A Winter Wonderland at Snoball

John Foley
Staff Writer

They came by buses and cars through the blustery night to Johnson & Wales' perennial formal, and although there was none of the icy, white precipitation on the ground, the Snoball, sponsored by the University Involvement Board lived up to all other expectations. Featuring a live DJ, multi-course dinner and full-service bar, the event saw scores of students pack the balcony of the Crowne Plaza in Warwick.

The evening began with arrivals and reception at the foyer, followed by a dinner that received mostly positive reviews.

A centerpiece at a table.

"V-Day" Returns to Johnson & Wales University

Stephanie Lynan
Sports Editor

Dr. Peralta's Media Relations class held a press conference on February 8, announcing the return of Eve Ensler's "The Vagina Monologues" return to Johnson & Wales University. The event was announced in the Pepsi Forum by Kateylin Spurr, Steph Moore, Mark Benet, Meg Astro, and Kara deCarvalho. The key note speakers were Dr. Mariana Dias and Korina Ramsland. They discussed Ensler's inspiration for the show, their own personal experiences, and what the show means to Ensler and other women, including themselves.

The students chose to open the press conference with a reading from the play. Dr. Dias then went into explaining Ensler's goal for the play to make women and men comfortable with the word "vagina." Ensler was a social activist and actor who wanted to educate people on abuse, herself being a victim of abuse at the hands of her father. Dr. Dias had the privilege of working with Ensler in New Orleans with V-Day's fundraiser "Until the Violence Stops.

After helping women of the Katrina Hurricane, who were abused, and traumatically scared Ensler turned to working with impoverished women in the Democratic Republic of Congo. When Korina's turn came to speak, she spoke about her own personal experience with women in crisis. She stated that the abuse of women affects all. "This is not a women's issue, this is a human issue.

Korina also talked about how the "Vagina Monologues" got started right here at Johnson & Wales. In its third consecutive year, it features students, staff and faculty performing Ensler's retold stories reading off of cards, never memorized. This year's performances were held on February 10th, 12th, and 13th, on both campuses. Currently, there are over 900 universities worldwide performing this play, including Providence College.

However, off campus Beneficent Church placed a ban on it that was delivered by President Father Stanley.

All proceeds from this event will go to "V-Day" (10%) and the rest being allocated to Providence's own S.O.A.R. program and V-Day Haiti (a safe house located in Haiti destroyed by the recent Earthquake). With successful showings in the past Korina and Dr. Dias hope expect a great turn out and for the audience to leave with a better understanding of women.

Under The Mohegan Sun

Samantha Kefrovot
Editor-in-Chief

Saturday, January 30th marked the beginning of the 7th Annual Sun Winefest at Mohegan Sun Casino and Resort. This extraordinary two-day event brings together some of the biggest names in the culinary world along with some of the best tasting wines, spirits, and beers from around the world. The energy throughout was as brilliant and vibrant as the Mohegan Sun itself, and the Johnson & Wales University Special Functions Club was there to absorb every drop of it.

Forty students, supervised under Steven Shipley, the Director of Alumni Relations, as well as some of the staff and teaching assistants of the College of Culinary Arts got to be paired with superstars chef, where they helped to prepare and plate the chef's delicious delights for over 700 people. Robert Irvine, Todd English, and Bobby Flay were only some of

the star-studded cast in attendance.

In addition to hosting the superstars, recognized talents such as Executive Chef Michael Luboff, Chef Craig Schmalz '81, and Executive Pastry Chef Lynn Mannel call home. Chef Mannel is known for building the world's largest wedding cake, weighing 15,032 pounds and having a height of 18 feet.

"I think it's great to have the students here," says Schmalz. "It's a really good opportunity to network and make connections. They didn't have this kind of stuff when I graduated, I wish they did."

Students enjoying the music.

Students with Robert Irvine.
Nicolet Gerincher/The Campus Herald

232 Weybosset Street, Providence, RI 02903

campus_herald@jwu.edu
**Crime Log**

<table>
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<th>DATE &amp; TIME</th>
<th>TYPE &amp; LOCATION</th>
<th>DESCRIPTION</th>
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<tbody>
<tr>
<td>Monday, 2/8/10</td>
<td>Attempted Robbery / Hospital St. in front of Imperial Hall</td>
<td>A male subject attempted to rob a student. The suspect exited a vehicle parked across the street from Imperial Hall. The suspect grabbed the student and demanded his wallet while threatening him with a crowbar. The student broke free and ran to the Campus Safety &amp; Security office. The suspect was seen re-entering the vehicle which fled the area on Elbow Street.</td>
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<td>at 12:10 am</td>
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| Wednesday, 2/10/10 at 12:42 am | Arrest / Off Campus     | Three students arrested and charged with an alcohol violation. |

**Prevention Tip:**

Walk in groups after dark. Immediately report suspicious persons or vehicles to police or campus safety & security.

