Launching into Spring with UIB

DANIEL KLEIN
STAFF WRITER

ZACHARY RANE
STAFF WRITER

With over 110 different clubs and organizations on the Providence campus, it sometimes becomes a blur for students to determine what group they want to join. Options include Greek Life, academic clubs, religious and cultural organizations, special culinary clubs, student publications and student government. One club that seems to be known more of what they do than who they are is the student programming group called UIB.

The University Involved Board, nicknamed on campus as “The Fun people” are mainly known at JWU for their planning of the annual Wildcat Wahoo, a carnival and concert that concludes spring week near the end of the trimester. Yet, UIB does more than that; they also coordinate the other events and activities in the four major weeks (welcome, freak, winter and spring), plan weekly movies, concerts, magicians, comedians and so much more. They even head up the organization of the annual SmoBlah.

“Wouldn’t it be funny if Wiz Khalifa was here, That’s my guess”

But with all of those events going on both weekly and through the trimesters, there is a lot of hard work and detail being put in by the UIB members to get the Providence students excited about their club. One way they are doing this is by hosting a launch party on March 26th at 7 pm in Pepsi Forum. At this event will be various prizes, raffles and giveaways, information on the new and improved UIB and how to become a member, a musical performance by guitarist Chris Ayer, stand-up comedy by Ben Hague and two more big things.

The first is that the winner of the first ever JWU cupcake wars will be chosen by you, the audience. The winner will receive a $200 gift card and the audience will get to try all of the entrants’ cupcakes. The second is that the big question on everyone’s mind will finally be answered (and no it is not pertaining to Charlie Sheen). During the UIB launch party, the name(s) of the performer(s) of the Wahoo will finally be announced. With big names like Dashboard Confessional, Nickelback, Yung Joc, 3OH!3 and Ludacris signed to perform over the past few years this year’s announcement will surely deliver excitement.

So stop asking yourself what is UIB or thinking that they only plan the Wahoo and come out to their launch party on 3/26 at 7 pm in Pepsi Forum. There will be food, fun, prizes and so much more waiting. Remember that the big announcement of the Wahoo performer(s) will be made exclusively at this party and tickets will be on sale at half price for this event ONLY. Make sure you get there as Wahoo in the past have sold out and the only other way to get your hands on some would be to win a free pair in the raffle.

Student Government Association
Spring Election Applications Available

If you didn’t get a chance to attend the SGA election information session last week, you’re still in luck. Applications for election are available in the SGA office located on the first floor of the Citizens Bank Center for Student Involvement (CBCSI). You may visit either Student Activities location (CBCSI or IBC) to pick up an application packet. All applications are due no later than Friday, March 18th by 4:30 at either of Student Activities location. For more information, stop by the SGA office, email us at ssu2@jwu.edu, or call us at (401) 598-1091.

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CRIME LOG

Welcome back from the break. With the warm weather approaching we would like to remind every one to close the windows and lock the doors on your vehicles. Also, please take a moment to secure the small items like phone chargers, CDs and GPS units. At your apartment or residence rooms do not leave items where they can be seen through the windows. Several USB drives have been turned into Safety & Security during this academic year. Most have come from the Computer Labs and University Libraries. Some people have been identified and contacted, yet, they have not picked them up. If you are missing a USB drive and wish to see if Security is in possession, please contact Campus Safety & Security at 401-598-1103.

NEWS BITES

Do You Need Your 2010 Taxes Done? The Johnson & Wales University Accounting Association, participating in the Volunteer Tax Assistance (VITA) Program, will be completing taxes without charge.

Where: Johnson Hall (on the corner of Pine and Chasten Streets in the same building as Starbucks and City Burger)

What: 5:30-7:30pm on: Tue, Mar 15; Mon, Mar 21; Tue, Mar 29; Wed, Apr 6; Wed, Apr 13

This free service is available to individuals with income of $45,000 or less.

 Civility Week 2011 JWU's 2nd annual event to promote positive behaviors within the university community will begin on Mar 28. This year's civility week will focus on bystander behavior, both inside the classroom and in everyday life. Throughout the week, students will be encouraged to take an active approach in changing the status quo in their classrooms, work environments, social circles and student organizations.

Photo Contest & Awards!

Submit a photograph with three themes:

(1) Pay it forward
(2) Unity/Diversity Acceptance and
(3) Civility in education/classroom experiences.

