Students Live a SMOKING Lifestyle

Students outside of McNulty Hall smoke on a Saturday afternoon.

By John Ortez

28.5% of college students are current smokers.

One might believe that a familiar sight (or smell) on the Johnson & Wales campus would be a chef in a dining hall preparing a feast. Instead, that well-known stink is the many "puffers' paradise" locations on university grounds.

Since all buildings on the Johnson & Wales campus are smoke-free, students must smoke outside dorms, classroom buildings or dining halls, frequently causing uncomfortable situations for non-smoking students.

The smoke-free policy at Johnson & Wales causes students to smoke only 1 to 2 feet in front of entrances, forcing numerous clouds of smoke into the faces of students and faculty passing by. It also deposits countless butts on university property.

Surprisingly, only 25 percent of colleges in the United States ban smoking in dormitories, even with the many dormitory fires that occur every year according.

J&W Celebrates 'Dia De La Mujer Latina': Day of the Latin Woman

By Michael Gibbons

On April 5th, the Senioritas of Sigma Lambda Upsilon Sorority, Incorporated hosted their 7th annual Dia De La Mujer Latina at the Hospitality Center's Garden Room of Johnson & Wales University.

The night included dinner, dancing, and an awards ceremony. Among the many people invited, was Alma Ocasio, National President of Sigma Lambda Upsilon Sorority, Incorporated. Other leaders of the Latino community present were Juan Pichardo, Quisqueya in Action, Rhode Island Latino Political Action Committee, and other university organizations.

Dia De La Mujer Latina, translated means day of the Latin Woman. Even though Women's History Month has passed, Latino Heritage Month is celebrated throughout, prompting such a celebration.

"Dia is a banquet to honor the establishment of our organization as the First Latina Sorority in the New England Area, and to display our pride as strong women of color," says chapter President Luz Cuevas.

SEE DIA page 5

Movie Review

See A&E Page 8

J&W Community Responds...
The 11th Annual NSO Oscars, A Tribute to Hollywood

By Jessica Lord

The 11th Annual NSO Oscars was held Friday April 3, 2003 at Rhodes on the Prowess in Cranston, Rhode Island. The Hollywood themed event started off with dinner and an awards ceremony, and ended with a night of dancing. NSO is an organization here at Johnson & Wales that believes in the idea that "The key to success is believing in education, team work, and striving for excellence." Campus clubs that are involved in the organization are DECA, BPA, FBLA, FCCLA, FFA, JSA, and SkillsUSA-VICA. The NSO Oscars was created to let higher achieving member of National Student Organizations be recognized for their dedication and accomplishments.

Mike Bosco, Co-Chairperson of the NSO Oscar committee stated this year's event has truly been the best we’ve had so far; thank you to the dedicated students, advisors and alumni who made this night possible. “Bosco Pobl,” told fellow NSO committee member Lisa Duby of DECA for the Founder’s Award that evening.

NSO would like to congratulate all the nominees and winners, and give a special thanks to NSO committee members, students, and Alumni who made the night spectacular and exciting.

J&W Celebrates the 11th Annual NSO Oscars, A Tribute to Hollywood

Campus Ministry Week 2003
Sponsored by the Offices of Campus Ministry at JWU
4/19 Easter Vigil Catholic Mass 7pm—Cathedral of St. Peter & Paul
several JWU students will be baptized & confirmed. info x1830
4/20 Easter Sunday—
Catholic Mass —Cathedral St. Peter & Paul 10am
Protestant Christian service-A.M. - call Andy x 2445 for rides
4/21 Campus Ministry Open House—Harboride Cafeteria Commons
12:30-2pm—refresments, meet the chaplains, campus ministry info
4/22 Christian Praise Fest—8PM—Harboride REC—2nd fl
4/23 Campus Ministry Open House—downtown—C.B.C.S.I.
12:30-2pm—refresments, meet the chaplains, campus ministry info
4/24 Holocaust Remembrance night—Multicultural Center 8-10pm
Survivor presentation with ethics discussion to follow
4/25 Trip to Newport 9:5—visit three different houses of worship;
plenty of free time for Ocean Drive, mansions, harbor area...
Pre-registration required.
Cost $4.00 to Campus Ministry offices by 4/9. Call X2445
Shabbat Service—7:30pm Temple Shalome Middletown, RI
4/26 Service project —“help those in need” C.B.C.S.I. 8am-noon
come and help us put together kits for the homeless
donation of items being accepted through April 24 x1830
4/27 Sunday Worship Services
Catholic Mass — noon — Xavier Chapel—social after Mass
Mercy Sunday celebrations at the cathedral 1-5pm, info x1830
Protestant Christian services—A.M. - call Andy x 2445 for rides

In effort to raise money and awareness
for the wish-granting organization Make-a-Wish of Rhode Island, members
of Johnson & Wales University’s 20 fraternities and sororities assembled in the
Pepsi Forum to dance the day away on Saturday, April 5th.

Teams of five represented each Greek
organization on campus. At least three of
the five members for each team were
required to be on the dance floor for 12 hours, non-stop.

The event, which kicked off at 12:00 p.m. and concluded at 12:00 a.m. on April 5th, accumulated a sum of $2,500 for the Foundation. “It was an organization-wide effort. I’m proud of everyone,”

J&W, established in 1991, is the leading wish-granting organization in the world. The Foundation includes 18 chapters in the United States and six international national affiliates covering five continents. The mission of the Foundation is to grant every child who is under 18 years of age and diagnosed with a life-threatening medical condition their own genuine wish. As of its start, the foundation has granted over 400 wishes. Some of this information was provided by the Office of Public Relations.

$500 Award for Outstanding Community Service

The Feinstein Community Service Award is a $500 cash prize awarded to a Johnson &
Wales student in recognition of exceptional community service projects performed dur-
ning the past year. Students may nominate themselves or be nominated by a fellow student, advisor, or faculty member. While we appreciate the excellent work that J&W students do in their Community Service Learning and work-study placements, this award is designed to recognize self-initiated service. Therefore, only non-academic projects and service projects outside of CSL and work-study placements will be considered.

