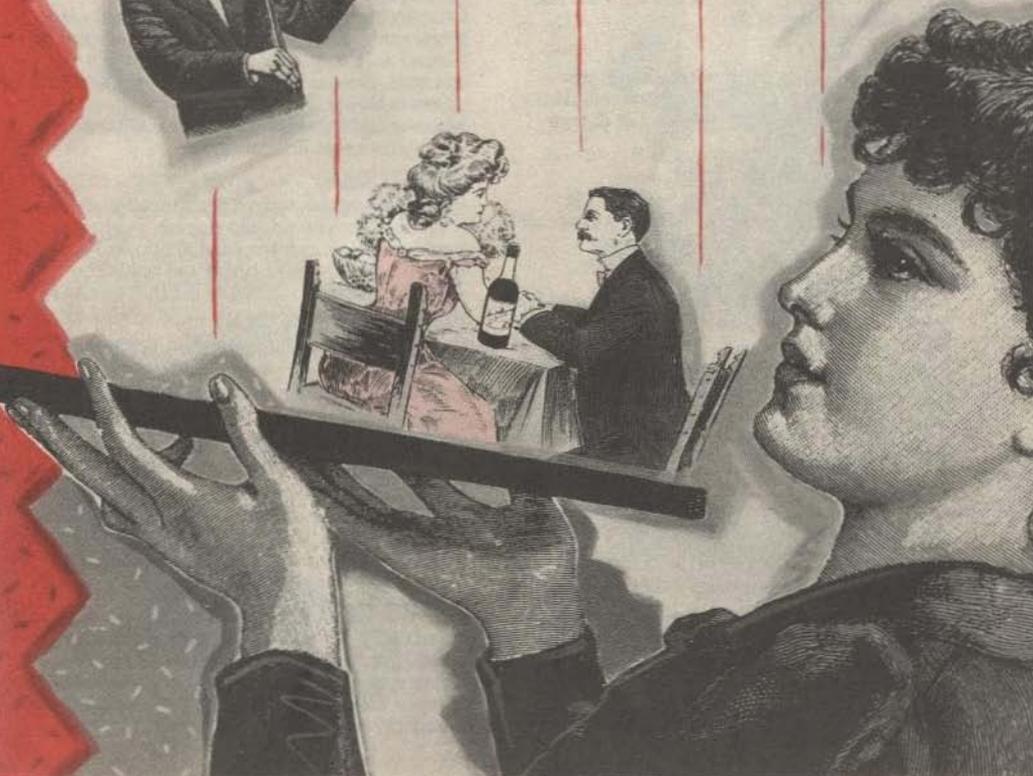




**TGI FRIDAYS**  
4650 King St.  
Alexandria, VA 22302  
(703) 931-4100  
Fax: (703) 931-4103



# T.G.I. FRIDAYS®



# APPETIZERS

## COLOSSAL CAJUN ONION

Our giant onion fried crisp and golden with Cajun seasoned batter. Served with our barbecue-piquant sauce. \$4.99

## FRIED CALAMARI

A basket of calamari rings, lightly battered and fried golden. Served with Friday's Fries and our own tartar and cocktail sauces. \$4.99

## FRIED MOZZARELLA

Served with Italian meat sauce. \$4.49

## LOADED POTATO SKINS

Baked potatoes, scooped and fried until golden and crispy. Loaded with cheddar cheese and bacon. Served with sour cream and chives. \$5.99

## BUFFALO WINGS

Traditional upstate New York style chicken wings. \$4.89

## THAI CHICKEN

Chicken tenderloins, marinated in pineapple, soy sauce and honey, then skewered and charbroiled. Served atop crisp Chinese noodles. Accompanied by a warm, spicy peanut sauce for dipping. \$4.99

## CHARGRILLED QUESADILLA

A large flour tortilla filled with Monterey Jack and colby cheeses, roasted red peppers, onions, bacon, tomatoes, green chilies, and fresh cilantro, then grilled to perfection. Served with sour cream, tomatoes, guacamole and fresh salsa. \$4.99

## BROCCOLI CHEESE MELT

Fresh broccoli florets surrounded with a smooth, creamy cheese, lightly battered and fried crisp. \$4.79

