All-star comedy lineup wows the crowd at Wildcat Welcome

Nicole Guzman
Advertising Manager

6 Tips for improving your Google Search

Have you ever tried to Google your name? Patrick Ambron from Brand Yourself gives you six tips on how to improve your Google search results.

IDEAS & OPINIONS, PAGE 3

A new twist to an old favorite

Are you a fan of Rice Krispies Treats? Check out our new twist on the classic recipe.

CULINARY PAGE 4

Julia's Journeys

Ever thought about visiting Portugal? Julia Abbiss shares her experience from her trip and gives you her dos and don'ts.

LIFE & STYLE, PAGE 6

The sky is the limit

Did you know that JWU now has Field hockey on the agenda? We talked to one of the players about her experiences.

SPORTS, PG 10

Samsung debuts first Smartwatch

First Smartphones and now Smartwatches. We looked closer at Samsung's new Galaxy Gear.

TECH & DESIGN, PG 11

Spotlight: Dean McVety

Ali Fuller
ISO / Tech & Design Editor

Dean McVety joined JWU as a Food Service instructor in 1978, was promoted to department chair in 1980, then to assistant dean in 1992, and to associate dean in 2000. He was named academic programming. Dean McVety is the dean of academic program development within the Office of the Provost. He will be responsible for leading undergraduate and graduate education program development. He will specifically provide leadership in the research, development, and implementation of goals, strategies and action plans to develop new academic programming.

The Hundred Year House

Elizabeth King
Staff Writer

In October of 2012, Johnson & Wales made a purchase that will change the lives of students for years to come. Located at 135 Norwood Avenue in Cranston, the Centennial House now holds 35 of the University’s top students who were chosen through a lengthy application and selection process to live in the cooperative housing environment based around service and excellence in the community. Formerly the Sophia Little Home for troubled young women, the Centennial House features over 20 bedrooms for students (including single and double rooms), along with multiple communal bathrooms, TV, study, and lounge rooms, a full, industrial equipped kitchen, a dining room, laundry facilities, and more.

Current house members will choose future residents based on multiple factors. All students

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Welcome First Year Wildcats

Katherine Taylor
Copy Editor

Monday, September 9, 2013 was the official convocation of the freshman classes of 2015 and 2017. The ceremony was started off with a staff procession and an official Wildcat welcome from Johnson & Wales Providence Campus President, Dr. Mimi Runey. The new Honor Code was presented to students, and the themes of the welcoming speeches all seemed to focus on the Honor Code. Words like commitment, pride, honor, and respect are the key principles of what JWU expects from incoming students.

Throughout the whole ceremony, multiple references were made about getting involved, making a difference, and enjoying college. Campus President Dr. Runey, Alan Shawn Feinstein of The Feinstein Foundation, faculty representative Dr. Scott Palmieri, and Student Government Association President Morgan Dillon all made remarks addressed to the students. Each speaker addressed a specific way to experience college to the fullest.

Following remarks, each school was introduced and the deans, professors, and students were acknowledged. Keynote followed, and was given by JWU alumna, Heather Singleton. As a 1997 and 1999 graduate, Singleton has gone on to become the senior vice president of education for the Rhode Island Hospitality Association Education Foundation. She is someone who incoming freshmen can strive to model. Overall, convocation was a great first introduction to Johnson & Wales University first year students.

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The Hundred Year House Cont.

Continue from Page 1

living in the house must comply with set community service requirements and house rules. The house is currently led by a group of house leadership that includes the Graduate Assistant, Dan Stoller; President, Kevin Watson; Manager, Trumane Trotman; Secretary, Jess Griffin; Treasurer, Paige Sammers; Community Outreach and Service Coordinator, Scott Cox; and Kitchen Manager, Alex Silvoti. All care for the house is done by residents, and mandatory house dinners and meetings are held weekly to help members bond and discuss solutions to any issues that may arise.

On Tuesday, September 3, a dedication ceremony was held to officially open the Centennial House to the University and surrounding community. As many bars and nightclubs know, 2014 marks the 100-year of the founding of JWU (hence why the new house is known as "Centen- nial"), and many powerful officials came out to celebrate this momentous occasion. Resident Life and Centennial House Dean are among the many groups associated such as Providence Campus President, Dr. Mimi Runey, and JWU Chancellor, John Bohne, to ensure as the mayor of Cranston, Allan Fung. Each of these three out- standing individuals, along with the Centennial House President, Kevin, gave a speech wishing the best of luck to the house members, highlighting their hopes for the potential of these students' professional development impact on the community.

