The Rhode Island Convention Center—Coming Soon!!

who are interested in seeking internships. The increase in business will also bring tourist attraction to its nearby cities of Newport and Warwick.

Ms. Jacqueline B. McGuiness, director of marketing and public relations for the Rhode Island Convention Center Bureau, said she is ready to have its 3-day Grand Opening Celebration. Starting Thursday, Dec. 2, there will be a ribbon-cutting ceremony at 9 a.m. The grand gala will take place Friday, Dec. 3, and Saturday, Dec. 4, from 10 a.m. to 8 p.m., the center will host "The Best of Rhode Island Festival." Admission is free to the public for Thursday's and Saturday's events.

For more information, call 521-7202 and stay on the lookout for the opening of the Rhode Island Convention Center.

SAC moves back home

The new look of Student Activities is here. It doesn't matter if you use its services at HarborSide or on the Business Campus. It is here and better than ever.

For the first time ever, Student Activities has office space at Culinary. Student organizations have access to most services, mail and forms offered downtown, although space is confined to two tiny offices.

Its friendly, inviting staff are located on the second floor of the Culinary Gym Building just behind the Culinary Registrar. Don't make the mistake of eating the front stairs of the building. Why? Because Culinary Registrar requires students to use the back stairwell by the Campus-to-Campus bus stop. They will tell you to go downstairs and around the other side of the gym. The renovations at the "mother" office have just been completed. The space is far more comfortable and accessible to students. This space is located next to the Providence Performing Arts Center on the corner of Weybosset and Richmond streets in the Friendship Building. Its new entrance is in the front of the structure.

It showcases a lively lounge area with a big screen TV and much more.

In addition, Student Activities support staff work and keep offices here. If you have a problem organizing an event, want to start a new student group, or missed the biannual "Activities Night" you may stop in here to find an activity of your interest.

This new space also offers students the opportunity to meet their Undergraduate Student Assembly members, Greek Council, Clubs Council, Student Activities Committee, and Campus Ministers. The grand reopening is to be announced.

Watch the Campus Herald for more information.

Downtown renewal

photo by Keith Wilder

The continuing work on the Convention center is finally coming to an end.
by Liliana Cortez
Staff Writer

The Rhode Island Convention Center, that big building sitting right off I-95 and next to the Providence Civic Center, is soon to pull out the bulldozers and cranes and get ready to open its doors.

The convention center features 137,000 square feet of exhibit and meeting space, 23 individual meeting rooms and 20,000 square feet of ballroom space. The adjoining Westin Hotel will provide 369 sleeping rooms and is scheduled to open in August 1994.

With the convention center located in the Northeast, it will be able to bring in conventions, trade shows and special events that would regularly go to New York City or Boston. Rhode Island's economy will benefit greatly from the creation of many jobs and career opportunities in the food and beverage, business administration, and hospitality fields. This will also open doors for college students who are interested in seeking internships. The increase in business will also bring tourist attraction to its nearby cities of Newport and Warwick.

Ms. Jacqueline B. McGuiness, director of marketing and public relations for the Rhode Island Convention Center Bureau, said she is ready to have its 3-day Grand Opening Celebration. Starting Thursday, Dec. 2, there will be a ribbon-cutting ceremony at 9 a.m. The grand gala will take place Friday, Dec. 3, and Saturday, Dec. 4, from 10 a.m. to 8 p.m., the center will host "The Best of Rhode Island Festival." Admission is free to the public for Thursday's and Saturday's events.

For more information, call 521-7202 and stay on the lookout for the opening of the Rhode Island Convention Center.

The construction is to begin next spring, too late for the grand opening of the convention center. The project will show visitors the viability of the downtown area.

Duany warned that Mathewson Street would have to be spruced up or it would become a deterrent for visitors. He also proposed that four small buildings be demolished, while adding a bookstore and cafe.

Funding will be provided by Fleet Bank and the federal government. Fleet is supplying a $1.2 million dollar loan which will pay for the acquisition of the buildings and the relocation of tenants, a mailbox service, a pizza parlor and a radio station. The balance of the loan will help to defray the cost of construction of the park. The federal government has provided a $1,125,500 loan which will be used for street repair and repaving, installing better lighting and planting shade trees on Mathewson.

The project was delayed due to redesign and rehilt of the plan. It has been difficult for Mayor Cianci and his administration to devise financing, ploughe city council's approval for the project. Revitalization efforts are being implemented for Mathewson and Weybosset streets. A plan was presented that with a four to eight percent tax would provide increased safety and a cleaning service. The comfort station at Weybosset will be renovated into an information center, police substation and a sales booth.
The new 90s American-aid

With the well-publicized, grandstanding "aid-a-thons" of the 80s behind us, a silent tidal wave of volunteerism is growing in this country. Americans are no longer content to allow celebrities and personalities to sanctimoniously bemoan their latest cause while hyping their newest movie or album. Instead, more and more Americans are returning to the spirit of "pitching in and getting the job done!"

From the founding of this country, the American people have found it difficult not to become involved in the problems of those less fortunate. We have always felt the compulsion to help others and to shoulder the heaviest burden. It is one of the greatest strengths of our people, our willingness to give of ourselves freely.

One commercial sums it up neatly, "One hour a week!" If every American was to donate one hour a week to his or her favorite cause, 40,000 full-time workers would be mobilized. Imagine all the meals that could be served to the homeless, the number of adults taught to read, or even lonely older Americans that could be comforted. There is no shortage of work to be done for Americans, by Americans. And to think, one hour a week can create the kind of America that we want for our children and ourselves.

Maybe you could give up an hour of TV or even sleep! As another commercial states, 'Just Do It.'

The Campus Herald
Vol. XIV, No. 12
October 4, 1993

David Bryan Reinhold
Editor In Chief

Jeanine Kimball
Managing Editor

Shawn Rice
Copy Editor

Keith Wilder
Photo Editor

Darius Broadnax
Production Editor

Editors in Training: Jason Bach, Kenneth Boyle, David Morra, Elizabeth Salm

Art: John Lambros Staff; Todd Alley, Elizabeth Anders, Liliana Corter, Bill Gonzalez, Ramiro Jurado, Angela Livingston, Andrew McGovern, Rafael Victor, Joey Wood Office Assistant: Michelle Marenghi. Advisors: Claire Gendron, Jamie Landow

The Campus Herald is a member of the Associated Collegiate Press.

The Campus Herald is the student newspaper of Johnson & Wales University, 8 Abbott Park Place, Providence, Rhode Island, 02903. The Campus Herald is published by students from the Office of Student Publications in the Friendship Building, 2 Richmond Street. Our telephone number is (401) 455-2904. Advertising information is available upon request.

No pressure

It is that time of year again where people get reacclimated to college life. Why is it that year after year there is the need to go out and get "blitzed" out of your mind every night until Thanksgiving? Why is it a large number of students out in Providence assumes the goal of every body on Friday and Saturday is to get drunk and stoned? I know that is not the objective of most people in the city.

Diversity Beat by D. B. Reinhold
Editor In Chief

Alcoholism can be a tremendous disease to overcome; however, it is possible. There are many services that you may utilize for help.

One of the closest at JWU students' fingertips is the Student Success department. Student Success sponsors an Alcoholics Anonymous (AA) program to help students cope with alcohol abuse problems. If you are not comfortable in the university setting, the local telephone book will provide a listing for you.

AA groups are as diverse as JWU students can imagine. Groups range from teen, Latino, gay, adult, children, and one-on-one counseling. There is a group available to you.

Freshmen, don't let anyone pressure you into drinking. It can be a traumatic experience once you get caught drinking underage. Besides, JWU offers so many things for its students to do. An 18 and over club is about to open. In The Campus Herald's new Culinary Living section, readers can utilize a new and interesting nonalcoholic drink feature every week. Maybe a walk in the park on an autumn night would satisfy.

Are you a loser?

When is competition positive? Where is the point that it becomes a constant mission to win?

Growing up, the most common phrase from my dad was "It's not if you win or lose, it's how you play the game." Well, that's stupid, I thought. If you're not playing to win, it doesn't count.

Throughout high school, I competed in various events. When I won, I was congratulated; when I didn't win, I placed first, people felt pity for me. No one likes to be pitied, so the next time I competed, I tried harder.

Society made me believe that winning was the only end. If that is the only end, why are there always more losers than winners? Even the words "winner" and "loser" have negative connotations. When we compete, we tend to judge people on their accomplishments rather than their character, personality and positive qualities.

In a competition with 100 people, there will only be one winner; therefore, there must be 99 losers. Right?

