

IRestauraint

All Baking Done on Fremises



7410 w. Boynton Beach Blvd. Boynton Beach, Fl. 33437

Tel: 561-742-4144 • Fax: 561-742-4199

Breakfast at Flakowi

APPEARING UNTIL 3:00 PM DAILY



Breakfast Specials

Available until 10:00 am • Served with Complimentary Hot Coffee or Hot Tea

	4. BREAKFAST SPECIAL Two Eggs, Bagel with Butter
	or Cream Cheese, 2 Pancakes or 2 Slices of French
1. BREAKFAST SPECIAL Two Eggs with Bagel	and 2 Strips of Bacon or Sausage
& Butter or Cream Cheese	5. BREAKFAST SPECIAL Hot Cereal and Bagel with Bu
G Dutter of Greath Obeese). Distribution of Light Hot Gereat and Dages with L

2. BREAKFAST SPECIAL Two Eggs, Bagel with Butter or Cream Cheese & Choice of Home Fries, Grits or Oatmeal 3.35 3. BREAKFAST SPECIAL Two Eggs, Bagel with Butter or

Cream Cheese and Choice of 3 Strips of Bacon or Sausage and Choice of Home Fries, Grits or Oatmeal 5.45

Ruttor 6. SMOKED FISH PLATTER Our Famous Smoked Fish Platter for Two, served with all the Trimmings! 31.50

PANCAKES OF FRENCH TOAST 4.25 Short Stack ... ANY SPECIAL WITH CHEESE OR ONIONS ADD .50

cb Toast

Use Fresh Extra Large Eggs • Egg Whites or Egg Beaters \$1.00 Extra

Eggs

AVAILABLE AFTER 11:00 AM TO 3:00 PM ALL SERVED WITH TOAST OR BAGEL & BUTTER OR CREAM CHEESE TWO EGGS 3.40 TWO EGGS with Ham, Bacon or Sausage BREAKFAST SPECIAL Two Eggs with Choice of 2 Pancakes or 2 Slices of French Toast and Choice of 2 Strips of Bacon or Sausage 6.25

Bagels with...

BUTTER	1.65
FARMERS CHEESE	3.25
CREAM CHEESE	1.95
NON FAT CREAM CHEESE	2.25
VEGGIE CHEESE	3.45
SCALLION SPREAD	3.45
NOVA SPREAD	4.45
ASK ABOUT OUR DAILY BAKERY SPECIALS!	3/
ALL BAGELS ARE BAKED ON PREMISES	The same of

4 Egg Omelettes

All Omelettes made in Pan

'GRITS OR 'OATMEAL; AND BAGEL OR TOAST WITH BUTTER OR CREAM CHEESE 'GRITS AND OATMEAL SERVED UNTIL, 11:00 AM 5.45 NOVA, EGGS & ONION

PLAIN OMELETTE ... CHEESE OMELETTE 6.45 CREAM CHEESE OMELETTE 6.45 COTTAGE CHEESE OMELETTE 6.25 HAM, BACON or SAUSAGE 7.15



(AVAILABLE AFTER 3:00 PM FOR \$1.00 ADDITIONAL)

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Pancakes

AVAILABLE UNTIL 3:00 PM

BUTTERMILK PANCAKES 4.75 • Short Stack 3.95 STRAWBERRY PANCAKES 5.75 • Short Stack 5.25 CHOCOLATE CHIP PANCAKES 5.75 • Short Stack 5.25 SILVER DOLLARS 5.25

French Toast

CHALLAH BREAD MADE FRESH FROM OUR BAKERY

18/	AVAILABLE UNTIL 3:00 PM	
AH BREAD	FRENCH TOAST	. 4.95
	EGG WHITE OF EGG BEATER	
ND or CIN	NAMON	. 6.45

Belgian Waffles

AVAILABLE UNTIL 3:00 PM CRISP BELGIAN WAFFLE or THIN WAFFLE with Butter & Syrup 5.25 with Fresh Fruit with Fresh Strawberries

Smoked Fish Platters

SERVED WITH LETTLICE, TOMATO, ONION, CUCUMBER, OLIVE, PICKLE,
BAGEL WITH BUTTER & COLE SLAW OR POTATO SALAD BAKED SALMON PLATE SABLE PLATE