"Centennial House will be a great teaching and learning environment for our students," said President Runey. Mayor Fung added that this house is so meaningful to me as the community impact that each and every one of [the house residents] will have... it is so important to all the citizens of Cranston to build a better neighbor- hood."

After the speeches were delivered, Chancellor Bowen bestowed a symbolic key to the house upon House President Kevin, and the two cut a blue ribbon to officially open the Cranston community. Following the ceremony, Centennial House residents gathered outside, faculty, staff, and neighbors into the house for open house tours, where Residential Life and the JWU Commissary Bakery provided gifts and refreshments.

The university has invested over $2 million into improving the Centennial House, and it is easy to see where the resources went. The House has many outstanding features that make it an incredibly unique living environment, and it is definitely a new kind of residence hall. As the first of its kind, the Centennial House has already attracted lots of attention, and its exceptional residents are eager to show both the university and community the great potential of this new housing opportunity.

Program Development, what interested you most about your present role at Johnson & Wales?

"I truly enjoy being a part of a student and/or faculty member’s professional development. It is a great feeling to know that you have influenced that person’s life."

When you are not working, do you often find yourself in the kitchen at home?

"Yes, my wife is an excellent cook."

Who is your favorite celebrity chef, and why?

"Ming Tsai because he is an excellent chef and teacher...he explains so much about the ingrediants."

What are your short-term goals for the academic school year?

"Engage in thoughtful conversation with students and faculty members about new academic programs, enhance the new academic program development process, and develop new academic programs."

Dean McVey seems willing to extend an invitation to any student who would like to discuss ideas for new academic programs. You may contact him at pmcvety@jwu.edu. If you see Dean McVey on campus make sure to congratulate him on his new position! Hope everyone is staying busy, enjoying the first week back on campus, and enjoying the start to the 2013-2014 academic year!

The Hundred Year House Cont.

Continue from Page 1
Google

your name here

name your name here lyrics

your name here straightly run your here movie

Press Enter to search.

Six tips for improving your Google search results to get a job

Mary Ann Bohrer
Guest Contributor

65% of Hiring Managers
Make the Decision to Hire Some-
One Based on Positive Google
Results

Now that summer is wind-
ing down, people are turn-
ing their attention back to work and school. But many are not aware that one of the most important factors that determine whether you get hired or not is your Google name. Google is a company that has become commonplace. In fact, over 1 billion names are Googled every day - more than the entire population of the U.S. and Europe combined. So, unless you live a cave, you've been Googled.

According to Patrick Am-
bron, founder and CEO of Br-
d Yourself.com, anyone who is looking for a job must maximize their Google search results in order to get hired. "Most people don't know that 75% of HR de-
partments are required to Google applicants. That means, if you're hoping to get hired, you better look good," said Ambron. "And what these HR departments see definitely matters, 65% of hiring managers will only consider a candidate who hires someone based on posi-
tive Google results, and 70% would definitely take their decision not to hire based on negative ones. And this doesn't just apply to job applicants. This can affect people who are applying to colleges, or even joining online dating services."

BrandYourself co-founder Peter Kissier experienced Google search discrimination firsthand, when he was a college student. Kissier couldn't get an internship because he was being mistaken for a convicted sex offender with the same name in Google, and he was quoted $8,000/mo. by reputation management firms to clean up his search results - a price that Kissier could never afford to pay. So he and his col-
lege classmate, Patrick Ambron, founded BrandYourself.com, which has a DIY product that en-
ables average people to manage their online image on their own.

Since its launch over one year ago, BrandYourself.com has helped over 250,000 people control their own online search results. Here are six tips from Pat-
rick Ambron from BrandYourself.com on how to improve your own Google search results for free, and, hopefully, land that job:

1. Google Yourself

The first step is knowing ex-
actly where you stand. If you're like most people, you fall into one of three categories: the neg-
ative category, the irrelevant cat-
egory, or the "hey, that's not me!") category. While there are differ-
ent strategies for each situation, your goal is to fall into the "This person looks awesome!") category. And the tips below are a great start to no matter what.

2. Claim Your Domain Name

Next, before you do any-
thing else, visit a domain reg-
istrar like Hover.com and pur-
chase all domains containing your name (e.g., yourname.com, yourname.me). It's the most im-
portant thing you can do, and it only costs 12 bucks a year. Do-
main names show up high in searches for your name, so this is the fastest, easiest way to get a result on the first page of Google. Even if you're not planning to have a personal website right away, you'll at least prevent other-
take your name from steal-
your results.

