Student Leader Scholarship created
by Liliana Cortez
Staff writer
The Financial Aid Office will soon be
providing a new scholarship available
to many Johnson and Wales University
students. This new scholarship was created to reward studen
who have shown a commitment to the University in many clubs or
organizations and who have done volunteer work in the organizations they
are involved with. The scholarship is being cosponsored by Fast Action
Study Team and the Department of Student Life and a total of $18,000 is
being awarded. Mary Salvas from Financial Planning and Liz Covino,
dean of student life, helped develop this scholarship which will be
awarded to those who are involved in student government, community ser
vice, student services, student publications and social activities.
The criteria for this scholarship is that awards will range from $100 to
$1,000, depending on the number of applicants. Students must maintain
full-time status in any day division program for the following year in or
der to keep their scholarship. This will be a nonrenewable scholarship,
but students may reapply the following year. Students employed by the University in positions such as resi
daent assistant, teaching assistant, office assistant, fellows and other paid positions are not eligible to apply. Why? Simply because this scholarship
was designed to reward students who have contributed to the University in unpaid positions.
Eligibility requirements are for any full-time JWU student who either
holds a position as club officer or is a committed volunteer in any organi
zation. Applicants must be in good academic and social standing at the University and must have at least a 2.25 grade-point average.
Interested applicants are also re
quired to submit an essay demonstra
thing why they feel qualified to receive the scholarship and also briefly
describe their contributions to their club in one or two pages. If there are
too many applicants, students may be
required to provide recommendations for the panel of judges.
The scholarship is preliminary and has not yet been fully approved,
but applications will be available in the Office of Student Activities after
Jan. 3, 1994. Application deadline is
March 1, 1994, and awards will be presented to all finalists at the Student Leader Banquet in May.
If you have any questions, you
can contact the Student Financial
Services Office at 465-2877. There are
also applications available for the JWU Application for Scholarship Eligibility (the blue application) at the PAR Building and at residence halls. If you have this application, Mary Salvas wants to encourage students to submit
this application as soon as possible
because the sooner, the better.

Lannon speaks to faculty
by Jeannine Kimball
Managing Editor
Last week, Dr. John M. Lannon, director of writing at the University of Massachusetts at Dartmouth, spoke at a faculty in-service workshop on
Dec. 7. This seminar was sponsored by the Freshman Studies Department.
More than 35 teachers attended this clinic held to improve students' criti
cal thinking skills in their writing classes. Professor Donna Thomasen introduced Dr. Lannon, who spoke on various aspects of the writing pro
cess. Topics ranged from the three views of writing, error-avoidance, brain-dump, and transactional view to the critical thinking techniques. This workshop was held as part of the Writing curriculum program that is in place at Johnson & Wales University.

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Student Insights
What is your Holiday Wish and how will it affect your New Year's Resolution?
Fashion Show held

Festival of Lights begins

The fifth annual Festival of Lights attracted a large crowd of students, that began the season by lighting a traditional Christmas tree and a Jewish Menorah.
by Jeannine Kimball
Managing Editor
When the crowd of approximately 100 filtered into the just-opened University gates, a small tree stood in the yard as the center of attention to be lit at 7 p.m. Students and faculty attended the first annual Johnson & Wales University Festival of Lights held on Dec. 8 in the green space next to University Hall. Each person received a candle, which assisted in illuminating the holiday spirit felt by all.
Rev. David Proctor opened the evening by welcoming all to the festival. Rev. Proctor then continued with a diverse prayer. Hillel continued the program with a reading out of the Torah, followed by the lighting of the Menorah. This lighting signaled the beginning of Hanuka. Tracey Becker from the Student Alumni Association was next to speak. She told the crowd that the tree was alive and had roots; therefore, it could be planted in the green space to be used every year to signal the beginning of the Festival of Lights. The tree was donated by the class of '94. The tree was then lit. The Black Student Union then explained the meaning of the Kwanzaa. The crowd was then led by the United Gospel Ensemble into a rendition of "Si
lent Night."
A reception followed at University Pasta Place. Unfortunately, on Friday morning the Christmas tree was discov
ered to be missing. If you have any information of its disappear
ance, please contact the Student Activities office in the Friendship Building.
Get "into" the season

Even though the festive spirit of December should be felt by all of the University community, a number of disturbing incidents have taken place lately.

This season should be a bridging time where we put our differences aside and celebrate the true spirit of human compassion. We feel it is appalling that JWU students and others worldwide have been involved in many cases of vandalism, theft and outright disrespect. It is time to let go of hatred for people who are different from us, do not meet our standards, or believe in the same philosophies.

Open-mindedness and acceptance are needed year round, so it is especially painful when people act without pondering the final result—pain. Infinite diversity and infinite combinations exist in society today, so let it be at JWU!

Quote of the Week

Every creature is better alive than dead, men and moose and pine trees; and he who understands it correctly will rather preserve its life than destroy it.

- Henry David Thoreau

Truths about the big business of advertising

I love watching "the boob tube." Yes, you read correctly. I truly enjoy giving communion to my TV "altar." Why am I telling you this? you may ask. I don't watch it for the clever shows or the good news but for the amusing advertisements. Yet how much advertising is too much?

