# The Campus Herald

The Student Run Newspaper of Johnson & Wales University

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## The Millennials, Web2.0, and Our Daily Lives

By Patrick Dyl
Editor-in-Chief

"I wake up, and the first think I do is check my AIM messages, and favorite web comics" says Jonathan Humphreys '09. Ask any student at Johnson & Wales University and you would get different answers, but most would include something online.

According to historian and author, William Strauss, the Millennials consists of children who were born from about the mid 1980 through 2000, and "grew up" during the '90s and the '00s. They were raised on technology, parental guidance, and a new appreciation of children.

The Millennials have grown up in with the evolution of Web 2.0, and watched as the internet grew from a tool used among a few scientists to a necessity used by billions of people the world over.

"[I spend] too much time online, at least 6 hours a day" says Brittany Turcotte '08 a Computer Graphics and New Media student.

A new generation has spent more time online than ever before. Time spent doing homework, watching movies, and making friends from across the globe. People are able to share their art, their music, their poetry with self styled contemporaries and critics the world over.

"What does "online" really mean anymore?" ponders Assistant Professor Hilary Mason, New Media/Computer Science (ironically in an interview done online), "I have phone, e-mail, and web all on my cell phone, and, ironically, the time when I'm least connected is while I'm teaching. ... I'm not "online" or "offline" -- just varying degrees of available."

Virtual worlds such as Second Life have allowed users from across the globe to meet in a world created by them, and for them. Professionals as well as armatures can discuss the latest trends, or ask for input on anything and everything. Friends stay in contact even after they've moved. Applications such as Twitter allow users to stay in touch with only a few taps on a cell pone's keypad.

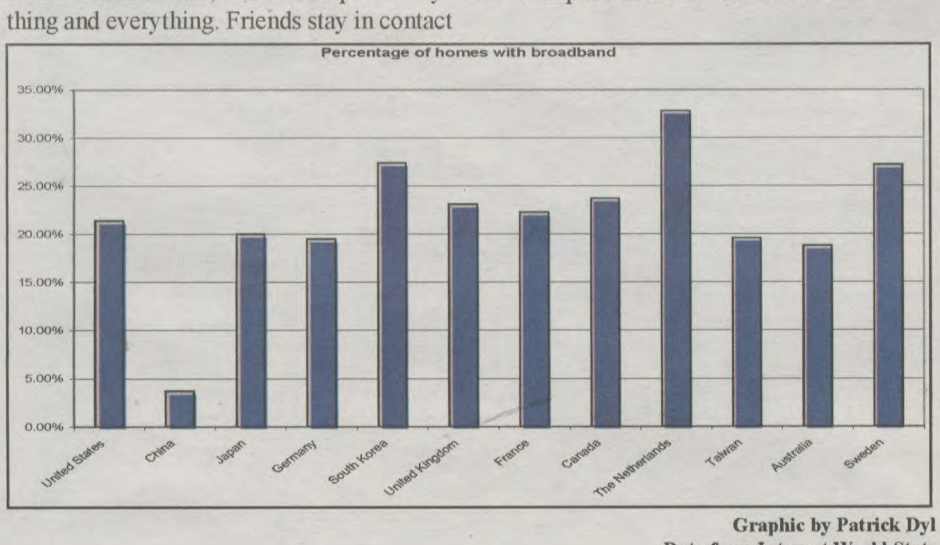
There has been an explosion in short messaging service (SMS) use, growing from a non-existent market to 45 million messages a day over a four year period. According to the 2002 Millennium Youth Marketing assessment "SMS is proving to be the fastest-growing medium to target the elusive teenage audience, with several leading brands successfully using text message promotions"

The amount that Millennials have immersed themselves in Web 2.0 is not without its shortcomings. "Balancing work and personal time requires a much more intentional effort than it used to," says Mason. Constantly checking e-mail and chat messages, along with the distractions of videos and blogs have created a measurable decrease in efficacy.

"I'd rather play World of Warcraft, than hang out with my roommates at times" says Humphreys. Internet addiction and withdrawal from face to face encounters has become a side effect of being so connected. Why go out with your friends when you can meet them online, or in game, or on the grid?

According to some experts, internet addiction is a result of our expansion into digital life. They say the biggest problem is when some internet addicts create on-line personas where they are able to alter their identities and pretend to be someone other than themselves. The highest risk for creation of a secret life is from those who suffer from low self esteem, feelings of inadequacy, and fear of disapproval from others. Such negative self concepts lead to clinical problems of depression and anxiety.

Irregardless of your views, digital life is becoming more invasive every day. Who knows how it will affect the next generation or what possibilities it has for the future.




**Graphic by Patrick Dyl**
**Data from Internet World Stats**
This graph show the percentage of households with access to broadband internet.

**The Campus Herald**/Otto Neubauer
Douglas Cheli '08, Marketing (left), speaks with Noah Knodle of E. & J. Gallo Winery outside of the Harborside Recreation Center during last weeks career conference.

## Students Meet Potential Employers at Career Conference 2007

Otto Neubauer
Ideas & Opinions Editor

On Thursday, November 2, Johnson and Wales University students flocked to the Rhode Island Convention Center to meet and greet employers at Career Conference 2007.

With 171 employers attending, the Career Conference was the largest on-campus recruiting event held by JWU to date, said Donna Remington, Operations Manager at the Career Development Office. "It's an opportunity for our graduating students to launch their careers."

While the Career Conference was targeted towards seniors, who were given stickers identifying them as graduating students and were admitted prior to underclassmen, there was something for every JWU student. Various Freshman Focus sessions were held throughout the day, including a Career Day Carnival for College of Business students.

"I thought it'd be a great opportunity to check out all the different jobs that are open to me as soon as I graduate college," said Kimberly Vambuskirk, '11 (Food Service Management), who found a few employers to keep an eye on. "Starbucks looks for people who are good with people skills... and I've had experience with that through one of my old jobs."

Other students didn't find as many employers that fit their needs. "I thought it was great for culinary and hospitality students, but as usual, I think that it was lacking for marketing and business students," said Brandon Durch, '09 (International Hotel and Tourism Management).

Of the 171 employers present, 101 were recruiting College of Business students, 39 were seeking students from the School of Technology, 97 were recruiting from the College of Culinary Arts, and 128 sought graduates of the Hospitality College.

The large number of employers present shows that "our reputation is really starting to reach out to nationally and internationally-recognized employers," said Remington. "They're realizing that this is the place to come to recruit our students."

Despite classes being cancelled on Thursday to allow all students to attend the Career Conference, some students chose not to attend. James Harris, '10 (Travel, Tourism & Hospitality Management), said he was "just not ready for a career right now, so there's no point in my going."

Other students wanted to attend, but were turned away at the door because they were not professionally dressed.

Nutrition Society wins Freak Week Pumpkin Contest.

See the winners, and more on Page 3.

**Photo: The Johnsonion**/Caroline Orcutt

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The Campus Herald

## Johnson & Wales Men's Soccer Captures 2007 GNAC Championship

By Dan Booth
Director of Athletic Communications

Junior Jeremiah Schenzel (Carson City, Nev.) was named the Most Valuable Player after leading the Johnson & Wales men's soccer team to a 2-1 overtime victory against Norwich in the 2007 Great Northeast Athletic Conference Championship on the road on Saturday afternoon. The win is the fourth GNAC Championship for the Wildcats in the last six years and earns the team a bid to the 2007 NCAA Division III Championship.

Johnson &The Wildcats got on the board just before halftime when Schenzel but in a pass from sophomore Scott Kirchner (Irvine, Calif.) at the 42:44 mark, making the score 1-0 at the half.

With 3:31 left in the overtime period, Schenzel fed Kirchner for the game winner giving the Wildcats the 2-1 overtime victory.

# Campus News

## Johnson & Wales Inn Will be Collecting Toys for Tots This Holiday Season

The Johnson & Wales Inn, 213 Taunton Avenue, Seekonk, Mass., will be collecting toys for the U.S. Marine Toys For Tots program. Anyone wishing to donate a toy is invited to stop at the Johnson & Wales Inn from November 4 through December 14. On Monday through Friday, the Inn will be offering hot apple cider and cookies to all who bring in a toy between 3 and 8 p.m. The toys must be new and unwrapped.

This is a public service announcement. Space donated by The Campus Herald

## To our valued readers,

This will be the only issue of The Campus Herald to be released in November due to the University's closing for Thanksgiving Break & the end of the first trimester.
On behalf of the entire staff of The Campus Herald, I wish you and the ones you love a safe and happy Thanksgiving holiday.

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The Campus Herald welcomes all content suggestions & feedback. If you feel we are not covering a specific event or topic please feel free to contact us via the information listed below.



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## Safety & Security Blotter

**Crime Alerts:**

Friday 10/12/07, 8:20pm: Arrest -- Off Campus -- One commuter student arrested and charged with a narcotics violation and possession of counterfeit money.

Saturday 10/13/07, 11:00pm: Robbery w/ firearm -- Off Campus, Washington Avenue -- SUSPECT DESCRIPTIONS:
**Suspect #1** described as a black male 5'11" 175 lbs wearing a tan and grey striped hooded-sweatshirt and NY Yankees baseball cap.
**Suspect #2** described as an Asian male 5'8" 150 lbs wearing a NY Yankees baseball cap (brandishing the handgun).
**Suspect #3** only described as wearing all black with his face covered
Three students were robbed while walking on Washington Avenue near Virginia Avenue, which is near the Harborside Campus. The students told police three men confronted them with a black handgun and demanded they empty their pockets. After the robbery, the suspects fled on Virginia towards Alabama Avenue.

Wednesday 10/17/07, 9:56 am: Arrest -- Harborside Campus, Near guard shack -- A Commuter student arrested for disorderly conduct.

Friday 10/19/07, 2:38 am: Arrest -- McNulty Hall -- A Resident student was arrested and possibly charged with a narcotics violation.

Monday 10/22/07, approx. 11:40 pm: Robbery -- Off Campus , 7/11 on Weybosset St -- SUSPECT DESCRIPTIONS:
**Suspect #1** was described as a light skinned black male, about 5'5" tall, wearing a black hooded sweatshirt
**Suspect #2** was described as a light skinned black or Hispanic male, about 6'4" tall, wearing a black hooded sweatshirt
A student reported being robbed of her cellular phone as she walked from Gaebe Commons to the 7/11 Store on Weybosset Street while talking on her cell phone. Two male subjects, one on foot and the other on a bicycle, approached from behind and grabbed the phone and her glasses and fled toward Dorrance Street. The student gave chase but lost sight of the suspects after several twists and turns.

Wednesday 10/24/07, approx 9:00 am: Armed Robbery -- Off Campus, Columbia Park -- SUSPECT DESCRIPTIONS:
**Suspect #1** was described as a black male, about 6' tall, slender build, wearing a black hoodie and blue jeans, armed with a silver handgun.
**Suspect #2** was described as a black male, about 5'6" tall, husky build, wearing a black hoodie with red and white lettering and blue jeans, armed with a large hunting knife
Two students robbed while walking through Columbia Park, across from the David Friedman Center. The students reported they were approached by 2 male subjects who demanded their valuables while displaying a handgun and a knife. One student turned over his wallet. The subjects left the area in a red 4 door sedan which was waiting for them on Vermont Street. No make model or license plate information was available.

