



**B R E A K F A S T**

**A M E R I C A N E X P O R T L I N E S**

# Breakfast

## FRUITS and JUICES

JUICES: Orange Apricot Pineapple  
Strawberries Blueberries Figs in Syrup Sliced Fresh Pineapple  
Baked Apple Sliced Bananas Stewed Prunes or Mixed Fruit Sweet Cherries

Apple Orange

## CEREALS

Hominy with Milk H-O Oats with Milk  
Rice Krispies Puffed Rice Wheaties Grape Nuts Puffed Wheat  
Corn Flakes All Bran Post Toasties Shredded Wheat Bran Flakes

## FISH

Broiled Bloater, Butter Sauce

## EGGS

Omelettes: Cheese Confiture Plain  
Scrambled Egg with Tomatoes, Smoked Turkey or Plain  
Fried Boiled Shirred Poached

## MEAT

Creamed Chicken Hash

## FROM THE GRILL

Broiled Ham

Sausages

Breakfast Bacon

## POTATOES

Parsley

French Fried

## COLD DISHES

Various Kinds of Fresh and Smoked Sausages  
Roquefort or Swiss Cheese

## ROLLS - MUFFINS - TOAST

Coffee Cake

Assorted Buns

Blueberry Muffins

French, Buttered or Dry Toast

Waffles or Griddle Cakes with Maple Syrup or Honey

## JAMS - PRESERVES

Raspberry  
Grape

Guava Jelly  
Red Currant Jelly

Blackberry  
Bar-le-Duc

Peach  
Sweet Marmalade

Strawberry  
Cherry

## BEVERAGES

Coffee

Milk

Cocoa

Chocolate

Postum

Ovaltine

English Breakfast, Orange Pekoe, Green, Ceylon or Oolong Tea

Sanka