And if someone has taken your name? Don't worry. First, check to see if all variations are taken, including yourname.me, yourname.org, and yourname.ru. If they are, choose a domain that still includes your full name. For example, Patrick-Ambron.com, PatrickAmbronblog.com, and PatrickAmbronOnline.com. Even if your name is John Smith, there's bound to be at least one remaining domain name for you.

3. Build a Personal Website

You should have at least one hub on the web on the topics of evert-
ything you know...your history, education, accolades, personal interests, and so on. Him: The more comprehensive create multiple hubs. The more content you have in Google, the more likely you are to show up.

4. Get on the Four Main So-
cial Networks

That's Facebook, LinkedIn, Twitter, and Google+. (In fact, the more social media profiles you create - think Pinterest, Reddit, Instagram - the better.) These are credible sites that Google just try to create a username that still includes your name (like Patrick-Ambrom or PatrickAm-
bron) and then run a Google search on that username. This will immediately tell you if other people are using it and whether or not they are relevant.

So, how can you improve your Google search results for free? You can't. But you can do a few things to make it easier for people to find you. You can create a personal website, for example, and include all the information you want people to see. This will make it easier for people to find you when they search for your name in Google.

5. Monitor Your Results

Even if you look great now, it only takes one poorly judged photo post or a blog post from a disgruntled partner to ruin your search results. Either Google might show up on a regular basis or use a tool like BrandYourself that will alert you when things change and tell you what you can do about it.

Take it from my partner, Kis-
tier (and me) from BrandYour-
self.com: You definitely don't want to lose your Google results to chance. Taking a few hours to clean up your online presence can make a big difference - in how you look on Google, in how you appear on social media, and in how you're perceived by future employers see you, and in your professional future.

IDEAS & OPINIONS 3

THE STREET FEED

What would you like to see at next year's Wildcat
Welcome Week?

I wish JWU would bring back the Welcome Luau with the smoothies and the Hawaiian theme. It was very fun! They had free smoothies and little snacks, everyone had on the coconut and grass skirts and we just hung out at the green space. - Kayanna Bentun, Senior
Restaurant Food & Beverage Management

What events are you planning on attending this up-
coming week?

I'm going to the event "Are you Smarter than a Freshman?" because it's really interesting to see whatFreshmen have to say, if they actually know what they're saying. I'm a junior right now, and I know that I might not be smarter than a Freshman, I might have the same capacity as them, so this should be interest-
ing!

- Dinandi, Junior
Bardeneau Fashion Merchandise

Did you attend the comedy show this weekend? Who was your favorite comedian?

I did attend the comedy show; I think it was pretty good. The second guy with the curly hair (I think it was Jimmy). I liked him. He was faster with the punch lines and it was an aw-
ward comedy and I like that - it was run pretty well, but I would like to see Dave Chappelle next year! Shoot for the stars!

- Andrew Hooks, Sophomore

Culinary

When you find your LinkedIn pro-
file, I should be able to get from there to your website. When I get to your website, I should be able to find everything else, and so on. Google counts every link to a page as a vote for that page's credibility, so the more relevant pages about you that link togeth-
er, the higher they'll all rank.

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A new twist on an old favorite

Krista Christensen
Culinary / Life & Style Editor

For years, children and adults alike have been eating Rice Krispie Treats. They are soft, chewy, and contain the perfect amount of sweetness. Rice Krispies Treats are a great afternoon snack or dessert. What many people don’t realize is how simple they are to make. They don’t require any baking whatsoever. This makes it super easy for college students to make them. Rice Krispie Treats are usually made with regular Rice Krispies cereal. However, I discovered that you can use other cereals as well, such as Cocoa Krispies, Fruity Pebbles and Trix. Using these various cereals can create a new treat that everyone will love. I’ve taken the following recipe from rickrispies.com and substituted other cereals instead of using Rice Krispies. Enjoy!

Ingredients:
3 tablespoons butter or margarine
1 package (10 oz., about 40 regular marshmallows) or 4 cups miniature marshmallows
6 cups Kellogg’s Rice Krispies cereal

Directions:
1. In large saucepan melt butter over low heat. Add marshmallows and stir until completely melted. Remove from heat.
3. Using buttered spatula or wax paper evenly press mixture into 13 x 9 x 2-inch pan coated with cooking spray. Cool. Cut into 3-inch squares. Best if served the same day.