From Where I Stand

Jeannine Kimball
Managing Editor

In 1989, Fox Broadcasting Co. aired 12:23 minutes of commercials and network promotions every hour of prime-time programming, according to the July 2, 1990, issue of Advertising Age. That means that 22 percent of TV broadcast time is advertisements. In fact, that's how all the programs we love are paid for. Do you think Fox Broadcasting Co. pays Shannon Dougherty to play Brenda? In actuality it's probably Teen Spirit or Oxy-10. All TV programs are designed to be a vehicle for advertisements to use. TV shows draw a coveted audience that is then sold to advertising agencies for the purpose of promoting their products. Still, many people believe ads are something they have to tolerate in order to experience the media's more substantial offerings.

With the addition of cable TV, we are exposed to more advertising than ever before. This exposure leads us to believe that material abundance is better and that we need to purchase more products in order to stay ahead of everyone else. Many ads try to convince us that their products will help us escape boredom, give us security, and improve our image. They turn customers' critical perception, our perception, away from the product and toward ourselves. We learn that our wants and frustrations are self-initiated because the answers (products) are well within reach, if you have the money. As Stephen Leacock put it, "Advertising is the science of arresting the human intelligence long enough to get money from it."

Advertisements become the end result of TV, newspaper and magazine producers, while true journalism and news end up becoming the means for public exploitation. The use of our information sources as a marketplace has become common. I realize not many ads say, "Buy Pepsi" or "Eat at Kentucky Fried Chicken." They, instead, insist that we "be young, have fun, and drink Pepsi." As if you can't do one without the other two. KFC makes sure we know that "They do chicken right." I guess that means no one else can cook chicken properly.

Many may now be saying, "But not all ads feature products; many make public service announcements." This is true; in fact, spending on "non product-related" ads went from $230 million in 1971 to $474 million in 1977; so you can imagine the spending now. Today, one-third of all corporate ads deal with political and ideological issues as opposed to products," wrote Michael Parenti in his essay, "The Big Sell." Yet is it big business's responsibility to "inform" us about their stance and what they think ours should be on these issues?

I feel that I need to draw a hypothetical line between businesses that advertise for their own gain and ones that advertise real issues to actually inform the customers. One advertiser that uses real photos to create awareness of pre-existing issues is Benetto. Oliviero Toscani, creative director for Benetto said, "[T]here has been an assumption that opinion communication belong only to editorial and not to advertisers... Advertisements can be used to say something that is real about things that exist, that are problems that touch everything." It's a shame not all advertisers feel this way.

Continued on page 5
Letters

Are you disgruntled, or are you pleased at something the university community is doing? Write a letter to the editor. Letters to the editor must be typed, double spaced, and signed with a phone number. Their content will be published in whole or in part at the discretion of The Campus Herald Editorial Board. All letters must be received by 4 p.m. on the Monday before the upcoming issue you wish publication. Opinions expressed in this newspaper are not necessarily those of the University or student body.

Swedish to help The Campus Herald

Dear Editor:

From the first day attending the Johnson & Wales University program in Sweden, I felt there was something missing, namely a link between the main campus in Providence and our facilities here in Gothenburg, Sweden. Moreover, I thought that the student population lacked an identity that could make them a part of the Jwu "team." The reason for this may be that the JWU programs offered over here are established in cooperation with IHH Business School which is Swedish owned. And therefore, as a student, I believe that one day sometimes feel that we are a part of JWU, but we don't know what is in reality.

Because of this, Hampus Ericsson and I decided to organize a student contribution to The Campus Herald by submitting every now and then. It is my hope that those who want to contribute in this effort will gain a stronger identity by providing insights and a line of communication to fellow students on both sides of the Atlantic as we, by the print of this letter, receive The Campus Herald on a regular basis. This also includes the already present population of Swedish students in Providence; and hopefully there will be other students maintaining this line of communication as we, who are presently enrolled in the J & W program over here in Sweden, will depart to the U.S.A.

J.R. Naattijarei
IIS student J & W, Gothenburg, Sweden

Undergraduate Student Assembly Senator seeks housing solution

Dear Editor:

As a concerned student at Johnson and Wales University, I feel it is necessary to voice my concern regarding an issue. As this is my second semester here at the University, I am still anticipating myself with various policies, rules and authorities, etc. Still, belonging of the "new kids on the block," I feel that my concerns is the most astound to the department that I have a concern with.

One of the characteristics that impressed me about this Institution is the most when I first applied, was the willingness of the faculty to work with the students. Examples of such is a four day school week to that students can work, yet have enough time to work on their studies. Lisa many other students, must to work to afford higher costs of a good, solid education.

Unfortunately, I am faced with a dilemma. After settling into school and Providence, I found myself a job that requires me to stay in the area during the school winter recesses. In debating whether or not to keep my job or inevitably be replaced because of my absence, I sought Residential Life's help. They explained to me that, in order for me to remain "on campus" for the recess, I would have to legally (in the terms of the housing contract) sign off my residence hall and move my belongings to ACE. ACE, I was told, would be the only hall remaining open for the winter recess. I would then have to legally move into ACE, signing a new housing agreement, thus eliminating myself with a new roommate and a new environment only after having been here for four months. I asked Residential Life, as well as my residence director, if there was any possibility of returning to my previous room. The answer was a clear, "NO!" To my surprise and disappointment, there was absolutely no effort to work, or even communicate further, on the issue.

