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Johnson & Wales University - Charlotte

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The Carolina Insider: Christmas at Biltmore Estate

Biltmore Estate is a mansion located outside Asheville in the mountains of North Carolina. It is one of many spectacular homes in the United States built by members of the Vanderbilt family, in this case George Washington Vanderbilt. Richard Morris Hunt was his architect and the landscape was designed by Frederick Law Olmsted. Biltmore was completed in 1895 and stands as a symbol to the Gilded Age. George Washington Vanderbilt spent much of the fortune he inherited on Biltmore Estate and its upkeep. Today his descendants have opened Biltmore to the public and it is available for tours, along with the gardens and winery.

Biltmore Estate took 6 years and 1,000 men to build. With just over 4 acres of floor space it contains 250 rooms, 65 fireplaces, 43 bathrooms, 34 bedrooms, and 3 kitchens. The massive stone spiral staircase has 102 steps and in its center suspended by a single bolt is an iron chandelier containing 72 electric light bulbs. The Banquet Hall is 74 feet by 42 feet and the dinner table could seat as many as 64 guests. The meals served there were usually 8 courses and required 15 utensils per person to eat.

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Book Club/Second Semester Book

The first Book Club meeting has taken place and a second meeting is planned for Friday, February 11th at 10 am. The book selected for the second meeting is Beloved by Toni Morrison. This book was chosen due to its overall quality and the fact that it will tie in with Black History Month. Remember, while all J&W students, faculty, and staff are welcome to join the book club, you are all encouraged to read the book and share with others on campus your thoughts of it (regardless of whether or not you seek membership in the club). If you would like to join we have a special surprise! A “door prize” from the University bookstore will be raffled off at the February meeting!! If you intend to participate please RSVP to richard.moniz@jwu.edu. We currently have three copies of the book on order for the library that may be checked out and copies are also available at a discount through the University bookstore.

At the request of Student Life we have decided to offer a second book up for discussion for next semester as well, Dave Pelzer’s A Child Called “It.” In contrast to the above meeting which will take place in the library, a discussion of this book will take place at 10 am in Cedar Hall South on February 4th. The library has a few copies on order for check out of this title and it is available in the University bookstore as well.

We really hope that you will take the opportunity to join us on either or both occasions!!!

Richard Moniz
Don’t forget about Library Instruction!

Thanks to all of the faculty members who brought their classes in. The inaugural semester of the library instruction program has been a huge success. Since September the library has hosted 46 library instruction sessions with 21 faculty members. These numbers are fabulous, but there are still hundreds of students who haven’t yet had a formal visit to the library. If you are a faculty member, don’t forget to bring your students in to see us! Please take a moment at the beginning of the winter term to ask your students if they’ve been to the library—if they have not, they’re missing out on an important part of their college education. If you are a student who has not yet been to the library, ask your teacher to bring you! Your education in library usage will help you to write better papers, do better research, and complete your homework more efficiently. Please contact Sarah King to schedule a library instruction session—we hope to see you next term!

Sarah King

The Carolina Insider:
Christmas at Biltmore Estate
(Continued from page 1)

On Christmas Eve 1895, George Vanderbilt opened Biltmore Estate for the first time to family and friends. More than a century later, the estate continues this tradition with a larger-than-life celebration that includes dozens of trees adorned with lavish decorations, more than 400 wreaths and bows, 700 poinsettias, miles of evergreen garland, and thousands of ornaments, tinsel, and beading. Every year, the rooms of Biltmore House receive a new holiday look. This year’s décor includes a 35-foot Fraser fir in the Banquet Hall surrounded by a small forest of deciduous and evergreen trees. Crystal ornaments, white birds, and snowflakes adorn the branches of each tree. In the Tapestry Gallery, the different seasons are represented with four giant trees adorned with natural accents. Holiday music from ensembles and the Banquet Hall organ fill the halls with Yuletide cheer.

TIP: Saturdays are the busiest day. If you can only visit on a weekend, arrive early Sunday morning.

How to get there:
- From Interstate 40: Biltmore Estate is located just north of exit 50 on U.S. Highway 25.
- From Interstate 26: take Interstate 40 East, then take exit 50.
- From the Blue Ridge Parkway: take the U.S. Highway 25-North exit; Biltmore Estate is approximately 4 miles from the parkway.

Open Daily 9:00 AM-5:00 PM Closed Thanksgiving & Christmas Day
Tickets and Information Call: (800)624-1304 or (800)543-2961
For more information visit the Biltmore Estate website at www.biltmore.com

Sarah King

Book Review


Wine is available from many different places. For example, you can buy wine at the local wine shop, a supermarket, and a gourmet food store. But, do you keep buying the same wine each visit or do you branch out and try something new. More people are interested in learning about wine whether it is ordering it to drink with dinner in a restaurant or buying a bottle to give as a holiday gift. Yet, many times, the customer may be confused as to which wine to pick. Fiona Sims in Wine Made Simple covers the basics of wine in a practical concise manner. Topics include the different types of grapes, pairing wine with food, deciphering the label, a world-wide vineyard tour, and winemaking.

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Doreen Anglis
**Food Trivia**

Morphine and Codeine can both be found naturally in the humble poppy seed.

The Onion was valued during WWII for its antibacterial qualities.

27 million Coca-Colas are consumed each hour on the planet Earth.

Pepperoni is the most popular pizza topping in America, but in Japan they prefer that their pizzas be topped with squid. The French like their pizza topped with fresh cream.

