Bullfrogs

Restaurant & Bar

APPETIZERS

HOT PEPPER CHEESE BREAD - 3.95
Sourdough bread, filled with Pepper Jack cheese,sprinkled with garlic and served with salsa.

BULLFROGS POTATO SKINS - 3.95
Seasoned potato skins stuffed with bacon, mushrooms and topped with Cheddar and Swiss.

TORTILLA CHIPS AND SALSA - 2.95

GRILLED HOT WINGS - (Thai or Cajun Style) 3.95
Roasted chicken drummies, drenched in a spicy Thai sauce and served with Blue Cheese dressing.

SAUTEED WHOLE MUSHROOMS-(Served after 5pm) lg. 2.95
Button mushrooms, sautéed in a rich, delicate sauce made with three wines and other "secret ingredients." sm. 1.95

SALADS

HOUSE GARDEN SALAD - 5.25
Iceberg and Romaine lettuce, tomatoes, onions,mushrooms, Swiss and Cheddar cheeses with your choice of dressing.

CHEF SALAD - 6.95
Iceberg and Romaine lettuce, tomatoes, onions,mushrooms, Swiss and Cheddar cheeses, ham, and grilled chicken.

THAI CHICKEN SALAD- 6.95
Iceberg and Romaine lettuce, tomatoes, onions,mushrooms, Swiss and Cheddar cheeses, and spicy chicken strips grilled with our spicy Thai sauce.

GRILLED CHICKEN SALAD - 6.95
Our delicious grilled chicken strips atop Iceberg and Romaine lettuce, tomatoes, onions, mushrooms, Swiss and American cheeses.

SIDE SALAD - 2.25

DRESSINGS - Parmesan Pepper (house), 1000 Island, French, Blue Cheese, Golden Italian, Ranch, Honey Mustard, or Vinegar and Oil.

SIDES

BAKED POTATO	1.95
STUFFED BAKED POTATO	2.25
BRAISED NEW POTATO	1.95
SLICED, SAUTEED MUSHROOMS & ONIONS	.75
GRILLED, MARINATED VEGETABLES	1.45

BULLFROGS RESTAURANT AND BAR located in the shadow of the historic Old Capitol Building is fast becoming a Frankfort tradition. Your hosts Liz and Dave Stephenson have created their menu to take advantage of display cooking. You can relax with an appetizer or cocktail while watching your meal being prepared and enjoy the aroma of the entire menu.Whether eating lunch or enjoying a relaxing dinner, there are always many tempting choices. Specialties include steaks and froglegs, but watch for our other daily specials which are always different and delicious. Chefs take care to make sure the specials are mouthwatering and adventuresome. Desserts are always exciting and never ordinary at Bullfrogs. Standard fare includes a tasty cheesecake topped with fresh raspberries or strawberries, but the list becomes more exotic from there. The bar offers the largest selection of imported beers in Frankfort and is home to many fabulous drinks including some original creations. So remember, whether having a business lunch, entertaining friends and family or enjoying a quiet , romantic dinner, Bullfrogs Restaurant & Bar is the place to be.
We hope you enjoy your meal!

243 WEST BROADWAY
FRANKFORT, KENTUCKY
(502) 875-0090

APPETIZERS

HOT PEPPER CHEESE BREAD - 3.95
Sourdough bread, filled with Pepper Jack cheese, sprinkled with garlic and served with salsa.

BULLFROGS POTATO SKINS - 3.95
Seasoned potato skins stuffed with bacon, mushrooms and topped with Cheddar and Swiss.

TORTILLA CHIPS AND SALSA - 2.95

GRILLED HOT WINGS - (Thai or Cajun Style) 3.95
Roasted chicken drummies, drenched in a spicy Thai sauce and served with Blue Cheese dressing.

SAUTEED WHOLE MUSHROOMS- (Served after 5pm) lg. 2.95 sm. 1.95
Button mushrooms, sautoed in a rich, delicate sauce made with three wines and other "secret ingredients."

SALADS

HOUSE GARDEN SALAD - 5.25
Iceberg and Romaine lettuce, tomatoes, onions, mushrooms, Swiss and Cheddar cheeses with your choice of dressing.

CHEF SALAD - 6.95
Iceberg and Romaine lettuce, tomatoes, onions, mushrooms, Swiss and Cheddar cheeses, ham, and grilled chicken.

THAI CHICKEN SALAD- 6.95
Iceberg and Romaine lettuce, tomatoes, onions, mushrooms, Swiss and Cheddar cheeses, and spicy chicken strips grilled with our spicy Thai sauce.

GRILLED CHICKEN SALAD - 6.95
Our delicious grilled chicken strips atop Iceberg and Romaine lettuce, tomatoes, onions, mushrooms, Swiss and American cheeses.

SIDE SALAD - 2.25

DRESSINGS - Parmesan Pepper (house), 1000 Island, French, Bleu Cheese, Golden Italian, Ranch, Honey Mustard, or Vinegar and Oil.

