



# Benny's

## On The Beach

582-9001

## Good Morning, Breakfast is Served!



We at Benny's On The Beach take great pride in our breakfast plates. We use only the freshest ingredients money can buy and pass them on to you. Our management and staff strive for 100% satisfaction to you, our customer.

### Thank You



### FROM THE GRIDDLE

#### Traditional Buttermilk Pancakes

|                 |        |
|-----------------|--------|
| 4 Pancakes..... | \$4.99 |
| 3 Pancakes..... | \$4.25 |
| 2 Pancakes..... | \$3.99 |

#### Specialty Pancakes

|   |        |
|---|--------|
| Blueberry (3).....                      | \$6.99 |
| Banana Pecan (3).....                   | \$6.99 |
| Banana Nut (Almonds & Walnuts) (3)..... | \$6.99 |
| Banana Granola.....                     | \$6.99 |

#### Traditional French Toast

|               |        |
|---------------|--------|
| 3 Slices..... | \$4.99 |
| 2 Slices..... | \$3.99 |

#### Specialty French Toast

|                         |        |
|-------------------------|--------|
| Crunch Granola (3)..... | \$6.29 |
| Nutty Almond (3).....   | \$6.29 |

### MEAT

Add Meat to your  
Pancakes or French Toast  
Bacon, Sausage or Lean Honey Ham  
\$2.50



### KIDS KORNER

|                                    |        |
|------------------------------------|--------|
| Dolphin (Pancake & Bacon).....     | \$3.29 |
| Sharky (French Toast & Bacon)..... | \$3.29 |

### BENNY'S BAGEL

Scrambled Egg, Bacon, Ham & Cheese  
Served with Home Fries and Fresh Fruit  
\$7.99



### SIDES & SUCH

|                             |        |                           |        |
|-----------------------------|--------|---------------------------|--------|
| Fried Egg.....              | \$2.49 | Toast & Jelly.....        | \$1.50 |
| Bacon, Sausage or Ham.....  | \$2.95 | English Muffin.....       | \$1.50 |
| Home Fries.....             | \$2.25 | Bagel.....                | \$1.50 |
| Home Fries with Cheese..... | \$2.99 | Bagel & Cream Cheese..... | \$1.99 |
| Grits.....                  | \$1.99 | Homemade Muffins.....     | \$1.88 |
| Cheese Grits.....           | \$2.99 | One Egg.....              | \$1.25 |
| Corned Beef Hash.....       | \$2.95 | Toasted Croissant.....    | \$1.95 |

### BEVERAGES



Soft Drinks ~ Lemonade ~ Iced Tea  
16 oz. \$1.50 ~ 32 oz. \$2.25

Coffee or Hot Tea \$1.75 ~ Hot Cocoa \$2.00  
Milk \$1.50 ~ Bottled Water \$1.50

Orange, Apple, Grapefruit or Tomato Juice ~ \$2.50

NOW SERVING PELLIGRINO MINERAL WATER ~ \$3.00



### FOR THE FRUIT LOVER

|   |        |
|---|--------|
| Fruit Platter.....  | \$8.99 |
| Combination of Seasonal Fruit<br>served with Cottage Cheese |        |
| Tropical Fruit Salad.....                                   | \$7.95 |
| Served with a Cinnamon Nut Muffin                           |        |
| Half Grapefruit (In Season).....                            | \$1.99 |
| Half Melon (In Season).....                                 | \$1.99 |



# EGGS

## FISHERMAN



**TWO EGGS YOUR WAY**  
2 slices of French Toast,  
2 strips of Bacon & 2 Sausages  
Choice of Coffee or Tea  
**\$7.25**

## SNOWBIRD

**THREE EGGS YOUR WAY**  
2 Fluffy Pancakes,  
2 strips of Bacon, 2 Sausages,  
Choice of Coffee or Tea  
**\$7.99**

## STEAK & EGGS

8 oz. N.Y. STRIP SIRLOIN  
Served with 2 Eggs Your Way,  
Home Fries or Grits,  
Toast & Jelly  
**\$11.95**



# OMELETES

All omelets made with 3 egg and the freshest ingredients on the market.  
You may also choose an egg white omelet made with fresh egg whites  
for only \$1.00 extra.

