Volleyball WILDCATS Win GNAC, J&W's First NCAA Berth

John Parente
Sports Editor

It took everything that it takes to be a champion—guile, the ability to bounce back from adversity, teamwork, and execution. It took all of that for the Johnson & Wales women's volleyball team to make history last weekend in West Hartford.

After two years of finishing second in the GNAC volleyball championships on that same court at St. Joseph College, J&W finally captured the conference title, but they made it a little more history for good measure.

For the first time, a Johnson & Wales team has qualified for a NCAA post-season playoff berth. The Wildcats' victory over Emmanuel for the GNAC title also gives the champs the conference's automatic qualifier into the NCAA tournament.

If there was ever a "team" to set the standard and make the history, it is this group of volleyball players and their coaches, Jamie Murray and Jenn Schulte.

What turned out to be a very long, emotionally charged, exhilarating, energy-draining Saturday was even more than worth it for the Cats and the contingent of fans who made the trip to St. Joseph College.

After upstart Emmanuel, the tournament's fifth seed, ended St. Joseph's 47-match unbeaten string in the first semifinal, Simmons narrowly knocked off second-seeded J&W. The Sharks then took a very real share into J&W's hopes early in their semifinal match.

But once the Wildcats found a way to answer every single challenge throughout the entire day, and finally, finally, put Emmanuel away in the 24th point of the fifth and deciding match.

Freshman Shana Eigen was selected the tournament MVP, but that award could have gone to five or six other Wildcats, as well as to either of Emmanuel's mainstays. But there's no denying that Eigen was among a group of Cats who stepped up.

Campus Herald, Johnsonian
Attend National Conference

Four students from the Student Publications section of Student Life traveled to Atlanta, Ga. last week to attend the National College Media Convention. On October 27, Mike Post and Ryan Ford, from the Campus Herald, Nick Evans and John Sawyer from the Johnsonian along with their adviser Karen Milho, represented J&W at the convention, sponsored by the College Media Advisors and the Associated College Press.

The 78th Annual Convention was held at the Westin Peachtree Plaza in downtown Atlanta. The hotel is located across from Centennial Olympic Park.

During the three-day-long event, close to 300 workshops were offered to college students involved in student media across the United States. Workshops ranged from "New Vocabulary in the Millennium" to "Preparing Yourself for Life After College."

courtesy of Public Relations

Each week on the NBC hit television series Providence, Joanie Hansen tries to balance her life as a single mother with a burgeoning culinary career. Johnson & Wales University student Rennata Gomes, 19, knows a little something about that. She currently juggles caring for her nine-month-old son, Zidane Lomba, with her studies at the University's renowned College of Culinary Arts... and she has Joanie to thank for her education.

Gomes, a resident of Pawtucket, R.I., is the recipient of the Johnson & Wales/Providence Scholarship. The award is a full two-year tuition scholarship to Johnson & Wales, valued at $31,680.

Continued on page 3

Lights, Camera, Education

Paula Cale (Joanie Hansen lookalike) and Rennata Gomes, far right, discus single motherhood.

The Campus Herald is to serve as the vital source of information for Johnson & Wales University, its students, faculty, administration, and immediate community. To this end, this publication produced by the students of this university shall provide the integrity and professionalism necessary for providing accurate and essential information to transcend the geography between the university family.

Speaker Discusses Future of Economics

Mike Post
editor-in-chief

In a day and age where the stock market fluctuates like a heart monitor during a stress test, it is heartening to see that someone is always looking towards the future of world economics.

This was proved true on Thursday, Oct. 21 in the Admissions Presentation Room. In an event sponsored by the School of Global Management, the J&W Alumni Association, the J&W Investment Association and the Providence Office of Tucker Anthony, Kathleen M. Camilli presented "Economics for the New Millennium." Camilli, a nationally known expert, is the Director of Economic Research for Tucker Anthony Inc. She is responsible for providing the firm with daily input on the fixed income and equity sides of the firm on the outlook of the U.S. economy.

"We are living in a remarkable period in history," said Camilli, as she spoke to a packed house of students, staff and faculty. During Camilli's 45-minute presentation, she explored a variety of graphs and numbers. The discussion was focused on where the economy was going and whether or not the U.S. is going to face with a recession in the immediate future.

Ms. Camilli is known for her appearances on CNBC and CNN, as well as her writings in the New York Times and USA Today. Camilli was in Providence to present on the same topic to business professionals and possible investors in Tucker Anthony later that evening.