Students can enter up to 3 photos total
* Color or black & white photos are fine
* Submissions must be made by Friday, March 18, 2011
* electronically to acelaira@jwu.edu
Submit each entry with Name, Years, Major & a brief description of the shot
* Include which category the photo falls within and why (150 word max)

Due: 3/18/2011

Photography Awards

Monday, March 28th at 7pm in Pepsi Forum:
Photos will be displayed & winners announced following the keynote speaker
Friday, April 1st at 12pm on Campus:
Winners will be recognized at a luncheon with senior campus leadership
Wednesday, April 6th at 8am at the Radisson Hotel Providence Airport:
Winners will be recognized by Dr. Jean Kilbourne Awards will be given to the first place submissions in the three categories

The 2nd annual Civility Week 2011 promotes positive behaviors within the university community with a focus on bystander interventions.
Bellies Full of Burritos

DANIEL KLEIN
STAFF WRITER

The step-by-step of choices for burrito fillings helped me along with knowing what was being put into my food and what the flavor profile would be. The choices seem almost endless after choosing a tortilla shell and included two kinds of rice, beans, lettuce, cheese, meats, vegetables, salsa, guacamole, tomatoes, jalapeños, onions, peppers, sour cream and cilantro. Through a limited menu of burritos, tacos and quesadillas, I was able to discern what it was that I was looking for: a burrito belly; all the goodness of a burrito without the wrap and without it being the size of my head.

With a burning desire for Mexican food without being able to travel 2 hours home for some of the best, I went with two friends, Erica and Aubrey, downtown to Cilantro’s Mexican Grill, located across from Gabe Commons at 127 Weybosset St. The reason I mention traveling home is because the best Mexican food, one that I am literally addicted to, is found at Senator Salsa in Fairfield, CT. Everything else to me is never as good, but I figured I’d give Cilantro a try.

The dining room is what you walk into upon entering Cilantro’s, compared to other restaurants where you may enter near the ordering area. There are a good amount of tables, but for a Saturday afternoon it was quiet. We proceeded to the back to place our orders; Erica and Aubrey, both vegetarians got a meatless burrito, each with their own fillings and wrap. As for myself, I went with the burrito belly with brown rice, lettuce, cheese, chicken, cilantro, extra jalapeños, red onions, red peppers, salsa and guacamole. Instead of a tortilla, it was served in a salad container. We opted for a large order of chips and only one drink (2 of us went for water for free) and after a grand total of about $28 later, we sat down to dig in.

Right off the bat, I was happy with the huge portion of food that I had. I mixed everything together and drizzled some Frank’s Red Hot on it to add that heat factor that the jalapeños couldn’t bring on their own. The chips were heavily salted, but were very light that you kept wanting more, even after a while you needed to drink. Before I finished a fraction of my food, Aubrey had wolfs down his burrito, which I could’ve sworn he hid somewhere else.

“It was alright” he explained. “The corn salsa was definitely the best part.” Erica, on the other hand, was taking her time digging through her enormous wrap.

“It’s nice that you can get free guacamole if you order it vegetarian!” Erica mentioned about the burrito. “But there’s too much rice and not enough veggies. Also, everything is just smushed together in one end of the burrito.”

When she showed me what she was talking about, I completely understood. Since the burrito was built by piling everything on top of the last, the rice and beans were hot on the bottom of the tortilla and the cheese and lettuce and tomatoes were cool on the top part. It didn’t seem like the ingredients melded together, rather they were just there as a part of the whole dish.

All in all it was a pretty decent experience. I know most Mexican food won’t ever live up to the expectations I have, but Cilantro’s did a great job with some interesting combinations. If I were to choose quick Mexican food, I would go for it over Chipotle. With the fair prices and huge portions, I can only imagine how much JWU could get off two burritos for the price of one on Tuesday evenings.

Restaurant Review: Pho Paradise

SAMANTHA KERVORST
ASSISTANT EDITOR IN CHIEF

In terms of decor inside the restaurant, there really isn’t any inside of Pho Paradise, located on 337 Broad Street downtown. There are no fancy photographs of Vietnam; there aren’t any characters spelling out any words anywhere. The restaurant is relatively plain, expect for the two decorative, large mirrors on either side of the restaurant and a framed portrait or two. The tables, on the other hand, suggest an Asian ethnicity. As you approach your seat, you see a caddy of chopysticks and large soup spoons that sits on the table. There is no array of servers waiting to greet you; in fact, there is one server for the entire dining room (at least, that’s how it was when I was there). He’s friendly, speaks very good English, but still has that Vietnamese twang to provide an “authentic” feel. Also, the menu has the names of each item in both Vietnamese and in English with an accompanying description.

