President George W. Bush recently signed the Deficit Reduction Act into law which was passed by Congress on February 1, according to the Institute for America’s Future.

Included in the bill is a $12.7 billion cut to federal student loans. Also, the maximum amount a Pell Grant will be awarded is frozen at $4,050. These scholarships funds don’t have to be paid back and greatly benefit students. It also locks in higher fixed interest rates on student loans. According to Lynn Robinson, Director of Student Financial Services, the new rate will be 6.8% and only affects new loans made on or after July 1, 2006. The current rate is 5.3% for repayment.

Beginning July 1, of 2007 the Stafford loan limit for first year students will increase to $3,500 and for second year students it increases to $4,500. Aggregate loan maximums will remain at $23,000.

"This bill will make it harder for students to work off higher interests," said Robert Borosage, co-director of Campaign for America’s Future. "This measure makes deep and harmful cuts to student loans that will not even pay for the new tax breaks planned for the wealthy."

Currently, there are 44,049 students in Rhode Island who rely on federal funding to attend college. It is estimated that the cost of a student loan will increase $2,180 in Rhode Island.

According to the Institute for America’s Future, tuition at Rhode Island’s state universities have been raised $1,367 since 2000.

The cost of education is rising and the Federal government is not providing additional resources, said Robinson. The university tries to fill the gap with institutional resources.

Unfortunately, student loans are a necessity and Robinson said that most students will graduate with debt. Johnson & Wales is one of the few schools that offer financial planning services to assist students to help pay for college while managing living expenses. Robinson urges students to take advantage of these services offered. Financial planners are available Monday through Friday in the Kinsley building downtown from 8:30AM to 4:30PM and in John Hazen White building until 6PM. At the Harborside campus, planners are also available from 8:30AM until 6PM in the Paramount building.

Sallie Mae, a provider of student loans, said that $143 billion was awarded to students last year. If they have not already done so, then students are encouraged to fill out the Renewal Free Application for Federal Student Aid (FAFSA) form now. According to the American Council on Education, 1.5 million students missed out on federal funding in 2004 because they did not fill out their FAFSA forms.

According to Eric Korvall at Sallie Mae, the Deficit Reduction Act increases the amount undergraduate and graduate students can borrow from federal loans. With interest rates rising, both Korvall and Robinson stated that graduating seniors need to consolidate their loans as soon as possible in order to lock in the lowest interest rates. Exit interviews take place the last week in April and the first week in May. Robinson said that there will be experts on hand to help students consolidate.

Robinson said that there are many scholarships available to all students and they need to fill out the application before deadlines. Many of these scholarship deadlines have already passed.

The most important thing in society is to get a formal education. It keeps getting harder with all the financial barriers, said Lauren Basso, a freshman at J&W.
Men and Women Needed for Alcohol Drinking Research Study

The Center for Alcohol and Addiction Studies at Brown University is examining the effects of a medication on responses to drinking and alcohol related cues. Study participation will involve several outpatient visits over approximately a 6-week period. Earn up to $500 for completing the study.

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SAFETY & SECURITY

BLOTTER

Monday, February 6, 2006 at 1:42 pm
Arrest / McNulty Hall
Student arrested and charged with a narcotics violation.

Wednesday, February 8, 2006 at 3:30 pm
Arrrest / Off Campus
Three students were arrested and charged with conspiracy to defraud a financial institution and obtaining money under false pretenses.

Thursday, February 9, 2006 at 1:30 pm
Aggravated Assault — Arrest / Garbe Commons
Student assaulted by 5 subjects with no description given and knocked unconscious. A group emerged from the Snowden Hall and fought with the first group. A student was arrested as police were dispersing the crowd.

Saturday, February 11, 2006 at 12:53 am
Vandalism / Richmond Street Gate
A non-student was arrested for vandalizing the traffic control gate at the entrance to the Richmond St. lot.

Saturday, February 11, 2006 at 1:53 am
Arrest / Radisson Airport Hotel
A non-student was arrested by police for an outstanding warrant.

Monday, February 13, 2006 at 11:30 pm
Arrrest / Edison Hall
A student was arrested by police and charged with a larceny.

Thursday, February 16, 2006 at 1:17 pm
Student arrested / Snowden Hall
A student was arrested by police for receiving property under false pretenses.

Sunday, February 19, 2006 at 12:35 am
Disorderly conduct / Pine St

A non student was arrested for disorderly conduct in the rear of McNulty Hall.

A student was arrested by police for domestic assault on another student.

Providence police reported to safety and security that there was an attempted break into one of the construction site trailers.

IF YOU HAVE ANY FURTHER INFORMATION REGARDING THESE INCIDENTS PLEASE CONTACT THE CRIME PREVENTION UNIT. ALL CALLS ARE CONFIDENTIAL (401) 598-2947

Lost & Found

<table>
<thead>
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<td>n/a</td>
</tr>
</tbody>
</table>

Contact Information

MAIL
The Campus Herald
8 Abbott Park Place
Providence, RI 02903

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401.598.2667

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401.598.1171

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campusherald@wvu.edu
mentors will be presented with a gift, commissioned specifically for the event by a local artist. Dinner will feature a live jazz band, and following the formal program, DJ Jim Clayton will take over control of the dance floor until 2am.

