

What's Inside?



Culinary Arts
Page 4
Restaurant
Review: Sura



Arts & Entertainment
Page 7
Step Into the Mind of
Anthony Green



Tech & Design
Page 11
Turning Humans
Into Robots

THE

CAMPUS



HERALD

Johnson & Wales

Providence Campus

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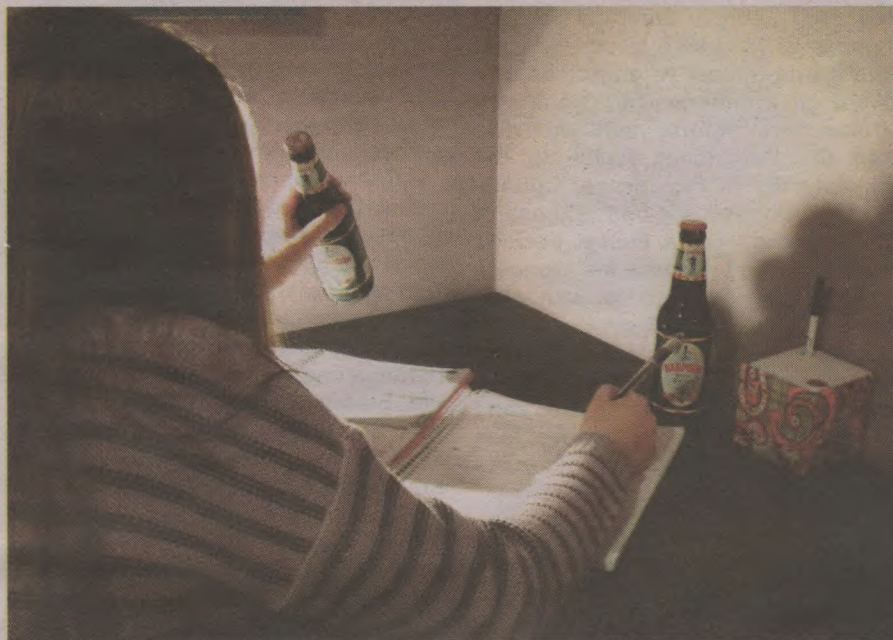
Johnson & Wales: From Dry to "Damp" Campus

Dan Davila
Staff Writer

The new alcohol policy, set to take effect next fall, has sparked a buzz amongst the students of JWU Providence. As most here know, the change in policy affects students of legal drinking age who live in selected dorms around both campuses, in that they are allowed to possess and consume alcohol. Although many students have heard about this development, there is a lot more to it than most students realize. What they don't know is that there are many guidelines and precautionary measures that will be set in place to ensure this transition goes as smoothly as possible.

One of the guidelines that will be put in place is a required alcohol awareness course that each student who will be living in the selected dorms, and has intent to possess alcohol, must take. This course is meant to "provide students with the information we feel will aid them in making appropriate, mature decisions regarding this new privilege," according to Dameian Slocum, director of residential life. He then went on to say that the content and length of the course has not been determined yet, but that students living in these dorms will be provided with the information sometime in the future.

When asked about the restrictions on alcohol and guests, Slocum stated that, "The restrictions will be shared with students prior to their arrival on



Student responsibly drinking while studying for an upcoming exam.
Photo taken by Kyle Brennan.

campus in the fall. We are currently working with all four JWU campuses to set joint guidelines around this policy." Because of how new the policy is, there have not been many concrete restrictions put in place. Slocum also shared that he, as well as the residential life directors of the other three campuses, were involved and in full support of the new changes to the policy. According to Slocum, "The University formed an Alcohol Task Force to discuss the issue. Representatives from all four JWU campuses worked together

on reviewing the current policy and making recommendations for the University as a whole. Faculty, staff and students served as members as well as a representative from Campus Safety & Security." It is clear that the implementation of this policy did not happen over night. A lot of time went into discussing and creating the new changes in the policy and has led to a comprehensive agreement that is tailored to the needs of all four JWU campuses.

As the buzz on campus has suggested, much of JWU is in full

support and thinks that the time has come for JWU to modernize and give more responsibility to the students. Colby Fraser, a freshman in the school of technology said, "It's the right step towards giving students more responsibility and allowing us to learn to make our own decisions." RA Sean Watley, who has been assigned to Harborside Village next year said, "JWU being a dry campus is not fair to the ones who are of age because it seems like as a school, we aren't treating our students as adults. ... The new policy shows more trust to students who are of age." Patrick Salone, a first year culinary student said, "It's about time the school started easing their way into becoming a wet campus, I think that the students are responsible enough and are ready for a change."

Many of the students on campus share these same feelings and are all backing the policy change one hundred percent.

So what does the future hold for JWU with this new alcohol policy? Is this the start of a campus wide alcohol policy change? When asked, Slocum stated, "I think the outcome will lay in the hands of our upperclassmen. ... I think they will continue to prove they are adults and handle this with respect for themselves, neighbors, and the community." And, most students across all campuses would agree. They are hoping the upperclassmen don't disappoint them, and instead show Johnson & Wales that they're ready for the change.

We Are Safe.

Safety & Security's Precautions Against Gun Violence

Napoleon Moore
Staff Writer

Columbine High School, Virginia Tech, and Newton Connecticut: all these places have been cemented in history not because of the social or educational achievements of the institutions, but more so for the shadow of tragedy that stills looms over them. Like a plague spreading throughout the United States, gun control, or lack thereof, has taken a constitutional right and made it go horribly wrong. President Obama, still fresh on his second term as President of the United States (POTUS), has urged not only Congress and the Senate, but American citizens as well, to reconsider their stance on gun safety and reform.

"Our officers are trained in various tactical and crisis aversion scenarios to avoid any incidents." - Major Quinn

Throughout the year, Rhode Island is home to a wide spectrum of college students of all age and races. Ensuring their safety is truly a group effort that



Families and friends mourning the victims of the Virginia Tech and Sandy Hook school shootings.
Photos courtesy of act.mtv & newstimes.

is achieved through inter-department cooperation and effective policies and procedures. At Johnson & Wales Campus Herald, we wanted to weigh in on the raging debate for more gun reform, gun safety, and what we can do to help prevent it. What is Campus Safety & Security's standpoint, and what preventive measures are the University taking to ensure order and stability? In reality, no school is completely safe. We as students must be vigilant to ensure that we don't end up in the history books for our failures instead of successes.

