



**B R E A K F A S T**

**A M E R I C A N   E X P O R T   L I N E S**

# Breakfast

## FRUITS and JUICES

Chilled Apple, Pineapple or Orange Juice  
Sliced Bananas  
Stewed Prunes

*Apple*

Bartlett Pears  
Plums in Syrup  
Baked Apple

## CEREALS

Wheatena with Milk  
Rice Krispies  
*Corn Flakes*

Puffed Rice  
All Bran

Wheaties  
Post Toasties

Grape Nuts  
Shredded Wheat

Semolina with Milk  
Puffed Wheat  
Bran Flakes

## FISH

Broiled Bloater, Butter Sauce

## EGGS

With Ham

Scrambled with Tomatoes, Turbigo or *Plain*

Fried

Omelette: Parsley Cheese Jelly  
Boiled Shirred

## MEAT

Creamed Chicken on Toast

## FROM THE GRILL

Sausage

Yorkshire Ham

Breakfast Bacon

## POTATOES

Parsley

Lyonnais

## COLD DISHES

Various Kinds of Fresh and Smoked Sausages  
Roquefort or Swiss Cheese

## ROLLS - MUFFINS - TOAST

*Corn Muffins*

*Dry or Buttered Toast*

Griddle Cakes with Maple Syrup

Assorted Buns

## JAMS - PRESERVES

Raspberry Guava Jelly Blackberry Peach Strawberry Pineapple  
Grape Red Currant Jelly Bar-le-Duc Sweet *Marmalade* Cherry

## BEVERAGES

*Sauha*

Coffee Milk Cocoa Chocolate Postum Ovaltine  
English Breakfast, Orange Pekoe, Green, Ceylon or Oolong Tea

