# Breakfast

**FRUITS and JUICES**
- Orange Juice
- Tomato Juice
- Grapefruit Juice
- Baked Apple
- Raspberries
- Sliced Peaches
- Half Grapefruit
- Stewed Prunes or Pears

**CEREALS**
- Boiled Farina with Milk
- Hot Ralston with Milk
- Rice Krispies
- Puffed Rice
- Wheaties
- Grape Nuts
- Post Toasties
- Shredded Wheat
- Bran Flakes

**FISH**
- Fried Flounder, Tartare Sauce

**EGGS**
- Cheese or Jelly Omelette
- Scrambled with Smoked Salmon or Plain
- Poached
- Fried

**MEAT**
- Creamed Chicken Hash on Toast

**FROM THE GRILL**
- Yorkshire Ham

**POTATOES**
- Boiled
- Home Fried

**COLD DISHES**
- Assorted Meat Platter
- American or Roquefort Cheese

**ROLLS – MUFFINS – TOAST**
- Blueberry Muffins
- Assorted Sweet Buns
- French Buttered or Dry Toast
- Waffles with Maple Syrup or Honey

**JAMS – PRESERVES**
- Raspberry
- Guava Jelly
- Blackberry
- Peach
- Pineapple
- Grape
- Red Currant Jelly
- Bar-le-Duc
- Sweet Marmalade
- Cherry

**BEVERAGES**
- Coffee
- Milk
- Cocoa
- Chocolate
- Postum
- Ovaltine
- English Breakfast, Orange Pekoe, Green, Ceylon or Oolong Tea

**5. S. INDEPENDENCE**
- Friday, November 24, 1961