



**B R E A K F A S T**

**A M E R I C A N   E X P O R T   L I N E S**



# Breakfast

## FRUITS and JUICES

JUICES: Apple Orange Grapefruit  
Stewed Mixed Fruit Figs in Syrup Stewed Prunes  
Baked Apple Purple Plums

## CEREALS

Boiled Wheatena with Milk Hominy Grits with Milk  
Rice Krispies Puffed Rice Wheaties Grape Nuts Puffed Wheat  
Corn Flakes All Bran Post Toasties Shredded Wheat Bran Flakes

## FISH

Broiled Halibut, Butter Sauce

## EGGS

Omelette: Cheese Confiture Plain  
Fried Scrambled with Fresh Tomatoes, Smoked Turkey or Plain  
Boiled Shirred Poached

## MEAT

Creamed Sweetbread and Ham

## FROM THE GRILL

Pork Sausages Sugar-Cured Ham Breakfast Bacon

## POTATOES

Home Fried Vapeur

## COLD DISHES

Various Kinds of Fresh and Smoked Sausages  
Roquetort or Swiss Cheese

## ROLLS - MUFFINS - TOAST

Coffee Buns French, Buttered or Dry Toast Bran Muffins  
Griddle Cakes with Maple Syrup

## JAMS - PRESERVES

Raspberry Guava Jelly Blackberry Peach Strawberry Pineapple  
Grape Red Currant Jelly Bar-le-Duc Sweet Marmalade Cherry

## BEVERAGES

Coffee *Sanka* Milk Cocoa Chocolate Postum Ovaltine  
English Breakfast, Orange Pekoe, Green, Ceylon or Oolong Tea



