

# The Campus Herald

The Student-Run Newspaper of Johnson & Wales University

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## NSO Hosts Career Conference Competitions

By **JASON S. WILLIAMS**  
Editor-in-Chief

During the November 7, 2006 Career Conference, Business Administration and Financial Services Management major Savannah White '09 and Business Administration and Management major Stephen Sperandio '07 competed in the National Student Organization (NSO) Human Resources role play competition.

The Human Resources role play centered on a scenario in which an employee had falsely indicated their highest level of education earned. Competitors were then asked to facilitate a plan to approach the individual and handle the situation. They were judged on organization, clarity of presentation, and how they would handle the potential fallout or employee morale after the confrontation.

White, 19 and an Office Assistant in the College of Business, volunteered to present her argument to the judges first. "I spoke with [Savannah] moments before our presentation, and she seemed to truly have her act together," said Sperandio.

Professor Erin Wilkinson was White's inspiration for the competition. Wilkinson had asked her to compete a few weeks prior to the Career Conference. "She was a top ten finalist at the National DEX Conference last year," wrote Wilkinson in an email interview. "With that I offered her a position as a Competitive Trainer with the NSO Competitive Events Institute this year."

"Although I was hesitant," said White, "I agreed."

Sperandio, 21 and a DEX veteran, was up for the challenge of competition. "Since this is my senior year I wanted to perform one last time in front of a live student audience," he said. Beginning his freshman year, Sperandio worked with DEX in a number of competitions, ultimately traveling to Nashville, Tennessee, where he earned a top ten placement in the Human Resources competition.

At the Career Conference competition, White and Sperandio placed 1st and 2nd, respectively. "Becoming a part of [the] National Student Organization has been so beneficial," said White. Winners received medals and certificates, plus cash prizes for 1st place.



File photo, 2006. The Campus Herald

## Student Government Association aims to 'better' students

By **JASON S. WILLIAMS**  
Editor-in-Chief

The Student Government Association held its first meeting of the trimester on Sunday, December 03, at 4:00PM in the Yena Center Presentation Room. Speaker of the Senate, Shawna White '09, opened the meeting with a roll call of the present senators and executives. The replacement of two vacant senate seats, a proposal to amend the SGA constitution, and an ambitious student unification project, among other topics, would be discussed before the meeting adjourned.

Following the roll call, Student Body President Jonathan Stephen Dean '07

approached the podium for his State of the Senate address. "This is my home," said Dean. "[The] Senate floor: where changes are made."

Dean went on to challenge the senate, saying, "We have an obligation to serve this student body to the best of our ability." Members of the Student Government Association, he said, should be the "thinkers and doers" of the student body. SGA is one of several avenues that allow members of the student body to voice their ideas and concerns with the understanding that these issues will then be brought to the attention of the administration.

See **SGA MEETING**, page 3

## J&W Alum Realizes Long-time Dream

Opening a restaurant might be unnerving to some, but a 1992 class member is well on his way

By **JASON S. WILLIAMS**  
Editor-in-Chief

Johnson & Wales University prides itself on allowing students to get first hand, industry-backed knowledge of the field they plan to enter upon graduation. While most alumni are enjoying the safe, secure life of working for their employer, some have chosen to branch out on their own, straying from the conventional to stake their own claim in their respective industries.

One such alumnus is Tim Hickok, a Culinary Arts major who graduated from J&W in 1992.

Full story on Page 2

## A bright beginning

By **DANIEL BARBARISI**  
Providence Journal Staff Writer  
Reprinted with permission.

PROVIDENCE — From far away, for drivers cruising up or down Route 95, the mass of lights atop the future Heritage Harbor Museum may seem like just another indistinguishable haze of color on the Providence skyline.

As the drivers loom closer, the colorful blur will become clearer, and start to catch the eye: six towers — no, not towers, smokestacks — glowing incandescent blue. Wait! They're not blue, they're changing color. Now they're a shade of purple... slowly morphing to pink. If traffic is bad enough, maybe there will be time to see them glow green, or off-white, or dark red.

The Providence skyline has hotels, the State House dome and the so-called Superman Building, and soon it will boast the six color-changing smokestacks visible from around the city, the signature piece of the Dynamo House project planned for the old South Street Power Plant.

The \$139-million project is the brainchild of Baltimore developer Struever Bros., Eccles & Rouse, which bought the shuttered power plant and intends to rebuild it to feature 130,000 square feet of office space, 122 hotel rooms, a restaurant, a roof garden and the long-delayed Heritage Harbor Museum, which will occupy two floors of the multi-use project.

"We think it's going to be a very exciting addition to the Providence skyline," said Seth Handy, Struever's development director for the project.

Historically, nine stacks rose from the power station's roof, but two were damaged in the 1938 hurricane and could not be rebuilt. Another was too large to replicate.

The rest were stripped off in the late 1980s, when the power plant was decommissioned.

The artist responsible for redesigned stacks is Baltimore's Alex Castro, who said he sees them as a way to "inspire the entire city."

"In replacing the Dynamo stacks, we are not so much replacing the symbols of an industrial past, with all its positive as well as negative connotations, as we are erecting a sculpture of optimism, directed toward the future, composed of six glowing light cylinders," he said.

The stacks themselves will be 191.4 feet off the ground, and 128 feet off the roof.

The plant has since sat vacant as various failed plans were introduced to turn the building into a museum chronicling the city's history. This summer, Struever joined the project, and it has moved forward rapidly.

Last week, the Providence Zoning Board of Review approved a set of variances allowing Struever to rebuild the stacks, which exceed city height restrictions. It also

See **DYNAMO HOUSE**, page 2

### Index:

8 SECTIONS / 16 PAGES

Campus News	1-3
Health	4
Speak Out!	5
Editorials	6-7
Culinary Arts	10-11
Money	12
Sports	13
Entertainment	15



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Letters to the Editor must include the writer's name and phone number. We ask that faculty and staff list the department in which they work. The Campus Herald reserves the right to edit all articles for space and accuracy. Please submit articles by email, fax, or in person to The Campus Herald no later than 4:00 PM on the deadline date.

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**Newstips and Story Ideas**

The Campus Herald welcomes all content suggestions and feedback. If you feel we are not covering a specific event or topic, please feel free to contact us via the information listed below. News tips and story ideas can be emailed, faxed, mailed, or hand delivered. Please provide as much information as possible.

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**Dynamo House**

Continued from cover.

allowed the developer to place heating and cooling equipment on the old power plant's roof, and gave approval for a large clock and for the signature Dynamo House signs, which are larger than allowed by Providence's signage restrictions.

Struever also plans to erect two large signs on the plant's roof, facing east and west, spelling out "Dynamo House" in large red lettering. The name is a reference to a nickname bestowed upon the power station on its opening in 1903.

In style, the signs are meant to mimic old signs on the plant that implored Providence residents to "Use Electrical Service."

The smokestacks are the most significant piece of the developer's effort to restore the building to its historic appearance — which, in turn, will allow Struever to qualify for up to \$50 million in state and federal tax credits.

Virginia Adams, a senior planner at the Public Archaeological Laboratory in Pawtucket, has helped Struever study how to best restore the building.

During the daytime, Adams said, the power plant should look much as it did in the 1920s.

"The intent is to restore the building to its original appearance, and to do that, the smokestacks need to be restored," Adams said.

"Without the smokestacks, the building gives a very different image."

At night, however, the old power plant will glow with a rainbow of computer-controlled colors impossible to imagine 100 years ago.

The smokestacks will look solid from afar, but that's deceptive. The outside of the stacks will actually be made of a sheath of perforated aluminum that's 12 feet in diameter. This will surround a 6-foot diameter reflective metal tube running the length of the smokestack.

The thousands of tiny holes in the metal are the solution to the project's toughest design problem: how to make the stacks seem black during the daylight hours, and then seamlessly light up when the sun goes down.

"It's kind of a challenging thing to get it to appear dark during the day and light up at night," Handy said.

Inside the base of each stack will be powerful light fixtures that will shine light straight up the shaft.

These light fixtures will be covered by Dichroic color-changing filters, which can be adjusted to bathe the shaft in nearly any color of light by an automated system.

Starting at dusk, the fixtures at the stacks' bases will turn on, shining the colored light up the shaft, off the reflective metal, and through the thousands of small holes in the aluminum. The effect should be a subtle glow, said Castro, the artist and designer.

"I think elegance is what comes to mind here, and that's really what we're after," he said. "They're really meant to be sort of a glowing presence."

The lights will gradually change color over the course of the night, shifting from purples to blues to yellows and more. Castro said that the computer controlling the effect will be randomized, so that the colors and the sequence are never the same.

"Every night will be a different experience, so it will always be fresh," Castro said.

The smokestacks themselves will be more than just art and decoration. They will serve as air intake and exhaust vents for the building.

"They are indeed smokestacks, even though they will not be billowing smoke," Adams said.

The stacks have stirred the enthusiasm of neighborhood groups.

"It's exciting and bright and fun — we're fully in support of it," said Michael Hogue, president of the Jewelry District Association.

With its zoning variances in place, Struever hopes to begin work on the facility by spring, and finish in two years.

The one hitch is parking.

There are no plans to build parking lots as part of the project, which would require more than 700 spaces to meet its various uses. Discussions have begun regarding leasing a 246-space lot nearby, Handy said. There have also been talks about building a parking garage nearby, possibly with Brown University, or about using Brown's shuttle buses.

**J&W Alum Opens Restaurant in Cleveland, OH**

Continued from cover.

Getting set to open his first restaurant called Murphy's Gill and Pub, Hickok started off working in clubs after graduating from J&W, later working in the contract foods arena, where he enjoyed the independence he got from working on his own. The restaurant, he says, will focus on "just really keeping it simple." Murphy's mainstay will be hamburgers and other "meat and potato" kinds of food, he said.

Citing his previous involvement in the industry and his need to stay independent, Hickok dreamed of opening his own restaurant. Having your own place is the "pinnacle of the food industry," he said.

The formation of Murphy's hasn't been easy for the Ohio native. "Being a good businessman is just as important as being a good cook," said

Hickok, discussing the various ideas he has put together to help establish himself in the area. He will begin advertising on the radio and in local newspapers once the restaurant is ready for the opening. He even went back to his old alma mater in hopes of inspiring current students of J&W to keep a positive attitude and never give up on what they want.