However, my friends and I had not yet discovered the real jewel of this restaurant. It sparkles from behind the double doors that lead to the kitchen, it’s only truly noticeable when you inhale, and the aromas of various stocks combine with scallions and cilantro to tickle your olfactory senses in a dish known as Pho.

“When something is classified as “authentic”, that generally means that it’s made according to a tradition or custom, the way that most people of that culture would recognize it. I think the Pho in Pho Paradise is pretty authentic, for being made in America. Most of the ingredients probably come from the Asian market right next door (the market only takes cash), which probably suggests that the ingredients are always fresh. Also, each of the spices in the broth is able to be picked up on the palate and associated with being indigenous to Ho’s home continent.

I believe that my experience at Pho Paradise was both authentic, yet still slightly westernized at the same time. The food seemed to be authentic, but the sitting and layout of the restaurant only resembled a typical Americanized Chinese buffet. Also, some of the portion sizes, I believe were clearly made to cater to the American stomach. I ordered the small sized bowl, and it was definitely enough to feed two people, I can only imagine what the large and extra-large sized bowls looked like. I know that hardly anything stays 100% exact when it’s brought over from a different country, but I’m proud to say that Pho Paradise was pretty close.

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Marvel vs Capcom is Back with Vengeance

LAURA SARKINIAN
GUEST WRITER

Marvel vs. Capcom is an immensely popular 2-D fighting series starring some of the fan favorite characters from several Marvel comic books and Capcom games. After over 10 years of waiting for a new addition to the series, Marvel Vs Capcom 3: Fate of Two Worlds finally brings something the fans can drool over once again.

The graphics, without a doubt, take advantage of the processing power of modern consoles, as everything is highly detailed. Iron Man’s suit is so shiny that it could cause blindness at the right angle, and certain backgrounds are so vast that they seem less like stages and more like actual environments.

As in all fighting games, the controls are fairly simple to understand. In previous MVC titles, there were two buttons to punch with and two buttons to kick with. However, the controls in this game have been simplified further. Combining punches and kicks into attacks and lowering the button count to three, which were made in mind of bringing in new players. Now, there’s one thing everyone who’s played a fighting game knows about, and that’s combos. While new controls make it easier to “button-mash” your way into doing special moves, one has to execute them at just the right time in order to do any real damage to an experienced player. Making the game more challenging, one can’t simply mash their way to victory unless the opponent really, really sucks.

Also added to the game was the ability to swap between team members mid-combo (this series is known for 3 Vs 3 matches) and several other features that experienced players can take advantage of to really put the hurt on the other team. No need for friends because you have the option of going through the single player mode or fighting other players online. Supposedly, the online play is monitored so that you’re only matched against players who have similar skill levels to yours. I can’t actually confirm this from my own experiences, as it seems just as randomized as any other game’s match-ups to me.

The character roster really delivers, for the most part. There are the “given” characters that are expected to be in the game, such as Ryu and Wolverine. Fan favorites are aplenty from the previous games, like Magneto and Iron Man. A slew of new characters, including Deadpool and Devil May Cry’s Dante, are available as well and can put up a fight on most teams.

Like most games that involve fighting, there is a “tier” that ranks the power of all of the characters. Personally, these tiers take a good portion of enjoyment out of playing the game. One problem I have with the character list is that there may be several additional characters released over time through downloadable content, but this is purely speculation.

Overall, the game is very enjoyable. If fighting games, superheroes, or fast-paced action isn’t your interest, you might want to try it before buying it. Marvel Vs Capcom 3: Fate of Two Worlds is addictive to a wide range of audiences and much like the subtitle implies, this is “FTW” (for the win!)

Look For it on DVD

Drive Angry (3D) Review

NIALL McPHERSON
STAFF WRITER

Nicolas Cage’s latest film to bit theaters is Drive Angry (3D). Set in the south (Texas, Louisiana and Oklahoma), the plot line follows John Milton, (Cage) a man who has escaped from Hell, to kill Jonah King (Billy Burke) a group leader who killed his daughter and plans to kill her new born child within a ritual. Milton finds help, when he meets a diner waitress, Piper, (Amber Heard) who assists him after leaving her job and boyfriend. However, a man known only as The Accountant (William Fichtner), is sent by satin in order to return Milton to hell.

Despite being set in the modern day, it has elements of movies such as Death Proof and From Dusk Till Dawn in it including the locations and involving death with cars. The storyline line seems good in the beginning, but as the movie goes on you begin to lose interest in the story as it seems too many things are going on at once. The 3D effects, which are billed as excellent because the movie was shot in 3D rather than converted post production, are for the most part disappointing as you feel that if the movie was standard 2D you would miss very little and save money on your ticket. It’s not all bad, as there are some good action scenes, some of which include gore and blood which are well done if you like that within a movie. If you want to see this I recommend triing to find it in standard 2D and watching it, but if you dislike a lot violence this movie is not for you.