I find it difficult to believe that a University as large and diverse as JWU would not have more lenient policy regarding vacation stay. Surely, you don't expect the many students that must remain here over break to all move into ACE. And if that is the case, then are all of the returning students to ACE going to live? Will they have to find a new residence hall as well? And if there is ample enough room to house that many students staying over break, as well as the students returning to ACE, that must mean that there were plenty of available rooms in ACE to begin with. So why does the University feel it necessary to house students at Rhode Island College when there is room at their own?

My question is Residential Life then is it if there will be any assistance, not just for myself, but for many others as well who are trying to achieve the best education possible and who can only do so by sacrificing their vacation and family time to remain at Johnson and Wales University?

DHARA M. BUDRY
USA Senator

Correction

In the issue of Dec. 6 there was a mistake in the column "From Where I Stand." Robert Plant is the lead singer of Led Zeppelin.

Student Insights

What is your Holiday Wish and how will it relate to your New Year's Resolution?

Tina Rieben, freshman
"My wish is to have a happy Christmas and just be at home with my family."

Kristen Marciano, freshman
"I want to wish for world peace. Hopefully, for the upcoming year, it can bring a better future."

Sky Blackiston, freshman
"This year's holiday wish is for more prosperity. I hope it will bring me more confidence for the next year."

Rhonda Simms, graduate student
"I hope to graduate with my Master's Degree on time, in May '94, because I'll be able to afford a better standard of living and give my career an enhancement."

Sherece Smith, junior
"My holiday wish is to get along with people. This will hopefully help me to start by changing my attitude."

Photos by DB Reinholt
**For Culinary and Hospitality Call**

781-0202

We Deliver
Ben & Jerry's Ice Cream

- Heath Bar Crunch
- Chunky Monkey
- Vanilla
- Cherry Garcia
- Rainforest Crunch
- Chocolate
- NY Super Fudge Chunk
- Chocolate Chip Cookie Dough
- Coffee Almond Fudge (Low Fat Yogurt)
- Chocolate Fudge Brownie

FREE PIZZA
BUY 1 GET 1 FREE!

CUSTOMER RESPONSIBLE FOR ALL APPLICABLE TAXES

expires May 23, 1994

Additional topping available at regular price.
Not valid with any other offers/coupons.

**Monday Special**

Two large cheese pizzas plus one additional topping only $9.99 plus tax.

Additional toppings available at regular price.
Not valid with any other offers or coupons.

**DORM DISCOUNT**

Large Cheese Pizza - $5.99 plus tax
DELIVERY TO DORMS ONLY

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Additional topping available at regular price.
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**Ronzi's PIZZA TO GO! FREE DELIVERY!**

**For All Other Dorms Call**

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**Now Featuring XL-28**

The Largest Round Pizza in RI

We also serve:

- Focaccia
- Deep Dish Pizza
- Personal Pizzas
- Salads
- Sandwiches

**Briefs**

- Fellowship Scholarship
  Fifty $3,000 Exceptional Student Fellowships will be awarded by the State Farm Company Foundation in 1994 for business juniors and seniors. The purpose of the fellowship is to recognize excellent scholars in business-related fields of study who are leaders on their campus. The awards are not influenced by the student's financial need.

- To be eligible for the award, students must be full-time juniors or seniors at the time of application, majoring in a business-related field and have a 3.4 or higher grade-point average. The deadline for receiving the complete application, nomination, transcript and letters of recommendation is Feb. 15, 1994.

- Contact Financial Aid or Financial Planning for application materials and further details.

- University closing for holiday
  In celebration of the upcoming holidays, most University offices will be closed or staffed with a minimum number of employees beginning at 1 p.m. on Thu., Dec. 23. Full staffing will resume at 8:30 a.m. Mon., Jan. 3.

  If an office is closed, a telephone message will generally be left instructing students on how to address emergency situations. If a telephone message is not available please contact safety and security at 456-1103 for further instructions.

- The University administration appreciates your cooperation during this time period and wishes you a happy holidays!

- Safety & Security Log
  - Drug Violations
    Marijuana was confiscated in two separate incidents over the weekend of Dec. 4th and 5th. Warwick Police were notified to respond to Airport Center East to assist Campus Safety & Security. Marijuana and drug paraphernalia were confiscated.

  - At Conrad Hall, Campus Safety & Security requested Providence Police to respond for the presence of marijuana. The drugs were confiscated and no student was banned from the University.

- Assault & Robbery
  - A student was assaulted and robbed on Vermont Avenue while walking with four other students. Three malware a light blue Toyota Tercel. One of these individuals punched the student in the eye, knocked him down and stole a backpack the student was carrying.

  Camp Safety & Security responded and also requested the Providence Police to respond and assist.

**Baking Awards Scholarship**

The American Institute of Baking awards scholarships based on work experience, formal education, letters of recommendation and financial need. Forty-one private scholarships are administered by the institute, ranging from $500 to $2500.

Application deadlines are: Nov. 1 & May 1. Request an application by writing to American Institute of Baking, Registrar 1213, Bakers Way, Manhattan, KS 66502.
Library Police warn

If you are a Johnson & Wales University Library "borrower" you need to " Beware," according to Dr. Helena P. Rodrigues, dean of University libraries.