Microwave Directions:
In microwave-safe bowl heat butter and marshmallows on HIGH for 3 minutes, stirring after 2 minutes. Stir until smooth. Follow steps 2 and 3 above. Microwave cooking times may vary.

Notes:
For best results, use fresh marshmallows.
1 jar (7 oz.) marshmallow creme can be substituted for marshmallows.

Loco for local: Providence’s Hope Street Farmers Market

Sarah Abbott
Staff Writer

What better time to shop for fresh produce and local good-ters than towards the beginning of fall? And what better place to shop for fresh produce and local goodies than farmers market? Well for all you farm fresh, local loving students, you’re in luck! At Lippitt Park, on 1000 Hope Street in Providence (right near the cultural Thayer Street), you’ll find the Hope Street Farmers Market. This farmers market is opened Wednesdays 3pm-6pm, and Saturdays 9am-1pm, and lasts until October 30. You can find out more about Hope Street Farmers Market on www.farmfresh.org, where everything from their vendors to the local restaurants that buy farm fresh is posted.

Below are a few of the awesome vendors you’ll find at Hope Street Farmers Market!

Harvest Kitchen

Seven Stars Bakery

Narragansett Creamery

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Julia's Journeys - Portugal

A Travel Column

Julia Abbiss
Arts and Entertainment Editor

If you're looking for a cheap vacation in a beautiful coastal country where the vacationers are mainly European tourists, Portugal is the place for you. In this issue, I'll give suggestions of what to try, what to avoid, and what I would do next time I visit.

Try

Pianoversing to a Fado: Fado, English for Pate and Destiny, is a style of performance music that sounds Opera-like. It is performed with such passion and emotion that it is hard not to be transfixed by the singer and accompanying guitarists. Fado clubs are dispersed all throughout the capital city of Lisbon, you can easily find one that's not overly touristy and, preferably, with a cover charge (which is not easy). Regardless of the venue, it is an authentic, fun night on the town.

Wine Tasting and Ginjinha: In Lisbon's Commerce Square (Praca do Comercio), you'll find the Wine Tasting Center at Vila Portuguesa. Here you'll be able to taste wines from all over Portugal, and a host will tell you which region it is from, noting the differences between each glass. The best part, it's FREE! All they ask in return is to take their two-minute survey. As a backpacker on a budget, a sipper of wine can be a luxury. I basically ran here. But if you're looking for a drink that is a little stronger and a favorite of the Portuguese, try a shot of Ginjina, a sour cherry liqueur. A tiny hole-in-the-wall bar that serves Ginjina is Ginjinha, in the Alfama region of Lisbon.

Belém: A short tram ride from Lisbon's city center, Belém is a perfect place to spend the afternoon. Upon entering the center of town, you'll be astounded by the monolithic Jerónimos Monastery. Walk inside and take in the beautiful and ornate interior, which is free to explore. Once done, walk across the street to the Tagus River, where you'll find the breathtaking Padrao dos Descobrimentos. This monument is a tribute to Portugal's Age of Exploration and depicts the explorers on their voyage to find trade routes to India and Asia. It's stunning. To complete your afternoon, make your way to the historic Pastéis de Belém. It is believed that this café's specialty, the Pasteis de Nata (an egg tart pastry) was created in the 18th century by the monks in Jerónimos Monastery. Since 1837, the bakery boasts that they haven't strayed from the ancient way of making these pastries, and even has a window where you can see them being produced.

Sintra: About a 45 minute, cheap train ride outside Lisbon, Sintra is definitely a must-see and a great day trip. This quaint town is host to Portugal's oldest surviving castle, as well as the Pena Palace and Moorish Castle. The Pena and Moorish Castles are located on a steep mountain from the town's center, which can be accessed by an available bus. But again, if you've on a budget, and would like to have, in my opinion, an even better and rewarding experience, I would recommend hiking it up the trails. The ruins of the Moorish castle are amazing and offer stunning views of the country. Suggestions: Bring lunch and eat at the highest point of the ruins. It's a great place to relax and people will be amused by your smart thinking. After, trek a little bit more up the mountain until you reach Pena Palace, a colorful castle that honestly looks fake and is full of history.

To Avoid:

Pried Seafood: Although I hate to admit it, as a foodie, I was disappointed. Portugal is famous for their fresh seafood, so I was pumped to dive in and try it for myself. The first dinner I had consisted of a fried fish (I believe Cod) that was accompanied by fried potatoes and vegetables.