To receive an application, come by the Feinstein Center at the Arcade (third floor) or email Amy Kirk at akirk@jwu.edu. The application process consists of a one-page summary of the service work and one recommendation letter from a person (site supervisor) at the community agency. The deadline for applications is April 21, 2003. Winners will be announced on May 3, 2003.

Greek Life Becomes Wish Granters
Second annual dance benefited Make-A-Wish Foundation

Joanna Lewis of Sigma Sigma Sigma interviews with Channel 10 News at Pepsi Forum

By John Ortmiezo

Mandil Bennett of Richmond, VA, joined in on the dance-off to support the Make-A-Wish Foundation. Mandil, a half-year-old Richmond was granted his wish of going to Disney World by the charity.

Make-A-Wish, established in 1991, is the leading wish-granting organization on the globe. The Foundation includes 18 chapters in the United States and six international national affiliates covering five continents. The mission of the Foundation is to grant every child who is under 18 years of age and diagnosed with a life-threatening medical condition their own genuine wish. As of its start, the foundation has granted over 400 wishes. Some of this information was provided by the Office of Public Relations.

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Please send all materials to Amy Kirk, Community Service Coordinator, Johnson &
Wales University, 88 Park Place, Providence, RI 02903 or via email akirk@jwu.edu. You are also welcome to hand-deliver applications to the Feinstein Center at the Arcade.
INTERACTIVE

SPEAK OUT!

WHAT DO YOU PLAN TO DO, AS THE WEATHER WARM UP?

"Try not to slack off and prepare myself for the real world."

Aden Tewelde, Soph
Accounting Major

"Go hit Newport!"

Dohnn Ball, Junior
Sports Entertainment Mgt.

"Get my work done, and prepare for graduation."

Jamie Manson, Soph
Baking & Pastry

"Look at the sun as a source of inspiration & empowerment as others should do too."

Argelis Nivar, Junior
Engineering

"Invest in a pair of flip-flops, and chill."

Cantar Wright, Freshman
Graphic Design

"Skip class and go to the beach with the girls."

Lori Tower, Freshman
Sports Entertainment Mgt.

"Cut class and play frisbie at the beach."

Matthew Layman, Soph
Culinary Arts

"I am going to go to the water-fire."

Megan Andaor, Freshman
Travel & Tourism

"I plan to go boating, the Roger Williams Zoo, and ride the Newport Ferry."

Ketal Patel, Soph
Computer Business

"Hang out with friends, and play soccer and volleyball."

Christine Bonomo, Freshman
Culinary Arts

"Come out to the Commons, and be active among the people."

Fernando Slade, Freshman
Hotel Mgt.

"Ride my motorcycle, and play basketball."

Mark Spinosa, Freshman
Business Mgt.
Wellness Fair Promotes Healthy Living for the Student Body

By Michael Gibbons

Johnson & Wales University will celebrate the 12th annual Wellness Fair at the Harborside Recreational Center on April 30th, 2003. This year’s Wellness Fair will be informative, entertaining, and interactive.

Carlo Aquisto, director of Johnson & Wales Fitness Centers, said, “This year’s twelfth annual wellness fair will give valuable insight that students can apply to their overall well-being and lifestyle.”

There are many corporations that have wellness programs set-up to keep employees healthy so that they remain an asset to the company. With this in mind, and with J&W being a Career University, much of the rules and guidelines students undergo are based off of corporate settings.

Students from the Nutrition Department, as well as nutrition experts will be on hand to give health advice, and to speak about healthy living.

The participating vendors which include Red Bull, Vitamin Water, and Geni-Soy will give massages, nutritional advice, and interactive activities.

The Providence Fire Department will take part in the event to give participants a hands-on challenge.

Battle of the J&W Culinary Campuses, Olympic Style

By Kathleen M. McAllister

March 2, 2003 marked the second annual inter-campus culinary competition. This competition is a hot food competition between the five campuses. The first competition was held last year in April, here at the Providence campus. This year competitors met at the Norfolk, Virginia Campus for yet another battle.

The idea of having an inter-campus competition was the vision of the Dean of the culinary college, Chef Guggenmos. He described how he wanted students to be able to have a new learning experience, and to have a chance to test their skills, while validating what the school was teaching by outside judges. Dean Guggenmos said that he truly enjoyed watching his students working together as a team, seeing the process of people becoming a team, and seeing leaders emerge. Other chef instructors also share the vision of having a culinary team. Chef Zito, a member of the Rhode Island ACF (American Culinary Federation) also felt that an internal competition amongst the students would allow the students to grow in self-confidence and enhance their skills.

"Giving the students an opportunity to work in a high stress environment and in close quarters with each other really can test their abilities to perform helping them tremendously in the industry," said Chef Zito.

The competition was an ACF Junior competition with four ACF Judges—three tasting judges and one floor judge. The competition was four hours. In the four-hour time period a team of four students and one alternate had to perform ten classical knife cuts and put out

Kathy Kavanagh Honored by Seekonk Kiwanis Club

By Marshall Scarborough

Kathy Kavanagh was named as the 2002 Seekonk Businesswoman of the Year by the Seekonk Kiwanis Club. Kavanagh is the General Manager of Johnson & Wales Inn. The Kiwanis Club held an event to honor her at the Inn on March 21, 2003. Kathy is a 14 year employee and graduate of the University. She was chosen by the Kiwanis Club for all the contributions she has made to the Seekonk community.

"I feel very privileged to receive this award," said Kavanagh. With all the work she has done for the Kiwanis Club she has also been instrumental in helping several local organizations in the Seekonk community. She also works with local schools to help train students in hospitality.

"Johnson & Wales has a legacy of community service learning, so it makes sense for us to reach out to organizations that support children and the schools. I believe strongly in the Kiwanis mission of helping children and feel it is important for businesses to give back to their communities."