President's Leadership Council Attends Fall Retreat

Kristen Muia
staff writer

The weekend of October 15-17 was an adventure for the President's Leadership Council. Nineteen members, both old and new, traveled to Ashland, MA to the 4-H Conference Center for an intense Fall Retreat.

The PLC has recruited 10 freshmen members who will join the council, which provides a direct communication link between the student body and the President of the University.

To be appointed to the PLC, candidates must undergo an interview process and submit an essay of 250 words or less, depicting how they view their role as a leader and how they will ensure their success while attending the University. Out of 90 applications, just 10 were chosen. The PLC intends to recruit five more members in the spring to boost the freshman representation in the council.

Friday night, the group started with icebreakers, which entailed telling embarrassing moments, and personal future goals. Team building activities, and ropes courses followed Saturday, as well as council planning, and a campfire complete with s'mores.

This year, the PLC is split into four main committees that will concentrate on All Campus Leadership Day, community service, social gatherings within the council, and new member recruitment. The council's mission statement reads as follows:

"As the President's Leadership Council, we are focused on a commitment to contributing to the improvement of the Johnson & Wales community. We will work as an effective link between the students and the President, promoting leadership through motivation, communication, and implementation of clearly defined goals.

All Campus Leadership Day will be one of the council's most important events this year. If you would like more information on PLC events and activities, and how to get involved, contact Lani Wild at ext. 2341.

Congratulations to the new PLC members: Lorin Agerstrand, John Sawyer, Kristen Muia, Cammen Lowstuter, Jason Winters, Kristopher Adams, Jason Ellis, Kecin Austin, Amanda DiPietro, and Joshua Russell.

IMPORTANT INFORMATION FROM THE REGISTRAR

The following is a list of dates for second term registration for day school students in the Culinary and Pastry Arts and Business & Hospitality programs. Registration for culinary & hospitality will take place in the Nunnery Café, according to the first letter of your last name and for downtown students in the Xavier Gym in the same manner. For more information please contact the registrar for Downtown Campus at ext. 1088 or the Harborside Campus at ext. 1140.

Culinary
Last Name A - K
Monday, November 8, 9am-3pm
Last Name L - Z
Tuesday, November 9, 9am-3pm
Business & Hospitality
Last Name A - K
Wednesday, November 10, 9am-3pm
Last Name L - Z
Thursday, November 11, 9am-3pm

October 11, 1999
A male resident of Renaissance Hall reported that he and two non student friends were jumped by eight to twelve unidentified white males as they were leaving a nightclub in Clarendon Alley.

October 12, 1999
A male resident of Snowden Hall reported that he was assaulted by a male while walking to class. The assailant was later identified and placed under arrest by Providence Police.

October 19, 1999
A male resident reported his vehicle stolen from the Renaissance Hall parking lot.

October 22, 1999
Two male residents were arrested off campus by Providence Police and charged with disorderly conduct and failure to move.

October 24, 1999
Two male residents were arrested off campus by Providence Police for disorderly conduct.

compiled by Thomas G. Cornicelli, Asst. Director of Safety & Security
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Who is your “Spirit Warrior”?* "My mother. She is always with me no matter where I am. And no matter what I need, she will sacrifice for me to have. She is my world."
Understanding Credit and its Affect on You

Part 2 of 2: An in-depth look at credit cards

Christopher S. Rice
staff writer

Last issue, we looked at how easy it is to obtain credit cards because the applications are everywhere we turn. This time, however, we will look closely at what happens when late payments are made on credit cards and how that can affect our lives.

First of all, what is a credit report? A credit report lists all the credit that has been given to an individual, how much is owed by that individual, that individual's last known address, the individual's social security number, the individual's last known employer, and any other names or aliases that the individual is known by. Creditors report this information to what are called credit-reporting bureaus. It is from these bureaus that a credit report is ordered from before a creditor extends you credit.

Credit reports can be both beneficial and detrimental. Let us look again at our young college friend from the last issue. When the credit card billing statement arrives, he has three choices. He can either choose to pay the minimum amount due on time, he can choose either not to pay on time, or not pay at all.

If he pays on time, he will be on his way to establishing good credit that will be more beneficial in the long run when he may want to get approved, for example, a car loan. Good credit also leads to higher limits and lower interest rates. However, if he chooses to pay late, this will be reported to the credit bureau. This may not be to terrible if done only once, but repeated late payments will affect future credit opportunities. Often, individuals will get turned down and will not be able to rent apartments, lease cars, or get more credit opportunities. For the young college student, sometimes the only way to buy things is to buy them on credit. If the individual is denied credit to too many stores, he may not be able to purchase things that he wants.