Part of understanding how this issue effects our students is speaking

to those individuals involved first hand with the safety and security of JWU campuses, in our case, Major Michael Quinn. Major Quinn serves as the executive director of Campus Safety & Security, and is an expert in the areas of student safety, street safety, binge drinking, and dorm safety. Captain LeRoy Rose, who spearheads many of the campus' crime prevention programs, also provided answers. The first question asked was the campus' stance on the Presidents call to gun reform. Major Quinn said that personal opinions were best left to oneself as JWU has always done its best to avoid taking political sides while

encouraging students to stand firm in their convictions. When asked if he felt Rhode Island was safe in regards to students' overall well being, he said, "Campuses in urban areas face no more or less problems than any other state or urban-based environment." According to the recent crime report posted weekly by the Providence Police Department, Providence possesses a high percentage of robberies with and without firearms. There have been 106 total incidents within just four months. Providence has, however, maintained a 0 percent homicide rate since the

Story continues on Page 2

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Mission Statement

The Campus Herald shall provide, in a fair and accurate manner, news of interest and significance to Johnson & Wales University community and serve as a forum for the expression of ideas of members of that community. Furthermore, The Campus Herald shall provide an opportunity for students to pursue experience within a professional newspaper environment.

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We Are Safe. (Cont.)

beginning of the year.

JWU Campus Safety & Security is unique in that it is the first institution of higher education to be accredited by the International Association of Campus Law Enforcement Administrators Commission (IACLEA) with non-sworn officers in the Northeast. Due to the officers being non-sworn, they do not possess any firearms on their person, nor are they allowed to bring any firearms on any premise owned or utilized by JWU. When asked if he felt this might put officers at a disadvantage, Major Quinn stated, "No, because our officers are trained in various tactical and crisis aversion scenarios to avoid any incidents." Each year JWU Campus Safety & Security engages in joint-task force exercises from bomb-threats to gun crisis in a school environment. They train with various law enforcement agencies from the Providence Police to the FBI. Recently in Providence, Colonel Steven O'Donnell, the current head of Rhode Island's State Police, decided that he needed to arm his troopers with M-4 rifles 'to keep up' with what they may face on the streets. In the past, only the State Police SWAT team members were equipped with M-4s. Colonel O'Donnell said, "We can't be out-gunned." This response is a testament of the changing times in the never-ending battle against firearms.

JWU has created a crisis aversion team simply to assess and diffuse potential threats, but the question is how do you assess a threat when the patterns originally created by society no longer apply to today's reality? With massacres such as Virginia Tech and Sandy Hook Elementary School, even the vigilant can't prevent everything. Years ago, bullying or mental afflictions were some of the basic signs to look for in these trouble-makers. However, in today's evolving world anyone could be a potential perpetrator. Major Quinn and Captain Rose urge students and staff to notify campus security if they feel that someone might be a danger to themselves or others. However, they do warn against following stereotypes, as they believe there is no true cause and effect in regards to bullying, social, and mental trepidation, when it comes to gun-related issues.

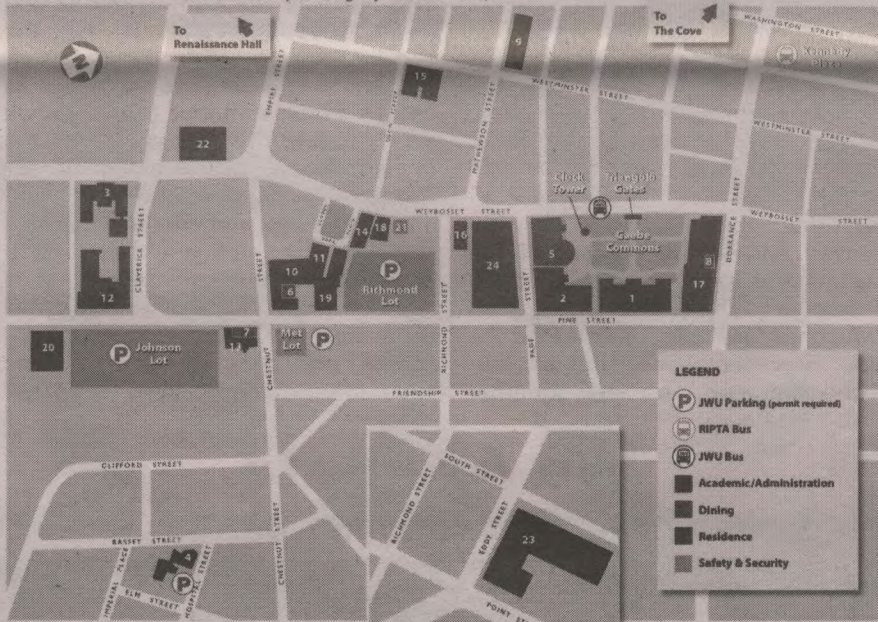
The Campus Herald asked a group of 30 students how they feel about the Campus Safety & Security's presence. Many students said that they see Safety & Security patrolling in their cars and usually late at night when students are returning from participating in Providence's social life. Students all agreed that they felt that Safety & Security had a much stronger presence in the Downcity area compared to the Harborside

area. When Major Quinn addressed this, he did acknowledge this fact to hold merit, but with just cause. He explained that both campuses employ the same ratio of officers to patrol, but due to the Downcity campus being the changeover and administration hub, the perception can seem one sided. He did state that at night when clubs close, he deploys a safety team to ensure the safety of students returning to resident halls and to conduct assessments to ensure peace and order for all students.

The American debate on gun reform in order to prevent more massacres, has Rhode Island leaders including educators, legislators, and law enforcement, picking apart the state's existing gun laws to mirror those of neighboring Massachusetts. In time we shall see what changes come, but for now let's continue to do our part to keep our campus safe. While no school is perfect or completely incident-free, Campus Safety & Security does its best to partner with Providence Police to provide maximum security and safety for students. The Providence Fire department helps to ensure the safety of all students and staff, as well. It only takes one senseless act of violence to undo a century worth of achievement, and that is something no one wants to be remembered for.

CRIME LOG

DOWNCITY CAMPUS MAP (Downcity Building Key—back side)



HARBORSIDE CAMPUS MAP



- 1) Sunday March 10, 2013 at 8:35 p.m. Arrest/ South Hall Student arrested and charged with a narcotics violation.
- 2) Thursday March 14, 2013 at 9:45 a.m. Arrest / CS&S Operations Center Student arrested and charged with Domestic Assault for an incident that occurred on Almy Street in Providence

CRIME PREVENTION TIPS:
Don't leave small items of value in plain view.

Secure doors and windows at all times

Lock your room doors even if you are going to be gone for only a short time.

Use Silent Witness at (www.jwu.edu/providence/safety) to provide anonymous tips or call 401-598-2947 to leave anonymous information.

Sophomore Launches Private Chef Company

Ashley Slater
Staff Writer

Sophomore LaQuincy Gilmore is an example of a student who has successfully taken full advantage of the Larry Friedman International Center for Entrepreneurship at Johnson & Wales University. With their support, he's successfully launched a small business which appears to be moving in a positive direction.