If you have any further information regarding these incidents, please contact the Crime Prevention Unit. All calls are confidential.

(401) 598-2947

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**Dr. Drew Keeps it Grown and Sexy**

**Megan Sylvia Staff Writer**

Dr. Drew Pinsky of VH1’s “Celebrity Rehab” recently visited Johnson & Wales University to speak to students about issues such as relationships, sex, and love. The Xavier Auditorium was packed with students anxiously awaiting for Dr. Drew to take the stage. As Dr. Drew made his appearance, the audience lit up and cheered. Pinsky began the show by speaking about his background and how he began his career on the radio. He talked about how he was motivated by the fact that sexual health used to be an issue that was unacceptable to speak about, and felt that people needed to learn about how to keep healthy sexuality.

Dr. Drew then involved the audience by asking what they thought the most common issues men and women asked about on the radio were. One girl in the audience said, “guys care about sex, and girls care about love.” She got a lot of applause from the other females in the audience. Other audience members said things such as “why men can’t always please women.”

“how men feel self-conscious”, and other sexual issues. Dr. Drew commented, “we got the men worrying about the men and the women worrying about the men.”

Dr. Drew mentioned a study on college women and their thoughts on their social life. According to the results, most women in college were generally unhappy with their social life, and they find that they only have three real choices: one, they can hook up, two, they can be in a steady relationship which is often rushed into, and three, they can have friends with benefits. Dr. Drew then asked the audience why alcohol is always involved in hookups. This sparked a lot of feedback from the audience. One male audience member said, “because the females want an excuse to hookup” One female audience member then added, “we drink to break out of our shell.”

Another said, “you gotta drink until he’s cute!” This comment also set off a lot of laughter and applause from the audience. Someone else said, “girls drink to block feelings they may have from a hookup.” Dr. Drew added to this that, “oxytocin surges with sex. It’s not your fault that you have feelings for someone after.”

The talk then led to a discussion of a double standard which is evident in society. “If a guy has sex a lot, he’s the man. But, if a girl has a lot of sex, she’s a slut.” one girl from the audience said. Another audience member mentioned that women judge other women for their behaviors more than men judge women. Dr. Drew then said that statistically, 80 percent of men are willing to do anything with a girl, even knowing their past behaviors.

The conversation then verged towards the topic of why men seem to always want sex over a relationship. Several female audience members asked why men never want to stop and have a conversation before sex, and why many men seem to only be interested in hooking up with women. Dr. Drew said, “conversations literally builds natural health,” saying that it is healthy for men to actually stop and take the time to talk to a girl before trying to have sex with her. One male audience member asked, “well, why is it when a nice guy like me comes along and wants to talk, the girls don’t give us the time of day?” The audience reacted to this comment with a series of “aww’s”, and Dr. Drew responded by saying that often times, girls can’t help but being attracted to guys that may hurt them, or that are not “nice” guys. “If you go through trauma in your childhood, you’re magically” attracted to similar people so you can repeat the same trauma over and over again. It’s a wiring issue in the brain.” Dr. Drew’s time ended with this, and he concluded with a short story.

Overall, Dr. Drew’s show was a great success. He had the audience on the edge of their seats throughout that whole show, and did a great job getting people involved.
The Great Indian Experience

SWAMI NEAR STAFF WRITER

The jingle of the bell when you pull open the door, the red carpet treatment that you get as you enter, the rightly placed magnificent idol of Lord Ganesh towards the end of the hallway, that peculiar aroma of Indian spices in the air and the warm welcoming smile of the hostess at the podium gives you the feeling that you are at the right place for all the right reasons.