Everything was super greasy. I would like to say that it only happened once, but everything I tried after, I felt like I needed to consume buckets of water to subdue the satiety of each dish. I unfortunately found, that I couldn't find anything truly Portuguese, not recommendable. (Except for the pastéis de nata!)

Next Time:

Algave: For a future trip, I definitely want to check out the Algarve region of Portugal, located along the southern coast. It's the place to be for European vacationers and the beaches look absolutely stunning. Plus their wine was my favorite from the wine tasting.

Stay tuned for my next column where I will be taking you to Madrid, Spain. If you would like to add your own "best to Try or Avoid," of the countries/regions talked about, comment at facebook.com/jwcampusherald. Happy Travels!

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Easy Home Remedies for College Living

Elizabeth King
Staff Writer

There are a lot of little things that can keep you from feeling your best, but it's often a waste of time and money to run to the pharmacy to pick something over the counter. Sometimes you may even be tempted to run to a doctor for a prescription, which is even more costly! Here are some quick, easy, and natural remedies you can try instead of pharmacy pills:

1. Sore Throat: Try sucking on a teaspoon of honey to soothe your throat, or gargle with warm salt water or antiseptic mouth rinses (like Listerine) to kill the germs causing your pain.

3. Upset stomach: Drinking ginger ale is great for calming the stomach and reducing gas. Sucking on a peppermint or peppermint tea can also help, although it is not good for those suffering from acid reflux. If you suffer from cramps or diarrhea, drinking warm milk can help soothe your tummy, along with helping you get to sleep.

3. Congestion: Inhaling the steam from a hot shower is a great way to clear your nose. If it's cold weather, but adding some Echinacea to a cup of boiling water and drinking it can help as well. Another solution is what is known as a 'hot toddy,' where you add a shot of brandy to a cup of hot tea. However, this cure is only recommended for those 21 or older; please use this remedy responsibly.

6. Blisters and Scars: Culinary students are all too familiar with scars from burns and blisters from long hours on their feet. Try rubbing vitamin E oil on wounds to prevent and diminish scarring. Also, applying a layer of Vaseline to your toes and heels can reduce blisters.

8. Urinary Tract Infections: Drinking green tea is good for both your metabolism, and reducing the pain of a UTI, although, it is still recommended to see a doctor about these.

9. Sunburns: Clean your burn with some antiseptic soap, then rub some soothing aloe vera gel on it for a quick, comfortable cure.

10. Hangovers: Feeling punishment from a night of partying too hard? Swig down a teaspoon of olive oil to bring some relief. And be sure to drink water while drinking next time, as dehydration only exacerbates hangover symptoms.

11. Cold sores: Yogurt is not only a healthy snack; it can also shorten the time that you suffer from an unsightly cold sore.

12. Leg cramps and Charlie Horses: Pain in your legs can be reduced with some easy stretching, and why not snack on a banana afterward? The potassium in bananas can help reduce the pain of cramping.

13. Rash and Eczema: Soak the affected area in oatmeal bath to soothe and diminish troublesome rashes.

14. Hiccups: A spoonful of sugar helps the medicine go down, and it can also cure an annoying case of the hiccups.

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comedy clubs that they’re playing at, so I’m like ‘I want to do that. I started doing open mic’s, which is basically the only way to start and I just kept doing it.’

Campus Herald: Do you ever get nervous when you’re on stage in front of a big audience?

Judah Friedlander: “Mmm, not really no. I mean when I first started yeah, but to me now it’s pretty normal.”

Campus Herald: Of all the big stars you’ve worked with (Tina Fey, Alec Baldwin, Tracy Morgan, Ben Stiller, etc.) who meant the most to your career?

Judah Friedlander: “Oh boy, that’s a tough one you know, um. Yeah I don’t know, I’m trying to think about people I’ve worked with and who would like...it’s nothing specific but I had a small part in Zoolander. I played Scrapy Zoolander, one of the brothers of Derek Zoolander and John Voight played the father Zoolander and John Voight who you might know better as Angelina Jolie’s dad, amazing actor you know, he’s won an Oscar and stuff. He was so nice and welcoming, we worked together so much on those parts off camera; I really learned a lot from him. Not only did I learn a lot from him but he was also very inspirational with his work ethic and love for what he does. You know, it’s not just a job, it’s an artwork, and it’s a passion. Unlike some people, he was a very giving person where he wasn’t trying to hog the scene and steal a scene from you and he wanted to do well, he wanted to be in collaboration. So I’ve learned a lot from him and it was all great stuff.”