The average American drinks 25 pounds of milk each year and eats 28 pigs in a lifetime.

It takes 50 gallons of maple sap to make one gallon of maple syrup.

In ancient Greece, a boy would ask a girl to marry him by throwing her an apple. If she chose to catch it meant that she accepted the proposal.

Onions, garlic, and asparagus are all actually lilies, and the sweet potato is a morning glory.

Each and every ear of corn has an even number of rows, and for every kernel of corn there is a single thread of corn silk.

The first strawberries were discovered right here in America—in Virginia, to be precise.

Goat, cow, and human milk will all curdle, but camel milk does not. As a result, it’s really difficult to turn camel milk into cheese.

Sarah King

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**Book Review (continued from page 2)**

Starting with wine tasting, Sims instructs the reader in what to look for in a glass of wine. Then, she moves onto the different varieties of white and red grapes with a brief background of each kind. The next part is called wines by style which suggests different kinds of wine by how they taste. Sims uses categories of sweet, bubbles, fortified, reds, and whites. The pages describing the reds and the whites contain the most information while the other sections provide less information.

The next major section is a brief introduction to pairing wine with food for a variety of occasions. There are a handful of examples using both savory and sweet dishes. Sims offers a list of tricky ingredients that need special care when choosing a bottle of wine. She also looks at possible faults that may be found in bottle of wine.

Now that you have an idea of what type of wine you are looking for, the book moves onto decoding wine labels as you roam the local wine store. Along with information about labels, Sims writes about storing and organizing your wine, including suggestions on how long to keep wine.

Wine derives its flavor from the location of where it is grown. This section takes the reader on a trip around the world to the different vineyards. Some countries that can be divided into separate regions are known for certain styles of wines. These styles which were described earlier in the book are shown on country maps.

The last part of the book gives the basics of wine science, from where the grapes are planted to how wines are produced. Sims builds up the reader’s confidence by using similar terms throughout the book. Overall, this book provides a good introduction for anyone wanting to learn more about wine.

Jean Moats
### New Books
- Managed by Values
- The 9/11 Commission Report
- The Chase Court: Justices, Rulings, and Legacy
- The 100 Best TV Commercials...and Why They Worked
- National Geographic Atlas of the World
- Start Your Own Event Planning Business
- Technology in Action (2 copies)
- Roll, Jordan, Roll: The World the Slaves Made
- Careers In Focus: Fashion
- Case Studies in Sport Marketing
- Enhanced Occupational Outlook Handbook (Fifth Edition)
- The Origins of the Southern Middle Class (1800-1861)
- Southeast Asia: A Historical Encyclopedia (3 volumes)
- Culture Shock!: Netherlands
- Career Opportunities in the Fashion Industry

### New Videos
- Eyes on the Prize (14 video set)
- Mississippi America
- A Place at the Table
- A&E Top 10: Fashion Designers
- Neiman Marcus: Last of the Merchant Kings
- The Heritage Collection: A Quip with Yip & Friends
- The Heritage Collection: America in Portrait
- The Heritage Collection: Whispers on the Wind
- The Heritage Collection: With a Feminine Touch

### Civil Rights Videos
For those of you who have not yet seen the PBS series called *Eyes on the Prize* we now have the full set available in the library. The series documents the various struggles that made up the Civil Rights movement. It is extraordinarily well done. I guarantee you won’t be disappointed if you take the time to view one or more of them (which you may do at your leisure either here in the library or at home since they are available for checkout).

In case you had not noticed last month we acquired videos entitled *The Shadow of Hate* and *A Time for Justice*. This month we also received *A Place at the Table*. Through historical events such as the Civil Rights movement these videos deal with issues concerning prejudice and tolerance in America. All three of these particular titles came compliments of the Southern Poverty Law Center. If ever there were an organization full of heroes this is one. As described on its own web site (www.splcenter.org) “The Southern Poverty Law Center was founded in 1971 as a small civil rights law firm. Today, the Center is internationally known for its tolerance education programs, its legal victories against white supremacists and its tracking of hate groups.” It is legendary in fighting for civil rights and against hate crimes. I highly recommend these videos as well.

Richard Moniz

### Holiday Activities in Charlotte
Looking for something fun to do in Charlotte? Check out these fun activities:

The Leonard Bearstein Symphony Orchestra performs daily in Founders Hall. Leonard Bearstein and his 19 piece orchestra of animated bear musicians play free 45-minute programs daily starting December 1 through 31, Monday through Friday at 10 am, 11 am, Noon, 1 pm, 2 pm, 5 pm and 6 pm and Saturday and Sunday every hour from 8:00 am -6 pm. Founders Hall is located in the Bank of America Corporate Center at 100 N. Tryon Street.

Need to do something shopping? The Holiday Market at Gateway is December 10, 11, 17, and 18. Check out the different vendors as you look for holiday gifts. Watch your email box for more information.

Maybe physical activity is what you are looking for to relieve the holiday stress. The WBT Holiday on Ice is a new ice skating ring in Uptown Charlotte. It is located at The Green Uptown at 425 South Tryon Street now through January 2. The cost is $5.00 for admission and skate rental is $3.00. For more information including hours go to [http://wbtholidayonice.com/](http://wbtholidayonice.com/)

Get the latest updates about all of the holiday activities in Uptown Charlotte from Center City Charlotte by going to [http://www.holidaysinthecity.org](http://www.holidaysinthecity.org).

Jean Moats