Continued on page 9

The Spirit Warrior's Dream

A Musical about America in 2100
by Ricardo Pickett-Wiley & Robert Schlueter
Johnson & Wales University Pepal Forum
8 Academy Park Place, Providence, RI
Thursday, November 1st at 7pm
Fri, 12th - Sat, 12th 8pm - Sun, 14th 3pm
Gen. Adm. $10, Students $6 - For reservations call 529-4779
A Diversity And The Future 2000 Initiative presented in Concert with the Rhode Island Office of Campus Diversity

Who is your “Spirit Warrior”?

“My Spirit Warrior is my past & present parents. What they have taught me I could never learn all by myself.”

“My Spirit Warrior is my mother. I love and cherish everything about her. She is the best mother anyone could ever have.”

The Gates Millennium Scholars Program, administered by the United Negro College Fund, will provide scholarships and fellowships for outstanding low-income African-American, Native American, Hispanic American and Asian American Students to attend the undergraduate and graduate institutions of their choice. The program offers scholarships and fellowships starting with the 2000-2001 academic year.

*Applications will be available November 1, 1999 log onto http://www.gmsp.org/ for more information and a contact phone number. courtesy of Natalia Vasquez

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EREVIEW

Kelly Jones
arts & entertainment co-editor

Bif Naked, does the awkward name sound familiar at all? If you’re current with MTV you’ve probably seen her face plastered all over it for the past month. She has appeared on such shows as 120 Minutes and even a judge on the ever so popular Say What Karaoke? I was beginning to wonder if she was the girlfriend of the sorely missed VJ Jesse on MTV or maybe just his replacement. In appearance Bif Naked looks like the offspring of Marilyn Manson and Kid Rock, if that could happen.

About three weeks ago, my questions of Bif Naked were answered when I saw her video on MTV. It seemed that she had been advertised in support of her upcoming album, titled Bificious. Her single “Moment of Weakness” at first sounds like nothing more than a No Doubt replacement. With a, eye-catching female front for a pop-punk ska band, but the album delivers more than just that stereotype. Bif was born in New Delhi, India. At birth, she was abandoned by her parents and left at the Lunchmond Mental Institution. Karma brought Bif into the arms of two American missionaries who came to her rescue and adopted her into their family. Via the indirect route of Minnesota, then Kentucky then Manitoba, Bif found herself on stage performing rap, singing Doris Day songs, touring with underground bands, and then in 1996 released a self-titled debut on her own label, Her Royal Majesty’s Records.

Her recent live appearances have put her on stage with such acts as Green Day, Foo Fighters, Creed, Kid Rock, and the Cult. Her presence at the 1999 Lilith Fair was definitely felt when she was said, “to have blown the proverbial roof off” by USA Today. Interview magazine says, “a sometime punk and rapper, Bif Naked has Ani DeFranco’s spunk but not her self-righteousness-exuding sexual, musical and racial miscegenation, she’s an all-rock distaff Prince.” Bif Naked appeared at Lupo’s on Oct. 27 when she opened for Fuel.

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PASS THE "BAR" EXAM IN JUST TWO WEEKS

The World of a King brings the tempo back up to pop pace with fun lyrics about being happy with no one other than yourself, no matter what horrific or lonely past you’ve had.

It’s no wonder that the album diversity in sound comes together like it does with its cast of musicians. Drummers Kenny Aronoff (John Mellencamp) and Paul Deakin (The Mavericks), saxophonist Jim Horn (Eddie Hazel, The Beach Boys, Steely Dan), 75-year-old lap steel player Kayton Roberts (Hank Snow), and guitarist Rusty Anderson (Lisa Loeb, New Radicals) all come to play which has created a classic sound that represents all courses of pop genre. “My album, in the end, has a definite sense of the people around me. It’s about graduating from one part of your life to another, from being the life of the party to realizing that you don’t necessarily have to go to it anymore.”

Review

David Mead – The Luxury of Time

Kelly Jones
arts & entertainment co-editor

This album consists of 13 songs about the beauty and disgust of falling in love, but at the same time dealing with it because that’s what love is. David Mead’s classic pop sound is catchy as well as wholesome. His multiple use of instruments that consist of upstart pianos, brass, violins, violas, lap steels and, of course aggressive guitars and drums create a sound reminiscent of a Billy Joel or a Dave Matthews, but more peaceful.

