Lift Raises Big Bucks page 5





Johnson & Wales University

Providence, Rhode Island

Monday, October 25, 1993

TPUS HER

The student newspaper dedicated to serving the University Community.



Woolworth's prepares to close its downtown Photo by Keith Wilder Providence location on Westminster Street. Another empty building complements downtown or perhaps CVS investigates a possible move said an anonymous source. The source also included that CVS expects a 25 percent increase in sales.

student

by Jeannine Kimball **Managing Editor**

James M. Brown, Jr. died suddenly on October 19, at approximately 7:30 p.m. Brown, a 27 year-old culinary arts student from Williston, South Carolina, was in Providence to complete his practicum assignment. Kent County Memorial Hospital indicated that the preliminary cause of death

was anaphylactic shock due to an allergic reaction to shellfish. After supper, Brown asked two Johnson & Wales University students at the Airport Center East residence hall to drive him to the hospital, he died on the

Memorial services were held on October 22 at the Ashbury Methodist Church in Warwick. Brown was the son of Mrs. Annie Dolores Brown.

Students reflect on James M. Brown, Jr.

by Jeannine Kimball **Managing Editor**

To say that the death of James M. Brown, Jr. was difficult for people to accept, would be an understatement. The outpouring of grief and anger that the friends of James feel is tangible, even to outsiders. James' death affected everyone who knew him, anyone he had ever spoken to, and the University as a whole. For those of us who did not personally know him, it may be hard to understand why so many people cared so much for him. After speaking with five of his closest friends, it becomes easier.

Travis Albritton, Joe Beal, George Barham, David Trawick and Akil Washington all know that James was one of those unforgettable people, the kind of person that come along once in a lifetime. Before James began culinary school at Charleston, SC, he was enrolled in the military. Beal respected James for his return to college because it took a lot of courage to do so, especially at age 27. James was

an exceptional student, he even appeared on the National Dean's list.

His positive outlook and ability to learn, permeated all aspects of his day-to-day life. Although he was softspoken, he was never intimidated into silence. Whenever one of his friends had a problem, James was the first person they sought guidance from. Regardless of is own schedule, James was always nearby and ready to listen. James' friends remember he loved to sit outside, in front of his room, just watching people come and go.

At the memorial service held for him, the pastor suggested that from every life there is a lesson we may learn. James already knew how to create lessons; he learned from every experience. Every conclusion he came to, he shared with his friends; which aided them in their decisions. Although James has passed on, he left behind many memories. His distinctive laugh will be echoed forever in the minds of his friends. The sponta-Continued on page 5

Adjustment in University mission

By Refael Victor
Staff Writer Everything in life has a purpose; you might call it a "mission."

In the past, Johnson & Wales University's mission was "to meet the needs of students and employers by offering relevant, quality career education programs in fields with high growth potential that prepare students to contribute significantly to society." Due to JWU's quest for regional accreditation, the criteria of the New England Association of Schools & Colleges and the ever-changing demands of society, the school has developed a new mission statement.

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A diverse group of students, faculty and administration was established to develop a new mission statement and statement of purposes, which was approved July 19 by the board of trustees of JWU. The new mission statement, as stated in the August 1993 report on the self-study of Johnson & Wales University, "empowers its diverse student body to succeed in today's dynamic world by integrating general education, professional skills, and career-focused education. To this end, the University employs its faculty, services, curriculum, and facilities to equip students with the conceptual and practical tools required to become contributing members of society and to achieve success in employment fields with highgrowth potential."

The new mission statement meets the needs of the University and its students by providing quality career education and adding general studies to give students a better rounded education. The purpose of the mission statement is to guide the board of trustees and administration in the decision making process, according to the selfstudy. This will allow the community to realize that the school is about diversity. To accomplish this end, JWU provides resources, faculty and the utilities for the individual student to succeed in the real world.

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Photo by Jeannine Kimball Students plant a tree in the memory of James M. Brown, Jr. The tree is located in the central parking lot at ACE Residence Hall.

Use your health insurance

By Darius Broadnax **Production Editor**

coverage as accidents and sickness

The health insurance plan at Johnson & Wales University is issued by Boston Mutual Life Insurance Company. A claim form must be filled out to get the bills paid. Coverage lasts from Sept. 1 to Aug. 31 of the next year. New rules have allowed for evening, graduate, and international students to obtain insurance.

The insurance is separated into two parts; accident and medical. Paying the general fee allows all students to obtain the accident portion of the plan. The accident portion covers \$200 then reverts to another plan.

The medical portion of the plan is optional, depending on whether or

not the student has comparable insur-Students need some type of health ance. Coverage provides \$20 for an office visit, \$25 for prescription reimbursement, and \$75 for lab visit. Acquiring the medical portion of the plan allows students to receive reduced rates and obtain prescriptions (if in stock) from the Providence Medical Center.

> The Health Services offices serve residents and commuters free of charge. All accidents must be reported to the Health Services offices. The two locations are at the Student Center, first floor and Xavier Residence Hall, lower level.

> A doctor is on campus from 9:30-11:30 a.m. at the Student Center on Tuesdays and Thursdays and at Xavier on Mondays and Wednesdays.

Viewpoints

Pulling the community together

In the aftermath of James M. Brown Jr.'s death, the University community is forced to cope with a tragedy that hit close to home. His death was an unforseen accident, that left many people emotionally distraught. Death is never an easy issue to come to grips with, the fact that James was a fellow student and had a long life ahead of him made it even more unfortunate. We would like to take this opportunity to express our condolences to and our support for the family and friends of James.

The University needs to take the time to pull together in order to help the students who are feeling the grief. There are students, staff and teachers on campus who are willing to assist you in handling your emotional problems. Take advantage of this and ask for their

We would like to recognize James in our thoughts and ask that the University community take a moment of silence in his honor.

Quote of the Week A good man is always beginner.

- Martial

The Campus Herald

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Who are your friends? Are they really?

Who are your friends? Have you investigated this question lately? If you haven't, it is about time you do. In dictionary terms, a friend is a



Diversity Beat by D B Reinhold **Editor In Chief**

close acquaintance, companion, and someone who knows intimately of you while thinking fondly of you. However, it does go deeper than this in everyday life. Some people think they can walk into your life and within minutes of introduction say, "You are their best friend." If you think friends are made in this manner, you are wrong. It is impossible. I ask you to take a closer look.

Companionship takes time, sharing, trust and more time. Friends are not mere colleagues at work, peers at school, or your family members. It takes special times, unique bridging bonds, and loving ties with that indi-

Friendship is understanding and communication between individuals. Chums share the highs and lows of life without judgment. They listen intently, without interruption.

Camaraderie is also knowing when to tell the truth. The true test is when the truth is the hardest and most painful thing to convey to your friend. It is difficult to share a thought that causes a loved one pain. However, a true friend owns your concern and trusts in the comment's meaning. Friendship is also trust. Trust incorporates the sharing and truth—it harbors a safe environment.