Yet, if you teach people to only win, there comes a time when they will realize that losing is a possibility. When this happens, they give up. We need to teach ourselves and the future generation that it's the striving, the fight and the attempt that counts the most. Teaching or being taught that winning is the only thing takes the joy out of competing. Remember when you were younger and you needed help or saw someone doing better than you, were you asked? That's the beauty of youth; it is untouched by competition. When it doesn't understand, an unstoppable flow of questions comes from it. It realizes that asking gets answers.

As adults, we feel if we let others see our weakness, we've lost. If you believe that competition is about playing against another person, you're missing the best game of your life. The best competitor you will ever find is yourself. All competition does is compare two people to see who is "better" according to pre-set standards. When you set up your own standards and goals, you can compete with yourself.

I'm not suggesting that you drop out of life and stop playing the game of life. Yet, once you realize that it's the spirit of the game and not a matter of believing that winning and losing are not important; it's just a matter of noticing that they're not. Noticing involves being satisfied with yourself, regardless of the outcome.

You can look at competition as if it were math. You can get partial credit if you try; because it's the process that's important, not the results.

From Where I Stand by Jeanine Kimball
Managing Editor

Quote of the Week

It is only possible to live happily ever after on a day-to-day basis.

-Margaret Bonnano

Viewpoints

The Campus Herald
Letters

About Interfraternal Council

Dear Editor:

Even though the child we call fraternal life at JWU is an infant at best, he is not exempt from criticism. There are, on the books, no laws governing the “rush” activities of any organization at this school, save the individual organizations’ national bylaws. This being the case, there should theoretically be problems even mentioned at an Interfraternal Council (IFC) meeting. What I fail to realize is the multitude of unwritten laws that a few actually know of, most probably disagree with, and all definitely violate on a daily basis.

I’m speaking specifically about the unwritten rush regulations that apparently have come straight from God and passed on to the IFC, then to you and me. According to these codes there shall be no public rush activity before a certain date. I ask why? They say it is because it is unfair that one organization have an advantage over another, every organization should have the same amount of time for rush.

The unwritten rush rule is, no flyers or T-shirts advertising Rush are to be displayed. According to the IFC there has already been an incident with Rush T-shirts that this council will review. But I thought we could not have an incident if there was no actual rule? Oh, I forgot it was an unwritten rule that everyone knew. I’m sorry; I guess our precious IFC has no unwritten rules about advertising rush before this certain date in the school newspaper. Is it a coincidence that this organization sits on the IFC as President? I don’t think so. If you’re going to make a rule, write it down and obey it yourself before you go citing incidents up for review about someone else.

“If ABC fraternity has its act together enough so that on the first day of school all its members have rush T-shirts on, and there is a flyer on every single bulletin board in the school, it deserves a nod, not a fine. The IFC spends more time crying about other things organizations do and do not, than building a strong unity among its members.”

The Interfraternity Council... set forth this constitution... in order to cause close friendship and coordination among member fraternities.” Go back and read your own Constitution gentlemen, and for god sakes, stop crying.

Paul Paterno

Light, not at ACE

Dear Editor:

I am a returning student and have just moved to Airport Center East (ACE). As far as I am concerned, I believe light is a primary need when you are a student trying to study long hours.

The problem is that ACE’s rooms do not have adequate lighting and I feel that the parents, who in most cases are the people who pay the bills, have a right to know that their tuition funds do not even cover this cost. Students are required to provide their own lamps. However, to illuminate a room like the ones at ACE, a student would need an expensive floor lamp which most students can’t justify buying. Shouldn’t this be covered in room and board? Floor lamps are limited, and what truly upsets me is the fact that the South Carolina students, who are only here for one semester, have the benefit of using those lamps for one reason or another. The fact is all students, whether they are practicum or full time business students, should be provided with lamps.

I am quite embarrassed that a school of such caliber, lighting, which after all is one of the basic tools for a student’s studies, is not up to par. I should not even have to be writing this letter, and hope that someone “up there” truly understands where I am coming from and will see it to that ACE is provided with this necessity. After all, how many of the executive offices have you seen with poor lighting lately?

Michael Pich

International Club offers diversity

Dear Editor:

As advisor to the International Club, I extend a warm invitation to the entire student body at JWU to join the International Club for the 1993-94 academic year.

Students from all countries, including the United States, are not only welcomed, but needed to share friendship and cultural information with one another.

Membership may be most rewarding and beneficial for students majoring in International Business, since it will provide valuable experience in learning the customs and practices of a multicultural population, an experience they may not have otherwise. Your affiliation with our diverse student population will, no doubt, be advantageous as you embark on careers in a global economy.

The International Club provides community service, sponsors entertainment with a variety of ethnic themes, and plans outings and activities that are enjoyable for all. You will meet new friends, gain valuable knowledge about your world neighbors, and have fun. The club meets every other Thursday, usually in Xavier Auditorium, unless otherwise posted.

Mary Javorcy

The Campus Herald will not be published Monday, October 18 due to Friday classes October 15. However, The Campus Herald will be published Tuesday, October 12.
Club Sports
Bowling - Bowling members are divided into teams that play against each other. Ten pin is used. Members compete in a tournament at the end of the school year. School transportation available. Includes membership in the Young American Bowling Alliance. Members must purchase membership card from the Fitness Center. Fee is $25 for the year. Meets on Wednesday from 9:15 until 11:15 p.m. at Lang’s Bowlersama on 225 Niantic Avenue in Cranston, RI.

Golf - A golf pass entitles you to five rounds of nine holes of golf at Triggs Memorial Golf Course or the Fire Golf Course. Fee is $25 for each pass. They meet Monday - Thursday during normal business hours at Triggs Memorial Golf Course or 1333 Chalkstone Avenue in Providence, RI, and at the Fire Fly Golf Course on 520 Fall River Avenue in Seekonk, MA, which is adjacent to J&W Inn.

Karate - The American style of Kenpo Karate is taught on campus. Activities include professional instruction & certification. Fee is $25 for the academic year. Meets Monday & Wednesday from 6:15 until 7:15 p.m. at the Xavier Gym.

Uechi Karate is also offered at the Charles E. Uechi Karate School located at 135 Weybosset Street. Schedules and fees will be furnished by the karate school. Please call (401) 274-1600.

Racquetball - Participate in racquetball leagues at the Celebrity Fitness Center in Warwick. Fee is $35 for each three month membership. Meetings are Monday - Friday 6 a.m. - 11 p.m., Saturday 7 a.m. - 5 p.m. and Sunday 8 a.m. - 9 p.m. Use of all services included. Please call 823-7060.

Tennis - Recreational tennis and competition tennis offered during the year at the West Bay Tennis Club on Route 117, West Warwick, RI. Flex coupons and weekend schedule can be arranged with the tennis advisor. Dr. Allan Freedman, # ext. 1021. Fee is $25 for the academic year. Meetings are Tuesday 9:30 - 11 a.m. and start October 12, 1993.

Technology Lecture
The School of Technology is holding its 1993 Guest Lecture Series October 6, 1993 at 5:15 p.m. The series, “Introduction to Multimedia”, will be presented by Johnson & Wales instructor Mr. Anand Sampath. All J&W students and faculty are welcome.

Pronunciation Workshop
A Pronunciation Workshop for International students interested in improving their English, will be held this trimester in Academic room 214 at 2:45 p.m. Professors Neeman and Smith will coordinate the workshop. The first workshop will be held on October 7.

Academic Computing Services
Academic Computing Services will be giving weekly seminars in MS works, Lotus 2.3, Word Perfect 5.1 and dBase IV. Sign up at second floor of Xavier at Computer Lab bulletin board. Call 456-4631 for latest information.

Career Development News
Career Day 1993 - November 5, 1993. Keep This Date In Mind! For more information, contact either Career Development Office.

Resume Workshop - Starting in October, all students can attend a workshop, which is offered every Friday to assist all students in writing your resume.

Hospitality and Culinary Harborside Academic Center 456-4611
Business, Technology, Graduate School in the basement of the Waite Thresher Building 456-1070

Upcoming Events
Tryouts for the 15th Annual Fashion Club Show will be held at the Xavier Gym on Monday, October 4, 6:30 p.m.

Monday, October 11, No Classes
Saturday, October 16, the Fall One Mile Run, at the Hospitality Center, 10 a.m.
Concert - The Joshua Tree - U2 tribute band with special guest - Free to choose, Culinary Gym, 7 p.m.

Plantations & Harborside Fitness Center
Columbus Day Hours
Monday 12 Noon - 8 p.m.

Student Workshops
Interested students are invited to attend any of the following workshops offered by the Student Success Department.

Workshop Date Time Place
Time Management Tues. 10/12 Period 6 A315 1:50 p.m.
Note - Taking Tues. 10/19 Period 6 A315 3 p.m.
Time Management Mon. 10/25 Period 7 A315 2 p.m.
Note - Taking Mon. 11/1 Period 7 A312

If there are any questions, please call Meryl Berstein at extension 4689.