SIDES

BAKED POTATO	1.95
STUFFED BAKED POTATO	2.25
BRAISED NEW POTATO	1.95
SLICED, SAUTEED MUSHROOMS & ONIONS	.75
GRILLED, MARINATED VEGETABLES	1.45

ENTREES

All the following entrees are served with a dinner salad, fresh baked sourdough bread, and your choice of one of the following: marinated seasonal vegetables, braised new potatoes or baked potato.

BEEF

Our steaks are all grilled over charcoal to insure a rich, succulent flavor and texture that Bullfrogs is famous for.

8oz. FILET MIGNON	14.95
14oz. NEW YORK STRIP	14.95
16oz. PORTERHOUSE	15.95
10oz. RIBEYE	11.95
10oz. BOURBON RIBEYE	12.95

PORK AND CHICKEN

PORKLOIN MEDALLIONS Served with a mild apricot glaze	9.95
8oz. PORK CHOP Served with grilled onions	9.95
MARINATED 1/2 CHICKEN	8.95
CAJUN BABY BACK RIBS	1/2 slab 7.95 full slab 12.95

SWAMPS & SEAS

FROG LEGS 10 legs grilled with garlic butter	14.95
GRILLED JUMBO SHRIMP	12.95
GRILLED SALMON With apricot glaze	12.95
GRILLED CATFISH	11.95
SURF AND TURF 6 oz. Fillet mignon with your choice of Froglegs or Shrimp	16.95

SANDWICHES

All the following sandwiches are served with lettuce, tomatoe, purple onion, pickle and chips including your choice of American, Swiss or Monterey Jack cheeses.

GRILLED BOLOGNA SANDWICH	2.50
COUNTRY HAM SANDWICH	4.25
PORKLOIN SANDWICH	4.95
MARINATED CHICKEN SANDWICH	4.95
HAMBURGER	3.95
RIBEYE STEAK SANDWICH	5.25
GRILLED CATFISH SANDWICH	4.75

SOUP OF THE DAY FRESH DAILY Bowl 2.95 Cup 1.50

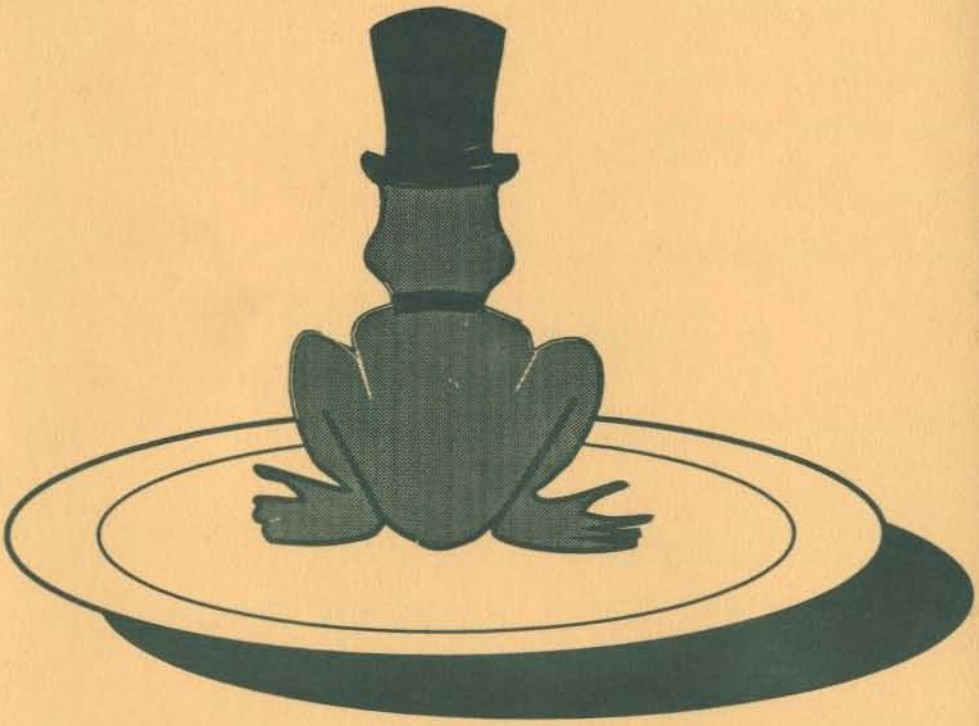
BEVERAGES
Coffee, Tea, Pepsi, Diet Pepsi, 7-up, Mountain Dew and Orange Crush

Due to the freshness and quality we demand of our foods, we apologize if some item may be unavailable at the time of your visit.

MENU DESIGNED BY

2367 SULLIVAN LANE FRANKFORT, KY (502) 223-7139

N.A — A.C.
Bar / Grill

Bullfrogs

Restaurant & Bar