Friendship is love; perhaps, the greatest love of all. Love in a friendship is all encompassing. It encases moms, dads, siblings, peers, co-workers, and some of those people you run around with.

If you sit down and search yourself with honesty, I would bet almost every single person can count their friends on one hand. The individual who has earned two real friends is far better off than the person followed by an entourage.

deserve it?

Do you think that you deserve everything that has happened to you? Do you expect to be given praise you've received? Or do you believe that you have earned it? Which would you rather?

In order for anything in my life to



Managing Editor

have meaning, I need to believe that I have earned it. That is my idea of success both personally and professionally. I cannot be happy with my success, if I believe I am getting it because that is the way it is expected to be. There are some that want absolute success, no matter what it costs

The basic Judeo-Christian belief is "Do unto others as you would have done unto you." This ensures that people behave in a humane way toward each other. If this moral holds true, then why do people continue to intentionally hurt each other and then have the audacity to expect the respect of their peers? They still feel that they deserve the same consideration and rewards as others who do believe in basic morals and do have a

higher sense of integrity.

One also needs to consider the current "work ethic" existing in America. Many people believe that they deserve everything, whether they have worked for it or not. The current trend of Americans is to be lazy. Expectations run high of how life should be. Many believe that they have a From Where I stand "right" to success. If more work is by Jeannine Kimball needed for these achievements, some cry prejudice. They have the notion that supression has occurred; therefore, they should be compensated for it. They shout, "We have a right to success!" They continue to expect the same success and respect that their parents have gotten but in exchange for less work. Is this realistic? No, not

> I believe this is where the cliché, "you get what you deserve," comes into play. If you expect honors, you might receive them; and if you do, what do they mean? When honors are earned, the satisfaction will outweigh the process by which they are achieved. Hard work is the only substitute for hard work. There is no moral way to achieve success without your own personal influence and work. Amoral people have no problem achieving their idea of success, because they have nothing to base

Continued on page 5

Letters

Are you disgruntled, or are you pleased with something the university community is doing? Write a letter to the editor.

Letters to the editor must be typed, double spaced, and signed with a phone number. Their content will be published in whole or in part at the discretion of The Campus Herald Editorial Board. All letters must be received by 4 p.m. on the Monday before the upcoming issue you wish publication. Opinions expressed in this newspaper are not necessarily those of the University or student body.

Preliminary outline offered

Dear Editor:

Today, the visiting team of the New England Association of Schools and Colleges completed its four-day visit to Johnson & Wales University. Over 100 interviews were conducted by the 11 members of the team, in group and individual settings with students, faculty, administration, and members of the Board of Trustees.

Dr. William Young, the Chair of the team, spoke for his colleagues in thanking Johnson & Wales for its hospitality and, in particular, noted the high level of preparation and readiness displayed by the Self-study Committee.

His remarks today afforded us a preliminary outline of the written report which will be compiled by the team. The next step in the process includes visits to our campuses in Massachusetts, Virginia, South Carolina, Florida, and Sweden; the observations recorded there will be in the team's report.

The written report will take the form of a recommendation to the New England Regional Commission which will meet in April 1994 to consider Johnson & Wales' application for accreditation.

The preliminary outline was an in-depth review of the University and its adherence to the 11 standards of the commission. The outline was positive in its tone, highlighting the accomplishments of the University and identifying strengths, suggestions, recommendations, and concerns. Although the preliminary outline at this point is confidential and the final report will be in the form of a recommendation to the commission, we are optimistic that the efforts of Johnson & Wales over many years will be recognized as meeting the standards of the commission.

May I thank all of the hundreds of students, faculty, staff, and trustees that participated in the self-study and the team visit; and, in particular, my thanks to the tireless members of the Self-study Committee. Well done!

John Yena, President

ACLU's Mission

I am writing to inform the student body of Johnson & Wales of an organization that is working to become a Johnson & Wales Chapter of the Rhode Island Affiliate of the American Civil Liberties Union.

The ACLU is a national organization interested in preserving the rights Americans have under the Constitution. This includes the freedom of speech, assembly, to choose, religion, and to do what you want with out persecution. The organization also is involved in unfair labor practices and almost any type of discrimination based on race, gender, handicap, sexual preference, age, and beliefs.

The ACLU has a reputation for being a radical organization that believes in absolute anarchy. This is just not true. We are defenders of the Constitution who believe everyone has the rights to the liberties entitled them under the

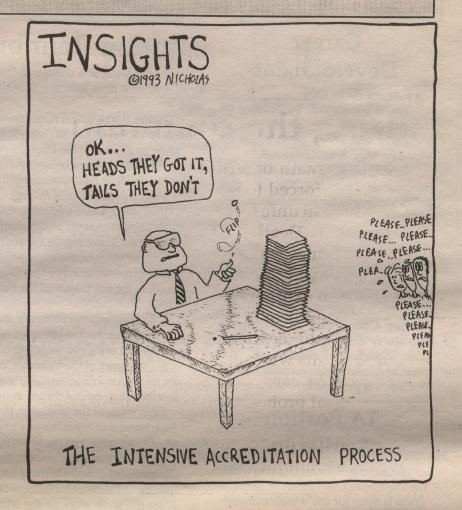
The ACLU has worked on issues such as Roe v. Wade, Civil Rights, school desegregation, and so forth.

Our mission at Johnson & Wales is to inform the public and student body of various issues and make sure that the students of Johnson & Wales' rights are not infringed upon.

We would like you to become involved in a new campus organization. As soon as we receive full recognition, we will be the 64th chapter in the nation on a college campus. We will also become the second in Rhode Island and the first in many years. For more information, contact Jason at 3773.

James Fisher





Transportation & parking still a problem

Dear Editor:

I am writing this letter, presumably on behalf of all the commuting students attending Johnson & Wales University.

Why does the University turn a blind eye and a deaf ear on those of us who are at the mercy of the City of Providence's \$10.00 extortion zones? Have any plans been considered to address the needs of commuting students? (I'll spell it out ...P..A..R..K..I..N..G..)

The current arrangement is for us to park at Harborside Campus and "blue bus" our way downtown. I applaud the University for the provided shuttle service, it is unquestionably good. Unfortunately, many of us square pegs" will not fit into this "round hole" solution.

Any student journeying from points north of Providence would simply have to brave the perils and anguish of the junctions of the major interstate highways, pass by the school(which is the ultimate destination), park at the culinary campus, catch the next bus to the downtown campus; then reverse the whole process for the ride home (or to work, which is more often the case). All in the name of convenient parking...and for a mere \$10 per school year for a parking sticker. Not too bad of an arrangement if one has ample time to get to and from classes. But quite an inconvenient situation if one falls in disfavor with the scheduling gods and ends up with the schedule from hell(such as periods 1,5,7 & 8).