PUT YOUR DEGREE TO WORK WHERE IT CAN DO A WORLD OF GOOD

Your first job after graduation should offer you more than just a paycheck. We can offer you an experience that lasts a lifetime. In Peace Corps, you’ll immerse yourself in a new culture, learn a new language, receive training and develop important skills...and help to improve the lives of others while at the same time enriching your own. In science or engineering, education, agriculture, health, the environment, and many other disciplines, Peace Corps projects around the world are bringing help to where it’s needed...in more than 70 countries in Latin America, Asia, Africa, and Central Europe.

PEACE CORPS ACTIVITIES AT JOHNSON AND WALES
Peace Corps Representatives will be on the Johnson and Wales Campus Tuesday, October 19.
Please Call for information:
617-565-5555 or 800-648-8052 ext. 125
Comfort Station on Weyboout street, that... by Keith Wilder

...Demolition of building coming...continued from page 1

Johnson & Wales University's construction of a campus green and a residence hall for 500 students at a cost of $10 million on the front campus side. The University was originally going to put up the buildings and be responsible for upkeep of the park, however, JWU altered its plans due to the delays by the mayor and his administration.

AIDS patients have a place
by Bill Gonzalez
Staff Writer

On Thursday, September 24, Sunrise House, the only home for adult AIDS patients, had its fourth annual meeting at the State House in the governor's suite. The meeting was delayed by a half-hour in hopes that Mayor Cianci and Governor Sundblom would show. Everyone agreed that the wait was well worth it.

At the last moment, Governor Sundblom was called to Washington. Mayor Cianci arrived after the meeting started. By that time, Stephanie Danforth, president of Sunrise House, introduced the organization and its purpose.

Sunrise House is the only home for adults with AIDS in the state. This year's theme is "Against All Odds." Sunrise House has managed for years on mostly private donations. The city did, however, give a grant for the building, and a small amount of federal aid was funneled through Providence.

Sunrise House is being moved from its present location in South Providence to Marylin Hospital. Mayor Cianci helped to clinch this deal. Jeff Austin, executive director, was given a standing ovation as he came up to the podium. "This year has been a real struggle," he said, "but we keep going for those who are here in person and those only in spirit."

Next, Peter Dennis, the official advisor for the governor, spoke a few words on behalf of AIDS patients. He said that AIDS patients should not be persecuted because they are sick; it is a home, not a hospital. He thanked the entire staff for providing a service the State would not. He then handed Austin, Tom Cimole, Margaret Smith and David Reeves citations for their work.

After Mayor Cianci arrived, he spoke about the need for more help. He supports Sunrise House and is attempting to obtain more funding. He expressed his closeness to Sunrise House due in part to its inception mirroring his own political comeback. Danforth thanked the mayor for going out on a political limb to get the Sunrise House moved and for all the City's aid.

Ronald Gallo spoke about the unequal division of society. Some enjoy safe neighborhoods, good schools for their children, and adequate medical coverage. Many are poor, living in overcrowded apartments in his or her community. Businesses must help out, as a local one did in adopting a girls' home. Money was donated. Employees were urged to help and to act as a surrogate family; help must begin on a grass-roots level.

Sunrise House then handed out its own awards. The first went to David Green for developing the Sunrise House, originally. Arthur Richter of Network, a local organization, received one for donating everything from medicine and food to basic toiletries. Margaret Smith was especially honored for her dedication. The former clinical director was given a plaque listing the 17 people who died while at the Sunrise House. Many in the audience were visibly moved as the names were read aloud.

Students learn social consciousness
by Darius Broadmax
Production Editor

Judith Turchetta, a faculty member in the social science department, has been given the task of fitting a pilot program called Community Service Learning Program into her curriculum. The program, optional to students in her sociology class, gives students a chance to volunteer for class credit at the Westminster Senior Center on Mathewson Street.

Recently, students attended an orientation meeting where they were assigned supervisors and placed to a variety of tasks. The program was created because the administration became interested in different types of hands-on learning while letting the students obtain social services skills and social consciousness.

Dr. Nancy Jackson, head of the social services department, in conjunction with the Westminster Senior Center, attended numerous summer meetings, setting up the program. The administration decided students would begin the program in the fall. The site would be the Westminster Senior Center, and the new program would take place in Turchetta's classes.

"The program appears to be off to a good start, and we certainly hope that student participation will continue to grow in the future," said Turchetta. "There is so much to be gained by all involved—the students, the elderly, and myself in undertaking such an important endeavor."

The reactions from students have been upbeat and enthusiastic. There are numerous benefits for the students, including developing practical experience in helping others and learning the plight of others who are sometimes less fortunate while gaining new friends.

Correction:
Joshua Fenton is not a Rhode Island Congressman, he is a Providence City Councilman for the 3rd Ward.
College Renters: Caveat Emptor (Let the Buyer Beware)

John Williams
Staffwriter for College Press Service

While off-campus housing may offer students more freedom and independence than living in dorms, rental agreements for apartments or houses are fraught with legal landmines, housing officials and attorneys warn.

The initial adrenaline rush when students rent their first apartments can dissipate quickly when plumbing falls apart, deposits are withheld or a roommate abruptly departs, leaving other renters in the lurch.

College officials say moving into off-campus housing, especially during the junior and senior years, has almost become a rite of passage. But many students don’t know what questions to ask landlords and can end up with much larger headaches than having finals and papers due at the same time.

“The first time students rent, they aren’t savvy consumers,” said Mark Karon, an attorney with student legal services at the University of Minnesota. “They’re excited. They’re away from home. Mom and dad aren’t there. This is great. Nobody is going to be here to tell them when to go to bed or anything else. But they don’t consider the property or location. They may not look at what else is going on with the landlord.”

Karon, who is president of the National Legal Aid and Defense Lawyers Association, Student Legal Services Section, said about 343 colleges have some form of student legal services on campus. When students get caught in a problem with a landlord or a roommate, they can get free representation and try to solve the problem through negotiation or arbitration.

Roane Akchurin, manager of the community housing office at the University of California-Santa Barbara, said her office mediated about 600 cases last year between students and landlords, and about 40 percent of those cases involved deposit disputes.

Officials found that landlords were holding deposits due to claims of damage — real or not — to apartments and houses in Isla Vista, a one-square-mile neighborhood that borders the university and is home to about 8,000 UCSB students. About three years ago, Akchurin’s office began a free videotaping service so students could videotape the condition of their apartment before they moved in. “It’s been real helpful. It’s a proactive kind of thing to decrease problems,” she said. “It holds both parties accountable. It’s been a tough sell, but it’s catching on.”

Thorny issues that off-campus roommates face include cleanliness and overnight guests, Akchurin said. A majority of problems occur when one roommate takes off and leaves the other roommates in a financial and legal bind, she said. Her office attempts to get the roommates to settle the issue among themselves. If that doesn’t work, campus officials will try to get all the students together to negotiate and avoid small claims court. “We try to avoid legal actions. Probably 35 percent of the students handle it themselves, and probably 40 percent go through mediation,” she said. “But sometimes it does end up in court.”

One problem is the fact that many students are transient, and many of the building owners are absentee landlords, officials said. Neighborhoods around many campuses don’t tend to house permanent residents, and landlords may not be willing to put money into the buildings because of the turnover rate.

“Older homes near campus are a lot of work. Property values drop. Single families don’t want to buy these things,” said Paat Van Dyke, director of the Talent Development Center at Northwest Missouri State University in Maryville. “There’s a lot of money to be made by people who have no interest in the community. We have the usual number of slumlords. The area near the college is full of old homes cut into three or four apartments.”

Northwest Missouri provides computers in dormitory rooms and other services to create incentives to stay on campus, Van Dyke said. But many students want to move off campus for various reasons.

“Many of them are over the partying frenzy. They have established their freedom and don’t have to prove anything,” Van Dyke said. “They may have a significant other in their lives. That’s their business. They’re grownups. They want more privacy. They believe they can pool their resources on certain things and eat when they want to. It’s part of the maturation process in moving from the campus community, and having activities taken care of for you, to managing on your own.”

Unlike other campuses, Northwestern Missouri offers no legal aid to students. However, there are lawyers who teach on campus, and students have contacted them when a dispute occurs. Several faculty members wrote a guide for students on what to watch out for titled, “Tips for the Wary Renter.”