LaQuincy, a Food Service Entrepreneurship major, minoring in Sommelier, is the founder of Chef Gilmore & Company, who specializes in corporate catering, private chefs, private chef, small group classes, food photography, and restaurant and menu development. The company is co-managed by LaQuincy and Fred Gilmore, LaQuincy's brother who will be attending Johnson & Wales University in the near future.

LaQuincy submitted his business plan to the director of the Entrepreneurship Center and after several meetings and extended discussions, Gilmore was given an office in the center to utilize throughout the building process and other vital resources for start-up businesses.

As Chef Gilmore & Company expands, so does LaQuincy's vision. He originally wanted the company to only serve Rhode Island clientele, but he has recently received calls from chefs interested in expanding to California, Oregon, and New York City. He has also been contacted by chefs interested in using his business model to develop their own companies.

Chef Gilmore has been able to expand his company not only in size, but also in offerings as well as he is planning to release a line of seasonings, rubs, and sauces sometime in the near future.

Several months ago, he held his first interview sessions here on campus which created quite a buzz. His efforts paid off dearly. Besides

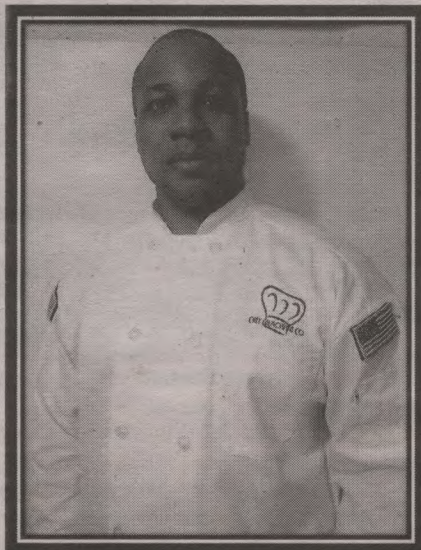


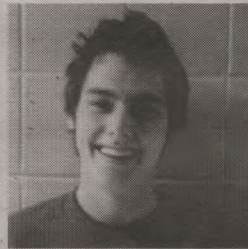
Photo of Chef Gilmore taken by Ashley Slater

JWU students, applicants were local executive chefs with levels of experience ranging from eighteen to thirty years in the kitchen. And from these thirty-three applications, seven were hired, with plans for bringing in four more in the near future.

Each chef was hired as an independent contractor and is expected to take personal ownership of this unique opportunity. "It is just as much their business as it is mine," says LaQuincy. Each chef chooses their own area to advertise to and works with LaQuincy to gain leads to new business opportunities. They are provided with uniforms, marketing materials, and their own individual profile to be displayed on the company's website.

Chef Gilmore & Company is just one example of a student who had a dream and leveraged the available resources to make it a reality. For more information about the Larry Friedman International Center for Entrepreneurship at Johnson & Wales University, visit them at the first floor of Taco Center.

THE STREET FEED



What do you think about the new alcohol policy?

I think that it is a good thing because it allows for the students who are of age that are drinking anyway, to drink in a safer environment because they don't need to worry about getting in trouble.

- Jake Kottke, Business Administration, Sophomore



Do you think it would be a good idea to turn JWU into an all wet campus?

Yes, I do because the way they handle the alcohol policy now is so complicated. I think having it only partial wet will cause issues.

- Lauren Foligno, Sports Entertainment and Event Management, Freshman



Do you think the effects of the new alcohol policy will be negative or positive?

I think positive because it allows the residents to be more independent and have more responsibility.

- Danielle Romero, Hotel and Lodging, Sophomore



How do you think the upperclassmen will handle the new privilege?

I think having the privilege will be nice and more convenient for us. I also think we won't be worried about having to hide from the University staff.

- Christian Fentress, Culinary and Food Service Management, Junior

CPAC 2013-America's Alarming Future

Julia Abbiss
Arts & Entertainment Editor

Sarah Palin, America's favorite hockey mom, started off her Conservative Political Action Conference (CPAC) speech by saying that the conference was a chance to "come together for an adult conversation about our country." This was followed by her taking a swig of her Big Gulp cup (now outlawed by Mayor Bloomberg of New York) and saying that instead of forcing background checks on gun owners, we should instead be finding out more about President Barack Obama's background...you know, because those Kenyan's can be sneaky.

The All-American continued her speech by saying that, "we don't have leadership coming out of Washington. We have reality television. Except it's really bad reality TV and the American public tuned out a long time ago." No, Sarah. That was YOUR reality show, "Sarah Palin's Alaska." And what the American public is tuning into every night is the news telling them that the radical right wingers have yet again tried to do everything in their power to oppress any progress being made in Congress.

But let's get back to the beginning. CPAC is an annual opportunity for conservatives to come together and discuss what needs to be done to this nation by inviting keynote speakers who are said to represent "America's Future: The New Generation of

conservatives." According to the guest list, the future of right winged politics is Michele Bachman, Mitt Romney, Paul Ryan, Rand Paul, Rick Santorum, Donald Trump, Rick Perry, and Newt Gingrich, just to name a few. To quote MSNBC reporter, Martin Bashir, "given the quality of the speakers, is this not a throwback to the dark ages?" Sure, CPAC invited presidential hopeful and Senator Marco Rubio, but they denied an invitation to New Jersey Governor, Chris Christie, who is perhaps the conservative's only chance at winning back the White House in 2016. And the reason for this? Christie corresponded with and praised President Obama for helping New Jersey during Hurricane Sandy. I know, I know, how DARE he, right?

Here's what I have a problem with. I don't believe that the "new faces" of the Republican party, truly represent modern conservative values. In their eyes, if you're not a machine gun flailing, homosexual hating, pro-life AMERICAN you're a liberal, if not a socialist, and hey, you might even be an imposter, regardless of your birth certificate. But what about the majority of American's out there who consider themselves moderate conservatives? Where's their representation? I genuinely feel bad for these people because once you say you're a conservative, you're immediately associated with these lunatics who are so unwilling for progress and compromise.

But let's quickly get back to Sarah

Palin. She captivates her audience by saying, "Allow yourself to imagine a leadership that understand us little people, us clinging to our God, our guns, our

constitution, and our grassroots." I find a few things terribly ironic in this phrase. conservatives create an "every man for himself" government, one that often forgets the middle class and leaves poor people in the dust. If any party is "understanding the little people," it's the Democratic party, who are often accused of being socialists for their wanting to create government regulations that allow equal opportunity, universal healthcare, and social security. And "clinging to our God?" The last time I checked, the State and Church were supposed to be separate. Yet, Republicans and their "strong Christian values," are the ones dragging America back socially, with their refusal to permit same-sex marriage and safe abortions...because Jesus told them so.

