



B R E A K F A S T

A M E R I C A N E X P O R T L I N E S

Breakfast

FRUITS and JUICES

Chilled Apple, Pineapple or Orange Juice
Sliced Bananas
Stewed Prunes

Apple

Bartlett Pears
Plums in Syrup
Baked Apple

CEREALS

Wheatena with Milk
Rice Krispies
Corn Flakes

Puffed Rice
All Bran

Wheaties
Post Toasties

Grape Nuts
Shredded Wheat

Semolina with Milk
Puffed Wheat
Bran Flakes

FISH

Broiled Bloater, Butter Sauce

EGGS

With Ham

Scrambled with Tomatoes, Turbigo or *Plain*

Fried

Omelette: Parsley Cheese Jelly
Boiled Shirred

MEAT

Creamed Chicken on Toast

FROM THE GRILL

Sausage

Yorkshire Ham

Breakfast Bacon

POTATOES

Parsley

Lyonnais

COLD DISHES

Various Kinds of Fresh and Smoked Sausages
Roquefort or Swiss Cheese

ROLLS - MUFFINS - TOAST

Corn Muffins

Dry or Buttered Toast

Griddle Cakes with Maple Syrup

Assorted Buns

JAMS - PRESERVES

Raspberry Guava Jelly Blackberry Peach Strawberry Pineapple
Grape Red Currant Jelly Bar-le-Duc Sweet *Marmalade* Cherry

BEVERAGES

Sanka

Coffee Milk Cocoa Chocolate Postum Ovaltine
English Breakfast, Orange Pekoe, Green, Ceylon or Oolong Tea

