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Pornography: A Concealed Behavior with Serious Consequences

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PORNOGRAPHY: A CONCEALED BEHAVIOR WITH SERIOUS CONSEQUENCES

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Introduction

- 73% report seeing online pornography before the age of 18¹
- Men more likely to visit pornographic websites than women²
- Associated with psychosomatic symptoms of mental illness³
- Purpose: to assess prevalence of pornography use and addiction in RI young adults

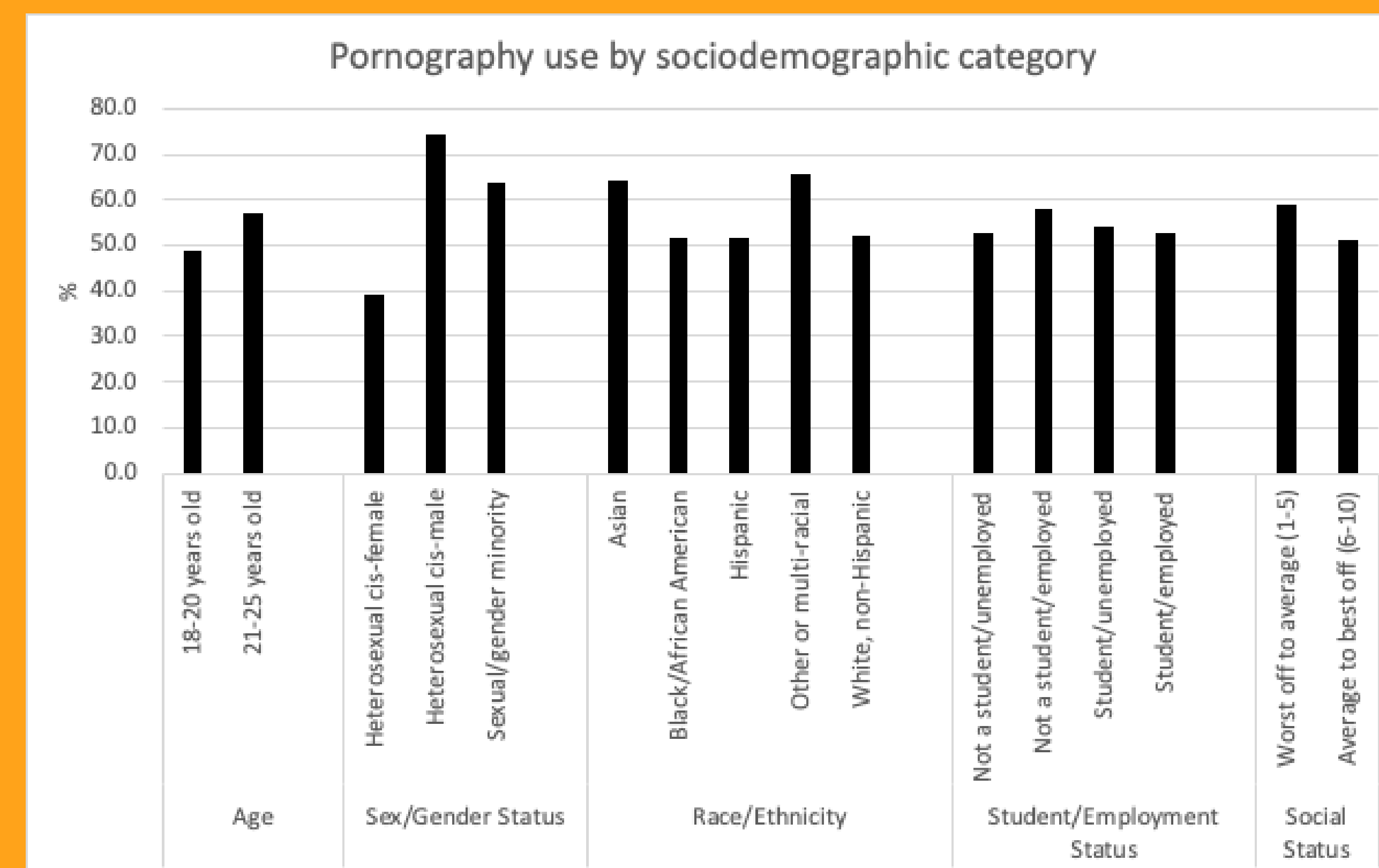
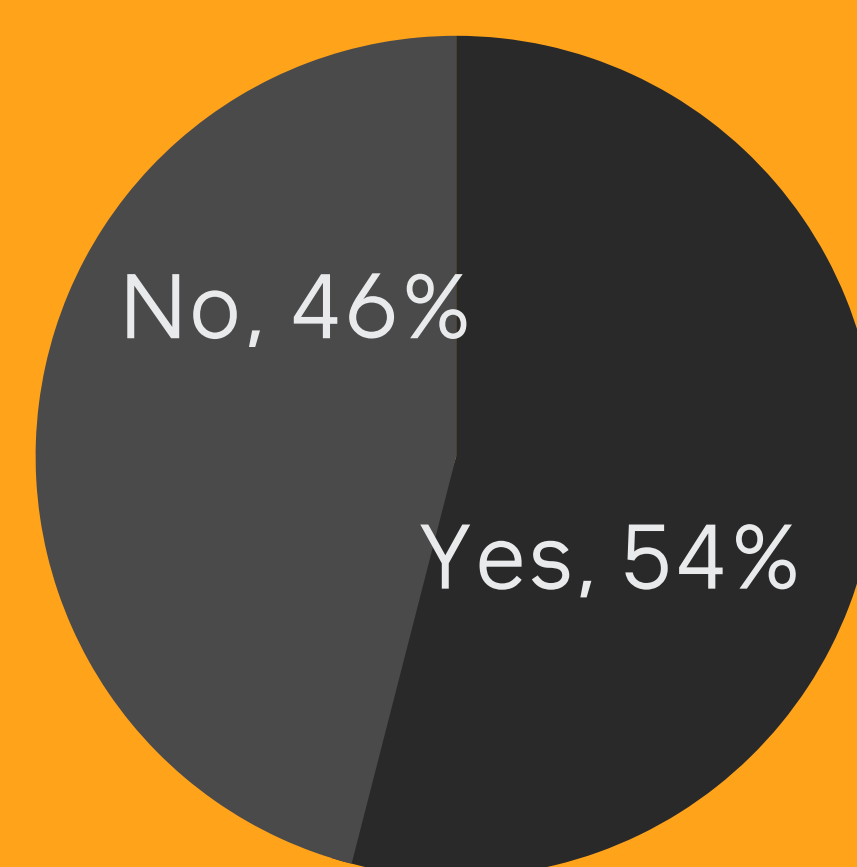
Methodology