As of this writing, a Small Business Administration start-up loan is still pending approval. Hickok is hopeful, however. "I've put together a very good team," he said, noting his father's 30 years of accounting experience and another team member who acts as financial advisor for the venture. "My goal is to quickly get this going and have a nice little business."

Chris Brannon, J&W class of 1993, has also been instrumental in the organization of Murphy's, said Hickok.

Brannon was a personal friend of Hickok's while at J&W, now owner and operator of the Hurricane House, a popular restaurant in New Jersey.

Pending the success of the restaurant, Hickok eventually plans to return to J&W in hopes of putting together a scholarship for aspiring chefs and restaurateurs. "I learned a lot," he said, "from just going to classes, learning the cooking, and paying attention." Organizing the scholarship is his way of giving back to the school that has given him so much over the years. Throughout the industry, he says, "I always run into people from Johnson & Wales."

While at J&W, Hickok was in the Phi Kappa Sig fraternity and often frequented Recess Pub. "It was an awesome time," he said, with a tone of joyful nostalgia.

**SAFETY & SECURITY BLOTTER**

- Tuesday October 31, 2006 at 3:13 pm - Strong Arm Robbery / Near Claverick and Weybosset. A student who was crossing Weybosset Street, felt a slight tug on her purse. One of two subjects grabbed her cellular phone from her hand. The suspect was described as a black male, about 18-21 years of age, wearing all black clothing.
- Friday November 3, 2006 at 1:26 am Assault / Weybosset St near Gaebe Commons. - A student and three friends were followed by four subjects as they were walking to the campus from the area of Poe Street. The student reported that he was hit in the head from behind and knocked to the ground.
- Friday November 3, 2006 at 3:35 am Arrest / Atwells Avenue. - One student was arrested by Providence police for an assault that occurred off campus.
- Monday November 6, 2006 at 11:57 pm Home Invasion / Vermont Ave. Students reported that an unknown male entered their home with a fire arm and ordered all occupants in the house to get on the floor. One student was hit in the head with the fire arm. Several items were stolen.
- Wednesday November 8, 2006 at 12:56 pm Stolen Vehicle/E LOT - A student reported his vehicle missing. The vehicle was last seen on Tuesday, November 07, 2006 at 3:00 PM. The vehicle is a black colored Acura Integra bearing Massachusetts license plates.
- Sunday November 12, 2006 at 1:05 am Arrest/Pine St at Garnet St
- A student was arrested for fighting in the area of Pine and Garnet Streets.
- Sunday November 12, 2006 at 3:18 am Arrest/Harborside Village. - A student was arrested for disorderly conduct, resisting arrest and assaulting a Police Officer.
- Tuesday November 14, 2006 at 12:21 am Arrest/Snowden Hall - A student was arrested for drug possession.
- Sunday November 12, 2006 at 1:05 am Arrest/Ring Street - Two students were arrested for drug possession.
- Thursday November 16, 2006 at 12:17 pm Stolen Vehicle/Hospitality Parking Lot. - A student reported that her green Honda Accord was stolen.
- Sunday November 26, 2006 at 11:35 pm Burglary / Harborside Village - A student reported his room was broken into during the Thanksgiving break. Assorted video games and equipment were missing.

**Lost & Found**

- 2060 - Black purse w/ cosmetics
- 2071 - Silver cell phone
- 2074 - 19" TV
- 2075 - Assorted clothing (coats) found in the David Friedman Center



# SGA Meeting

*Continued from cover.*

"I accept nothing but the best," said Dean, in what was, perhaps, the most quintessential call to action of the evening.

According to Dean, SGA's primary role is to oversee the entire student body while working closely with administration. "We are not here to facilitate change, necessarily," said Dean during a post-session interview, "We are here to facilitate improvements, not to bash this institution. However, I will challenge the leadership of the institution to ensure that they're serving the community as best they can."

Following Dean's 15-minute speech, Shawna White introduced Chief Justice Evan Lemoine '07. "Good afternoon," said Lemoine nonchalantly, "I've just got a few administrative details to discuss." As Chief Justice of SGA, Lemoine is responsible for making sure the GPAs of all the senators and executives do not fall below a given average. Administrative necessities aside, he quickly moved into his main focus for the evening.

Lemoine vaguely outlined various amendments his committee was planning to propose to the senate. Citing a need to "eliminate flaws," Lemoine's proposal will allegedly alter the current two-body system to a more traditional three-body system, with the addition of the judicial branch, which, at present, falls under the legislative branch. In order to eliminate ambiguous and unclear responsibilities among branches, he said, clear rules and regulations must be established that would allow each to accurately and efficiently conduct their respective business. "What it would allow us to do," wrote Lemoine in a post-session email, "is better model our SGA more like the US government and there would be three equal branches that would check and balance each other."

Calling into question the validity and necessity of separating SGA into three distinct entities, Dean, and a number of senators, apparently, were not quite clear on the direction in which Lemoine's committee was headed. All interested parties were asked to attend a special planning session later in the week, where firm details will be hatched out.

The Special Projects Committee was then asked to approach the podium, following the closing of Lemoine's presentation.

The SP Committee, headed by Dean, outlined their plan to organize a special holiday party for the children J&W faculty and staff members. The SP Committee asked SGA for \$400 to cover costs needed to put on the event. All SGA appropriations must be passed by a vote of the members in attendance. The children's party appropriation passed unanimously, 17-0, with one member abstaining.

The SP Committee is also planning to adopt a local family for the holiday season. SGA will be adopting one 4-member family, with each branch chair asked to collect funds from their respective senators, to be used to shop for the family's gifts.

Once discussion of the adopt-a-family had closed, and the \$400 appropriation had been noted, the team stepped down, signaling the next committee that it was time to speak.

On behalf of the Marketing Committee, there was a brief, but colorful, discussion to attempt to change the email addresses of the SGA members to reflect those of paid staff members. Instead of the typical three letters accompanied by three numbers, a proposal to explore the practicality and availability to change the to the standard staff addresses was made; for example: the

proposed address of Senator John Doe would be changed to reflect his senatorial status as "jdoe@jwu.edu".

A brief recess of the Executive Cabinet was called by Dean at this point during the session. Members of the senate sat idly by, talking amongst themselves as members of the Executive Cabinet stood from their seats and exited the room to seek private accommodations.

Shortly there after, the return of the Executive Cabinet signaled the progression of the meeting. J. J. Atkins '10, representing the Student Services Committee, took the stage. The goal of the Special Services Committee, said Atkins, is to "better the student body." The Committee had been exploring ideas that, they feel, would be beneficial to the students, most notably, longer dining hall hours, enclosed bus stops, different quiet hours in the dorms, better roommate selections, and rollover swipes for on-campus dining. Atkins' presentation was met with enthusiastic response from the floor.

Speaker of the House Andrew Childers '08 took the podium following Atkins. "My goal this year as Speaker," said Childers emphatically, "is to beef up the hell out of the House." Childers used his time on the floor to outline an ambitious new effort designed to increase the strength of clubs & organizations, while increasing the unification between clubs & organizations and students who have chosen to stay unaffiliated.

The proposal is a competition between clubs & organizations on campus to come up with a "dream event," an event not limited by man-power or monetary constraints. SGA should be "willing to work hand in hand with them to make these events happen," said Senator Megan Kenney '08, adding support to Childers' cause.

Childers estimates the winning event could cost in the realm of \$20,000, with 75% of that going towards a former White House consultant who will be brought in to speak during a 2-day seminar. There will "definitely be a financial burden to make this happen," said Childers, who went on to say other organizations on campus, such as the National Student Organization, Career Development Office, and the President's Leadership Council, among others, were interested in helping in some manner.

Unfortunately, said Childers, the "feeling of belonging" for J&W students, or lack thereof, is a major issue that needs to and will be brought to the attention of the senate. "It's like cheap sex: you get in, you get off, and you get out," he said during a brief interview, explaining a need to bridge the gap between clubs & organizations and the rest of the student body.

The final issue of the night was the filling of two open senatorial seats. There were four nominees present at the meeting, with each nominee sponsored by a current SGA member, a technicality needed to bring nominees to the floor.

Each candidate was given one minute to introduce themselves and explain why they were running, followed by a question and answer period. The candidates were then asked to leave the room, at which time, Evan Lemoine handed out ballots to the senators for voting. After a brief tally, Mike Gorin '07 and Christina Mercado '09 were announced the winners.

The meeting adjourned at, according to official records, 5:44PM, following a closing roll call, one that was now able to include the newly-elected senators.



## NSO Congratulates Competitors

*The Competitive Events Institute of National Student Organizations held a Career Day Role Play Demonstration on November 9th in which contestants competed before industry judges including: Frito-Lay, Inc., The GAP, and Walt Disney World Swan & Dolphin Resort. Congratulations to this year's competitors!*

### Marketing Management

- 1st Place.....Katelyn Tyrrell**
- 2nd Place .....Robert Stone**

### Human Resources Management

- 1st Place.....Savannah White**
- 2nd Place .....Stephen Sperandio**

### Sports & Entertainment Marketing

- 1st Place.....Nicole Eichenlaub**
- 2nd Place .....Melanie Duec**



# Have a Safe & Happy Holiday

**Jonathan S. Dean**  
~Student Body President~

**Aleezah Davenport**  
~Chief of Staff~



# HEALTH

## Ask The Sexpert

**Dear Sexpert:** All these events about World AIDS Day made me realize I need an HIV test! Where do I go? What's the process like? Is it free?



**BY HEALTHY HEATHER**  
Resident Sexpert

**Answer:** Real quick answer – there is free, rapid HIV testing at Downcity Health Services Wednesday, December 6, from 1-4pm! Rapid HIV testing, the OraQuick Advance, means you get your test results in about 20 minutes! Stay tuned for

updates from Health Services for the next testing clinic.

If you miss this testing clinic, you can access free HIV testing from community agencies in Providence. There are a few things to understand about HIV testing before you decide what location and technology is right for you.

**Testing methods:** The most common technology for HIV testing is venipuncture; a phlebotomist will draw a small amount of blood from your arm and you should receive your results within two weeks. For folks who are uncomfortable with needles, there are a few other options. OraSure testing is an alternative technology, as reliable as blood testing, and works by using an oral swab to detect HIV antibodies. You will receive your results in about one week. And just for the record, that doesn't mean you can get HIV from saliva: HIV tests look for HIV antibodies, not the virus. The newest option is the OraQuick Advance rapid HIV test. This works by collecting a small amount of blood from a finger stick or by using the oral swab. Rapid testing means you receive your results in the same visit, or in

about 20 minutes.