The collection at the main library includes reference books, resources, reserve items, and magazines and newspapers which do not circulate. The reason for this is to make available to all users, library materials which are used frequently and heavily, according to a statement issued by Rodrigues.

Since the library opened in September, some students have attempted to "borrow" this material only to trigger the security system alarm as they exit. Unauthorized removal or destruction of library materials is a serious offense. Security guards must report each incident in writing to the Dean of Students, Dean of Libraries, and Director of Safety and Security. All incidents are addressed by the Office of Student Rights and Responsibilities. A review panel determines whether a student is responsible or not for attempting to leave the library with unauthorized material or destroying library material.

Disciplinary actions which may be imposed on a student found to be in violation of this library policy include, but are not limited to, revocation of community service privileges, or fine or restitution for destroyed material. Students have the right to voice their comments to the panel and/or the Dean of Libraries.

If you are a work study, start the New Year off right.

Become a work study at the Office of Student Publications.

Needed for Thursday afternoons and all day Friday.

Call Rafael at 456-1486, today!

---

DRUNK DRIVING DOESN'T JUST KILL DRUNK DRIVERS.

Hannah and Sarah Popfemans, killed Dec. 12, 1988 at 2:22 pm on I-95 South, Brunswick, GA.

Next time your friend insists on driving drunk, do whatever it takes to stop him/her from driving drunk.

Because if he kills innocent people, how will you live with yourself?

FRIENDS DON'T LET FRIENDS DRIVE DRUNK.

---

Coming to a phone near you...

Johnson & Wales University

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(or just 1199 on campus)

Using only your telephone, you can now get tons of University Info!

* All Dining Hall Menus
  so you know where to eat

* Fitness Center Programs
  so you can get in shape

* Student Activities/Events
  so you can get involved

* Absent Professors
  so you can stay in bed

* Safety & Security
  so you can be safe and smart

* Student Publications
  so you can be well read and informed
First Night ‘94

by Elizabeth C. Drew

The Providence Civic Center is celebrating its Ninth Annual New Year’s Eve Arts Festival with 11 hours of alcohol-free entertainment.

First Night offers 171 activities to bring in the new year. Festivities begin at 1 p.m. on Dec. 31 at the new Rhode Island Convention Center (RICC). Opening Ceremonies, featuring a special kick-off fireworks display, will be held on the steps of City Hall at 5 p.m. and will be hosted by the Groundwork Dance Theater, A. Cianci Jr. and master of ceremonies, Gary DeCraene.

First Night events will be held at the RICC, Kennedy Plaza and in churches, banks, hotel lobbies, universities and auditoriums throughout Providence. Activities include: The Comedy Cabaret, Xaviera Auclair at 6-12 a.m. featuring Ed Regan, Karen Boyle, John Roake and Julie Barr; The Caricaturists Collaborative, a chance to have a caricature done; and The RICC Jam Session from 6 to 10 p.m.; The Coffee Hours, back by popular demand, at the First Universalist Church featuring original New England musical and poetry groups; Drumming In The New Year, a demonstration of basic African, Afro-Caribbean and Afro-American drumming, also held at the RICC from 5:30-10:30 p.m.; the GroundVex Dance Theater at the Trinity Theater uptown at 8 and 9 p.m. A brash, boisterous dance company performing new and original works; and a Poetry Slam at the Cable Car Cinema from 10-11:40 p.m. Watch as two teams compete with words and gestures that prove poetry can be a dynamic and lively art form. Other activities will include ice skating at Brown University, concerts ranging from classical to country and coffeehouse, magic shows, karaoke and comedy shows. Closing off the evening will be the Fireworks Finale at the State House at 11:50 p.m.

First Night buttons, your ticket to all First Night activities, can be purchased at the following locations: AAA locations, Citizen's banks, CVS, NHL software houses, Providence public libraries, Swapmutt banks and YMCA’s of Greater Providence. The buttons can be purchased for $7 before Dec. 25 and $9 thereafter. Value four-packs of buttons can be purchased for $24 by calling the First Night office at 521-1166. Program listing, First Night events can also be picked up at these locations.

During the festival, buttons may be purchased at the Kennedy Plaza Information Center, Providence Performing Arts Center box office, the Providence Civic Center box office, and various locations listed in the official First Night Guide.

Transportation to all First Night activities will be provided by Special First Night buses running in continuous loops from Kennedy Plaza to all event locations. RIPTA will also be providing free transportation on all regular RIPTA and Special First Night bus routes.

Club Council receives ACLU

by Elizabeth A. Salm

Features Editor

On Nov. 15, Johnson & Wales Clubs Council acknowledged the American Civil Liberties Union as a student organization. JWU students were first exposed to the ACLU at Student Activities Night to help create a awareness of civil liberties issues on and off campus. For 73 years, the ACLU has been dedicated to protecting our rights as individuals. When first established in 1920, women did not have voting rights, racial segregation was part of society’s routine lives, and individuals were still being arrested for openly expressing their views. Our ancestors, in essence, were being deprived of the rights given to them in our Constitution under the Bill of Rights. It has been the voice of the ACLU that has significantly changed unconstitutional conditions in our laws. The JWU ACLU is part of that voice and hopes to inform students of their individual rights in school and in their daily lives in an effort to help protect these rights.

