather mellow and sweet. Then later hits you with that instant mood fever, just add water. These guys are worth your while and then some with their catchy choruses and driving rhythms. Deus's Worst Case Scenario is no big disappointment, just good ol' thrashy punk with a taste of metal. The only problem was that you couldn't tell if they were coming or going. One track was really punky. Dope. Then others were really just out there. It's still worth it.

The Exhibit is on the Subject of "Unity & Diversity," it is sponsored by Vera List, a member of the new school's board of trustees and a patron of the arts.

Unity and diversity

by Mgidi Tembo

Staff Writer

From September 27 to October 7 the Cultural Event Series, John Hazen White School of Arts and Sciences, and The Multicultural Center of Johnson and Wales University presents an exhibition on a selection of posters from the communication design department, Parsons School of Design-New York.

One of the unique art exhibits on display at the Multicultural center.

The exhibit is on the Subject of "Unity & Diversity," it is sponsored by Vera List, a member of the new school's board of trustees and a patron of the arts.

The exhibit has 30 images which were selected from 180 entries, submitted to a poster competition by junior-year communication design students at Parsons.

The 30 Images are being distributed to schools and libraries across the country.

One of my favorite posters, by Jane Mills has an X-ray of a rib cage with inscriptions: inside there is no difference. Everyone is the same inside. But we would like to see more students come to see the exhibit, because it is for everybody. It is about diversity.

1994 - 1995

All Day School Division Graduates (associates and bachelors degrees)

Did you mail/bring your yearbook order form to the Office of Student Publications? If you did not, please come to the Office of Student Publications and fill one out. You will not receive a book unless you do so. Forms are available from 9:30 am - 4:30 p.m., Monday - Friday. Questions? call 598-2804
COMING FAMILY WEEKEND!

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Johnson & Wales University Concert Committee

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with special guest

at
Culinary Gym, Harborside Campus
Providence, RI

Sunday, October 16, 1994
8:00pm

J&W Students & Employees w/ Valid I.D. $5.00
All Other Valid College I.D.'s $8.00

Tickets are available at the Friendship Bldg. (corner of Richmond & Weybosset Streets next to the Providence Performing Arts Center), first floor Student Activities box office and at the Student Activities Arcade info desk located in the Student Services Complex on the Harborside Campus.

For Further Information Call: JWU-1195
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Can you spare a few hours a week?

The Rhode Island Children's Crusade is looking for eager volunteers who would like to work with a large group of fifth graders. If you would like to be a Volunteer Mentor, please call Jamie Picon at 946-4151, or Jackie Rippin at 598-3662.

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THE Crossword

ACROSS
1. Tax city
2. Search
5. In the distance
13. Verbs
14. "— in the head"
15. "— creature"
16. Give for a while
17. Ann and May
18. Influential man
22. "I cannot"
23. Carpenters
25. Lake some beef
29. Takes
30. Scourishment
31. Word with wee or hem
33. Wear away
34. Address of old fishes
35. Timetable doctor
36. Pops
37. Want white
38. Mirth
39. Summer fro
40. Precept
41. Zestful beard
42. Captain Hill person ido
43. Tresses
44. Advance against
45. Ranch animal
47. Broadway's Tommy
48. Native language
49. Sut
50. Suspension
56. Beasts of burden
58. Having jagged edges
61. Moran of Gray on TV
62. Take care of
63. Long time periods
64. Can. prov.

DOWN
1. Dog relative
2. Neighborhood
3. Jargon
4. Experienced people
5. Pub
6. Anc. Indian
7. Shake — hurry
8. Ended in a particular way
9. Mountain range
10. Proud
11. From — Z
12. Discuss freely
14. Perpetual
15. Wriggling
16. Getting from the Robert —
17. Cut up
18. Muse of comedy
19. Ind. nibs
20. Gives up
21. Gets on a sledbox
22. Mouse
23. Snapper
24. Do harm
25. Pull violently
26. Hindu —

LACK OF FOCUS

THE Ego Police

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New Hampshire Tech.   Fri. Oct. 7   4 p.m. Away
Mass. Bay Comm. College Sat. Oct. 8 1 p.m. Home
U.S. Coast Guard      Wed. Oct. 12 4 p.m. Away
Atlantic Union        Sun. Oct. 16 1 p.m. Home
Dean Junior College   Thu. Oct 20  3:30 p.m. Away
Maine Maritime       Sat. Oct. 22  12 p.m. Home
*Maine Maritime      Sun. Oct. 23   1 p.m. Home