This place is none other than the Indian restaurant called Kabob and Curry, located at 261 Thayer Street. One of the reasons why myself and a friend of mine decided to dine there was there was amazing cuisine; the second being because I was dying to taste some "good" Indian food. The Indian artwork and the red and gold colors almost immediately made me feel at home. The restaurant consists of two levels; upstairs, which is used for large parties and banquets, and the lower level is for everyday dinner. We were seated in the lower level with a view facing the bustling and bustle of Thayer Street, the best seat in the restaurant. Just as I was going through the menu, I couldn’t help but notice the similarity the names of the various food items had to those back home.

The menu starts listing the appetizers followed by the entrees. The best part being, all the food items have symbols next to it whether they are gluten-free, vegetarian, dairy free and the various levels of making a particular dish spicy. There are a large variety of flavors and meat, from chicken to mutton to lamb, and also fish and shrimp. They also had the Tandoor section which I was thrilled about. I told my friend "I am going to try everything from each section". Before the appetizers were served, we took delight in munching on to their complimentary lentil crackers, also called papadams and accompanying that were a trio of chaatneys (sauces); onion, tomato and mint. I was patient enough to

teach my friend all the Indian names of the dishes and help him pronounce them. Appetizers were served followed by the main course.

One thing about the restaurant that is unique is their pricing. Ironically the lunch price for entrees ranges from $7 to $9, whereas the dinner price for entrees ranges from $10 to $13 with more quantity in them. Plus, all the entrees are served with saffron rice. Since I was familiar with the menu, I ordered the potato and peas samosa from the vegetarian section and the chatpata chicken tikka from the non vegetarian section, for appetizers. As soon as I was on my last bite, the ever-so-attentive server promptly got us the dinner plates to serve the entrees. My friend ordered their famous dish called chicken tikka masala with garlic naan, a type of bread and the tandoori chicken. I wanted something a little spicier, so ordered the chicken vindaloo - X Hot. A snark from the server immediately told me that it would certainly be very spicy.

After gulping down a few glasses of my mango lassi, a sweet drink, it was time for desserts; since both of us had a sweet-tooth and were craving for something sweet after all that spicy, tasty food. The gulab jamun dessert was over with the blink of an eye, and so was the rice pudding. All that while, the server would come up to our table, refill our glasses and ask if everything was alright, besides the interval talks of what was going on in India and who is in control now.

With a few silent burps, we knew it was time for us to leave, rather reluctantly. As I was leaving though, the server did mention about the Sunday Buffet where it would be a buffet style of eating, a more casual style and you could keep refilling the plates many times as you want for just $10. We left that night, soulful and satisfied and all we could imagine doing was relaxing in front of our favorite T.V. show, with our mouth watering thinking about the Sunday Buffet.

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Delicious at Downcity

ALEX HOPPER STAFF WRITER

While Providence is a great place to find privately owned and operated restaurants, it is seldom that you come across one such as Downcity. Located at 50 Weybosset Street, it is in the heart of the Art district. The ambiance is warm and cozy, and the cuisine is the closest you can get to homemade comfort food. While the food is award-winning and the décor is pristine, what kept me coming back is the atmosphere. Depending on the night you dine, you may be seated by a man with a wig like Amy Winehouse, a chef like Dolly Parton, and in a dress for the red carpet.

Upon arriving to this orange pillared building whose lights gave the street a golden glow, I entered through an oversized door to smell something I haven’t encountered in months; real, home-made comfort food! I knew that this was going to be great before the door even closed behind me. It was a Wednesday night, so I half expected the place to be nearly empty; there were three people spread out over a twelve-person bar and something like eight of the twenty tables were occupied. I was seated and promptly brought fresh pita bread with a creamy garlic butter spread on the side. As I passed over the bistro style menu, my eyes caught so many delicious appetizers, entrees, and salads; finding one meal presented a challenge. After meticulously searching through the menu, I picked two plates: the award-winning meatloaf and the spinach and artichoke dip.

When my appetizer arrived, the smell of the fresh artichoke made me melt like the hot cheese that covered the spinach. Surrounding the molten dip were fresh pita chips laced in salt and pepper. Without hesitation I finished the dip with a vengeance and was ready to take on the entrée. As the meatloaf was placed in front of me, I almost felt defeated before I even picked up the fork. Two thick slabs of meatloaf, of which were covered in brown gravy, sat atop a mound of smashed potatoes with the sweetest and crunchiest corn I could find off of a cob. Again, as I felt with the appetizer, every muscle in my body loosened with every bite. As my stomach reached the point that it could handle no more, I set the fork down and evaluated the empty plates and cups in front of me feeling nothing less than completely satisfied, and then some.