## FRIDAY'S THIN ONION RINGS

Sweet onions, sliced thin, lightly battered and fried golden crisp. \$2.99

## POT STICKERS

Chinese dumplings filled with pork, green onions, ginger and garlic. First steamed, then pan-fried. Served with Szechuan hot & sour dipping sauce. \$5.29

## PEEL AND EAT SHRIMP

Spiced, boiled shrimp served ice cold with cocktail sauce, horseradish, Tabasco® sauce and lemon. By the quarter-pound. \$4.99

## FRIED CLAMS

A basket of tender clam strips, battered and fried golden. Served with Friday's Fries and our own tartar sauce. \$4.99

## CREAMY SPINACH & ARTICHOKE DIP

Served with fresh salsa and crisp tortilla chips. \$4.49

# NACHOS

*Nachos are accompanied by shredded lettuce, diced tomatoes, guacamole and sour cream.*

## CHEDDAR CHEESE NACHOS

Served traditional style with cheddar cheese on crisp corn tortilla chips and topped with jalapeño slices. \$3.99

## SPICY CHICKEN NACHOS

Spiced chicken with mushrooms, sour cream and Monterey Jack cheese. \$5.69

## ULTIMATE NACHOS

Spicy beef, refried beans and cheddar cheese. \$6.29

## NINE-LAYER DIP

Refried beans, cheddar cheese, guacamole, black olives, seasoned sour cream, green onions, tomatoes and cilantro. Served with tortilla chips and fresh salsa. \$5.39

Also available with spicy chicken or beef, add \$1.29.



# SOUPS

## BROCCOLI CHEESE SOUP

Fresh broccoli simmered with mild cheese; light and creamy. Bowl \$2.99, Cup \$1.99

# SALADS

## FRIDAY'S HOUSE SALAD

Crisp iceberg and romaine lettuce tossed with green onions, red cabbage, radishes and carrots. Topped with tomatoes, sliced cucumber and croutons. Served with hot garlic bread and your choice of dressing. \$3.29  
Also available with cheese and bacon or with shrimp for an additional charge.

## SPINACH SALAD

Fresh leaf spinach topped with sliced avocado, crisp crumbled bacon, sliced fresh mushrooms, hard-boiled egg, croutons and artichoke hearts. Served with hot garlic bread and hot bacon dressing. \$5.39

## CHINESE CHICKEN SALAD

Chicken breast marinated, charbroiled and thinly sliced. Served over tossed greens with shredded green onions, sesame seeds, mandarin oranges, crisp Chinese noodles and mandarin orange-sesame dressing. \$6.99

## COBB SALAD

Bands of mesquite-smoked turkey, crisp bacon, avocado, cheddar cheese, hard-boiled egg, black olives, tomatoes, bleu cheese and alfalfa sprouts on a mound of tossed greens. Served with hot garlic bread and your choice of dressing. \$5.89

## FRIDAY'S THAI CHICKEN SALAD

Charbroiled chicken breast, thinly sliced and served over greens tossed with bean sprouts, cilantro, green onions, sesame seeds, mandarin oranges, crisp Chinese noodles, spicy peanut and mandarin orange-sesame dressings. \$6.99

## BISTRO PIZZA

Our Chicago-style crust topped with authentic Italian marinara sauce and melted mozzarella cheese. Bellissima! \$5.49

## CREATE YOUR OWN PIZZA

Create your own Italian specialty, add 49¢ each item.

Bacon  
Bell peppers  
Black olives  
Canadian bacon  
Cheddar cheese  
Ham  
Italian sausage  
Jalapeños

Monterey Jack cheese  
Mozzarella cheese  
Mushrooms  
Onions  
Pepperoni  
Pineapple  
Swiss cheese  
Tomatoes

# STEAK & RIBS

## BABY BACK RIBS

A full slab of tender pork ribs, marinated and seasoned, then charbroiled and basted with Apple Butter Barbecue Sauce. Served with Friday's Fries, coleslaw and a side of barbecue sauce. \$10.49

