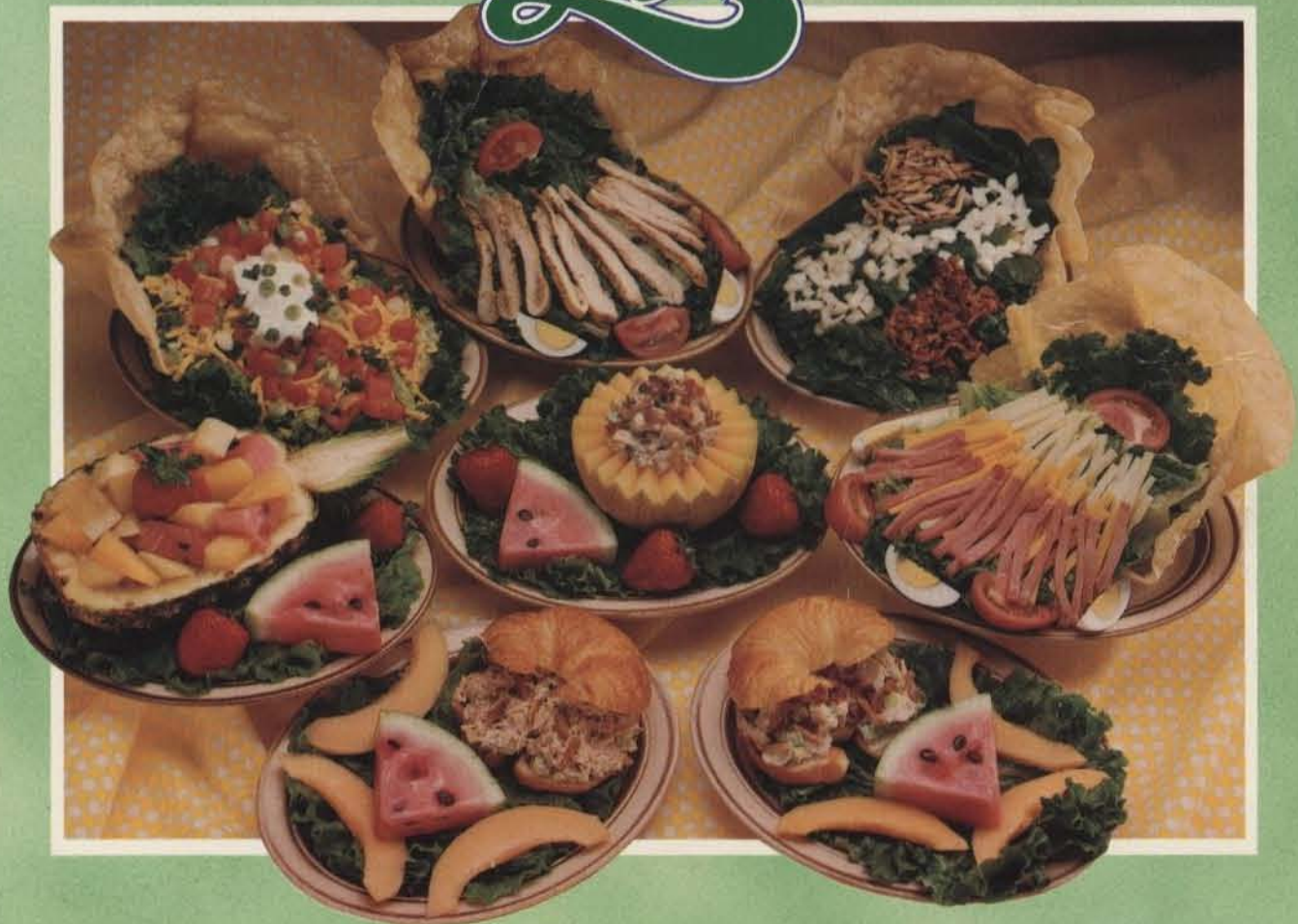


Mr. Steak

Lite ~ LoversTM Lunch



Delicious New Menu Choices...Perfect For Light Summer Eating!

Introducing our Lite-Lovers Lunches...deliciously light meals, featuring natural, "good-for-you" foods, with calories listed for each item.

Fresh, Nutritional Salads

Fresh Spinach Salad \$3.25
Fresh spinach cascading from a light, flaky tortilla shell, topped with bacon, onion, chopped egg and toasted almonds (411 calories*).

Fresh Chef's Salad \$3.75
Crisp garden fresh greens in a crunchy flour tortilla shell, heaped with julienne strips of smoky ham, natural Swiss and aged Cheddar cheese, hard-boiled egg and tomato wedges (684 calories*).

Sliced Chicken Breast Salad \$4.25
A specially marinated chicken breast, sliced atop a mound of crisp garden greens, with hard-boiled egg and tomato wedges (538 calories*).

Crispy Taco Salad \$4.25
Garden fresh greens in a crisp flour tortilla shell, crowned with taco meat, diced tomato, diced green onions, shredded cheese, sour cream. Salsa served on the side (601 calories*).

Cool, Refreshing Salads

Fresh Fruit Boat \$3.75
A cool combination of juicy melon and pineapple chunks in a scooped-out pineapple half, garnished with greens, fresh strawberries and watermelon (391 calories).

Cool, Nutty Melon \$3.95
Our special chunky, nutty chicken salad in a fresh, chilled half cantaloupe, crowned with chopped fresh bacon, garnished with greens, fresh strawberries and watermelon (588 calories).

Light Croissant Sandwiches

Nutty Chicken Croissant \$3.95
Split buttery-flaked croissant, topped with chunky chicken salad and chopped crisp bacon, garnished with greens and chilled melon slices (665 calories).

Nutty Tuna Croissant \$3.95
Split buttery-flaked croissant, topped with our solid white albacore nutty tuna salad. Garnished with fresh greens and chilled melon slices (629 calories).

*Calorie Count does not include dressing or tortilla shell.