The alternative? Take your chances in the hunting grounds for an open space to rent for two hours at a time (an arrangement in which one has to relocate every hour and a half because the parking enforcement gets a little over zealous at times...especially when it's inclement weather); or pay to park in a lot somewhere in town...anywhere from \$3 to \$15 per day...which averages about \$600 per person per school year; or become a member of the staff because they are provided a parking lot.

The downtown facilities are good and getting better; now let's consider accessibility. The new commons at McNulty is very pretty. A student/ faculty parking garage would have been prettier.

Phi Sigma Kappa raised \$11,000

Phi Sigma Kappa fraternity, Johnson & Wales Chapter, recently conducted a fundraiser for the benefit of the American Cancer Society. This event was the third annual Crane Lift on Friday, Oct 8 from 7 a.m. to 3 p.m. The fraternity surpassed it's goal and raised \$11,000. This money will fund the research, patient services, and education programs of the American Cancer

Media personalities Paul and Al from WHJY radio performed their show live from the top of a crane in Kennedy Plaza. For every \$1000 donated, the crane was lifted 10 feet higher into the air. The fraternity brothers collected money from all over downtown Providence as well as took pledges from WHJY's call-in pledge phone number.

On behalf of the American Cancer Society, we are grateful to the members of Phi Sigma Kappa fraternity for their organization, effort, and generosity.

Lynn W. Aaronson, Area Representative American Cancer Society

Campus Briefs

Career Development

On Campus Recruiting

Thom McAn will be coming on campus Nov. 9.

There will be an open house on Monday, Nov. 8, at Xavier 403.

Enterprise Rent-A-Car will be on campus on Thursday, Nov.18. Call Brian McCreavy for more details, 456-1071.

Career Day

All Ambassadors must attend a seminar on Monday, Nov. 25, at 10 a.m. and 2 p.m. in the Xavier Auditorium. You will find out your host company then. All students should consider attending Career Day Nov. 5 at the Johnson & Wales Inn. From 10 a.m.-3 p.m. Resumes are encouraged. You must be dressed professionally. Transportation is provided.

TA Postion Available

A teaching assistant position within the Travel and Tourism Internship Program is open for the winter trimester. The following is a list of requirements that must be met in order to be considered for the position:

- 1. G.P.A of at least 3.0,
- 2. An Associates Degree in Travel Tourism Management,
- 3. A reliable mode of transportation,
- 4. Good student standing within the University.

Anyone interested needs to send a resume with a cover letter stating why they feel they are a good candidate for the position. Address all cover letters to Mr. Michael Sabitoni or Professor Roberta Sebo and drop them off in the Hospitality Office mailboxes by Friday, Oct. 29, 1993. Eligible candidates will be contacted in order to schedule.

Bake Sale

Where: Academic Lobby.
When: Mon., Nov. 1 and Tues.,
Nov. 2

Time: 8 a.m. to 3 p.m.

We will be selling assorted pastries and beverages. All proceeds will benefit the Westminster Senior Center.

Open Forum Place and Dates

Students are encouge to visit the Business and Hospitality forum and meet the Dean of Students. Forum dates are scheduled as followes: Opportunity To Get Involved And Share Your Ideas

Friendship Oct. 27 2 p.m. Bell Lounge Nov. 1 7:30 p.m. Renaissance Oct. 18 7:30 p.m.

Chestnuts Nov. 2 8 p.m. Ace Oct. 25 7:30 p.m. Minden Oct. 19 8 p.m. Stephens Nov. 3 7 p.m.



Tuition Reimbursement Notice

The following is a change to the University Refund Policy that ONLY applies to first time Johnson & Wales University students and is effective Sept. 7.

"The Pro Rata Tuition Withdrawal Credit Policy will be used in lieu of the Tuition Withdrawal Credit Policy for students meeting the following criteria:

Must be attending the University for the first time, and the student's last day of attendance must be within 60 percent of the period of enrollment for which the student has been charged.

If a student terminates during:

<u>First week</u> of the trimester, the University will refund 90 percent of the trimester charges less any unpaid charges owed and an administrative fee not to exceed the lesser of 5 percent of charges assessed or \$100.

Second week of the trimester, the University will refund 80 percent of the trimester charges less any unpaid charges owed and an administrative fee not to exceed the lesser of 5 percent of charges assessed or \$100.

Third week of the trimester, the University will refund 70 percent of the trimester charges less any unpaid charges owed and an administrative fee not to exceed the lesser of 5 percent of charges assessed or \$100.

Fourth week of the trimester, the University will refund 60 percent of the trimester charges less any unpaid charges owed and an administrative fee not to exceed the lesser of 5 percent of charges assessed or \$100.

<u>Fifth week</u> of the trimester, the University will refund 50 percent of the trimester charges less any unpaid charges owed and an administrative fee not to exceed the lesser of 5 percent of charges assessed or \$100.

Sixth week of the trimester, the University will refund 40 percent of the trimester charges less any unpaid charges owed and an administrative fee not to exceed the lesser of 5 percent of charges assessed or \$100.

After the sixth week of the trimester, you will receive no refund; and thereafter, students will be subject to the University Tuition Withdrawal Credit Policy."

If you have any questions, contact the Financial Planning Office located on the first floor of the PAR Building or call 456-1468.

Campus Ministry information

-Breakfast Club: Meets every Sunday morning for breakfast and discussion of faith issues and current topics. Begins Oct. 3 at 9:15 a.m. at Beneficient Church's Social Room, 300 Weybosset St. (entrance off of the church's Chestnut Street parking lot, near the J&W Bookstore)

-Awareness Center Spirituality Group: Meets every Thursday (except holidays) from 7 p.m. to 9 p.m. to meditate and explore the frontiers of human potential, growth, spirituality, and healthy ways of living. Meets at Beneficient Church's Social Room (see above).

-Roman Catholic Mass: Held on Sundays at 4 p.m.. at the Harborside Campus, South Hall Study Room.

-Christian Club: A gathering of JWU Christians for mutual support, fellow-ship, study, prayer, and service to others. Starting date: To be arranged with those interested.

-Bible Study: An opportunity to study the Scriptures together. Starting date: To be arranged with those interested.

Community Outreach

- Providence Intown Churches Association Friday Night Soup Kitchen at Mathewson Street Methodist Church 5:15 p.m. and Weekday Food Pantry 10:30-11:30 a.m.

- Mathewson Street Senior Center: Volunteer at events and befriending seniors from the greater Providence area.

-Ecumenical Worship Service: Volunteer at an ecumenical worship service held weekly in Dexter Manor or one of the other downtown complexes. Study of the Bible and other sacred texts to be arranged with interested students.

See the Chaplains.

Chaplains' office in the Friendship Building at 456-1830 or 456-1196; Chaplains' office at Harborside Student Activities Center; Father Gerry Mudd at St. Francis Chapel at 331-6510; Reverend David Proctor at Beneficient Church at 331-9844.