**Antibody Testing:** All of these tests look for antibodies to HIV, not the virus. Your immune system produces antibodies in response to HIV infection. If you test positive for HIV antibodies, it means you are infected with HIV. If you test negative, it means the test found no antibodies to HIV. It can take your body up to three months (after becoming infected) to produce enough antibodies for the HIV test to detect. This is sometimes called the "window period." If you have had an exposure in the last three months, it may be too early to detect it, and you may be advised to come back for another test.

**Confidential vs. anonymous:** In Rhode Island, providers can offer confidential and anonymous HIV testing. Confidential testing most often happens at doctor's offices, clinics, and hospitals. If you choose confidential testing, they may document your results in your medical record. All your health information, including your HIV results, is confidential, and can't be released without your written permission. Like other communicable diseases, doctors are required to report positive test

results by name to the state Department of Health to track HIV rates. This information is highly protected and kept confidential.

If you are concerned about your doctor, insurance company, or Department of Health knowing your HIV status, you can choose anonymous testing. This is done using a number code as an identifier. No names are used and consent is given verbally. There are multiple community sites in Providence that offer free, anonymous testing. All of these sites provide pre- and post-test HIV prevention counseling. For the most up to date information about local HIV testing sites, call AIDS Project RI's Hotline at 1 (800) 726-3010. Check out the box below for some options.

For more specific questions about HIV testing, call Elsa, the health educator at 598-2023 or stop by Health Education on the 3rd Floor of the CBCSI Building. The Health Educator is an HIV testing counselor and HIV/AIDS educator and can answer your questions and make referrals. All appointments with the Health Educator are confidential.

Enjoy winter break and be healthy, be safe.

40,000 people are diagnosed with HIV  
each year in the US.

50% are people under the age of 24.

**FREE HIV TESTING in Providence**

Call for appointments

OraSure: oral fluid testing, results in one week

OraQuick: rapid, blood stick or oral fluid, results in 20 minutes

AIDS Care Ocean State (ACOS) offers free, anonymous, OraSure or OraQuick testing by appointment (fast and flexible hours). ACOS also provide Hepatitis C testing and Hepatitis A/B vaccinations. In south Providence, 605 Elmwood Avenue, 781-0665.

Whitmarsh STD Clinic offers free confidential or anonymous blood testing for HIV. Call for an appointment. They also provide free STI testing and Hepatitis A/B vaccinations. In south Providence, 557 Broad Street, 444-0483.

The Miriam Hospital offers free anonymous OraSure HIV testing. Call the Immunology Clinic for an appointment. They also provide medical care for people living with HIV/AIDS. On the eastside of Providence, Fifth Avenue, 793-2928.

**OTHER HIV/STI TESTING:**

Note: the J&W insurance is limited, so you will need to have another insurance plan or be able to pay any remaining balance out of pocket. You can call Health Services for more information.

**Planned Parenthood Express** offers confidential blood, OraSure, or OraQuick testing. Express clinic available for walk-in testing at 183 Angell Street on the eastside of Providence (off Thayer Street). Call 383-4818 for information about cost and insurance. This clinic also offers walk-in STI testing, contraceptive products, and emergency contraception for a fee. If you need a pelvic exam/Pap smear or need to discuss another reproductive health need with a physician or nurse practitioner, call the Point Street Clinic for an appointment at 421-9620.

**Providence Medical Healthcare Center**, an off-campus health center for J&W students, also offers HIV and STI testing. Located on 80 Dean Street, next to Renaissance Hall. Call 521-3270 for information about cost and insurance. Renaissance buses will transport. \$5 co-payment applies to the office visit.

For more information and other sites in RI, call the HIV/AIDS/STD Hotline at 1.800.726.3010

## Health Services Update\

**Attention Students:** Students who have incomplete medical records will not be able to register for the next trimester. Please contact Health Services.

**Remember to stop by Health Services for cold/flu treatment.** Friendly nurses can treat colds/flu with free over-the-counter medications. Flu shots available at Providence Medical for \$20. Call Health Services for more information.

### Health Services Hours and Contact Information:

**Downcity, Xavier Residence Hall Basement:**  
598-1104

Monday and Wednesday: 7am-4pm

Tuesday and Thursday: 8am-4pm

Friday: 8am-2pm

Physician available: Monday and Wednesday, 9:30-12pm by appointment

**Harborside, 1st Floor Student Services Complex -**  
**OPEN LATE: 598-1151**

Monday, Tuesday, and Thursday: 7am-11pm

Wednesday: 7am-8pm

Friday: 8:30am – 4pm

Physician available: Tuesday and Thursday, 9:30-12pm by appointment

Note: While culinary weekend classes are in session, this office is also open Sundays, 9am-3pm.



# SPEAK Out!

By CAITLIN NARKAWICZ  
Speak Out! Editor

The interactive 'Speak Out!' section of *The Campus Herald* is meant to provide the University community with a professional forum to voice their ideas and opinions. To submit a question for Speak Out!, please email [campusherald@jwu.edu](mailto:campusherald@jwu.edu).

**Elizabeth Hernandez '10**  
Marketing



"I was impressed by the number of companies that were represented."

**Paul Kostandin '09**  
Culinary Arts



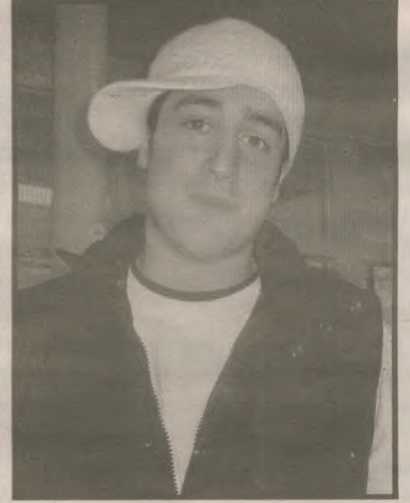
"I found it to be helpful and informative; however, as I choose to continue on to my bachelors program the information was less relative to my situation."

**Caitlin Narkawicz '09**  
SEE Mgmt.



"It was nice to see everyone look professional. It's amazing how much Johnson & Wales students clean up, when they actually dress for the occasion."

**Jaime Zeff '09**  
Marketing



"There should have been food!"

**Shanelle Greene '07**  
Advertising  
Communications



"I think that the Career Conference is pointless if you are not a Hospitality major or a senior graduating in November."

## "What were your impressions of the November Career Conference?"

**Darcel Forteau '07**  
Criminal Justice



"Well, I basically roamed the convention center looking for food."

**Caroline Orcutt '10**  
SEE Mgmt.



"The speaker for the SEE freshmen didn't show up, so it was very disappointing."

**Shannon Bryan '10**  
Fashion Merchandising



"I thought the career conference was very informative. Although, being that I am only a freshman, it didn't really benefit me."

**Natalia DaCruz '10**  
Fashion Merchandising



"Well, it was nice to see what it was all about, even though it really wasn't for me."

**Mike Presti '09**  
SEE Mgmt.



"It was great! There were a lot of companies that benefited the Hospitality field."



# Ideas & Opinion



## The Real History of Christmas

BY TIM COLLETTO  
Herald Staff Writer

WHILE THE "HOLIDAY SEASON" has merged into capitalism at its finest and humans have become more materialistic with each passing year, the roots of our traditions become increasingly forgotten. Most of today's holidays are remnants of ancient traditions that date back thousands of years, but who cares when you can shop!

For thousands of years, the sun has been a symbol for life, but today, that symbol has morphed into the dollar bill. How did this happen? Our current holidays fall on astronomical dates more revered by our ancestors such as the winter solstice (Christmas, Hanukkah), spring equinox (Easter, Passover), and the fall equinox (All Saints Day, Halloween). This brief article traces the roots of one of the most celebrated days in the history of mankind: the winter solstice—the birth of light.

Celebrated all over the world for thousands of years, its origins can be traced, at least, to Mesopotamia. Around 5,500 years ago, the first high culture areas rose between the Tigris and Euphrates rivers, and in the first cities, there were inventions in mathematics, law, trade, the calendar (weeks, years, seasons), taxation, royalty, carpentry, house-building, pottery, domestication of animals, cultivation of crops, weaving, writing, language, walled cities, the mathematical calculation of the planets, all dominantly coming into existence in Mesopotamia.

A connecting link was made with life on earth and life in outer space. Through mathematical calculations, people realized the same laws on earth also applied to outer space, which they considered "divine" or "the heavens." Professional priests' whole lives were dedicated to following the movements of the cosmos, and they recognized the mathematical notions of this process in the cosmic order. The agricultural world had to also submit to this. Crops grew and died according to the seasons, which life and society depended on. So heavenly order in space should be repeated on earth, and in the royal courts, we see this imitation. The king, queen, and their entire court wore garments (like the golden crown or throne) which represented the cosmos: the sun, moon, stars, planets, and the constellations. In Babylon, the first ruling class called divine, came about, where the King was God and his court members were also god-like, and when he died or his reign ended on the winter solstice, the King and his whole court died in a ceremony and were buried together. The saying, "as it is in heaven, so it shall be on earth," was practiced and the ripples from Mesopotamia are still felt today.

The late generation Babylonian god Marduk, who was referred to as "Lord," held major influence at the time. When Babylon became the capital of Mesopotamia, he was hailed as supreme, and the Enuma Eish was written, which recounted this tale. Marduk was the sun god, and each year as winter approached, it

was believed he would do battle with the "monsters of chaos." To help assist and honor Marduk, a 12-day festival called Zagmuk was held, symbolic of the seasons (which is why we have "12 days of Christmas").

The tradition passed on to the conquering Persians, who celebrated the Sacaea, and the book of Esther is closely linked to Babylonian tradition and holiday. When high culture areas spread from Mesopotamia to the rest of the world (usually through conquest), so did its inventions, ideas, and mythologies. Cultural diffusion is responsible for the Persian Zoroastrianism influence spreading to Egypt, Crete, Greece, Great Britain, Ireland, Persia, India, and the Levant, among others. With the spread, came the merging of traditions. In Egypt, the sun god was Re, Greece was Apollo, the Levant was Jesus. There was also: Mithra, Adonis, Dionysus, Osiris, Baal, and many other versions of the solar sun god, who bore such titles as Lord, Son of Man, Light of the World, Sun of Righteousness, and Savior. In Rome, by 50 AD, a pantheon of gods was established and celebrated.