Speaking of Jesus; one of the seminars offered at CPAC this year was led by K. Carl Smith, an originally liberal black man who claims that God spoke to him one night and told him that his liberal voting was inconsistent with his Christian worship. This I find a little funny, since Jesus was technically an anti-war socialist who gave away free healthcare. Regardless, he led a seminar entitled, "Trump the Race Card: Are You Sick and Tired of Being Called a Racist When You Know You Are Not One?" I'm sorry, but if you feel the

need to attend this, you're a racist. And the seminar itself was nothing short of a three ring circus. At one point, Smith talked about a letter written by slave Frederick Douglas forgiving his owner, to which one audience member replied, "For what? Feeding and housing him?" Now, we really need a seminar to discuss WHY you're being called a racist?

Ladies and gentleman, American's have voted. They've voted for a party that is trying with every fiber of its being to come to a compromise and promote progress. By inviting these same people with their same backwards ideas is really a slap in the face for conservatives and liberals alike. Republicans need to listen to Sarah Palin when she said, "take seriously the idea of government of the people, by the people, for the people." By doing so, you may see what Republicans and Democrats really want—a change in the conservative lineup that represents the majority, not minority, of conservatives out there. That way, we will truly see a government willing to be of the people, by the people, for the people.

Agree, disagree or just want to comment? Like our facebook page, facebook.com/jwucampusherald and continue the discussion there!

Asian Fusion

Sura – Korean and Japanese Cuisine
232 Westminster Street



A couple of dishes from Sura. Photos taken by Dan Davila.

Dan Davila
Staff Writer

Westminster Street is a very happening and trendy place in the downcity area. Along the uneven brick road, there are a multitude of boutiques, cafes, and restaurants that most people are unaware of.

Near the Eddy Street intersection, there is a small bar/restaurant called Sura. Known for its Japanese and Korean fusion, this cool restaurant specializes in stone pot/stone plate entrees and sushi. The interior design of the restaurant has a very classic look with a modern twist. Dark, deep colors dress the bar and tables, while the walls are accented with bright colors. Although the dining room is small, their utilization of the space makes it seem like a full-size restaurant. Throughout the entire meal, the wait staff was very courteous, which made the overall experience even better.

Our experience began with a tasting platter of their house Kimche and brined vegetables and noodles, along with a hot and sour soup. Everything was delicious! It was an amazing opening to the meal and set the tone for the rest of the night.

I ordered a dynamite roll maki as a precursor to the entrée. Shrimp tempura, spicy salmon, avocado and a spicy sauce on top made up this delicious roll. Since Sura is known for the stone pots/plates, I naturally got the Sura Special: Spicy pork bulgogi mixed with fried rice and served on

an oven heated stone pot. As it came to the table, the scent was decadent and the only thing that was more overwhelming was the sound. The sizzling of the pork and rice on the screaming hot stone plate was what made the dish. As I stirred the mixture of rice, pork, and vegetables, the crisped-up rice came to the top and mixed nicely with the rest of the dish. It was great! It was crunchy, salty, spicy, and chewy. It had everything and more. If stone plates are something you have never experienced, I highly recommend you head down to Sura immediately.

Sura truly is a very delicious and amazing restaurant. Although every moment of it was enjoyable, the price of both my appetizer and my entrée were, in my opinion, set too high for the food that was served. Although I did enjoy it, I have had much better sushi for a much smaller price. \$12.99 per roll was a little steep for how average their dynamite roll was. I would say that if you did have to satisfy your stone pot or sushi fix, Sura's lunch menu has much more reasonable prices for the average college students' salary. Regardless of the price, Sura is one heck of a restaurant and I highly recommend it to anyone looking for Asian fusion cuisine.

Price: \$\$\$



Meat-Free Muscle Maintenance

Elizabeth King
Staff Writer

Are you one of the many that believe that vegetarians and vegans don't get enough protein from their diets because they don't eat meat? While it's true that the majority of vegetarians consume less protein on average than meat-eaters, they are not deficient by any means. Many meat-eaters, Americans in particular, consume more protein than is necessary in their diet, so the fact that some vegetarians fall behind is perfectly fine.

So where do you get your protein? This is a question so many vegetarians hear all too often. I have an easy answer: From plants! Although animal products are often good sources of complete proteins, there are many plant-based sources that have just as much protein as what you would find in an omnivore's diet. There has been a lot of controversy over whether vegetarians get all of the essential amino acids in their diet, but eating a variety of foods easily eliminates this problem.

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Twists for Oreos

Sarah Abbott
Staff Writer

There is nothing better than eating an Oreo cookie after it has soaked in a cold glass of milk – or is there? If you think you'd like to try eating milk's favorite cookie in a new way, you might want to try these Oreo recipes

Oreo Shamrock Shake

This frozen treat combines milk's favorite cookie with the sweet, nutty flavor of pistachios and a hint of mint. Courtesy of Oreo.com

Ingredients

- 1 Cup milk
- 2 Tbsp. JELL-O Pistachio Flavor Instant Pudding
- 1 OREO Mint Pure Milk Chocolate Covered Cookie, finely chopped

Instructions

- 1) Pour milk into tall glass.
- 2) Add dry pudding mix; stir 2 to 3 minutes until pudding mix is completely dissolved.
- 3) Mix in chopped cookie.



Oreo Shamrock Shake. Photo courtesy of Hippiedog.

Cool Mint Oreo Cookie Balls

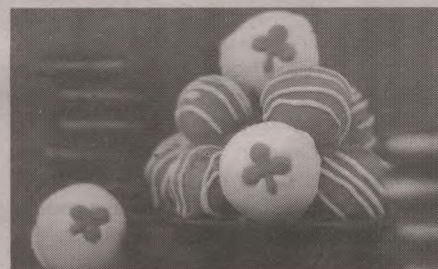
These white chocolate covered cheesecake balls use Oreo Cool Mint Cream cookies to add a little twist to a long loved classic. Courtesy of Kraftfoods.com

Ingredients

- 6 oz. (3/4 of 8-oz. pkg.) PHILADELPHIA Cream Cheese, softened
- 1 pkg. (15.25 oz.) OREO Cool Mint Cream Cookies, finely crushed (about 4 cups)
- 2 pkg. (6 squares each) BAKER'S White Chocolate, melted
- 6 drops green food coloring
- 2Tbsp. Chocolate sprinkles

Instructions

- 1) Mix cream cheese and cookie crumbs until well blended.
- 2) Shape into 40, 1-inch balls; place in single layer in shallow pan.
- 3) Freeze until frozen.
- 4) Serve!