The suggestions include: Read lease agreements carefully. Before you sign a contract, read every detail. Before signing anything, make an effort to find out the best landlords by talking with people you trust.
Taste Rhode Island Pasta's hype

by Kenn Boyle
Editor In Training

From stufles to stuffed, squid to stuffed kebabs, the Fifth Annual "Taste of Rhode Island" had everything. With over thirty food booths, live bands, culinary demonstrations, clowns, Gypsy fortune tellers, and craft displays, there was something for everyone.

The food festival is held annually to benefit charities in Rhode Island such as United Cerebral Palsy, Canine Companions for Independence, Kiwanis and the Missing Children Center. Held at the Newport Yachting Center, this year's Taste raised approximately $35,000.

The thirty restaurants that participated represented a wide variety of cuisines and styles. There were New England clamsakes, Italian sausages, Mexican nachos, Cajun shrimp, Greek gyros and Indian rendam kebabs demonstrating the cultural diversity that exists in Rhode Island.

American cuisine was also well represented by restaurants such as the Chart House, the Capital Grill, Bugaboo Creek Steakhouse and the Newport Beach Club. The owners, managers and employees' pride was evident in their willingness to share a taste of their dishes.

"Indian food needs recognition... It's the food of the 21st century," said Sanjiv Dhar (a 1990 JWU graduate) of the Kebob and Curry. He added, "It is low in fat, has lots of vegetables, and has a wide range of flavors to appeal to everyone!"

At the other end of the spectrum, The Chart House's mudpie proved to be one of the day's most popular (if not the most tempting) treat. "This mud's for you!" quipped Eric Leidl, general manager of the Newport Chart House.

By Dwayne Ridgeway
Staff Writer

It seems like everywhere you eat these days there is much hype about pasta, and everyone is concocting a new pasta dish. In all the attention given to pasta one begins to wonder just where it all began in history.

For centuries the Italians and Chinese have argued back and forth as to where pasta originated. A valid argument by the Chinese is that Marco Polo returned to Venice from his journeys in China with pasta. There is evidence, however, that pasta was already enjoyed prior to Marco Polo in other regions of Italy.

Rey Tonnahill points out in her writings Food in History that pasta was a mainstay in both India and Arabia years before its introduction in Italy. She speculates that pasta was introduced to Italy via the Arabo-Venice to Florence to Genoa trade routes.

Whatever the argument, facts support that pasta began early on in China and later made its way to Italy tables. In fact the Italians owe the fabulous layered dish, lasagna to the Greeks; derived from their version, pastitsio.

Facts aside, credit must be given to the Italians for the progression and revolution of pasta and the dishes it is used in. The Chinese developed only two shapes—long noodles and flat noodles—made from all types of food such as wheat, rice, beans, buckwheat, and tapioca. The Italians, on the other hand, make pasta simply from flour and egg, adding numerous combinations of vegetable purées, spices, and food dyes. The shapes, as well, are endless.

Regardless of its origin, whether it be a grandmother's kitchen in the hills of Southern Italy or a Chinese kitchen in the busy streets of Hong Kong, pasta is a tremendously celebrated dish in American cuisine today.

The basic preparation of pasta is simple—what you do with it is the hard work. Five cups of flour, 4-5 eggs, salt and a pasta press, and you're ready to create. Adding ingredients like tomato paste, pureed spinach leaves, herbs, spices, flavored vinegar, or squid ink unleash a cornucopia of dishes.

Make it a challenge to research and develop some of your own pasta dishes. You will realize quickly that it is inexpensive to make and a profitable dish on a menu. No wonder its popular in American restaurants today.

The following recipe for Fettuccine with Grilled Chicken and Basil is a favorite of mine that I have tried out on many people. It has proved to be simple and delicious. Try it!

Fettuccine with Grilled Chicken and Basil

Marinade
2 - 8 oz. boneless, skinless chicken breasts
2 large cloves of garlic, minced
1/2 cups onion, chopped
parched diced red pepper flakes
1/4 tsp dried thyme
1 tbls olive oil
2 red bell peppers sliced thin
1/2 cups chicken broth
1 tbls unsalted butter
2 tbls fresh basil, finely chopped
fresh lemon juice
1/2 lb fresh fettuccine
fresly grated parmesan cheese

Combine the ingredients for the marinade. Trim the skin and fat from the breast. Pour the marinade over the chicken, cover and refrigerate for several hours or overnight. In a small skillet saute garlic, onion, red pepper flakes, thyme, salt and pepper to taste in oil until onion is tender. Add bell peppers and broth, simmer covered for 10 minutes.

In a blender puree mixture until smooth. Return to skillet and swirl in butter. Add basil, lemon juice and chicken, salt and pepper to taste. Cook pasta in boiling water until tender, drain and toss with sauce. Sprinkle with parmesan and serve. Yield: 4 servings.

United Kent-A-Car Inc.

- Low daily, weekly, and monthly rates
- Subcompact to luxury - vans
- Free mileage - Free local delivery
- Cash deposits or credit cards accepted
- Minimum age is 21

$59.99 for 3 day weekend package rental

Student discounts available on all other rentals

CALL 732-6180

FREE "STUDENT TRAVEL" MAGAZINE!

171 Angell St. #129, Center of Providence. Providence, RI 02906
331-5810

Bowl to your favorite Rock, Pop, and Country tunes

Every Sat night from 9:30 - 12:30
Group Discounts, Live D,J., Prizes
Moonlight Bowling, Free Bowling Passes
D.J. - Paula Medeiros
Town Hall Lanes
4163 Atwood Ave., Johnston (5 min. from Prov: 6 west to rt 5)
831-6940

Cassarino's Restaurant
15% Discount With Valid Student ID.
Owned and operated by former J&W graduates.
Come join us for Lunch.
Served from
4:95-9:95.
Enjoy fine Italian cuisine.
177 Apollo Avenue, Warwick, Federal Hill
Providedance 751-3333
Open 3 days a week, 11:30-CLOSING
Reserve Facilities Available

We CAN HELP YOU WITH:
- Low Student/Teacher/Youth/Aviators
- Low Olympic/Aviators/ARMY
- Adventure Tours / Language Courses
- International Student / Teacher Info.
- Yearbook / Graduation Announcements
- Key Student / Teen/ Teacher Card
- Youth Hostel Memberships
- Car Rental / Leasing
- Enroll / Refund Fees issued on the spot

We GO WHERE YOU GO!

United Kent-A-Car Inc.

- Low daily, weekly, and monthly rates
- Subcompact to luxury - vans
- Free mileage - Free local delivery
- Cash deposits or credit cards accepted
- Minimum age is 21

$59.99 for 3 day weekend package rental

Student discounts available on all other rentals

CALL 732-6180

United Kent-A-Car Inc.

- Low daily, weekly, and monthly rates
- Subcompact to luxury - vans
- Free mileage - Free local delivery
- Cash deposits or credit cards accepted
- Minimum age is 21

$59.99 for 3 day weekend package rental

Student discounts available on all other rentals

CALL 732-6180
Delta Phi Epsilon  
On Thursday, October 7, D Phi E will be having a breakfast bake sale at Xavier. Rush information to be announced.
Phi Sigma Sigma  
Phi Sigma Sigma would like to thank everyone who attended the self defense seminar. A special thanks goes out to the Karate Club for co-sponsoring the event. Be sure to look out for our upcoming rush events as well as future activities. Congratulations to the Women of the 90’s for winning this year’s football tournament. Great job girls!!!!  
Pi Kappa Phi  
The brothers of Pi Kappa Phi would like to congratulate Delta Phi Epsilon on winning the Quarter Drop last year by raising over $600. All proceeds went to PUSH America from which Pi Kappa Phi received a bronze bar for raising just over $500. Because of Delta Phi Epsilon’s hard work, they were declared the strongest sorority, and the money they raised was greatly appreciated. We anticipate an even greater outcome this year.
Sigma Delta Tau  
SDT is back better than ever!
Looking forward to Fall Rush 1993 coming up in October. Keep an eye open for activities. Hope to see you there!
Congratulations to the Women of the ’90s for winning their first game.
Sigma Nu Sigma Sigma  
Gamma Mu is proud to announce that on September 25, we were colo- nized as Sigma Sigma Sigma Sorority. We would like to thank the Johnson and Wales community, especially the Greek Community for all of your support. Rush details to be announced.
For more information, contact Dee DeCuirten at 274-2263, or see a Sigma Sister.
Tau Kappa Epsilon  
On behalf of the brothers of Tau Kappa Epsilon, we would like to wish the Ronald McDonald house good luck with the walt-a-thon. We wish to work together so the greek system as a whole will thrive. Any extra help or donations are appreciated.  
For more information contact Mike Kaminke at 781-8428. Rush events to be announced.