Another popular tradition was the nativity scene, which also had worldwide distribution. There are similar scenes in Mithraism, Persian, Zoroastrianism, Buddhism, and Egyptian. The image, which passed both east and west, between India to Egypt, where "Aion, a personification of the sun god Osiris, and "the maiden" who was identified with the goddess Isis, of whom the bright star Sirius rises on the horizon, which had been for millenniums, was the watched-for sign. The rising of the star announced the rising of the waters of the Nile, through which the world-renewing grace of the dead and resurrected god was to be poured over the land." Both Jesus and Krishna were visited at birth by "wise men" and "shepherds", guided by a star. The "Magi" is a word for the Persian High Priests of Zarathustra.

In Rome, the winter solstice fell on December 25 in the Julian calendar. This is where our present-day date comes from. Since most of the population relied on food from the harvest, festivals to celebrate the end of the harvest season were common throughout the world. In Canada, Thanksgiving is in October, and in warmer countries, it's later on (November/December). In Rome, the festival was called "Saturnalia," after the god

Saturn, the god of seed and sowing, as well as duty, weight, and law. Saturnalia was the largest and most integrated holiday in the Roman Empire, which started on December 17th and lasted eight days. "On December 25th, everyone took oaths (New Years resolution), and offered prayers of good luck and loyalty. No one particular deity was addressed and many were worshipped. The handing out of small coins and sweet things to eat (gifts), everyone was to go crazy, live it up, for on that day everyone was to feel happy, as they should for the rest of the year, and tonight they should live it up. The whole population partied in both the open streets and in their dwellings."

"That night no one went to bed, but instead there was dancing, singing, joking, drinking, sacrifices, and eating at tables set up in the streets, plazas, and town centers.

When morning came, they decorated the doors with laurel branches, offering prayers to the Penates, going about to friends and neighbors with presents. At dawn, they celebrated the rising of the sun—the birth of light on the winter solstice (Midnight Mass). After that was a 'day of rest' at home, when all constraints between parent/child, slave/master were relaxed. On the third day, civic ceremonies were

held, public prayers, circuses, horse racing, wild beasts, and pairs of gladiators fought in the arena. Public baths crowded, parades of people filled the streets with masks and cross-dressing. The emperors declared this a national holiday, only 1 of 4 throughout the Roman Empire. To keep the population happy, it was generally regarded not to mess with these holidays.

"Such gods that were worshipped were Jupiter, Mithra, Saturn, Hercules, Dianna, and Cernunnos. This even involved monks, clergy, even bishops, and Boniface in 742AD reported that singing, dancing, parading, and loaded banquet tables filled the square around Saint Peter's itself." Then things started to go wrong. Eventually, the strict priests of Catholicism began to dislike, and then despise this festival. The worship of more than one god was not permitted, nor was sacrificing animals and later consuming the meat. This act was called a "meal." The bishops did recognize that this was an act of worship and rituals were taking place, but with all those "demons" parading about in the streets? There was no legislature to help the bishops, so all they could do was preach—and preach they did. Since

Christianity's appearance in Rome, many bishops tried to convert the holiday from Pagan to Christian, but it didn't take for hundreds of years. By the year 284 AD, only 10% of the Roman Empire was Christian. Soon after, the bishops had Constantine on their side, who converted the Empire to Christianity, and said about the holiday: "Away with you, impious ones! Away with you and your slaughter of victims, your banquets and festivals and drinking, pretending worship but bent on pleasures and debauchery, enslaved to pleasures!"

The holiday, which was celebrated throughout the entire Roman Empire, was so deeply embedded in society, could not be simply removed, so the holiday was changed to "Christ-mas", the "mass celebration of Christ", and the birthday of Jesus was placed on this day—the same birthday as all the other sun gods of history. The image of Jesus is not recorded in the bible, so the image was taken from Apollo, the popular sun god of the Greco/Roman world. Laws were finally passed in the 5th Century and slowly the Empire converted to Christianity. There are many different reasons for the conversion, and Professor Ramsay MacMullen suggested this cultural diffusion took as long as 700 years.

Dozens of other small details have been diffused into our current day perspective of Christmas. There are dozens of stories of Saint Nicholas (although his Sainthood was removed by the Catholic Church in 1969) to Santa Clause. The merging of Nicholas (A festival around the beginning of December) and Christmas may have started in Germany, 16th century, when Protestants had a Jesus figure distribute gifts. He was called Christkindl or Kris Kringle. "Santa Clause" is an interpretation of "Saint Nick", and arrived in America in 1809. Through popular works, such as tales, poems, and art work, the image of Santa Clause became a grandfather figure with a white beard, a red and white coat (the colors of a saint), and could climb through chimneys. A Department store in 1881 had Kris Kringle come down a chimney with gifts, and by 1900, dozens of department stores had Santa Clause figures. Coca-Cola adopted the image of Santa holding a Coke in 1931, and decades of annual advertising imbedded the cultural tradition.

The transition from sun worship to dollar worship is long and complex, and this article barely skims the surface, for the history and meaning of the winter solstice goes way beyond most people's knowledge of history, astronomy, mythology, sociology, and religion. An academic paper or whole book would be more appropriate to cover this topic, but lessons can still be learned. One lesson is usually important to realize where our traditions come from, because the history of mankind can be viewed as a single unit, all of which we are a part of. When we study history, we aren't studying "what other people did a long time ago," we are studying ourselves.





# Why Do We Love James Bond?

By DAVID GULBRAA  
CapMag.com

Reprinted with permission.

WITH CASINO ROYALE OPENING on November 17, the James Bond movie franchise now encompasses 21 films and 44 years. Considering how much the world has changed since Dr. No in 1962, what explains the longevity and continuing interest?

Obviously, a journalistic answer will not do. Bond's appeal stretches across two generations and 6 different actors. The easy answer is that Bond is a hero. This is true enough. But what kind of hero?

James Bond is a work of art, which means that in essence, he is a concept brought down to the perceptual level. What concept do we see in James Bond?

Let's catalog some of Bond's characteristics and see if we can find a common denominator.

Bond is a good guy, fighting on the side of freedom and Western values. He is competent, professional, and knowledgeable. He manages to look good under difficult circumstances. For example, one of my favorite small touches that communicates the essence of Bond's character is from *The World is Not Enough*, when a fastidious Bond straightens his tie after being briefly submerged while racing a power boat along the Thames river.

Bond is willing and able to do whatever it takes. He can fight, shoot, drink, make love, drive fast cars, ride motorcycles, fly airplanes, helicopters, and even the space shuttle. He can defuse missiles and bombs of all varieties, including nuclear. Throw him out of an airplane without a parachute, he doesn't panic, but calmly surveys his options and then proceeds to survive, as he did at the beginning of *Moonraker*, by forming his body into an arrow and flying

himself into the parachute-wearing villain, wrestling the parachute away, then strapping it on himself and deploying it in time to drift gently and safely down to earth.

Then there is the mountain climbing sequence in *For Your Eyes Only*, which had Bond literally hanging by a thread in mid air, forced to save his life and win the mountain by using his shoe laces to hoist himself up the side of a cliff.

Start cataloging all of Bond's incredible escapes, last minute rescues, spectacular

consciousness because of its ability to bring our highest abstractions down to physical reality. The values to be found in art are metaphysical values, by which I mean, values that pertain to every aspect of existence, to every man and woman in every age, in every country. So what metaphysical value do we see in James Bond?

Ask yourself this: is there some one quality that every human being drawing breath needs to live a normal human life?

Yes. What we need can be termed "meta-

means in reality.

What gives human beings the ability to live successfully? Our rational faculty. Our ability to understand how reality works allows us to control reality in ways not possible to other living organisms, such as plants and animals. James Bond doesn't use magic or faith or supernatural powers to get out of his jams. He is always focused on the facts, always applying the power of reason.

True, none of us will ever have to turn off an atom bomb in under ten seconds, or fall out of an airplane without a parachute, or have to ski backwards down a mountain on one ski while engaging in a machine gun battle with ruthless villains. But contemplating a hero like James Bond gives us the example, inspiration and confidence to exercise our own metaphysical competence in normal daily life. Can we survive graduate school and get our degree? Yes. Can we undertake a challenging career and succeed? Yes. Can we win the heart of the person we love? Yes. Can we raise a child to be a rational, self-confident, independent person? Yes.

And some of us even drive fast cars, fly airplanes, climb mountains, ski, scuba dive—and stay calm when muggers wave guns in our faces.

We've all got a little James Bond in us.

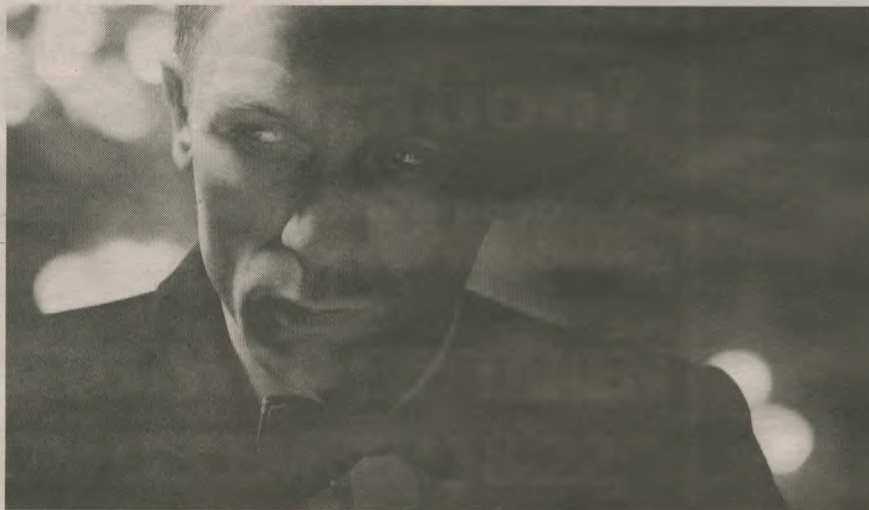


Photo courtesy Columbia Pictures, 2006.

fist fights, martial arts showdowns, car chases, bomb defusings, snow and water-ski runs, scuba diving adventures, skydiving mishaps, and just plain garden-variety "tough spots" the villains put him in, and it adds up to quite a tally of one special quality, something that appeals across time, across generations, across the sexes, across political and religious lines. So what is it?