Thursday, 10/25/07: Arrest -- Off Campus, Providence Place Mall -- A Student received summons to appear for shoplifting.

Friday 10/26/07, 1:57 am: Arrest -- Renaissance Hall -- Student arrested and charged with a narcotics violation

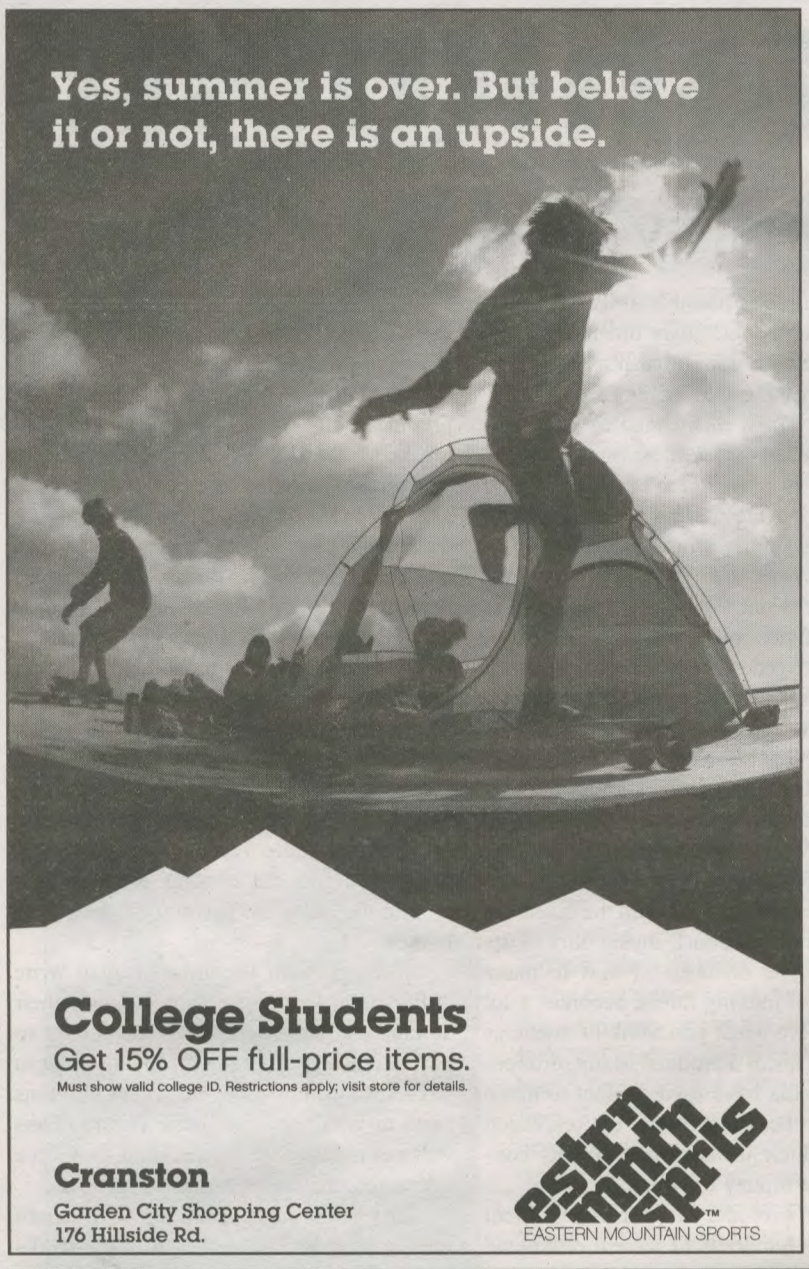
Saturday 10/27/07, 9:08 pm: Arrest -- Off Campus, 60 Eddy Street -- Resident student arrested and charged with a narcotics violation.

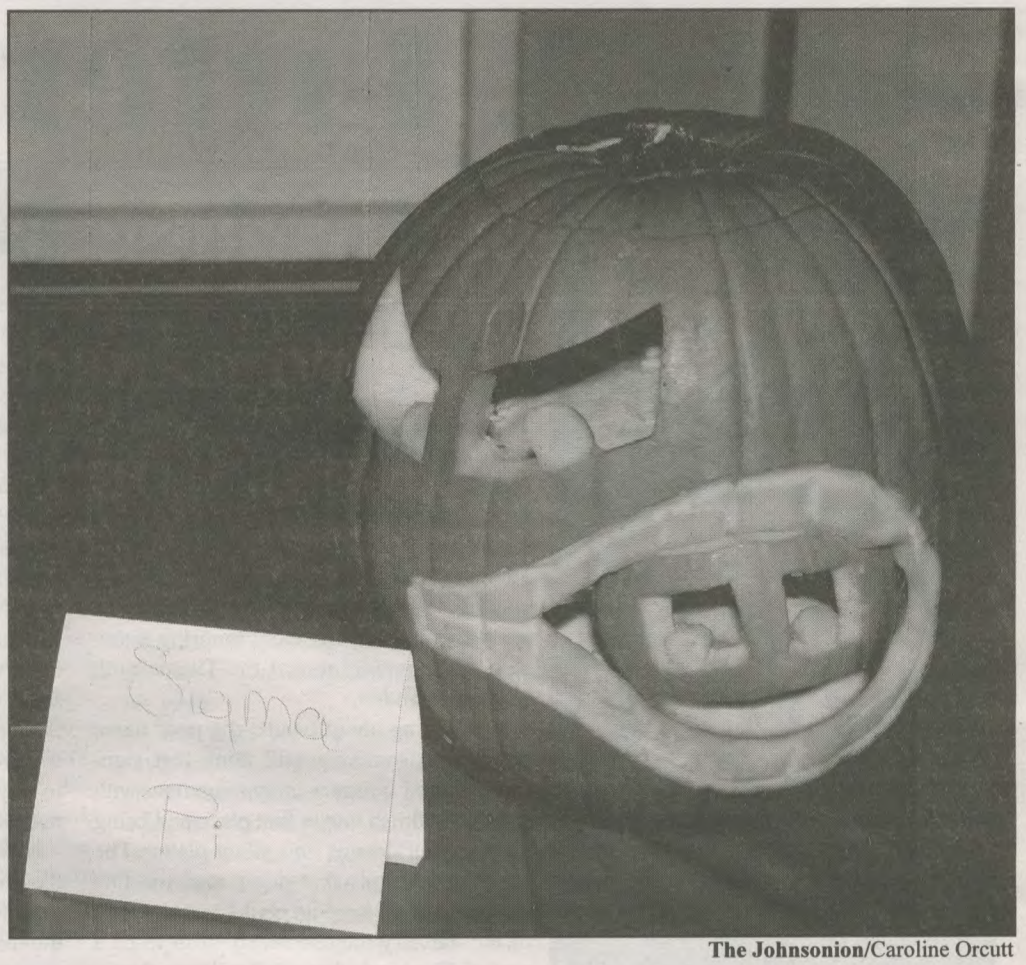
Sunday 10/28/07, 5:30 pm: Arrest -- Renaissance Hall -- Resident student arrested and charged with a narcotics violation

**Lost & Found:**

| Item Number | Date | Item | Whom Does it Belong |
|---|---|---|---|
| 2178 | 09/23/07 | Student Handbook | Unknown |
| 2181 | 09/24/07 | Brown Wallet | Matthew Silva |
| 2182 | 09/28/07 | Keys | Unknown |
| 2183 | 09/30/07 | Zip Drive | Unknown |
| 2184 | 09/30/07 | Floppy Disk | Unknown |
| 2186 | 10/01/07 | Computer CD's | Unknown |
| 2187 | 10/03/07 | Medication | Maria Nieves |
| 2188 | 10/05/07 | Bookbag | Unknown |

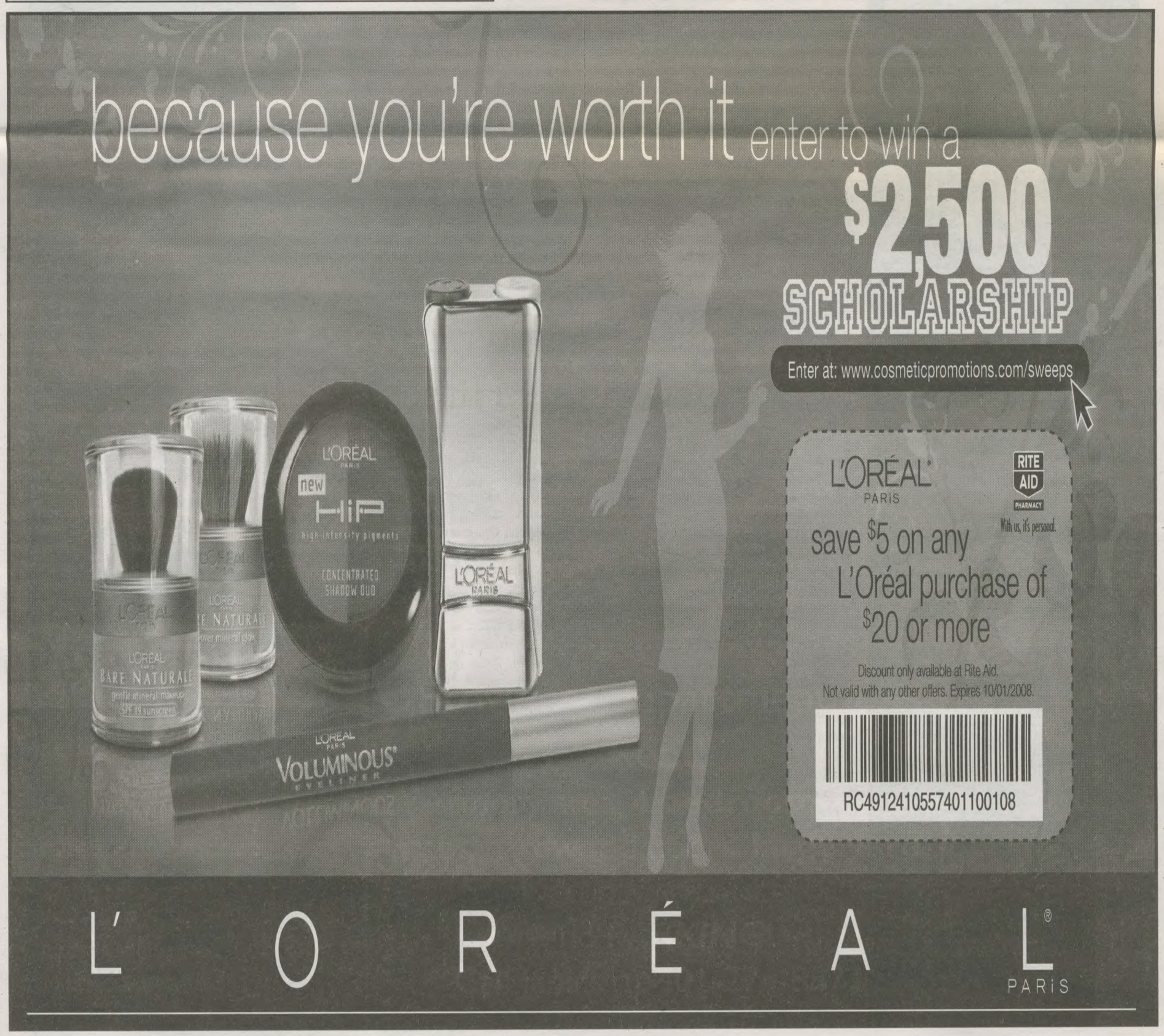
**Please Contact Campus Safety & Security with any questions at (401) 598-1103 regarding the Lost & Found or any other safety concerns.**




**The Johnsonion**/Caroline Orcutt

Fraternity Sigma Pi took second place in the Freak Week Pumpkin Caring Contest that was held in Pepsi Forum.