Finally, it was the make or break for the spot as my favorite restaurant in Providence; the bill. My waiter gently set the leather-bound encasement in front of me. I opened the sleeve to be surprised with relief; $25.77. I downed two glasses of carbonated water, a plate of spinach and artichoke dip, along with a massive meal of meatloaf all for a twenty and ten dollar bill, including a tip. I say that I achieved success in the form of quite possibly the most delicious dinner I have experienced while at college.

As for the final verdict, I award Downcity a five out of five star award. The ambiance is inviting, the food is delicious, and the price is reasonable. You will definitely find me at Downcity again.
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<tr>
<td>District 9</td>
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<td>The Informant</td>
<td>1/7/10</td>
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<td>Saw VI</td>
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<td>Michael Jackson's This Is It</td>
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<td>Zombieland</td>
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<td>Couple's Retreat</td>
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<td>Precious: Based on the Novel</td>
<td>2/11/10</td>
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<td>Where the Wild Things Are</td>
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Thursday films are shown at HRC at 9pm
Sunday Films are shown at Xavier Auditorium at 1pm

Questions Contact UIB @ 401-598-2917

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"Dear John" Can be Returned to Sender

"Dear John" stars former teen stars Channing Tatum and Amanda Seyfried, and is based on the 2007 novel by Nicholas Sparks. The fifth one of his books to make it to the big screen with "The Last Song" coming out in March 2010, and "The Lucky One" currently in production. Based out of Charleston, South Carolina (as are many of his books), it portrays the story of a young soldier and the girl who taught him to open up. While crossing paths on a spring break trip and a two week leave the fall in love and decide to continue their relationship while John (Tatum) finishes up his tour of duty in Germany.

Told through their letters to each other, they open up about themselves and what they plan to do with their lives while they are apart and once they come back together. While in the beginning of their relationship, September 11th happens, and John decides to extend his tour. Their relationship continues until Savannah (Seyfried) breaks it off in an ironically titled "Dear John" letter.

John gets injured after the break up letter and after his recovery decides to make a career out of the Army. Savannah marries her neighbor who is diagnosed with stage four cancer, so that she could care for him and his son Alan. Their paths cross again when John's father has a stroke and he must come home to see him, and ultimately, bury him. While John is in Charleston he visits Savannah, which ends their visit in a fight and a final goodbye. John does however, sell his father’s coin collection and anonymously donates the money to Savannah’s husband Tim, to help him come home from the hospital.

In the final letter Savannah says that she misses John and that she hopes he’s happy no matter what he does. I’m not a huge fan of sappy movies, but I actually expected a lot out of this movie. I’ve enjoyed Sparks’ past movies, such as “A Walk to Remember” and “Message In A Bottle” (mostly for my love of Kevin Costner and Shane West), but his last three movies have disappointed me. I expected a lot out of “The Notebook” and was disappointed, the same with “Nights in Rodanthe.”

Sappy tearjerker movies are really not my thing, but I thought this movie would be really good. There was no real climax of the movie, I guess you could call her break up letter to him the climax, and then the rest just wasn’t very good. I never read the book, which I’m sure is a 100% better because Savannah is a literary genius, but after seeing this, I don’t know if I really want to.

There was no horrible acting or cinematography to critique, the storyline just wasn’t that good. It makes me really scared to see his next book made into a movie, “The Last Song.” I guess people really liked it though, the girl who sat behind me in the theatre sobbed the entire movie, and it did beat Avatar at the box office (the first new number one movie in 7 weeks). I think it just made me realize that me–Nicholas Sparks moviers–endlessly disappointing.

Super Commercials of the Super Bowl

Daniel Klein
Staff Writer

Super Bowl Sunday. My favorite day of this month only because it was my birthday, and The Who performed at half time. Yet, I was excited to see the culmination of another season of football between two of the best teams in the league. Ever since I was little, the Super Bowl was quite possibly the biggest sporting event of the year. This year’s game was watched by 106.5 million (average) people in the U.S. alone, which shows how huge it truly is. However, not everyone watches the Super Bowl just for the game itself, there are also the commercials. For me, I love watching the games, if you believe my brief history lesson, you will understand me better in the end.