Art is an actual need of human con-

physical competence." Or put simply, the ability to live successfully.

Are we capable of living? Can we deal with what reality throws in our way? Can we overcome the obstacles that lie between us and the values we want to achieve?

In the character of James Bond, we experience the answer as "Damn right we can—and how!" James Bond is a stylized vision of what metaphysical competence

### The Campus Herald Retractions:

1. A Letter to the Editor entitled, "A Diatribe for the College of Culinary Arts" (Vol. XXVII, No. 6), was written by an author using the pseudonym "Elliot Carver." The author was not a Guest Writer of *The Campus Herald*.

## STUDY ABROAD

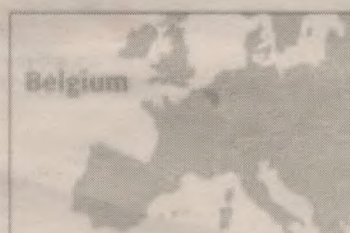
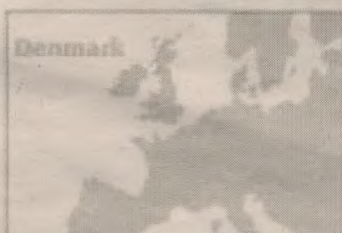
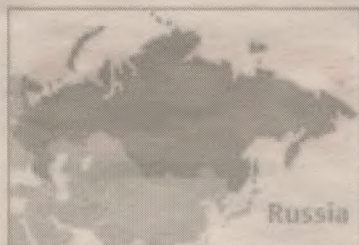
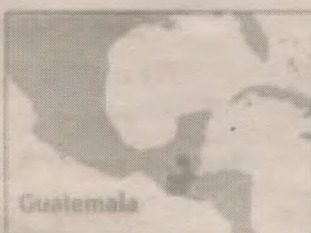
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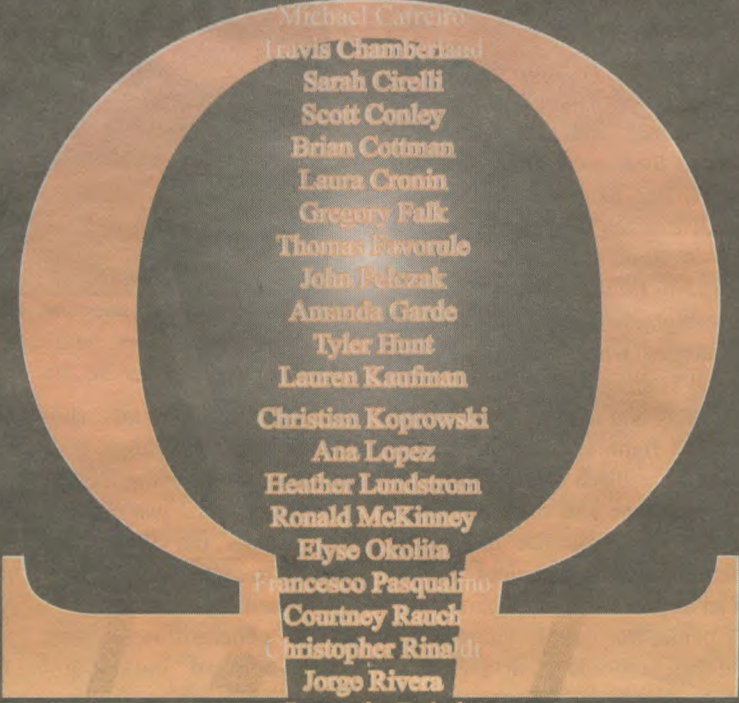
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- Francesco Pasqualino
- Courtney Rauch
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- Jorge Rivera
- Samantha Rubel
- Amelia Sinclair
- Felicia Tharpe
- Kimberly Wardyga
- Shawna White

**ATTENTION CLUBS & ORGANIZATIONS!!**

**CLUBS & ORGANIZATIONS TRAINING DAY**

**December 8, 2006**

**2:00PM-4:00PM**

**Harborside Rec Center 2<sup>nd</sup> fl**

**Please send 2 representatives  
from each club & organization  
to be eligible to appropriate!!**



**Creating Excellent Organizations**

**"Homegrown Events"**

**Presented by Rebecca Riopel,  
Director of Student Activities  
The College of the Holy Cross**

**December 11, 2006  
5:30pm Pepsi Forum**

**Do you want to host an event on campus?  
Are you afraid you will go over your budget?  
Here is a CEO session that can help you.  
Learn how to host an inexpensive event by  
using your resources and your creativity.**





# STUDENT ACTIVITIES

## December Movies



12/7/06



12/14/06



**Thursday's 9pm  
Sunday Matinee 3pm**

**Harborside Rec. 2nd Floor**





# Culinary Arts

## Lobster Gangs

BY JOHN O'CONNELL  
Herald Staff Writer

As the mob movies such as *Scar Face* and *Good Fellas* retake the pop culture scene of America, one of the "mob's" oldest families is thinking nothing of it. No, I'm not talking about the Godfather kind of gangs. I'm talking about the Lobster Gang. Who is this Lobster Gang you may ask? I will break it down simple for you. Think about it this way: A group of Lobster fisherman, let's call them the "family," who enforce the traditions of the trade. They demand respect from all men of the industry, and they don't "take no crap from nobody." They tend to look out for their own as well.

For those of us at Johnson & Wales from the New England states, you're probably fully aware of these lobster gangs. But for the ones who aren't, let me take you inside the inner workings.

You're out at sea and you know there are some lobster traps in the area. Now, you're thinking to yourself, "Man, I am hungry for some lobster." But you don't want to pay a lot of money for them. You're thinking, "I know where those

traps are can just sneak down and grab one and take it home for the wife." Think again. If you're caught, you're dead, and no, I am not just using that as a figure of speech. You are literally shot dead. Murdered. Your contract on life is terminated.

But wait, isn't murder illegal in the states? Yes, but in Maine, if a lobster fisherman catches you stealing or messing with the traps, it is legal to shoot them on the spot. Does it seem right? No, of course not. The mobsters who murder people get thrown in jail. But it is much more than that.

One lobster fisherman said it's hard for a young lobster fisherman to earn respect from the "family." You can't just come into the business as a respected member, unless you're related to the family and still, that is hard to do. "This is not just a

group of men who sit on boats and drink beer telling sea stories," he said. "We are about honor, tradition, and respect. If you mess with or steal from one of us, you have messed with all and we will be paying you a visit."

So just think about it next time you want a free lobster. You might be paying with your life.



## Are you a member of a club or organization?

It is time to take club/org photos for  
the Johnsonian (that's our yearbook).

**PHOTOS WILL BE TAKEN  
FROM DECEMBER 18-22;**

**PLEASE CALL 401-598-1486 or email  
JOHNSONIAN@JWU.EDU  
to schedule an appointment for your  
group**

**Please Note:**

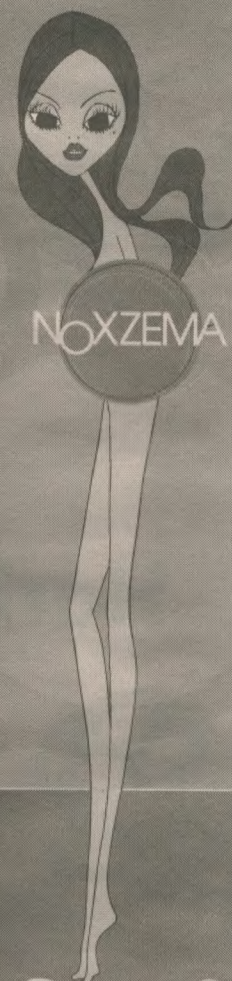
**We will be asking for the name and  
title of all officers and a submission of 5  
high quality photos to the Johnsonian  
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Outfits, outfits everywhere.  
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# J&W Welcomes 148th Distinguished Visiting Chef - Patrick Diethelm, CHE

By NATE MARTELL  
Herald Staff Writer

On Thursday, November 16, Visiting Chef Patrick Diethelm was honored by Johnson & Wales as the year's first Distinguished Visiting Chef.

For almost 30 years now, the Johnson & Wales College of Culinary Arts has been inviting chefs from around the world to come and demonstrate their craft to the students. Since the program started, over 250 chefs have visited the J&W campuses. These world-class chefs include names like Paul Bocuse, Sara Moulton, Martin Yan, and Patrick O'Connell. On the Providence Campus, three chefs are invited per year, including two culinary based chefs and one pastry chef. This year, the DVC program started with a demonstration and tasting by Chef Diethelm.

A Swiss native, Chef Patrick Diethelm, began his career as many young European culinarians do: as an apprentice in a hotel. After his three year apprenticeship, Diethelm took many jobs around the world, including stints in Switzerland, The United States, and on a cruise line. In 1997, he ended up back in Switzerland, and this time, took a job as the Director and Instructor at the European Culinary and Pastry Chocolate Arts Center in Vitznau-Lucerne.

Chef Diethelm is also a Certified Hospitality Educator (CHE) of the American Hotel Educational Institute. During the past nine years, he has received a copious amount of awards with the Swiss Culinary Team, as the manager of the Swiss Culinary Junior National Team, and through the Swiss Chefs Association.

The school in Switzerland is also associated with Johnson & Wales. Over the past few years, many students have taken part in term abroad programs during the summer breaks to earn credits towards their degrees in the Culinary and Pastry pro-

grams. Students from the school in Switzerland may also transfer credits to Johnson & Wales if they so choose.

When the DVC comes to visit Johnson & Wales, they are asked to demonstrate a few dishes and answer any questions proposed by students. The day before the demo, the chef preps his food with the help of J&W volunteers, as well as a chef instructor.