## STEAK ON A STICK PLATTER

Two kabobs of choice sirloin marinated in teriyaki sauce, charbroiled and topped with grilled pineapple. Served with Friday's Fries and coleslaw. \$5.49

## CHICKEN FRIED STEAK

Choice sirloin, lightly battered and deep-fried, topped with southern-style country gravy. Served with Friday's Fries and coleslaw. \$6.99

*The following entrees include the chef's vegetable selection, a loaded baked potato and a Friday's House Salad with hot garlic bread or a cup of soup.*

## MUSHROOMS, STEAK AND MUSHROOMS

Charbroiled, seasoned and topped with sautéed mushrooms, onions and melted mozzarella cheese. Served with fried mushrooms. \$9.49

## NEW YORK STRIP

U.S.D.A. choice aged beef, hand-cut and charbroiled to perfection. Topped with Maison butter. \$12.99

## FRIDAY'S LONDON BROIL

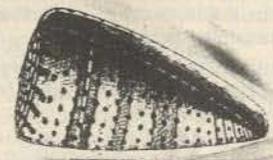
Marinated beef tenderloin, sliced and charbroiled to your taste. Topped with your choice of Burgundy wine sauce or au jus. \$9.99

## STEAK ON A STICK DINNER

Three kabobs of choice sirloin marinated in a teriyaki sauce, charbroiled and topped with grilled pineapple. \$8.59

## FILET MIGNON

Seasoned and charbroiled to your taste, choice of Maison butter or sautéed mushrooms in Burgundy wine sauce. \$13.29



# CHICKEN

## CHICKEN MARSALA

Breast of chicken sautéed with mushrooms, Marsala wine and cream. Served with fresh vegetables, Parmesan fettuccini and choice of soup or salad. \$9.29

## CHICKEN FINGERS

Lightly battered, deep-fried chicken tenderloins served with Friday's Fries, coleslaw and your choice of country gravy or honey-mustard dressing. \$5.99

*The following entrees include the chef's vegetable selection and a Friday's House Salad with hot garlic bread or a cup of soup.*

## HERB GRILLED CHICKEN

Breast of chicken marinated in Italian herbs, charbroiled and served atop brown rice pilaf with slices of lemon. Accompanied by charbroiled mushrooms, zucchini, yellow squash and red and green peppers. \$8.69

## BLACKENED-CAJUN CHICKEN

Breast of chicken seasoned with Cajun spices and blackened on a cast iron skillet. Topped with spicy Cajun relish and served over brown rice pilaf. Accompanied by spicy black beans. \$8.99

## MUSHROOMS, CHICKEN AND MUSHROOMS

Deep-fried and topped with sautéed mushrooms and mozzarella cheese. Served with fried mushrooms and a loaded baked potato. \$9.49

## LEMON CHICKEN

Battered chicken breast sautéed in a lemon and white wine sauce, atop steamed fresh spinach. Served with creamy fettuccini. \$9.29



# SEAFOOD

## SHRIMP FRIDAYS

Jumbo shrimp lightly battered and deep-fried. Served with cherry mustard sauce and Friday's Fries. \$10.99

## DOWN EAST FISHERMAN'S PLATTER

Jumbo shrimp, scallops, clams and selected fish battered and fried. Served with fries, coleslaw, tartar and cocktail sauces. \$10.29

## FISH OF THE DAY

Ask your server about today's fish selection. Served with rice pilaf, the chef's vegetables and a cup of soup or a House Salad.

*All our fish selections are U.S.D.C. inspected.*

## CHARBROILED FAJITA SALAD

Marinated slices of charbroiled chicken breast or sirloin steak atop salad greens tossed with brown rice. Garnished with Monterey Jack and cheddar cheeses, grilled onions and bell peppers, avocado, green onions and tomatoes. Served in a giant flour tortilla shell with country buttermilk dressing and fresh salsa. \$7.49

## CAESAR SALAD

Crisp hearts of romaine lettuce tossed with our creamy Caesar dressing, freshly grated Parmesan cheese and crunchy croutons. Served with hot garlic bread. \$5.29

## GRILLED CHICKEN CAESAR SALAD

Slices of marinated, chargrilled breast of chicken heaped atop our Caesar Salad. Garnished with fresh tomatoes and jumbo black olives. Served with hot garlic bread. \$6.99