The event will round out on Sunday with a breakfast that features the music of Nettelskung, Feminist Voices, and Anjila. The joint event has helped to further develop a partnership between the Multicultural Center and the Women's Center.

I am pleased to be involved in a program that recognizes the importance of having mentors and being a mentor. Sarawgi said, I look forward to hearing about the young strengths and the people who have positively influenced their lives.

Tickets for the event can be purchased through the Women's Center or the Multicultural Center at J&W. There is a limited number of seats. Tickets cost $50 for faculty and staff and $25 for students.

By Mathiew Medeiros
Assistant Editor

The 2006 Johnson & Wales University undergraduate commencement ceremony will feature two guest speakers. At the Business, Hospitality, and Technology ceremony, Mr. Jon L. Luther, Chief Executive Officer of Dunkin Brands, will receive an honorary degree in Doctor of Business and give a speech. At the College of Culinary Arts ceremony, the President and Chief Executive Officer of Morrison Management Specialists, Mr. Glenn Davenport, will give a speech and receive an honorary degree in Doctor of Culinary Arts.

Dunkin Brands owns Dunkin Donuts, Togo's, and Baskin Robbins, According to the company's website, dunkinbrands.com, Luther has been a veteran of the food service industry for 35 years. He joined the Dunkin' team in 2003 as CEO and was President of Popeyes Chicken & Biscuits since 1997. Under Luther's management at Popeyes, the company's store count grew 67 percent, average annual unit volume grew to $1 million, and they won awards for menu strategy, store re-design, and customer satisfaction.

In 1967, Luther joined ARA Services in Philadelphia where he began his career. By 1981, the company named him President of ARA's Dave's restaurant subsidiary. He earned a degree in hotel and restaurant management from Paul Smith College and participated in the Wharton School of Business Community Leadership-Seminar Program. In addition to successfully managing many corporations, Luther sits on the Board of the Women's Foodservice Forum, and previously was on the Board for the Scatter Hotel Management Program at Canisius in New York.

Morrison Management Specialists Inc. owns both Morrison Healthcare Food Services and Morrison Senior Dining. According to immorrison.com, they specialize in nutritional dining services to both hospital and senior living markets. Davenport has been with the company since 1973 and was first employed by the original parent company, Morrison Restaurants Inc. Davenport has been CEO since 1996 after Morrison Healthcare became a separate corporation. In addition to his management duties, he is a member of the executive board of Compass Group, North America and serves on the Board of Directors for Foodbuy and the Multicultural Foodservice and Hospitality Alliance. He is also a member of the Young Presidents Organization and National Association of Corporate Directors. Davenport has received several awards including the Silver Plate 2000 Award for healthcare and the MUFGO 2000 Golden Chain Award.

Is your organization doing something worth reading about?

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RHODE ISLAND HAS MIXED RECORD ON PUBLIC ACCESS

By Ray Henry
Associated Press Writer

Terrorism fears have steadily eroded the public's access to government information nationwide since the Sept. 11, 2001 attacks, but in Rhode Island new laws limiting access have been offset with those that make government more open.

Nationally, state passed 616 laws that restricted access — to government records, databases, meetings and more — and 284 laws that loosened access, according to a review by The Associated Press.

In Rhode Island, the opposite trend appears true. Since 2001, at least two laws have restricted access to public information and three times that many have loosened it.

Still, advocates for open government say they're disappointed the General Assembly has not moved to further open the state's public records law by introducing language balancing ever-growing worries over privacy against the public's need for information.

"If we start closing the shades so we can't see what the government is doing, government will become less account- able and ultimately more corrupt," said H. Philip West Jr., executive director of Common Cause, a nonprofit open government group.

West said that often government secrecy in Rhode Island is not motivated by terror fears but by sometimes unreasonable concerns over identity theft and fraud.

"We live in a time where there's profound concern for privacy and the amount of information that's out there in cyber-space," West said. "It sometimes discloses (people) against sunlight in government."

A review by the AP identified a single major terror-related restriction on public information added since the 2001 terror attacks. A law passed in 2002 classifies water supply management plans as "sensitive information" exempt from public disclosure. While the bill authorizes water supply boards to collect plans previously given to outside parties, they must still make a summary document available to the public.

The Providence Water Supply Board provides information about water quality, but it restricts access to information that could be used to cripple critical infrastructure, deputy general manager Boyce Spinelli said.

"We have a responsibility to protect the water, because if anything happened, we serve over 60 percent of the state and there aren't that many water sources out there," he said.

Among the handful of laws passed to ensure open government is one that makes it easier for citizens to find out about public meetings online.

Starting in 2004, all government bodies subject to the state's Open Meetings Law have been required to post their meeting notices and minutes on the Secretary of State's Web site. People interested can sign up for e-mail alerts every time government bodies they select schedule a meeting.

So far, most agencies are following the law, said Peter Kerwin, a spokesman for Secretary of State Matt Brown.