This year, Chef Rolando Robledo worked with Chef Diethelm for the two days he was here. The day of the demo, Chef Diethelm prepared three dishes, including: Mini Marble of Guinea Fowl and Prawns with Artichoke Sponge Cake, Oxtail Creation in Feuille de Brick and Scallop Cauliflower Puree, and finally, a Liaison of Traditional Capuns from Grison with Roasted Monkfish. As the chef made each dish, he entertained the audience with anecdotes and small bites of culinary history and traditions. Despite the event being scheduled during the last day of final exams, the demo had a more than a befitting turnout thanks to the posters and announcements in the classrooms and labs.

After Chef Diethelm finished preparing his creations, he was honored with a certificate from Johnson & Wales, along with a commemorative chair and a special F. Dick knife kit. Another part of the DVC program is the DVC scholarship, awarded to one student per trimester. This student must be nominated by a chef and confirmed by several others before he/she is selected for the award. This year's recipient was a sophomore in the Culinary Arts Program. Along with the scholarship, the student receives a full set of pots and pans from an outside company.

If anyone is interested in volunteering for events like this, please contact the Special Functions Club at ext.1897. Also, if anyone is interested in seeing a particular chef come to Johnson & Wales please contact Steven Shipley or Kevin Duffy on the Harborside Campus.



File photo, Patrick Diethelm (C). Courtesy www.union-helvetia.ch

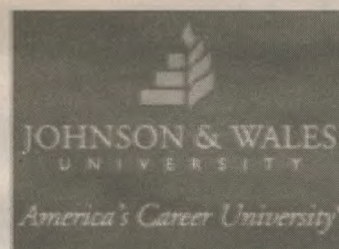
To develop your leadership skills. To welcome the Class of 2011! To share your love of Johnson & Wales with the incoming students. To learn more about the University. To share your knowledge of the inner workings of the college. Make money while earning valuable leadership experience to put on your resume. To learn more about yourself. To get to know the campus a lot better. To transition into life at Johnson & Wales University. To work hard. To help. To mentor. To guide. To relive your time at J&W. To spend a lot of time in McNulty or Snowdon. To be a "Presentation Leader" indicates a person who is boisterous, helpful, fun, outgoing, smart, funny, witty, intellectual, welcoming, calming, sweet, kind, energetic, friendly, a good resource. You can develop a strong bond with a group of student leaders like yourself. Can you say, "Icebreakers"? Summer in Providence. Summer in the "Ocean State". Make 34 new best friends! To get a really cool polo shirt. Socials! To get to know who Joel Flopster really is.

## WHY

The Office of New Student Orientation & Support Programs seeks **Orientation Leader & Orientation Assistant Candidates** for the Summer of 2007!

**Information Sessions\*:**

- Tuesday, December 5 at 12 noon in Multicultural Center (Xavier Hall)
- Tuesday, December 12 at 4PM in Harborside Rec Center (second floor lounge)
- Wednesday, December 20 at 6PM in Pepsi Forum (Plantations Hall)
- Friday, January 12 at 12 noon in Harborside Rec Center (second floor lounge)



\*All interested candidates must attend an Information Session in order to obtain an application and be considered for this great leadership opportunity! Open to current freshmen, sophomores and juniors only.

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# MONEY

## Income Is Not Necessarily Wealth

By **STEPHEN MAZZARIELLO**  
Herald Staff Writer

Over the last few months, we've explored the wealthy mind-set versus the poor. We've identified influence and recognized the impact it can have on our lives, both positive and negative. We've learned to recognize inflation and compare it to interest paid by local banks. We've examined certificate of deposit accounts and seen their advantages and disadvantages. We've worked to assess your quality of life and develop a suitable budget. Now it's time to act.

It is said that the man who doesn't read is no better than the man who cannot read. With that said, we can know all these things, but now we must put them into action and execute the plan. The key is consistency. By saving as little as 10% of your income in 10 years you'll have one year's salary. The wealthy save and invest continuously, and when their wallet fills, their needs stay the same. Once you start to work for yourself and save at least 10% of your earnings, you'll need to invest your savings into something that will generate a good rate of return.

Why do you need to start saving and investing now? Why can't I just wait till I graduate and enroll into my company's 401k and stock option plan? Previously, I

pointed out that youth is your greatest asset and, of course, time is on your side. With more years to save and invest, your contributions can be less, while the results will be exceptional. If you start saving and investing later, you're going to have to play catch up and save more of your income to have a comfortable nest egg. In addition, your company's 401k plan will be a combination of investment vehicles that you will need to choose from. In the past, you didn't need to possess financial intelligence to retire comfortably, but today, with thousands of mutual funds to select from, you need financial education to improve the odds.

Ronald Muhlenkamp, Portfolio Manager for the Muhlenkamp Fund, is constantly revisiting the financial basics by telling his shareholders not to confuse income and wealth. Income can end with a simple dismissal notice or a change in interest rates. This is precisely why it is vital to build wealth which will help to sustain you during economic swings and

career misfortune. So what's the difference between wealth and income? Wealth can be seen as the assets you have that generate income, whether you go to work or not. Ask yourself this – tomorrow, if you were to become unemployed, how long could you survive without working or living off your parents? And that, in my opinion, is the definition of wealth.

In order to build wealth, you need to discipline yourself to save consistently. Many years ago on a birthday I will never forget, I had accumulated \$125 from various gifts from friends and family. My father made me an offer that day that unknowingly put me on the road to financial freedom. He said he would double my savings of \$125 if I could hold onto it and not spend anything for 6 months or until May

10th. Immediately, I accepted and the agreement had been sealed with a handshake. During the next few months I did everything I could to make it inconvenient and impossible to spend my cash. I used a keepsake box my grandmother gave me to hold the money and hide it away under my

bed. I remember seeing the ice cream truck come down the street and racing to get some money, only to find out that by the time I got to my bedroom, found the box, and located the keys (which were kept in a separate hiding place), the ice cream truck had long since pulled away. When I look back on those days, I can't help but smile at the unconventional way my parents worked to install discipline into their son's daily life. Six months later, I had accomplished my goal and disciplined myself to save for my future, not to mention being \$125 richer.

In *Seven Strategies for Wealth and Happiness*, author Jim Rohn points out that it doesn't matter what you make, it matters what you do with what you have. In other words, what you can keep for yourself. By saving and investing now, you'll be building wealth that will assist you later in life. Ronald Muhlenkamp once said that the essentials of life are cheap. Only the luxuries are expensive. Today, those items you see as luxuries often become essentials in old age. By doing the right things now and building wealth – you'll be free to pursue your dreams and achieve your worldly aspirations.

Recommended Reading – *Seven Strategies for Wealth and Happiness* – By: Jim Rohn



## Pollution And Prosperity

By **PAUL MAIDMENT**  
Forbes.com  
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China set up a state agency to tackle the damage its rapid industrialization was doing to the environment as long ago as 1998. But as China's economy continues to grow, so does the country's energy consumption, and with it the scale of the challenge that the State Environmental Protection Administration (SEPA) faces.

One measure of how fast the country's energy demands are growing is its oil needs. China's 2006 oil consumption is forecast to increase by almost half a million barrels per day from last year's volumes, or 38% of the total growth in world oil demand. China is the world's third-largest net importer of oil, behind the U.S. and Japan.

But pollution from burning the country's highly sulfurous coal, China's leading source of energy, is most damaging the health of Chinese, the quality of the air they breathe and the water they drink.

Half of the 2 billion tons of coal China burns each year, accounting for two-thirds of the country's energy consumption, feeds industry. The sulfur dioxide and soot thrown off results not only in a polluted atmosphere but also acid rain that falls on a third of China's cities.

Given the wide dispersion of China's factories, a legacy of Mao Zedong's economic decentralization, acid rain has had an additional harmful impact on agriculture. Water pollution, soil erosion, deforestation and desertification in the north, where rivers are drying up, have contributed to an estimated loss of one-fifth of agricultural

land since 1949.

Concentration for most pollutants remains high despite legislation passed in 2002 to control emissions in ten of China's biggest cities and several river valleys that provide industrial arteries into the interior from the heavily populated coasts. This followed a 1998 study by the World Health Organization that found that seven of the ten most polluted cities in the world were Chinese.

Making industry cleaner and more energy-efficient has been at the forefront of Beijing's attempts to reduce emissions. Enterprises are being pressed to change over from coal to cleaner-burning natural gas and methane, and to be more energy-efficient by modernizing their plant equipment in the switch.

At the start of this year, China enacted new legislation, the Law on Renewable Energy, which promotes cleaner energy technologies. It also introduced a target of generating a tenth of the country's electricity from renewable resources by 2010, up from 3% now.

China is already investing billions of dollars to substitute hydropower (which counts as a renewable energy source) for coal and gas in electricity generation. However, some of those projects, such as the gigantic Three Gorges project on the Yangtze River, due to start generating power in 2009, have created a separate set of environmental problems.

Wind power is also being experimented with in a small way for power generation in northern and western China, where it could supply electricity to rural villages in windswept and increasingly arid Inner Mongolia and Gansu Province that are still

not on the grid.

Environmentalists also see potential for wind power generation along the coast, where windmills on islands could supply some big cities. However, China is still reliant on imported technology to drive its energy conservation and diversification.

The need for cleaner energy is urgent. Carbon emissions have more than doubled in the past 25 years. China is now the second-largest emitter of energy-related carbon dioxide emissions after the U.S.

But while the country's energy intensity—the amount of energy required to produce a unit of economic growth—is improving, it is not improving enough to offset the pace of growth of the economy, the population and living standards.

A SEPA report in 2003 said officials were "not optimistic" about the success of their efforts to curb air pollution. Anti-pollution laws are only slowly being strengthened, and enforcement of existing ones has been lax, with small punishments for offenders. However, recently, environmental officials have become increasingly active in blocking new industrial development.

The growth of road freight and the more widespread use of private vehicles have made transportation the second area of priority for Beijing's energy conservationists. Chinese bought 7 million new cars last year, making it the world's second-largest car market after the U.S.

The World Bank has forecast that there will be 170 million vehicles on the roads in China by 2020, by which point the country would have overtaken the U.S. in total car ownership.

Once clogged with bicycles, Beijing is now clogged with cars—2.5 million of

them. The capital is weaning its public transportation off gasoline. It has the largest fleet of natural gas-powered buses in the world. But the rapid growth of car ownership mitigates much of the public effort.

Car exhaust emissions in the U.S. account for 5% of worldwide carbon emissions. If China, which is investing heavily in developing a domestic auto industry, matches the U.S. in car ownership, it would exacerbate an already growing global problem.