Open forum dates Culinary Campus

Tues., Nov. 16, 1993, 3 p.m., East Hall Mon., Dec.13, 1993, 3 p.m., West Hall Wed., Jan. 26, 1994, 7 p.m., Hosp. Hall Mon., Feb. 7, 1994, 1 p.m., HAC Amphitheater Thur., Mar. 24, 1994, 1 p.m., South Hall Tues., April 19, 1994, 3 p.m. HAC Commons Mon., May 9, 1994, 1 p.m., Hosp. Dining Center If you have any questions, please call extension 1110.

Honorary degree nominations welcome

Members of the Johnson & Wales University community are invited to identify deserving individuals to receive honorary degrees at the 1994 Commencements in Providence, Charleston and Norfolk.

On behalf of the Board of Trustees Nominating Committee, University President John A. Yena is inviting students, faculty, and staff to recommend prominent men and women who would bring honor and recognition to the University.

"Honorary degree recipients," Dr. Yena explained, "are traditionally men and women who are prominent in business, industry, education, or government, and have made or can make major contributions to the University by sharing their talents and or personal or corporate resources with us."

Last year's honorees included Jurgen Bartels, President of the Carlson Hospotality Group. and Michael Mondavi, of the Mondavi Vineyards. Other past recipients include heads of leading corporations such as PepsiCo and the Dial Corp, leading hoteliers, chefs and business entrepreneurs from around the world. Well-known government officials, such as governors, mayors and senators, have also been honored in the past, as well as the Today show's Willard Scott.

Recommendations must be made on an official form which is available from the Advancement Office, second floor, Plantations Hall; from Student Activities; or from the various Deans' offices. Completed forms must be returned to the Advancement office by Friday, October 29th, at 4:30 p.m.

Hospitality temporarily closes

The Hospitality Dining Center will be closed for the meal plan for the weekend of October 29-31, 1993. In order to meet your needs, the COMMONS will be operating during the usual meal plan hours or 10:30 a.m. to 7:00 p.m. Friday, Saturday, and Sunday. In addition the schedule of other ffacilities are:

University Pasta Place Fri. 11a.m. -7p.m., Sat. 11a.m. -7p.m., Sun 11a.m. -7p.m.

ACE Dining Center Fri. 10:30 - 2:30 p.m., Sat. 10:30 - 2:30 p.m., Sun. 0:30 - 2:30 p.m.

LiteHouse Grille, Fri. 10:30 - 7:00 p.m., Sat. Closed, Sun. 10:30 - 7:00p.m.

Dreyfus Dining Center, Fri Closed, Sat. 10:30-7:00 p.m., Sun 10:30-7:00 p.m.

In addition to the above operations Chestnut's is open from 9-5 on Friday and 9-1 on Saturday for cash sales.

Thank you for your assistance in better serving our students.



Campus

... deserve it continues

continued from page 2

their conduct on. The only question that they need to ask themselves is: Do I need respect in order to be happy? It is hard to feel respected if you are immoral and unethical.

Still, other people believe that they can influence what happens to them. I can agree with this to a point. I believe that events basically occur in your life for two reasons; first, is that you make them happen through your decisions. Secondly, things take place when you're not paying attention. The unknown coming to visit.

Ultimately, you have the final word on your decisions. These decisions will guide you through the unknown. When you have gained control of your life through positive decisions, the unknown is less of a problem. You learn to handle situations with more finesse and knowledge. This allows you to strive for achievements, not merely believe they exist only for you to receive.

When you see things for what they are, you see the whole. Viewing pieces is like looking at a ripped picture, you only see half. By visualizing the whole picture, you learn to earn your success.

... mission

continued from page 1

Along with the mission statement, a statement of purposes was adopted to act as a guide to the mission to make sure that the university could evaluate its progress. The establishments of a school of academic departments, the reviewing and revision of the current curriculum, and the building of a new library are a few examples of the mission statement and its purpose at

The mission statement will be reviewed on a regular basis by the mission committee to better meet the needs of the community in the future.

... Reflection

continued from page 1

neity with which he led his life, will serve as a model for all who knew him. The friendly and unselfish manner that was prevalent in his life, showed others that there is good still left in the world. James touched a lot of people in a short time with his "never-give-up" attitude.

James will be remembered through his friend's memories and by a crab-apple tree that was planted in his memory at the Airport Center East residence hall.

affeine: A student's breakfast of champions

by Laura Ingalls College Press service

The lifeblood that courses through the veins of college students, pushing them on toward academic achievement. And sometimes, as a popular button proclaims, it is your only friend. It's caffeine, and students devour it in mass quantities. Maria Celes, a Union Square Cafe employees, said the University of Arizona Student Union restaurant sells about 15 pounds of coffee and 2,400 ounces of cola each day. And that's just the beginning. Add to that a daily total of about 100 hot espressos, 15 gallons of cold espresso and six gallons of tea. Becky Snyder, another Union Square employee, said a female this summer drank three 32-ounce cups of cafe au lait each day. She said it was not unusual for a regular cafe customer to drink three of four cups of some kind of coffee per day. Some students said they use caffeine to replace eating and sleeping.

"When you only get two hours of sleep each night you really need it," said Colleen Graham, an English and French senior. She said caffeine became a regimen in her life when she had early classes her freshman year. "It was Mountain Dew and M&Ms for breakfast that would keep me going," Graham said. Jennifer Webb, an English and German senior, said she recently had the choice of using her last three quarters for coffee or bus fare.

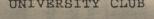
"I walked home," she said, adding that the caffeine gave her enough energy to make the trek. Both said they have no plans to stop drinking caffeinated beverages, and Graham added that she gets headaches when she doesn't have coffee regularly. Gary Wenk, a University of Arizona psychology professor, researched caffeine as a professor at Johns Hopkins University in Baltimore. Wenksaid caffeine acts as a general stimulant to the central nervous system raising heart and blood pressure rates. The substance also drains sodium from the body, he said.

"It seems to enhance mental function," Wenk said. He added that caffeine is less addicting than nicotine or other drugs and will positively affect only people who are physically or mentally fatigued. Those well rested will only experience anxiousness, he said. And Wenk said that the body does build up a tolerance to caffeine—an event that could create "nasty headaches" for about three days if a regular drinker does not ingest caffeine.

Students sipping caffeinated beverages in the student union had their own reasons why caffeine is part of their lives. "I drink tea because of its flavor," said Sonya Wodopianov. She said she drinks a beverage containing caffeine about four times per day. Christopher Johnson, an English Literature senior, has a different reason for drinking coffee.

"It's something that is relatively cheap that might earn you a bachelor's degree," Johnson said, adding that is helps him wake up in the morning and study for long periods of time. "I just couldn't be doing college if I didn't drink coffee," Johnson said.





