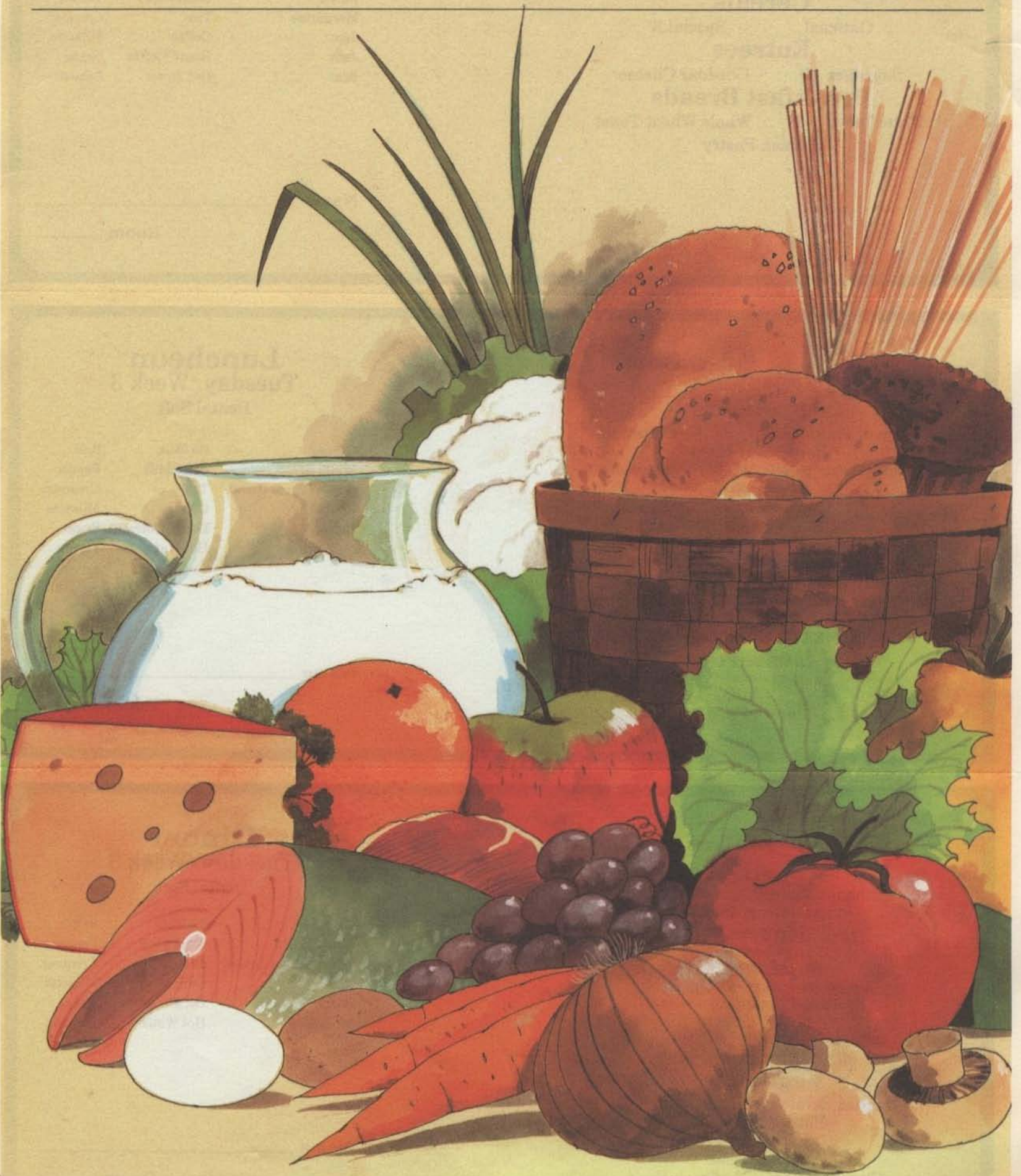


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MOUNT
SINAI
HOSPITAL



Please **circle** all items desired

Breakfast Tuesday/Week 3

Dental Soft

Fruits and Juices

Orange Juice Prune Juice

Blended Juice

Cereals

Oatmeal Special K

Entrees

Sausages Cheddar Cheese

Breakfast Breads

White Toast Whole Wheat Toast

Danish Pastry

Brown Sugar	2% Milk	Salt
Butter	Skim Milk	Pepper
Margarine	Tea	Creamer
Jam	Coffee	Milkette
Jelly	Decaf. Coffee	Sugar
Bran	Hot Water	Lemon

Name _____

Room _____

Please **circle** all items desired

Luncheon Tuesday/Week 3

Dental Soft

Appetizers

Cream of Potato Soup Consomme

Relish Side Plate

assorted raw vegetables with yogurt dip

Entrees

(choice of one)

GRILLED HAMBURGER

on a sesame seed bun

Choice of: *ketchup, mustard, relish*

EGG SALAD SANDWICH PLATE

*a mixture of egg, mayonnaise, celery and onion
on a torpedo roll*

PUREED MEAT/PUREED VEGETABLE

Desserts

(choice of one)

Fresh Fruit

Chilled Apricots *in juice*

Pureed Fruit

Crackers	2% Milk	Salt
White Bread	Skim Milk	Pepper
Whole Wheat Bread	Tea	Creamer
Roll	Coffee	Milkette
Butter	Decaf. Coffee	Sugar
Margarine	Hot Water	Lemon

Name _____

Room _____

Please **circle** all items desired

Dinner Tuesday/Week 3

Dental Soft

Appetizers

Cabbage Borscht Broth

Orange - Grapefruit Salad

Entrees

(choice of one)

ROAST TURKEY

*served with savoury dressing,
gravy and cranberry sauce*

ROAST LAMB

served with gravy and mint jelly

MINCED/PUREED MEAT

Vegetables

Mashed Potato Green Peas

Pureed Vegetable

Desserts

(choice of one)

Cherry Pie

Fresh Fruit

Ice Cream

Crackers	2% Milk	Salt
White Bread	Skim Milk	Pepper
Whole Wheat Bread	Tea	Creamer
Roll	Coffee	Milkette
Butter	Decaf. Coffee	Sugar
Margarine	Hot Water	Lemon

Name _____

Room _____