# Arts & Entertainment

## Jack B's Shows to Check Out

November 9
Dashboard Confessional
Augustana
@Palladium (Worcester, MA)/$27.50 – Doors: 7 pm

November 10
Red Jumpsuit Apparatus
Hawthorne Heights
Amber Pacific
@Lupos/$18.50 – Doors: 5 pm

November 11
SOUJA BOY
@Lupos/$25 – Doors: 7 pm

November 11
Motion City Soundtrack
Anberlin
Mae
@Palladium (Worcester, MA)/$22 – Doors: 6 pm

November 12
Avenged Sevenfold
@Lupos/$25 – Doors: 6:30 pm

November 15
Against Me
Sage Francis
@Lupos/$15 – Doors: 5 pm

November 15
Third Eye Blind
@Palladium (Worcester, MA)/$26 – Doors: 7 pm

November 17
Bright Eyes
@Lupos/$25 – Doors: 5 pm

November 17
Tech N9ne
& special guests
@Palladium (Worcester, MA)/$23 – Doors: 7 pm

November 17
DANE COOK
@TD Banknorth Garden (Boston, MA)/$30-100 – Doors: 7 pm

November 18
Jonathan Davis of KORN
@Lupos/$35 – Doors: 6 pm

## The Music Industry and Your Band

By Jack Burtch
Arts & Entertainment Editor

It's no secret that the record industry is in trouble. They have moved from selling music as their main source of income to creating revenue through lawsuits against their customers. Anyone can see that this is a piss-poor business model. Yet the people who should be the most learned about the sinking ship that is the record industry as we know it are completely ignoring every sign and hopping aboard the Titanic with reckless abandon.

I'm talking about bands; the poor naive bands who somehow still think that signing a record contract is synonymous with crossing a finish line in first place and being handed your dreams on a silver platter. The poor naive bands that don't read the fine print, and don't keep up on the business end of the industry they so sorely wish to be a part of. The bands that sell 2 million albums and end up hundreds of thousands of dollars in debt to the company who they thought were fulfilling all their wildest dreams.

These are the folks who should know the new first law of the music industry. Do not sign to a large record label. I would go as far as to say not to sign with any record label at all but I certainly can see where many bands could benefit from being with a smaller independent label. Not every musician can be a business man and vice versa, but we are entering an era of music where the power will be placed solely in the hands of the musicians who can think differently about what their music is and how to make money doing what they love.

Here are a few concepts every musician today should understand:

1. People will share your music with one another – Don't think of file sharing as stealing. Most people who download music for free don't think of themselves as thieves, they don't think of themselves as pirates, they just want to listen to your music. The whole goal in the music industry is to get as many people as possible to listen to your music. When people share music with one another, they are doing that musician a favor by increasing that bands listener base. It is hard to think of file sharing as a benefit to musicians since most musicians see their music as a product to be sold in album form. If people are sharing your music with one another for free, how can a musician make money?

2. Music is not a product anymore, it is Content – When music was tied to the media it was played on, it was a product in the same way a dishwasher or vacuum cleaner is a product. You buy a vacuum because it is a product that cleans your floor. You used to buy a CD because it was a product that makes pleasing sounds.

Now we have separated the content from the product. You no longer need the CD to hear the pleasing sounds. With the music removed from the product, music only exists as content. The dilemma of how to make money off of making music becomes a lot easier to solve when you think of music as content and not as a product. Many different kinds of media have used content to make money. The best example is the television industry, which has used free, quality content to make money for years.

3. Be the provider of your own content – There are hundreds of torrent download sites making a fortune from providing free content. They advertise to the thousands of people who visit their sites. They get thousands of people to visit by providing free content. Content created by other people.

This is money that should be going directly into a musician's pocketbook. Musicians should be less angry that there are people hearing their songs for free and angrier that the web traffic is going to a torrent site instead of their own web site.

The best way to capture those advertising dollars is to directly compete by providing your own content for free. If someone has two options, sift through a sea of unscrupulous torrent sites for your new single, or download it directly from the artist for free, the customer will download the content from your web site every time.

4. Content is no longer limited by the product itself – A CD holds 70 minutes of music. Most CD's released by musicians go to about 45 minutes and have between 10 and 15 tracks. Every CD has packaged art, track lists, band photos, and lyrics printed on them. This is the format almost every band has followed for as long as I could reach the play button on my Dads stereo.

Since the content of the CD is no longer tied to that 70-minute shiny disk, the way in which music is marketed and sold is now free of that tired old format. I believe that iTunes has begun to pave the way for the return of the single. Bands can now release content at a more fevered and consistent pace, churning out a song every couple of months from the privacy of their own homes.

No longer will the artist need to write "filler" in order to artificially elongate their album. No longer will fans be forced to purchase 9 songs they don't like in order to have 3 songs they love. No longer will fans have to wait years between albums. Fans will get a new dose of the band they love every time they write a new song.

Early adopters of this idea will benefit greatly by keeping their band in the media more often. Bands will have more chances to promote themselves with a new release coming out every month. The single format would also benefit musicians who generate their income from ad revenue. More releases yearly means more consistent web traffic to your site.

Many musicians and record labels will cringe at the thought of giving away music for free, but it cannot be avoided. The Internet has made sharing the music you love easier than going to the store and purchasing it. The next step for bands is to make downloading their music even easier for the fans so they can control the content they create and make a dollar in the process.

## American Gangster is the new Crime Hit

By Tom Conte
Campus News Editor

Say what you want, but any movie Denzel Washington stars in follows the rule that those movies are as good as any of the best movies made. "American Gangster", Denzel's latest endeavor, follows suit in the portrayal of Harlem's biggest drug kingpin, Frank Lucas. Sharing the screen with Denzel is Russel Crowe playing the "good cop" Richie Roberts, attempting to take down Lucas's drug ring. Clocking in at just over two and a half hours, "American Gangster" shoves the model for dominant mobs being run by Italians, both on screen and off.

Both Denzel and Crowe's characters draw parallels between each other throughout the movie. Frank Lucas and Richie Roberts display great pride and order in their work. While one systematically builds his wealth and stature through shipments of pure heroin, the other delegates a team of detectives in investigating the drug epidemic of heroin plaguing the streets. Though the characters are written well, Denzel's role is much more impressive with the emotion and swagger he can portray, while Crowe mumbles through his lines. Maybe a sword and shield would've been a better fit for Russel Crowe? It seems that way for most of his movies anyways.

Looking back at some of the classic drug kingpin titles to grace the big screen, "American Gangster" is not as outrageous as "Blow" or as bloody as "Scarface"; "American Gangster" evokes a serious attitude throughout the most of the movie. The violence takes a step back from being bloody and rampant, but the word cold blooded is used best to describe Frank Lucas. In the midst of a crowded city street, Lucas approaches a man about his money and with little remorse and hesitation, shoots that man in the head. Lucas leisurely walks back to a diner and sits down to enjoy the rest of his morning coffee.

But, if Denzel isn't enough to make you sit through this movie, then the inclusions of some pretty big stars trickle in and out the story. Hip-hop artists Common, Wu-Tang Clan's finest the RZA, rapper T.I., and Cuban Gooding Jr. all play supporting roles.

If you're a fan of mob movies and Denzel Washington, then this movie is worth the ticket at the theater.

American Ganster is playing at Providence Place Cinemas at the following times: 11:40am, 12:15pm, 12:45pm, 3:10pm, 3:45pm, 4:15pm, 6:30pm, 7:15pm | 7:45pm, & 10:00pm
.

## Top 10 Video Rentals

1. **Surf's Up** .....(PG)
*animated* (Sony)
2. **Fantastic Four: Rise of the Silver Surfer** .....(PG)
*Ioan Gruffudd* (Fox)
3. **Reign Over Me** .....(R)
*Adam Sandler* (Sony)
4. **Evan Almighty** ....(PG)
*Steve Carell* (Universal)
5. **Knocked Up** .....(R)
*Seth Rogen* (Universal)
6. **1408** .....(PG-13)
*John Cusack* (Genius/Weinstein)
7. **Next** .....(PG-13)
*Nicolas Cage* (Paramount)
8. **28 Weeks Later** .....(R)
*Catherine McCormack* (Fox)
9. **We Are Marshall** (PG)
*Matthew McConaughey* (Warner)
10. **The Condemned** ..(R)
*Steve Austin* (Lionsgate)

# Tegan & Sara cloak confessionals in newest upbeat pop album

By Jack Burtch
Arts & Entertainment Editor

Tegan & Sara's fourth full-length, The Con, begins with a glossy, nostalgic elegy to a marriage, a vocal duet timed to a walk down the aisle—and it's completely out of place with what follows. But this works because "I Was Married" is the credit sequence to an otherwise messy drama propelled by two haughty, terrified, confused characters. Who gets to confess here, and when, is a question the listener may have asked on the sisters' previous releases. But before, each of their love stories was gracefully enmeshed. Here, it's hard not to read every track as a tribute to one particular and tumultuous event (which I'm going to propose happened to Tegan). So, most potently, the con or cons involved are immersed in a battle of push-pull spanning months or years. There is less of the rock straight talk of 2004's So Jealous, simply because the situations are written in more complicated terms. Whether this always makes a great song is another issue. To a T&S fan, a journey from simpler relationships to more complex ones also means one from accessibility to ambiguity.

Photo coutesy of Tegan & Sara

Produced by Death Cab for Cutie guitarist and sometime engineer Christopher Walla, this album does maintain much of the duo's unified voice, or sound. Despite the fact that Tegan and Sara have, sonically, very distinct voices, metaphorically their voice has brought us dozens of clever, sometimes ironically upbeat punk bon-bons that depend on Sara's frothy, gorgeous cords and her sister's weathered, fierce counterpart. Walla's presence donates slightly more guitars by volume, gnashing synthesizers, and a few stock melodies, especially the painfully boring "Hop A Plane" and "Soil, Soul," where we hear the twinkling guitar and piano arpeggios that Death Cab brought to Plans. The latter is too short to be very memorable, and like "Plane," which precedes it, leans on someone else's sound.

The two have a knack for making everyday sentiments about life, love, and loss of love feel genuine and relatable. On "Nineteen," Tegan's voice aches as she sings the line, "I feel you in my heart, and I don't even know you/And now we're saying, 'Bye,'" against an affecting backdrop of strummed guitars and simple rhythms; on "Back in Your Head," Sara begs for access to an ex-lover's inner thoughts, and her pleas are oddly paired with a bouncing piano melody. The two split the songwriting duties on the album, each coming up with seven songs, and Tegan's breakup lyrics are noticeably bleaker than her sister's: On "Dark Come Soon," Tegan sinks into the depressing aftermath of a breakup, singing, "Dark, you can't come soon enough for me/ Saved, from one more day of misery."