The opening track reaches some Memphis pop, “Robbie Bradley’s Postcard,” a song that has you immediately singing along with it trying to pick apart its lyrics and analyzing its sound. “Apart from You” is a pretty ballad that reminds you of the softer side of The Smashing Pumpkins and Billy Corgan’s master-piece Mellon Collie and the Infinite Sadness.

Monday, May 23, 2005

Jose Chialez
arts & entertainment co-editor

This week I’ve got something hot for you that comes straight from the U.K. The band is Feeder and their latest album is “Yesterday Went Too Soon” (Elektra).

Feeder, consisting of bassist Taka Hirose, drummer Jim Lee and guitarist and vocalist Grant Nicholas have emerged from about a one year break of touring and recording with the soon to be released sophomore album, “Yesterday Went Too Soon.” This explosive new album is the highly anticipated follow-up to 1997’s breakthrough record “Polythene” (Elektra). You might know it from the melodic hit single “High,” a pro-pot anthem that was featured on the 1998 teen movie Can’t Hardly Wait sound track. It was one of the most requested songs of the summer of 1998. They also had two other hard-rocking singles that rose to the top of the charts in the U.K. called “Cemeter” and “ Stereo World.”

Feeder formed in 1994 after Nicholas and Lee found Hirose in an ad in the British magazine Loll. They honed their skills and got themselves signed to a small indie label called Echo. On it, they released a limited edition, Two Colours EP. This was an alright start, but the real response came when they released a mini-album in 1996 called Swirl. This contained the later hits “Stereo World,” “Dement” and “Tangerine,” which were of course put on the major label release “Polythene” (Elektra).

Elektra Records took quick notice of the fast rising, over the top Brit-Pop band while they did a series of live showcases in New York in 1997. The band had already built a huge fan base of surfer/skater kids in Great Britain. Elektra picked up on the undeniable buzz and signed them to record an album immediately. The rest is history.

Their major label debut went gold and ripped up the U.S. college charts and the U.K. pop charts. They hope for even greater success with “Yesterday Went Too Soon.” This record is full of razor-sharp riffs overlapped with head-bobbing harmonics. Nicholas’ clever lyrics cover losing sleep in an alcoholic rut over the love of a girl in the album’s first single “Insomnia” and reminiscing over fast spent youth in the title track “Yesterday Went Too Soon.” These driving songs tend to keep you grooving steadily through the verses and just pull you full force into the oh so catchy choruses. You can’t help but feel your mind just fall into synch with Nicholas’ raspy voice and the hypnotic guitar effects hanging in the background. Bearing in mind the subject matter of the songs and the somewhat morbid artwork on the cover that depicts what seems to be a hostage being disposed of, I think it is pretty safe to say that this new album reflects the darker side of the band. This record was actually produced by the band itself, who said that they wanted to give the record a more “straight forward” kind of vibe to it. In an interview, Nicholas said that the band wanted to “Keep it simple.” He said that they wanted to give it a sense of timelessness, something that people could listen to in ten to fifteen years from now. I think they just might have captured that, but you should check it out for yourself. The album won’t be released until February of 2000 but try to find their older release “Polythene” to get you off on the right foot.
Thursday, November 4
Appropriations Meeting 4:30pm @ CBC/SCSI 3rd floor
"Wild Wild West" 9pm @ Rec. Center 2nd floor
Happy Founders Day to Alpha Sigma Tau!

Saturday, November 6
CSF Game Night 7:30pm (call x2445 for more info.)

Sunday, November 7
Catholic Mass @ Xavier Chapel 12pm
"Wild West" 5:30pm @ Rec. Center 2nd floor
UIB Meeting 5pm @ Rec. Center 2nd floor
Indian Festival of Lights 6-10pm @ McVinney Auditorium (International Club)

Monday, November 8
GPC Meeting 3pm @ Rec. Center 2nd floor
Campus Herald Meeting 5pm @ CBC/SCSI 3rd floor
CEO Workshop "Being an Effective Student Leader" 7:30pm @ JA Bldg. 3rd floor
Presidents Round Table 7pm @ JA Bldg. 3rd floor
Swing & Latin Dance Classes 7-9pm @ Rec. Center FREE

Tuesday, November 9
YWOO Commuter Connections 10:30am-12:30pm @ Chesnutts & Cafes Commons
Appropriations Meeting 4:30pm @ CBC/SCSI 3rd floor
Tuesday Night Truth 8pm @ Rec. Center 2nd floor

Wednesday, November 10
Senior Portrait Sessions @ CBC/SCSI 3rd floor call 1-866-DURFEAR for an appointment
NPC Meeting 4pm @ CBC/SCSI 3rd floor.
Bowling & Billiards 7-9pm Rec. Center FREE

Thursday, November 11
Greek Forum 3-4pm @ MCC
Appropriations Meeting 4:30pm @ CBC/SCSI 3rd floor
Caribbean Student Association Meeting 6pm
Potluck Dinner and Cookbook Kickoff 6-9pm @ MCC (International Club)
Spirit Warriors Dream- Opening Night 7pm @ Pepisu Forum (DATF)

Friday, November 12
Spirit Warriors Dream 6pm @ Pepisu Forum (DATF)
Happy Founders Day to Sigma Gamma Rho!!