3 Stars (3/5)
Drive Angry (3D) is in cinemas now
Interview with Ryan “RyMo” Moran of Slightly Stoopid

Reena Chitkara
STAFF PHOTOGRAPHER

Reena Chitkara had the privilege of catching Ryan “RyMo” Moran of Slightly Stoopid to talk about the hectic life of touring, their crazier shows, and of course, sage advice from anybody wanting to pursue their dreams.

Describe a normal day on tour:
Wake up whenever, find coffee, get set up, eat lunch, sound check, hang on the bus, eat dinner, have a cocktail, play show, have a cocktail, hang on the bus, drive to the next city, sleep... repeat repeat repeat.

What is the hardest part about being out on tour?
There are about 12 guys sharing a bus. It gets really small fast. Being away from family, friends, and familiarity.

What is your favorite song to play live? All of them. Each tune has its own vibe and feel.

What is the craziest show you guys have ever played and why?
We had a great set this past summer at Lollapalooza in Chicago. We played between Social Distortion and Green Day. It’s pretty fun setting up your gear and listening to one of your favorite bands.

What’s the best part about playing live on stage?
The energy is over the top. Heavy adrenaline.

What’s the recording process like with you guys in the studio? Is it a relaxed setting? The recording process varies from tune to tune. Sometimes we’ll start with a lyric, or a bass line, or a beat. Often we build it out by part. If we are on stage or just jamming at the studio things take shape pretty quickly. We recently built our own studio in San Diego and it’s super relaxed. We have our sound engineer Jitwir there and the new stuff is really sounding good.

You all are obviously very inspirational to other bands out there, but what bands/musicians inspired you to get into music? For me personally, Led Zeppelin was a huge inspiration. I had exposure to lots of different music at a young age. The list is reeeally long, but an abbreviated list would be: Fishbone, Don Carlos, Toets And The Maytals, Hendrix, Bob, Jill Scott, Miles Davis, John Coltrane, NOFX, Op Ivy, Tupac, Snoop, Dre, Gregory Isaacs, Sly and Robbie, Boethoven, Mozart, Bach...the list goes on and on.

Despite any and all obstacles life has thrown your way, what motivates you guys to continue making music for over a decade and not get put down? We have been fortunate to maintain our independence and do our thing our way. Life has its challenges, but music has kept things moving forward in our lives. We have been making music that we enjoy playing on the nightly. We try to keep things fresh and spontaneous and that allows us to grow.

Would you say that being in Slightly Stoopid throughout the years has matured you or even bettered you as individuals? Yes. For sure. Traveling heavily for years around the world will do that to you.

What is the best advice you can give to your fans about making it to where they want to be in life? Follow your dream and make it come true.

From all the years that you guys have been in Slightly Stoopid together, from touring to recording to just anything that you have been through in this whole experience, what is one thing that you can say you have truly learned about life? Humility and respect will take you far.

Jungle Fever Spreads at the PPAC

SAMANTHA KREIVORIT
ASSISTANT EDITOR IN CHIEF

I sat anxiously in my seat as my watch read 7:30 p.m. I could feel the excitement building up inside, and I found my fingers to be tapping in a fast paced rhythm on my right armrest. “These four minutes really need to hurry up,” I thought to myself.

I had seen The Lion King in its home theater on Broadway once before, but that was when I was in the sixth grade so my memory of it was a little fuzzy. When I saw that it was going to be playing at the PPAC, I willingly handed over my credit card to a spounge on the $83 ticket price. In order to avoid my viewing pleasure being destroyed due to small children, I chose a Saturday night, the time when mommies and daddies hire a babysitter so they can go out.

As the lights in the theater dimmed, the familiar melody of “The Circle of Life” was playing, as life-like representations of animals from African Safari paraded down the aisles to the stage to welcome new-born Simba into the world. Everything from zebras, to rhinos, to birds, to gazelles and antelope was represented, and they all cheered intensely when the Rafiki character presented Simba from the top of Pride Rock.

The rest of the show continued similarly to the Disney cartoon version, re-creating this crowd favorite, with an occasional original song or two, and even some newly added jokes that made things even more interesting to watch. The characters were well played, and the costumes 7 songs were executed incredibly and authentically. I absolutely recommend this show to people of all ages, but I suggest being tickets early, as they do sell out quickly. There’s only one thing I can think of to say to anyone who may have missed the show, “It means that you are a baboon, and I am not.”
What's happening on campus?