What's more interesting, naturally, is when the band and the producer's experience and taste really fuse—in all, about four times. "Burn Your Life Down" showcases Tegan's rusty, raspy vocals and an elegant cat-and-mouse game between guitar and keys. Appearing to talk to herself, Tegan narrates a middle-of-the-night promise to change—change or betterment is a huge theme on the album—as the diplomacy required for long-term relationships is explored, analyzed, tossed, retrieved. Elsewhere there were successful choices made to bring the unfinished quality of Tegan's voice to the other instrumentation. Sara's cotton-candy touch on songs like "My Number" from 2000's This Business of Art is virtually gone. On the haunting rock ballad "Nineteen" Tegan duets with herself, and on the excellent "The Con," the synths are given her brassy quality and the guitars her acerbic edge.

But there are too many sturdy, banal rhythms and predictable melodies to make all of the fourteen tracks stand out, and even the recurring themes of darkness and intimacy have, by the end of the album, not much new ground to cover. The final track is a delightful wrap-up about a breakup, perhaps the "marriage" to the "con" so frequently in question. But even this song seems to be missing a couple of ribs, its Police-y guitar melody too rote; the chorus, "Maybe I could've been something you'd be good at," while evocative, still falls flat. Listening to Tegan and Sara's earlier albums, it's clear they made do with an underdeveloped, '90s-infused production and still shone. But the pared-down moments of The Con seem to long for the clusters of the album's meatier tracks, and for the most part, rightly so. As a reminder of the duo's ten-year reign, and as a piece of it, this album both gains and loses strength as a steady balance of highs and lows. If you dig Tegan & Sara, check out other artists like Ani DiFranco, the Yeah Yeah Yeah's, Death Cab for Cutie or Jewel.

## top 10 movies

1. **30 Days of Night** ....(R)
*Josh Hartnett, Melissa George*
2. **Tyler Perry's Why Did I Get Married?** ..(PG-13)
*Tyler Perry, Janet Jackson*
3. **The Game Plan** ....(PG)
*Dwayne "The Rock" Johnson, Roselyn Sanchez*
4. **Michael Clayton** ....(R)
*George Clooney, Tom Wilkinson*
5. **Gone Baby Gone** ....(R)
*Casey Affleck, Ed Harris*
6. **The Comebacks** .....(PG-13)
*David Koechner, Carl Weathers*
7. **We Own the Night** ..(R)
*Joaquin Phoenix, Eva Mendes*
8. **Tim Burton's The Nightmare Before Christmas** .....(PG)
*Danny Elfman, Chris Sarandon*
9. **Rendition** .....(R)
*Reese Witherspoon, Omar Metwally*
10. **The Heartbreak Kid** .....(R)
*Ben Stiller, Michelle Monaghan*

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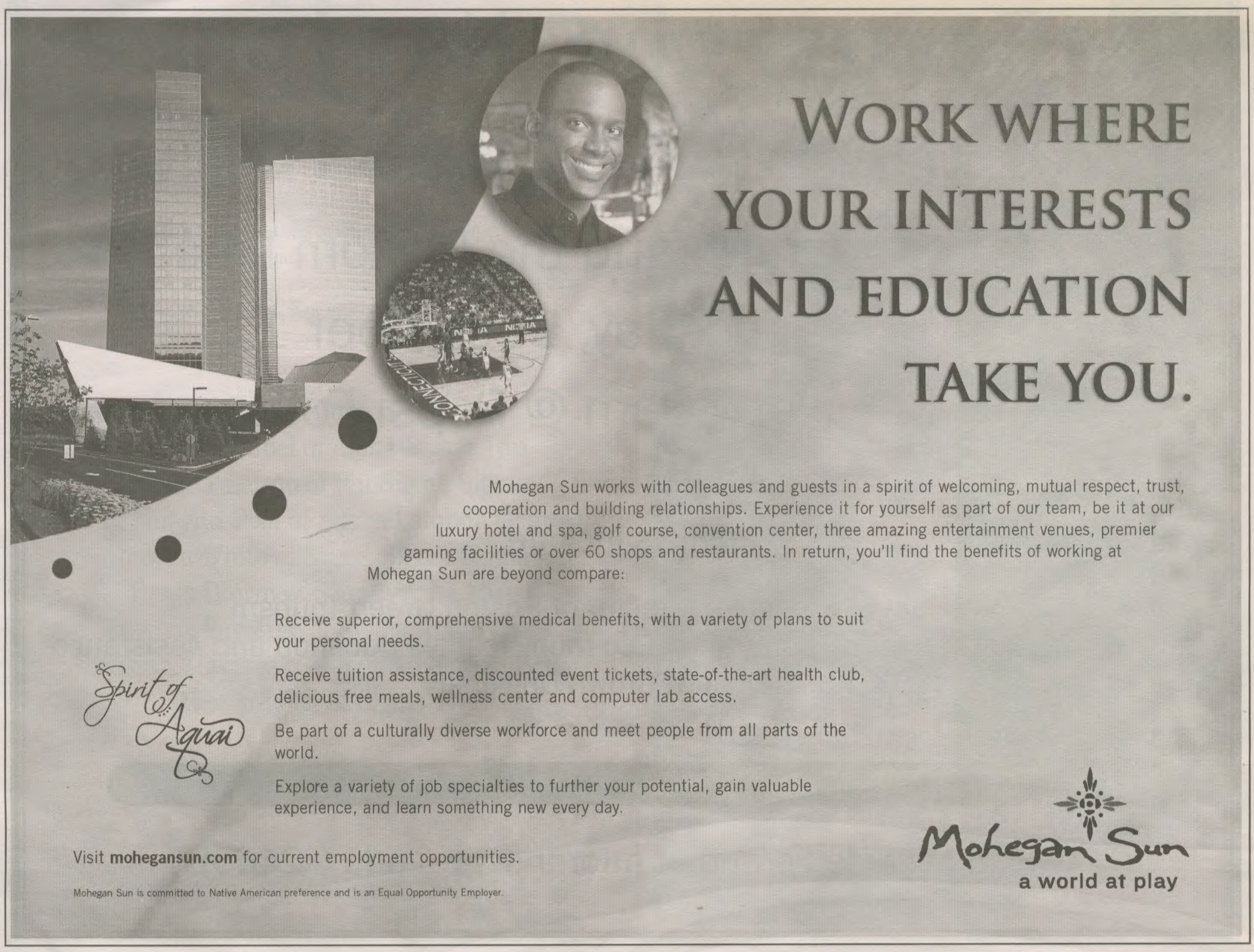

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office of student activities

Focus the Nation
Panel Discussion

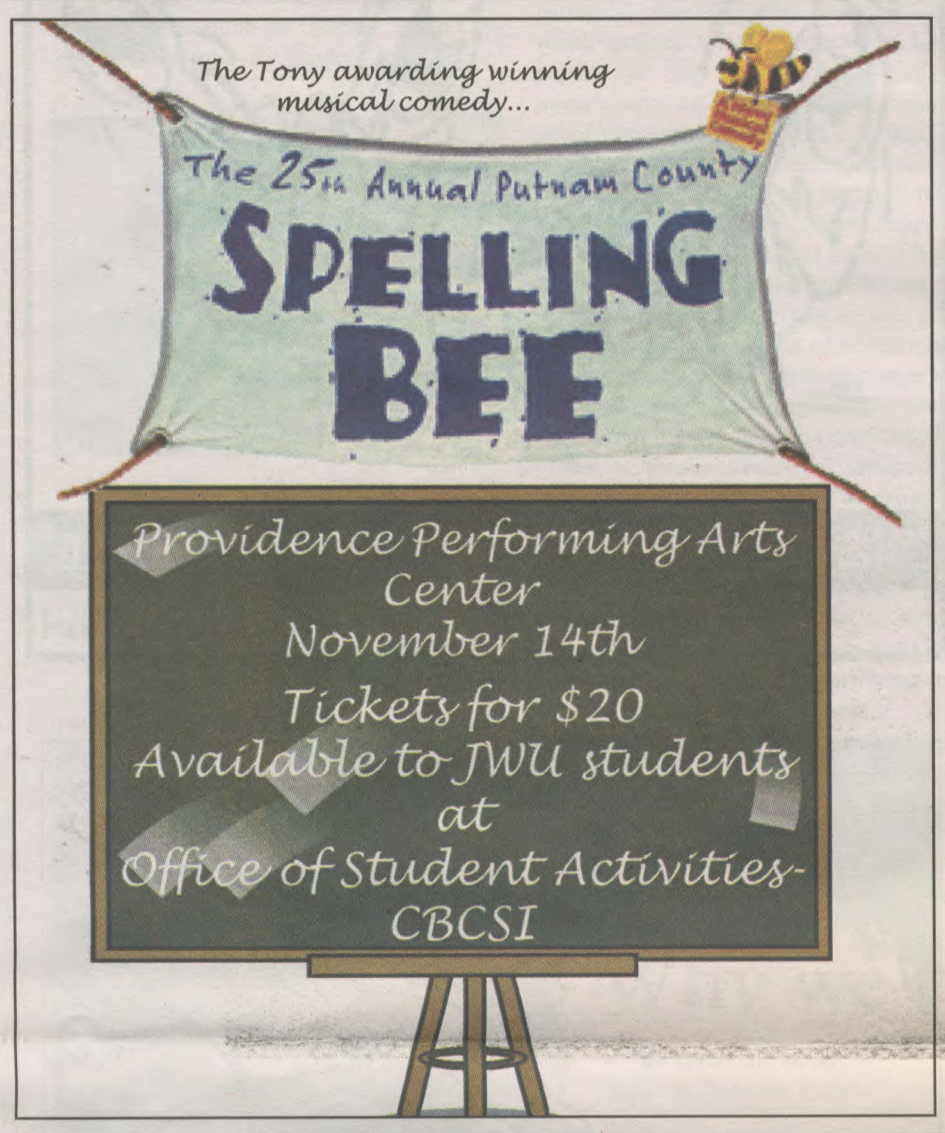
"Green and the Bottom Line"
Tuesday, December 11
11:30am @ Pepsi Forum

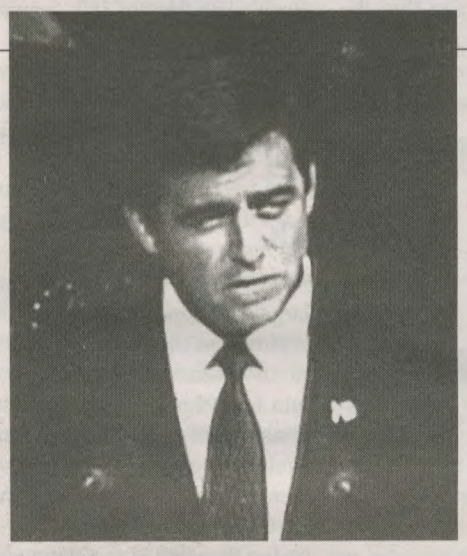
Panelists Include:

Daniel Ruben, Executive Director of Boston Green Tourism
Sarah James, Co-Director of Institute for Eco-Municipality Education and Assistance
Kurt Teichert, Brown University

R.S.V.P. to Michele Forand at mforand@jwu.edu (x2440)

# STUDENT ACTIVITIES



office *of* residential life

## Fmr. State Representative Mark J. Carron, MA– D

Will be speaking on Leadership, Career opportunities in College, Importance of Voting, and Importance of Leadership in today's society.