The Johnson & Wales Inn is owned by the University and operated as a training facility for students in The Hospitality College, the College of Culinary Arts, and the Graduate School’s MBA program in Hospitality Administration. Students, together with their instructors and the Inn’s professional staff, operate the Inn year-round as a model "boutique" property. For more information about the Inn you can visit www.jwu.edu

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Large 2 unit house, 10 bedrooms, 5 bathrooms and located across from culinary campus, Ideal for fraternities or sororities

$3500 per month no utilities, call 401-453-0700
Dia
continued from page 1

Cuevas, a senior majoring in Hospitality Management, assumes presidency of her chapter for the third and last trimester of her undergraduate career.

"It was a very well organized event and the place looked really nice," says senior Phillip Ford of Brown University. "The Senioritas did a great job in planning and executing the event. All and all, I had a lot of fun."

Sigma Lambda Upsilon Sorority Incorporated was established on December 1, 1967 to provide sisterhood, promote academic achievement, and enrich the surrounding community through dedicated service.

Their next event is scheduled for April 23rd at 6:30pm in the Multicultural Center; Latinos in the Media. This forum will consist of Latino leaders in the Rhode Island area speaking on their work history and experiences.

Be on the look out for Senioritas Week coming in May 2003. For more information contact Chapter President, Luz Cuevas at lcuevasl@hotmail.com.

Brown
continued from page 1

The Chef, the Story, and the Dish

"...a path to success includes mentors and networking. Being involved in organizations is a great way to have that insider access of contacts, jobs, and events that normally you would not have the opportunity to have."

Maris Batali and many others. Each chef has a story to tell about his or her road to success and why they decided to pursue a career in the culinary industry. The book includes some favorite recipes along with the profiles of twenty-one of the world’s most talented chefs.

At the age of 32, Brown started working in TV production shortly after graduating from Douglass College at Rutgers University. Brown describes herself as "just a Jersey girl," however the life she now lives is something Brown never thought would happen. She recalls her early beginnings at Good Morning New York, an early morning television show on the Fox Cable Network. Brown says getting up at 2 am everyday was no easy task, especially when she saw her friends partying. Going to bed at 8 pm every night just to prepare for a long 14 hour day, while only getting paid about $5.25 an hour is something Brown will never forget. Brown describes this as a part of paying her dues and does admit that even though it was rough at times, it was her break into a field that she longed to pursue. According to the book, Brown’s duties as a trainer at the show included getting coffee, walking the Anchor’s dog, and even ironing clothes. Ritchie Stofsky, a person who helped Brown start at the Food Network decided to do so after Brown sent her a gift basket with wine and cheese and included her resume as the menu. Brown’s creative touch is what distinguished her from the rest, and the rest is, as we say “history!” Now Brown produces “Emeril Live,” owns a production company, and enjoys being her own boss. Her closing words to Johnson & Wales students were to find a career that interests you. Brown stated it simply by saying “do what you want to do.” A Johnson & Wales student asked about her current salary. Eyes brightened when she said entry level is anywhere from $65,000 to $125,000. Brown also said that a path to success includes mentors and networking. Being involved in organizations is a great way to have inside access to contacts, jobs, and events.

To request your certificate, you may come to the Feinstein Community Service Center, 3rd Floor of The Arcade, 9:00 am to 4:30 pm Monday through Friday.

If you have any questions, please call extenstion 1260.
Letters to the Editor

Theory of Dogulation 'Bites'

Dear Editor,

This letter is to you, or rather, to the self-appointed "love doctor" behind the "Theory of Dogulation" and its follow-up columns, the tortuous mess called "Relationships vs. Sex: What Do We Really Want?" (Campus Herald, March 19, 2003; April 2, 2003). In short, you are wrong about just about everything. Contrary to your bizarre fantasy world,客观证据 actually indicate that the population of men and women are pretty evenly split in the sex wars. In fact, there is a group you are probably most interested in (twenty to twenty-four years olds), men outnumber women fifty-two to forty-eight percent.

According to your theory, there are a lot of bitter, lonely, sad-sack guys out there looking for "love."

My main problem with your "theories" and speculations is precisely that: your portrayal of men. Yes, your views on women are shallow and disrespectful, but it is your representation of men that is truly sad. The male students I have talked to find your "theories" laughable at best, demeaning and self-degrading at worst. Your editorials offer examples of the worst kind of male-bashing: the kind that dehumanizes real men and tries to negate their healthy, fulfilling relationships with the women in their lives, from their mothers and sisters to their friends and partners.

Your child-like years on campus agree: your attitudes about sex and relationships have not matured since the 11th grade. All theories aside, it might be time for you to grow up.

Carrie Martin
Director of the Women's Center

Campus Concerns

Over the past few weeks, your editor-in-chief of J&W's student-produced, student-run newspaper has received a great deal of feedback regarding some recent concerns about some of the materials printed in The Campus Herald, especially my most recent contributions to our Opinions section (Theory of Dogulation! March 19th, and Relationship Vs. Sex, April 2). I can assure you that your comments and feedback are valued by our staff and continue to drive our efforts to provide you news and entertainment with integrity. Furthermore, The Campus Herald takes great pride in our Opinions section to supply you, the campus community, with an avenue to openly express your thoughts, views, and reactions.

Recently, I have addressed our community with personal theories and perspectives pertaining to relationships. Although I am not a licensed "doctor of love," I do relish in the fact that I can have fun with perspective and utilize this forum to stimulate dialogue within the campus community. Personally, I do take offense to Ms. Martin's and others' comments and belief that my views of women are shallow and ignorant. Contrary to these beliefs, I happen to respect and cherish all women and the individuality of every healthy relationship. I do appreciate the fact that our readers can openly disagree with my statements and have exercised their right to challenge my views in this venue. After all, why else would we include this section in every issue?

Unfortunately, it is difficult to interact with our readers where they fail to recognize the opportunities available to voice their reactions and views. Ms. Martin should be congratulated for exercising this right and submitting her reactions directly to The Campus Herald. Although my efforts to bring humor and excitement to the discussion of controversial issues may have been misconstrued, your campus newspaper will continue to challenge our readers to be heard.