THE NIGHT OF THE GREAT PUMPKIN

FROM THE WARLOCK'S LAIR CALAMARI SAUTE

ARTICHOKE AND PALM HEARTS ON A BED OF RED LEAF LETTUCE



BEEF WELLINGTON TENDER LOIN OF BEEF IN A FLAKY PASTRY

> CHICKEN FLORENTINE SAUTE BREAST OF CHICKEN ON A BED OF SEASONED SPINACH

GRILLED SEAFOOD BROCHETTE SHRIMP, SCALLOP AND SWORDFISH

WITH BRANDIED APPLES

SUFFERING SUCCOTASH

DEATH BY CHOCOLATE

CHOCOLATE TRUFFLE CAKE



University Row

=Greeks=

Compiled by David Palermino Staff Writer

Theta Phi Alpha

Thanks to all the girls who came out for rush. Lookout for our Halloween Bake Sale on Oct. 27 and 28 in Xavier Lobby! Good luck to our girls on the football team!

Phi Kappa Sigma

Congratulations to the Brotherhood on our 144th year anniversary. Good luck to our nine new members; make us proud men! Congratulations to the ladies of Sigma Sigma Sigma on thetr colonization, looking good ladies! Thanks D Phi E for a great social. Good luck in football this week, men!

Notice

Submission sheets for Greek/Club Row are located on the 1st floor of the Friendship building. All submissions must be approved by Student Activities.

—Clubs —

Compiled by David Palermino Staff Writer

Gay, Lesbian, and Bisexual Alliance Next meeting is Oct. 30 in the usual room in Xavier at 1p.m. Nov. 6 is the trip to Boston. To get more information, call Scott in the Culinary Student Success Office at 456-1483.

Hillel

Hillel presents Friday night services on Nov. 5 from 7-8 p.m.. For more information call Larry at 459-3927 or Eric at 459-3725.

Senior Class Club

The Senior Class Club would like to invite all seniors to our general meeting on Monday, Oct. 18, at 6 p.m. in room A312.

Society of Hosteurs

Our next meeting will be held on Nov. 3 at 6 p.m. in A305. We will discuss the New York Hotel Show, and inform our members on the committee work that has been done in the past

three weeks. If anyone is interested in attending the NYHS, please contact Silvia Hildebrandt at 272-2094 by Nov. 1.

Clubs Council

Our next meeting will be Oct. 27 at 4 p.m. in HAC room 11. The last meeting for the trimester will be held on Nov. 10 in X303 at 3 p.m..

Up and Coming Events:

Leadership Day for all clubs will be on Oct. 29. Call Bob at x1056, x1093, or 431-0779.

Ways and Means budget proposals for 2nd trimester are Nov. 5. For more information, call Dave Roser at x1056 or x1093.

Add your notice to the flier wall at the Business and Culinary offices! It's a great way to promote your activities to other clubs and new members. Just drop a copy into Bob's mailbox at Student Activities.

K.N.B. EFX GROUP

SAC Lecture Committee, T.K. E. and Fantasy League

Presents

K.N. B. EFX GROUP

Monday, October 25 7:30 p.m.

Xavier Auditorium Admission free with JWU I.D.

\$3.00 to the general public

Find out the secrets behind special effects



A Bright Future for AS220

by Angela Livingston & Elizabeth A. Salm

Relocating from Richmond Street to Empire Street, AS220 is currently under construction to provide an alternative and unrestricted outlet for creative individuals.

With the support from the community, local artists are looking forward to what Umberto Crenca, artistic director and founder of AS220, has in store for their new building.

Eight years ago, AS220 set out to create a performance space and art gallery managed but completely uncensored for local, original work. This one purpose has been the success behind AS220 and has established itself as the most unique entertainment scene downtown.

The new building embodies 22,000 square feet that includes Groundwerx Dance Company and Perishable Theater. Along with the gallery and performing space, it will house 12 live-in artists on the third floor and provide 11 studios for renting.

AS220 hosts many fund-raisers, such as the third annual "Coming Out Day" Celebration/ Stravaganza held in October. It's composed of a multi-media expression of what it's like to be gay to benefit the local lesbian & gay community.

AS220 is more than a club. It grabs hold of you and never lets go. As a live-in artist and part of the staff at AS220, Tom Paulhus said hefeels it has offered him an alternative living situation. It has inspired him to produce as an artist and performer.

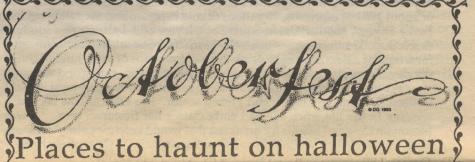
Wayne Wohlschaegl describes AS220 as a supportive atmosphere that provides a resource for people to find themselves. "It brings out the artist in people," he said.

AS220 exists without definition. It has represented all states of culture imaginable for eight years. It means so many things to so many people, and the love for this unique "adult clubhouse" extends to all walks of life. Within the walls of AS220, people express all that makes them an individual, and it is in truth that the people themselves bring AS220 alive.

This Week
Tuesday night at 7 p.m., The Robert
Jazz, Mystery Box Film Festival presents House on Skull Mountain. Admission is \$5.

Thursday Oct. 28, Not the Coffee House presents <u>Vents D'Ouest from Britany</u>.

Stop in at AS220 for up coming events



The Boat House Costume Party Fri. Oct 29 call 846-7700

Club Babyhead Holy Cow Oct. 30, admission \$5. Doors open at 8 p.m.

Haunted House

The March of Dimes 19th annual Haunted House will be located once again at Warwick Plaza, 820 Post Road, Warwick.
Oct.15-31 (closed Oct. 18).

Sun. - Thurs., 7 p.m. - 10 p.m. Fri. & Sat. 7 p.m. - 11 p.m. \$3 adults & \$1.50 children. Volunteers needed as actors, tour guides,

and assist in construction. For more information, call Margaret at the March of Dimes office, 781-1611.

Lupo's

"Halloween Spectacular" Big Nazo/Bone Bash Oct. 30, admission \$6.

Rocky Point Palladium
Casper Halloween Rave 93'
Oct. 30
tickets: \$22 advance/\$25 night of event
401-272-5862
For directions call: 737-8000

Endangered Species Haunt Roger Williams Park Zoo for Spooky Zoo Halloween This year's SPOOKY ZOO HAL-LOWEEN will feature endangered species as a theme. Endangered Species focus is part of a national initiative in support of re-authorization of the Endangered Species Act. Halloween attractions: Paul Arpin Haunted Van, Providence Journal-Bulletin Trick or Treat Scavenger Hunt, and Gypsy Fortune Tellers. October 30 from 11 a.m. to 4 p.m. Admission is \$3.50 for adults, \$1.50 for children 3 to 12, children under are free. Call Keith Winsten at 401-785-3510 for more information.

Shooters

3rd Annual Halloween Bash Oct. 22 to Oct 31. from noon to midnight 401-273-2555

The Strand

Halloween Costume Party featured by 95.5 WBRU Oct. 30, admission \$5.