11:00AM, Friday, November 9, 2007
Xavier Auditorium

## ORDER OF OMEGA

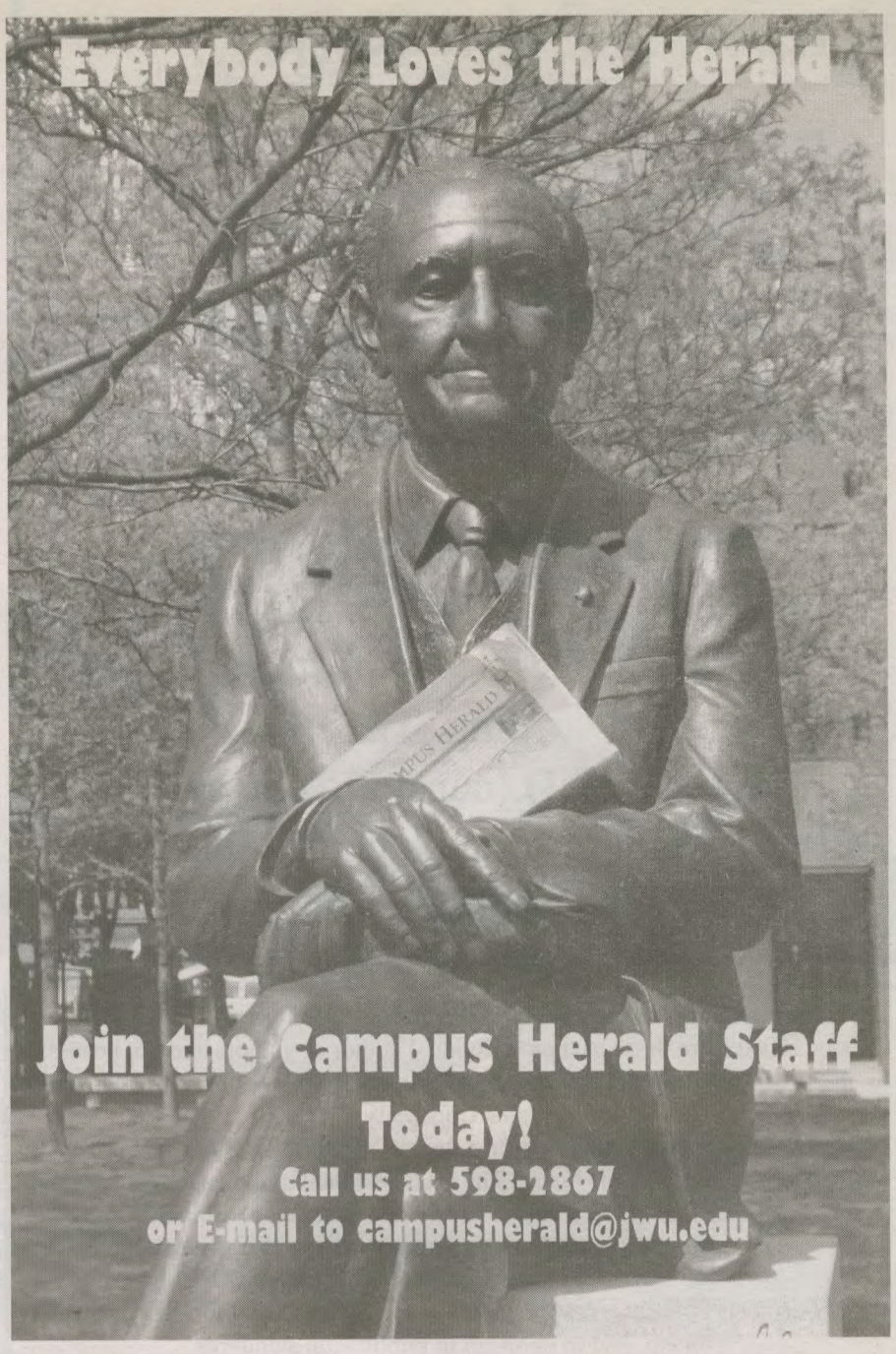
HONORING GREEK LEADERS SINCE 1959

The Tau Beta Chapter of Order of Omega would like to extend congratulations to our newest inductees for the Fall 2007 Trimester. On October, 23, 2007, we will be honoring our new members and inducting them into the Order. New members include:

Allison Burg of Alpha Sigma Tau
Samantha Rubel of Alpha Sigma Tau
Michelle Palermo of Phi Sigma Sigma
Alicia Flanagan-Pool of Sigma Lambda Gamma
Shawna White of Sigma Sigma Sigma
Denis Brown of Sigma Alpha Mu
Thomas Favorule of Sigma Alpha Mu
Christian Kowproski of Sigma Lambda Beta
Alex Antokal of Sigma Pi

Congratulations!

Order of Omega is the Greek Honor Society at Johnson & Wales University that is composed of outstanding leaders that have shown achievement in scholarship, leadership, and service within their organizations and the Greek Community.



# Ideas and Opinions

## The Democrat majority one year later

By Patrick Dyl
Editor-in-Chief

### The Editor's Desk

It was only about a year ago that the Democrats, riding a wave of antiwar sentiment and discontent with the Republican Congress, ousted the GOP to take control of the legislative branch of government.

It appeared that the Bush administration might finally be called to account for its disastrous policies, from Iraq to New Orleans.

Yet a year later, it doesn't feel like much has changed. Remarking on the Democrats' likely cave in to Bush's demands that they permanently legalize a full array of warrantless wiretapping, even the New York Times sounded disgusted:

*Every now and then, we are tempted to double-check that the Democrats actually won control of Congress last year. It was particularly hard to tell this week. Democratic leaders were cowed, once again, by propaganda from the White House and failed, once again, to modernize the law on electronic spying...*

*It was bad enough having a one-party government when Republicans controlled the White House and both houses of Congress. But the Democrats took over, and still the one-party system continues.*

If the New York Times feels frustrated, what about the millions of Americans who hoped a Democratic Congress would finally put a brake on the White House?

The sentiment against the war has only increased since last Election Day. Seventy percent of Americans oppose President Bush's handling of Iraq, according to a recent CBS poll.

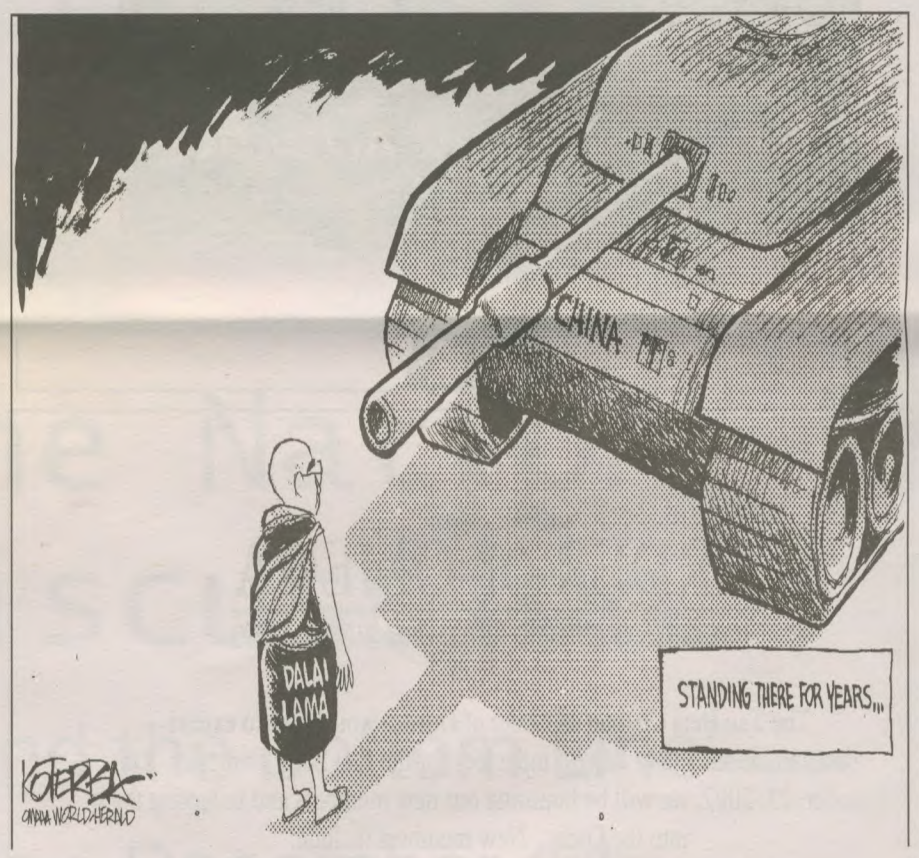
But at the same time, approval levels for Congress have returned to where they were before the Republicans lost control. So whatever initial hopes the public invested in the Democrats and Congress have largely disappeared.

How can the Democrats be so oblivious to an obvious mandate? A small glimpse into their thinking came to liberals via the transcript of an August conference call with leading liberal antiwar organizers and two members of Congress, Reps. Lynn Woolsey (D-Calif.) and Jim Moran (D-Va.), posted on the Web site of the Network of Spiritual Progressives, the conference call host.

During the call, Woolsey, a favorite of liberal antiwar activists, and Moran, the congressman whose district includes the Pentagon, explained the obstacles they face in voting to do what the vast majority of Americans want them to do, end the war in Iraq.

"The Democrats are more afraid of being labeled as abandoning [the troops]," Woolsey says.

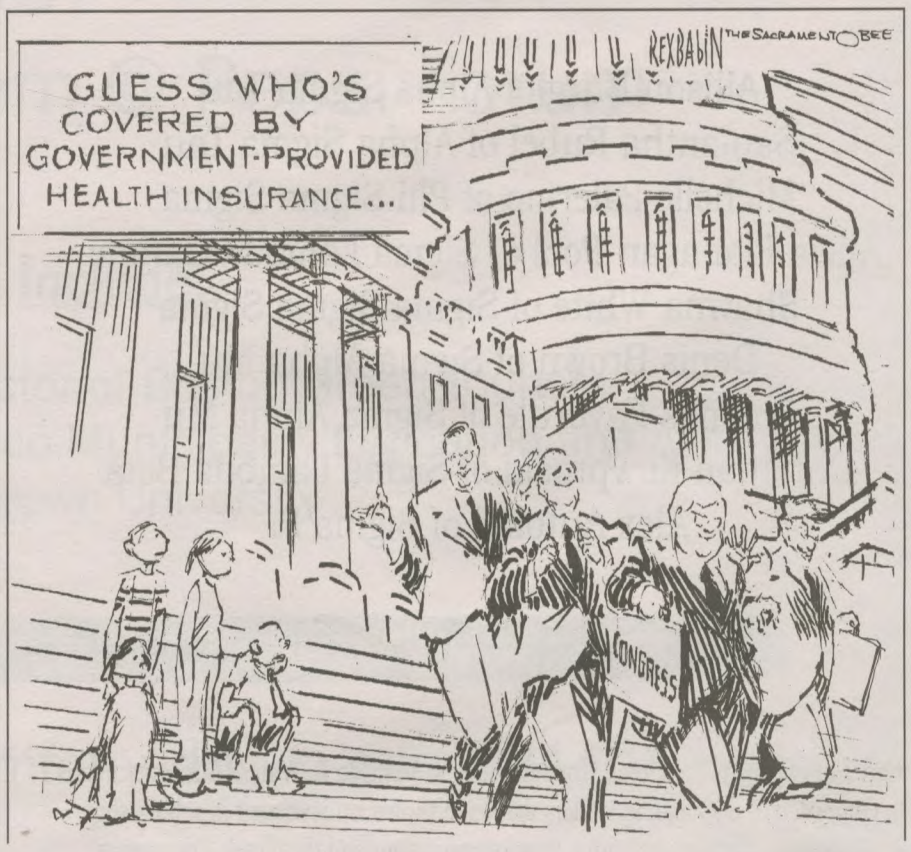
A year later, it seems as though nothing has changed. We are given the same propaganda, the same lies, and watch the same inaction from Congresss, just with diffrent players.