Find out who is coming to Wildcat Wahoo

Saturday, March 26th
7pm | Pepsi Forum

Experience UIB

Concert: Chris Ayer
Comedian: Ben Hague
Cupcake Wars: Finals
Novelty: Free Water Bottles

Questions Contact UIB at UIB.JWU@gmail.com

UIB Launch Party

Use the QR-Code to learn more!

JWU
University Involvement Board
"We're the Fun People!"
March 25th & 26th
Applications are available NOW at CBCSI and HRC Student Activities Offices or via email at uibjwu@gmail.com.
Teams of 4.
Must be Baking & Pastry or Culinary Arts majors to apply.

Applications due Friday 3/18 by 4:00 pm

Come check out the action and try a cupcake after the competition:
Friday March 25th -- Round 1: Cuisinart Center for Culinary Excellence Lobby, 11am
Saturday March 26th -- Finalists: Pepsi Forum during UIB Launch Party, 7pm

$200 first prize

For more information contact UNIVERSITY INVOLVEMENT BOARD
at uibjwu@gmail.com or (401)598-2917
Civility Week 2011

Monday, March 28th – Thursday, March 31st

11:00am-1:00pm: Civility Pledge Drive
Around campus or Red Sauce, HRC OSA Mezzanine Xavier Lobby, Snowden Brick Area
Sponsored by: Peer Mediators & the Office of Student Conduct
Students, faculty and staff will have the opportunity to sign pledges to commit themselves to contribute to JWU as positive members of the university community. The pledges will be posted around campus each day as more and more students sign the “Wildcat Pact”.

Monday, March 28th

*Awaiting Location Confirmation*
3:30pm-4:30pm: Academic Forum
John Hazen White Hall 306 & 307
Sponsored by: Office of Student Conduct
This round table forum will allow for a discussion on current trends in the classroom and how faculty can be involved with promoting a positive change with students. Bystander behavior in the classroom and basic classroom civility will be discussed. Mike Dilbeck, the keynote speaker, will facilitate the conversation and discuss ways to empower those who want to make a difference.

6:00pm-7:00pm: Keynote Speaker
Pepsi Forum
Sponsored by: Office of Student Conduct
Filmmaker and speaker Mike Dilbeck addresses so-called “bystander behavior,” those times when a person observes something, recognizes it to be problematic, but fails to intervene in a constructive way. From alcohol abuse, to hazing, to gossip and hate speech, students need to know that speaking up or acting based on their values is absolutely necessary. His focus is to empower you in those moments in life where you want to make a difference, where you want to help someone and take care of them, and you don’t. (raproject.org)

Tuesday, March 29th

10:00am-11:00am: Gentle Yoga and Meditation with Ellen Fitzgerald - McCallum
Harborside Community Village
Sponsored by the Counseling Services and Residential Life
Enjoy a guided mediation and yoga session to relax and reduce stress

7:00pm-8:00pm: Athletic & Greek Symposium
Pepsi Forum
Sponsored by: Athletics Department, the Office of Student Activities, and Counseling Services
Both groups will be brought together to discuss how group think affects both chapter and team mentalities with decision making. Current trends and behaviors will also be discussed.
Seoul Fashion

SHANTIE MILLER
STAFF WRITER

The Development of the Korean Fashion Industry and Seoul Fashion Week continues to bring forth a very diverse style of Fashion Designers, due to the end of the military dictatorship in the 1980’s. Korea saw the arrival of consumerism caused by a surge in disposable income and economic growth, which paved the way for high fashion and the beginning of fashion shows in the 1990’s.

The government started to develop and emphasize Seoul as an international fashion hub. Consequently, Seoul Fashion Week began in 2000, financially spearheaded by the government. Over the last ten years, it has given many talented Korean designers the opportunity to show their work.

And with that recognition, the "globalization of Seoul fashion" ultimately became one of the world’s fashion capitals and leading force in the fashion industry. The scale and impact of Seoul Fashion Week continues to build its role as a major influence in the global market.

It hasn’t been easy throughout the years for designers in Seoul, with critiques pertaining to their shows saying that they are bland, conservative, and sometimes boring. Amidst the developments, Seoul Fashion Week as established itself as the leading event in Asia. Bringing forth talented designers such as Ju Young Lee, Bum Suk Choi, and Ji-Hyeong Choi, just to name a few.