JWU ACLU is not dedicated entirely to JWU issues. They intend to aid several organizations dealing with civil liberties’ issues such as abortion. The JWU ACLU is working towards assisting Planned Parenthood of Rhode Island in escorting patients in and out of the building and any other administrative work to demonstrate where they stand on the abortion issue.

The next achievement for the JWU ACLU is to gain recognition from the Rhode Island ACLU. The president of the JWU ACLU, Jason Bach, has been working with the Rhode Island ACLU since July. By preparing to meet the guidelines set by the Rhode Island Affiliate, they hope to be a chapter member by Dec. 21.

The thing most important to the JWU ACLU is representing the JWU student body as a whole in reforming University policies. If a student feels anyone is infringing upon his or her civil rights, the student should contact the University police or the ACLU, contact the JWU ACLU at the Friendship Building. If it is of the utmost importance and a quick response is necessary, a better course of action would be to notify the RI Affiliate at 831-7711.

Winter Fashion Show "If" a success

Models preparing for the Winter Fashion Show held at Xaviera Aud. on Dec. 4.

By David Palermione

Staff Writer

Recently, the Johnson and Wales University Fashion Club presented: "If, A Winter Wardrobe For Fashion." The catwalk was raised about 3 feet from the Xavier Gym floor with four rows of seats located to the left, center and right of the catwalk. The turnout was great, with all of the seats taken plus about 20 people standing in the wings.

In the background was a back drop which exemplified the theme. It was about 9 feet tall and roughly 20 feet wide with "If" spray painted over the white fixture.

Scene One was titled, "If I was in the Army." Three models preceded to the catwalk in a marching form. Anthony Habbard played a part, wearing black high combat boots with a pair of red and black suspended shorts. Morris Bates was next to walk. As soon as the crowd caught sight of her, the grin was filled with cheers. She proceeded onto the catwalk in an all white dress with red scarf. The music went very well with each model. The time and effort of each model was obvious, and the crowd appreciated all of this.

All lights went down, music changed, and the emergence of Scene Two, "If I Wanted to Seduce You" took place. Once again, the models took the stage, three at a time, usually. The models were sporting beding attires, beginning with male models wearing open silk shirts and the females wearing lingerie, robes and nighties.

All lights went down, music changed, and the emergence of Scene Three, "If I were Sophisticated or Casual" began. Music came out looking spectacular in a fully length dress. She was also wearing the security belt with the达到了.

One of the models, Jackie almost fell off the stage, but she recovered very well as she looked very nice in a unique yellow and black dress. Anthony Aldano, John and Theresa Barnett looked incredible in black and silver. Anthony showed a formal tozoed with horizontal stripes, John, a sports coat and look and Theresa with a fancy, black hat.

The show closed at 9 p.m. as Anthony Aldano led half of the models onto stage while the other half lined themselves up near the exit. The master of ceremonies then introduced Darrell Clarke, president of the Fashion Club. Aldano also gave credit to Antoine Brown for his quality designs. Antoine received the credit he deserved by a 20 second cheer from the audience.
Further Into the Abyss

For Thanksgiving break, I spent my first night in the beautiful town of Island Falls, ME. Of course, I wasn’t quite expecting the temperatures to dip down into the frosty reaches of five to ten below zero. Nor was I expecting the majority of the roads to be unplowed.

The Mosh Pit
by Joeray L. Wood

Needless to say, this is one of the times I wished I had brought pants. (This would have been excellent time to ask if I was cold, because I would have responded with “YES, I am cold,” instead of looking at you like you’re crazy.)

I thought to myself, thank God for civilization, music and a short Thanksgiving break. Which pushes me onward to finish this two-part article of looking back at what music influenced me or what I feel are the best jams of all time.

Like I promised, here are the rap or R&B songs that have been my favorite then and now.

Solo II Soul: “Back to Life.” The acapella version is so fantastic, even Whitney could take some lessons. Jazzy B. is a Dude. No, he gets the most holy honor of Dude and a half. UTFO: “Complete Story of Roxanne.” I remember getting quite a few bruises trying to break dance off of this tape. Kurtis Blow: “Basketball.” Another old break dancing tape plus Kurtis produced a lot of groups that are now famous. I still have the actual record. Yes, I admit it. I have vinyl. Herbie Hancock- “Rockit.” This man paved the way for a lot of R&B artists today, so he deserves the recognition and a lot more.

Digital Underground: “The Humpty Dance.” These fellows were like the dudes of all time, especially with the bass line to this song. You remember how it goes don’t you (Gaa-ree, Gaa-ree, Gaa-ree)?? Fatboys- “Stick Em.” This is where I learned how to beat box. I am one of the few who can do it still without spitting. I do it well. This is one of the best beat box songs around. Only Doug E. Fresh could do it better. We use to have contests back in Cooley Jr. High to see who was the best beat boxer! Gee, I bet you’re wondering who was the “Champ.” Beastie Boys- “Fight for Your Right to Party.” These three are a bunch of characters, but still put out the lyrics and bass.

Big Daddy Kane- “Raz.” This homie is so smooth, he makes satin feel like sandpaper. The song “Raz” was my first taste of the Kane, and I was impressed.

Public Enemy- “Can I Trous it.” P.E. has always delivered the goods and should be listened to by all of you youngsters; we could learn something.