"We live in an age now where we can get e-mail notification about the latest news, sports scores, weather. So you ought to be able to find out easily if your town council has a meeting," Kerwin said.

Last year, legislators passed a law requiring any library that receives the majority of its funding from the public to follow the Open Meetings Law. A second bill that year bans government bodies from using telephone conferences to skirt sunshine laws.

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The Leaches of America

By Filomena DaSilva
Guest Writer

Why is it that illegal immigrants seem to have more rights than legal Americans? Most of them don't even speak the language yet they have been seen outside the Immigration and Naturalization Service (INS) office in New York rallying for rights. Rights? Why are we giving these people rights? They didn't take the proper steps to enter this country. But foolishly, many Americans, many times they receive rights! They get benefits such as free medications, free health coverage, job and educational assistance, childcare, housing assistance, food stamps, and other benefits. Believe it or not, many even get to vote.

As a matter of fact, politicians in the state of California want to include illegal aliens votes because they know they'll get thousands of extra votes. Why are we letting this happen? Why would anyone support a mess like this? Yes it is true. There are probably too many illegal aliens to apprehend, but if we kept a sharp eye on this issue and controlled our borders a little better by following laws that are already in place, we could control the influx of illegal into this country. See, America has a problem. America thinks that she can save everyone from everything. But, guess what? She can't. And she shouldn't have to. Its not our problem to save or help people that don't want to follow the rules. You want to come to America? No problem. But do it legally and wait your turn like most immigrants who followed the rules have done.

Many say, oh yeah, let them in. It is not fair that they have to be treated the way they are in their country when they could live a better life in America. No, it's not fair that they are treated the way they are, but guess what? Again, it's not our problem. America has no deals with America's children first. We have poverty. We have homeless. We have children dying daily because their parents can't afford health care for them. Yet these parasites are getting it free. When illegal immigrants sneak into this country, many have jobs arranged for them beforehand and are usually paid under the table. This means they don't pay any taxes. They receive from the system; yet, you and I pay for it into them. Unfortunately, this also takes jobs away from Americans who want to work but can't find employment. Let's talk about health care now. In a statement from Jon Dougherty's article titled, illegal Crushing L.A. Health System!, he says, According to a new report by Project USA, an immigration reform group that supports immigration limits and restrictions, illegal who routinely use emergency rooms as free clinics are costing state taxpayers $340 million annually — a figure that rises each year, even as lawmakers in Sacramento struggle to dig the state out of its $38 billion budget deficit. The report also states that no wonder an entire industry has sprung up in Asia advising sick Asians how to access U.S. health care.

A perfect example of this is pregnant women entering this country to have their babies. The baby is then automatically considered a citizen even though the mother entered illegally. In the meantime, she can't speak English so interpreters are needed. Interpreters do not work for free so we as the taxpayers must pay them. To irritate you more, these women received all of their hospital care, anesthesia, medication, room and board, etc. — free!! Do you pay for health care? I do. Do you pay for food? I do. Do you pay rent or mortgage where you live? I do! Don't you want your children to have a good education! I do. Unfortunately, a lot of the money that is being taken away from our checks goes to help pay for these illegal's benefits who are infringing upon our ability to save for our own children's future; our children who are here legally, our children who have a right to be helped by the government that we support daily.

Did you know that there were laws strictly forbidding the kind of free non-emergency health care available to aliens? Yet, in a website from the Los Angeles County Department of Health Services it trains immigrants to contact many of the public services that are prohibited from them by federal law. Why do we make laws if we don't enforce them?

Health care isn't the only issue. Have you thought about our already overcrowded schools? Thanks to these illegal and let's not forget the No Child Left Behind Act, our children are dumber now than they ever were. We have to now wait for the slow one to catch up so we can go ahead and learn a new lesson. This could take days, weeks and months all because they can't speak English. These kids will be graduating from high school knowing only that two plus two equals four. America's schools already don't score well compar- ed to other countries, yet because we want to accommodate everyone and everything we are destroying one of the very basic ideas that this country was founded on — education.

Olga Robles who lives with her husband, Frank, in Douglas, Arizona put it in her own words, About two years ago the trickle of people swelled to a flood with groups of thirty to well over a hundred people at a time hurrying through alleys, through people's yards and between their houses, climbing over roofs and clambering over graves in the cemetery. They knocked down fences, trampled flowers and shrubs, and cluttered neighborhoods with litter. They come in at night while neighborhood dogs bark until dawn. Finally, Mrs. Robles told authorities that if they wouldn't stop the trespassers then they should at least shoot the dogs so she could get some sleep.