Much will depend on whether China's motorists decide to choose smaller, fuel-efficient vehicles favored in Japan and Europe or the larger gas guzzlers driven by Americans.

To encourage the answer it wants—and to cut back the country's growing oil imports—Beijing has imposed taxes on high-gas-consumption autos, while adopting European auto emissions standards in 2004. The government has said it will raise those to the highest European standards in 2008.

China's longer-term opportunity is to build an auto industry based not on the gasoline engine but on alternative fuels, skipping a generation of technology as it has done in areas such as telecoms.

It is a delicate balancing act: economic growth, public health and social stability. While China's leaders know that, historically, challenges to Beijing's power come from the countryside, it is in the many smog-ridden, traffic-clogged, dirty-water cities that a rising middle class may find political voice around the quality of urban life.



# SPORTS

## Wildcat Watch

**By DAN BOOTH**

*Director of Athletic Communications*

### ICE HOCKEY (5-2 overall, 4-2 ECAC Northeast)

The Wildcats have won three straight and are currently in second place in the league standings. Junior Ryan Jacobs (Derby, Vt.) (8 goals, 2 assists) and senior Zach Cobb (Dover, N.H.) (2 goals, 8 assists) lead the team in scoring with ten points each on the season. Freshman DJ McNaughton (Hollowell, Maine) has added six goals (including four power-play tallies) and two assists for eight points. Junior Adam Frew (Concord, N.H.) has also notched eight points this year with two goals and six assists. As a team, JWU is averaging over four goals per game with 17 players scoring at least one point for the season. Sophomore Brian Noiles (Burlington,

Mass.) has posted a 3.37 goals against average and an .908 save percentage.

### WRESTLING

JWU is currently ranked No. 10 nationally in the NCAA Division III Brute/adidas rankings. Individually, several Wildcats are also ranked nationally. Junior All-American Steve Martell (Caldwell, N.J.) is currently ranked No. 1 nationally at 165 pounds and is undefeated on the season with a perfect 10-0 mark. Junior Brandon McDonough (Des Moines, Iowa) is ranked third in the nation at 125 pounds and has compiled a 10-1 record. Senior Matt Smith (Danville, N.H.) is ranked fifth nationally at 133 pounds with a 4-0 record. The Wildcats have someone ranked in the top six in New England in nine out of ten weight classes. Sophomore Jerome Owens (Mitchellville, Md.) is currently

ranked No. 2 in New England at 174 pounds and is second in New England with five wins via pin fall while sophomore Bryan Lenhardt (Gloucester, Va.) is ranked No. 3 at 184 pounds. At the Wildcats home opener on Wednesday, December 6th against Bridgewater State, the first 50 students in attendance will receive a free t-shirt.

### MEN'S BASKETBALL (0-3 overall, 0-0 Great Northeast Athletic Conference)

Senior Japhet Kerr (Mt. Kisco, N.Y.) leads the team in scoring with 21.7 points and is adding 4.7 rebounds and 5.0 steals per game while junior Tirone McCray (Brockton, Mass.) is averaging 12.7 points per contest and is tied for the lead in rebounds with 4.7 per game. Freshman Darren Faust (Queens, N.Y.) rounds out the double-figure scorers for JWU, adding

10.0 points and 3.0 rebounds per game for the Wildcats. The Wildcats are averaging an impressive 16.7 steals per game while forcing opponents into 20.2 turnovers per contest.

### WOMEN'S BASKETBALL (1-2 overall, 0-0 Great Northeast Athletic Conference)

JWU senior Samantha Cowens (Needham, Mass.) leads the team in scoring and is nearly averaging a double-double with 11.7 points and 9.7 rebounds per game. Sophomore Shannon Hunter (Thoreau, N.M.) is adding 8.7 points, 7.5 boards and a team best 4.0 steals per contest. As a team, JWU has a +2.0 turnover margin and is averaging 16.0 steals per game. The Wildcats have a deep team this year with nine players averaging at least 10 minutes per contest.

### Johnson & Wales Hockey Downs Stonehill, 5-4

**By DAN BOOTH**

*Director of Athletic Communications*

The Johnson & Wales University hockey squad notched four power play goals en route to a thrilling 5-4 victory against Stonehill in an ECAC Northeast contest at the Rhode Island Sports Center on Saturday evening.

Johnson & Wales got on the board quickly when junior Shawm Roach (Grapevine, Texas) scored just 2:06 into the game to take a 1-0 advantage. Senior Zach Cobb (Dover, N.H.) and junior Ryan Jacobs (Derby, Vt.) scored back-to-back power play goals less than a minute apart to give the Wildcats a 3-0 lead after just 9:10 minutes of action. A goal by Stonehill sophomore Brendan O'Brien (Braintree, Mass.) at the 11:23 mark cut the lead to 3-1 and JWU took the two goal lead to the locker room after one period of play.

Again, JWU struck early in the second period as a power-play goal by junior Matt McGilvary (Rochester, N.H.) just twenty one seconds in gave the squad the 4-1 lead. Stonehill's Chris Rogers (Westford, Mass.) made the score 4-2 with a power play goal at the 2:30 mark before JWU responded at the 8:12 mark when a power play goal by junior Jakub Kubrak (New York, N.Y.) gave the Wildcats the 5-2 lead. The goal would prove to be the game-winner. O'Brein and Rogers scored their second goals of the game at 9:57 and 16:13 respectively to cut the Skyhawks deficit to just one goal.

The teams skated to a scoreless third period as Johnson & Wales held on for the 5-4 victory.

Sophomore Brian Noiles (Burlington, Mass.) made 38 stops in the victory for Johnson & Wales while senior Matt Gorman (Southboro, Mass.) had 10 saves for Stonehill in the setback.

JWU improved to 6-2 overall on the season and 5-2 in the ECAC Northeast while Stonehill drops to 1-7, 0-6 in league play. The Wildcats will return to action on Friday, December 7th when they travel to Oswego State for a non-conference contest at 7:00 p.m.

### JWU Women's Basketball Knocks Off Framingham State, 70-64 In Overtime

**By DAN BOOTH**

*Director of Athletic Communications*

The Johnson & Wales women's basketball team posted a 70-64 overtime victory against Framingham State in a non-conference contest at the Athletic & Recreation Center on Saturday afternoon.

Johnson & Wales opened the game on a 17-5 run over the first seven minutes and maintained their double digit lead throughout most of the first half as senior Samantha Cowens (Needham, Mass.) had 12 first half points on 6 of 10 shooting from the paint to go along with 9 boards.

Framingham State took their first lead of the game at 39-38 with 16:21 remaining in the contest after opening the second half with an 8-3 run. Johnson & Wales responded midway through the half with a run of their own, using a 7-0 spurt to take a seven point lead at 54-47 with just under five minutes to play. Regulation ended with both teams tied at 58-58.

The overtime session belonged to JWU as they forced several Rams turnovers and connected on 2 of 3 shots from 3-point range to open up a seven point lead midway thru the extra time. The Wildcats then held on for the 70-64 victory.

The Wildcats were led by Cowens who finished with a team high 20 points and 19 boards. Sophomore Johanna Santosuosso (Salem, N.H.) chipped in 17 points including 4-of-8 from behind the arc, while sophomore Shannon Hunter (Thoreau, N.M.) added nine points and 12 boards in the victory for JWU.

With the win Johnson & Wales improves to 2-2 while Framingham State falls to 4-2 on the season.

### JWU Men's Basketball Upends Rivier, 68-55

**By DAN BOOTH**

*Director of Athletic Communications*

The Johnson & Wales University men's basketball team picked up their first win of the season with a 68-55 victory against

Rivier in a Great Northeast Athletic Conference contest on the road on Saturday afternoon.

Leading the way for Johnson & Wales was Japhet Kerr (Mt. Kisco, N.Y.) with 27 points (including 17-of-19 from the free throw line), seven rebounds and four steals while freshman Darren Faust (Queens, N.Y.) notched 18 points and four boards for the Wildcats. Senior Greg Samuels (Philadelphia, Pa.) added a double-double for JWU with 10 points and 10 caroms in the victory. Jeff Carpenter had a double-double in the setback for Rivier, scoring 18 points with 10 boards.

With the win Johnson & Wales improves to 1-3, 1-0 in the GNAC while Rivier falls to 3-2-1 on the season, 0-1 in league play. The Wildcats will return to action on Tuesday, December 5th when they host Rhode Island College in a non-conference game starting at 7:30 p.m. The game will be broadcast live locally on Cox 3.

### JWU Men's Basketball Drops 77-68 Decision Against Coast Guard

**By DAN BOOTH**

*Director of Athletic Communications*

The Johnson & Wales University men's basketball team dropped a hard-fought 77-68 decision against Coast Guard in a non-conference contest at the Harborside RAC on Wednesday evening.

Senior captain Japhet Kerr (Mt. Kisco, N.Y.) scored 20 points and added seven rebounds and four steals while junior Tirone McCray (Brockton, Mass.) added 19 points and seven boards in the setback for the Wildcats. Coast Guard junior Jeff Prebeck (Columbus, Ind.) scored a season and game-high 27 points for his third straight double-double, adding 11 rebounds in the victory. Fellow junior Steve Blum (Farmington, Conn.) added 15 points and eight boards for the visiting Bears.

Johnson & Wales jumped out to a 10-3 lead in the first four minutes of the game. The Wildcats later used an 8-0 run to take their biggest lead of the half, 36-20 with 6:31 left. Coast Guard responded with nine straight points and used a 24-4 run

which included 10 straight points by junior Al Sowers (Monrovia, Md.) to take a 44-40 lead with 14.2 seconds left in the half. Kerr knocked down a three-pointer in the closing seconds for Johnson & Wales making it a 44-43 game at halftime.

Coast Guard built a 58-49 lead with 12:58 left and led by as many as 13 after a layup by Sowers with 4:05 left in the game. The Bears would then hold on for the 77-68 victory.

With the loss Johnson & Wales falls to 0-2 while Coast Guard improved to 4-1 for the year.