Features

A Day in the Life of....

It's rather interesting that I have been given the nickname, "The Mosher." I have a little secret to tell everyone... I have not moshed since April of '92. Shocking isn'tit, but guess what? I broke my year and half drought. Two Mondays ago, at Cypress Hill, I was in the pit doing the monster stomp. I'm-still wearing the bruises to proper it. bruises to prove it.

The only thing is when Air Supply or any song in that matter comes on now, I'm ready to form a little mosh pit right then and there! I guess you could say that I am a little mosh crazy

For all you King's X fans out there, I have some wicked cool news. King's X has gone back in the studio and is recording a new album to be released in early '94.



The Mosh Pit by Joeray L. Wood

Hold on that's not all! Pantera's is about to release a new record some time next month. This is going to be an awesome year for concerts.

We have Rage Against the Machine coming to Culinary, White Zombie at Rocky Point, Living Colour and Robert Cray at Lupo's, Therapy? is coming back to Babyhead, and Vince Neil at the Strand.

What more can you ask for?

Can I get a scream??? (Just warming you up for what's coming) The Cypress Hill concert on Roctober 11 was one of the best shows I've seen this year! The four acts: Cypress Hill, House of Pain, Funkdoobiest, and Houligans were pumping some serious beats and lyr-

You know it had to be good; I didn't mosh at Faith No More and Helmet or Pantera, but I did at Cypress Hill. They even took to a little crowd surfing with my help. This concert was the wildest thing since the mosh pit around the bonfire in Lord of the Flies.

Do I hear a "Y'all"? How about a "Heehaw"? It's time to discuss the shindig I went to at Lupo's on Roctober 15. The Jackyl/Mind Bomb show was a bigger hoedown than the time I won the "Carolina Hollerin'

The opening band, Mind Bomb, was more intense than they were last month at Club Babyhead. They worked the crowd into a good frenzy before letting Jackyl take over the reins. Mind Bomb is a must see

I've seen them twice in the last month; and if they were here every week, I'd go see them every time. This band is the master of industrial metal. Sorry Ministry fans, but Mind Bomb is better.

Well, about the time the dust started to settle, somethin' was a rustlin' out back. We all knew that it was time for the boys of Atlanta to come on and deliver some good 'ole, down-home fun.

They were absolutely flawless in their hour-and-a-half set. Jackyl showed everyone at Lupo's that southern rock will never die. We had everything: the Atlanta two-step, barroom brawls, chain saws, and even a few shotgun blasts to stir things up even more.

This may best be described as the "bar room scene" in western movies. I know this may be rather wild, but it all added to the persona

Well, I had a good dose of different styles of music this week. I loved every bit of it, and I think that all of you would have enjoyed it just as much as I did.

I hope to see more of you at the upcoming shows; and remember, King's X rules.

Johnson & Wales University Concert Committee

Presents



QUICKSAND

Friday, Nov. 5 at 8 p.m. Culinary Gym, Harborside Campus

JW Students & Employees with Valid I.D. \$5.00 All other Valid College I.D.'s \$10.00

Tickets are available at the Friendship Bldg. (Corner of Richmond & Weybosset streets next to the Providence Performing Arts Center), first floor Student Activities information desk and at the Student Activities Arcade information desk located in the Student Services Complex on the Harborside Campus.

For further information call: 456-1195

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EAK WEEK

Monday, October 25

K.F.B EFX GROUP (Lecture) Xavier Auditorium 7:30 PM J&W ID Required General Admission \$3.00

Wednesday, October 27

Halloween Children's Out Reach Rhode Island Hospital 2:00 PM - 4:00 PM Volunteers Needed Call Verneeda McKenzie 455-2917

Wednesday Nite Live Comedy Dominic Fig Chestnuts 8:00 PM Free Door Prizes Free Admission

Thursday, October 28

Caricatures Student Services Complex(Arcade) 12:00 PM - 4:00 PM Cost: Free



Pumpkin Carving Contest Student Service Complex (Arcade) 3:00 PM - 6:00 PM Sign-up the Arcade or Call 455-2917 Win Cash & Prizes

Palm Reader & Tarot Card Reader Chestnuts 2:00 PM - 6:00 PM Cost: Free

Bobbing for Apples Contest Chestnuts 8:00 PM - 10:00 PM Sign-up at Student Activities or Call 455-2917 Win Cash & Prizes

Movie Marathon Chestnuts 12 Noon - 2:00 AM Free Refreshments from 8:00 PM - 2:00 AM

Friday, October 29

Freak Nite Halloween Dance featuring DJ Turning Circles 9:00 PM - 2:00 AM Costume Contest Free Refreshments Cost: \$1 with Costume & \$2 without Costume College ID Required

NO ANNUAL FEE, A \$1,000 (REDIT LINE, AND NATIONWIDE ACCEPTANCE. HOW'S THAT FOR AN EYE-OPENER?

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XAVIER HALL 9 AM - 5 PM, TUESDAY, OCTOBER 26

Student Insights

Question of the Week

Do you expect to have an encounter with the "Great Pumpkin" this week and why?



Megan Conway: "I think the Great Pumpkin is coming to deliver beverages to all the people that are in the dorms."

Professor Brian Terry: "Because this is an up-and-coming university, we're becoming quite the attraction, and I think that we will have a lot of visiting dignitaries...so why not the Great Pumpkin!"





Eugene Lawler: "No, I don't think the Great Pumpkin is coming to JWU because the Great Pumpkin is indicative of cartoons, and JWU represents real life and reality."

Photos by "the Great Pumpkin"

Why not the Great Pumpkin? After all, just because the Great Pumpkin didn't show up for Lucy



by David Morra Questioning Reporter

and Linus doesn't mean that he won't appear for us. If the JWU

community believes, then the Great Pumpkin might not let us down. That's what the underlying message of the Peanut's Great Pumpkin story was about believing.

We can all remember when we were younger and untouched by adult realism. We would believe anything just because we wanted to. It didn't matter how ridiculous it sounded, we were ready to accept it.

I think every age group could use some form of this faith and child like hope. In a society that can sometimes be so serious and other times be so confused, it helps to have some beliefs and faiths to get us through.

So grab a pillow and blanket, and I'll see you in the pumpkin patch. Watch out for the visit from the Great Pumpkin!



Paul and Photo by Keith Wilder Al of WHJY raised above Kennedy Plaza to help bring in money for the American Cancer Society.





ST PRIZE
\$25.00 GIFT CERTIFICATE
TO THE BOOKSTORE

2ND PRIZE \$15.00 GIFT CERTIFICATE TO LATE-NITE AT PINE STREET

3RD PRIZE \$10.00 GIFT CERTIFICATE TO LATE- NITE AT PINE STREET



Comics











College Astrology

College Astrology

Aries (March 21 - April 19). Finish what you promised Monday and Tuesday, without having to be told again. By Wednesday, the ball will be in your court, and action may be required! Give a tough assignment 100 percent of your attention through Friday. By Friday afternoon, the pressure will ease, and the weekend should be placid.