Letters to the editor can be submitted via email to campusherald@jwu.edu.

Letters to the Editor

What Being American Is All About

A student response to "Too Ashamed to be American?" editorial 4-2-03.

Today I read Mr. Ortenzio's article and I must say that there are very few points that I agree with. I was upset and frustrated that a Johnson & Wales student could be so Anti-American as yourself.

The right. You are Anti-American. Perhaps you have forgotten what America is all about. It is not to blindly accept what the conservative president says. It is not to throw your arms up in the air and wave a flag, and stop thinking of yourself just because you think you love your country. That is not America.

America is about freedom. America is about everyone throwing their ideas in the hat. It's too bad you have a problem with that. I was so disappointed when you wrote "pack your bags...France needs you." I cannot even write down in words how stupid, closed minded and paranoid you truly were. That is NOT what America is all about. Maybe you forgot the ideals of America, but freedom of speech, public forums, discussion of ideas and the right to vote is what makes a proud American. Someone that believes you should leave if you don't agree with the current situations is definitely anti-American. They are the ones that should be told to leave.

Totalitarian countries need more lie believers like yourself. The more I speak out about Bush and his dike, illegal foreign policy, the more of a true American I am. I am ironic that the same rights Bush is using to justify his war in Iraq, Americans are being shunned for using. He already shredded our civil liberties, don't be ok with the loss of free speech.

Tell me the last time Saddam was a threat to America? Never. We have waged war on him three times, all three were unprovoked. He is not a threat to America unless you want him to, and with each war we make him more of a threat. Another thing that your article is the fact that Osama Binladen and Saddam are connected, and work together. This is simply part of a string of Powell lies.

The argument is that Iraq has never been a threat to the USA in the past, and we have no proof whether he will be in the future. Bush tries to justify his imperial war by saying that we are "liberating" the people of Iraq. By my standards of life, we sure as hell can give them a better life, but it isn't our business to do so. A revolution must come from within the country. I realize Saddam is a man of fear and power, but that is how it has to happen, or other middle eastern countries need to take initiative. It isn't our business. Not at the expense of future terrorism in America. We are unwanted in the middle east. That is why thousands of Afghan people took the streets to protect the liberation of Iraq. That is right my friend, the country we just liberated less than two years ago is protesting us doing the same exact thing to another Middle Eastern country. If this doesn't send off red lights then I don't know what will.

In many ways the war has already failed. Bush never expected this resistance. He planned for the Iraqis to drop their guns and let them march right into a new Iraq, western style. We will get into Baghdad, we will kill Saddam, we will do a regime change, but it does not stop there. Then you need to convince the people to love us, that only were not raised to hate Americans, but lived through three military devastations caused by us. It won't be easy, and I don't see it working. There will be more terrorism on American soil now. Do you get it? This is the only guarantee in all of this. Be scared for your children years from now, I will be scared for mine. The USA is looked at as a death machine by the world. Sad to say but it is true. In a recent time magazine poll of Europeans, 83 percent called the USA the world's biggest threat to world peace. We need to do something about this. The USA is the only country whose CIVIZINS support the war, THE ONLY ONE IN THE ENTIRE WORLD. There is something wrong there.

The list of America's travesties runs long and goes seemingly unnoticed by its public or leadership. America continues to repeat its wrongs and seems unwilling to learn. That is why, like every other empire to grace this globe, America's glory will both rise and fall. I only hope we learn to change our ways before we fall too far. I am proud of what America stands for, but I cannot be proud of the way we shield our freedoms so irresponsibly.

Bombs will not make the world love us. It never has. Bombs don't heal wounds, we need to heal wounds.

Pray for peace, pray for sense in Washington.

Evan Grondzik

Editor's Column

SUBMIT YOUR LETTERS OF OPINION TO THE EDITOR

Deadline Date
Release Date
April 22nd
April 30th
May 6th, 2003
May 14th, 2003
May 13, 2003
May 24th, 2003

All editors will be edited for length, content, and grammar.
The Elite Fashion Association

What is the mission of The Elite Fashion Association?

The mission of the Elite Fashion Association is to educate ourselves as well as others about the past, present, and future of the fashion industry; and about the jobs and careers within the industry. To network with outside resources that will serve us in our future careers.

What is your group doing differently from last year?

We would like our members and students within the university to gain more hands-on experience within the fashion industry. We plan to bring more speakers from the industry to the school and put together hands-on seminars.

Does the Elite Fashion Association have any major upcoming events planned?

On May 16th at the Xaiver Auditorium, we are having our Spring Fashion Show entitled “Poetry in Motion” which will present designs from students within J&K and the Providence Community.

How does The Elite Fashion Association plan to increase membership?

We plan to increase our membership by putting together events and seminars that students want to participate in. We will keep current members involved by showing them the importance and opportunities that lie within networking.

What are some of the benefits of being a member?

Members have the opportunity to meet students within the school with similar interests. They also have the ability to put together fashion shows, fashion seminars, and participate in a monthly clothing design course that helps build knowledge and creativity.

What are some of the challenges faced by the Elite Fashion Association?

The biggest challenge that we face is finding committed members that will be dedicated and stay involved for the entire school year.

How will the Elite Fashion Association make sure that all goals that are being set, are equally met and exceeded?

We make sure that all goals are set by delegating responsibility and keeping our members motivated to get the job done. We recognize that the sky is the limit. We must be assertive and realize that a closed mouth will not get fed.

For more information on the Elite Fashion Association you can email efashion2005@yahoo.com

AFRICAN STUDENT ASSOCIATION

Meeting Days: Every 2nd & Last Monday of the Month

Located at: MCC Starting at 5pm

“arican Student Success

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THE NUTRITION SOCIETY

Meetings will be held on Wednesday nights at 8:00 in
the HAC building in room 17

GReek Room

The fraternities on the council would like to congratulate the Greek Advisor, Tanya McGinn on her first child being born.