## CAJUN-FRIED CHICKEN SALAD

Crispy Cajun-battered breast of chicken on a bed of tossed greens, with tomatoes, hard-boiled egg, black olives and Monterey Jack cheese. Served with hot bacon-mustard dressing and garlic bread. \$6.79

## BLACKENED TUNA CAESAR SALAD

Slices of tuna steak blackened in Cajun spices atop our Caesar Salad. Garnished with fresh tomatoes and jumbo black olives. Served with hot garlic bread. \$6.59

## SALAD DRESSINGS

Country Buttermilk  
Creamy Bleu Cheese  
Fat-Free California French  
Fat-Free Italian Herb  
Honey Mustard  
Hot Bacon  
Hot Bacon-Mustard  
House (Italian Dressing with crumbled bleu cheese)  
Italian  
Olive Oil & Vinegar  
Thousand Island



## COMBINATIONS

### SOUP AND SALAD

A bowl of soup and a House Salad with garlic bread. \$4.89

### SOUP AND SANDWICH

A bowl of soup and half of a Friday's Club Sandwich on whole wheat bread. \$4.89

### SANDWICH AND SALAD

Half of a Friday's Club with a House Salad. \$4.89

### FRESH VEGETABLE MEDLEY

Steamed zucchini, carrots, cauliflower, yellow squash, broccoli and snow peas. Served with a grilled tomato half topped with Parmesan cheese. Your choice of a steaming baked potato topped with melted Swiss cheese or brown rice pilaf. Accompanied by a Friday's House Salad and hot garlic bread. \$5.89

## FRIDAY'S LITE<sup>SM</sup>

### PACIFIC COAST TUNA

Julienne of fresh seasonal vegetables steamed and topped with slices of charbroiled tuna steak. Served with a light oriental vinaigrette for dipping. \$5.89

### PACIFIC COAST CHICKEN

Julienne of fresh seasonal vegetables steamed and topped with sliced charbroiled chicken breast. Served with a light oriental vinaigrette for dipping. \$5.89

### SALAD AND BAKED POTATO

Our House Salad offered with your choice of fat-free dressing. Served alongside a baked potato with our chili yogurt sauce and green onions. \$4.29

### FRIDAY'S GARDENBURGER®

The original gardenburger® made with whole grains, nuts and mushrooms on a whole wheat kaiser roll. Served with lettuce, onion, tomato and pickle with chili yogurt sauce, black-eyed pea and corn salsa. \$5.49

### FRESH VEGETABLE BAGUETTE

Fresh vegetables stir-fried with cilantro pesto on warm baguette bread with provolone cheese and our smokey yogurt sauce. Served with black-eyed pea and corn salsa. \$4.99



## SANDWICHES

All sandwiches are served with Friday's Fries.

### CALIFORNIA CHARGRILLED TURKEY

Chargrilled all-white meat turkey burger, served on a toasted whole wheat kaiser roll with lettuce, tomatoes, alfalfa sprouts, onions, and avocado. Accompanied by honey mustard sauce. \$5.89

### CHARBROILED CHICKEN

Breast of chicken charbroiled and basted with butter, lemon juice and wine. Served with lettuce, tomatoes, onions, pickles and mayonnaise on a whole wheat kaiser roll. \$5.89

### BLACKENED-CAJUN CHICKEN

Breast of chicken blackened in Cajun spices. Served on baguette bread with cheddar cheese, lettuce, tomatoes and mayonnaise. \$6.29

### FRENCH DIP

Roast beef with sautéed onions and Swiss cheese served au jus on toasted baguette bread. \$6.59

### SMOKED TURKEY REUBEN

Mesquite-smoked turkey, Thousand Island dressing, coleslaw and Swiss cheese between extra thick slices of grilled light rye bread. Served with cranberry relish. \$6.29

### FRIDAY'S CLUB

Ham, mesquite-smoked turkey, cheese, bacon, lettuce, tomatoes and mayonnaise on whole wheat bread or white toast. \$5.49

