



B R E A K F A S T

A M E R I C A N E X P O R T L I N E S

Breakfast

FRUITS and JUICES

Baked Apple
Blueberries
Chilled Orange, Apple, Grapefruit or Apricot Juice
Sliced Bananas
Figs in Syrup
Stewed Prunes
Purple Plums
Stewed Apricots

CEREALS

Wheatena with Milk
Rice Krispies
Corn Flakes
Puffed Rice
All Bran
Wheaties
Post Toasties
Hot Oatmeal with Milk
Grape Nuts
Shredded Wheat
Puffed Wheat
Bran Flakes

FISH

Broiled Striped Bass, Butter Sauce

EGGS

Fried
Ham or Bacon and Eggs
Boiled
Eggs
Shirred
Omelettes: Parsley, Cheese or Jelly
Scrambled with Tomatoes
Poached

MEAT

Creamed Sweetbreads and Virginia Ham on Toast

FROM THE GRILL

Breakfast Bacon
Deerfoot Farm Sausages
Yorkshire Ham

POTATOES

Parsley
Lyonnaise

COLD DISHES

Various Kinds of Fresh and Smoked Sausages
Roquefort or Swiss Cheese

ROLLS - MUFFINS - TOAST

Bran Muffins
French, Buttered or Dry Toast
Assorted Buns
Waffles or Griddle Cakes with Maple Syrup or Honey

JAMS - PRESERVES

Raspberry
Grape
Guava Jelly
Red Currant Jelly
Blackberry
Bar-le-Duc
Peach
Sweet Marmalade
Strawberry
Pineapple
Cherry

BEVERAGES

Sanka
Coffee
Milk
Cocoa
Chocolate
Postum
Ovaltine
English Breakfast, Orange Pekoe, Green, Ceylon or Oolong Tea

S. S. INDEPENDENCE

Wednesday, November 22, 1961

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