Undergraduate Student Assembly  
Any student interested in becoming a USA Senator may pick up an application at the Friendship Building.
Applications are due by Oct. 13, and interviews will take place on Oct. 16. If you have any questions, call 564-1091 or stop by the USA of- fice on the first floor of the Friendship Building.
Make a difference - join your Student Government.
Society of Hosteuses  
The Society of Hosteuses would like to remind everyone about the New York Hotel Show on Nov. 6. This show is designed to help Hotel/Restaurant majors make new contacts and receive new product information.

Taste the State  
Continued from page 7  
Sponsors of the event worked hard to ensure that visitors and partici- pants alike, had a great time. "People who come to an event like this are looking beyond themselves," said Gall Alofsin of the Newport Yachting Center. She continued, "They have great heart. They're supporting so many charities."  
"This year's 'Taste' saw greater attendance due to better weather and better publicity efforts. (This year's festival) is a true taste of Rhode Island, from cultural to culinary, showcasing our diversity," stated Marybeth Miller, publicity coordinator.

Romance and Rhode Island  
By David Morris  
Staff writer

- Unless your idea of an evening out with a date is the two of you getting stinky drunk at a local bar or dancing around a group of hostile bar brawlers, your options on and off cam- pus might appear limited. Well, I'm here to tell you they are not. With a little bit of creativity and effort, you can come up with plenty of things to do and places to go in and around Providence.
- What follows is a list of ideas to bring back some of those romantic feelings that are lost by looking in at the Providence landscape:
- Stuff Your Face
- How about going out to eat? There are plenty of restaurants within walking distance of downtown. They vary in price, some more expensive than others, but most are reasonable. Some even offer student discounts. The Italian side of Providence, over on Atwater Avenue, has some quiet and elegant places. The Eastside of Providence also has nice restaurants that are sure to impress your date. Check local papers and your Yellow Pages for listings.
- You Wild Animal, You
- Go to the zoo. The Roger Williams Zoo is located on Breakside St. In Prov- ence, has many animals to look at. Right now, they have a "Plains of Af- rica" exhibit with many exotic ani- mals. Admission is $3.50 for adults, and the first Saturday of every month is free to all. Zoo hours are 9-5 p.m., seven days a week. Call 785-3510 for further details.
- Rough It
- Since you are going to the zoo anyway, bring some food for a picnic! Roger Williams Park, located right next to Roger Williams Zoo, is a great place to surprise your companion with a picnic.
- With a blanket, flowers and your choice of music, the two of you are in for an interesting day. Lay there under the sky and absorb your surroundings.
- You can rent paddle boats, ride an old style carousel or visit their planetarium. It is even an excellent place to bring your bicycles. The park is open till 9 p.m. everyday.
- Explore
- Walking around the city itself can be interesting. Thayer Street is home to many different restaurants, the- aters, and common, and not so common, shops. Thayer Street is located on the Eastside by Brown University and Minden Hall. There is always something going on at Thayer Street, and it is a short walk from downtown.
- Providence has many hidden shops that might interest you. (Who knows, maybe you'll even find a job at one of them.)
- Go Visit Mom
- Otherwise known as "Motion Od- dyssey Moree" ride. A four story movie screen in which the seats move along with the screen. It gives you the feeling that you are "in" the movie. It is located in Jordan's Furniture in Avon, MA.
- Avon is about 25 minutes away, so obviously, a car is needed. The price is $4 and proceeds go to charity.
- The ride is approximately 20 min- utes. Their telephone number is (500) 580-4900.
- Walk off a Cliff
- The cliffwalk in Newport, RI, is a great place to get away. If you are fortunate enough to have your own means of transportation, Newport is about a 40-minute ride from Prov- ence. You take 95 to 195 E to 138 E. If you're not fortunate enough, local buses like Romanza and group transportation companies like Laid Law Transit, Inc. might be able to help.
- The cliffwalk is free and open to the public year round, but you might want to take the chance of seasons into mind before setting out on this three-mile hike. The walk takes you through tunnels and big, beautiful mansion landscapes while you walk along the ocean. There are little clear- ings along the way, some a little se- cluded, where you can stop and talk.
- The town of Newport is located by the ocean and has many other things to offer from mansion tours and restaurants, to shopping and dancing.
- You can call the Newport Visitors Center at 401-849-8098 or (800) 326- 6000.
- They can answer any questions you might have or you can even request that a visitor's guide be sent to you. It's full of information about almost everything you'll need.
- Pack Up and Move Out!
- If all else fails, then leave! Find some means of transportation and go to Boston. Boston is less than an hour away and is a city full of things to do - day or night. It is the perfect day trip. Call (617) 777-3201 for more information. Tickets will be sold in the lobby of Xavier.  

Oct. 4 8-10 a.m. and 2-5 p.m.  
Oct. 5 8-10 a.m. and 3-5 p.m.
- There are three different show packages available. The first package is $25 and includes a membership and a T-shirt. The second package is $50. This includes the cost for transportation, entrance fee, and the reception following. The last one is a combination of the other two pack- ages and is only $65. Buses are sched- uled to leave at 9:30 a.m. from Xavier and 6 a.m. from Culinary. For more information contact Silvia Hildebrand at 277-2094.

For those who are more adven- turous find health pockets than the rest of us! you can stay overnight and make a weekend of it.
- Fall foliage is starting soon, and there's no better place to experience it than Maine or New Hampshire. Take a weekend off and drive up to see the changing colors of the leaves. If you want romance, you may have just found it. Many hotels and inns have been booked for months, so call early.
- Oh, one more thing, just make sure you come back in time for classes. Although admiring nature is great, your teacher might not be understanding if you miss their class.
- Don't go anywhere!
- That's right stay in your room. Romance is a state of mind. Put together a table setting just for the two of you on the floor or a crate. A couple of place settings with some flowers, etc. and you're in. Make do with what you've got.
- Remember, a thing or place doesn't make up romance, the person you're with does!
- These are but a few ideas of things to do around here. Many of these suggestions can be done with friends also. Obviously, there are many more. The purpose of this article was just to give you some ideas.
- It's harder to come up with different ideas all the time, but you are only limited by your imagination.
- There are even places around Providence where you can watch the stars and the illuminating lights from the buildings. It makes for a beautiful sight...but you have to find those yourself.
Features

Quick jaunt though my mind

OK, I think I've got the message. Some people are having a hard time understanding where I am coming from. Therefore, I've come up with a couple of little treats for everyone, so sit back and enjoy. I must say that I really enjoyed writing this. Not to say that I don't enjoy this every week, but I do have my favorites and this one is right up there. I've had a good amount of feedback on my terminology in The Mosh Pit column. So now I've come up with a handy dandy Pit Explanation Chart. I really hope this helps everyone's comprehension. If there is still trouble, then maybe it's a couple of times and you'll figure it out from the context, probably.

- Dade (noun) - Doo-eud - An informal greeting or goodbye, also by way of getting someone's attention, like hailing a cab.
- Dade and a Half (noun and a half) - Doo-eud and ah Haasp - Wicked awesome, nothing is better than anything or anyone who holds this title. Supernatural, God-like.
- Par-see (verb) - Parrrrrr - tea - Green, cool, or yikes. This one is hard to explain because I got it from the movie Weird Science and it's been a really long time since I've seen it. Look for meaning in context.
- Beautimus (noun-ish) - Buuh It naa - More than beautiful, prettier than Madonna or Bon Jovi. Another way of saying perfect.
- Primo (adjective) - Prime-mo - Awesome; usually refers to bands or a song.
- Frisky (verb) - Fri skye - Feeling really wild, would not normally do certain things unless F'm in this state. Also known as my antagonistic state.

Top 10 favorite bands

<table>
<thead>
<tr>
<th>National Bands</th>
<th>Local Bands</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. King's X</td>
<td>1. 2nd Skin</td>
</tr>
<tr>
<td>2. Galactic Cowboys</td>
<td>2. Smudge</td>
</tr>
<tr>
<td>3. 24-7 Spyz</td>
<td>3. Emissary</td>
</tr>
<tr>
<td>4. Pantera</td>
<td>4. Smea</td>
</tr>
<tr>
<td>5. Alice in Chains</td>
<td>5. Aiz</td>
</tr>
<tr>
<td>6. Soundgarden</td>
<td>6. Are We Dead Yet</td>
</tr>
<tr>
<td>7. Megadeth</td>
<td>7. Auditory Imagery</td>
</tr>
<tr>
<td>8. Sepultura</td>
<td>8. Tipper Gore</td>
</tr>
<tr>
<td>10. Faith No More</td>
<td>10. The Lids</td>
</tr>
</tbody>
</table>

Now, these aren't set in stone. These are some bands that I feel are primo.