- Cross-sectional analysis conducted using data from 2022 RIYAS
- 1022 young adults, 18-25 years old, who lived in RI for at least part of the year
- Recruited to complete a web-based survey

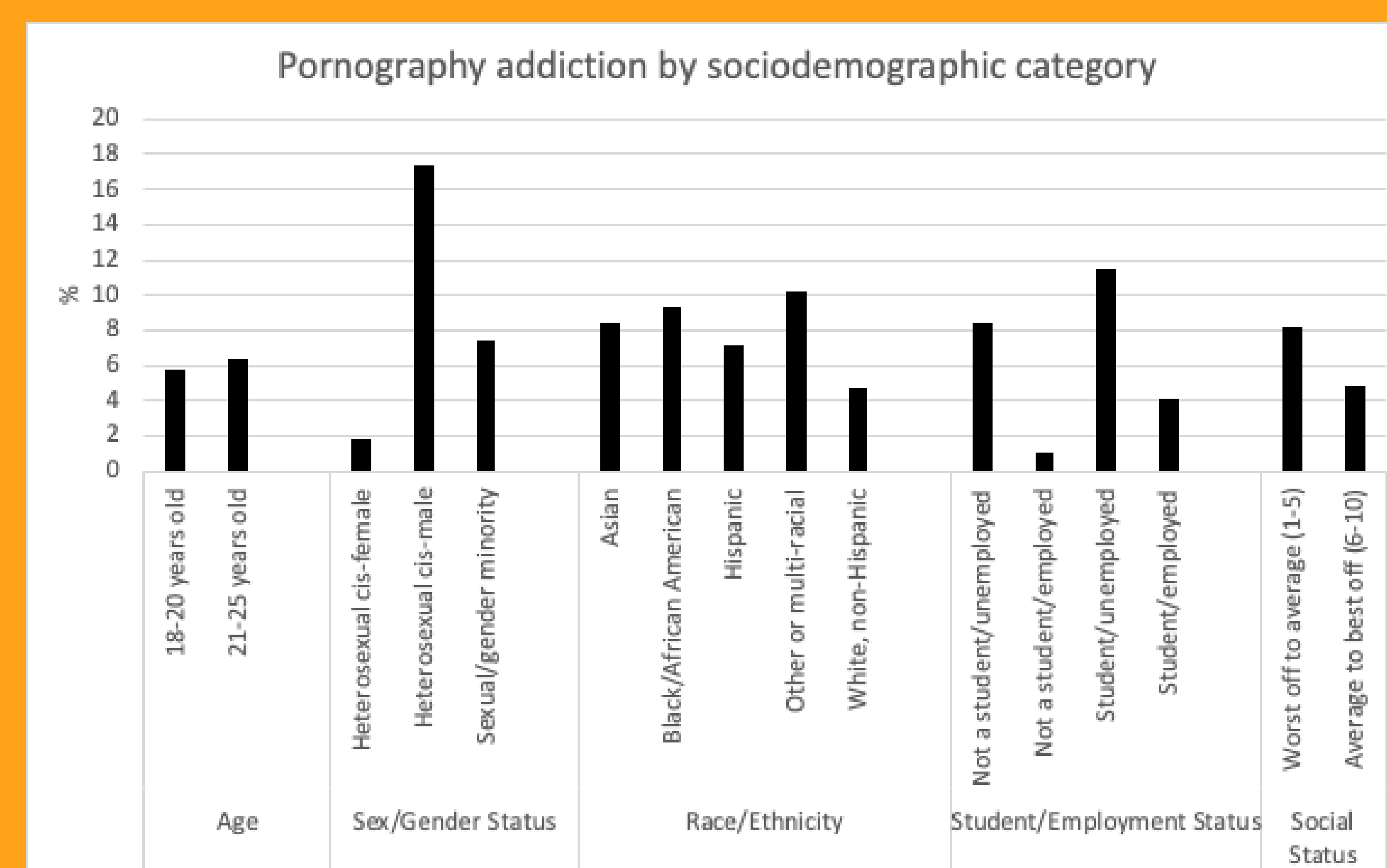
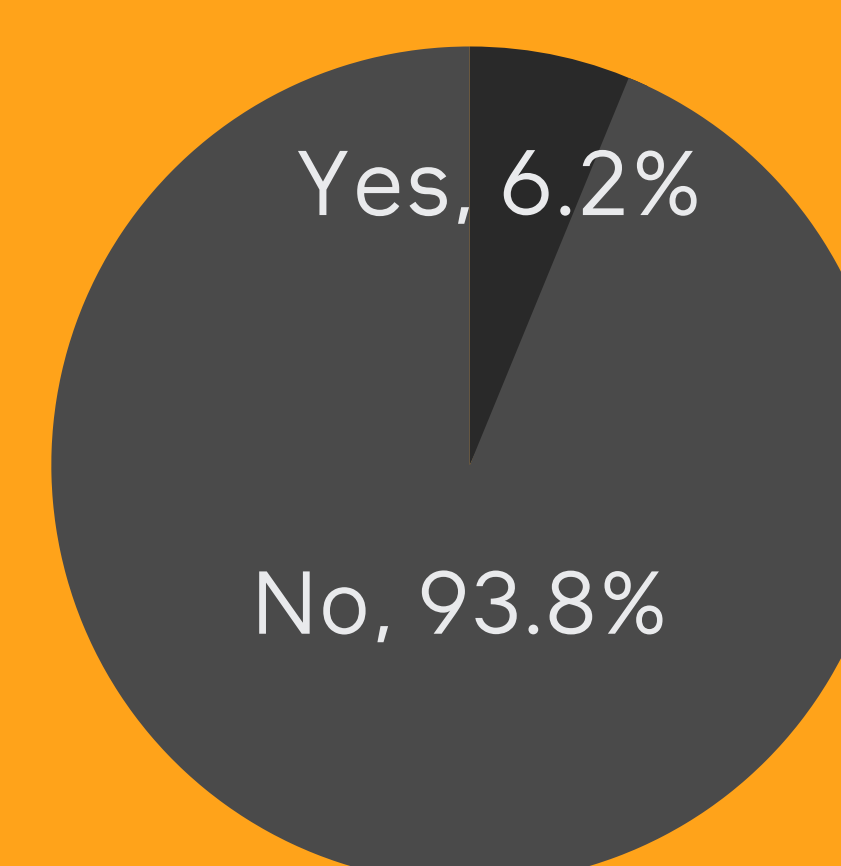