Spring/Summer 2011 collection from Seoul fashion designers is an epitome of how much Seoul Fashion Week has developed to put on a great show as well as to feature a great collection.

Resurrection

Ju Young Lee Resurrection label is one of the most internationally recognized Korean Mementos. President of the collection, showcased with a live band focused on "fashion as functional" and the idea of clothes transformation between genders. Her ensembles incorporated lace and sequins into masculine suits.

Johnny Hates Jazz

Johnny Hates Jazz designed by Ji Hyoong Choi, appeals to the hip young professional. Neon accents, nonchalantly dangling belt ends, and bare shoulders were among the elements that took the clothes out of the office. Unify hair and almost no jewelry kept ensembles straightforward and bare; a smart styling decision that prevented outfits from feeling immature.

Photos courtesy of Youngist.com

General Idea

Bum Suk Choi General Idea collection was built with a response to the explosion of the fast fashion industry, derived from his personal work experience. In this collection Choi choose to concentrate on the urban young man who wants his personal style to reflect his individuality as well as his creativity. Choi’s looks ranged from graffiti-embellished jackets and short ensembles to classically.</p>
The Frugalitarian Guide to Surviving College

Metal Carp
STAFF WRITER

Are you finding yourself suffering from “Poor College Student Syndrome?” Try these suggestions to put a little more green back in your pocket.

FREE FLAT RATE SHIPPING
KIT: In order to promote their flat shipping rates, the United States Postal Service will gladly ship you 4 free mailing boxes, a flat rate envelope, as well as a helpful shipping guide with pricing. Once you complete the form online, it should take 7-10 business days to arrive at your home. Whether it weighs 2lbs or 20lbs, if it fits, it ships. I got my boxes! Stock up on other free supplies from their website as well.

$8 HAIRCUT AT EMPIRE BEAUTY SCHOOL: Stop paying excess money for haircuts! I’ve gotten my hair cut here twice now, and I absolutely love it! Because the people cutting my hair are students, I feel that it is easier to communicate how exactly I want my hair to look. If you’re a girl with long, thick hair like me, you should allot at least 2 hours to be there. But hey, it feels good when people do your hair. Other services they offer include haircuts, hair coloring, nails, spa, skin, and facial waxing. Prior to cutting customers’ hair, these senior level clinic students go through months of training and cutting hair on mannequins. A supervisor/teacher walks around the studio to oversee that everything runs smoothly. The stylists there even teach you how to style your own hair. Walk-ins are welcome.

Address: 151 Broadway Providence, RI 02903. Phone: (401) 272.4300. Hours: M-T 9:30am-3:30pm, 5:45-9pm, Fri-Sat 9am-7pm, closed Sunday. Check out their website at http://www.empire.edu/guest-

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INTERNATIONALLY SPEAKING

NATHAN SPENCER
GUEST WRITER

While attending the International Club's Tertulias and Coffee Hours, I have learned a lot about international students and realized that we have a bad habit of expanding outside of our horizon of friends and getting to know people of different cultures. I have learned a lot about different cultures including China, Venezuela, and Saudi Arabia, and how their system is a lot different from the American system. After attending these events, I have realized that it is very important to meet and learn about each international student's background, family culture, and beliefs and values. I have learned a lot from international students and speaking with them. It also expands a domestic student's knowledge about what happens in other countries, and it also gives a chance for international students who plan to be in the United States for a while to understand our customs and values. International students get a good understanding of the American culture and domestic students can benefit from interacting with students and teachers from a variety of countries.

Having one on one experiences with international students and sharing stories with each other has really given us both a greater understanding of each other. I feel like both international and domestic students should take advantage of learning about one another's history. Students like me who are, just focused on their academics really feel as if they don't have time to interact with international students or some students may feel intimidated to meet an exchange student with the fear of mispronouncing someone's name or not understanding one's language. It is important for international and domestic students to get to know each other so that international students can learn more fluent English and there may also be a time where the two different backgrounds may have to work together and if you know a little about one culture it wouldn't be so hard working with that person. International and American students should be able to interact because an international student's view on an American may be different if they interact with one another and vice versa. Before I came to Johnson & Wales University I didn't know anything about China or its history and after researching and hearing it from a foreign exchange student I didn't know that looking someone directly in their eye is disrespectful in China but here in America is respectful. Also, in the East, students aren't able to state their opinion but here in America we have a right to state our opinion and speak up. With an American student and international student getting to know one another I feel as if an international student may learn to state their opinions more often and have their own views on certain situations. International and domestic students can learn a lot from each other and while doing that they can gain up a friendship that may last a lifetime.