All omelets served with Home Fries or Grits, Toast & Jelly

- Vegetarian** ..... \$7.99  
A combination of Grilled Onions, Fresh Mushrooms,  
Green Peppers and Diced Tomatoes.
- Western and Cheese** ..... \$7.99  
A combination of Grilled Onions, Grilled Peppers and  
Diced Ham, topped with Cheddar Cheese Sauce.
- Trio Classic** ..... \$7.99  
Your choice of any three items (Ham, Bacon, Sausage, Tomato,  
Green Peppers, Fresh Mushrooms, American, Swiss or Feta Cheese)
- Greek** ..... \$7.99  
Feta Cheese, Grilled Onions, Tomatoes and a pinch of Oregano
- Spinach and Feta Cheese** ..... \$7.99
- American** ..... \$6.99  
Choice of American, Swiss or Provolone Cheese

## SUNRISE

**TWO EGGS YOUR WAY**  
Home Fries or Grits, Toast and Jelly  
**\$4.25**  
With Bacon, Sausage, Honey Ham or Corned Beef Hash  
**\$5.29**



## SURFER

**TWO EGGS YOUR WAY**  
2 Fluffy Pancakes,  
2 strips of Bacon, 2 Sausages,  
Choice of Coffee or Tea  
**\$7.25**

## EGGS SEASIDE



**TWO POACHED EGGS**  
Nesting on Corned Beef Hash  
Topped with Cheddar Cheese Sauce,  
Served with Home Fries or Grits,  
Toast & Jelly  
**\$7.99**

## BENEDICTION

Traditional Benedict ... \$7.99  
2 Poached Eggs on top of Canadian  
Bacon, Tomato, English Muffin,  
topped with Hollandaise Sauce

Turkey Benedict ..... \$7.99  
2 Poached Eggs on top of Turkey,  
Tomato, English Muffin,  
topped with Hollandaise Sauce

Neptune's Benedict ... \$7.99  
2 Poached Eggs on top of Seafood  
Salad, Tomato, English Muffin,  
topped with Hollandaise Sauce

Crab Cake Benedict... \$9.95  
2 Poached Eggs on top of a Fresh  
Crab Cake, Tomato, English Muffin,  
topped with Cayenne Hollandaise Sauce

all above served with Home Fries or Grits

## DELUXE BREAKFAST SANDWICH



Bacon, Ham, Cheese,  
Egg and Tomato on a  
Grilled Pita Bread  
served with Home Fries **\$7.99**

## STUFFED JUMBO CROISSANT



Scrambled Egg, Diced Ham topped  
with Cheese Sauce, Home Fries or Grits,  
Choice of Tomato, Orange,  
Grapefruit or Apple Juice  
**\$7.99**

## WESTERN CROISSANT

Scrambled with Ham, Green Peppers,  
Onions, topped with Cheese.  
Served with Home Fries or Grits and juice  
**\$7.99**

# Lunch Menu

**GIFT  
CERTIFICATES**  
Available  
Year  
Round



## KIDS KORNER

Snoopy (Hot Dog & Fries)..... \$4.95  
Charlie Brown (Grilled Cheese & Fries).... \$4.95

**CROISSANT  
CORNER ~ \$9.95**  
Served with a  
small Caesar Salad & Fresh Fruit  
**California Club**  
(Turkey, Bacon, Lettuce & Tomato),  
**Tuna, Ham & Cheese,**  
**Turkey & Cheese**

## APPETIZERS



### HOMEMADE SPINACH PIE ~ \$4.95

Fluffy Phyllo Dough layered with spinach  
and Feta Cheese - MMM! Delicious

### FETA CHEESE ~ \$4.95

A generous portion of Feta Cheese topped  
with Olive Oil and a sprinkle of Oregano

### FRIED MOZZARELLA STICKS ~ \$7.95

Served with Marinara Sauce



### HOT WINGS

10 Pieces ~ \$7.95  
20 Pieces ~ \$12.95

### SOUP OF THE DAY or HOMEMADE CHILI

Cup ~ \$2.49  
Bowl ~ \$4.29

### SAUTEED MUSSELS ~ \$10.95

Served in a Garlic Cream Sauce  
with Grilled Pita Bread

### PEEL & EAT SHRIMP (U-Peel-Em)

Served Chilled



1/2 Lb. ~ \$9.50 Lb. ~ \$16.95

### PAN FRIED SHRIMP ~ \$10.95

In a Herb Garlic Sauce ~ U-Peel-Em

### MARYLAND STYLE CRAB CAKES ~ \$9.95

With a Dill Mustard Sauce

### BAHAMIAN CONCH FRITTERS ~ \$9.95

Served with an Island Sauce

### FRIED CALAMARI ~ \$10.95

Served with Homemade Marinara Sauce

## THE SALAD SHOP



### GARDEN SALAD \$6.95

Add a Grilled Chicken Breast \$3.95

### GREEK SALAD (House Specialty) \$8.95

Fresh Vegetables from the garden with a generous  
serving of Feta Cheese, Greek Olives and House Dressing  
With a Grilled Chicken Breast - add \$3.95