Results & Findings

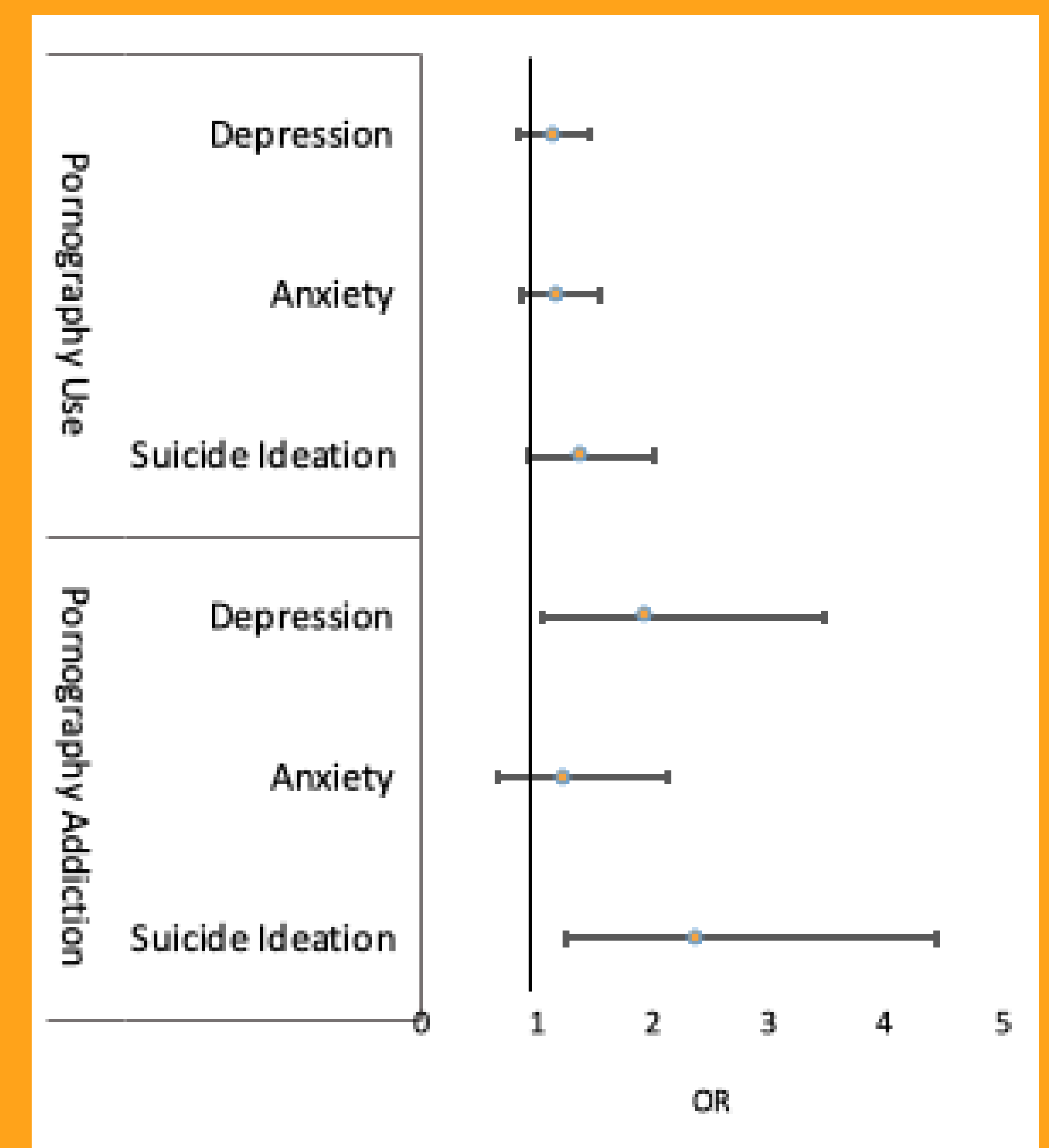
Pornography use



Pornography addiction



Forest plot of the adjusted odds of mental illness by pornography use and addiction



Discussion

Use and addiction particularly high among heterosexual cis-males and SGM

Link between pornography addiction and mental health is alarming, more research is needed

Screening and community-based workshops should be implemented