Taurus (April 20 - May 20). Monday or Tuesday should be an excellent day to work

with a committee or similar group. Wednesday through Friday, you may have to stay sequestered, in order to catch up with a tough assignment. A romantic goal may seem unachievable Thursday evening, but don't lose faith. By Friday night, you'll have the advantage, so try again.

Gemini (May 21 - June 21). Don't waste time arguing about a vague assignment on Monday or Tuesday. Group activities will be primo Wednesday through Friday, but watch out for extra expenses Thursday night. You may need money this weekend for a necessity, so don't blow all your coins on trash before then.

Cancer (June 22 - July 22). You may even dump a bad habit or two, while your on a roll! Monday and Tuesday, your instincts for healing are right on target. A nasty professor may attempt to make your life miserable on Wednesday or Thursday. Friday night trough the weekend are all great for parties, shopping or getting married.

Leo (July 23 - Aug. 22). Monday and Tuesday, Somebody could get their feelings hurt about money. Tuesday noon is your best time to discuss the matter. Wednesday through Friday are good for sports, but expect tough competition. Friday night, things could come to a screeching halt.

Virgo (Aug, 23 - Sept. 22). Monday and Tuesday, work with a partner in private. That could also lead to a meaningful relationship. Wednesday is good for helping another untangle a financial mess, but tension could be involved. Don't let that prevent an excursion with good friends this weekend.

Libra (Sept. 23 - Oct. 23). Monday and Tuesday, stay tuned in. You'll learn through a video or oral presentation, but work is involved. On Wednesday, you may feel like ditching. Get you financial affairs in order this weekend.

Scorpio (Oct. 24 - Nov. 21). Monday and Tuesday are excellent for romance. A conflict for others will be a learning experience for you Thursday night. Friday evening through Sunday are superb for working with a partner, setting goals, and buying real

Sagittarius (Nov. 22 - Dec. 21). On Monday and Tuesday, be kind to a roommate who isn't making much sense. Wednesday is good for romance, if you can find the time. A meeting Thursday morning could lead to true love, so don't sleep late! By this weekend, you may have to buy, but you should get a better price then.

Capricom (Dec. 22 - Jan. 19). You'll learn easily Monday and Tuesday, so study as much as possible. Wednesday or Thursday, a conflict at home or with a roommates could disrupt everything. It'll come to a head Thursday evening. Friday evening through Sunday are primo for love, especially the forever kind.

Pisces (Feb. 19 - March 20). You're in fine from Monday and Tuesday. A group target set Tuesday morning is as good as done. Wednesday may be expensive, but by Thursday you could be getting closer to a goal. Friday evening, you'll start to calm down and see new possibilities. Saturday and Sunday are both excellent for travel, learning and secret romance.

THE Crossword

part 14 Painful

15 Poetic Muse

16 Error

17 Study in haste

20 Desirable

22 Blur 24 Feel pain 25 Short play

26 On land

29 Malicious 33 Small opening 34 Quick bread

35 — st 36 Wee - shoestring

37 Balloon basket

38 Befit

39 Assn.'s cousin 40 Make points

42 French income 43 Hire again

House name

46 Smell - (be leery)

47 Stare 48 Sufferer of a

kind 51 Very hungry 55 Give off

56 Hot under the

collar 58 Thomas Edison

59 Competent

60 Uproar

61 Antlered animal 62 Row

63 Pine 64 Minced oath

DOWN 1 Treaty between

nations 2 Land measure

3 Phony 4 Musical work 5 Hit the hay

6 Common contraction 7 Spasm

ACROSS
1 Go by
5 Speedy
10 Vaulted building 18 Stretched tight 19 Resiliency

9 Soft leather

11 Walk heavily

23 A very little 25 Seedlike body

27 County in Eng

28 Device on a

10 Shrewd

21 Ottoman

26 Player

door 29 Frightening

ANSWERS

NRABY HURT SKIIT

HURT SKIIT

HURT SKIIT

CHINK SCONE ONA

TINY CAR

SUIT IRATER

EMIT IR 12 Vocalize 13 Dueling weapon PASS RAPIO APSE CRAM TENSE TONE CRAM TENSE TONE TEMPTING SMUDGE 30 Spring of water 31 Join

32 Thereafter 34 Get going! 38 Sing to 40 Brisk

41 Make understandable

42 Level 44 Make a difference 45 Grotto

49 Both: pref. 50 Make peevish 47 Croc's cousin 51 - avis

48 Edible portion 52 Mr. Cassini 53 Eye part 54 Red gem 57 Medicinal herb

Classifieds

HOUSING

- APARTMENTS. 1 bedroom \$375, 3 bedrooms \$575. No utilities. 1315 Westminister st. prov. Call 946-4444...
- NICE, LARGE 2&3 BEDROOM APTS. Mt. Pleasant, off Atwells on busline. 10 min., to town, parking. 751-6740.
- •NEAR CULINARY, 10 min. walk. Share apt. \$275 each. Parking. 751-6470.
- •2 BEDROOM APT. Clean-private-quiet-parking-stove & refrigerator. Off Broadway-\$450-up. Good area-Priscaro Ins. 273-9444.
- EAST SIDE MORRIS. Share 3 bed \$300. Include all utilities, loft apartment, skylights. 331-2611.
- WANTED TO SHARE a 2 bedroom apt. in the Armory District 10-15 minutes to downtownParking \$215+utilities. Contact me at 273-4317.
- OFF BROADWAY. 2nd floor, 2 bedrm. Clean, sunny, hrawd. \$100 wkly, \$450 sec. Applianced. 421-5568.
- APT. 2 BEDRM. Historic Elmwood. Sunny, spacious, split-level. Livingrm., eat-in kitchen w/d,full tiled bath. \$550. includes heat, utilities and parking. Great house and great street. 331-5594.
- •LOOKING FOR ROOMATE. Eastside location to share modern apt. Off Hope st., near J&W, 2nd fl. Parking. \$250. 1-800-484-7257 ext 1212.
- •EASTSIDE APT. Near J&W, off Hopest., mint. 2&3 beds, livingrm., diningrm., sunny bedrm. Parking. \$600/1-800-484-7257 ext. 1212.