HALF MELON STRAWBERRIES & BANANAS

Assorted Cold Cereal, served with Milk \$2.95



Cheese or Blueberry Cheese Blintzes served with Sour Cream

Kid's Breakfast

For Our Guests 8 Years Old & Under

1 PANCAKE or 1 EGG with Toast served with Juice or Milk

\$3.25

***** MATZO BRIE

Scrambled or Pancake Style \$5.85 with Nova & Onion \$8.95

Chef's Breakfast Specialties AVAILABLE UNTIL 3:00 PM

EGGS BENEDICT \$8.25

Two Poached Eggs on top of a Toasted Biały with Canadian Bacon & Homemade Hollandaise Sauce, served with Home Fries

SALMON BENEDICT \$9.95

Two Poached Eggs on top of a Toasted Bialy with Sliced Nova & Homemade Hollandaise Sauce, served with Home Fries

CINNAMON FRENCH TOAST \$6.85

Two Pieces of Thick Challah Cinnamon Bread dipped in a Mixture of Egg, Vanilla & Cinnamon then grilled to perfection!

BAGEL INN OMELETTE \$7.65

Four Egg Omelette filled Fresh Musbrooms, Spinach & Cheese, with Choice of Home Fries, Grits or Oatmeal & a Bagel with Butter or Cream Cheese

PHOTOS ARE FOR SUGGESTION ONLY · ACTUAL PLATTERS MAY APPEAR DIFFERENTLY.

Tune hat Flakowitz

APPEARING AFTER 11:00 AM DAILY

"Mile High" Deli

Sandwiches



OF COLE SLAW OR POTATO SALAD & PICKLE	<u></u>
HOT CORNED BEEF	8.65
HOT PASTRAMI	8.65
TURKEY PASTRAMI	8.65
ROAST BEEF	8.65
rongue	
TURKEY (Off The Frame)	
HOT BRISKET "HOUSE SPECIALTY"	
SALAMI	
VIRGINIA HAM & SWISS CHEESE	
HARD SALAMI	
THE OTHER PROPERTY.	0.77



Combination Sandwiches

SERVED WITH FRENCH FRIES & COLE SLAW	
CORNED BEEF & PASTRAMI	9.75
CORNED BEEF & CHOPPED LIVER	
PASTRAMI & CHOPPED LIVER	9.75
TURKEY & PASTRAMI	
CHOICE OF ANY TWO MEATS (Add \$1.00 for Tongue)	9.75
B.L.T. Bacon, Lettuce & Tomato	6.75
REUBEN Corned Beef, Swiss & Sauerkraut on Grilled Rye	9.75
RACHEL Pastrami, Swiss & Sauerkraut on Grilled Rye	9.75

Triple Decker Club

Sandwiches

SERVED WITH FRENCH FRIES, COLE SLAW & PICKLE	
TURKEY & BACON with Lettuce & Tomato	9.95
CHICKEN SALAD & BACON with Lettuce & Tomato	9.75
ROAST BEEF & TURKEY with Lettuce & Tomato	9.95
TURKEY, HAM & SWISS CHEESE with Lettuce & Tomato,	
Russian Dressing	9.75
CORNED BEEF, LIVER & PASTRAMI	9.95
TONGUE \$1.00 EXTRA	



Fresh Sandwich Salad



Melts SERVED WITH FRENCH FRIES, COLE SLAW & PICKLE THE TUNA or CHICKEN SALAD MELT A Mound of Fresh Tuna or Chicken Salad on Grilled Rye Bread with Tomato & Melted Muenster Cheese ROAST BEEF MELT Served on Rye Bread, Grilled Golden Brown



Platters

SERVED WITH LETTUCE, TOMATO, CUCUMBER. N, PICKLE, COLE SLAW OR POTATO SALAD WITH CHOICE OF BREAD OR BAGEL

EGG SALAD	6.95
CHICKEN SALAD	7.95
CHOPPED HERRING	7.95
BAKED SALMON SALAD	8.25
HERRING in Cream Sauce	8.25
TUNA SALAD	7.95
SHRIMP SALAD	8.75
WHITEFISH SALAD	
CHOPPED LIVER	7.75
LOW FAT VEGGIE TUNA SALAD	8.25

Mini Tri Combo Platters
CHOICE OF THREE SALADS WITH LETTUCE, TOMATO, ONION, CUCUMBER,
COLE SLAW, POTATO SALAD & BAGEL OR BREAD CHICKEN, TUNA, EGG or CHOPPED LIVER 8.75 SHRIMP, WHITEFISH or BAKED SALMON ...