Friedlander was generous enough to allow us to interview him during his meal before the show. He also spoke very highly of the food that was provided by Red Sauce. “Johnson & Wales, best cafeteria food I’ve ever had. Gave yourselves a round of applause,” Friedlander said as he stuffed a spoonful of chicken parmesan in his mouth. Not only was Friedlander very open and welcoming, he seemed to truly enjoy himself at Johnson & Wales, so much that he stayed after the show ended to greet his fans. Way to go Judah!

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Friedlander was a great act to have. The Lucas Brothers left their mark at Johnson & Wales University as well. This interview was a bit unusual, seeing as how there are two of the same act. Some would say double the trouble, we say double the fun!

Campus Herald: Congratulations on the show (Lucas Bros Moving On Fox) How do you guys think this will impact your career?

Lucas Brothers: (Keith Lucas) “I think it’s going to have a pretty good impact, I mean it’s a different way to get our comedy out, it’s a different vehicle.”(Ken Lucas) “Yeah, it’s going to be cool. It’s going to be awesome. It’s going to really help out our career, absolutely.”

Throughout this interview, it seemed as though Keith must have read Kenny’s mind because he did most of the talking while his twin brother mainly nodded in agreement and chuckled at his brother responses.

Campus Herald: Who or what inspired you to start a career in comedy?

Lucas Brothers: (Kenny Lucas) “I would say Larry David.” (Keith Lucas) “The dude that created Jerry Seinfeld. That show in general is probably what involved us. Seinfeld talks about things that I like to talk about. It also has like a philosophically bent. It was also just completely silly, so they didn’t have like dramatic moments, it was just all silly, of which I like.”

Campus Herald: How is it working together with your brother? Have you guys ever thought of a separate career?

Lucas Brothers: (Keith Lucas) “I prefer to work with a team because you know, you have a shoulder during pressure. It’s always just good creating things with another person, I feel as though if I were by myself I would be half as creative, I mean obviously I would probably go insane too.” (Kenny Lucas) “No, it’s definitely better with a partner because you can run your ideas off immediately and you don’t need to run it off in front of an audience all the time. It’s the yin to my yang.”

The Lucas Brothers were sure to leave some warm felt words to you wildcats: “Have good luck for the academic year, thanks for having us and continue to prosper!”

We also had the opportunity to speak with Alice Wetterland from MTV’s Girl Code about her inspiration, and challenges in the comedy world.

Campus Herald: How has being on MTV’s Girl Code impacted your career?

Alice Chuckled as she answered this question.

Alice Wetterland: “Um, well I definitely have a lot more younger fans now in the 13 to 17 year old range which is great, I really love actually all of the fans, they’re really cool. A lot of it has been surreal but it’s very cool. I love it, I love it, I love it, I love it, I love it! The Girl Code fans were so surprised that they were so awesome and intelligent and super. And also, there’s a lot of older guy fans which is disgusting, yeah super gross.”

Campus Herald: What’s the next step going to be in your career? Where do you see yourself in a couple of years?

Alice Wetterland: “Um, I am so excited for the chance to be a part of the grandance of deodorant, it’s called ‘New Spice’. (LAUGH) It’s not really me, I just made that up! I’m going to be doing some acting; I’m going to be on an episode of ‘New Girl’ coming up on FOX, that’s going to be exciting. I’m trying to do some more acting and trying to get my swing back for next year’s baseball season!”

Campus Herald: How is being a female in the comedic scene? Are there any specific challenges or achievements?

Alice Wetterland: “Um, it’s tough to be a girl comic. It’s a male dominated industry still, a lot of girls get opportunities because they’re girls and they’re trying to fill out people. Comedy clubs don’t want to have all male line ups anymore so it’s tough because sometimes you get pulled in because you are a girl and they don’t know anything about you and they don’t really respect you. Also they don’t think you’re going to be very good so you have to work twice as hard to prove that you’re good at stand up, but I have a lot of great female stand ups. Some of the people I look up to the most are female comics. It’s changing, it’s changing since I started.”

We were very grateful to have had the chance to interview these comedians and we welcomed them back to JWU anytime!

They bringing a great deal of talent and laughter to the university. The show itself lasts about two hours in total. Alice Wetterland began the show with her quirky sense of humor the Lucas Brothers followed her with their team play, which all lead to the final act, Judah.