I love all the bands, so if anyone wants to send their Top 10 list to Publications in the Friendship Building. We will do the math on the list and see whose bands we can use. I could use a good argument or two. Actually, I'd love to hear what you like or just tell me what you think of this one. If I get enough stuff from everyone, I'll publish the results. Just remember, no matter what anybody says, King's X will always rule.

The Mosh Pit's Most Recommended Concerts

<table>
<thead>
<tr>
<th>Club</th>
<th>Concert Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Club Babyhead</td>
<td>Oct 6 Do Diddley, 8 p.m., $8.50</td>
</tr>
<tr>
<td></td>
<td>Oct 16 Are We Dead Yet, Dr. Bewkenheimer, Smudge, and Shed, 9 p.m., $5.00</td>
</tr>
<tr>
<td></td>
<td>Oct 19 Dead Milkmen and Raise, 8 p.m., $7.50</td>
</tr>
<tr>
<td></td>
<td>Oct 29 Only Living Witness, Gear Head, 2nd Skin, Snoopy Box, 8 p.m., $5.00</td>
</tr>
<tr>
<td>Luigi's</td>
<td>Oct 6 Belly, Radiohead, Time TBA, $13.00</td>
</tr>
<tr>
<td></td>
<td>Oct 7 Brother Cane, Time TBA, $4.00</td>
</tr>
<tr>
<td></td>
<td>Oct 9 Rollins Band, Time TBA, $12.00</td>
</tr>
<tr>
<td></td>
<td>Oct 13 Ziggy Marley and The Melody Makers, Time TBA, $16.50</td>
</tr>
<tr>
<td></td>
<td>Oct 15 Jackyl, with Mind Bomb, Time TBA, $9.94</td>
</tr>
<tr>
<td></td>
<td>Nov 6 Concrete Blonde, Time TBA, $13.00</td>
</tr>
<tr>
<td></td>
<td>Nov 10 Living Colour, Time TBA, $13.00</td>
</tr>
<tr>
<td></td>
<td>Nov 12 and 13 Robert Cray Band, More details later</td>
</tr>
</tbody>
</table>

Rocky Point Palladium

| Oct 11 Cypress Hill, House of Pain, 8 p.m., Tickets $16 |
| Oct 14 Strand | Oct 7 Charlie Daniels Band, Time TBA, $9.50 |
|              | Oct 8 Brian May, Time TBA, $18.50 |
|              | Oct 13 Shabba Ranks, Mad Cobra, Time TBA, $21.50 |
|              | Oct 26 De La Soul, A Tribe Called Quest, Time TBA, $17.50 |

Question of the Week returns

What do JWU students think about the attendance policy? How are your classes? What's good to do around campus? Do you find yourself asking these questions, and many others? Would you like to know what other students think? That's the purpose of the "Question of the Week" article. We ask relevant questions, or those that are of interest to the JWU community. Would you like to take this opportunity to ask: what questions do you want answered?

Please send suggestions or comments to the Campus Herald. If you see me walking down the street, stop and talk with me. My goal is to have readers who look forward to reading this every week. Eventually, it could become a major asset to the paper.

With your feedback and insights, I can bring this feature to its full potential.

Send in your comments to Campus Herald, c/o David Morra

Note: Next week's "Question of The Week" is, "Do you feel that JWU is preparing you for your future career plans?"

Trivia

This week's trivia question is:

You have fifty coins totaling $1.00. You drop one down an open drain while tossing the coins in your hand. What is the chance that you have lost a quarter?

Write in or drop off your answer to the Campus Herald, located on the second floor of the Friendship building. Care of David Morra.

The person with the correct answer will be published in next week's paper, along with the answer to the question.
ΓΦ - it's not the end...

Sigma Sigma Sigma -
we're ready to begin!

Come be a part...
from the start

Stay tuned for informal rush October 12, 13, & 14.
Rides will be available from Chestnuts at 6:30pm.

For more information, see a Sigma Sister, or call Dee Dee Guertin at 274-2263, or Amy Padden at 861-4684.
Position Available in the Office of Student Publications

Are you looking for an Office Assistant Position? We're Looking for YOU!

Resumes are being accepted immediately!

Bring them to the second floor of the Friendship Building,
Monday through Thursday, 8:30 - 4:30.

For more information, contact Ms. Jamie Landow,
Director of Student Publications, at 455-2867.

Attention Graduates,
Sophomores & Seniors
Strike a pose!

Don’t miss out on the ONLY chance
to get your face in the yearbook!!!

Now until October 8th
Monday thru Thursday: 12 noon - 7pm
Fridays: 10:00am - 5:00pm
at
University Hall
2nd floor study Room
(The new library on the corner of Weybosset & Dorrance Streets)

**This is the only chance to take photos. No make-ups allowed. If unable to attend, send a 3x5 inch, black & white headshot picture of you to the Friendship Building, 2nd floor. Appointments not necessary.

6-8 poses FREE
12-16 for $10

For more information, call The Johnsonian at 455-2804

Be An Animal!

Join The
Campus Herald!

We are currently looking for volunteers to fill these positions:

- Advertising Manager
- Campus Briefs Editor
- Culinary Living Editor
- News Editor
- Sports Editor
- Photographers (darkroom experience preferred)

Come in on Thursdays at 5pm for our weekly meeting. We are located on the second floor of the Friendship Building.
Call the editor, David Reinhold at 455-2804 for more information. GET INVOLVED!
College Astrology
by Linda C. Black

Aries (March 21-April 19). If you sell something you're not using, you may be able to buy something else you want. Monday would be a good time to place the ad. Concentrate on your studies Tuesday and Wednesday, because you may not feel like doing them Thursday and Friday. Sports, romance and partnerships are favored this weekend.

Taurus (April 20-May 20). You should be feeling pretty good on Monday, but you may be swamped with tons of paperwork. Do your shopping then, too. Tuesday and Wednesday, books and supplies will cost too much. Thursday and Friday are best for studying, especially regarding finances. Friday afternoon is excellent for a trip that combines business with pleasure. You may have to spend most of the weekend at home, entertaining.

Gemini (May 21-June 21). Monday is pay-back time. Do something you promised. Tuesday and Wednesday are much better. Give speeches and write papers on those days, if possible. Thursday and Friday could be expensive. On the other hand, if you shop for food in huge quantities, you could save money in the long run. Studies will be easy this weekend, but there'll be lots of social activities too.

Cancer (June 22-July 22). Get friends to help you with a domestic project on Monday, and it'll go faster and be more fun. Tuesday and Wednesday, you may not be doing a project for which you have no interest. Maybe you can get a roommate to help. Thursday and Friday should be more fun, when the moon is in your sign. You may be tempted to throw your money around this weekend to impress somebody cute. Don't.

Leo (July 23-Aug. 22). It may be hard getting started Monday. Persevere. You'll probably enjoy your classes once you get there. Tuesday and Wednesday are excellent for club meetings, social action and speaking before large groups of people. Be careful, you may get elected. A deadline looms Thursday or Friday. This weekend, the ball is in your court.

Virgo (Aug. 23-Sept. 22). Sign up to travel Monday morning. If you can, Good friends will be on the fringe benefits. A professor may really pile on the work Tuesday or Wednesday, but you'll be able to handle it. Make sure you understand what's expected. Thursday and Friday are both good for group projects, and Friday night is excellent for romance. They may get together. Respect yourself by not getting to the edge of your playtime this weekend.

Libra (Sept. 23-Oct. 22). Be careful with your credit cards Monday. That's real money you're spending! Tuesday and Wednesday are excellent for travel, reading and writing. You may find a conversation so fascinating that you stay up all night talking, too. Don't forget the homework, because a stern professor will not go for excuses Thursday or Friday. An entertainment event even this weekend will be fabulous.

Scorpio (Oct. 23-Nov. 21). Meet with a partner on Monday and figure out what you need to accomplish next. Tuesday and Wednesday you may be too busy with stuff you don't want to do. Also, take careful notes on those days, and you may find the answer to a question that's been giving you fits. Thursday and Friday are for travel, business and food. Expect tough competition all through the weekend.

Sagittarius (Nov. 22-Dec. 21). Work hard Monday so you'll have time Tuesday and Wednesday to play with friends. If you're having trouble in class, it should be easy to find a tutor those days. If you're in a social group with financial difficulties Thursday or Friday, suggest a fund-raiser involving food. The big game this weekend would be a great place to sell; the place will be packed.

Capricorn (Dec. 22-Jan. 19). Monday morning is good for romance. Schedule a breakfast date. Tuesday and Wednesday, you may not have much time for fun. A complicated writing project could be hard work. Thursday and Friday are good for making friends, but don't get caught talking in class. You may be considering a major purchase this weekend. If so, get it checked out by an expert first.