WE USE ONLY NATURAL INGREDIENTS • SHARING CHARGE \$2.50 • \$2.50 PER PERSON MINIMUM

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APPEARING AFTER 11:00 AM DAILY



Fresh Salads

SERVED WITH OUR FRESHLY PREPARED HOMEMADE DRESSING

CHOPPED SALAD \$6.75

Crispy Iceberg Lettuce and Chopped Garden Fresh Vegetables

CHEF SALAD \$12.95 Your Choice of 3 Freshly Prepared Deli Meats & Cheese, piled high on top of Crisp Iceberg Lettuce with a Variety of Garden Fresh Veggies Add \$1.00 for Tongue

COBB SALAD \$11.25

Crisp Iceberg Lettuce with Turkey Cheese, Cucumbers, Tomato & Chopped Egg

CAESAR SALAD \$6.95

Crisp Romaine Lettuce tossed with Our Special Caesar Dressing with Fresh Croutons and Imported Parmesan Cheese

GRILLED CHICKEN CAESAR \$11.65

GREEK SALAD \$9.45

Crisp Iceberg Lettuce with Tomatoes, Peppers, Onions, Cucumbers, Pepperoncini, Anchovies and Feta Cheese in Our Greek Dressing

SPINACH SALAD \$7.25

Crisp Spinach with Fresh Mushrooms, Hard Boiled Egg and Crispy Bacon, piled bigh served with Your Choice of Dressing

FRUIT SALAD \$9.45

Tropical Fruits & Seasonal Melon & Strawberries served with Cottage Cheese
ISRAELI SALAD \$7.99

Chopped Tomato & Cucumbers, Red Onion, Radishes & Red Pepper Mixed in Extra Virgin Olive Oil

ADD CHICKEN OR ANY SCOOP OF SALAD \$3.95 EXTRA

Charbroiled Burgers

1/2 LB. OF FRESH GROUND ANGUS PREMIUM BEEF	
CHARBROILED AS YOUR LIKE IT. ON A FRESH BAKED ROLL	
WITH CRISPY FRIES, LETTUCE, TOMATO, COLE SLAW & PICKLE	
	24
THE HAMBURGER with Lettuce, Tomato & Sliced Onion	1.15
ALL AMERICAN CHEESEBURGER The One, the Only	10
Just Name Your Cheese: Swiss, Muenster, Mozzarella,	
American or Cheddar	8.25
BACON CHEESEBURGER	8.75
MUSHROOM & SWISS CHEESEBURGER Mushrooms piled high,	
then topped with a thick layer of Melted Swiss Cheese	8.75
CAJUN BURGER Hot and Spicy Seasonings, then topped	
with Melted Cheddar Cheese & Grilled Onions	8.75
PATTY MELT with Sautéed Onions & Cheddar Cheese	X
on Grilled Rye	8.75
CAESAR SALAD BURGER Burger topped with Caesar Salad	
(Add Cheese .50¢)	,
HEBREW	
NATIONAL JULIUDO IL CARRATURIO	S
HEBREW NATIONAL KOSHER HOT DOGS	
	4.75
with French Fries	5.25
	5.25
HOT DOG DELUXE	1
with French Fries & Baked Beans	6.25

Soups

All Soups Made Fresh Dally from Scratch	1	
CHICKEN MATZO BALL	1	Bowl 3.25
CHICKEN NOODLE		Bowl 3.25
SOUP of the DAY		Bowl 3.25
Bowl of SOUP of The DAY:		VV

MONDAY - Beef Barley

TUESDAY - Fresh Vegetable WEDNESDAY -Musbroom Barley

THURSDAY - Split Pea FRIDAY - Cabbage SATURDAY - Chef's Choice SUNDAY - Split Pea

BOWL OF SOUP & HALF SANDWICH \$7.95

on Your Choice of Bread (SERVED UNTIL 4:00 PM, NOT AVAILABLE FOR TAKE OUT) **TONGUE \$1.00 EXTRA**

From The Grill

SERVED WITH COLE SLAW OR POTATO SALAD,

14/	FICKLE AND TOUR		
GRILLED CHEESE		 	5.75
with Tomato .		 	6.25
with Bacon or	Ham	 	6.95
	Ham & Tomato		
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GRILLED PORTOBELLO