Mint Oreo Balls. Photo courtesy of Bakerella.

DIY Easter Eggs to Dye For

Sarah Abbott
Staff Writer

messy and you will most likely need to go back with a toothbrush to brush off any unwanted glitter on your egg.

I'm sure you all remember dyeing eggs many years ago for Easter, so why not start a new tradition with your friends? But, move on from the plain drop-the-egg-in-the-dye procedure and experiment with some fun ideas that will make your Easter eggs a great decoration in your dorm or apartment.

*Two of the following Easter egg ideas require store-bought egg dye.



Shimmering Easter Egg

Daisy Egg

The easiest one: After dyeing the egg, add a daisy sticker! But don't stop there. Get some other fun Easter stickers to really make your Easter eggs "stick" out.



Daisy Easter Egg

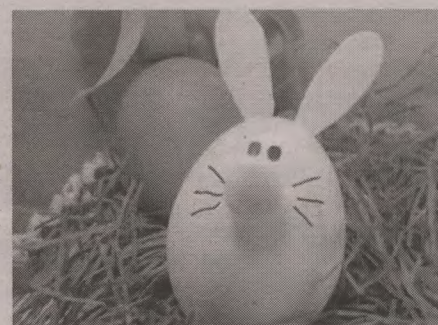
Shimmery Egg

I don't know how many of you are fans of glitter, but I know for a fact that my roommate and I will be making these "bling bling" Easter eggs for our dorm room!

Simply use a bottle of glue to make circles on the dyed egg, and then carefully place glitter on the spots with the glitter of your choice. This is very

Bunny Egg

Have you ever made an Easter bunny out of your Easter eggs? To make this adorable bunny face, simply take a pink pom-pom and cut out ears from white foam paper and glue them to an egg. Then you can use a sharpie to make cute whiskers, eyes, and any other facial decorations (like rosy cheeks).



Bunny Easter Egg Photos courtesy of Reader's Digest

When Zip Lines and History Combine



Similar zipline constructed in Newport this May. Photo courtesy of Liquid Planet.

Katherine Taylor
Copy Editor

Looking for something to do besides hanging out in the dorm or watching hours of pointless television while you're putting off that huge project? Why not try exploring Rhode Island?! We live, work, and play in the Ocean State; so why not find out what it truly has to offer?

Fort Adams in Newport, Rhode Island is a tourist attraction that locals may not know about. The historic fort is open February through November and offers tours, music festivals, and special events. Right across from Newport Harbor, this historic fort has a walking tour of soldiers' quarters, an elaborate tunnel system, and bastions with spectacular views.

Fort Adams is the largest coastal fortress in the United States. It once served as home for thousands of soldiers from 1824 to 1950, and is now open for tours to the public. It's also available for private functions and space rentals. The newest addition to the list of services provided at Fort Adams includes a zip line!

The Fort Adams zip line is scheduled to open in May of 2013, and will be the first adventure-tourism

activity to open in Newport. According to Robert McCormack, Director of Visitor Services at Fort Adams, "We hope to draw much of our attendants from tourists already in the Newport area, as well as local residents."

The decision was made to install a zip line while Fort Adams continued to expand their services to accommodate overnight stays. McCormack explained, "With a relative lack of things for families to do in Newport, adventure learning seemed like a perfect way of marrying our desire to increase total visitation to our need for additional group and team building activities. In addition to the zip line, we will be offering a more adventurous tour this year."

This new addition to the Newport area will be a way to provide fun and education in just a single outing. McCormack said, "Our hope is that an Adventure Attraction will bring them to our Fort and once they are entertained, we can educate them about the historic significance of our Historic Attraction."

Why not take a day to check out this jewel that Rhode Island has to offer? For more information or zip line membership, please visit www.fortadams.org/zipmember.

Show Me the Money!

Daniel Ciciarelli & Nick Hendry
Staff Writers

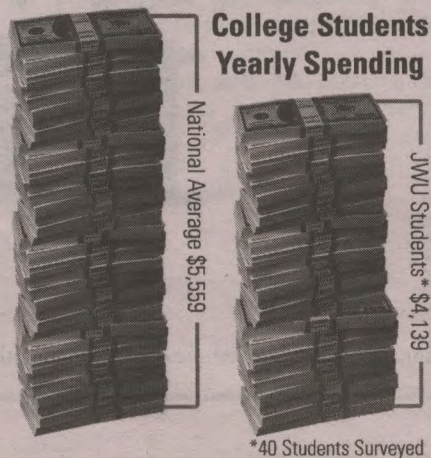
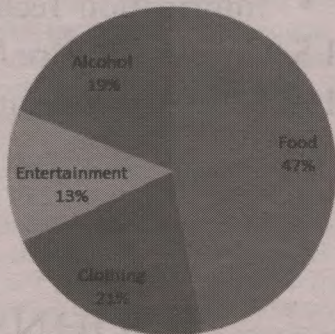
While sitting at Downcity Starbucks watching people buy their Frappuccinos, espressos, and lattes, I began to wonder how much JWU students spent on coffee throughout the year. With this curiosity, I asked one of the Starbucks employees how much customers spend on average. The employee estimated that customers will typically buy a coffee and a pastry, costing them around \$5.50 per visit.

Having this in mind, it sparked an interest to learn what college students are spending yearly on items they don't necessarily need. Purchasing these wanted, but not needed, items are known as discretionary spending. For students, some of these expenses include paying entertainment, food, clothing, and alcohol.

The amount of annual discretionary spending has increased dramatically from last year. In 2012, students spent on average \$5,559 for discretionary purchases, nearly \$1,500 more than in 2011. To see how the expenses of JWU students compared to the national average, 40 willing students were surveyed around campus.

Based on the information gathered, it was determined that JWU students spend an estimated \$1,420 less than the annual national average. Food purchases were broken down into two categories: groceries and dining out. The survey showed

that on average, students spend the same amount per month on dining out as they do on alcohol. Is this trend an indication that students favor drinking over dining out? And if so can it be fixed? We want to hear what you have to say. Please send your comments to JWUCampusHerald@gmail.com or visit our Facebook page at JWUCampusHerald.