Kun-DMAC- “Son of Byford.” Hardest hittin’, longest living group around. They will live forever! We would walk around Cooley Jr. High rapping this one with perfection, I might add. M.C. Lyte- “Cha, Cha, Cha.” One tough female, I have a lot of respect for her.

These were, and still are, the songs that bring a huge perma-smile to my face. I know some of these songs are old and are probably really lame to some of you; but if I were you, I’d sit back and think for a moment... Without these pioneers trying it their way, what would it be like now?

Yes, Snoop Doggy Dogg. B.B.D., and 2-PAC are really good. I think they should be given recognition for their work. Of course, I shouldn’t be the only one giving THANKS!!

Oh, before I forget, Maine is a beautiful state. It’s just fun to pick on.

I really enjoyed myself when I was awake. (I think there was a sleeping pill in the turkey) I will see you next year, so HO HO HO, HA, HA, HEE, HEE, HEE, YO, YO, YO, LA, LA, LA, WE, WE.

Oh, I’m sorry I got a little carried away. Have a really cool Christmas, Peace, Love, MUSIC, and I Love You All!!!

University Club
Friday Night Faculty Club
Will Re-Open
January 7, 1994

Pine Street Coffee House
Late Night
Will be closed until January 6, 1994

STUDENT DINING CENTERS
Go to Mexico on Atwells ave.

by Kenn Boyle
Staff writer.

Have you ever stumbled upon a little restaurant that was so good, you didn’t want to tell anyone because you didn’t want it too popular? Then you felt bad, you should share it with your friends and you owe it to the establishment, but...

Recently, I went to “Mexico”... not the country, the restaurant. Being from Arizona, I’m pretty skeptical about “Great Mexican Restaurants” in Rhode Island. I’ve had few disappointing experiences in local “Mexican” cuisine (frustrating from waitresses who couldn’t pronounce the names or the menu, to chimichangas as burritos). Going to “Mexico” is like flying to Guadalajara without getting any frequent-flyer miles.

I have to admit it was with much trepidation, that I entered the tiny (only 6 tables) restaurant featured with the typical Mexican decorations; velvet sombreros, plaster statues and other bric-a-brac. My fears were quickly resolved with the first plate. A heaping plate of home-made crispy corn tortilla chips served on refried beans and two rich, spicy salsas (red and green) and at a buck, it was great!

My partner-in-food ordered a “Cordita” (it means little fat one). With the thick corn tortilla with lettuce tomato and sour cream was excellent. I had the shredded goat meat burrito and I swear, my mouth exploded with flavors. It brought a wave of home-sickness so strong, I thought I might have to leap onto the next available flight. The Gorditas and Burritos (priced $1.85 and $2.50 respectively) were not only great, authentic food, but prepared with the respect for balance spicing and flavoring.

The rest of the menu, contains traditional ingredients and items from Menudo (tripe soup) and pozole (hominy)-available only on weekends to Flautas (little flutes of corn tortillas deep-fried) at a reasonable prices. The only disappointment was the rice and beans, both were just average, they just weren’t up to the standards set by the rest of the meal. The most expensive thing on the menu is just eight bucks and you can pick up a real taco with beef, chicken, pork, goat or tongue for $1.50. The two of us escaped “Mexico” for just under $12 and we were stuffed.

If you get a chance, fly to “Mexico”. Just up Atwells Avenue! Say Hola, to Pepe for me. Adios, amigo!

Mexico 964 Atwells Avenue, Providence, RI (401) 331-4985

Tuesday-Sunday 12-9 p.m. Cash only.

Study: Smokers have other bad habits
by College Press Service

Tallahassee, Fla. - Well, smokers, there’s more bad news for you from researchers at Florida State University and San Diego State University. Chances are you drink too much alcohol and caffeine, don’t exercise enough and eat all the wrong kinds of foods. "It appears that bad habits cluster," said Doris Abood, a Florida State associate professor of health education. Abood and Terry Conway, research director at San Diego State’s Center for Behavioral and Community Health, asked 1,820 Navy men about their smoking, eating, drinking and exercise habits. You better quit now.

Never-smokers consumed less than five alcoholic drinks a week, while heavy smokers had more than 10 beverages in a week. Smokers also skipped meals more often than non-smokers, and when they did eat, leaned toward salty, high-fat or fried foods. Heavy smokers also said they drank nearly five cups of coffee daily.

As people begin to experience some of the many benefits that positive health behaviors provide and they begin to feel better, smoking may no longer hold the place it once had in their lives,” Abood said. "Adding healthy behaviors to one’s life tends to lead to other positive lifestyle changes."
WANTED

- ALASKA SUMMER EMPLOYMENT—fishing. Many earn $2000/mo. in canneries or $3000-6000/mo. on fishing vessels. Get the necessary head start on next summer. For info call: 1-206-545-4155 ext. A5053.
- RESEARCH PARTICIPANTS—WANTED: Must be 21-30 years old; Daily smoker; and Beer drinker. $50.00 and pizza provided for one 3-hour session. Call Brown University Center for Alcohol studies. 863-2533.
- College Students DRIVE A ICE-CREAM TRUCK this summer. Sell Good Humor ice cream. Routes available in your home town. Earn $50.00 to $950.00 weekly. Male or Female. Apply for permits now! For more info, please call Jan. 31 or Jan. 3-29.Mon-Sat. 9:00am to 3:00pm. Only (203)366-2641.