## Quote of the issue...

*"Scientific evidence supports the view that the climate is changing."*

Centers for Disease Control Director Julie L. Gerberding, in her written congressional testimony on global warming. The line was **REDACTED** (censored) by Bush administration officials before it entered the public record.




The ideas, opinions, or views express in the Ideas & Opinions section of The Campus Herald are those of their individual author or authors and not necessarily those of The Campus Herald or its Editorial Board, or those of Johnson & Wales University.

Unsigned Editorials are those written by the Editorial Board and reflect the views of the majority of the board. The Campus Herald invites letters and commentary from the university community. All submissions must include your full name, contact information and major (for students) or department (for faculty and staff), and must be submitted electronically.

The Campus Herald reserves the right to edit submissions for space, libelous content, and to conform to publication standards.

# A Message from the Student Body President

Its hard to believe that the Fall Trimester is almost over; during the first trimester we have been hard at work laying the foundation for future successes this year.

We held Fall Elections the first week of October and announced the results at the Elections Reception on October 5th in Citizens Bank Center for Student Involvement (CBCSI). Also at the beginning of the month, we released our new website. I encourage everyone to go and look around it; Senator Corey Cantrell '09 did an amazing job in recreating the website, making it more interactive. More updates will be coming in the future as well, so make sure you keep checking! The new website is http://www.jwusga.org.

SHAWNA WHITE '09
STUDENT BODY PRESIDENT

We held our annual Student Government Association (SGA) retreat on October 18 and 19. We began the retreat by having dinner at The Marketplace, the newest dining facility on campus; so that all Senators got a chance to eat where many of you go on a daily basis. We also attended the Alcohol Awareness Week Closing Ceremonies before we left campus for the Johnson & Wales Inn. We did a lot of great work during the retreat, including the formation of issues-based teams of Senators (for a full list of these teams and who serves on them, please see our website).

On Friday, November 2, we hosted a Networking Breakfast for Campus Administration and some of the student leaders on campus. This breakfast was held out at the Johnson & Wales Inn and a way for Administration to network with students and each other.

We have had two meetings of our full Senate, the first was Sunday, October 28 and the second was Sunday, November 4. Our next meeting will be held Sunday, December 9 at Statler Dining Hall in Xavier Academic building, we hope to see you there!

# The Death Penalty

## America's barbaric practice

BY PATRICK DYL
EDITOR-IN-CHIEF

Last Tuesday evening, Earl W. Berry, a Mississippi prisoner condemned to lethal injection, was just moments away from facing his fate when the Supreme Court wisely granted a stay of execution. Legal experts say that this decision signals to lower courts that a de facto moratorium on lethal injection is in place, at least until the Supreme Court hears a case on whether injection is cruel and unusual later this term. Although this is a step in the right direction, it is a distraction to the real issue at hand: the ultimate end of capital punishment.

Although lethal injection is less gruesome than other methods of execution, it is no less brutal. Research indicates that the anesthetic can wear off, while another drug keeps the condemned paralyzed, thus giving the illusion of serenity, underscored with massive unseen pain. The drugs are known to take anywhere between seven minutes to two hours to be effective, and finding a suitable vein is often a long, torturous ordeal. It is stupefying to fathom that lethal injection, which has been used for almost 25 years, is only now being seen as cruel and unusual punishment.

This makes lethal injection more insidious. By disguising the true horror of execution with medicine, lethal injection anesthetizes society to what amounts to murder by the state. I hope that the Supreme Court rules against lethal injection, finally recognizing its true nature.

A study completed in 2005 identified the top executioners:

1. China (at least 1,1770)
2. Iran (at least 94)
3. Saudi Arabia (at least 86)
4. **the United States (60)**
5. Pakistan (31)
6. Yemen (24)
7. Vietnam (21)
8. Jordan (11)
9. Mongolia (6)
10. Singapore (6)

That's not a list the US should be proud to be a member of. The death penalty is categorically wrong, both morally and legally.

Our system of justice is inevitably imperfect, and even one tragic mistake costing an innocent life is too much. The connection between the death penalty and racially charged cases is well documented, and the system needs to be reevaluated to eliminate biases.

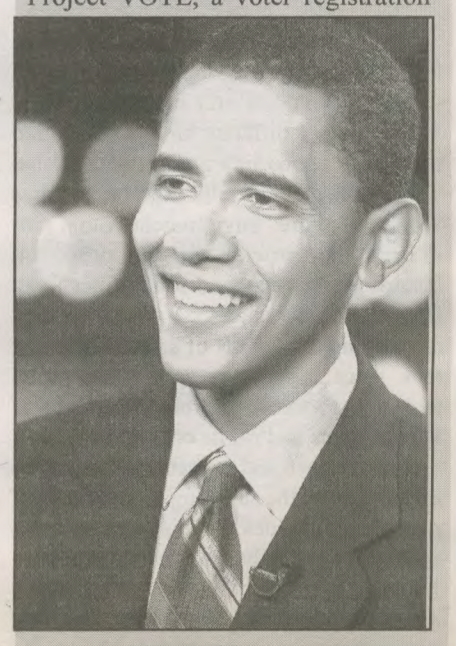
In an age where all of Western Europe, Canada, and many other countries have abolished the death penalty, it is hard to understand how the United States, with its explicit constitutional denunciation of "cruel and unusual punishment," can justify retaining such anachronistic, unjust, and inherently flawed barbarism.

I can only hope that the justices of the Supreme Court, who voted 7-2 in favor of the stay of execution, will not only end lethal injection but open the door to abolishing capital punishment entirely.

# PRESIDENTIAL POSSIBILITIES

BY OTTO NEUBAUER
IDEAS & OPINIONS EDITOR

Presidential possibility Barack Obama (D-IL) was born in Hawaii in 1961. He was raised by his mother in Hawaii and Indonesia. After graduating from Columbia University in 1983, Obama worked as a writer/financial analyst before organizing a faith-based group in Chicago to decrease crime and unemployment in poor neighborhoods. He eventually came to believe the solution to such problems would be found through political changes rather than private efforts. Obama also directed Illinois Project VOTE, a voter registration and education campaign.



Obama earned a law degree from Harvard in 2001, where he became president of the Harvard Law Review. He then returned to Chicago to practice as a civil rights attorney with the firm of Miner, Barnhill & Galland. Obama was also a Senior Lecturer on Law at the University of Chicago.

In 1996, Obama was elected to the Illinois State Senate, where he served as Minority Spokesperson for the Public Health and Welfare. Eight years later, in 2004, Obama was elected to the United States Senate, where he serves on the Foreign Relations Committee, the Committee on Veteran's Affairs, Committee on Health, Education, Labor, and Pensions and the Committee on Homeland Security and Government Affairs.

In January, Fox News alleged that Obama attended a madrassa (a radical Muslim school) while studying in Indonesia.

As a candidate, Obama takes a distant second to Democratic frontrunner Hillary Clinton, who polls over fifteen percent above Obama nationally. Clinton also surpassed Obama in third-quarter fundraising. However, because Clinton has received much of her cash from large donors, much of her cash cannot be spent until the general election.

# Why we Need a Fence

BY OTTO NEUBAUER
IDEAS & OPINIONS EDITOR

Last month, Democratic leaders organized a press conference to promote the Dream Act, a bill to provide permanent residency status to children of illegal immigrants if they came to the country before age 16 and have graduated from high school. To personify the bill, they invited three college students whose families had entered the country illegally.

They weren't counting on Representative Tom Tancredo (R-CO), who upon learning of the press conference, placed a few phone calls to the Immigration and Customs Enforcement Agency and publicly called for the students to be arrested.

Illegal immigration is a touchy subject--the term itself is rather controversial. While both sides agree that we need to maintain national security, liberals don't seem to realize that the effort we put into screening airline passengers and luggage is wasted when terrorists can simply fly to Mexico and cross anywhere along the 2,000-mile border with little fear of getting caught. Conservatives aren't any better--while they preach independence and self-sufficiency to poor Americans, they deny these same principles to hardworking aliens who only need a chance to compete in a free and open marketplace.

This editor supports a tough but fair solution--one that preserves our national security by building a fence across the US-Mexico border while allowing unlimited documented immigration between the two countries. Just as free trade benefits all parties involved, so does free travel benefit visitors, guest workers, resident immigrants and US citizens.

Anyone (aside from terrorists, felons and the like) who wishes to travel to the US should be able to do so freely. Anyone who wishes to work in the US should be granted a green card and permitted to reside within the US as long as they choose. By providing documentation for everyone crossing the border, immigrants will be able to compete on a level playing field with the rest of America, rather than working under the table for less than the minimum wage--a fundamental source of poverty in America. And once immigrants are earning their incomes legally, they will be subject to income tax. The addition of nearly one million new taxpayers yearly could finance national security operations, support our troops in Iraq, or finance pro-growth tax cuts.

Once our southern border is secure, we can address the estimated seven to twenty million illegals already within the US. Ultimately, any proposal to provide amnesty to these illegals is unfair to law abiding citizens. Our political system is based on the rule of law--to pardon millions of illegal immigrants is fundamentally unfair to those who waited in long lines to immigrate to the US legally. This editor believes that enforcement of current laws is enough to, over the long term, document illegals currently in the US. These illegals could cross the border back to Mexico--and once there, as detailed above, they could return to the US legally, with documentation. The higher wages and access to federal services that documentation provides would be enough incentive to document nearly all illegal immigrants.

Ultimately, conservatives need to acknowledge that immigration is a positive force for the US economy, and that appeals to xenophobia, while appealing to their base, will not win elections. Likewise, liberals need to recognize that documenting everyone in the US is crucial to protect us from our enemies in the global war on terror, that a fence is necessary to prevent terrorists from crossing the border without our knowledge, and that a blanket amnesty, such as that proposed in the failed McCain-Kennedy immigration compromise, is simply not acceptable.

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# LIFE

HEALTH | CULINARY | MONEY | TECH & SCI | PUZZLES

## Restaurant Review: Cuban Revolution

### Food meets Politics

By Samantha Radov
Staff Writer

*"You say you want a revolution. Well, you know, we all want to change the world."*

It was the sixties and they were the Beatles. The song revolution is meant to tell us that a revolution isn't such a good idea. Well there is a different kind of revolution that today seems like a good idea to me. This is a place that sells itself on a sixties "counter-culture" environment with a Latin beat. They provide you with drink, art, history, controversy and some killer food. However I have to address one issue; they are making money off of a revolution that took place forty years ago. A revolution that in its romantic efforts to restore basic human rights and rid its country of American imperialism and capitalist influence has ended up with the suffering of thousands of peoples for decades. So this restaurant that so adamantly pledges to "honor the revolutionary spirit of individuals who struggle against tyranny and oppression, fight big government and corporate greed," is really just doing the opposite. They are paying their taxes to the (big) U.S. government and contributing to capitalism as a whole. So on the political standpoint, Cuban Revolution is one big contradiction.