### Johnson & Wales Wrestling Places Second At RIT Invitational

**By DAN BOOTH**

*Director of Athletic Communications*

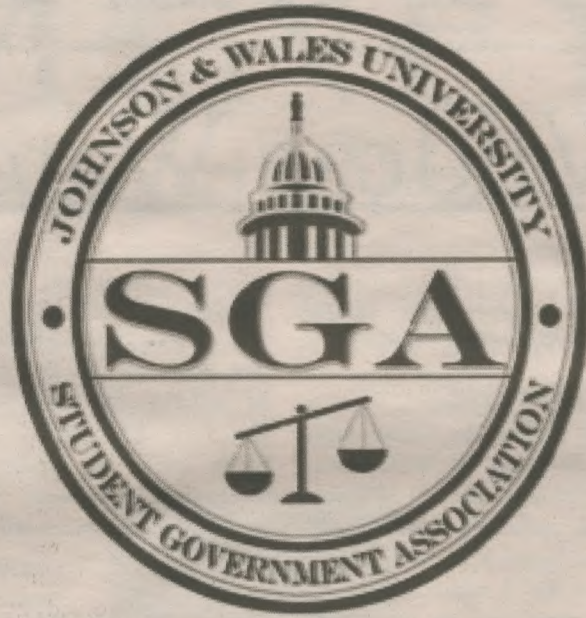
The ten-ranked Johnson & Wales University wrestling team notched a second-place finish at the RIT Invitational in Rochester, N.Y. The Wildcats finished with 117 points in the 15 team meet while Wilkes took first place with 138.50 points.

Junior Brandon McDonough (Des Moines, Iowa), the country's third-ranked wrestler at 125 pounds notched a first-place finish with a record of 4-0 and was named the tournament's Most Outstanding Wrestler. Sophomore Bryan Lenhardt (Gloucester, Va.) was also perfect on the day 184 pounds, taking first place for the Wildcats with a 4-0 mark. Sophomore Jerome Owens (Mitchellville, Md.) notched a second-place finish at 174 pounds while sophomore Will Esposito (Danbury, Conn.) placed third at 184 pounds for JWU.

The Wildcats will return to action on Wednesday, December 6th when they host Bridgewater State in a dual-match, starting at 7:00 p.m.

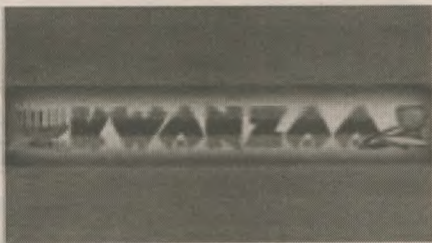
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# Arts & Entertainment

## Holiday Jingle Rock Brings Back Santa Clause With a Cause

By JACKSON BURTCH  
Arts & Entertainment Editor

Even before Thanksgiving, the nostalgic scent of peppermint lingered in the air and signs in the surroundings signaled the onslaught of the holiday season. As holiday awareness heightens, the department stores and malls load their buildings with holiday themed décor, Christmas lights are thrown up on various houses and everywhere you go, the commotion of festive holiday music barges into your ears from every direction. After a while, you find yourself constantly bored to death of the same ol' Yule tide tunes that accompany every family get together and shopping excursion. You might ask yourself, is there anything I can enjoy listening to, to get me through the holiday season instead of this never-ending mind-drool? If you're looking for a unique, modern rocking Christmas caroling retreat, there just might just be something up you're alley.

Just recently, yours truly decided to take a jaunt up to the majestic city of Boston on the commuter rail to wander around and explore the city. While there, I stopped in at a local record shop and was pointed to the holiday section which encompassed everything from Kids Bop carols to Diva's in extravagant Christmas-ware, to holiday songs from all over the world in all shapes and forms.

Browsing this array of countless Christmas knock-offs, I stumbled upon a CD entitled *A Santa Cause - It's a Punk Rock Christmas* released only two years ago on Immortal Records. Sure, it wasn't a classic with a long list of hits made in the traditional aspects. But, with an open mind and boundless heart, I discovered a timeless compilation of fresh new acts leaping out with holiday rock 'n roll soul. And hey, proceeds from the sale of the CD go towards the Elizabeth Glaser Pediatric Aids Foundation, a more than worthwhile cause to assist and protect children against

AIDS and other illnesses.

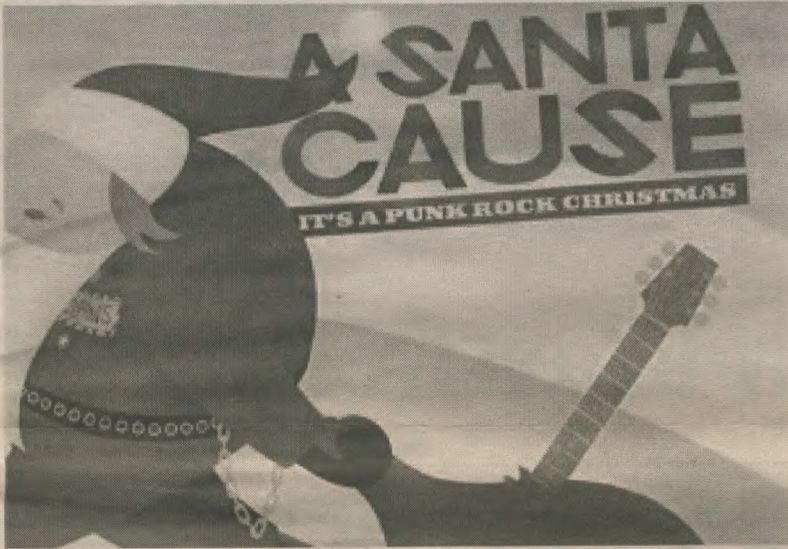
Overall, the assortment of bands comprised on this stellar album expresses ultimate joy as well as lowly sorrows in all perspectives of the holiday spirit. From upbeat songs that praise the coming, uplifting days of Christmas to jam-packed raw emotional rhetoric, mulling over what it's like to live in solitude over the holidays, even as far as cries in the realm of zombies coming to life on x-mas! Who knew that such a diverse punk rock line up could produce a variety of songs befitting the holidays? Other than smoothly expressing these feelings in their music, the artists involved provided us with catchy, moving guitar riffs and rhythms. Yet, some of the songs bring lyrics with a deeper meaning, seeking to delve into the listener's inner psyche.

Signature components of this album include the touchingly captive "Forget December" by Something Corporate, a pop-rocked jingle by New Found Glory

called "Ex-Miss", the enchanting acoustic skills of Acceptance featured in "Happy X-Mas" and the ever reliable antics of Blink 182 in their song "I Won't Be Home For Christmas".

Other artists bundled in this package of musical delights includes an all-star line up with the likes of Fall Out Boy, Matchbook Romance, MXPX, Saosin, The Beautiful Mistake, Gatsby's American Dream and the Mighty Mighty Bosstones.

As Christmas and many other major holidays approach, many people will find themselves suffering under the blanket of classically over-played, stereotypical holiday melodies (excluding the Chipmunks holiday cassette, how memorable was that tape?). You on the other hand, have a choice to venture into relatively fresh musical territory that addresses the holiday season in a whole new viewpoint. So, if you're at all intrigued by a new holiday beat, check out this collection of righteous tunes!



## Jay-Z Calls Out His Critics and Retirement in *Kingdom Come*

By JACKSON BURTCH  
Arts & Entertainment Editor

Everybody wants to go out with a bang, at the top of his or her career. Let's face it, nobody desires to quit while they're in the lead. That's the perpetual curse of the champ - pride. It's what makes boxers climb into the ring past their prime. It's what convinces basketball legends to play baseball. It's what brings zillionaire rappers back to the mic for one more album. And aside from a few rare exceptions, the results are never good. Jay-Z's new CD *Kingdom Come*, however, is one of those exceptions.

Backed by distinguishing tracks from an all star line up of producers like Just Blaze, Dr. Dre, Swizz Beats, Kanye West, The Neptunes and the not-so-gangster Chris Martin of Coldplay who graces the symphonious track, "Beach Chair", Jay-Z tries to take the high road on many of these cuts, rhyming about his massive success, philanthropic efforts and political connections. And to be sure, he's still got the same instantly identifiable voice and intoxicating flow.

"The Prelude" kicks off the album with nice melancholy '70s vibes courtesy of producer B-Money, who laces up a nice soul groove that melds itself wonderfully to Hova's mellifluous flow. This carries over into "Oh My God," produced by the highly praised Just Blaze and is a straight-up battle track, Jay-Z beating his chest from within a whirlwind of keening gospel hooks and building horns, while the title track, "Kingdom Come" - built on the slinky spine of funk lunatic Rick James' "Super Freak" - casts the Hova as New York's superhero savior, tearing off business suit à la Superman and lifting the rap world, Atlas-style, on his shoulders. While noticeably punchier than the previous track, it keeps the soulful flavoring locked in for mondo freshness.

*Kingdom Come* also showcases an older, wiser Jay-Z. "Hollywood", featuring a commanding, multi-tracked Beyoncé, expresses weariness with the showbiz merry-go-round, while "I Made It" comes on less like a world-straddling boast than a graduation certificate posted home to

mom. But it's "30 Something" where the lines really begin to show - a gleaming cut of Yuppierap that sees Jay pondering about "good credit and such" as if from the comfort of a foot spa. Yet he constantly challenges his doubters in "Dig a Hole", sufficient proof he hasn't exactly mellowed with age and can still pump out a



lyric of masterful command that's not so much about killing his enemies as literally burying them, with earth, in a big hole. Yet Jay-Z ventures into the political spectrum and lashes out in "Minority Report", the "George Bush doesn't care about black people" moment - a nightmarish re-enactment of the day Hurricane Katrina hit New Orleans that places blame "in the hands of the people that left my people stranded."

Other tracks on *Kingdom Come* include "Show me What You Got", "Lost One", "Do U Wanna Ride (featuring John Legend)", "Anything (featuring Usher and Pharrell)" and "Trouble".

For all intents and purposes, *Kingdom Come* reveals itself to be Jay-Z's stab at contemporary R&B, leaving behind the hungry-for-the-streets intensity of his earlier work for the comfortable-in-silk-sheets accessibility aimed at older rap fans and those who may have grown tired of ultra slick contemporary urban sounds. For this reviewer, it was a fresh wave of innovative sound from a rapper who's been in the game since the days of middle school. *Kingdom Come* is an essential must-have for all loyal Jay-Z fans as well as those who are always looking for a new, crisp beat in their speakers.

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