### COUNTRY GREEK SALAD \$8.95

A blend of Tomatoes, Onions, Green Peppers, Cucumbers,  
Pepperoncini Peppers, Greek Olives, Feta Cheese and  
House Dressing

### ATHENIAN SALAD \$12.95

Gyro Meat served on top of a Greek Salad

### CHEF SALAD \$8.95

With Ham, Turkey, Boiled Egg and American Cheese  
with choice of Dressing

### TROPICAL FRUIT SALAD \$7.95

Served with a Cinnamon Nut Muffin

### CAESAR SALAD \$7.95

Romaine Lettuce, Caesar's Dressing, Croutons and Parmesan Cheese

### GRILLED BREAST OF CHICKEN CAESAR SALAD \$10.95

Caesar's Dressing, Croutons, Romaine Lettuce,  
Parmesan Cheese ~ A Mountain of a Salad

### BLACKENED BREAST OF CHICKEN CAESAR SALAD \$10.95

Caesar's Dressing, Croutons, Romaine Lettuce, Parmesan Cheese

### GRILLED SHRIMP CAESAR SALAD \$11.95

Caesar's Dressing, Croutons, Romaine Lettuce, Parmesan Cheese

### CARIBBEAN SALAD \$9.95

Stuffed Tomato with Solid White Tuna Salad,  
surrounded with Seasonal Fresh Fruit

### NEPTUNE PLATTER \$9.95

Stuffed Tomato with Crab Salad,  
surrounded with Seasonal Fresh Fruit

Enjoy a  
Grilled Pita  
Bread with  
your Salad  
\$1.50

## GREEK SPECIALTIES



### GYRO SANDWICH ~ \$7.95

A combination of Beef and Lamb, grilled.  
Then rolled in Pita Bread with Tzaziki Sauce.  
Lettuce, Onions and Tomatoes served with French Fries

### GYRO PLATTER ~\$11.95

A heartier serving of Gyro Meat on Pita Bread  
served with a Greek Salad, French Fries  
and Tzaziki Sauce

**SPINACH PIE PLATTER** Served with Tzaziki Sauce, a Greek Salad and Pita Bread **\$10.95**



### BROCHETTE du POULET ~ \$8.95

Grilled marinated Breast of Chicken rolled in a  
Pita Bread with Tzaziki Sauce, Lettuce, Onions and  
Tomatoes, Served with French Fries

### BROCHETTE du POULET PLATTER~\$11.95

Two Skewers of Marinated Chicken Breast served  
on a Grilled Pita Bread with a Greek Salad,  
French Fries and Tzaziki Sauce

## BURGERS & FRANKS



### BURGER BASKET ~ \$7.50

Grilled to your liking, served on a toasted bun, Tomato, Lettuce and Onion, with French Fries, Cole Slaw and a Pickle

### HAMBURGER ONLY ~ \$4.50

with Bacon add 50¢

### CHEESEBURGER BASKET ~ \$7.95

Grilled to your liking, served on a toasted bun, Tomato, Lettuce and Onion, and choice of American, Swiss or Provolone Cheese with French Fries, Cole Slaw and a Pickle

### CHEESEBURGER ONLY ~ \$4.95

with Bacon add 50¢



### DELUXE BURGER BASKET ~ \$9.95

Double patty, double Cheese, Bacon and all the fixings, French Fries, Cole Slaw and a Pickle.



### FRANKFURTER BASKET ~ \$6.95

¼ lb. All Beef Frank served with French Fries, Cole Slaw and a Pickle  
Add Cheese ~ \$7.25

### FRANKFURTER DELUXE BASKET ~ \$7.95

¼ lb. All Beef Frank, Chili, Cheese, Onion served with French Fries, Cole Slaw and a Pickle

## SUBS & CLUBS



### TUNA SUB ~ \$8.95

Solid White Tuna Salad stuffed in our delicious Submarine Bread topped with Lettuce and Tomato served with French Fries, Cole Slaw and a Pickle

### STEAK SUB ~ \$9.95

Sirloin Steak grilled with Onions, Mushrooms, Green Peppers and melted Provolone Cheese served with French Fries