Saturday, November 13
Spirit Warriors Dream 6pm @ Pepisu Forum (DATF)
Caribbean Student Association Social 9am @ Xavier Gym

Sunday, November 14
Catholic Mass noon @ Xavier Chapel
Spirit Warriors Dream 9pm Pepisu Forum (DATF)
SGA Meeting 4pm U-Hall

Monday, November 15
Thanksgiving in New England 2-5pm @ MCC (International Club)
GPC Meeting 5pm @ Rec. Center 2nd floor
Campus Herald Meeting 5pm @ CBC/SCSI 3rd floor
DECA Final Exam Week 6:30pm @ JA Bldg. 3rd floor
Skiball Meeting 7pm @ Xavier & 8pm @ Culinary
Swing & Latin Dance Classes 7-9pm @ Rec. Center FREE

Tuesday, November 16
LAST DAY OF CLASSES
Creative Marketing: Futuristic Fashion Show w/Professor Williamson-noon Pepisu Forum (DATF)
YWOO Commuter Connections 10:30am-12:30pm @ Chesnutts & Cafes Commons
Appropriations Meeting 4:30 pm @ CBC/SCSI 3rd floor
Coffee House 8pm @ Rec. Center 2nd floor
Tuesday Night Truth 8pm Rec. Center 2nd floor (CSF)

Wednesday, November 17
Campus Herald Released
NPC Meeting 4pm @ CBC/SCSI 3rd floor
VICA Meeting 5pm @ Hospitality Center-PI Room
Bowling & Billiards 7-9pm @ Recreation Center FREE

Happy 100th Year Alpha Sigma Tau!!

The sisters of Alpha Sigma Tau would like to thank our brothers of Sigma Pi for another great Halloween social...we were��ved, did you? A special thanks to the brothers of Phi Kappa Sigma for a wonderful social, let’s do it again soon! Thanks to everyone who attended our semi-formal and making it a night to remember!!! Greek Job Eat like all your hard work and effort.

Thanks to all our sisters for your support and effort in Jump/Rape: Rage For Fun!! Happy Birthday to all our fall babies: Anna, Laccce, Trish and Carla. Thanks to everyone that supported us in our time of need...you know who you are.

Our condolences go out to our very special friend Bill. We are so sorry about the recent loss of your father, our thoughts and prayers are with you.

Finally, Alpha Sigma Tau celebrates our 100th year of sisterhood...#1 in this century, #1 in the next! Let’s go Tau!!

G R E E K n o t e s & n e w s

We are divine. Gently graceful, yet abuzz with activity. The blood of Sigma Pi flows through our veins. Our ancestors ruled under the ROYAL BLUE skies and donned crowns of pure GOLD. We are the living dream of our ancestors. 

As our first entry into the Campus Herald, we would like to welcome back all students and let them know that Sigma Pi Fraternity is still as strong as the day it was founded.

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THANKS TO ALL OUR SISTERS IN SIGMA SIGMA SIGMA!!

Correction IFC Sets Record Straight

F Y I.

In the October 20, 1999, issue of The Campus Herald, an article entitled "IFC Sets Record Straight" failed to list Delta Sigma Theta Sorority, Inc., as a recognized organization at Johnson & Wales University. Our apologies go out to the ladies of this organization. The following is a complete list of Greek organizations and social fellowships recognized by the University.

Fraternities
Fraternity
Kappa Alpha Psi Fraternity, Inc.
Phi Kappa Sigma Fraternity, Inc.
Sigma Lambda Beta
Sigma Phi
Sigma Gamma Rho Sorority, Inc.
Zeta Beta Tau

Sororities
Alpha Sigma Tau
Delta Phi Epilion
Delta Sigma Theta Sorority, Inc.
Phi Sigma Sigma
Delta Tau
Sigma Gamma Rho Sorority, Inc.
Sigma Lambda Gamma
Zeta Beta Tau
Theta Phi Alpha

Social Fellowships
Groove Phe Groove Social Fellowship, Inc.