ADD VALUE TO YOUR DEGREE

JAMEL HARDMAN
STAFF WRITER

For most college students this time of year represents spring break celebrations. It's a time when students travel to warm destinations for parties and relaxation. Most students look forward to spring break more than they do the end of the semester unless, they're graduating. Yes, graduating with a degree is supposed to be the highlight of one's college/university career.

Graduation is one of the most exciting days of a person's life. Hard work and determination are rewarded on this day. However, this day also represents the beginning of the next phase of one's life when they can be classified as an introduction to the real world. Some graduates may have jobs already but as we know that is not always the case. After all the short lived excitement of graduation day comes to an end the frustration of finding work arrives. Graduates sometimes believe that because they have a degree they should be able to replace someone who doesn't. Employers will most likely disagree as they tend to go with experience rather than recent grads. Current college students should actually take note. Employers are looking for more than a degree. While many graduates and soon to be graduates may believe that it's impossible to graduate with both a degree and experience, most colleges offer plenty of opportunities for students to gain a tremendous amount of experience through participation in student clubs and organizations.

Here is my advice. Discover the opportunities that exist in areas that interest you and get involved. This is your chance to make mistakes and to gain valuable experience beyond the classroom. Participation in student activities sets you apart from other graduates. It gives you an edge in areas that interest you. So for anyone who is graduating in the near future, take advantage of extracurricular activities as you still have time to add value to your degree. The choice is yours.

THANKS FOR THE SNOWSTORMS!

JAMEL HARDMAN
STAFF WRITER

Here in New England we have suffered many what would describe as an extremely rough and miserable winter. The inconvenience and dangers of one of the worst winters in recent times because of snowstorms has had people across the region hoping for spring to arrive faster. For civilians, the inconvenience of snowstorms involves anything from shoveling to messy commutes and for the state it means rising cost for cleanup.

Although we in New England complain about snowstorms for various reasons, others across the world would consider themselves lucky to be where we are. After all, Japan just got hit with an 8.9 earthquake followed by a Tsunami. In the process the lives lost and total destruction amount to much more than the complaints we have in terms of snowstorms. I'm pretty sure if anyone were given a choice of living through an earthquake or snowstorm I bet most would choose snowstorm hands down.

Unlike an approaching snowstorm, earthquakes usually come without warning. Even hurricanes are tracked and give people enough time to prepare and even evacuate. While we may not have the very best weather on a daily basis we sure do have plenty to be grateful for. The tragic events in Japan should give us all a greater appreciation for what Mother Nature has provided us with. After all, it could have been a lot worst. May God be with the people of Japan and all affected as the world watches how the lives of so many can change in the blink of an eye.
**JWU Men's Basketball Knocks Off Ramapo, 114-106 In OT In First Round Of NCAA Tournament**

**Daniel Booth**
**DIRECTOR OF ATHLETIC COMMUNICATIONS**

Malawah, N.J. - The Johnson & Wales University men's basketball team knocked off Ramapo, 114-106 in overtime, at the Bradley Center in the first round of the NCAA Division III Men's Basketball Championship on Friday evening. It marks the first NCAA tournament victory in any sport for Johnson & Wales.

Johnson & Wales was led by junior All-American candidate Lamont Thomas (Providence, R.I.) with a game-high 43 points, nine assists and seven rebounds. Junior Calvin Jones (Providence, R.I.) added 18 points, seven steals and four assists while fellow junior James Folks (Salem, N.H.) recorded 16 points and five boards for JWU. Sophomore Mike Harris (Providence, R.I.) and senior Darren Fanst (Queens, N.Y.) had 15 points and 14 rebounds respectively to round out the double-figure scorers for JWU.

Ramapo was paced by junior Ahmad Hassan (Edgewater, N.J.) with a team-best 33 points, four assists and four rebounds while junior Reagan Brown (Jersey City, N.J.) tallied 12 points and a game-high 17 rebounds in the setback for the Roadrunners. Junior LaQuan Peterkin (Paterson, N.J.) sophomore Travis Conyers (Jersey City, N.J.) each had 19 points for Ramapo.

The two teams traded baskets early with JWU holding a 12-11 advantage after a three-pointer by Thomas with 16:08 remaining on the clock. The Wildcats then went on a 13-2 run, capped by a layup by Thomas to take the 25-13 lead with 13:56 left in the first half. JWU’s largest lead of the game came after a jumper by Fairst made the score 32-17 and 12:04 left in the stanza. The Wildcats would control the action for the rest of the half and took the 58-46 lead into the locker room at halftime. JWU shot a remarkable 61.1% from the field (21-36) in the half, including 21 points from Thomas and 11 from Harris. The Wildcats forced Ramapo into 15 turnovers and converted them into 19 points in the stanza.