In 2007 though, I witnessed quite possibly the worst Super Bowl in my lifetime. It was a rainy and very sloppy game between the Bears and Colts that seemed to have more turnovers then a pastry shop. Yet this game was a turning point for both parts of the Superbowl (the game and the commercials). Regardless on the game, the commercials have been very intense, better played and overall, extremely entertaining.

In 2008, the first decent Super Bowl game was played between the then undefeated New England Patriots and the wild carded Seattle Seahawks. It was a low scoring game that concluded with historical plays in the fourth quarter, an amazing catch with 35 seconds left on the clock and ended up with a Giant loss being handed to the Pats. In 2009, what seemed to be a boring blowout at first came down to an action packed fourth quarter, between the Arizona Cardinals and the Pittsburgh Steelers, which again ended with a winning pass with 33 seconds left to put the Steelers on top for good and their sixth Vince Lombardi trophy. This year’s game was highlighted by two number one teams, something that has not been seen since 1994, had some very exciting spots to it. For the 13th consecutive year, the NFC won the coin toss, there were those 40+ yards field goals completed by one kicker, interesting play calls including a controversial 4th and goal near the end of the second quarter as well as an amazing onside kick to start the third and the Tracy Porter 64 yard interception run to put the dagger in the Colts’ coffin. Though the Colts were favored by 4 points in Las Vegas, Saints fans wereCharmed in the hearts of most Americans, including my own. I was happy to not only watch them win, but watch another great Superbowl game.

Though the game was enjoyable, I cannot say the same about the ads. I have been disappointed lately pretty much since the 2007 Super Bowl with most of the commercials that have aired. The ones this year (for the most part) royally sucked. The majority of them were not that funny and some companies are getting too repetitive. I am tired of any Clydesdale horse commercial for Budweiser, any talking shankapossum babies for E*Trade (by the way, did anyone ever notice that they changed baby but while back?), and barely respectable advertisements for godaddy.com. Oh and I don’t care how many ways you want to show it to me or how funny it is, but I do not want to buy a Hyundai Sonata (even though their commercial with Brett Favre was funny).

Since I’ll pass on Doritos, Coca-Cola and Bud Light (as well as their ads), I was having a tough time this year finding some good commercials. I didn’t care for the cell phone carrier ones (Boost Mobile & Metro PCS), a rapping Charles Barkley for Taco Bell, or the predictable cars.com, Telелефora and Papa John’s ads. So instead of continuing on the classics mentioned, I wanted to make a list of my favorite commercials from this year’s Super Bowl. The criteria I based them on was as follows: originality, humor, creativity, and length. So here are my top 10-

#10 Google’s “Parisan Love”- Interesting and original and with a funny ads, I was intrigued. I wanted to make a list of my favorite commercials from this year’s Super Bowl. The criteria I based them on was as follows: originality, humor, creativity, and length. So here are my top 10-

#9 Late Show with David Letterman. This one was a bit funny even though I don’t watch his show or Leno’s (nor remember the 2007 commercial with him and Oprah).

#8 NFL’s “Best Fans on the Planet.” This started out with an awesome Reggie Bush clip soaring into the end zone, but lasted too long.

#7 Volkswagen’s “Punching Game.” Though I’ve never known it to be called “punch-dit” (I guess they’re renaming the game) this minute long ad was quite funny and ended with a kicker featuring Tracy Morgan and Steve Wonder.

#6邓氏’s “Chickens Across America.” I found this funnier than the other two (chickens silently screaming in space), but the joke faded and got a bit annoying due to repetitiveness.

#5 Kia’s “Jaycees.” A little lengthy, but still very cute and entertaining, especially how the monkey got a “moom tattoo.”

#4 Monster.com “Fiddling Beavers.” Monster has always been a decent and chucklesome ads and this year’s one can be added to the list, but they have gotten less edgy as of late.

#3 TruTV’s “Punxustowny Polamalas.” I got to say I enjoyed the creativity with this ad and didn’t know where it was going until the end, but it stuck with me afterwards.

#2 Budweiser (featuring Megan Fox). Even though I didn’t immediately recognize the actress in this commercial as Megan Fox, the truth is that I didn’t care what would happen if she did send out that photo was a comical one.

My #1 Snickers “Game.” The fact that any commercial could get Britney White and Abe Vigoda (google them if you don’t know who they are) to not only appear, but be football players, and have it look this good, is the reason why this one is the winner in my book (in addition to the annual Ad Meter)

So till 2011, I can only hope that companies will begin to plan on how to step their game up for commercials cause I know almost all the teams in the NFL are planning already to do so. And if you’re interested, search “Time’s Full Super Bowl List” to read through all of this year’s commercials and some interesting reviews.