* HOMECOMING

Women's Soccer Schedule

CCRI                  Fri. Oct. 7   3 p.m. Away
Newbury College       Sun. Oct. 9   1 p.m. Home
Roger Williams University Sat. Oct. 15 2 p.m. Away
Lesley College        Sun. Oct. 16  3 p.m. Home
CCRI                  Wed. Oct. 19  3 p.m. Away
Becker College        Sat. Oct. 22  11 a.m. Away
*Lasell College       Sun. Oct. 23  11 a.m. Home
Dean Junior College   Mon. Oct. 24  3:30 p.m. Away

* HOMECOMING

For more information on these sports events, or to find out about transportation to the games, contact the Sports Information office at 598-1452.

Rifle Team Schedule

Merchant Marine Academy Sun. Oct. 9   TBA
Duquesne and St. John's Sat. Oct. 15 TBA

Golf Team Schedule

Emerson College        Fri. Oct. 14 1 p.m. Home
Rhode Island College   Fri. Oct. 21 12:30 p.m. Home

Women's Tennis Schedule

St. Joseph’s College   Thu. Oct. 6   4 p.m. Home
Rhode Island College  Sat. Oct. 8   3:30 p.m. Away
Emerson College       Tue. Oct. 11  3:30 p.m. Home
St. Joseph’s College   Thu. Oct. 13  4 p.m. Away
Roger Williams Univ.   Sat. Oct. 15  1 p.m. Away
Lesley College        Mon. Oct. 24  4 p.m. Away

Women's Volleyball Schedule

Dean Jr. College and   Thu. Oct. 6   6 p.m. Away
Lasell College
Roger Williams University Fri. Oct. 14 5 p.m. Away
Daniel Webster College Sat. Oct. 15 12 p.m. Away
Lasell College         Tue. Oct. 18  6:30 pm Away
Albertus Magnus,       Wed. Oct. 19  6 p.m. Away
Connecticut College and
Daniel Webster College
Becker/Mount Ida Colleges Thu. Oct. 20 7 p.m. Home
Bridgewater State Univ. Sat. Oct. 22 1 p.m. Away

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...Madness

championship match. They were going to play the winning team in the match between Imperial II and Nightmares.

At 4 a.m., there were only 10 to 15 fans left in the stands as Nightmares played against Fabulous 8 for the championship. Fabulous 8 won the championship with a final score of 24-22. Lauren Sipe of Nightmares was MVP of the championship match.

"It was an excellent tournament but it was too long, and I am still the most unstoppable player at Johnson & Wales University," said Shonnell Mance of Fabulous 8.

"This is one of the best tournaments I have ever attended," said Hollie Walton. "Work-study Culinary Gym students have dedicated their time and energy in making Midnight Madness a success," he said.
Shooting for a victory

by Mgidi Tembo
Staff Writer

On Thur., Sept. 22, the Johnson & Wales University men's soccer team was unable to score against the U.S. Coast Guard Academy and lost 1-0.

With taking only nine shots on goal, the men relied on a defensive performance that was outstanding, except for a goal allowed at the end of the first half. Goalie Todd Hart had 11 saves during the first 82 minutes.

The team still sought victory on Sat., Sept. 24. Hart had nine saves in a battling performance against Daniel Webster College. Final score was 2-1.

During the first half of the game, Daniel Webster's strikers managed to penetrate the Griffins' defense line, to take a lead of 1-0. The Griffins Eric Herbert vigorously counter-attacked the Daniel Webster defense, giving them an easy goal to make the game tied 1-1. Keino Spring provided the assist.

Later in the first half, the Griffins were unlucky to fall behind an excellent 30-yard shot from the forward left field to the far right corner of the net, by Daniel Webster's central midfielder.

During the second half of the game, the Griffins came out aggressively, craving for another goal. Although the team's mid-fielders were in possession of the ball throughout the entire game, they seemed unsure of what to do with it.

The game ended with striker Spring as MVP of the game.

Sports Trivia Question for Oct. 5

What famous former football coach once said: "It's like a good deodorant. It covers a lot of problems."

Submit your answer to The Campus Herald office, Friendship Building, second floor, c/o Liliana Cortez, Sports Editor. Answers should be submitted no later than Fri., Oct. 14 at 3 p.m. Be sure to include your full name, phone number and residence hall (if you live on campus).

Excellent answers submitted, one winner will be chosen at random. The prized winner will receive a football and regular soda with chips. courtesy of The Campus Herald.