Nicholas Anthony Paolo was born on March 17, 2003, and weighed 8 pounds, 8 ounces with the length of 21 inches.

The brothers of Zeta Beta Tau would like to congratulate the new brothers of the psi class. You guys are going to do an excellent job.

We would also like to thank the sisters of Phi Sigma Sigma for a great time at the tie up social: you girls can tie us up anytime.

We would also like to give a shout out to Frank the Tank, keep up the good work. Also to the sisters of Sigma Delta Tau, we are all looking forward to the 80’s social.

Lett Safric stars.


We hope everyone has a great third trimester.

The Sisters Of Alpha Sigma Tau would like to congratulate our newest sisters Amber K. Alley, Danielle Doreci, Kristen Fitzgerald, Cristina Goodwin, Lauren Leverfuss, Tanya Medina, Jennifer Oluwole, Amanda Sakowitz, Kristen Sexton, and Suzanne Teres. Welcome to a lifelong sisterhood ladies. We are so proud of you. Happy Birthday shout outs to Dana R. (4/19) and Heather M. (4/21). We hope all your wishes come true.

Sisters would also like to thank everyone on the Greek Week Planning Committee for all their hard work towards Greek Week and to all the Greeks who participated in Greek Week. We had a blast.

Sigma Sigma Sigma

The sisters of Sigma Sigma Sigma want to first congratulate our newest members, the Phi Class. We hope that your journey with Tri Sigma will be an unforgettable experience, we're so glad to have you!! Happy Birthday Shout outs- Sister Beth C., Sister Courtney A., Sister Ashly K., and Sister Nikki S. Congratulations also go to Sister Ashley K. on being Sister of the Month. Stay tuned for our upcoming events... Our first "3 on 3" Volleyball Tournament, A Campus Blood Drive in conjunction with the Rhode Island Blood Center, and our Annual "Walk for Robbie" Fundraiser. Keep an eye out for posters and banners with dates and times. Finally, congratulations to all the new members of Greek Life, we hope that you have found your second home within the Greek System here at Johnson & Wales.
MOVIE REVIEW
“Head of State”
Running Time: 95 minutes
MPAA rating: PG-13

Last week I reviewed a horrible race comedy, “Bringing Down the House,” where the stereotypes of white people came together to show how truly stupid and unimaginative Hollywood screenwriters are. This week’s movie, “Head of State,” is no different, and sadly, not that much better than “House.” It’s a comedy that wants to be a political and social satire, but turns out to be another rehash of the old “White Folks are Uptight, Black Folks Got Flava” message.

Chris Rock plays a gay named Mays Gilliam, a Washington, D.C., alderman for a poor urban ward. He tries to hard to help them out; he fights the good fight, but they don’t give him props, yo.

Then, to make matters worse, his girlfriend kicks him to the curb, his car gets repo’d, and then his bike gets smashed by a bus. Even the universe is dissin’ poor Gilliam.

Here’s where the movie gets tricky. A Presidential Candidate gets killed in a plan crash 10 weeks before the election. Some party bosses tap Gilliam to be the replacement candidate. They choose him because they know a black man - especially an unknown black man - would never get elected. They intend to lose the election on purpose in order to set up their guy, some evil senator, for the next election.

He starts out playing their game, acting like the typical candidate. But after a while, he decides to keep it real and husts loose, hip-hop style.

This turnaround allows Rock to break out of his Gilliam character and basically deliver riffs stolen directly from his stand-up act and TV show. We’ve heard all this stuff before, and while it was funny the first time we heard it on TV (for free), it’s not so funny when we have to pay the price of a ticket to hear it again.

Another thing I didn’t like about this flick was that it didn’t really address any real political topics.

There was so much potential in this film for someone as talented as Chris Rock to really shine and create a great social and political satire. We’ve seen his act and we know he has the chops to pull it off. But, for some reason, Rock took the low road and left us high and dry. See it as a rental, if you must.

Grade: C-

NAME THAT PERSON

1st Person to call with the full correct names will receive 2 Movie Tickets to the Hoyts Cinema.

1. Head of State (PG-13)
2. Chris Rock, Bernie Mac
3. Bringing Down the House (PG-13)
4. Queen Latifah, Steve Martin
5. The Core (PG-13)
6. Aaron Eckhart, Hilary Swank
7. Basic (R)
8. John Travolta, Samuel L. Jackson
9. Chicago (PG-13)
10. Renee Zellweger, Catherine Zeta-Jones
11. Morgan Freeman, Thomas Jane
12. Agent Cody Banks (PG)
13. Frankie Muniz, Hillary Duff
14. Piglet’s Big Movie (G)
15. John Friedler, Jim Cummings
16. View From the Top (PG-13)
17. Gwyneth Paltrow, Christina Applegate
18. The Hunted (R)
19. Harry Hamlin, Madchen Amick

Top 10 Movies

Undergraduate SEVIS Sessions

Information & handouts regarding new Immigration Regulations affecting International Students.

Where: Presentation Room, University Hall

When: 04/17/03 3:30 – 5:30pm Senior Class
04/21/03 3:30 – 5:30pm Junior Class
04/28/03 3:30 – 5:30pm Sophomore Class
05/05/03 3:00 – 5:00pm Freshman Class

**If you are unable to attend your designated session, please contact the International Office for Assistance at 401-598-4669.
1. The ladies of Sigma Gamma Rho Sorority Inc, step out at Greeknik.
2. The Sigmas and the Zetas celebrate their first place trophies at Greeknik.
3. Jeslyn Ugarte, Melvin King, and Theresa Velasquez on hand at the stepshow.
4. The ladies of Zeta Phi Beta Sorority Inc, gives the crowd a "thriller."
5. The Senioritas of Sigma Lambda Upsilon Sorority Inc, huddle up for a group picture.
6. The sisters of Sigma Delta Tau having a great time at the Dance Marathon.
7. The brothers of Kappa Alpha Psi Fraternity, Inc take second place at Greeknik.
8. The host of the stepshow kept the crowd having a great time.
9. The devastating divas of Delta Sigma Theta Sorority Inc, together for the stepshow.
10. The NSO Oscars is a success at Rhodes on the Pawtuxet in Cranston, RI.
11. The sisters of Phi Sigma Sigma dance their hearts away.
12. The ladies of Sigma Gamma Rho Sorority Inc, take second place at Greeknik.
13. Pat Trosclair on hand at Dia De La Mujer Latina, at the Hospitality Center.