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Technology Will Help Haiti With a Miracle

NEIL SHAG
CONTRIBUTING WRITER

Thousands of people die each year, but one deadly threat is the earthquakes, which occurred in the Caribbean nation of Haiti on January 12, 2010. The earthquake hit the southern half of the country, Port-Au-Prince, destroying many homes, stores, and businesses. There are families without homes on the streets, crying, screaming, and running around. They have no idea how to go; they are trying to find their families, digging out from under the buildings. The Government, the United Nations, and the UN agencies have fallen and buried a massive number of people. It is said that "Haiti is the poorest country in the western hemisphere."

Other countries are trying to contact their families and friends to see if they are all right, but all the communication lines were destroyed. The magnitude was 7.0. Everyone had to wait a few days before any news came in. I am sure that they didn't have phone lines or help. Shocked and helpless, in fear, hunger, and on the street, people in Haiti were waiting for news.

I was shocked when I heard the news on CNN, feeling like this is such a horrifying tragedy. I could not bear to see four families in such condition: Children were lost, everyone screaming around, thousands of dead bodies and more to uncover. I cannot believe such an event could occur.

Such events could happen to anyone of us anywhere. While my friend from last trimester was going home to pickup his kids from school, the event occurred around 11:52 am and he heard it on the radio at six. He was not very concerned because most of his family lives here in the United States States. Although he could not do anything because communications were out, he waited a few days. When finally all the lines of contact were up, he called his aunt in New York, and she said that his cousin called and they are all right, but his uncle's house was damaged. His family is fortunate for my friend to be here safe in the United States.

I hope that the digital world will make the best of communication that can help everyone. News spreading across the globe in this digital age helps mitigate the damaged and helps right away. Everyone is trying to put all the pieces back together, which is hard in such a time of crisis. Nobody else from others is given priority. The student body as a whole should hope such tragic events never occur in our lives. We will look for something better life, better technology to predict events and save lives. The International Center, the I-Club and the International Center are going to work together to create 1000 origami cranes to make a miracle for Haiti. Come to the International Center or Intercultural Center. Donate a dollar, make a crane and see it hung up in installation.

How the iPad Could Be Used in Business

CHRISTOPHER PRATT
CONTRIBUTING WRITER

On January 28th, Apple announced the iPad, which is the newest device from the world's leading technology company. By reading this article, you should have some idea of what it can do and how it is great for video and pictures, etc. But, let's see how this device could work for the world of business. One thing that struck me off the bat was that it included the app iWorks suite. This will be great for editing and preparing for presentation and word documents. Unlike the iPhone, which is more for viewing these documents, the iPad has much more functionality so that businesses and business users can actually edit said presentations.

There is another area that barley anyone describes a use for yet; restaurants. It is clearly an interesting place that this device could go into. I don't see it being very hard for a company to create an application that allows restaurateurs to put their menus on the device so the customer could just flick through the pages of the menu and then stick on a ticket and have a picture of it come up so the customer can see what the food will look like before they order. Since device is designed to be it would be easy to input pictures without affecting the layout.

Is Technology Dumbing Us?

ALEX QUINTERO
STAFF WRITER

I've been noticing that we are becoming too dependent on this tool called technology. I will confess, I find myself breaking out whenever I don't have my phone with me, and I can't even manage to survive for two days without checking out my Facebook (I already check four or more times while writing this article). So, the question is...is technology helping our generation or dumbing it? I took the time to research about this issue and interview individuals that surprisingly, thought technology was doing both.

When I asked Robotics and Technology major Curran about the issue, he surprisingly replied that "Technology is both dumbing and helping us." He explained that "it's still taking away our basic skills of survival." When asked about it, he was right. We are losing the art and tools for survivals the ability to be imaginative, analytical, the capacity to formulate and interact is being taken away by the Internet, texting and calculators.

How so? Ask and you shall receive.

Many are choosing to read on the Internet, which comes with visuals, making it more entertaining. What about picking a book and letting your imagination run wild? As for text books, do not count as reading books? I'm talking about reading books for the pleasure to learn new things, to copy over your couch and imagine the whole scene in your head, to analyze what is going on in the story and how it reflects in society or how you relate to it. Even if it's for research purposes, many are running to the computer to Google the information instead of taking the time to search through books, which by the way helps you learn, and by the way.