### FAJITA STEAK BAGUETTE

Choice sirloin steak, grilled and then thinly sliced. Topped with onions, peppers, melted cheese, lettuce and tomatoes. Served on baguette bread with special dressing. \$6.99

### CLUB-STYLE CROISSANT

Mesquite-smoked turkey with Monterey Jack cheese, bacon, lettuce, tomatoes and mayonnaise on a special Friday's croissant. \$6.29

### BARBECUE CHICKEN PATTIE MELT

Barbecue-grilled breast of chicken served on grilled thick-cut rye bread with sautéed onions and melted cheddar cheese. \$6.49

### ITALIAN CLUB

Pepperoni, ham, mesquite-smoked turkey and mozzarella, provolone and Parmesan cheeses on warm baguette bread with lettuce, tomatoes, onion and Italian dressing. \$6.49

## HAMBURGERS

Our hamburgers are 1/3 pound U.S.D.A. Choice Ground Beef, charbroiled and served thick and juicy on a sesame seed bun or whole wheat kaiser roll. All are served with lettuce, tomato, onion and pickle slices.

1/2 pound burgers, add an additional \$1.00.  
With Friday's Fries, add 99¢.

### HAMBURGER \$3.89

CHEESEBURGER  
Smothered in melted American cheese. \$3.99

### BACON CHEESEBURGER

Topped with crisp bacon slices and smothered in melted American cheese. \$4.49

### MONDAY BURGER

Melted cheddar cheese, sautéed mushrooms and Burgundy wine sauce. \$4.49

### TUESDAY BURGER

Sautéed mushrooms and Burgundy wine sauce. \$4.49

### WEDNESDAY BURGER

Sautéed onions and mushrooms with a thick layer of melted mozzarella cheese. \$4.49

### THURSDAY BURGER

Sautéed mushrooms and crisp bacon covered with melted Swiss cheese. \$4.49

### FRIDAY BURGER

Sautéed mushrooms and crisp bacon covered with melted American cheese. \$4.49

### SATURDAY BURGER

Melted cheddar cheese topped with grilled Canadian bacon. \$4.49

### SUNDAY BURGER

Seasoned Cajun-style and blackened on a cast iron skillet, topped with spicy Cajun relish and melted mozzarella cheese. \$4.49

### NAME YOUR OWN BURGER

Choose up to four ingredients.  
\$4.49. Each additional, add 29¢.

American cheese

Avocado

Bacon

Bell peppers

Black beans

Bleu cheese

Burgundy wine sauce

Cajun seasoning

Canadian bacon

Cheddar cheese

Guacamole

Jalapeños

Monterey Jack cheese

Mozzarella cheese

Mushrooms

Onions

Pineapple

Provolone cheese

Salsa

Spicy beef

Swiss cheese

## SOUTHWESTERN

### BEEF FAJITAS

Sizzling hot slices of chargrilled beef on a bed of grilled onions and bell peppers. Served with guacamole, sour cream, pico de gallo, fresh salsa, cheese and warm flour tortillas. \$8.59

### CHICKEN CHIMICHANGA

A flour tortilla filled with spicy chicken, mushrooms and Monterey Jack cheese, fried crisp and golden. Topped with ranchero sauce and melted Monterey Jack cheese. Served with guacamole salad and black beans with brown rice. \$6.99

### CHICKEN FAJITAS

Slices of chargrilled chicken breast served on a bed of grilled onions and bell peppers. Served with guacamole, sour cream, pico de gallo, fresh salsa, cheese and warm flour tortillas. \$8.59

### SOUR CREAM CHICKEN ENCHILADAS

Chicken, onions, green chilies and sour cream rolled in corn tortillas. Covered with a delicate sour cream sauce, melted Jack cheese and jalapeños. Served with guacamole salad and black beans with brown rice. \$6.69

### COMBINATION FAJITAS

Our sizzling hot combination featuring slices of chargrilled beef and chicken on a bed of grilled onions and bell peppers. Served with guacamole, sour cream, pico de gallo, fresh salsa, cheese and warm flour tortillas. \$8.59