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**T-Mobile**

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This year’s menu was as follows: a Fish Consomme as a soup course, followed by an appetizer of foie gras and sweet breads; then a main course of rabbit and stuffed pheasant was followed by a chocolate mouse and mango dessert. This year’s team scored a 34.5 out of 40 points earning them a silver medal and second place to the Norfolk Virginia Campus. The Denver campus, which had won last year took third place and also received a silver medal. The Charleston Campus followed closely and took 4th place, receiving a bronze medal. In 5th place also receiving a bronze medal was the Miami campus.

The medals that were awarded do not tell the whole story of the competition. This year’s competition was a true learning experience for everyone involved. The level of camaraderie was extraordinary. Letizia said, “It was not a competition where the winner was a winner and a loser was a loser, but one in which each person left learning something and each team left with a higher respect for one another. All in all, everyone left as friends not competitors.” Nie Manning felt the same way and said that he was proud to represent the Providence campus and that the support of the instructors was tremendous. The competition was a true success. Dean Guggermanos said, “The effort of all was great and that the competition was immensely successful. The level and quality of competition and skills surpassed all expectations and the judges comments at the end of the day confirmed that.”

The council consists of a variety of nutrition professionals working in R.I. The meeting will begin at 6:00 p.m. in room 16 in the HAC building. Please join the Nutrition Society in welcoming the Nutrition Council of Rhode Island to Johnson & Wales University.
Restaurants Will Be Undergoing a Nutritional Makeover: Welcome Menu II

By Dita Papianiku

Is it time for restaurants to start providing menu items that are nutritionally balanced but that also go beyond that grilled chicken Caesar salad? This is not about all restaurants turning low-fat on us; it’s about providing choices for customers that are nutritionally balanced. Here is the next step for improving the way Americans eat: Menu II.

Menu II will be a separate menu provided by restaurants upon request of customers. The menu will contain a nutritional breakdown of all the menu items, which includes total calories, fat, saturated fat, protein, and carbohydrates. The restaurant must offer an appetizer, entrée, and dessert that will equal or fall under 1,000 total calories. The restaurant also needs to have two items of each on the menu.

Studies show that 50 percent of diners would like to see Menu II when dining out. The advantage to Menu II is that the original menu has no nutrition information. This style is quite a change from the cartoon of a healthy heart that has appeared on menus. The indication of a healthy menu item has discouraged people and restaurant owners, and consequently, ends up hurting profits. Take the healthy cartoon off the menu and the menu item sells again. This occurrence is one in which restaurants know too well. It is indeed time for a change.

The Restaurant Association has already approved Menu II. Cornell University has been testing Menu II since 1975. Dieticians are currently being trained to work with chefs; however, chefs must get involved as well. Chefs will need to pay attention to measurements while cooking, a challenge for some. The Johnson & Wales University faculty is involved with Menu II, and will start with local restaurants. It’s finally time for restaurants and dieticians to come together and get involved. The menu has come at great time considering the health care industry is under a crisis. The crisis revolves around money, because in 10 years health care has the risk of bankruptcy, a frightening thought when currently 67 percent of Americans are overweight. The percentage has risen along with the 400 percent to 700 percent increase in portion sizes.

Susan Vierra, Department Chair of the nutrition program at Johnson & Wales University, has found that food businesses are starting to realize how much of an impact that the food industry has on America’s health. At the food research and development annual meeting in San Diego, CA, companies are actually starting to discuss the issue of obesity that Americans are facing today. “Menu II is time has come,” adds Vierra. She also describes consumers as being more sophisticated about food and nutrition. Everyone, from consumers to restaurants, agree that nutrition information should not be placed directly on the menu, however, it should be available. Menu II is the key to this formula in that it allows restaurants to have a traditional menu, while making nutrition information available upon request.

The Menu II revolution will not happen overnight, but eventually with time more and more restaurants it will become second nature. Marshall Scarborough, a culinary student, feels that the more integrated Menu II becomes, the more successful it can be. Menu II has potential and hopefully will locally be available soon.

Food Can Become Contaminated in More Ways Than One

By Dita Papianiku

“Organic foods provide a safe alternative to foods grown with pesticides, nonetheless, going organic is quite a step, both financially and convenience-wise. There are conventional foods that are cleaner and safer than others. According to the Seventh Generation web page, these foods include avocados, corn, onions, sweet potatoes, cauliflower, brussel sprouts, grapes, bananas, plums, green onions, watermelon, and broccoli. Going conventional with these foods is an easy step to keeping pesticides off your plate.

The Environmental Working Group reports that out of the pesticides that total dietary risks come from just 12 foods. The foods that contain the most pesticides include strawberries, bell peppers, spinach, cherries, peaches, cantaloupe, celery, apples, apricots, green beans, and cucumbers. Choosing organic for these foods is a safe way to go. More information can be found at www.seventhgen.com.

Cooking equipment also affects food safety. The best cookware is stainless steel and iron. Plastic, aluminum, and Teflon are choices to steer clear from. These materials leech into foods and contaminate through heat, and in some cases the acids in foods, as if eating the right foods was not hard enough. Now cooks, chefs, and home cooks must pay attention to food pesticides and contaminants as well.