This stream of migrants stopped going through Douglas when the town erected illuminated fences and strengthened their border patrol but that didn't stop the migrants. They just shifted to the west where ranch lands are abundant. Now the ranchers of San Diego County complain about their fences being broken daily by crowds of migrants, gates being left open allowing their cattle to stray, cattle being killed, watchdogs poisoned, water tanks drained, buildings broken into and proper- ty stolen, not to mention trash everywhere. They leave piles of empty plastic water bottles, food wrappers, dirty diapers, clothing, faces, toilet paper and any- thing else you can think of that would be left by masses of people on the move. In Bakersfield, California a two year old boy, Mateo, wandered alone on the street. He told officers his name, that he has two brothers and a dog but can't say much more. They haven't been able to locate his parents. Police believe there's a possibility that no one has come forward to claim him because his parents are here illegally. Officials state that enough time has passed by to consider this child abandoned and will therefore move him to the foster care system. Maybe his parents sent him over so he could have a better life knowing that America wouldn't turn her back on their son and even if he goes to foster care, he'd have a better chance in America than at home. Imagine that! Now we're taking care of other countries children as well.

I'm not against immigration — if it's done right. My family immigrated to the United States before I was born. They did it the legal way. They waited seven long years before they were allowed entrance into this country. Then they worked their rear ends off to make sure that they realized their American dream. They didn't suck up services from our country's taxpayers like the leaches we have seen in the last few years have done. For five illegal entering the country only one gets caught. This is a horrible statistic. We as American citizens must take action against this. The laws we cur- rently have must be enforced. All employ- ers must report illegal who try to get jobs. They somehow are able to get driver's licenses and social security numbers with fake documentation which in turns allows them to receive social services. Let me reiterate - This is all done illegally. Just because I've stated some examples in California or Arizona, doesn't mean those are the only states with illegal immigration issues. They enter from every angle. Even if they were the only two states, we can't forget that these people are always on the go. They don't want to get caught so they won't stay in one area for long. They'll keep migrating right into the core of America. Keep an eye out, they may even show up in your backyard one day.

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Take Back the Night
Pepsi Forum: March 23 starting at 5pm
Oily Politics

By Thomas Sowell

Towhall.com
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The Supreme Court's recent 8 to 0 decision (justice Alito not yet participating) shot down a claim that oil companies were colluding in settling prices. The claim was upheld by the Ninth Circuit Court of Appeals but neither liberals nor conservatives on the Supreme Court were buying it.

This unanimous vote should also tell us something about those politicians who are forever blaming rising gasoline prices on oil company collusion and "greed." There is no point exposing a lie unless we learn to be skeptical the next time the liar comes out with the same story.

After hurricane Katrina devastated a lot of oil processing capacity around the Gulf of Mexico there was — surprise — less oil being processed. With less oil being supplied — surprise — gasoline prices rose.

However much economists rely on supply and demand to explain price movements, politicians need villains, so that the jobs of big oil is a favorite villain and has been for decades. There is nothing like the political melodrama of summoning oil companies to testify before hearings before some Congressional committee, where politicians can wag their index finger at big oil's profits. It is happenings that big government takes more money in taxes than oil takes out of profits. But apparently somehow taxes don't raise prices. They certainly don't raise inflation from the politicians who voted for those taxes.

After the oil processing facilities were repaired and put back in operation — yet another surprise — prices came back down. Supply and demand has been doing this for centuries but apparently the word has not yet reached some politicians.

There is another aspect to supply and demand. As countries like China and India grow, years begin allowing more market transactions to replace government controls, their economies have begun growing rapidly. Growing economies mean rising demand for food, for shelter, for more of the amenities of life.

That in turn means a rising demand for oil, leading to rising oil prices around the world. Those who think in terms of supply and demand suggest — do surprises never end? — we ought to supply more oil to meet the rising demand. But the very politicians who are noisier about the high price of oil are the most bitterly opposed to increasing the supply.

Drilling for more of mighty disturb some animals or birds or fish. Worse yet, on a clear day people with beachfront homes might be able to see an offshore rig out on the horizon.

Even those who can't see oil being drilled in some isolated hinterland in Alaska would know that the drilling was going on, and that would upset their sensitive nature.

So we are left with nothing we can do about the rising demand for oil around the world, nothing we are willing to do about increasing the supply of oil, and angry denunciations of rising oil prices.

The politically correct answer is that we must have "alternative energy sources" and "conservation." At what cost? In money, in jobs, in complaints on people's lives — too crass a question for those delicate souls who are dead set against producing more oil.

These souls are apparently not so delicate, however, that they are bothered by the deaths of coal miners who get killed producing one of those "alternative energy sources" that sound so nice when you don't count the costs.

Many of the same delicate sensitivities have kept nuclear power plants or hydroelectric dams from being built in the United States for decades. Some in liberal political or media circles talk ominously about the Three Mile Island nuclear power plant. "Disaster" of which no one at all is just as compared to coal mines, in which less continue to be lost, year after year.

Meanwhile the fetishes of a self-congratulatory few, who demonstrate others as selfish, impose staggering costs on the country is just a whole. Facts get nowhere these fetishes because the fetishes are what provide a badge of identity as wonderful and special people.

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 Lies on Campus, you Bet!

By Patrick Dyl

Staff Writer

The Supreme Court has again interfered with education and this time unanimously ruling that any institution of higher education (colleges, universities, low schools, medical schools, etc.) that receive even a penny in aid from the federal government, must allow military recruiters full and complete access to the student body. With conditions ranging from the misguided war in Iraq rising, and new threats of action in Iran, coupled with falling recruitment numbers, the Department of Defense (DoD) is desperately trying to fill the ranks to keep America strong.