Yet on the gastronomic and entertainment side of the fence, Cuban Revolution seems to be doing just fine. Better than fine really, they are super successful for a reason. I mean, why else would they give up the hole-in-the-wall shop they once had? (Besides the fact that the building is to be demolished, and then a hotel is to be built on that spot.) They have been kicking it in downtown providence for about 6 years now, and show no signs of stopping.

Their new location at 50 Aborn Street is a fresh addition to the providence restaurant scene. They have huge original artworks of Fidel Castro and Marilyn Monroe done by a local artist, Angel Quinones. With some modernization from their original style, they still hold a funky vibe. Even if the scene is a bit hipster for me, you need to be dressed to go here. The waiters darn full black garb, as do the walls, meaning that it's Cool, you know what I mean? So don't look like a slob when you arrive.

Once you sit down either at their new bar that has full service or you sit at a table (with a table cloth!). You a greeted by the friendly staff and given some chips and black bean dip. Free food is always welcomed to the college student. Then the menus are presented, and to my relief prices are still low, even with all the pretty things around you. The menus in themselves are pretty cool. Wicked vibrant reds, greens and yellows take you through a delectable round of choices to dine on. And they throw in cute little blurbs about U.S. trade embargoes and quotes from Fidel. I guess to make sure that the message is loud and clear. U.S bad. Cuba good. That is the message, right? Enough rants, to quench your thirst, I suggest ordering their sangria or an egg cream. An egg cream is a classic New York City beverage consisting of chocolate syrup, milk, and seltzer. And if you never have enjoyed one of these guys, this spot serves up a good version of one.

Then the food. If you are carnivorous this is the place to stuff that meat loving face of yours. My dining partner and I shared the plantain platter for our appetizer, for $ 5.50. Then she ordered something to satisfy her fleshy needs, the sandwich appropriately tilted El Gordo, $8.50. This means, if you haven't guessed already, the fat one. This fatty has double the pork, ham and cheese of the cousin, "The world's best Cuban sandwich" She was happy with it, but did miss the pickles. Traditional Cuban sandwiches have them, as does the smaller version of the one she ordered, but for some reason hers did not. Through a bit of searching I decided on the Malecon, a beach in Havana, and a salad! A salad with black beans, rice, and Cuban toast. Good but way too much money, it was $9.25. Then for dessert I couldn't deny the hype that I have heard from their flan. It was a flan yes, but not the best I have had. But seeing as how the best I have had was in Spain, this is as good as it gets from Providence.

So check it out; Cuban Revolution 50 Aborn St, Providence, RI 02903, 401.331.8829 Mon-Sat 11 am-midnight, Major credit cards, Full bar, Sidewalk-level access.

## Thanksgiving Fun Facts

By Caroline Orcutt
Editor-in-Cheif
The Johnsonian Yearbook

What comes to mind when you hear Thanksgiving? You probably think of the three "F's": Family, Food, and Football; but there is so much more to Thanksgiving than you think. This American Holiday has gone through many trial and tribulations and at one point had to be fought for. Here are some interesting facts about the history of what we now call Thanksgiving:

• The first American Thanksgiving was celebrated in 1621, to commemorate the harvest reaped by the Plymouth Colony after a harsh winter.

• The celebration in 1621 lasted for three days and included games and food.

• George Washington was the first president to proclaim a 'National Day of Thanksgiving' in 1789.

• In 1815, President Madison declared two Thanksgivings, and neither was in November.

• Sarah Josepha Hale, editor of Godey's Lady's Book, entered the scene in 1846. After campaigning for years to have Thanksgiving proclaimed a national holiday Mrs. Hale finally convinced President Lincoln to proclaim the last Thursday of each November as a National holiday for Thanksgiving.

• After Abraham Lincoln's proclamation every president protected the national day, but many changed the times. In 1939, 1940, and 1941 Franklin D. Roosevelt, seeking to lengthen the Christmas shopping season, proclaimed Thanksgiving the third Thursday in November. Controversy followed, and Congress passed a joint resolution in 1941 decreeing that Thanksgiving should fall on the fourth Thursday of November, where it remains.

• Thanksgiving was a centuries-old tradition held by most cultures around the world. After the autumn harvest, communities held 3-day-long feasts, sharing meat, bread and beer.

• But did you know that seven other nations also celebrate an official Thanksgiving Day? Those nations are Argentina, Brazil, Canada, Japan, Korea, Liberia, and Switzerland.

• The 'wishbone' of the turkey is used in a good luck ritual on Thanksgiving Day. So this Thanksgiving, fight for the wishbone and hope your wish comes true.

• The first Macy's Thanksgiving Parade took place in 1924, and has been a staple of the American Thanksgiving ever since.

• For many Americans, watching football on Thanksgiving is part of the tradition. The Detroit Lions have hosted a game every Thanksgiving Day since 1934. 67 games later their record is 35-31-1.

• Beginning in 1966, the Dallas Cowboys have only missed playing on Thanksgiving twice, in 1975 and 1977 when the then St. Louis Cardinals hosted. They seem to have better luck than the Lions as their record is 25-14-1.

• What do you call the bread, spices and celery that cook inside the turkey? If you're from the north, you probably call it "stuffing" … if you're from the south, you may call it "dressing."

• Every year two turkeys are pardoned by the President, and the American people vote on their names. The tradition of naming them started in 2003 with the names Stars and Stripes. In 2004 the turkeys were called Biscuit and Gravy. In 2005 the public decided on Marshmallow and Yam and in 2006 they were named Flyer and Fryer

• In 2005 and 2006 the two turkeys were flown first class on United Airlines from Washington, D.C. to the Los Angeles area where they become the Grand Marshals of Disneyland's annual Thanksgiving Day parade down Main Street. The two turkeys then live out the rest of their relatively short lives in Disneyland's Frontierland ranch.

• Not everyone celebrates Thanksgiving with turkey. Some enjoy duck, or goose, or tofu … and on the West Coast there's an old tradition of serving Dungeness crab for the holiday!

• Turkeys have heart attacks. When the Air Force was conducting test runs and breaking the sound barrier, fields of turkeys would drop dead. So don't scare your turkey, they just might die.

• Turkeys can drown if they look up when it is raining, but we don't suggest you try that.

Keep a look out on the White House website, http://www.whitehouse.gov/, for more information on this year's voting on the name of the White House turkeys. So now that you feel a little bit more knowledgeable about Thanksgiving: go home, eat and get free stuff from your parents. And most of all be thankful for everything that has happened in this past year.

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# Text message celebrates popularity, fifteenth 'bday'

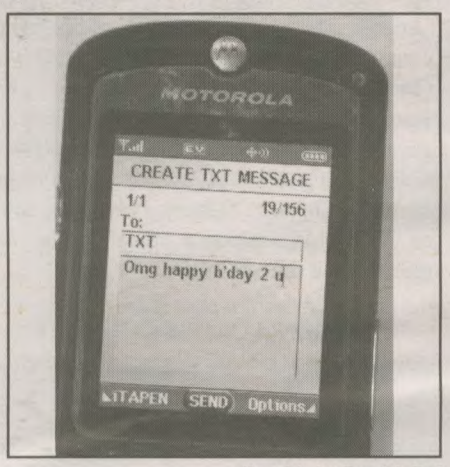
By Patrick Dyl
Editor-in-Chief

Text messaging, a feature many college students use every day, turns 15 years old this year, according to the Britain-based Mobile Data Association (MDA).

The first text message was sent in December 1992 when a British engineer sent a message from his computer to a colleague's mobile handset that said "Merry Christmas," according to the MDA's website.

Beth Gautier, spokeswoman for the AT&T Wireless company, said they have seen an upward trend in text messaging over recent years.

After American Idol season ended in 2003, producers reported that 7.5 million text messages were received, and by the 2006 season,




Graphic by Patrick Dyl

the numbers grew to over 64.5 million.

She said the company started to see text message use become popular in 2001, which is when MDA claims the feature started, though it was still in the testing stages at the time.

AT&T has already reported their 2007 third quarter results for their wireless services, Gautier said. The company found that from July 1 to Sept. 30, there were 24 billion text messages sent and received by AT&T customers alone.

As text messaging is slowly becoming a social norm, many education leaders worry that writing and grammer skills decrease, however many teachers said they have not seen students' writing performances decrease in the classrooms.

# Harvard study exposes dangers of sleep deprivation

By Kyoolee Park
The Heights (Boston College)

(U-WIRE) CHESTNUT HILL, Mass. - A couple of weeks ago, Biatriz Martinez, CSOM '10, had to make a trip to the Boston College campus infirmary. She had been suffering from continuous nausea and an all-day headache. They told her she was suffering from a caffeine overdose.

Martinez' case is not an isolated instance. Many students find every possible means to keep themselves awake as long as possible, and it has subsequently become the norm for college students to survive on as little as three to four hours of sleep per night, with many students even becoming used to pulling all-nighters.

Although common among college students, a recent study conducted by Harvard Medical School researchers showed that frequent all-nighters can be extremely harmful. Harvard's research compared students who had slept for eight hours and students who had stayed awake for 35 hours. Each group of students was placed under an MRI scanner while they were shown different pictures. Focusing on the psychological effects of sleep deprivation, the researchers discovered that the second group of students showed more intense emotional reactions to the pictures.

Nancy Baker, the associate director of University Health Services, said that sleep deprivation is a very common problem among Boston College students. "Most students are unaware that their illnesses are caused by lack of sleep. They come in for other health problems such as anxiety, migraines, inability to concentrate, and other psychiatric symptoms. These illnesses are often caused by sleep deprivation," she said. Baker also said that in extreme cases, students may develop severe respiratory problems and failure of the immune system. "Sleep deprivation has a direct impact on health. Our immune system just cannot work at the optimal level without sufficient hours of sleep."

Sleep deprivation is not only harmful to one's physical health, it is also detrimental to one's psychological well-being. As researchers discover more about the clinical connection between sleep and mental health, it is becoming more apparent that the balance is critical.

Elizabeth Kensinger, a professor in the psychology department who teaches cognitive and affective neuroscience, said that lack of sleep can cause serious psychological disorders. "While we sleep, our brains release different neurotransmitters. Sleep deprivation causes imbalance of major neurotransmitters, which are often related to emotions and cognition," Kensinger said.

She also said that sleep is directly connected to judgment and control of the emotions. "During sleep, we store the emotions that we experience throughout the day in different areas of our brains. Let's say that a student falls asleep right after she has a huge fight with her roommate. While she is sleeping, her brain starts to process her intense emotions, separating them from the content and storing them into different parts of the brain. When she wakes up, she will be able to evaluate more objectively and clearly," Kensinger said. "Therefore, when students are functioning on only three hours of sleep, they will often experience extreme mood swings and impaired judgment."

While most students are aware of the negative effects of sleep deprivation described in the studies, they often find no other option than staying up all night -- with 10 cups of coffee, four Snickers bars, and No-Doz caffeine pills -- to complete assignments.