Fashionable Felines

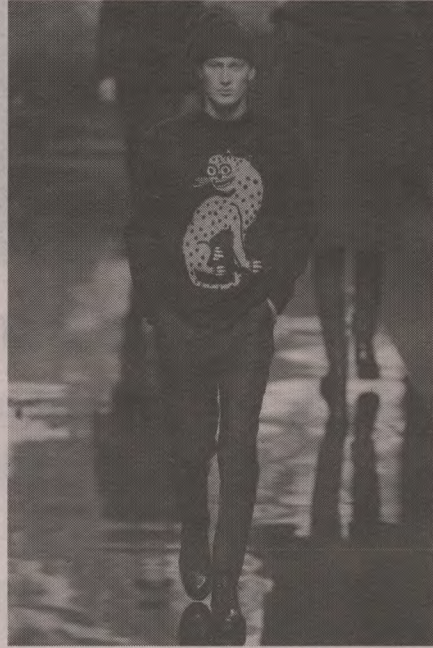
Micah Catlett
Staff Writer

It appears that some designers have placed a whole new meaning to the word "catwalk" this season. Cats were seen modeling and on clothing on the catwalks during New York Fashion Week last month. These real and graphic cats owned the runway in several collections such as Louis Vuitton and Tracy Reese. However, it was not only the designers sharing their love for felines. Attendees such as Hanneli Mustaparta, Susan Cernek and Susie Bubble were making bold statements with their share of cat

graphics, too. Now the graphic is seen on sweaters, T-shirts, dresses and leggings in street fashion and is insanely hash-tagged on Tumblr for every fashionable cat lover to see.

Perhaps this "fad-setter" for the love of catty clothing is the designer from this season's Project Runway, Joseph Aaron Segal. Segal, a Providence based designer, features numerous pieces for the feline frenzy this season under his label Pretty Snake. According to his designer profile on Lifetime's Project Runway web page, his inspirations include "[just about] everything, ranging from antiques, to rocks, to the unknown." Consequently, he seems to be inspiring others to spruce up their outfits with the kitty touch.

Of course, not everyone is friendly with felines this season. Several students from the fashion merchandising and retail marketing program at Johnson & Wales have voiced their opinions about the cat-wearing trend on a more serious note. Samantha Licursi, a fashion merchandising and retail marketing student, says "I hate cats, so I would not wear a cat on my shirt. But I am sure cat lovers are very happy to buy them!" Another Johnson & Wales student, Nika O'Keefe, says "I don't care if kittens printed on sweaters is fashionable right now... for the people wearing them you look crazy!" Weigh in your opinion on twitter @ProvFashion.



Cat craze consuming the runway. Photo courtesy of Project Runway.

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Photos taken by Reen Chitkara.

Stepping Into the Mind of Anthony Green

Reena Chitkara
Staff Writer

Extraordinary. We all know what it means, but how many times do you ever find yourself actually using this word to describe another person? Think about it. The answer: almost never. If you have ever had the fortune to come across a human being who can truly be defined with the meaning of this word, then consider yourself lucky. We encounter thousands of talented, bright, and enjoyable people in this world, but I have had the pleasure of meeting a person who offers a unique blend of so much more to society than just these characteristics. Aside from being a loving husband and father to two boys, Anthony Green is also the vocalist of a band called Circa Survive,

who has graced the earth with their musical ingenious for the past nine years.

With every word that comes out of his mouth dripping with passion, Green has been able to consistently maintain the meaning of being a true artist. He is idolized for his very personal lyricism that carries you into the mind of Anthony Green, allowing you to view life from his own eyes. The powerfully complex music that he and the members of Circa Survive create molds into a bond that personally connects with each fan. "I think it has to do with the fact that our songs all come from really personal places, and when you do that, people can't help but feel like they know you. They [fans] think you're this wonderful thing, but they're just seeing bits of themselves

in you." Circa Survive has always received remarkable praise from both their listeners and critics on a very high scale, and yet they manage to stay the most humble people you will ever meet. "I try not to take any of it personally," shares Green. "It's the same way as if someone was like 'you suck'...you don't want to take that personally. You take a little bit from it that's true, and then let the rest of it go. You don't want to hold on to it and make it about you, because really it's about the fans' experience."

Watching the world we live in become more and more harsh everyday may spark inspiration for lyrics for some musicians, but Green, on the other hand, hopes for things to turn around for the sake of his children's future. "It scares me that they are

going to grow up in a world around people who are so desensitized and so cruel. I think that people need to come together and realize what good can be done by taking care of each other and not going after people because they're different." He does not believe that we may ever be able to fully make this change, though. So, what piece of advice does this gifted artist have for mankind? "The only answer to everything is love. It sounds so cliché, but it's the obvious answer to every question you have about anything. So many people are just driven by fear or hatred, but you have to really look at your life and try to be in a path of love and acceptance. Allow yourself to be loved and to love other people." There it is, the key to life put simply by an extraordinary person.

Campus Reads Hits Close to Home

Katherine Taylor
Copy Editor

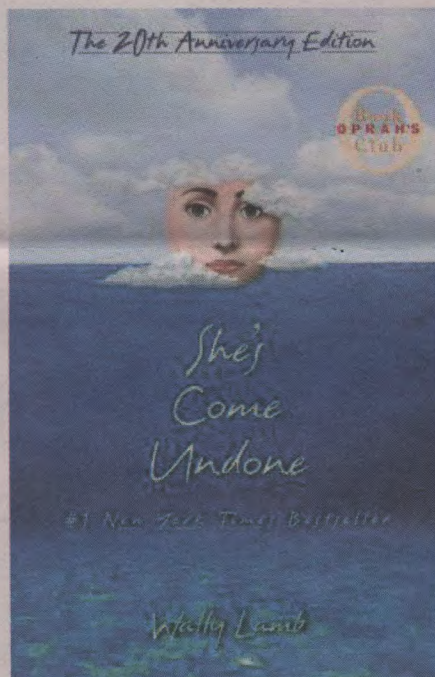
She's Come Undone by Wally Lamb was Johnson & Wales' Campus Reads Committee book choice this year. The tragic story of Dolores Price's life is the main focus in this best-selling novel. From rape and abandonment, to AIDS and suicide, this young woman faces almost all of the challenges that life can hand out. This Oprah's Book Club choice uses heart-wrenching details to describe the story of a woman from early childhood to midlife.

Lamb uses great detail to plot Dolores' life around New England. A good majority of the book takes place in Easterly, Rhode Island, where Dolores and her mother live with her grandmother throughout Dolores' childhood and teen years. When Dolores is not living in Rhode Island, she is in Pennsylvania, Cape Cod, and Vermont. These locations are easy for the Johnson & Wales community to relate to.

Aside from using familiar settings for the plot, Lamb also gives Dolores qualities that many people can connect to. She faces a difficult childhood and has a rough time in high school and college. She is obese and self-conscious growing up. Dolores also goes through a stage where she is sexually confused, and forced to look back at her actions. She goes through depression, homesickness, loss, and cheating.

At some point or another, we all face one or more of these challenges, and for that reason, I think that the Johnson & Wales student body can connect to this novel. Lamb does a terrific job with character development; I was greatly attached to the characters and actually cried when tragedies would happen to them.

The only thing I did not like about this novel was how gloomy it was.