## PASTA & PIZZA

### FETTUCINI ALFREDO

Steaming egg noodle fettucini served in a rich Parmesan cream sauce. \$6.69

### SPICY CAJUN CHICKEN PASTA

Fettucini tossed with sautéed chicken, mushrooms, onions, and red and green peppers in Friday's own spicy, tomato creole sauce. \$8.49

### FETTUCINI ALFREDO WITH

### CHICKEN AND HERBS

Sautéed slices of chicken breast, fresh mushrooms and red bell peppers tossed in our Alfredo sauce with basil pesto. \$8.79

### BAKED MANICOTTI

Egg pasta stuffed with a ricotta and Parmesan cheese filling. Topped with sautéed mushrooms, Parmesan and provolone cheeses and marinara sauce. \$6.99

### LINGUINI WITH SHRIMP

Bay shrimp sautéed in butter, white wine, herbs and garlic, then mounded over linguini. Served with fresh lemon slices. \$9.49

### BROKEN NOODLES

Extra long ziti pasta, randomly broken and tossed with sautéed artichoke hearts, mushrooms, bell peppers, black olives, fresh tomatoes, marinara sauce, garlic and Parmesan and mozzarella cheeses. \$7.69

All the above Pasta Specialties are served with a Friday's House Salad and hot garlic bread.

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## DESSERTS

National Restaurant Association  
Menu Collection

- FRIDAY'S COLESLAW** 99¢  
**BROWN RICE PILAF** 99¢  
**BLACK BEANS AND BROWN RICE** \$1.49  
**LOADED BAKED POTATO** \$2.39  
**GARLIC BREAD STICKS** \$1.99

## BEVERAGES

## FRUIT JUICES

Orange, grapefruit, pineapple, cranberry, grape, papaya, tomato, V-8® or apple cider. \$1.45

## LEMONADE, LIMEADE OR ORANGEADE

Freshly squeezed. \$1.45

## FRIDAY'S FLINGS®

Naturally refreshing fruit drinks. \$1.45

## FRIDAY'S SMOOTHIES™

Healthful, non-alcoholic frozen fruit drinks. \$2.25

COKE CLASSIC®, DIET COKE®, DR PEPPER®,  
SPRITE® or GINGER ALE

## FOUNTAIN-STYLE FLAVORED SODAS

Chocolate, vanilla or cherry.

## NATURAL WATERS

Clearly Canadian® in choice of raspberry, cranberry or peach. \$1.75  
 Sparkling and non-sparkling waters available.

## MILKSHAKES AND MALTS \$2.65

Banana	Coconut
Cherry	Mint Chocolate
Chocolate	Mint Chocolate- Chocolate Chip
Chocolate Chip	Peppermint
Chocolate Fudge	Strawberry
Chocolate Mint	Vanilla

## COFFEE

Regular or decaffeinated.

## ICED TEA

Freshly brewed.

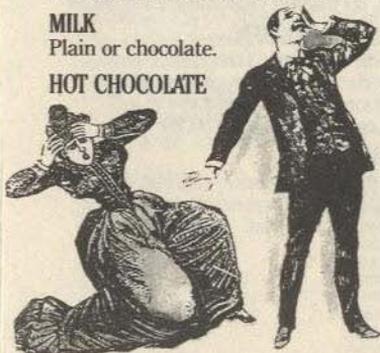
## HOT TEA

Orange Spice or English Breakfast.

## MILK

Plain or chocolate.

## HOT CHOCOLATE



**DATE MALT CAKE**  
 Moist chocolate fudge cake with  
 malt icing. \$2.99

## CARROT CAKE

A moist and nutty old-fashioned cake with  
 carrots, coconut, pineapple and thick cream  
 cheese icing. \$2.99

## CHEESECAKE

Authentic New York style. \$2.99.  
 Topped with strawberries for an additional  
 charge of 39¢.



*We honor American Express, Diners Club,  
 MasterCard, Visa and The Discover Card.  
 Sorry, we do not accept checks.*

*Friday's uses only 100% vegetable shortening when  
 frying and prepares food without the use of  
 preservatives or MSG. However, some of our  
 suppliers may use "sulfile" as a preservative. If  
 you have any questions concerning ingredients,  
 please ask your server.*