TRAVEL

- TRAVEL FREE to Jamaica, Cancun, Nassau, Florida for Spring Break with sun bound vacation. Organize a small group as a college rep. Prices start from $359. Call 1-800-Sun-Trek for detail.
- BEACH Springbreak promoter. Small or larger groups. FREE trips and CASH. Call CM11-800-423-5264.
- FREE TRIPS & CASH! Call us and find out how hundreds of students are already earning FREE TRIPS and LOTIS OF CASH with America's #1 Spring Break company! Choose Cancun, Bahamas, Jamaica, Panama, Daytona or Padre! CALL NOW! TAKE A BREAK STUDENT TRAVEL (800)3028-SAVE or (617)424-8222.
- SPRING BREAK: 7 nights from $299. Includes: Air, hotel, transfers, parties and more! Nassau, Paradise Island, Cancun, Jamaica, San Juan. Organize a small group—Earn FREE Trip plus commission! Call 1-800-GIT-SUN-1.

HOUSING

- 2-BDRM APT. to share: $70 each/wk: w/utilities: part furnished; laundry room; near bus line. Call 455-0547.

CLASSIFIED AD FORM

Classified ads are accepted only on this form. The charge per week for 90 characters is $1 for all members of the JU community and $5 for all others. 7c is charged for each additional character. Payment is required at the time the ad is placed. All advertising is subject to approval by the editorial board. Advance deadline is Student Publications, 2nd floor Friendship Bldg., 2 Edmundor Street or mailed to The Campus Herald, 8 Abbott Park Place, Providence, RI 02918. No phone orders accepted. All housing ads must be approved by Residential Life. Deadline is the Monday preceding the issue you wish publication.

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USE ONE BOX FOR EACH LETTER, NUMBER, SPACE, COMMA OR PERIOD.

90

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College Astrology

By Linda C. Black

Aries (March 21-April 19) Take a drive Monday evening or go for a long bicycle ride. That’ll get you ready for Tuesday and Wednesday when serious work may be required. Thursday and Friday should be excellent for social action, so get some started. Your favorite cause needs your enthusiasm and leadership. Although you’ll probably like to go out and splurge the weekend, study may be required.

Taurus (April 20-May 20) The focus is on finances Monday. Don’t gamble with your money, nor try to squeeze some money out of someone you borrowed from. On Tuesday, you may discover a new way to fund your education. Wednesday should also be excellent for trying out new skills and finishing old projects. Take it easy Thursday and Friday. Plan something relaxing this weekend with new friends.

Gemini (May 21-June 21) Monday, work with a partner. If you need a student loan or grant, rush those out on Tuesday and Wednesday. Your own financial needs may take precedence over studies for awhile. If you’re employed, the job may conflict with studies on Thursday. Don’t worry, both Thursday and Friday are excellent for reading and writing. This weekend is pay-back time.

Cancer (June 22-July 22) You may have to cover for an absent friend on Monday. Tuesday and Wednesday are better for taking care of any kind of business. If you’re short on funds, tell something Wednesday night. On Thursday, your day’s studying will mean getting in the way of romance. On Friday, get your financial affairs in order, that should also be a good time to learn a computer program.

Leo (July 23-Aug. 22) Romance is highly favored on Monday. Sports should go well, too, so interview an athletic type! It may be hard to concentrate Tuesday and Wednesday if you’ve recently fallen in love, but it’s necessary. Pool resources with a temporarily poverty-stricken friend this weekend, and you’ll both have a great time.

Virgo (Aug. 23-Sept. 22) Give your roommate full attention on Monday, and you’ll divert an upset. You may find a suitable romantic partner Tuesday morning, in a business like setting. Discuss it in further detail Wednesday, Thursday and Friday, you may have to work on a puzzle. By this weekend, you’ll be ready for some private time with your sweetheart. Throw any other roommates out.

Libra (Sept. 23-Oct. 22) Do tons of homework on Monday and also talk people into giving you what you want. If money is involved with an argument at home on Tuesday, the other guy may be right. Consider changing your plans on Wednesday for your living arrangements. Thursday is not good for love, but you may still not have a lot of money. You may have even less of both by Friday. Work over the weekend if you can.

Scorpio (Oct. 23-Nov. 21) Resist the urge to take a financial risk on Monday. Work with an expert on Tuesday, and you’ll learn even faster. On Wednesday, get clear on what you want, and drop a bad habit so you can get it. An argument with a roommate could have you stressed on Thursday. On Friday, domestic chores may get in the way of travel, but Saturday and Sunday should be excellent for romance.

Sagittarius (Nov. 22-Dec. 21) You’ll be in a great mood Monday. An open format type discussion should be fascinating, though. Tuesday and Wednesday are liable to be expensive, if you’re not careful. Thursday and Friday are your best days this week for writing papers, doing research, and working on the computer. It’ll be time well spent.

Capricorn (Dec. 22-Jan. 19) Finish up something you promised Monday morning. By evening, you’ll be more interested in a project of your own. Tuesday and Wednesday should be very good for getting a major chore done. You may feel more like shopping for electronic toys on Thursday. Studies should go well this weekend, especially if you can get a smart friend to join you.