WANTED

- ADOPTION REUNION REGIS-TRY/SUPPORT. Monthly meetings 3rd Sat. Providence Adoptees, Birth/Adoptive Parents. Males welcome. PALM(401)437-1811(SASE) PO Box 15144, Riverside, RI 02915.
- RESEARCH PARTICIPANTS WANTED: Must be 21-30 years old; daily smoker; and beer drinker. \$20.00 and pizza provided for one 3-hour session. Call Brown University center for alcohol studies. 863-2533.
- PREP-CLEANING. Person wanted, part-time, flex-hours. Apply in person between 1 & 4 at 1727 Warwick Av.
- WORD PROCESSING-Professional, fast. Papers, Resumes, etc.. \$1.75/pg., volume disc. Anne 946-7374

FOR SALE

- FOR SALE. Golden Retreiver puppy, 10 wks. old. All shots and papers. Land lord says no pets. Paid \$600, asking \$100. Call 521-1164.
- Do you want fast and accurate WORD PERFECT typing at \$2 a page? Call..TERRIE at 941-8914.
- KITCHEN SET WALNUT. 4 chairs, 2 leaves, 2 L.R. chairs cloth hassock on wheels. Best. 726-0190.
 BURTON SNOW BOARD. Use once, excellent condition. \$530, Inc.
- snowboard shoe. Call 272-1504.
 27" TOSHIBA TV and Sony 4-head VCR. Sale for \$550. 272-1564

carry bag, binding, and 9"

• FOR SALE: Micro-fridge, great condition. Must sell imm. \$350 or Best offer. (all offers considered) 351-6939

CLASSIFIED AD FORM

Classified ads are accepted only on this form. The charge per week for 90 characters is \$1 for all members of the JWU community and \$5 for all others. 7¢ is charged for each additional character. Payment is required at the time the ad is placed. All advertising is subject to approval by the editorial board. Ads may be placed at Student Publications, 2nd floor Friendship Bldg., 2 Richmond Street or mailed to The Campus Herald, 8 Abbott Park Place, Providence, RI 02903, Attn: Monique. No phone orders accepted. All housing ads must be approved by Residential Life. Deadline is the Monday preceeding the issue you wish publication.

Residential Life. Deadline is the Monday preceeding the issue you wish publication.

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Sports

Hockey season opens

By Jason Bach Sports Editor

The Johnson & Wales hockey team kicked off the season Oct. 16 at Southern Connecticut University with a 6-5 loss

Andrew De Grosseilliers, a freshman from Auburn, Maine, led the Griffins with three goals and an assist. Freshman, Joe Bonifiglio, and senior, Greg Breiner, added a goal each.

The Griffins, who are part of the Northeast Collegiate Hockey Association (NECHA) Division II and the American Collegiate Hockey Association (ACHA), have their home opener Oct. 30 at 8 p.m. at Schneider Arena against last season's regular season champions Franklin Pierce College.

This year's team has a new home at Schneider Arena on the campus of

Providence College. This is the first facility the team has had in the city of Providence, making it easier for JWU students to come to the home games.

"My expectations for this team are the expectations they have set for themselves," said Head Coach Mike Pasquarella. "Do well in the classroom--team G.P.A. of 2.75, win NECHA Regional Championship, and be invited to ACHA National Championship, get students involved—average attendance of 750, raise \$5000 for the Athletic Department, and have fun playing the game."

The hockey regular season runs until Feb. 20 with the NECHA Division II playoffs from Feb. 25-27 and the ACHA National Division II Championships in early to mid March. Locations are yet to be determined.



The Griffins in action last season as they rough up an opponent

File Photo

Intramural flag football scores

Men	The Skulls 1-0
Pi Kappa Raiders 7	X- Men 1-0
B&B 6	Alpha Tau Omega 1-1
	B&B 1-1
Alpha Tau Omega 14	The Crips 1-1
Crips 6	Delta Sigma Phi 0-1
The best of the second	'49ers 0-1
Staff Admissions 24	R.T.O. 0-2
R.T.O. 0	
	Women
Untouchables 28	
Bears 13	Women of the '90s 0
	Delta Phi Epsilon 6
Division I	
Untouchables 2-0	Theta Phi Alpha 48
ZBT 1-0	Sigma Sigma Sigma 0
Dogs 1-0	
ESBB 1-0	Women of the '90s 6
Giants 1-0	Sigma Sigma Sigma 0
Da Bears 1-1	
Black Panthers 0-1	Division I
	Theta Phi Alpha 1-0
Division II	Delta Phi Epsilon 1-0
Staff Admissions 2-0	Women of the '90s 1-1
Pi Kappa Raiders 1-0	Sigma Sigma 0-2

Women Griffs defeat La Sell

By Jason Bach Sports Editor

The Johnson & Wales women's soccer team defeated LaSell College 5-0 at home Oct. 16, to extend their overall record to 4-2-2 with a divisional record of 3-0.

Heather Olson scored the first Griffin goal, followed by Marcie Hawley and two from Jamie Roalson to take a 4-0 lead going into the half. Kristen Lowd went on to score in the second half to extend the lead to 5-0, with goalie Nicole Candito credited with the shutout.

Soccer playoffs will take place Oct. 30 and 31 at Massachusetts Bay Community College in Wellesley, Mass. "The team seems to have a really good attitude," said Head Coach Gregg Miller, "and I think they have the potential to even make it to the finals."

Men's soccer ties Coast Guard

By Jason Bach Sports Editor

The Johnson & Wales men's soccer team tied the Coast Guard Academy 1-1 in New London, Conn., despite missing 10 players. The win, accompanied with a 2-0 win over Bunker Hill Community College Oct. 19, put their regular season record at 11-1-2.

The only Griffin goal came in the first half from freshman, Ron Richards, with the assist from Peter Karatzas. The Coast Guard Academy tied the game with an early second half goal, which was let stand despite the Coast Guard having two players offside.

"We conducted ourselves in a very professional manner today, "said Coach Gregg Miller after the game, "despite our injury weaknesses and some dubious decisions that affected the outcome of the game. I am very pleased with the team performances and discipline at this stage of the season."

The men's team, which is currently 4-0 in conference play, will participate in playoffs Oct. 30 and 31 at Massachusetts Bay Community College in Wellesley, Mass.

JWU men's & women's soccer playoffs

October 30 & 31
At
Mass. Bay C. C. in
Wellesley, Mass

Call or sign up at the Athletic Office for transportation
*Minimum of 50 people needed for a

First Aid & Safety cources being offered

A First Aid & Safety course is being offered by the Johnson & Wales Fitness Center Friday, Oct. 29, 1993, from 8 a.m. to 5 p.m. at the Xavier Complex. The course includes adult CPR and basic first aid procedures. An American Red Cross certificate is issued upon completion of the course. The class costs \$ 15, and a minimum of six students are needed to conduct the course. Open to students, staff, and faculty. Please call 456 - 1743 for further information.

Learn CPR -- Save a Life

A CPR "C" course is being offered by the Johnson and Wales Fitness Center Tuesday, Oct. 26, 1993, and Tuesday, Nov. 2, 1993. Each class meets from 6 - 10 p.m. The 8-hour course costs \$ 10, includes CPR for an adult, child, and infant plus first aid for a choking victim. Certification is by the American Heart Association. The course is open to students, staff, and faculty. Please call 456 - 1734 for further information.