JWU ramped back into the game and cut JWU’s lead to 61-59 on a pair of free throws by Peterkin with 15:12 remaining on the clock. The Wildcats then used a 12-4 run, capped by a jumper by Fairst to regain their double-figure lead, going up 73-63 with 12:35 left in the contest. Once again, the Roadrunners responded and cut the lead to 77-74 on a jumper by Hassan at the 9:30 mark. Ramapo used a 16-6 run, capped by a three point play Conyers to take the 90-83 lead with just 4:36 left on the clock. JWU refused to quit, however, and a long jumper by Jones tied the game at 98-98 with just under seven seconds left in regulation. A desperation three-pointer at the end of regulation would send the game into overtime tied 98-98.

“Sometimes when we were down by nine, I knew the game wasn’t over and we had to go back to being ourselves,” said JWU head coach Jamie Benton. “Lamont hit those two big threes. Calvin had the jumper from the corner and we were back in business.” “They picked it up when they had to and I’m very happy our seniors got to experience and NCAA victory.”

Johnson & Wales dominated the first three minutes of overtime and took the 108-100 lead on a free throw by Thomas with just 1:45 left. Ramapo would trim the lead to 110-106 on a basket by Conyers with :45 on the clock.

With the win Johnson & Wales is now 21-8 overall while Ramapo finished its season with a 20-7 record. The Wildcats will return to action on Saturday, March 5th when they take on Buffalo State in a second round matchup at 7:00 pm at the Bradley Center.

**JWU Baseball Wraps Up Southern Trip With 4-3 Loss To Apprentice School**

**Daniel Booth**
**DIRECTOR OF ATHLETIC COMMUNICATIONS**

Newport News, Va. - The Johnson & Wales University baseball team wrapped up an eight game road trip with a 4-3 setback against Apprentice School at War Memorial Stadium on Sunday afternoon.

Johnson & Wales took the early lead when senior Nick Alcoso (Mehacki, N.Y.) led off with a double and later scored on an RBI double by fellow senior Teddy Katz (Pittsburgh, Pa.). Apprentice School responded with an RBI single by Josh Tuck in the bottom of the first to knot the game at 1-1. The game remained tied until the top of the seventh when an RBI double by Freshman Alex Pezzino (Hastings, N.Y.) put JWU up 2-1. The Wildcats extended their lead to 3-1 on an RBI single by Alcoso. "It would not be enough, however as Apprentice rallied with three runs, including an RBI single by Tuck, to take the one run lead in the bottom of the seventh. The Builders would then hold on for the 4-3 victory.

Alcoso was 4-for-5 with one run and one RBI for Johnson & Wales while Katz was 2-for-4 in the setback. Senior Jason Tsangrinas (Hinsdale, Mass.) suffered the loss for the Wildcats, allowing two earned runs on six hits with eight strikeouts in seven innings.

Tuck was as 1-for-3 with two RBI in the win for Apprentice. Corey Galloway picked up the win in relief for the Builders, allowing one run on four hits in three innings of work.

With the loss Johnson & Wales falls to 1-5 on the season while Apprentice School improves to 8-5 for the year. The Wildcats will return to action on Tuesday, March 15th when they host WPI in the home opener at Pierce Field at 3:30 p.m.

**JWU Baseball Falls To The College of Staten Island, 4-3**

**Daniel Booth**
**DIRECTOR OF ATHLETIC COMMUNICATIONS**

Myltte Beach, S.C. - The Johnson & Wales University baseball squad dropped a tough 4-3 decision against the College of Staten Island at Ebbets Field on Tuesday afternoon.

Staten Island took the early 1-0 lead when junior Joseph Cassano, who led off the second inning with a single, scored on an RBI single by fellow junior Sal Todoroff. The Dolphins extended their lead to 2-0 in the bottom of the sixth on an RBI single by Cassano. CSI capitalized on a pair of walks in the bottom of the seventh to gain the 3-0 advantage.

When the Staten Island lineup stepped up to the plate, they showed their ability to plate runs. The Dolphins found the bottom of the stanza, scoring twice on a single by senior Nick Marin (Huntington, R.I.) and a sacrifice fly by sophomore Bryan Moreno, making the score 4-0.

The Wildcats refused to quit, scoring three runs on seven hits, but it wasn't enough as the Dolphins went on to win, 4-3.