Aquarius (Jan. 20-Feb. 18). Take care of the house on Monday. You'll have more time for romance on Tuesday and Wednesday. Play with your friend or interview prospects then. Also, do homework; it will be a snap. Thursday and Friday are made for work. Work with a partner this weekend, and you may build something that's never been seen before.

Pisces (Feb. 19-March 20). Monday is a good study day, so do it. Your home or room may be the site of a fascinating conversation on Tuesday or Wednesday. Thursday and Friday are good for making friends, and your work should be over by then. If you are worried about finances, you may be able to find a job over the weekend.

THE Crossword

<table>
<thead>
<tr>
<th>ACROSS</th>
<th>ANSWERS</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Relaxes</td>
<td>10. TV's — Johnson</td>
</tr>
<tr>
<td>6. Fruit drink</td>
<td>11. Barno, e.g.</td>
</tr>
<tr>
<td>15. Groovy</td>
<td>15. Tangle</td>
</tr>
<tr>
<td>20. Shopahope</td>
<td>24. &quot;Requires&quot;</td>
</tr>
<tr>
<td>21. Greater in size</td>
<td>25. — &quot;Fear&quot;</td>
</tr>
<tr>
<td>22. Shed</td>
<td>27. Not as good</td>
</tr>
<tr>
<td>26. Poetic word</td>
<td>30. &quot;Times of rode&quot;</td>
</tr>
<tr>
<td>27. &quot;Texas City&quot;</td>
<td>31. &quot;Metalic fabric&quot;</td>
</tr>
<tr>
<td>30. &quot; — — in a bone&quot;</td>
<td>34. &quot; — — in a bone&quot;</td>
</tr>
<tr>
<td>34. &quot; — — in a bone&quot;</td>
<td>35. &quot; — — in a bone&quot;</td>
</tr>
<tr>
<td>40. &quot; — — in a bone&quot;</td>
<td>41. &quot; — — in a bone&quot;</td>
</tr>
<tr>
<td>41. &quot; — — in a bone&quot;</td>
<td>42. &quot; — — in a bone&quot;</td>
</tr>
<tr>
<td>42. &quot; — — in a bone&quot;</td>
<td>43. &quot; — — in a bone&quot;</td>
</tr>
<tr>
<td>43. &quot; — — in a bone&quot;</td>
<td>44. &quot; — — in a bone&quot;</td>
</tr>
<tr>
<td>44. &quot; — — in a bone&quot;</td>
<td>45. &quot; — — in a bone&quot;</td>
</tr>
<tr>
<td>45. &quot; — — in a bone&quot;</td>
<td>46. &quot; — — in a bone&quot;</td>
</tr>
<tr>
<td>46. &quot; — — in a bone&quot;</td>
<td>47. &quot; — — in a bone&quot;</td>
</tr>
<tr>
<td>49. &quot; — — in a bone&quot;</td>
<td>50. &quot; — — in a bone&quot;</td>
</tr>
<tr>
<td>51. &quot; — — in a bone&quot;</td>
<td>52. &quot; — — in a bone&quot;</td>
</tr>
<tr>
<td>52. &quot; — — in a bone&quot;</td>
<td>53. &quot; — — in a bone&quot;</td>
</tr>
<tr>
<td>54. &quot; — — in a bone&quot;</td>
<td>55. &quot; — — in a bone&quot;</td>
</tr>
<tr>
<td>56. &quot; — — in a bone&quot;</td>
<td>57. &quot; — — in a bone&quot;</td>
</tr>
<tr>
<td>57. &quot; — — in a bone&quot;</td>
<td>58. &quot; — — in a bone&quot;</td>
</tr>
<tr>
<td>59. &quot; — — in a bone&quot;</td>
<td>60. &quot; — — in a bone&quot;</td>
</tr>
</tbody>
</table>

D 20 19 18 17 16 15 14 13 12 11 10 9 8 7 6 5 4 3 2 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60
Classifieds

WANTED
• FREE TRIP AND MONEY! Individuals and student organizations wanted to promote the hottest spring break destinations. Call the nation's leader, Inter Campus Programs at 1-800-237-6013.
• Do you want fast and accurate WORD PERFECT typing at $2 a page? Call TERRIE at 941-8914.
• FREE GAS! Ride needed? Any weekend to the Williamsport PA area. I'll buy the gas. Call 272-5276.
• RESEARCH PARTICIPANTS WANTED: Must be 21-30 years old; daily smoker; and beer drinker. $50.00 and pizza provided for one 3-hour session. Call Brown University center for alcohol studies, 863-2333.
• GREEKS AND CLUBS. Raise up to $1,000 in just one week for your fraternity, sorority & club. Plus $1,000 for yourself! And a FREE T-SHIRT just for calling: 1-800-952-0528, ext. 75.
• TRAVEL FREE! Sell Quality Vacations! The Hottest Destinations! SPRING BREAK Cancun, Jamaica, Bahamas. S.Padre, Florida. Best Commissions! Service! Sun Splash Tours 1-800-426-7716.
• SPRING BREAK: Sell Trips! Earn Cash & Go Free! Student Travel Services is now hiring campus reps. Call @ 800-645-4845
• CAMPUS REPRESENTATIVES: SPRING BREAK DISCOUNTERS! (Vacation Packages). Earn cash & free trips. Cancun, Bahamas, S.Padre Island, Daytona. We handle bookkeeping - you handle sales. 1-800-336-2360 Monday thru Friday (9am-5pm).
• LOOKING FOR WORK? We're looking for you! Days, nights, weekends. Flexible hours. Good pay. Call 272-0209.
• FREE TRIPS & CASH: Call us and find out how hundreds of students are already earning FREE TRIPS and LOTS OF CASH with America's #1 Spring Break company! Choose Cancun, Bahamas, Jamaica, Panama, Daytona or Padre! CALL NOW! TAKE A BREAK STUDENT TRAVEL (800)332-8A3E or (617)243-8222.
• INSTRUCTOR OF RUSSIAN and German gives lessons. Call 272-6694.
• '83 VW RABBIT GTI 5 spd, runs great! Black, red interior. $1,200. Call 454-2745 $1,200 obo
• SPEDREADING & STUDY SKILLS. 3,000 to 5,000 words per minute! 80% to 90% comprehension! 334-2925.

HOUSING
• NICE, LARGE 2 & 3 BEDROOM APPTS. Mt Pleasant, off Atwell's on busline. 10 mins. to town. Parking. 751-6740.
• SHARE 3 BEDROOM APT. In nice Eastside location. $275 each. 2 rooms left. Parking. 751-6740.
• NICE, LARGE 2 & 3 BEDROOM APPTS. Mt. Pleasant, off Atwell's on busline. 10 mins. to town. Parking. 751-6740.
• S/A #44 1 BEDROOM APT., in nice Eastside location. $275 each. 2 rooms, parking. 751-6740.

EYE EXAM, CONTACTS & SOLUTIONS $99.50
ONLY.
EYE EXAM INCLUDING FITTING AND DAILY DISPOSABLES: INCLUDES FREE SOLUTION KIT.
Coupon must be presented at time of purchase. Cannot be used in conjunction with other discounts, promotions or insurance benefits. Some restrictions apply.
Expires 03.94.
421-9515
THE GREENBERG
Family Optometrist
386 Smith St., Providence.
Vision Benefits Accepted - VISA, MC ACCEPTED

Free for life.
(Offer expires only when you do.)

Get an AT&T Universal MasterCard and you'll be eternally grateful.
Because it's more than just a credit card that's free of annual fees forever.
It's also an AT&T Calling Card that currently gives you a 10% discount on already competitive AT&T Calling Card rates. It's all part of The i Plan.™

Special student offer. To apply, come by
our booth on campus or call 1 800 438-8627.
LIFE WITHOUT IT BITES.

Here's something to chew on.
No annual fee. Now that's something you can sink your teeth into.

IF YOU DON'T GOT IT, GET IT.
Sports

Women Griffins tie Becker

In a grueling back and forth soccer game, the Johnson & Wales women's soccer team gave Becker College all they could handle taking them to a 2-2 overtime tie Saturday, Sept. 25, at the Wheeler School fields in Seekonk, MA.

Both teams were evenly matched and had many scoring opportunities throughout the game, but good goalkeeping for JWU by Nicole Caudette and Kathy Alexander for Becker College kept the game close. The lady Griffins scored first when Jen Barney took a pass from Kristen Lowd at the 7-minute mark of the first half and slid it by a diving Alexander. Just three minutes later, Becker answered the call with a goal that was unassisted by Karen George. Moments after the George goal, JWU regained the lead once again when Kathy Stayer took a cross pass from Jen Barney and tapped it into an open net.