What about math? Can you decipher a mathematical formula in your head? Probably, whenever you go right for the calculator or the cell phone calculator to give you the answer. Parents and grandparents had to memorize numbers, equations, and even until five ago, they had to look back in the day. Nowadays, we can't even do that. I now know people who use their cell phones to find out how much 15% of a tax comes out to be. I am simply wondering if this is really helping us.

Are you agreeing now with me? Not yet? I see, well, let me add another edge to the equation. We have started to incorporate the "texting" language we speak when we and assignments, but that is not the biggest of the problems. We rather text than call someone or meet up with them. We have lost the sense of personal communication and face-to-face interaction. I've even caught myself texting my father instead of calling him up. I've even been drummed through texting (He's a total *ahole for doing it like that, by the way).

So, now do you get the drift on what I'm trying to say? Not to completely throw technology out of the window, but to understand ourself. A few days, a few weeks might be a good idea. Go take a road trip with friends and leave your cell phone at home. Take a weekend off from partying and lock yourself in your room with a new book. Write a letter to the student government talking them about the crappie job they are doing. Take a dinner with your new e-mailing theory. There are many ways to free yourself from being so dependent. Just try it! I am. My computer just died on me and I kind of feel pretty good.

How can this be different for many things and provided you don't mind staying in, it can be entertaining while being productive. You may be behind on some of your favorite TV episodes, so I recommend checking out Hulu.com for most shows. Or, you may have missed a few classes, so do your best to watch those classes, so a day of school is great to have up to date with reading, studying for a test, or even catching up or even just last thing to catch up on is one that may not be your favorite, but books are a great way to spend a snow day. Re-organizing the kitchen or bathroom, finishing those couple loads of laundry, tidying up your room and other housework can be completed on a day when "the weather outside is frightful."

Of course, if none of these suggestions that I have come up with work for you, then you could always stay in, curl up with a blanket and a nice fresh cup of hot cocoa and enjoy the latest edition of The Campus Herald!

Rejoice For Snow

DANIEL KLEIN
STAFF WRITER

"Since there's no place to go, let it snow, let it snow, let it snow." These songs lyrics are ones we all know and usually associate with holiday tunes, not necessarily a snow day. The snow when the weather is bad, going out and traveling is usually not advised, so most of us stay indoors. Those of us that are in class now might go right for the calculator or the cell phone calculator to give you the answer. Parents and grandparents had to memorize numbers, equations, and even until five ago, they had to look back in the day.

But, I think that most of us like to take the day, sleep in till a later hour and just lounge around for the day. However, when the snow day blues get you down, there are three ways to make a day off into a day on.

For those who still have the little kid in side of him/herself and enjoy going out in the snow, this first way is definitely for you. These are less common but productive. Go-Fishing or dice games (like Yahtzee) are usually more price efficient while having the same level of fun. Other things to do include having an X-Box or Wii competition, experimenting with different things to cook, or even holding a scary movie marathon. There's plenty to do, just have the found to have the why, when and where.

Yet, if you are like me, then a snow day is a day were you are doing nothing so there can be many different things and provided you don't mind staying in, it can be entertaining while being productive. You may be behind on some of your favorite TV episodes, so I recommend checking out Hulu.com for most shows. Or, you may have missed a few classes, so do your best to watch those classes, so a day of school is great to have up to date with reading, studying for a test, or even just to catch up on or even just last thing to catch up on is one that may not be your favorite, but books are a great way to spend a snow day. Re-organizing the kitchen or bathroom, finishing those couple loads of laundry, tidying up your room and other housework can be completed on a day when "the weather outside is frightful."

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NHL Happenings: Pre-Olympic Break Edition

There's been a lot going on in the NHL lately, including trades, losing streaks, and surprising leaders/losers. First, let's start with two big trades that have happened. The Anaheim Ducks traded their one-time Conn Smythe winning goalie to the Toronto Maple Leafs for forward Jason Blake and goalie Vesa Toskala.

The second big trade brought Ilya Kovalchuk to the New Jersey Devils for a defenseman, forward, and a prospect. Atlanta GM Don Waddell also unloaded goalie Kari Lehtonen and his $3 million salary to the Dallas Stars. There are sure more trades to come during the Olympics and the mad dash on this year's trade deadline. March 3rd.