"I cannot have eight hours of sleep when I have my philosophy paper, cognitive psychology exam, and Hebrew quiz all due the next day," said Cathleen Chopra-McGown, A&S '10. "In addition to all the classes, average BC students are expected to get involved in extracurricular activities. I often feel that I have no other option but to cut down the hours of sleep," she said.

Some believe that getting the recommended eight hours of sleep at BC is simply not possible. Nevertheless, Kensinger says that students need to learn to manage their schedules better, so that they can get a sufficient amount of sleep. "After all, most people have limited number of hours they can spend on studying," she said. "More hours doesn't mean better quality."

# Ask The Sexpert

**Dear Sexpert** - Is sex under the influence ever safe sex?

Generally, we don't recommend sex under the influence. There are health and safety risks involved that get more complicated depending on your gender, intoxication level, setting, and experience with alcohol. The straight truth is that alcohol can lower your inhibitions and cause you to engage in sexual behavior you wouldn't normally engage in. Did you ever wake up the next morning with regret for what you did the night before? It's no secret that alcohol limits your ability to make safer, smarter choices. In college, it's important to stay in control – especially around sex – so you can stay safer, stay involved, and stay in school.

**Alcohol and Women:**

Research shows that women become more intoxicated than men after drinking equal amounts of alcohol. This is based on physiological factors so we have to take it seriously. Women have less body water than men; this means they can't dilute alcohol like men and by result become intoxicated quicker. Alcohol is also absorbed quicker into the bloodstream of women due to enzyme factors. Menstrual cycles and birth control pills can influence alcohol metabolism causing quicker and longer intoxication. So, ladies should avoid the drinking games and beer pong, and limit drinks to under 3-4 per sitting (one per hour) to stay in control.

**Alcohol and Men:**

There is no prize for the dude who can drink the most! It's important to understand that drinking 5 or more drinks (one shot, one beer, or one 5 oz. glass of wine) at a single sitting is considered high-risk drinking. Most college students drink 4 or less to stay in control. If you choose to drink, pay attention to how much you are drinking, alternate with non-alcoholic drinks to slow your drinking and stay hydrated, and listen to your friends when they say you've had enough.

**For everyone:**

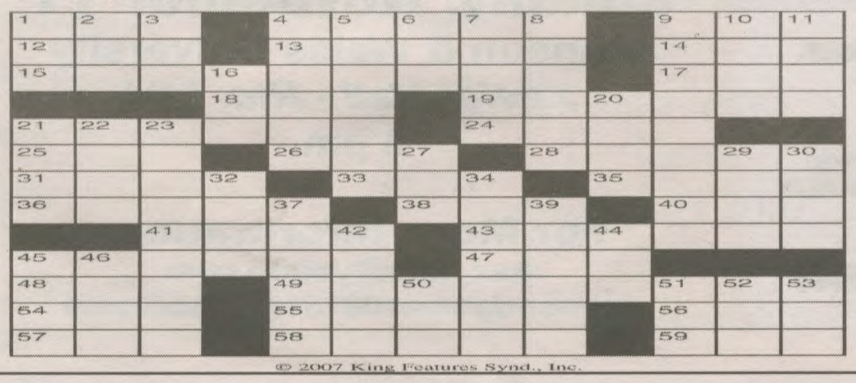
Be healthy, be safe. Don't lose control. Most drunk sex is often unplanned or unprotected = not safe. Make a plan for what you want to do when you go out and stick to it. Don't let alcohol change your mind. Women and men need to work together to be sexually responsible, prevent sexual assault, and treat each other with respect. Most sexual assaults on college campuses have direct links to alcohol. It's everyone's responsibility to make sure partying doesn't get out of control.

For more information about how to stay safer or how to help a friend, stop by or call Health Education at 598-2023, 3rd floor CBCSI.

## King Crossword

**ACROSS**
1 Energy
4 Pursue
9 Piece of legislation
12 In the past
13 MTV reporter Kurt
14 Depressed
15 Presiding officer
17 History chapter
18 Gold, in Guadalajara
19 Classic comedy siblings
21 Wholesale merchant
24 Old portico
25 TV Tarzan portrayer
26 Aviv preceder
28 Breathing problem during sleep
31 Sax-playing Simpson
33 Uno + uno
35 Dutch cheese
36 Yoga position
38 Diamond
40 Mind-reader's claim
41 Pub orders
43 Urgent warnings
45 Outlaw
47 Zodiac cat
48 With 54-Across, senescence
49 2001 Ben Stiller movie
54 See 48-Across
55 Icicle sites
56 Nay opposite
57 Pitch
58 Gaze steadily
59 Foundation

**DOWN**
1 Ms. — -Man
2 Id companion
3 Lap dog, for short
4 Dark purplish red
5 Esteemed
6 Do sums
7 Appears
8 Mistakes in print
9 Any of three Russian arbiter emperors
10 Apple center
11 "— the night before Christmas"
16 Unruly group
20 Lasso
21 Solidify
22 Hodgepodge
23 Chance spectator
27 Brock of baseball
29 Sunrise direction
30 Pumps up the volume
32 "— Lang Syne"
34 Not as big
37 Grabs
39 Satisfy
42 Brown ermine
44 A billion years
45 Gravy vessel
46 Plankton component
50 Eggs
51 Apply lightly
52 Storm center
53 Crimson



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## Weekly SUDOKU

by Linda Thistle

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | 1 | | 7 | | 8 | | |
| | 7 | | | | 5 | | | 9 |
| 3 | | | 4 | | | | 7 | |
| | | 8 | 6 | | | 2 | | |
| | 6 | | 8 | | 2 | | | 1 |
| 9 | | | | 3 | | | 4 | |
| 6 | | | | 5 | | | 3 | |
| | 2 | | | | 4 | | | 6 |
| | 3 | 5 | 7 | | | 9 | | |

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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# SPORTS

- BASEBALL
- BASKETBALL
- GOLF
- HOCKEY
- SAILING
- SOCCER
- SOFTBALL
- TENNIS
- VOLLYBALL
- WRESTLING
- CROSS COUNTRY

# Wildcat Watch

## The Athletic Week in Review from Johnson & Wales University

By Dan Booth
Director of Athletic Communications

**VOLLEYBALL**

Oct. 25 won at Emerson, 3-0
Oct. 27 won vs. Pine Manor, 3-0
Oct. 27 won vs. Simmons, 3-0
Oct. 30 won vs. Saint Joseph College, 3-0 (GNAC Quarterfinals)

In the quarterfinal win on Tuesday, the Wildcats notched their 26th win if the season, setting a new school record. The team has won 12 straight and 19 of its last 21 while advancing to the semifinals of the GNAC Championship. Sophomore Alanna Schloff (River Forest, Ill.) was named the GNAC Player of the Week for October 29th. For the year, she is averaging 2.3 kills and 0.4 blocks per game. Senior Kelle Pfunder (Cincinnati, Ohio) leads the team with 3.25 kills per game and is adding one dig and 0.6 blocks per game. Senior Audra Vaccari (Winsted, Conn.) is averaging 10.18 set assists and is adding 2.5 digs and 0.9 service aces per game on the year while fellow senior Ramona DiFilippo (Galloway, N.J.) has a team-best 4.2 digs per game for the Wildcats.

**MEN'S SOCCER**

Oct. 16 won vs. Suffolk, 4-1
Oct. 18 won vs. Bridgewater State, 2-1
Oct. 28 won vs. St. Joseph's of Maine, 4-3

JWU finished as the # 2 seed in the GNAC and has advanced to the semifinals of the conference championship. Junior Jeremiah Schenzel (Carson City, Nev.) was named the GNAC Player of the Week on Oct. 29th. For the season, he leads the team in scoring with 11 goals and three assists for 25 points on the year. Senior Michael Gliniecki (Baltimore, Md.) has notched nine goals and five assists for 23 points while fellow senior Brian Sousa (Providence, R.I.) has eight goals and six assists for 22 points on the year. Sophomore Eric Flath (Warwick, R.I.) has a team best 12 assists on the year while freshman Joe Ferraro (Freehold, N.J.) has posted a 1.11 goals against average this season.

**WOMEN'S SOCCER**

Oct. 24 lost at Connecticut College, 4-0
Oct. 26 won at Pine Manor, 5-1

Freshman Angella Cazzato (Rensselear, N.Y.) led the way for the Wildcats this season, posting eight goals and four assists for 20 points while fellow rookie Melissa Kmon (Coventry, R.I.) has added five goals and three assists for 13 points on the year Nine different players have scored goals this season for the Wildcats while 12 players have registered at least one point. Sophomore Kate Nast (Quakertown, Pa.) posted a 2.74 goals against average and a .831 save percentage this season for the Wildcats.

**WOMEN'S TENNIS**

Oct. 25 won vs. Saint Joseph College, 9-0 (GNAC Quarterfinals)
Oct. 20 lost vs. Simmons, 7-2 (GNAC Semifinals)

Junior Olivia Molhant (Brussels, Belgium) was named a first team All-GNAC selection after posting an 8-5 record while playing at #1 singles and a 9-2 in doubles action on the year. Freshman Melissa Engel (Traverse City, Mich.) was named a second team performer after posting a 9-2 in singles play and an 8-2 mark in doubles action. Junior Jessica Flammia (Clark, N.J.) led the team in victories with an 11-2 mark in singles play while posting a 6-3 mark in doubles action.

**SAILING**

Oct. 28th 1st at Providence College Invitational

The JWU "A" boat with junior Tyler Woodworth (Chicago, Ill.) and freshman Renee Hauger (St. Charles, Ill.) notched a pair of first place finishes while the "B" boat of sophomore Andres Benzecri (Caracas, Venezuela) and freshman Michael Diener (New Castle, Del.) notched two first place and two second place finishes to pace the Wildcats to the title.

**GOLF**

Oct. 26-27 1st at GNAC Championship

The Wildcats captured the 2007 Great Northeast Athletic Conference championship over the weekend. This marks the second consecutive year the Wildcats have won the championship. Freshman Ryan Myers (Foxboro, Mass.) led the way for JWU finishing in third with a 150 (73-77) while junior Brandon Allen (Brooksville, Maine) placed fifth with a 154 (77-77). Three other Wildcats tied for 11th place as junior Robert Newcomb (Quincy, Mass.) freshman Steve LeDonne (Foxboro, Mass.) and junior Dustin Bride (Manchester, Conn.) all finished with two round totals of 159.

**MEN'S CROSS COUNTRY**

Oct. 27 4th at GNAC Championship

Leading the way for the JWU men's cross country team was freshman James Vance (Newton, Mass.) who was named the GNAC Rookie of the Year and earned All-Conference accolades. He notched a second-place finish with a time of 28:42. Sophomore Matthew Geisler (Pelham, N.H.) was also an All-GNAC selection, finishing in 9th place with a time of 29:50.

**WOMEN'S CROSS COUNTRY**

Oct. 27 3rd at GNAC Championship

Sophomore Danielle Sargent (Danvers, Mass.) finished in second with a time of 20:43, earning her All-GNAC honors while senior Sandra Koehler (Dearborn, Mich.) finished in 11th place with a time of 22:33. The Wildcats had four runners place in the top 15 at the event.

Wildcat Watch is an official publication of the Department of Athletics at Johnson & Wales University.


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**Sunday, November 11**
Johnson & Wales University
*Xavier Hall - Rm. L04*
5 pm

**For More Information:**
max_lora@yahoo.com
raymondgomez02131@yahoo.com