JWU went into the half with a 2-1 lead. The only scoring in the second half was by Becker at the 15-minute mark when Michelle Caudette took a pass from Terri Minoque and deposited it past a diving Nicole Caudito into the back of the net. A crucial breakaway by Becker late in the game was stopped by Nicole Caudito to keep the tie preserved and sent the game into overtime.

JWU dominated the overtime. Their best scoring chance was with moments left when Jen Barney faked out three Becker defenders and shot the ball into an open net past a diving Kathy Alexander, but the ball hit the top crossbar and the game ended in a 2-2 tie.

JWU is now 2-1-1, while Becker is 1-2-1. A good all-around performance was given by the lady Griffins; good play was also given by Jami Roalson, Toni Jovene, Lisa Devaney and Leigh Tompkins.

The women's team has a couple of road games coming up. October 4, they play at LeSalle College; Oct. 7 at Wesley College and their next home game is October 16 against LeSalle College at Noon.

American League

The American League Championship Series between the Chicago White Sox and the New York Blue Jays kicks off October 9th in Chicago. For Chicago, it's their first trip to the ALCS in 10 years; while for the defending World Champion Blue Jays, it's their third consecutive trip.

Toronto was sparked by John Olerud's run at a .300 batting average and strong pitching behind Pat Hentgen and reliever Duane Ward.

The White Sox have been contenders the last few years with consistently strong hitting from Frank Thomas, Robin Ventura and Lance Johnson, joined this year with Comeback Player of the Year candidate Bo Jackson.

Important Intramural Dates
First Trimester

Oct. 4  Rosters due for coed softball tournament
Oct. 5  Season begins for 3 on 3 basketball
Oct. 8  Coed softball tournament
Oct. 16 Fall One Mile Run, Hospitality Center, 10 a.m.
Oct. 16  Concert: The Joshua Tree - U2 Tribute Band
          With special guest Free To Choose, Culinary Gym, 7 p.m.
Nov. 12  Rosters due for indoor soccer, coed volleyball, and men's & women's basketball
Nov. 13  Pre-Final Dance Party, Xavier Gym, 10 p.m. - 2 a.m.
Nov. 16  Captain's meeting, indoor soccer, Xavier Gym, 7:30 p.m.
Nov. 16  Study sessions, Culinary & Xavier Gyms 17 & 18, 8 p.m. - 12 Midnight

The Joshua Tree is coming to rock JWU on October 16. Get your tickets now!

playoff preview

It was the White Sox up-and-coming pitching staff that pulled them through this year with Cy Young-type numbers put up by Jack McDowell and the surprising seasons of youngsters Alex Fernandez, Jason Bere, Wilson Alvarez and Roberto Hernandez. Going into the final weekend of the season, the two teams were tied for the best road records in the majors, with Toronto holding a slight overall edge on the Sox.

The first game of the ALCS will be on CBS Tuesday night. Look for Jack McDowell to start for the White Sox and Juan Guzman for the Blue Jays, who hasn't lost game since July 20.

Not even your local diet center offers reductions like this.

To order direct from Apple or to learn more about Apple products and easy financing—
CALL 1-800-877-4433, ext. 40

Apple Macintosh
Color Classic II™, Apple IIc, Apple IIe, Apple IIgs,
and Apple Pippin II ($195)...

Apple Macintosh
Color Classic II™, Apple IIc, Apple IIe, Apple IIgs,
and Apple Pippin II ($195)...

Apple Powerbook™ 100 800,
Apple Powerbook 510c, Apple Powerbook
Suite Information ($495)...

To get substantial savings on these Macintosh personal computers, there's one place you'll want to head for: your telephone. To order yours direct from Apple—and to find out about easy student financing with the Apple Computer Loan—call 1-800-877-4433, ext. 40. Or see your Apple campus representative today. And discover the power more college students choose. The power to be your best.
Welcome to the weight room
by Bill Gonzalez,
Sports Writer

To all freshmen and transfer students, welcome. To all returning students, welcome. To all old guards, welcome.

Other than the new editor in chief, I am the only staff member left who was here when we first became a student-run publication. I tell this in order to explain my journalistic background as well.

My style of training is very unfashionable for the way of the student body trains. This is because I am what is known as a hard gainer. The term was coined by the late Peary Radar, co-founder of the MANN magazine along with his wife, Mabel. They wrote about training for those with average and below average potential for pumping iron.

My articles are very similar. I believe that the average Johnny Walker is far too busy going to class, working and taking care of other responsibilities to workout sixty days a week for two hours per session; that is simply much too draining for anyone to handle.

My routines are brief, effective and efficient. Whether a person can lift more than 300 pounds or less than 30, the routines are equally effective. Train sensibly but with effort, and you will become stronger. This I Guarantee!

While time and space are both limited, I can say for now that one should first have a doctor's ok to workout. This is extremely important. Also, start off easy and then, gradually build up. Only a moron would let a beginner to workout with hundreds and hundreds of pounds because "this is the way to do it." Even if you have to start off with just the bar, don't worry; many people did, too, and they gradually became extremely powerful. Good luck!

Women of the 90s takes flag football title

Women of the 90s is this year's Women's Flag Football Champion, beating Theta Phi Alpha by a score of 2-0. In one of the most unusual games in the history of Johnson & Wales intramural football, the game between Women of the 90s (a team made up of Phi Sigma Sigma and Sigma Delta Tau) and Theta Phi Alpha was decided by a safety. The game was held Sept. 24 at the Shipyard Field in Providence. The only scoring of the game was in the first half when Gina Costabile sacked the Theta Phi Alpha quarterback with four minutes remaining in the half.

The game was very competitive with both teams having their opportunities to score, but defense from both teams kept the game close and exciting. Both teams had good offensive plays and came ready to play. Both teams used reverse and fake handoffs as well as some nifty screen plays to try to break the solid defenses.

"It was a realistic good game; Theta Phi Alpha came ready to play," Allison Abrams of Phi Sigma Sigma said. "I would like to thank all the coaches from both teams for helping out. It was very competitive game. We'll have to do this again," Melody Escalona of Sigma Delta Tau said.

Griffins split weekend series

by Todd Alley
Staff Writer

The Johnson & Wales men's soccer team visited the Maine Maritime Academy last weekend.

Saturday morning, the team beat Maine Maritime Academy 5-4 at the MMA's homecoming game in overtime with the winning goal by freshman Adam Ritter. Also scoring goals were Johann Baldwin and Joseph Hazelwood. The MVP of the game was Senior Pete Karatzas, who scored the third and fourth goals for the victory. Goalie Reggie Lawrence had several awesome saves to help lead his team to victory.

Sunday, the men's team lost a hard-fought match, due to injuries from the first game, by a score of 1-2. The MVP of the game was Johann Baldwin with several goal-saving blocks and excellent defense. The goal scored by Pete Karatzas, with only forty-five seconds left in the game, put the game into overtime. Todd Hart had a great game as goalie with several important blocks. The excellent defensive players of the game were Johann Baldwin, Ronnie Janu and Sal Baroni.

Pete Karatzas, MVP of Saturday's game, said the whole team played an excellent game. Karatzas also felt that the Mariners were in better shape, but the Griffins had better overall team play.

Gregg Miller, the men's and women's soccer coach, said he felt that there has been a major improvement in the soccer teams in the last two games.

Last weekend, the team stayed on a 450-yard-long training ship that was in World War II, Korea and the Vietnam War.

The Mariners had installed a $1.2 million field two days before the game on Saturday. The players said they found that the field gave the ball better control and faster response.

Directions to the games

The Culinary Gymnasium
Washington Avenue
Providence, RI 02905
(401) 456-1465

Take I95 to Exit 18 (Thurbers Avenue). From the northbound bear left or bear right from the soutb bound and follow the road to the lights. At the lights turn right onto Allen's Avenue. Turn left first light. Follow this road for 200 yards and turn first right. Follow for approx. 1.5 miles until you see the campus on your right. Gymnasium is the large white building at the rear of the parking lot.

The Wheeler School Fields
Walker Street
Seekonk, Mass.

Take I95 to Exit 20 (I-195). Follow I95 for approx. 5 miles into Mass. and turn left at Exit 1. At the exit bear left and turn left at the light. Follow this road (You pass a movie theater). When the road forks, stay to the right (Grill Mill Tavern on left) and follow this road until it ends at Route 152 (Approx 4 miles). Turn right onto Route 152 and follow until you reach Walker Street. Turn Right onto Walker Street, fields are approx 1.5 miles down on the right.

Women's home soccer schedule

October 9 Mass. Bay C.C. 2 p.m.
October 16 LaSell College 12 p.m.

Men's home soccer schedule

October 23 Mass. Pharmacy 2 p.m.

All home games are played at Wheeler Fields in Seekonk Mass.