MUSHROOM SANDWICH \$8.25 Grilled to perfection with Spinach and Melted Mozzarella Cheese



Chicken Grills

BONELESS MARINATED CHICKEN ON A TOASTED ROLL
WITH LETTUCE, TOMATO, CRISPY FRIES, COLE SLAW & PICKLE

(BBQ SAUCE UPON REQUEST)	
PLAIN CHICKEN GRILL with Crisp Lettuce & Tomato	7.45
CHICKEN CHEESE GRILL Your Choice of: Swiss, American,	1
Cheddar, Muenster or Mozzarella Cheese	8.25
LOUISIANA CHICKEN GRILL Hot and Spicy Seasonings	18
with Melted Cheddar Cheese & Grilled Onions	. 8.45
BACON CHICKEN CHEESE GRILL with Strips of Bacon	7
& Melted Cheddar Cheese	. 9.25
THE INN CHICKEN GRILLE topped with Grilled Onions,	
Musbrooms & a thick layer of Mozzarella Cheese	8.75
CAESAR CHICKEN GRILLE SANDWICH Grilled Chicken	
/topped with Caesar Salad	8.25
Dieter's Specials	*

SERVED WITH BAGEL, BREAD OR CRACKERS AND LOW FAT DRESSING TUNA or SALMON (Individual Can) served with Lettuce, Tomato or Fresh Fruit GARDEN BURGER (No Fat) with Lettuce, Tomato, Cottage Cheese or Fresh Fruit GRILLED CHICKEN on a Bed of Lettuce with Tomato, Onion & Cucumber with a Scoop of Cottage Cheese or Fresh Fruit ... GRILLED ANGUS BEEF BURGER on a Bed of Lettuce with Tomato, Onion & Cucumber with a Scoop of Cottage Cheese or Fresh Fruit

Wraps

SERVED WITH COLE SLAW, LETTUCE, TOMATO, ONIONS & PICKLE CHICKEN CAESAR WRAP Grilled Chicken CHICKEN SALAD WRAP All White Meat with & Caesar Salad 7.25
REUBEN WRAP Sliced Corned Beef, Melted Swiss Hellmann's Mayonnaise & Celery 7.95 SHRIMP SALAD WRAP 8.75 RACHEL WRAP Sliced Pastrami, Melted Swiss BOYNTON WRAP Grilled Chicken, Red Peppers, & Sauerkraut 7.95 TUNA WRAP All White Meat with Hellmann's NOVA WRAP Hand Sliced Nova, Tomatoes, Mayonnaise & Celery 7.95 Onions, Cucumber & Scallions 8.95



Complete Dinners at Flakowitz

APPEARING AFTER 4:00 PM DAILY EARLY BIRD MATINEE SPECIAL!!

\$1.00 off Each Dinner - Menu Items Only - Must Be Seated Before 4:30 pm

OLD FASHIONED HOT BEEF BRISKET

with Gravy or Au lus

\$14.95

BROILED CHOPPED STEAK

with Musbrooms & Onions

\$12.95

ROAST TURKEY LEG

\$12.95

HOT FRESH TURKEY

(Off Frame) All White Meat with Gravy

\$13.95

HALF ROASTED CHICKEN

\$11.95

DELI MEAT PLATTER

Choice of 3 Meats (Tongue \$1.00 Extra)

\$14.95 **LAMB SHANKS**

\$13.95

POT ROAST*

\$13.95

CHICKEN PARMIGIANA

\$13.95

ROUMANIAN STEAK

(House Specialty)

with Musbrooms & Onions \$15.95

FRESH FISH of the DAY

\$13.95

BEEF LIVER

with Onions

\$10.95

HOMEMADE STUFFED CABBAGE

with Sweet & Sour Sauce

\$12.95

CORNED BEEF & CABBAGE

\$14.95

IUMBO KNOCKWURST

Boiled or Grilled, served with Beans

\$11.25

CHICKEN MARSALA

\$13.95

CHICKEN in the POT

\$12.95

*WHEN AVAILABLE

KATTIE'S HOMESTYLE **BAKED MEATLOAF**

\$11.95

BABY LAMB CHOPS

\$16.95

FLANKEN IN CABBAGE SOUP

AVAILABLE FRIDAYS ONLY

\$14.95

*SALAD DINNER

Your Choice of Any Salad served with Soup, Beverage & Dessert

\$12.95

*SANDWICH DINNER

Your Choice of Any Sandwich

(Grilled or Combo Sandwiches \$1,00 Extra) served with Salad or Soup, Beverage & Dessert