The sisters of Sigma Sigma Sigma would like to congratulate and extend their greetings to Stephanie Bias, Whitney Bragg Sarah George, Vanessa Griggs Danielle Griffin, Jen Pellegrino

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Editorial & Opinions

Backpacking Europe?

Kara Konstanich
staff writer

Have you ever considered backpacking through Europe? This summer one of my best pals and I backpacked Western Europe for five weeks. As graduation approaches, many of your peers will consider splurging on something special for their graduate. I highly recommend a trip to Europe. This is not only an educational experience but also an experience of a lifetime. To encounter and witness new cultures first hand will give you new eyes for the world we live in. As young Americans, I feel we are sheltered and unaware of what life is like beyond the borders of our country. Traveling through Europe is truly stepping into the old world culture and catching a glimpse of the stepping stones of America.

We started our journey in Brussels, Belgium, and, with our Eurail Passes traveled on the train system throughout Holland, Germany, Austria, Switzerland, Greece, Italy, France and Spain, while of course consulting our bible: Let's Go Europe 1996. Let's Go Europe is a frugal travel guide written by students of Harvard. This book is the king of all travel guides for students traveling on a budget, abundantly filled with the best hostels, restaurant deals and secret spots Europe offers.

I encourage you to get out and see the amazing world we live in by backpacking through Europe. You can purchase a Eurail pass at most local travel agencies here in Providence. Pick up the latest edition of Let's Go Europe and start planning. Europe is a journey that will mark your heart for a lifetime.

"NSMH Convention" Continued from page 3

Gerry Fernandez, President of the Multicultural Food Service and Hospitality Alliance, was the last presenter for the conference. Mr. Fernandez, a Johnson & Wales alumnus captivated everyone with his eye-opening view of diversity in the workplace. In the end, he put it in simple terms that it all equals dollars and cents. That is the native language of corporate america.

By the end of the conference, people were full of knowledge and enlightenment. Moved and filled with devotion, various people were so compelled by the speakers that it brought tears to their eyes.

The NSMH chapter at Johnson & Wales University was founded in 1998. The chapter already has 3 members who sit on the National Board of the organization. Dana Herbert, came to Johnson & Wales to pursue a Bachelors degree in culinary arts. He is the national planning director and was directly responsible for last years National Conference in Atlanta, Ga. Elson Hendricks is currently the president of the Johnson & Wales chapter and midwest regional chairperson. Elson is currently a junior and majors in International Hotel and Tourism Management. Samuel Perkins is currently the northeast regional chairperson. He is currently a graduation senior in Hospitality Management.

Questions, comments, concerns send them via email to:
campus herald@jwu.edu

Is this Really the Real World

Matthew McIntyre
staff writer

Through the years in middle school and high school, many of us may have relied upon our parents to support us. Many people may never have had a steady job before because mommy and daddy looked out for us by giving us allowances. Well, that free ride will someday come to an end and those people will not be able to get a job because of their lack of experience in the work field.

We are now college students away from our homes where we grew up and living on our own. Some of us may not be as lucky as others to have mommy and daddy paying our tuition, car payments, and still giving us pocket money to spend. Some of us may be living in the REAL WORLD, where our parents are struggling to put us through college and maintain a mortgage. Those of us living in the REAL WORLD know that we have to fend for ourselves sooner or later and now is a good time to start. Many of us know how hard it seems to get a job when there are things we want but are low on cash and nobody seems to be hiring.

My advice to these people is "Don't give up, persistence pays off". Those with a good head on their shoulders will advance past go and collect more than $200. So dare to be independent, dare to be acknowledged. Don't wait or rely on others because they will sometimes hold you back.

"Understanding Credit" Continued from page 4

If he chooses not to pay at all, this is when the credit reports can come in handy for bill collectors. They can find out if he has moved, changed jobs, what other bills he is defaulting on, and other possible ways to get him to pay.

A possible way to avoid paying bills late is to pay bills by an electronic bill payment service. Many credit-lenders have this automatic service. It avoids the whole process of a check ever being written and the individual is assured that the bill is always paid on time. It is also advisable to order a credit report once a year from the three credit bureaus. Here, the individual should make sure that every line of business is correct and make sure that a mistake has not been made.

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HOROSCOPES

Aries (March 21 to April 19) - Your ability to communicate flows forth with a beauty that captures the hearts of those that surround you. Set up your environment accordingly so that those you hope to reach are within listening distance.