Critics on both sides of the war have used the term thin green line to refer to a report for the Pentagon by a retired general who states that the Army cannot sustain the pace of troop deployments to Iraq long enough to break the back of the insurgency he also supports. The report, issued by the Government Accountability Office (GAO)convincing young adults to join the military has become more difficult. At the same time, the DoD's budget for recruiting reached a record $4 billion for the fiscal year 2003 according to the GAO report, and the portion of that budget devoted to advertising nearly doubled in the past five years, from $299 million in 1998 to $592 million in 2003. In the same period the Army alone increased its advertising spending by 73 percent to $197 million, and the Air Force the same budget by 39 percent to $90.3 million. The advertising cost per new enlistee recruit has nearly tripled from $640 in 1990 to almost $1,900 in the year 2003 (figures from the GAO available at www.gao.gov).

It has now been well documented that recruiters have been using underhanded tactics to gain enlistees. Recruiters, like used care salesmen, have incendiary slogans, and other propaganda to entice young kids to sign a contract, and hand their life over to the Federal Government. According to an ex-marine recruiter, Recruiters have every incentive to be dishonest. Speaking for the Marine Corps only, recruiters have monthly quotas. Once filled, they slack off for the rest of the month. However, the more people signed up, the better their chances for promotion. The incentive for dishonesty is high indeed. (Chris White, Retired United States Marine Corps)

The Montgomery GI Bill, that pays for your education is the only DoD program to turn a profit, due to recruits, and another situation that potential recruits are not informed of. They fail to tell you that you must pay $1,200 dollars in your year of the military in order to get the G.I. Bill, which is quite a chunk of money when your salary is only $700 a month. You will be lucky if you get your monthly G.I. Bill check in your first three months of college, since the bureaucracy is so inept. (Chris White)

One weekend a month, two weeks a year is the slogan for the Army reserves, recruits are told that they can sign up, remain in their current community, still attend school, or work their current job, and not be called into active duty. However, the war in Iraq is relying mostly on Reserve and National Guard units, and the pentagon has been issuing stop loss orders, that prevent officers from leaving the service once their tour of duty is up.

Johnson & Wales already gives Army recruiters access to the University, despite having a recruiting station mere feet from the downsway campus, and after a failed attempt by a group of students who presented the administration with a petition signed by hundreds of students last spring, they still remain on campus. So be wary as you walk past them in the Dining Facilities, or on the street, because like a used care salesman, not everything they tell you is the truth.
JWU's Steve Martell Earns All-American Honors

By Dan Booth
Sports Information Director

Johnson & Wales sophomore wrestler Steve Martell (Caldwell, N.J.) earned All-American honors at the NCAA Division III Wrestling Championship held at the College of New Jersey this past weekend. Martell notched a fourth-place finish at 165 pounds over the two-day event. Also competing for Johnson & Wales were fellow sophomores Brandon McDonough (Des Moines, Iowa) and Matt Smith (Danville, N.H.).

After dropping his first match against eventual national champion and No. 1 ranked Derek Sikora, Martell ran off four straight victories, including a 4-2 win over No. 5 Gerald Brownie to reach the third-place match. In the third-place match, Martell lost to No. 8 Dustin Bliven. The talented sophomore finished the season with an outstanding 43-5 record.

Smith, seeded No. 3 at 133 pounds, won his first match of the day, a 9-3 decision against Alonino Keefar. Smith then suffered an ankle injury and lost his next two matches, finishing with a 1-2 record for the weekend with a 20-3 rank on the year.

McDonough, seeded second at 125 pounds in the tournament, dropped his first two matches of the weekend and finished the season with an impressive 42-3 record.

As a team, Johnson & Wales notched a 25th place finish at the NCAA Championship. This season, the Wildcats captured the NECCWA Dual Meet Championship and finished second at the NECCWA Championship. The team was ranked as high as No. 7 nationally during the 2005-06 campaign.

FOR YOUR INFORMATION:
J&W FITNESS PROGRAMS

Activities, times, and locations of the fitness programs that are available to J&W students.

Tai Chi
Sunday: 7-8pm
Multipurpose Room A

Bowling
Monday: 7-9pm
Multipurpose Room A

Ballroom Dancing
Wednesday: 7-9pm
Multipurpose Room A & B

Bowling & Billiards
Wednesday: 6:30-9:30pm
Harborside Recreation Center

Board Games Night
Thursday: 7-9:30pm
Multipurpose Room A
All programs are held at the Harborside Recreational Center. For more information contact them at 598-1616.

GYM INFORMATION
Plantations Hall
Downcity Campus
598-1617
Mon - Thu, 7am - 9pm
Fri, 7am - 6pm
Sat & Sun, 10am - 6pm

Harborside Recreation Center
Harborside Campus
598-1615
Mon - Thu, 6am - 10pm
Fri, 6am - 8pm
Sat & Sun, 10am - 8pm

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Take-Out: 401-228-8455
134 Providence Place, Providence 02903

Present this coupon with your student ID and enjoy a Free appetizer!