Friedlander to close the show, leaving the crowd laughing and full of joy. It was a great turnout at the event, and Student Activities continues to search for great entertainment for JWU. We hope next year’s show will be able to live up to the standards set by this one.
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Neim Leary
Staff Writer

There’s never an endpoint when it comes to Johnson & Wales University’s achievement. Since the year of 1914, the university has hit the ground running and has yet to stop. In 2014 we will be celebrating the university’s hundredth year of existence. Johnson & Wales University is always expanding to create a better opportunities for students. For example, the athletic department had seventeen varsity teams, and recently just added field hockey team.

Not only does JWU have one hundred years of the existence to celebrate, but will also be celebrating welcoming the eighteenth varsity team to the Wildcat family. Last year, the field hockey team was only an intramural sport at Johnson & Wales University. Kristin Sarcone, from Shoreham, New York and her good friend Michelle Tebben, who graduated from Johnson & Wales University in 2012, established intramural Field Hockey. Sarcone was president and Tebben was vice president while the sport was still an intramural. The two friends shared the same passion for field hockey, so they took initiative of getting through the university board to have a varsity field hockey team. When interviewed, Sarcone stated, “We appreciated the university support, and could not have reached our goal without the athletic department support.” When asked if her and her teammates have yet to reach the realization that they’re a part of Johnson & Wales University history by being the first varsity field hockey team, Sarcone replied, “It’s an incredible feeling for my teammates and I. Just knowing that we set the standards for this team is an honor. One of our goals is to make history this season.”

Johnson & Wales manage to get a great, talented, young mentor, Jessica Lane, to become the head coach for the Wildcat’s field hockey team. Lane has coached her last two seasons of field hockey at Eastern Connecticut state University. Lane also spent two seasons as a Graduate Assistant at Misericordia University. In addition, she was a 2006 graduate of Providence College, a two-time All-Big East selection, and was named to the 2008 National Field Hockey Coaches Association All-Star Team. I also had the chance to ask Sarcone about her relationship with Coach Lane on the field. She stated, “It is not every day you get to receive great knowledge from a Division One coach. We could not ask for a better coach. She has a strong background in field hockey, so we are very fortunate.” Good luck to Wildcats Field Hockey Team on their path to make JWU history.

Wrestling to stay in the 2020 Olympics

Philip Harsh
Guest Contributor

“This is the most important day in the 3,000-year history of our sport,” International Wrestling Federation President Natasa Lalovic of Serbia said. “Remaining on the Olympic program is crucial to wrestling’s survival.”

But baseball/softball and squash, two high-profile sports wrestling soundly defeated Sunday to claim the one open spot on the 2020 COC Summer Games program, may not be dead yet. One or both could be included in the 2020 Olympics, awarded Saturday to Tokyo. There are already proposals to cut events from some sports on the Summer Games program, reducing the number of athletes capped at 10,500 and making room for a new sport.

There are all kinds of events that are irrelevant,” said International Olympic Committee member Dick Pound of Canada, citing race walking as an example because “it is hard to organize, and everyone runs.”

Pound vainly tried to have the IOC postpone Sunday’s sports vote, analyze what trimming could be done and wait until its next general meeting. Just five months away, to define the program for 2020. “Baseball/softball for Tokyo would be nothing because they have the facilities,” Pound said. “Squash basically costs nothing. You could have both if you wanted, but you have to act quickly.”

Squash would seem to have the better chance, since it proposes just 64 athletes at the Olympics. Baseball/softball would have 296.

The refusal of Major League Baseball to guarantee its top players would compete at the Olympics remains a deal-killer in the minds of many IOC members. While baseball and softball are popular in Japan, host cities after 2020 may be loath to include them.

Thursday’s decisions were meaningless because they did not address the issue of keeping the Olympic program dynamic, a stated goal of the program review that led toexcluding the IOC’s executive board recommended in February it be dropped from the 25 “core sports” in the Summer Games.

That forced wrestling to make radical changes in its governance and rules to address concerns underlying the executive board decision.

With the new rules, which reward aggressiveness, “things will be decided on the mat instead of by referees,” said Alexander Karelin of Russia, a three-time Olympic Greco-Roman champion and one of the sport’s legendary athletes.

Among the general changes were adding two women’s freestyle weight classes to wrestling’s Olympic events and cutting one each in men’s freestyle and men’s-only Greco-Roman. Beginning in 2016, there will be six of each.