Triclosan, which is found in hand soaps, toothpaste, and dish detergents, is also a concern. Triclosan is an antibiotic that breaks down a specific enzyme that bacteria and fungi require to survive. Humans do not have this enzyme and when the skin absorbs it, liver damage can occur. In addition, microorganisms will become immune to triclosan. This antibiotic agent started being used in hospitals, and many experts believe it should stay there. More information on triclosan and other household cleaners can be found at www.capitol-city.com.
Smoke continued from page 1

to a study conducted by Harvard
University last year.
At the University of Southern
Maine, students are forced to walk at
least 50 feet from dorms and other
buildings to light up a cigarette. The
policy at the University of Maine was
initiated by students, faculty and
staff, who are hastily trying to restrict
smoking all over campus. The
University of Southern Maine may
even push smokers further away to
"designated areas" chosen by their
administration.

Though the university administra-
tion at Johnson & Wales has yet to do
a similar plan, the rest of the nation
has. In New York City, Mayor
Michael Bloomberg has placed a smoking ban
on all bars and
restaurants, unless
they have a self-con-
tained room.
California has seen a
ban in bars and private workplaces
for the past few years. In addition,
California is one of two states that
prohibit retailers from advertising
tobacco within 1,000 feet of schools.
The New Hampshire Technical
Institute limits smoking to five gaze-
boes. Smoking at the University of
Maine at Fort Kent is also limited to
a gazebo.

Many question whether the
smoke-free policies Johnson &
Wales have in effect are fair?
If there were a smoking ban on
campus, who would enforce it?
Would students comply with the ban
and actually walk to a parking lot at
1:00 a.m. on a Monday night just
to "puff a smoke?"

Above shows a JW student,
Mike Belmont, outside of the
downtown dormitories living a
smoking lifestyle.

America At War:
Update on Operation
Iraqi Freedom
By William Kitzke

Due to some production deadlines the informa-
tion in the article may not be the most current.

The War in Iraq has seen many faces. The very
nature of conflict is that the only thing constant is
change. From the initial protests, to the "Shock and
Awe" campaign, this multifaceted battle has been
stretched over the news and beaten into our heads
to the twenty-four hour coverage. This could be
a blessing, or a burden in some people's eyes.

The initial point where war was eminent occurred
on March 17, 2003, when President George W. Bush
proceeded to warn Saddam Hussein that he had forty-
eight hours to exile the country or face attack. Facing
scrutiny of the world by not using the United Nations,
the President commented, "The United Nations
Security Council has not lived up to its responsibilities.
So we will rise to ours." The promise of a veto
from France towards any conflict would have nulli-
fied any action that the United States and its allies
wanted to take, so using wording from the initial res-
solution on Iraq passed unanimously by the UN, the
US and a "coalition of the willing" proceeded to
strike Iraq beginning the morning of March 20, 2003.

The harsh battles have continued from there as
the Iraqi troops continue to fight, although many have
surrendered. The Iraqis have, at times, used unlawful
tactics to attack the coalition forces, including dress-
ing as civilians, car bombings, and the blatant mist-
treatment of prisoners of war. Nevertheless, the
resilience of the American forces have taken control
of many major cities, including the ability to drive
through Baghdad with relatively little opposition.

As with any war, there have been civilian casualti-
ies, including American journalists, and innocent
Iraqi people. Of course, it is not war's intention to kill
the innocent, but these actions come with conflict.
The propaganda war that both countries are playing is
trying to extinguish the negative actions of the forces
against each other, and denying simple facts. On
April 6, the Iraqi information minister made a
hoopla statement that the Americans were nowhere
near Baghdad, trying to convince his people not to
give up the fight against what some see as a tyrann-
ous nation. Ironically, his statement was made as
you could hear coalition tanks in the background.

Overall, the coalition's campaign in Iraq is going
to end up a success. The only question left is how
much of a role the United Nations plays in the recon-
struction of Iraq. Only time will tell the outcome.
SGA Forms Partnership With Leadership Department

By Crystal Lee Chapman, Executive Vice President

If you happen to have Foundations of Leadership Studies with Professor O'Connor, then you may have seen Student Body President Albert Hilliard and Executive Vice President Crystal Lee Chapman press the button. This effort has been made to supplement the partnership SGA is creating with the Leadership Department. A few reasons why SGA is reaching out to this area of study is to help recruitment and retention efforts, enhance the SGA leadership experience, and increase the awareness of SGA among students. The first steps we have taken include presenting to Leadership classes about SGA and involving these classes in extra credit opportunities with their instructor.

The benefits are two-fold. Students can learn about and engage in SGA activities while receiving extra credit, and our SGA may gain an influx of leadership skills and insight. Being the only organization who is run by students for the students, the interaction is priceless. I would like to thank Professor O'Connor on behalf of SGA for her help with this undertaking. Our goal is to also establish a partnership with the political science department to broaden our ties with the faculty and students. As the voice of the students, these connections allow us as SGA to strengthen our support in the Johnson & Wales community.

Rhode Island Leadership Summit

On Saturday April 5, 2003 four Student Government delegates along with fellow leaders at Johnson & Wales University attended the Rhode Island Student Leadership Summit. The Leadership Summit was held in Providence and was made up of ten student leaders from each of the higher education facilities throughout the state (Brown University, URI, RIC, Bryant, CCRI, PC, etc.). The Rhode Island Office of Higher Education provided the summit. In attendance were Student Body President Albert Hilliard, Senior Class President Chika Nwosu, Assistant Speaker of the Senate/Vice President of Student Services Laura Aronne and Junior Class President/Vice President of Public Relations Amber Rogers.

After the opening ceremony speeches were done by Associate Commissioner for Academic and Student Affairs, Nancy Carrisulo, and the Commissioner of Higher Education Jack Warner. The Governor of Rhode Island Don Carcieri spoke to the group. The governor took questions from students, and one in particular from our very own 93 President Nwosu regarding the disappointing employment levels for RI higher Ed graduates. Nwosu suggested the govern- er and his team focus on a program to assist these grads, in turn matching the state with the brightest minds of the future.