This coupon may be redeemed for one free appetizer with the purchase of an entree. Take the 12oz. long appetizer and appetizer special. Coupon is non-transferable to cash. Limit one per meal or with any other offer. Underage consumption is illegal. We reserve the right to remove Code 100.

Other good through 4/20/06. Limit one per table per visit.

All American! Steve Martell
Photo courtesy of Sports Information

Photo courtesy of Sports Information
Springtime in Providence

THE RESTAURANT RUNDOWN
GOOD EATS ALL OVER TOWN

By Alexis Jungdahl
Editor in Chief

What college student doesn’t love a good meal? But with a limited cash flow, the average college student doesn’t have much extra money to spend on a good meal. The Campus Herald presents our annual restaurant review, the best places to eat and drink, all over Providence.

PRICE KEY:
$ - Meal for $5-10
$$ - More than $15
$$$$ - More than $20

EAST SIDE POCKETS
278 Thayer Street
FINAL GRADE: A+
PRICE: $-

Consistently good service and great food, East Side Pockets gives Thayer Street a little Mediterranean flair. While East Side Pockets serves a range of delicacies, their falafel are their most memorable. A range of spices, sauces, and fresh ingredients combine to provide the perfect on the go meal and the staff knows how to rap up a pocket right, so it never falls apart in your hands. The simple atmosphere and friendly staff make East Side a comfortable choice.

CASERTA PIZZA
121 Spruce Street
(401) 272-3618

Revolution on Washington Street:
Cuban Revolution

FINAL GRADE: B+
PRICE: $-

For ten dollars, Caserta Pizza will serve you a rectangular pizza on a classic cafeteria style red lunch tray. The cheapest, tastiest pizza in town is well worth the 20-25 minute wait that is required for each pizza. The service at Caserta is nothing to brag about, don’t expect a friendly greeting from the wait staff, they won’t even bring your pizza to your table. Orders are called loudly over a speaker system, alerting customers that their pizza and paper napkins and plates are ready for pick up at the front counter. No frills here; just canned soda, a few toppings, and a very limited menu makes Caserta the perfect place to fill a tri-state craving.

DOWNCITY FOOD & COCKTAILS
151 Weybosset Street
(401) 331-9217
FINAL GRADE: A-
PRICE: $$$-

If for nothing else, stop by Downcity for some sweet potato fries or a bowl of homemade soup. No where else downtown serves up such lunchtime choices. The soup is usually sold out by midday, so get there early. In addition to the daily menu is a list of specials that really are special. Constantly changing, there is always something new to try. Grab a booth and relax with a cold beer or a drink from the bar, you’re bound to feel like you are tucked away from all the hassles of downtown.

GREGG’S RESTAURANTS
1303 N Main St, Providence, RI
(401) 831-5700
FINAL GRADE: B
PRICE: $$-

When all else fails, go to Gregg’s. The perfect place to grab a big cozy booth with friends, at any time of the day. Their menu, seemingly unchanged since the 50’s, has something for everyone, from burgers to pasta, sandwiches, and salads. The staff is friendly, the environment is laid back, and Gregg’s has a great selection of desserts. Prices are big enough to share with two or three friends. Most importantly, all meals come with fries, bread and pickles which native New Englanders just love.

CUBAN REVOLUTION
139 Washington Street
(401) 331-8829
FINAL GRADE: A+
PRICE: $-

Steps off the streets of Providence and take a mini vacation to Cuba. There isn’t much room to move around in tiny Cuban Revolution, but the food and environment immediately make up for it. One of the friendly servers will greet you at long diner style counter or you can choose to pull up a table instead. The colorful menu features Cuban delicacies as well as burgers, fries, and fresh salads. Don’t miss The World’s Best Cheese Sandwich, complete with three cheeses and hot peppers, and pair it with a side of fried yuca. While you’re here, check out The Fidel, The Bay of Pigs, of The JFK watch a documentary about the revolution of Cuba that plays continuously or look at Ch. Guerra posters that adorn the walls. The staff is friendly and relaxed, seeming to honor the revolutionary spirit the restaurant stands for.

TO DO: ENJOY THE SUN

By Alexis Jungdahl
Editor in Chief

The sad truth is, most J&W students aren’t in town long enough to enjoy a New England summer. As our first dose of sun shines through, here are a few ways to fill your free time.

Waterfire, the award winning sculpture installed in three downcivity rivers, starts its season at the end of May. A perfect place to see sculpture installed in Providence. The city offers more than ten different sculptures created from about 1850 all World War II, and each rich in national history. A list of current sculptures and their locations.

Trips Memorial Golf Course, located on Chalkstone Avenue, was constructed in the 1930’s. Although small the course is challenging. The course is open to the public but tee times must be reserved two weeks in advance, call 401-521-8460.

Go on a self-guided sculpture tour of Providence. The city offers more than ten different sculptures created from about 1850 all World War II, and each rich in national history. A list of current sculptures and their locations.

No one is ever too old for the zoo. Starting in April, Roger Williams Park Zoo is open from 9am-5pm. Current exhibits include: Africa, Madagascar, Tropical America, Marco Polo Trail, and the dinosaur exhibit.