Taurus (April 20 to May 20) - A memory of a time gone by reminds you of where you have been and where you think you are going. The two tend to be more interrelated than you ever expected.

Gemini (May 21 to June 20) - Put relaxation on your mind and on your best to make your body follow suit. It is a break worth taking in that it helps to soothe your soul and place things in a new perspective.

Cancer (June 21 to July 22) - Your emotions are swayed by even the smallest of details, which makes for a rather bouncy ride. It ensures that you determine where the rough spots and smooth surfaces are found.

Leo (July 23 to August 22) - The process may be a pain, but the outcome is really up to you. Be decisive in the strategies you choose to pursue. Limit your options to those which are most feasible.

Virgo (August 23 to September 22) - A magnetic field surrounds you, and it alternating between attracting objects and repelling them. The two forces make for a strange mix. The midway point is likely to be your best bet.

Libra (September 23 to October 22) - The potential
tial that greets you knocks you a bit off kilter with its amazing strength. Experience something new and different, and the outcome brings you to a whole new level.

Scorpio (October 23 to November 21) - That which has been black and white now begins to blur into an undesirable gray. Keep on working with the parts that make up the whole. The issues may not be as easy as they once seemed.

Sagittarius (November 22 to December 21) - Your originality shines through in all that you decide to undertake. If you find yourself being irritated, it is not in jest by an attempt to duplicate your uniqueness.

Capricorn (December 22 to January 19) - A twist of fate has you turned around and looking at something that you have never seen before. Stretching properly ensures that you aren't injured in the sudden movements.

Aquarius (January 20 to February 18) - Others can relate to your situation, your words and even your analogies in a way that is a bit surprising. Take advantage of the moment in order to take a wild ride on the same wavelength.

Pieces (February 19 to March 20) - Your sweat and tears begin to pay off just as you are beginning to wear out. The extra inspiration allows you to go that extra mile. The results are likely to be worth the wait.

The Campus Herald Variety - Page 9
CROSS COUNTRY CATS

SWEEP SOUTHERN VERMONT RACES

John Parente
sports editor

For the past several weeks, the members of the Johnson & Wales cross country team have quietly but consistently prepared for the Great Northeast Athletic Conference championships.

The Wildcats have trained hard under coaches Holle Walton and Thom Spann. They’ve participated in some of the area’s toughest races.

Sometimes, the Wildcats have finished far from the top of the heap when they’ve been up against some of New England’s Division II and III powers. That’s OK, because it’s the GNAC meet that has separated the Wildcats from just about anyone else.

But last weekend in Brattleboro, Vermont, the Wildcats showed just what they can do, by taking both the men’s and the women’s races in the annual Southern Vermont Invitationals.

J&W’s Arabella Tavera won the women’s race in a time of 20:35—her first collegiate championship—and teammate Monica Fisher finished second as the Wildcats beat Elms College and Southern Vermont.

The Wildcats took five positions from fourth through ninth and finished with 31 points, easily outdistancing the hosting Southern Vermont Mountaineers. SVC was led by their outstanding overall champion, Dan Dix, but couldn’t come up with the support to beat the Wildcats.

Dix, in fact, smashed the Southern Vermont course record, which had been set last year by Johnson & Wales’ Bill Altoz. Dix knocked a full two minutes off the course record, and won the race by nearly two and a half minutes.

Matt Doudy of Becker finished second at 24:35, and SVC’s Ron Harding was third at 24:13. But from then on, six of the next seven runners were wearing Johnson & Wales uniforms.

Dave Booth, one of the Wildcats’ promising freshmen, pressed the two runners-up throughout, and ended up with a fine fourth-place finish, in a time of 24:40.

Luke Livingston, the progressing sophomore, finished fifth at 24:59.

Eric Kien was eight seconds behind Livingston. J&W two-sport stand James Gilbert finished seventh at 25:20, while Nate Prosser rounded out the scoring, finishing ninth at 26:20.

Andrew Beutler and Eric Fergen were tenth and eleventh, respectively, with James Parks (26:11), Rob Pfeve (26:54) and Shane Phillips (31:09) rounding out the Wildcats contingent.

Tavera was outstanding in running the 2.7 mile course in under 21 minutes, with Fisher grabbing second in a time of 21:33. Curry Sherrill’s 22:11 was good for fourth, while Vanny Soughley ran in 45 seconds, rainy weather in 23:18 to finish eighth. Jarusha Harris was tenth and Heath Masseria 11th.

The GNAC this year, J&W now runs at a new level.