Workshops were developed to enhance leadership skills and knowledge. The workshops attended were "Most important, often ignored key leadership skills and ideas" by Christine Wilson, from the University of Rhode Island. Following were "Learning in non-traditional ways" by Gail Colbe from Brown University, and "Attention to details" from the Director of the Student Leader Program; Jim Fitzgerald. Some key aspects that were reiterated throughout the conference were leadership is only most effective when group development and development levels of group members are addressed. Also, a key element of leadership often ignored is communication, within the group and within all publics. Also taught was the importance of preparation, self-discipline, and leadership development and maintenance. Lastly, the dispositions every leader should live by include "Seek First to understand, and then to be understood, no one person has all the truth, we each have a piece of it," and "no one snowflake ever feels responsible for an avalanche."

From these enlightening and educational breakthrough workshops along with the respect- ed speeches from RI community leaders each representative who attended the summit on behalf of J&W left more informed on leadership skills and knowledge.

SGA would like to thank those who made the conference possible.

Recently the SGA has been receiving more and more ASAP forms from the student body regarding important issues on campus. That is why the ASAP program has been established and we are very pleased to be hearing from the students so frequ- ently. In order for us to make any changes to the university life at J&W it is important for us to become fully aware of what needs to be addressed. We cannot advocate for you successfully unless you communicate with us. ASAP-constituency reports have been coming in and have been assigned to representatives within the SGA to be resolved.

TRANSPORTATION-
Transportation seems to have been an issue throughout the year. The transportation staff is more then willing to provide the students with the transportation that suits their needs, but they need to know what it is that the students really do WANT and NEED from them. That is where the SGA can help both the stu- dent's specific needs and the transportation department.

Issue #1 - HELP!!!! There are not enough bus runs!!!

Vice President of Harborside Campus Affairs Rachael Curry addressed this major issue with Transportation Department Service Administrator Denise Neirinckx. Ms. Neirinckx was more then helpful and her con- siderate attitude and assistance does not go unrecognized.

Ms. Neirinckx has extended the current feeding schedule of the JWU Shuttles from normal time 11-2 until 2:20. Culinary lab students wanted additional busses between 1:05-1:40 PM, Monday -Friday. Ms. Neirinckx has added a 1:20 PM. Students who attend labs feel that the cur- rent schedule of 6:25 AM and 6:55 are too early/too late for class and not convenient. A run from Hospitality to Culinary has been added per request of the students at 6:55 AM.

Finally a contract renewal meeting will be held within the transportation department for the RIPTA option, which is still a new program, just this year being implemented. Denise Neirinckx will be taking these ASAP com- plaints with her to the meeting in order to plan a more efficient and effective program for all stu- dents at Johnson & Wales University.

Thank you Denise, for all of your assistance with these mat- ters. SGA is grateful as well as the student body. Thank you Ms. Neirinckx for your dedication to these transportation issues, and lastly thank you to the students who spoke out to us regarding this major concern.

"F"

Let the Campaigning Begin
March 2003

Elections Day
April 22, 2003
Xavier Courtyard
9am-4pm
Cafe Commons
11am-4pm

You are today where your thoughts have brought you; you will be tomorrow where your dreams take you.

~ James Allen ~
Saturday, May 3, 2003

WILDCAT WA-HOO

Tons of fun!
Live Music! Big Rides! Free Food!
Gates Open at 3pm

Free to JWU Students with valid ID
Maximum of 2 guests per ID. $5 for each guest

*Some Novelty items will have a nominal charge.
PUZZLES

ACROSS
1  Enthusiast       6  Cute souls
2  G.E. merger       7  Girly
3  Mrs. McHenry      8  Plundering
4  Every last      9  Young seal
5  Given to        10  Adia's oppo-
6  Young          11  nent
7  Puts into       12  Church
8  Prison VIP       13  Altar consol-
9  Medical earm     14  lation
10  Archery bow     15  wood
16  Baseball great   17  Roger
18  Mischievous      19  Sykes
20  Conner, e.g.     21  Trimmed
22  Used a key-      23  board
24  Satchel         25  A.
26  Happy-hour      27  order
28  Bash acces-
29  sory          30  Ever
31  Did heavy       32  Bower
32  Stored fodder    33  S.
34  Basket's goal   35  B.
36  Ward heater     37  H.
38  South Dakota    39  C.

metropolis       54  Revere
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2  J               101  Tryst
1  I               102  Tryst

SMOKING AND MEMORY STUDY: The Brown University Center for Alcohol and Addiction Studies is recruiting individuals to participate in a research study of cigarette smoking and memory. To participate, individuals must be between 18-24 years of age and smoke cigarettes daily. The research project will involve completing a questionnaire and a computerized memory task at the Center for Alcohol and Addiction Studies. Reimbursement for participation is $30. If interested, please contact Dr. Chad Gwaltney at 444-1832.

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Southern New England’s Hot 106 and The Campus Herald

Sweepstakes

You could win!!!

Open to only active undergraduate & graduate J&W students. There are 3 submission periods: Submission Period 1 starts at 1:02pm - 1:06pm on 4/16/03. Submission Period 2 starts at 1:02pm - 1:06pm on 4/17/03. Submission Period 3 starts at 1:02pm - 1:06pm on 4/18/03.

How to Play: Answer any 1 out of the 3 questions correctly, via email at campusherald@jwu.edu between 1:02-1:06pm on 4/16, 4/17, 4/18. If candidate provides the correct answer to the question within the time frame provided, they will be entered into the drawing. Please include the correct answer, your name, telephone number, and home address.

Drawing: A random drawing will be held on Monday, April 20th at 4:30 pm. The winner will be notified.

1. How long has The Campus Herald been a part of the University and name 18 locations where the Herald is distributed?
2. Name all Hot 106 DJ’s and where they are from (city and state)
3. Name the last 4 Editor-in-Chiefs of The Campus Herald including first and last name and where they are from (city and state)

Grand Prize: Hot Night X Pack. Prize Pack Includes One Pair of Hot Night X Tickets, One Hot Night Freatured Artist CD, A Hot 106 T-Shirt and More


And More!!!