What is your favorite thing about spring time in Providence?

Steven Blair Jr.
It’s my first spring here. I can’t wait until I have off from work and can just relax out doors.

Janine Abu-Jaoude Sr.
Spring time is nature’s way of saying it’s time to party!

Brianna Newitt So.
The warm weather you can walk around Providence and actually enjoy it.

Dean Needle Jr.
Just knowing that summer is rapidly approaching.

Student Apartment Rentals
Providence rentals starting now or June 2006
We have been told we have some of the nicest student apartments in the area! All our apartments are in a fun college area minutes from Downtown and right on the bus line.

1-8 Bed Apartments Available:
• Rent by yourself or with a group of friends

Whole Houses also Available:
• Perfect for FRATERNITY/SORORITY, Athletic Team, or Large Group
• We can accommodate groups up to 16 people

Most Apartments Feature:
• Renovated Kitchens and Bathrooms
• Phone, Cable and High Speed Internet in every room
• Refinished Hardwood Floors
• New Windows
• On Site laundry
• Parking

Please call for more details and to set up an appointment to see some places!

401-954-8236
Project MAPLE
(Making Adjustments for Positive Life Enhancement)

Women between 18 and 24

Have you used Marijuana during the past 3 Months?

You may be eligible to participate in a Research Study at Rhode Island Hospital about the health behaviors of young adults.

Participation is completely confidential

Eligible participants receive:
- Compensation for interviews
- Free STD testing

If you are interested in learning more, please contact:

Project MAPLE
444-0906

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Newly Renovated
1-8 bed apts. and whole houses for rent
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Many have NEW baths and kitchens, dishwashers, laundry, parking & High Speed Internet Access.

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Faculty Recognition Awards

STUDENTS VOTE NOW!

Call For Nominees!
Students now have the opportunity to identify-and vote for-a faculty member who has had an impact on them.

VOTE for as many of your FAVORITE PROFESSORS as you want!

SUMBIT YOUR VOTE
Go to:
www.jwu.edu/prov/parents
Click on Faculty Recognition

HURRY...Deadline
May 31, 2006
"This Week In Greek"

Greek of the Week
Considered to be a down-to-earth, all around nice person, this fabulous sigma of Delta Phi Epsilon Sorority has been an oversher in her residence, known as the Sage in Spring 2005 from New Jersey. She’s a sophomore currently majoring in Hotel Management and also working numerous hours as a Residential Assistant at Snowdon Hall. She’s also a leader currently holding the position of Vice President of Membership Development, she’s truly shown her commitment and dedication to her sorority and always manages to put forth 110% of her time to promote the success of her sorority. Oshana Rogers— congratulations you are the Greek of the Week! Keep up the good work.

Did You Know?
- Delta Phi Epsilon was founded on March 17
- As undergraduates, Greeks across the country raise approximately $7 million per year for charities.
- Of the 42 Presidents of the United States, 25 have been Fraternity members.
- The last living George Bush, a member of the Yale chapter of Delta Kappa Epsilon.

Upcoming Events
26—ACT & SAT’s Date Auction, 7 pm, Pepsi Forum
29—Take Back the Night, 5 pm, Pepsi Forum

Order of Omega

JOIN AN
EXCEPTIONAL
TEAM!

Office of Student Activities

Our Employees
- Are an integral part of Student Activities operations
- Are campus leaders, with proven academic standing
- Must have a 2.5 GPA to apply
- Are customer service oriented
- Are dependable
- Gain practical skills in a fun work environment

Available Positions
- Box Office Assistant - BUS
- Concessions, Food & Beverage Event Mgr - BUS
- Kinesiology Adjunct - BUS
- Communications Assistant - BUS
- Electrical Engineering Adjunct - BUS
- Physical Education Assistant - BUS

Attention J&W Students:

Have you...
- Heard a new band?
- Tried a new restaurant?
- Seen a new movie?
- Cooked a new recipe?

Did you...
- Love it?
- Think it was great?
- Hate it?

Wanna tell someone about it?
- Well now’s your chance!

The Life and Leisure Section of the Campus Herald is looking for reviews by guest writers. Send in your stuff to:

CampusHerald@jwu.edu
Student Activities

401.598.1093
Harborside

Deal Yourself In!

Run for SGA Office!
Pick up Candidate Information at the SGA Office located in the Citizens Bank Center for Student Involvement 1st floor Downtown next to PPAC

Available Positions:
- Student Body President
- Speaker of the House
- Speaker of the Senate
- Chief Justice

SAVE $4.00 PER TICKET
AND EARN MONEY FOR YOUR LOCAL JA

Experience a night of family fun and entertainment and raise money to help your local programs!

Save $4.00 on tickets to see the Harlem Globetrotters UNSTOPPABLE World Tour when they come to your area, and for every ticket purchased through this offer, $1.00 will be donated to your local JA office.
For the complete tour schedule, visit www.harlemglobetrotters.com.