(For Tongue add \$1.00 Extra)

\$12.95

*OMELETTE DINNER

Your Choice of Any Omelette

(Three Items or Less)

served with Salad or Soup, Beverage & Dessert

\$11.95

*BLINTZE DINNER (4)

served with Salad or Soup, Beverage & Dessert

\$11.95

Please Ask Your Server About Our Daily Specials! All Above Dinners Include:

EXCEPT THOSE INDICATED WITH A \$

Choice of Soup or Salad:

Matzo Ball, Soup Du Jour or Salad of The Day

Choice of Potato:

Baked Potato, Sweet Potato, Latke, French Fries or Mashed Potatoes

Choice of Side Dish:

Fresh Vegetable of The Day, Kasba Varnishkas or Piece of Stuffed Derma

Choice of Beverage:

Fountain Beverage, Coffee or Tea

Choice of Dessert:

Cake Du Jour or Low Sugar Dessert

NO SUBSTITUTIONS

\$6.50 Sharing Charge: Including Soup, Dessert & Beverage

\$6.50 Per Person Minimum

CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

Side Orders CORNED BEEF HASH ... POTATO SALAD 1.25 POTATO PANCAKE . CHIVE SPREAD 1.95 HOME FRIES SAUSAGE (3 Links) 2.75 LOX SPREAD 2.49 OATMEAL Available until 11:00 am 2.25 VEGGIE SPREAD 1.95 GRITS Available until 11:00 am CHOPPED LIVER (1/4 lb.) 4.25 FARMERS CHEESE 1.99 MUFFIN LOX (1/8 lb.) 5.99 COTTAGE CHEESE 1.69 DANISH 5.99 NOVA (1/8 lb.) SPINACH KNISH BASKET OF FRIES

hildren's Menu

FOR OUR YOUNG GUESTS 8 YEARS OF AGE OR YOUNGER SERVED WITH FRENCH FRIES & FOUNTAIN BEVERAGE

Chicken Fingers \$4.99

1.25

COLE SLAW

Hamburger \$4.99

> Hot Dog \$4.99



Grilled American Cheese \$3.99

Peanut Butter & Jelly \$3.99

Beverages

100% COLOMBIAN COFFEE	1.50
TEA (Reg. or Decaf)	
HERBAL TEA	1.65
MILK	7
CHOCOLATE MILK	1.75
FRESH BREWED ICED TEA or ICED COFFEE	
ASSORTED JUICES	Sm. 1.95 • Lg. 2.95
Fresh Squeezed Orange, Grapefruit or Tomato	Juice

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Canned / Bottled

Pepsi • Diet Pepsi • 7-Up • Diet 7-Up Apple Juice • Spring Water • Lipton Iced Tea \$1.75

Dr. Brown's \$1.95





From The Fountain

Pepsi • Diet Pepsi • 7-Up • Lemonade Orange • Root Beer • Raspberry Tea \$1.75 with Free Refills



Visit our Take Home Bake Shop ALL BAKING DONE ON PREMISES



Flakowitz Famous **Quality Catering**

FOR

DELI PLATTERS

Your Choice of Our Tremendous Variety of Deli Meats, Cole Slaw, Potato Salad, Pickles etc. Together with Your Choice of Bread or Bagel

SMOKED FISH PLATTERS

Your Choice of Nova, Lox, Whitefish, Sable Kippered Salmon, Sturgeon (When Available) together with Bread or Bagel, Cream Cheese, Onions, Lettuce, Tomato & Cucumber

SANDWICH PLATTERS

Assorted Sandwiches served on Assorted Bread and Bagel of your Choice, beautifully arranged with Cole Slaw, Potato Salad, Pickles etc.

SALAD PLATTERS

Our Delicious Homemade Salads (All Made Daily on Premises) To Name just a few: Tuna, Chicken, Whitefish, Shrimp, Seafood, etc.

See Our Catering Menu for Complete Selections



AN 18% GRATUITY WILL BE ADDED TO PARTIES OF 6 OR MORE ARE THE ONLY CREDIT CARDS ACCEPTED AT FLAKOWITZ

NSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.