Other trade rumors that have been swirling around are Carolina getting rid of Ray Whitney, the re-igniting of Scott Niedermayer leaving Anaheim, and the possibility of Fernando Pisani being thrown into a complete deal between Edmonton and another team. With NHL play being suspended from February 15th to the 28th for the Olympics, a scramble of trades might likely be in effect come the March 3rd deadline.

Another new trend is losing streaks. I don't know about you, but the whole point in that you're supposed to compete is to win, and it's something the Boston Bruins and Buffalo Sabres have been having a hard time doing lately. The Bruins snapped their winning streak on February 3rd vs. the Habs. The Bruins had been in a bit of a dry spell since the new year began, having only won four games since the historic Winter Classic at Fenway Park.

One of the wins came in a shoot out against Buffalo who haven't won a game since January, not too good for the first seeded team in the Northeast division. Head coach Lindy Ruff is reportedly switching up the lines to see if anyone can make it work in order to keep their number three spot in the eastern conference.

Another shocker and not so shocking news is that the Capitals lead the eastern conference with 89 points. They currently sit in first place ahead of last year's President's Trophy winners the San Jose Sharks. Sitting in last place in the league is the Edmonton Oilers. Trades for them are a big possibility as they look to pick up some new strength and unload some older free agents.

There's still time left before the trade deadline, but with the Olympics suspending play for two weeks making everything a little difficult. Let's hope nothing too drastic happens for the other teams, but for our own local Boston Bruins, they get some much needed help.

Movers n' Shakers in the MLB Off Season

The Major League Baseball off-season has been a roller coaster ride of trades and free agent signings, to say the least. Many teams upgraded this off-season to prepare for 2010 with the hopes of winning the World Series. However, a few teams stand out above all others.

The New York Yankees beat the defending champion Philadelphia Phillies in six games to win the 2009 World Series and capture their 27th championship in franchise history. This off-season the Yankees stayed somewhat quiet, but still stand out as being one of the best teams coming into the 2010 season. This off-season the Yankees dealt their Centerfielder Melky Cabrera, along with two minor league prospects to the Atlanta Braves for Javier Vazquez and left handed relief pitcher Boone Logan.

The biggest off-season trade made by the Yankees this year was acquiring All-Star Centerfielder Curtis Granderson from the Detroit Tigers while putting ways with Phil Coke and top outfield prospect Austin Jackson. The Yankees also dealt the once coveted pitching prospect Ian Kennedy to the Arizona Diamondbacks to make this deal work.

The Yankees decided not to bring back aging super star and the World Series MVP Hideki Matsui, who decided to sign a one year deal with the Los Angeles Angels. Johnny Damon was expected to resign with New York, but they rejected his 13 million dollar a year offer and decided to sign veteran Randy Winn to a one year, 2 million dollar deal.

The Home town Boston Red Sox made their rotation a lot better by signing one of the best free agent pitchers this off season in John Lackey. Lackey will be in a Sox uniform for the next five seasons. The Sox rotation consists of Josh Beckett being the number one starter followed by John Lackey at number two, John Lester is a close third, Daisuke Matsuzaka at four and Tim Wakefield to finish up the rotation. Wakefield went 11-5 last year and all he throws is a 65 mph knuckleball but is still more like a three or four starter than a fifth. The Sox also have Clay Buchholz to start if one of those guys gets hurt. The Sox left Fielder Jason Bay to the Mets, but signed Veteran Mike Cameron to play Left or Centerfield. The Sox also signed a huge upgrade at short stop by bringing Marco Scutaro to Boston. After the trade to get rid of injury prone third baseman Mike Lowell failed the Sox decided to sign Adrian Beltre. The Sox are looking strong going into the 2010 season.

The Philadelphia Phillies began to rebuild as soon as the World Series was over. There big move however was acquiring perhaps the best pitcher of the past decade CC Young award winner Roy Holiday to a huge blockbuster deal. The Phillies also re-signed most of their team including Shane Victorino and Joe Blanton. Jose Contreras also signed on to upgrade the Phillies bull pen.

Former all-star second baseman Placido Polanco decided to sign with the Phillies to play third base. Polanco was with the team from 2003-2005 until being traded to Detroit. The Phillies have also upgraded a lot since the World Series with the hopes of taking back their title.