She's Come Undone Book Cover.
Photo courtesy of Barnes & Noble.

Dolores lives a hard life, and any one of the events she goes through would be challenging enough. But she goes through so many traumatic experiences throughout the book. It took me a long time to read She's Come Undone because each time I would try to read, I would end up upset and unmotivated. The string of events in the poor woman's life is enough to make anyone severely depressed. I spent nights with tears streaming down my face as I read. The story line, the setting, and the characters are all phenomenal and extremely well written; it just so happens that I would just prefer a happier novel.

Wally Lamb will be coming to Johnson & Wales on April 17. Listen to him speak about his novel, and find out what makes this writer such an incredible story-teller.

Oz the Great and Powerful



Oz the Great and Powerful movie poster.
Photo courtesy of screenrant.com.

Krista Christensen
Culinary Arts/Life & Style Editor

The story of Dorothy Gale journeying through the magical Land of Oz has become one of the most beloved stories in movie history. Audiences were (and still are) captivated by her heroic nature and her journey to find the Wizard of Oz. I grew up watching The Wizard of Oz because it was a movie that captivated my parents. The Wizard of Oz became one of my favorite movies growing up because it sparked my imagination and allowed me to believe that I could conquer anything. Needless to say, I was extremely excited to see Oz the Great and Powerful and I hoped that it would become The Wizard of Oz of this generation.

Oz the Great and Powerful tells the story of Oscar Diggs (James Franco), a charismatic magician and ladies' man, working for a traveling circus. Instead of Dorothy, we watch Oscar's journey through the Land of Oz and fight to become Oz's new wizard. Oscar is the famous wizard that Dorothy later exposes in The Wizard of Oz. We are also introduced to three witches who play a huge role in Oscar's rise to power: Theodora (Mila Kunis), Evanora (Rachel Weisz), and Glinda (Michelle Williams).

There was an abundance of hype that surrounded Oz the Great and Powerful before it was released. I joined in on the excitement and was more than ready to see the movie on the day it premiered. I anxiously waited for the movie to start and couldn't wait to be transported to the Land of Oz once again.

Once the movie started, all I could think about was how great the movie was going to be. Two hours and ten minutes later I was just content about the movie's outcome. I thought the plot line was interesting and exposed a whole new take on the Oz that I had already come to love. The characters in Oz the Great and Powerful were refreshing and a great addition to Franco. Among my favorites were China Doll (voiced by Joey King) and Finley (voiced by Zach Braff). China Doll and Finley served as sidekicks to Oscar and were similar to Dorothy's sidekicks in The Wizard of Oz. The computer-generated imagery (CGI) in this movie is incredible. It uses an array of bright colors and creates an extraordinary world that once again sparked my imagination.

While I wasn't expecting it to be a musical, I would've liked to see more than one musical number. I missed watching a musical sequence like Dorothy's "We're Off to See the Wizard" or the Munchkins' "Ding Dong the Witch is Dead." I feel like a great musical number would've added a more whimsical feel to the movie itself. I also feel like the acting could've been a little bit better. The characters themselves were written very well, but I believe that the delivery of their lines could've been stronger and more forceful.

Although Oz the Great and Powerful didn't completely meet my expectations, it is still a movie worth seeing.



STUDENT LEADERSHIP AWARDS

It's that time of year again!

Student Leadership Awards nominations can be submitted on the Involvement Network. This is your opportunity to celebrate and recognize the outstanding efforts of JWU clubs, organizations and achievements of individual students.

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- FEINSTEIN ENRICHING AMERICA AWARDS
- FRATERNITY & SORORITY OF THE YEAR
- NEW STUDENT ORGANIZATION AWARDS
- SENIOR SERVICE AWARDS
- STUDENT ORGANIZATION OF THE YEAR
- STUDENT ORGANIZATION SUPPORT AWARD
- STUDENT LEADER OF THE YEAR
- WILDCAT SPIRIT AWARD



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CHALLENGING

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1	3	7	6	8	4	9	5	2
9	2	4	5	7	1	8	3	6
8	5	6	3	2	9	1	7	4

Get your
Horoscope

Michael Davis
Advertising Manager



Aries
You will come into a sizeable sum of money. This will open new doors for you, especially for your creativity. Don't think of any kind of investment now, and be sure to "Treat yo'self."



Libra
Luck is on your side. You may have a new opportunity to move to a nicer place. Be wary if you encounter any events that involve money.



Taurus
You will wake up feeling energetic and enthusiastic. Make the most of this energy, and put it towards creating the life you want; however, be conservative with your ambitions.



Scorpio
A business or romantic partner will bring news your way that will lighten your day. You may feel a little overwhelmed, so take some time before you begin to celebrate.



Gemini
Does it seem like your instincts have been right? You may want to write down any insights you have. You may discover something disturbing concerning others, especially a public figure, so be prepared.



Sagittarius
Stop feeling concerned about your health. Stress will begin to vanish from your life, so go out and celebrate!



Cancer
You may want to gather at a coffee shop with some very smart friends for an intellectual conversation. Much of what is said could inspire some creativity in you. Sleep may be a bit difficult.



Capricorn
Your creative energy is flowing, and project ideas are coming fast. Intellectual conversation could bring you and a potential partner closer together.



Leo
Exciting opportunities may be coming your way in the form of a new job. This could take you to new areas, and you may find yourself doing things you never expected.



Aquarius
Your dreams will shed some light on some issues you have been having lately. You will most likely want to sit home and relax after solving these issues.



Virgo
An extreme burden will be lifted off your shoulders. You will encounter new desires, which could manifest in a new romance.



Pisces
You will receive several exciting calls. Your life may be turned upside down, so consider if you really want to stay in the same position, and be ready for an adventure.

Turning Humans Into Robots

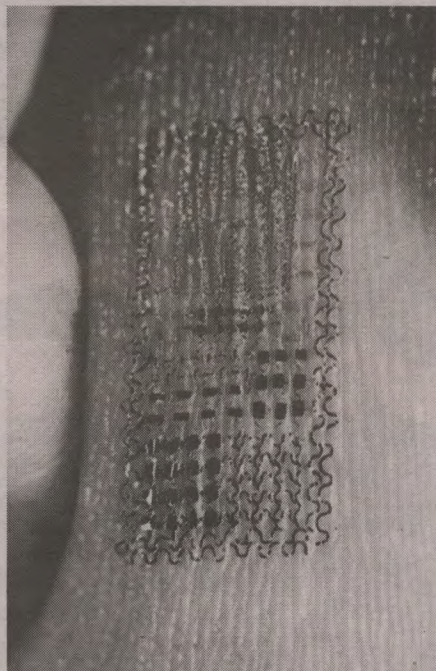
Kyle Brennan
Assistant Editor

Have you always wanted a tattoo of a butterfly, or maybe a tribal sleeve? Well, how about a working motherboard tattooed to your body? Rogers Research Group, from the University of Illinois at Urbana-Champaign, developed stick-on sensors for the skin, but just recently perfected these sensors to be printed to the skin like a tattoo.