Winner will be notified and announced in the next issue of The Campus Herald.

Flag football season begins

by Liliana Cortez
Sports Editor

On Sat., Sept. 24, Phi Sigma Sigma and Sigma Sigma Sigma played in the annual Sorority Flag Football Tournament held at the Shipyard Field. Phi Sigma Sigma won the game 33-6.

Elaine Simon from Phi Sigma Sigma scored two touchdowns. Teammates Sam Homer, Kerry Trask and Cheryl Williams each contributed with one touchdown. Kerry Trask was Phi Sigma Sigma's quarterback and threw four touchdown passes and scored three extra points.

Mariah Voerg from Sigma Sigma Sigma was strong on both defense and offense. Voerg recorded the only interception of the game. Phi Sigma Sigma cornerback Marcele Hawley led her team in excellent defensive play.

The regular flag football season began on Sept. 24 and will run every Friday and Saturday throughout the trimester.

For more information, contact the Intramural office at 596-1465 or stop by Delaney Gymnasium (formerly the Culinary Gym).

Salary caps don't help

First baseball, now hockey and basketball is questionable. What is happening to basketball the world of sports?

The NHL Board of Governors has rejected a no-strike, no-lockout proposal by players which has lead to a postponement of the hockey season until Oct. 15. This may affect the careers of many players who have been drafted by teams or who have their careers established in the NHL. Players such as Peter Forsberg, Victor Kozlov and Paul Kariya are just a few, not including veterans such as Eric Lindros and Sergei Fedorov.

The NBA is currently waiting for a federal court decision on the union's appeal for salary caps and player drafts to be thrown out. The NBA has never had to cancel a season due to disputes between players and owners. This year, however, there is a possibility there of a lockout by Thanksgiving. NBA players want to abolish salary caps and maintain basketball a successful league.

The owners argue that if salary caps are implemented, it will keep small-city teams equally to large market teams, since there will be no players paid more than anyone else.

Sports have become a business and money shifts in and out in millions. No matter what, if there is a team whose popularity rises, fans go out to buy all kinds of shirts, caps, jerseys, posters, whatever and keep the spirit of sports.

What these owners don't seem to deserve is how these salary caps affect the performance, popularity and stability of players. No matter how much time, effort and dedication these players put into each game and every practice, what keeps them playing? The fans, of course.

It's time to stop this unnecessary business talk. If the owners are so concerned with how much money their team brings in, then maybe they should try getting out of the field themselves and find out how hard it is to live in a house, get three point shot or stay physically and mentally fit to go for the hat trick.

That way they'll find out the hardships players go through to help their team win and, at the same time, keep the fans happy.

Midnight Madness a success

by Mgidi Tembo
Staff Writer

On Thu., Sept. 29, Johnson & Wales University students turned out for the first Midnight Madness Basketball game held at the Culinary Gym from 11 p.m. to 4 a.m. The tournament ended with Fabulous 8 winning cheering fans. At this moment, everyone was glued to the match between Ballers Inc. and Alcoholics. Ballers Inc. displayed superb team playing by defeating the Alcoholics 27-7. Blair McGuire was the MVP of this match.

The last match of the first round was between Starting Lineups and Blowpops. "This is like the NBA, with a coach for the Starting Lineups giving advice while the Blowpops are in progress," said Christina Cummings, score keeper for the night. The Starting Lineups won the match 15-3. MVP of this match was Casey Taylor.

The game was still in progress, although some people were leaving. But the players kept on aiming for the three pointers. As the Tournament came to an end, the Fabulous 8 had already made it to the championship match. They were going to play the winning team in the match between Imperial II and Nightmares.

The Midnight Madness Basketball game was held.

by Mgidi Tembo
Staff Writer

On Thu., Sept. 29, Johnson & Wales University students turned out for the first Midnight Madness Basketball game held at the Culinary Gym from 11 p.m. to 4 a.m. The tournament ended with Fabulous 8 winning the championship with a score of 24-22.

Eight intramural teams participated: Imperial II, Nightmares, Ballers Inc. Alcoholics, Starting Lineups, Blowpops, Fabulous 8 and Fabulous Freshmen.

The first game of the first round was Imperial II against Nightmare. In this match Imperial II won with a score of 30-20. During the second match of the first round, Fabulous 8 was playing against Fabulous Freshmen. The crowd was cheering, jumping and screaming their lungs out for their favorite team. In this match, Fabulous 8 won the game with a score of 19-17.

By midnight, the gym was filled with all the bleachers packed with