



B R E A K F A S T

A M E R I C A N E X P O R T L I N E S

Breakfast

FRUITS and JUICES

JUICES: Orange Apricot Pineapple
Strawberries Blueberries Figs in Syrup Sliced Fresh Pineapple
Baked Apple Sliced Bananas Stewed Prunes or Mixed Fruit Sweet Cherries

Apple Orange

CEREALS

Hominy with Milk H-O Oats with Milk
Rice Krispies Puffed Rice Wheaties Grape Nuts Puffed Wheat
Corn Flakes All Bran Post Toasties Shredded Wheat Bran Flakes

FISH

Broiled Bloater, Butter Sauce

EGGS

Omelettes: Cheese Confiture Plain
Scrambled Egg with Tomatoes, Smoked Turkey or Plain
Fried Boiled Shirred Poached

MEAT

Creamed Chicken Hash

FROM THE GRILL

Broiled Ham

Sausages

Breakfast Bacon

POTATOES

Parsley

French Fried

COLD DISHES

Various Kinds of Fresh and Smoked Sausages
Roquefort or Swiss Cheese

ROLLS - MUFFINS - TOAST

Coffee Cake

Assorted Buns

Blueberry Muffins

French, Buttered or Dry Toast

Waffles or Griddle Cakes with Maple Syrup or Honey

JAMS - PRESERVES

Raspberry
Grape

Guava Jelly
Red Currant Jelly

Blackberry
Bar-le-Duc

Peach
Sweet Marmalade

Strawberry
Cherry

BEVERAGES

Coffee

Milk

Cocoa

Chocolate

Postum

Ovaltine

English Breakfast, Orange Pekoe, Green, Ceylon or Oolong Tea

Sanka