This coupon must be redeemed at least 48 hours prior to game time. Redeem at the Venue Box Office ONLY. Not valid with any other discounts. Excludes Magic Circle and VIP seats. Limit: 8 tickets per coupon. Subject to ticket availability. Expires 4/30/06.
Where will Best Fit Employment take you?
Attend the Johnson & Wales University's
SPRING EMPLOYMENT EXPO
to discover your options!
March 23, 2006 | 10:00am-2:30pm | Harborside Recreation Center

- Over 100 companies attending
- Apply for full-time employment, co-op's, and externships
- Sign up for On-Campus Recruiting
- Network with industry professionals

Sponsored by the Career Development & Alumni Relations Office

On-Campus Recruiting Schedules:
- Thursday, March 23, 2006
  3:00pm-6:00pm Harborside Recreation Center
- Friday, March 24, 2006
  9:00am-4:00pm John Hazen White

Important Websites:
- To view a list of participating employers: http://www.easecareerfair.com/jwu
- To view a list of companies participating in On-Campus Recruiting: http://jwu.eerecruiting.com

Questions? Call 401-598-1070 (Downcity) or 401-598-4611 (Harborside)
POP ART FACTS

Facts that aren’t filling, but taste good anyways.

Compiled by Steven Josephson
Life & Leisure Editor

This issue’s topic is St. Patrick’s Day

St. Patrick’s Day is the Irish feast day which celebrates Saint Patrick, the patron saint of Ireland. It is celebrated on the traditional day of his death: March 17th.

Saint Patrick is traditionally credited for driving snakes out of Ireland though post-glacial Ireland has never had snakes. The banishing of snakes might have been symbolic of Saint Patrick’s role in the elimination of Druidic beliefs from Ireland.

The shamrock symbol in St. Patrick’s Day can also be traced to St. Patrick who used it to explain the concept of the Trinity, highlighting the Christian dogma of ‘three distinct persons in one’.

St. Patrick’s Day parades in Ireland date from the late 19th century, originating in the growing sense of nationalism of the period.

The first civic and public celebration of St. Patrick’s Day in the American Colonies took place in Boston, Massachusetts, in 1737.

The smallest St. Patrick’s parade is said to take place in Hot Springs, Arkansas in the United States. It is said to have less than a single city block and is the highlight of the day. Boulder, Colorado also claims to have the shortest parade which is less than a single city block as well.

The New York, St. Patrick’s Day celebration has become the largest such parade in the world. The parade itself dates back to 1762, and in 2003 more than 150,000 marchers participated and it attracted roughly 2 million people.

The New York parade is moved to the previous Saturday in years when March 17 is a Sunday.

The event is also moved on the rare occasions when, due to Easter falling on a very early date, March 17 would land in Holy Week this last occurred in 1913, when the parade was held on Saturday, March 15 because Easter that year was March 23. This will happen again in 2008.

Since the 1900s, Irish Tuition (prime ministers) have attended special functions either on St. Patrick’s Day or a day or two earlier, in the White House, where they present a shamrock to the President of the United States. A similar presentation is made to the Speaker of the House.

Many cities, notably Chicago, dye their principal rivers green, this act is considered bizarre by most natives to Ireland.

San Francisco, California is home to the oldest St. Patrick’s Day parade west of the Mississippi River. The parade has run since 1852.

In Britain, the late Queen Elizabeth used to present bowls of shamrock specially flown over from Ireland to members of the Irish Guards, an army regiment made up of Irishmen from both Northern Ireland and the Republic of Ireland.

Citzens of Syracuse, NY hold what they advertise as “The largest St. Patrick’s parade per capita in the U.S.” The parade runs though Tipperary Hill where the green light on the stop light is located above the yellow and red as a statement of Irish pride.
Dave Campopiano - Jr.
S.E.E.

I'm not in to it. It's going to be stupid so I don't really care.

Kaitlyn Robbins - So.
Criminal Justice

Personally, I like country, so I would like to see someone country. It's different from the usual stuff.

Eric Roldan - Jr.
Entrepreneurship

Dane Cook would be a good one. He's Hilarious!

Greg Megerdichian- Jr.
S.E.E.

Tyler Roux-Fr.
Food Service Mgmt.

I would like to see a comedian. Bob Marley cause he's from Maine.

Ian Parkhurst - Jr.
S.E.E.

What's a Wahoo!

Emily Vogel - Jr.
Fashion Merch.

Fall Out Boy or Hello Goodbye, bands like that, because everyone likes them.

Greg Hawe - Jr.
S.E.E.

Some sort of rock band, no one in particular.

Cara McAvoy-Jr.
Food Service Mgmt.

Honestly, I would like Jay-Z to be there. I know it's not gonna happen, but I would like him to be there.

Anthony D'Amico-Jr.
S.E.E.

Three 6 Mafia.
Don't Forget!
MAKE YOUR
HOUSING DEPOSIT
March 13th - 24th

Deposits accepted at the following
Student Financial Services
Cashier Locations:

* Kinsley Building (Downcity)
* Paramount Building (Harborside)

Hours of Operation:
Monday - Friday, 8:30 a.m. - 4:30 p.m.