These printed sensors are able to read skin hydration levels, temperature and map electric signals to and from the brain. Compared to the very short life span of the previous stick-on sensors, these tattoos can last over two weeks on the body.

This technology is still in the developmental stages, but has a bright future. The developers plan to use this technology to aid with medical care by creating a sensor capable of translating how well a wound is healing or how active your brain and heart are throughout the day.

The possibilities are endless. As this technology reaches the masses, one can only imagine what people can do with this cool technology. No, it isn't an animated tattoo or an iPhone embedded on your arm, but it is a great start to a bright future.

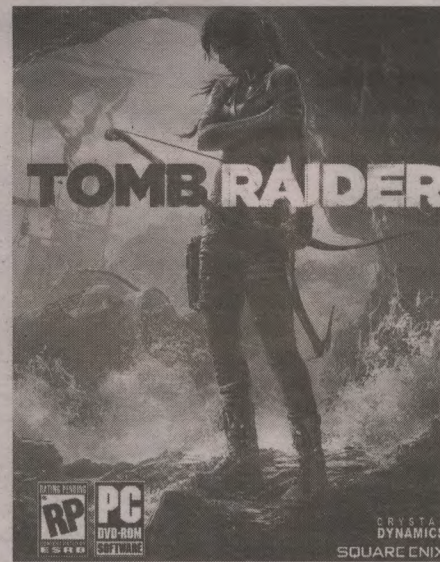


Motherboard-like electronic system printed to the skin like a tattoo.
Photo courtesy of sciencemag.org.

A New Twist on a Classic Throwback

Adam Lion
Staff Writer

Tomb Raider is a game I've been looking forward to playing ever since it was announced. It is a reboot of the Tomb Raider franchise. This game is the story of Lara before she became the hardened Tomb Raider that generations all know and love. For newcomers to the Tomb Raider franchise the game is good and I would recommend it. This new Tomb Raider game plays along the lines of an Uncharted; it's like a movie. The graphics are very pleasing and the game handles pretty well; also, the acting is not awful. The quick time events are extremely hardcore and make her seem like she is fighting for survival. The leveling up is based on hunting and killing enemies in certain ways. Hunting animals and killing enemies gives you salvage items used to upgrade Lara's weapons. The story takes place on an island in the Dragon's Triangle and the player get stranded on the island. They are searching for Yamite where the Sun Queen lays. Now here comes the hate for this game that I love playing as a kid. The tombs are a joke and extremely short and easy. Also, tombs are not the focus of the game. It more action and less puzzle and acrobatics than the



Tomb Raider Cover
Photo courtesy of IGN.

original ones where and even some of the newer ones. About the acting: for those people who have played Tomb Raider, her voice just doesn't fit the role of Lara Croft. Some scenes in the game might be a little graphic for people. All and all the game was not bad, but there are things I would like to see from the originals. I would give it 3/5.



Sony PlayStation 4 Kicks Off New Generation of Gaming

Ryland Grudzinski
Staff Writer

Back in February, Sony unveiled their plans for a next-generation console – The PlayStation 4 (PS4). Despite the fact that PlayStation fans have no idea what the console will look like or what it will cost, there is plenty of excitement from Sony's press release. Let's take a look at what we know about the Sony PlayStation 4, so far.

According to Sony, The PS4 will be powered by an 8 core AMD processor and a next generation AMD Radeon graphics card. The graphics will be about equal to the Radeon 7850, a desktop GPU currently in production. While no other console manufacturers have released their graphics hardware, it will be difficult to beat out Sony. This is good news for PC developers, who will find it now easier than ever to optimize their games for



Digitally rendered version of the newly released PS4 controller.
Photo courtesy of USA Today.

both the PS4 and PC. It sounds like a simple step, but having PC developers migrate to console development could dramatically increase the number of titles available on the PS4.

8 GB of GDDR5 memory will ensure lightning fast performance,

as well as the ability to quickly switch between games, movies, and other content. The huge pools of available memory will also shorten load times. Furthermore, users will be able to shut their PS4 down during a game, and then turn it back on later and pick up

right where they left off, much like you would do on a laptop.

Proof that you shouldn't change a winning game; Sony has brought back its dual shock controller, but this time, with a few improvements. While the layout and overall shape remain the same, the Dual Shock 4 will have a front facing motion sensor, and a small touchpad on the front in between the analog sticks.

Though Sony has gotten out ahead with their announcement, it's only a matter of time before its rival, Microsoft's Xbox, attempts to steal the spotlight. Also on the horizon is a possible entry into the console market from Valve, the veteran PC developers. While there isn't enough information on either of these products for a full comparison, the next few months will surely be filled with release dates and info as the console industry, as a whole, aims for a December 2013 launch date.

JJ Abrams Directs New Star Wars Trilogy

Ryland Grudzinski
Staff Writer

Star Trek and Star Wars are undoubtedly two of the most popular sci-fi franchises, and both are known to have excessively dedicated fans. Veteran director and producer J.J. Abrams has taken on the task of directing upcoming films of both franchises, but will he be able to keep both sides happy? His style has been seen in popular tv shows and movies such as Lost and Super 8, but Abrams will have to compromise in order to remain faithful to both beloved sci-fi universes.

As of November, Abrams was still denying rumors he would be directing Star Wars Episode VII, instead claiming he'd be seeing the film as a "paying moviegoer." With Star Trek: Into Darkness already on his plate, many fans ruled him out as a possibility. Less than two months later, he had accepted the role from Lucas. Among



JJ Abrams joins the dark side.
Photo illustration by Kyle Brennan.

the people unhappy with Abrams' Sci-fi power grab was Star Trek's own William Shatner. "He's being a pig," says Shatner. "He's collecting the two franchises and holding them close

to his vest. He's probably the most talented director of that ilk that we have but he's gone too far this time."

George Lucas disagrees, though. According to him, the Star Wars legacy couldn't be in better hands. Abrams has an intuitive knowledge of the franchise, and with his talent in the ways of science fiction, he will hopefully create a faithful reboot.

Fans of Lost know a little about Abrams style. The new Star Wars films will probably feature much more mystery and a much deeper plot than its predecessors, but will this style work? Fans will have to wait until 2015 to find out exactly how Abrams chooses to reveal Star Wars VII, but the only thing for certain is that it will be distinctly different from the past trilogies.



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For more information contact Health Education 401-598-2023



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