Aquarius (Jan. 20-Feb. 18) Social activities could dominate Monday. Get that done, because Tuesday may be pay-back time. Finish a project you’ve been avoiding by Wednesday. Thursday, you’ll feel more like reading in your area of potential expertise, or writing your dissertation. Shopping for gifts could take up most of the weekend, if you don’t get organized.

Pisces (Feb. 18-March 20) Don’t let a strange assignment get you rattled on Monday. Maybe, it’s a joke. You’ll be productive Tuesday and Wednesday, so get as much done then as possible. By Thursday, you may discover a big chore you’d forgotten about. Finish paperwork regarding bills or tuition on Friday. If you must study, do it Saturday morning.
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S p o r t s

Land of superstition

One of the most intriguing and interesting aspect of sports are the superstitions that people in the sports world bring into the games. What do you think would happen if Sparky Anderson stepped on the foul line just once? I think he has taken the analogy “step on a crack, break your mother’s back” a little too far.

By far, baseball pitchers appear to have taken the prize on this one. More pitchers display their superstitions than any other category of players. Pitcher Scott Erickson of the Minnesota Twins always wears solid black socks on his pitching days. This received a lot of publicity during his phenomenal rookie season, but appears to have lost its power with his injury plagued and sub-par seasons, following his rookie year.

In 1988, Cincinnati Reds' pitcher Tom Browning pitched a perfect game. Coincidentally, Browning had, for some reason, not shaved that day. From that day on, Browning refused to shave on his pitching days.

Griffins take on Emerson College, at Schneider Arena.

Intramural soccer off and kicking

by David Palermo

The Johnson & Wales University intramural soccer season began on Friday, Dec. 10.

This year, the league consists of 11 teams evolving from four fraternities, east, hospitality and Xavier residents halls as well as two teams dominated by players from last year’s Griffins soccer team. There are approximately ten Griffin soccer players who battled along each other’s side only a few weeks ago who are now going head-to-head against each other for the respective intramural soccer championship. It looks as if each team is full of spirit with no intent of slowing down, not by choice, anyway. Greg Miller of the Athletic Department said, “This year’s competition will be fast paced and competitive.”

Miller also went on to say, "Substitutions, goal tending, and organization will play a more important role this year rather than pure skill.”

JWU rifle team opens competition

The Johnson & Wales Rifle Team took part in its first collegiate air rifle match against M.I.T., St. John’s University, and Columbia University on Saturday, Dec. 4 at M.I.T.

The Griffins shot 900 out of 1000 possible points led by Danielle Ryea (271/403), Sean McNair (243), Dave Donnelly (209), and Lance Maceoce

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Griffins' basketball season opens

by Tom Mangum

The Johnson and Wales University basketball team is off to an exciting season this year. The Griffins men kicked off the season with a loss to Newbury College in Brockton, Mass., on Nov. 30, by the score of 61-67. Freshman Nick Williams led the team with 22 points.

On Dec. 3, the team was off to the Massachusetts School of Pharmacy Basketball Tournament where the Griffins lost a close game to Notre Dame by the score of 89-85. Nick Williams led the Griffins with 26 points, and Sophomore Carlos Moreno scored 20 points with 17 rebounds.

On the second night of the tournament, the Griffins came back and won 87-59 over M.S.P. Carlos Moreno scored 13 points and had 10 rebounds. Moreno was named to the All-Tournament Team.

The JWU men's team traveled to the University of Connecticut - Hartford, where the Griffins won 82-66, putting their record at 2-2, with Carlos Moreno scoring 18 points and 10 rebounds and sophomore Tony Barclay scoring 10 points and 8 assists.

The Women's Griffin basketball team is off to a hot start with 2 wins over Daniel Webster College, one away and one at home, and wins over Newbury College and Lasell College. The team also placed third at the Massachusetts School of Pharmacy Tournament held Dec. 3 and 4.

Men's basketball 1994 schedule

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<thead>
<tr>
<th>Date</th>
<th>Opponent</th>
<th>Time</th>
<th>Location</th>
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<tbody>
<tr>
<td>Jan. 6</td>
<td>Mass Bay C.C.</td>
<td>8 p.m.</td>
<td>Home</td>
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<tr>
<td>Jan. 13</td>
<td>UConn- Hartford</td>
<td>7 p.m.</td>
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<td>Jan. 19</td>
<td>Mass. School of Pharmacy</td>
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<tr>
<td>Jan. 20</td>
<td>Norwalk Tech.</td>
<td>8 p.m.</td>
<td>Away</td>
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Women's basketball 1994 schedule

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<th>Opponent</th>
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<td>6 p.m.</td>
<td>Home</td>
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<td>Jan. 8</td>
<td>Massasoit College</td>
<td>3 p.m.</td>
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<td>Jan. 11</td>
<td>Albertus Magnus</td>
<td>7:30 p.m.</td>
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<tr>
<td>Jan. 17</td>
<td>Mitchell College</td>
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<td>Home</td>
</tr>
<tr>
<td>Jan. 19</td>
<td>Mass. Pharmacy</td>
<td>6 p.m.</td>
<td>Home</td>
</tr>
<tr>
<td>Jan. 25</td>
<td>Newbury College</td>
<td>6:30 p.m.</td>
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