But the way things are shaping up, would anyone be surprised if the Cats came home with some hardware?

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MEN'S SOCCER TEAM GEARS UP FOR PLAYOFFS

John Parente  
sports editor

The fortunes of the J&W men's soccer team had been up and down for a couple of weeks, so it was unfortunate for Daniel Webster that the Wildcats took out some of their "down" periods on them.

The 'Cats humiliated Daniel Webster, 8-1, to complete their Great Northeast Athletic Conference season at 3-5, which turns out to be good enough for the sixth seed in this week's playoffs.

J&W was to face Albertus Magnus on Tuesday in the first round.

The leading scorer in the GNAC all season, Wildcat co-captain Chris LeFave scored three goals and assisted on four others, virtually locking up the conference's scoring title. LeFave raised his goal count to 20 and his assists to 11, for 51 points—20 ahead of Norwich's Pete Connery, who entered the final week of the regular season in second.

The 'Cats got scores from four others. Co-Captain Joe Espinosa had a goal and two assists, and raised his GNAC-leading assist total to 15. Chris Rhinehart, Bill Zimmer, and Matt Ellis also scored. J&W's Trevor Foden, meanwhile, held DWC to a single score, and made an absolutely marvelous stop of a penalty kick to earn the win. Foden finished with six saves.

J&W Women's Soccer Team Ready for GNAC Tournament

John Parente  
sports editor

It's almost a shame that the women's soccer program at Johnson & Wales has improved so dramatically that very few are taking the time to congratulate the team on its first-ever Great Northeast Athletic Conference playoff berth.

In fact, the Wildcats had locked up a playoff spot so long ago that it's almost been an afterthought.

So, stop. Wait a second. 'We're talking about a team that won only six times in 1996 and 1997 combined! And this year's team has already eclipsed last year's total of nine wins. With a record of 11-5-2 overall, these Wildcats have already had a great year.

J&W tuned up for the playoffs by breezing past Lasell College, 4-0, in a non-conference game last Thursday. While Holly Bodwell was racking up her single-season record sixth shutout, Mashari Perry and Lauren Benek scored a pair of goals apiece, and Patrice Merendina added a goal and a couple of assists. Merendina, with 35 points, is third in the GNAC in scoring.

But it seems like everyone expected this kind of thing from the J&W women's soccer team, which has never won 11 games in a year.

To be absolutely truthful, this first playoff berth really seems to be no big deal. It's simply because J&W has played like they belong in the GNAC playoffs since the first week of the season, when they won the championship of the Maine-Quebec Island tournament. The Wildcats have played the top teams of the conference and played them well.

Take Western New England, for instance. Last year, in the first game of the season, WNEC beat Johnson & Wales 12-0. But last week, it took a goal in overtime for the Golden Bears to escape Pierce Stadium with a 1-0, overtime win.

Understand this, now. Johnson & Wales lost to the regular-season champion on a goal that was scored in overtime. If you had said that two years ago, people in Catland would have been saying, "Wow, that's unbelievable—great-tremendous—phenomenal." Now, though, these Wildcats have raised the bar so much that people on the bench were downright heartbroken that J&W lost on a goal scored off a throw-in in the overtime's first minute.

So, the Wildcats will enter what promises to be a wacky GNAC even as the number-six seed, and will take on Rivier in Nashua, New Hampshire, in the first round.

They won't be giddy about being in the playoffs. In fact, they'll be expecting to win. For this is a Johnson & Wales team that played a perfect first half and thrashed Rivier a couple of weeks ago, 5-2. Though the Raiders have been on a role with a revamped lineup since then, the Wildcats dominated Rivier. So, they know they'll be playing a team they can beat in the first round.

What makes that so scary is that Rivier finished in a first-place tie with Western New England and Simmons. Do you see what we're talking about now?

Our Wildcats knocked off one of the conference leaders, lost to another in overtime. Simmons? The Sharks beat J&W, 2-1.

They've been in every single game they've played. They've gotten a superb year from their senior keeper, Holly Bodwell, the third-rated keeper in the GNAC. They've been consistent for eight weeks, so why should the playoffs be any different? They'll be in the Rivier game. Whether they win it or not shouldn't be of consequence. Sure, the 'Cats want to move onto the semifinals, and maybe more, but, there's something to be said about a team that turned everyone's mindset 180-degrees, isn't there?
Good & Fast FOOD

Need a quick snack? A lite lunch? A hearty meal? A sweet treat?
From Abu Turkey to Ziti, The Arcade has it all

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