Jim Scher, a 1988 Olympic wrestler and former U.S. Olympic Committee chief executive officer, said wrestling’s continued presence on the program is “critically important to interest and participation at the grass-roots level” and will have considerable positive impact on collegiate programs.

There is a symbiotic relationship between international and collegiate programs,” he said. “Each would be significantly weakened without the other. At the collegiate level, because of economic pressures, it’s a sport potentially at risk.”

Keeping wrestling is among the rare battles in which the U.S., Russia and Iran were on the same side.

“We gave a good example.”

Lalovic said.

Baseball had been in the Olympics from 1992 through 2008, softball from 1996 through 2008. Both were voted out of the program in 2005, with softball losing its place by one vote. Each made a failed independent effort to return before following bad advice from some IOC members that they had a better chance with a joint bid.

Their merged international federation was approved Sunday, making it impossible in the foreseeable future for softball to find itself of the baseball albatross.

“I’m not sure this is the end (for baseball and softball),” said Don Porter, president of the former International Softball Federation, who has spent half his 82 years making softball’s case as an Olympic sport. Porter intimated Sunday it may soon be the end of his involvement.

“We knew we had an uphill battle,” Porter said. “It was inevitable wrestling would get back. It just wish we could have made a better showing.”
Samsung debuts first Smartwatch

Byland Gruzdinski
Staff Writer

The Galaxy Gear is Samsung's newest entry in the Galaxy Smartphone family, except the Gear is no phone. The Galaxy Gear is one of the world's first Smartwatches, capable of taking photos and videos, running apps and making calls through Bluetooth. While it's larger and heavier than other competitors' Smartwatches, Samsung has packed their new gadget with the latest tech. There is no denying the Gear is impressive, but will it be enough for consumers to take Smartwatches seriously?

So far, the Galaxy Gear is compatible with over 70 native apps, including Path (an app that allows users to share photos taken from their Gear), RunKeeper, and Evernote. These apps will most likely be simpler than their Smartphone counterparts, but will be fully functional. The band of the watch itself holds a 1.9 megapixel camera capable of shooting video in 720p. The speaker and microphone will function as a wireless headset, able to connect to any Bluetooth enabled phone. With 4GB of internal storage, users can carry nearly 800 songs with them on the go. Unfortunately, due to the lack of a head- phone jack, you'll have to listen to your music via Bluetooth headphones.

On the down side, users will have to deal with slow load times and a good amount of interference while they wait for Smartwatch operating systems to get up to speed. Samsung is also trying to work out issues with its watch battery, capable of keeping your watch running for

Phonography

New Smartphone is worth loving

Antoun "Tony" Bahit
Staff Writer

The Nokia Lumia 1020 is one of the best phones that Microsoft Windows has released since 2010. For many of us, the best Smartphones require high technology and high-user interfaces.

With the Lumia 1020, Microsoft added new features that other Smartphones other competitors lack, including a high-resolution camera. For example, the Samsung S4 has 13 megapixels, and Note 3 has 16 megapixels, but Lumia 1020 has 41 megapixels camera. No, I am not joking! A 41-megapixel camera. This mean you are going to take pictures and videos above the resolution that average digital cameras take. Moreover, your pictures will be three times better than any other phone. This phone will capture details that other phones won't be able to. That is the key selling point for Nokia Lumia 1020 being the only Windows phone that is worth buying.

In addition to its 41 optical zoom, the point and shoot camera's imaging sensor measures 47 inches diagonal, compared to 33 inches diagonally for the iPhone 5. The bigger the sensors, the better the pictures and videos. The Lumia also has xenon flash. Lumina has a Carl Zeiss Tatar Lens, 4.5-inch screen display, dual core 1.5 GHz processor, and Windows 8. The camera sticks out of the phone's body by merely 0.51 inches, meaning that the phone won't lie flat on its back. The phone weighs 5.6 ounces, and has the matte yellow, white, or black color. Because the Lumia 1020 has high resolution, it will be hard to upload pictures and videos. For these reasons all your pictures will be saved as five megapixels for easier uploads. Moreover, the phone has four applications for the camera: Nokia Pro Cam, Panorama, Cinema Graph, and Nokia Smart Cam.

This phone has Windows 8, and features such as office hub, photo hub, visual voicemail, XBox SmartGlass, Internet Explorer 10, SkyDrive, and of course live tiles. All in all, this phone is the perfect phone for picture taking due to its high-resolution camera.
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