### TURKEY CLUB ~ \$8.95

Turkey Breast, Bacon Strips, Lettuce and Tomato, all piled high to form this mountain of a sandwich with French Fries, Cole Slaw and a Pickle

### HAM AND CHEESE CLUB ~ \$8.95

Thin slices of Honey Ham and American Cheese with Lettuce and Tomato served with French Fries, Cole Slaw and a Pickle



## SANDWICHES

|                             |       |        |
|-----------------------------|-------|--------|
| Bacon, Lettuce & Tomato     | ..... | \$6.50 |
| Grilled Cheese              | ..... | \$5.95 |
| Grilled Ham & Cheese        | ..... | \$6.95 |
| Tuna Salad (all white meat) | ..... | \$7.95 |
| Turkey Breast               | ..... | \$7.95 |
| Seafood Sandwich            | ..... | \$7.95 |
| Tuna Melt                   | ..... | \$7.95 |
| Patty Melt                  | ..... | \$7.95 |



All Sandwiches served on choice of Wheat, White, Rye Bread or a Kaiser Roll with French Fries, Cole Slaw and a Pickle

## PITA POCKETS



### TUNA SALAD ~ \$8.95

Rolled in a grilled Pita Bread with Lettuce & Dice Tomatoes, served with French Fries, Cole Slaw and a Pickle

### SEAFOOD SALAD ~ \$8.95

Also stuffed in a grilled Pita Bread with Lettuce & Dice Tomatoes, served with French Fries, Cole Slaw and a Pickle

## FROM THE SEA



### DOLPHIN SANDWICH ~ \$11.95

Blackened or Grilled served with French Fries and Cole Slaw

### FISH AND CHIPS ~ \$10.95

Lightly breaded and fried, served with French Fries, Cole Slaw, wedge of Lemon and Tartar Sauce

### JUMBO FRIED SHRIMP ~ \$10.95

6 lightly dusted Jumbo Shrimp served with French Fries, Cole Slaw, Pickle, Lemon and Cocktail Sauce



### FRIED CLAM STRIPS ~ \$9.95

Deep fried to a golden brown served with French Fries, Cole Slaw, Pickle, Lemon Wedge, Cocktail or Tartar Sauce

### SHRIMP BOAT ~ \$7.95

Medium size and deep fried to a golden brown, served with French Fries, Cole Slaw, Pickle, Lemon Wedge and Cocktail Sauce

### BLACKENED DOLPHIN CAESAR SALAD ~ \$11.95

### SESAME SEARED TUNA ~ \$11.95

Served with a Garden Salad and a Grilled Pita Bread

### CAPTAIN'S FRIED PLATTER ~ \$11.95

Fish, Clams, Shrimp, Conch Fritters with a Cayenne Tartar Sauce, served with Coleslaw and French Fries

## CHICKEN



### CHICKEN ON A BUN ~ \$8.95

Seasoned and Marinated Fresh Breast of Chicken grilled and served on a toasted roll with Lettuce, Tomatoes, French Fries, Cole Slaw and a Pickle

TRY IT BLACKENED . . . *A little on the spicy side*

### CAJUN CHICKEN SANDWICH ~ \$9.95

Served with French Fries, Cole Slaw and a Pickle

### CHICKEN FINGERS ~ \$8.95

Lightly breaded Southern Style and deep fried to a golden brown, served with French Fries, Cole Slaw, Pickle

## SIDES

|                     |       |        |
|---------------------|-------|--------|
| French Fries        | ..... | \$2.49 |
| Cheese Fries        | ..... | \$2.99 |
| Cole Slaw           | ..... | \$1.95 |
| Kosher Pickles      | ..... | \$1.50 |
| Grilled Pita Bread  | ..... | \$1.50 |
| Cottage Cheese      | ..... | \$1.95 |
| Scoop of Tuna Salad | ..... | \$4.95 |
| Scoop of Crab Meat  | ..... | \$4.95 |
| Sliced Tomatoes     | ..... | \$1.50 |



## ~ NOTE ~

For only \$2.50 you can replace your French Fries & Cole Slaw with a Small Greek Salad, Garden Salad, Small Caesar Salad or a Cup of Fruit

## BEVERAGES



Soft Drinks ~ Lemonade ~ Iced Tea

16 oz \$1.50 ~ 32 oz \$2.25

Coffee or Hot Tea \$1.75 ~ Hot Cocoa \$2.00

Milk \$1.50 ~ Bottled Water \$1.50

Orange, Apple, Grapefruit or Tomato Juice ~ \$2.50

NOW SERVING PELLIGRINO MINERAL WATER ~ \$3.00

