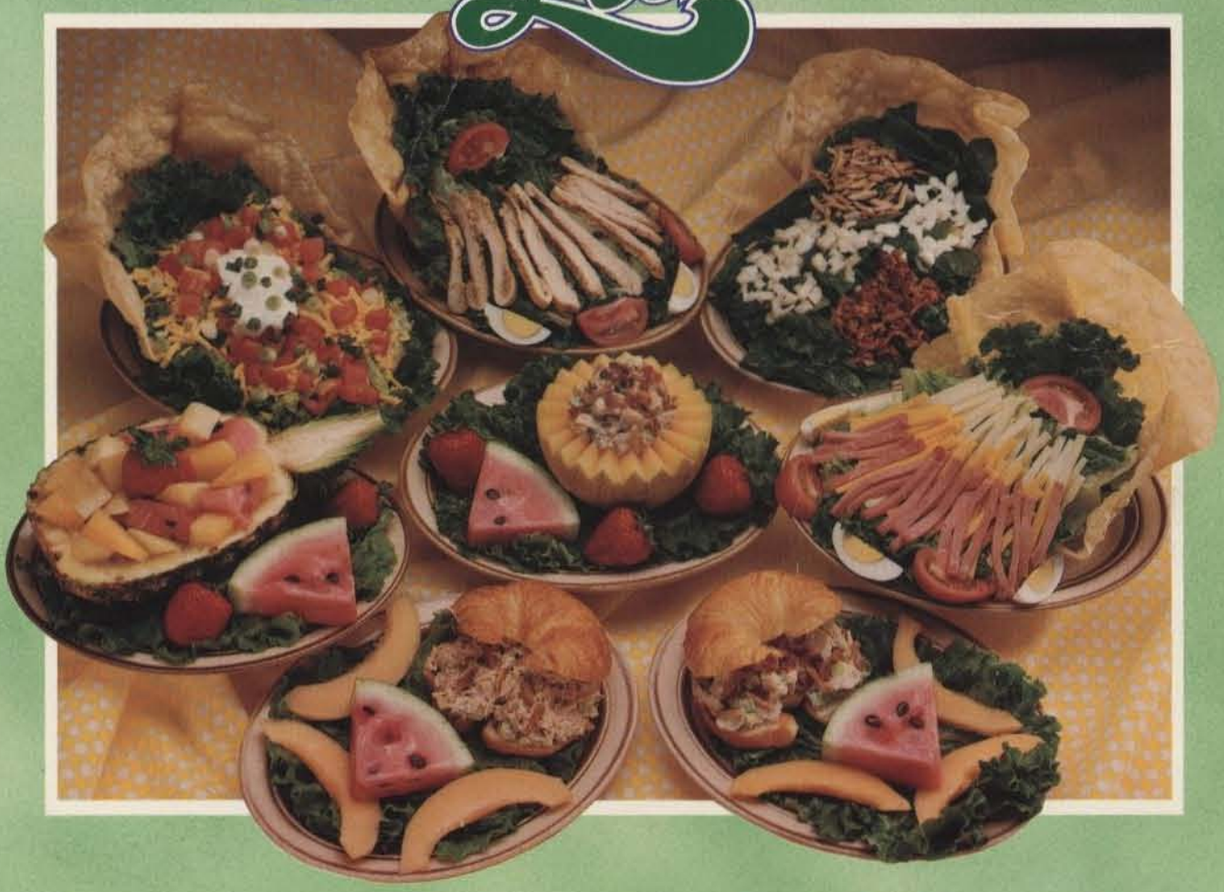
Mr. Steak®

Lite~Lovers™ Lunch



Delicious New Menu Choices...Perfect For Light Summer Eating!

Introducing our Lite-Lovers Lunches...deliciously light meals, featuring natural, "good-for-you" foods, with calories listed for each item.

Fresh, Nutritional Salads

Fresh Spinach Salad $3.25
Fresh spinach cascading from a light, flaky tortilla shell, topped with bacon, onion, chopped egg and toasted almonds *(411 calories*)*

Fresh Chef's Salad $3.75
Crisp garden fresh greens in a crunchy flour tortilla shell, heaped with julienne strips of smoky ham, natural Swiss and aged Cheddar cheese, hard-boiled egg and tomato wedges *(684 calories*)*.

Sliced Chicken Breast Salad $4.25
A specially marinated chicken breast, sliced atop a mound of crisp garden greens, with hard-boiled egg and tomato wedges *(538 calories*)*.

Crispy Taco Salad $4.25
Garden fresh greens in a crisp flour tortilla shell, crowned with taco meat, diced tomato, diced green onions, shredded cheese, sour cream. Salsa served on the side *(601 calories*)*.

Cool, Refreshing Salads

Fresh Fruit Boat $3.75
A cool combination of juicy melon and pineapple chunks in a scooped-out pineapple half, garnished with greens, fresh strawberries and watermelon *(391 calories)*.

Cool, Nutty Melon $3.95
Our special chunky, nutty chicken salad in a fresh, chilled half cantaloupe, crowned with chopped fresh bacon, garnished with greens, fresh strawberries and watermelon *(588 calories)*.

Light Croissant Sandwiches

Nutty Chicken Croissant $3.95
Split buttery-flaked croissant, topped with chunky chicken salad and chopped crisp bacon, garnished with greens and chilled melon slices *(665 calories)*.

Nutty Tuna Croissant $3.95
Split buttery-flaked croissant, topped with our solid white albacore nutty tuna salad. Garnished with fresh greens and chilled melon slices *(629 calories)*.

*Calorie Count does not include dressing or tortilla shell.

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